

The Waterline News

FREE

Distributed via outlets in Tooradin, Koo Wee Rup, Lang Lang, Nyora, Korumburra, Loch, Kernot, Grantville, Corinella, Coronet Bay, Tenby Point, Bass, San Remo, Newhaven, Cowes, Phillip Island, Rhyll, French Island, Harmers Haven and Wonthaggi. Also available by free email, and online at

www.waterlinenews.com.au



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July 2019

Vale Roger Clark



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Contact:

Managers: Josh and Taylee (03) 5678 8232

Email: info@frenchview.com.au



floor





Enhancing Learning through Music

*If I were not a physicist,
I would probably be a musician.
I often think in music.
I live my daydreams in music.
I see my life in terms of music - Albert Einstein.*

Newhaven College understands that Music has the capacity to engage, inspire and enrich learning by exciting the imagination and encouraging children to reach their creative and expressive potential.

In the Junior School (Prep to Year 4) the Classroom Music program is based on the Kodaly Method that focuses on engaging with music as a part of the natural learning process through singing, playing, moving and enjoying music.



The popularity of the Junior School Choir illustrates the love of music that is fostered at Newhaven.

In Year 4, every student receives professional violin tuition and is given their own instrument to promote the development of independent hand and arm motor skills.

By the time students enter Middle School, they are well-equipped with the foundation skills necessary to embrace the myriad of other Music opportunities that are offered.

Newhaven College has a small number of vacancies in Year 1, Year 2 and Year 3 in 2020.
Contact Belinda Manning - 5956 7505, belinda.manning@newhavencol.vic.edu.au



LIFESTYLE

**ALEX SCOTT
AND STAFF**



30 ACACIA ROAD, GRANTVILLE

LUXURY LIVING, BAY VIEWS AND RURAL OUTLOOK

\$880,000

Substantial Acacia Road residence on an acre of prime land! Drenched in natural light this 5 Bedroom, 2.5 bathroom house is impeccable inside and out. Sophisticated and spacious with a designer kitchen and an expansive wraparound verandah! WOW



699 KOETSVELDT ROAD, RYANSTON

EMERALD COTTAGE

\$750,000

- On offer is a small acreage (1 1/4 acre + approx.) in a rural area.
- 4 Bedrooms, 2 new bathrooms
- Featuring timber windows throughout, high ceilings and magical views
- Expansive covered deck, it even has a timber swing ready for you!
- Beautiful views and peaceful surroundings. What a package!



2495 BASS HIGHWAY, BASS

A GROWERS DREAM ON TOWN WATER

\$750,000

With all the charm of yesteryear this lovely 3-acre property boasts country charm and a laidback lifestyle. The home features 3 bedrooms 2 bathrooms and a separate living space with a large original timber kitchen. Lovely decked verandah overlooking mature fruit trees and vegetable patches. Don't forget the teenage retreat to the rear!



395 LOCH KERNOT ROAD, LOCH

ULTIMATE LIFESTYLE OPPORTUNITY

\$860,000

Striking brick home set on 5 beautiful acres surrounded by panoramic rural view! The living area includes an open fire place with a stone chimney, a wood fire heater, cathedral ceilings with exposed beams and a fully equipped bar off to the side. Modern kitchen with a beautiful outlook! Ample shedding and much much more!



200 PEACOCK ROAD, THE GURDIES

FAMILY LIVING ON 40 ACRES!

\$1.2M

Situated only 2 km off the Bass Highway, this rural escape is the beginning of your journey to a tree change or sea change. Large country home with wrap around verandah and extended decking, ample shedding, cattle race, water tanks, stock fencing, a good square parcel of land which has views out to French Island and Westernport Bay as well as the hill tops of Glen Forbes.



469 NYORA—ST HELIER ROAD, WOODLEIGH

PICTURESQUE RURAL VIEWS

\$750,000

Architecturally built 4 bedroom 2 bathroom home with a mezzanine situated at the end of a long driveway in a picturesque location. Featuring a large deck which captures the rural landscape! Light filled kitchen/lounge area is a great space and has access to the second storey where the rumpus/ study space is found. Perfect for a hobby farmer and/or weekender alike.



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Vale Roger Clark

Roger was known to many. He was a committed member of our community. He had strong views and lots of passion. He was a true community warrior and a good bloke. He will be sadly missed.

Our condolences to Vicki and the family. It was a pleasure to know and work with Roger.

Sincerely, **Clare Le Serve & Tanya Le Serve.**



Community Halls for Hire

Archies Creek	
Mez Oldham	0415 445 215
Bass Valley	5678 2277
Bena Maureen	5657 2276
Corinella Paula Clarke	0448 441 046
Coronet Bay Peter Thick	0429 851 004
Dalyston Dorothy Slade	5678 7334
Grantville Pat Van	5997 6221
Kernot Julie Johnston	5678 8555
Kongwak Betty Anderson	5657 4317
Lang Lang Cynthia Gane	5997 5510
Loch Greig Barry	0419 358 628
Kilcunda Andrea	0400 065 253
Nyora Nikki	0421 992 106
Newhaven Noel Street,	5956 6122
Rhyll Ring General Store,	5956 9205
Woodleigh Evan Jones	5657 7275



Roger Clark's Celebration of a Life

On a cold winter's day, Tuesday June 25, over one hundred relatives, friends and members of the local community turned out at the Grantville Hall to honour Roger Clark.

Only 70 years of age, he had passed away after a long battle with ill health.

His older brother Geoff talked about Roger's early life and the loss of his mother when he was only thirteen and of his father only eighteen months later.

Roger's son Ryan Clark spoke of his happy memories playing football with his father and of their shared love of the Collingwood Football Club.

Those paying tribute to Roger also included a former brother-in-law, one of Roger's proof readers for *The Waterline News*, the paper's computer guru Gordon Chase, and a fellow Jazz Club enthusiast Robin Blackman.

Because of Roger's long journalistic involvement covering all things to do with Greyhounds, a long tribute from his Greyhound associates was also read out.

Meryl Tobin.



FROM THE EDITOR'S DESK.

Roger Clark developed a great magazine that became the spiritual centre of the Waterline.

Around that he created an enormous network of dedicated contributors, advertisers, community advocates and readers.

The effort he put in is immeasurable. Roger was always making the next edition the best edition.

Roger strove to make this magazine a beacon of community strengthening and information across our region.

He strongly supported so many people and groups. The Waterline News is a foundation for so much community activity and is the go-to reference guide if you want to find your tribe. Or find your tradesperson.

Roger's generosity knew no bounds and I am so very grateful that he entrusted this publication to me.

He was always there when we needed him. He will always be in our hearts and never far from my thoughts as I sit at this desk. There aren't enough words to measure our loss.

Geoff Ellis.

From the Celebration of his life these words rang out: "Roger had a habit of making people care."

"Though he is no longer visible to us he lives on in our hearts. Love is eternal."

The very apt closing song was "Dream a Little Dream of Me"



THE WATERLINE NEWS
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ADVERTISING RATES (Sizes can vary slightly)			
Small	6cm x 5cm	\$ 20.00	
Small 1.5 (Bus Card)	6cm x 9.5cm	\$ 30.00	
Double Small	6cm x 10cm	\$ 40.00	
1/4 Page	9.5cm x 13.5cm	\$ 60.00	
1/2 Page	19.5cm x 13.5cm	\$ 90.00	
Full Page	19.5cm x 27cm	\$ 150.00	

Colour ads + 100% - When available

LOCAL POLICE NETWORK

Bruce Kent, Station Commander,
San Remo phone: 5678 5500
email: bruce.kent@police.vic.gov.au



Emergency Dial 000
www.police.vic.gov.au

Community Directory



Send us your Community Group
Notices by 1st each month
waterlinepublishing@gmail.com

Artists'

Society of Phillip Island

56-58 Church Street Cowes

For more information <http://aspi-inc.org.au/>

Australian Red Cross

Woodleigh Vale Branch

Contact Sheila Campbell 5678 8210

Bass Coast Community Baptist Church

Minister - Barry MacDonald 5995 3904

Bass Coast L2P Learner Driver Mentor

Program Wonthaggi

Leanne Tilley 5672 3731 or 0467 590 679

Bass Coast Strollers

Contact Liz Hart 5678 0346

Website <http://basscoaststrollers.org/>

Bass Friends of the RSL

Secretary Trish Thick 5678 1071

Mobile 0409 851 599

Bass Valley Community Group

Monday - Friday 5678 2277

Bass Valley Landcare

2-4 Bass School Rd, Bass 5678 2335

Boomerang Bags Phillip Island & San

Remo - Wednesdays 10am - 4pm.

Contact kylie@boomerangbagspir.org

Cape Woolamai Coast Action

Email capewoolamaicoastaction@gmail.com

Corinella & District Probus Club

Heather Reid 0421 012 519

Corinella Boating & Angling Club

Website www.corinellafishing.com.au

Corinella Bowling Club Inc.

Balcombe Street Corinella.

Jacque Carter 5678 0596

Corinella & District Community Centre

48 Smythe St Corinella. 5678 0777

Website www.corinellacomunitycentre.org.au

Corinella & District Men's Shed

& Woodies Group Corinella Road

Contact Ken Thomas 0427 889 191

Corinella Foreshore Committee

Contact Barbara Oates 0427 780 245

Coronet Bay, & Surrounds Playgroup

(0-4yrs) Coronet Bay Hall

Wednesdays 10am - 12noon

Contacts Catherine 0416 112 629

Coronet Bay Adult Social Club

Tuesday 7-10pm Coronet Bay Hall

Ann 5678 0341

Country Women's Association of Vic inc.

Bass Group.

Cowes Lorraine 5952 2165

Glen Alvie Libby 5678 3280

Grantville Annie 5678 8037

Loch Val 5659 4268

Woodleigh Vale Carol 5678 8041

Cowes Table Tennis Group

Social play, coaching available.

Barbara Parrott 0425 885 834

Grantville & District Ambulance Auxiliary

Contact - Shelly 0417 593 497

Grantville Business & Community

Association

Secretary Sandy Ridge

Email thegbca1@gmail.com

Grantville & District Foreshore Committee

Contact: Barbara Coles

Email bacoles@bigpond.net.au

Grantville Recreation Reserve Committee

Pat Van 5997 6221

Grantville Tennis Club Inc.

Contact Pat Van 5997 6221

Kernot Uniting Church

1040 Loch-Kernot Road, Kernot

Contact Secretary Judy Hogan 0422 094 903

Lang Lang Bowling Club

Ian Painter 5997 6554 M: 0419 646 040

Email langlangbowling@bigpond.com

Lang Lang Cricket Club

Secretary: Sharon May 0459 368 431

Lang Lang Playgroup

(0-Preschool) Thursdays 9.30am

Contact: Leah Dyall 0418 463 963

Amanda Gray 0458 195 258

Lions Club of Bass Valley

First Tuesday each month 6pm

Grantville Transaction Centre then third

Tuesday each month, Dinner at Bass Hotel.

Lyn Renner 0416 024 356

Nyora Youth Group

Contact Michael Felton

Email nyorahall3987@outlook.com

Phillip Island Bowls Club

Dunsmore Avenue, Cowes.

New members welcome, Free coaching

Contact George Mol 0407 851 065

Phillip Island Camera Club

Meet at the Heritage, Cowes.

Contact Susan 0408 136 717

Phillip Island Community Art & Craft Gallery Inc.

Cowes Cultural Centre Thompson Ave

All Enquiries Call Aleta 0419 525 609

Phillip Island Indoor Carpet Bowlers

Come and join the fun. Phillip Island

Celebration Centre 6 Lions Court, Cowes

Contact Jack 0434 944 380

Phillip Island & District Railway Modellers Inc.

The Phillip Island & District Railway

Contact Peter 5956 9513

Phillip Island Bicycle User Group

Meets Wednesdays 10am Amaze'n'Things

Secretary Ruth Scott More information at

Phillipislandbicycleusergroup.com.au and Fb

Phillip Island Community and Learning Centre (PICAL)

56-58 Church Street, Cowes

5952 1131

Email Linda Morrison manager@pical.org.au

Phillip Island Patchworkers

Meet on a Monday night from 7.30.

Contact - Lyn Duguid 0427 593 936

Email phillipislandpatchworkers@gmail.com

Phillip Island-San Remo - Bass Coast

Vegan Community

Find us on Facebook under our title as above

Phillip Island Senior Citizens Club

Phone bookings 5952 2973

Email piscc123@gmail.com

Phillip Island World Vision Club

Second Wednesday each month 1.30pm

St. Phillip's Church Cowes

Enquiries - Thelma 5678 5549

Pioneer Bay Progress Association

Zena Benbow Email: pbpa@bigpond.com

Probus Club of Corinella and District

First Wednesday of each month at the Bass

Hotel.

Contact Heather Reid 0421 012 519

Rob Parsons 0402 852 300

Probus Club of San Remo

Second Monday of the month (except

January) 10am at the Newhaven Public Hall.

Visitors Welcome.

Enquiries Bob Andrews 0437 526 757

Rhyll Community Association.

Secretary Cheryl Overton 0427 680 483

South Coast Speakers - Toastmasters

Meet on the 2nd and 4th Wednesday

from 7.30 to 9.30pm at the San Remo Hotel,

145 Marine Parade, San Remo.

Contact Patricia 0412 339 795

Email info@southcoastspeakers.org.au

South Gippsland Arthritis Support Group

Contact: Adam

0408 353 785

Marg

0417 154 057

Diane

5658 1443

South Gippsland Mental Illness Carer's Group

Maggie 5658 1781

Rosemary 5662 4352

South Gippsland Parkinson's Support Group

Third Friday each month 10am for 10.30

Leongatha RSL

Meeting/Guest Speaker/Lunch available.

Email Suzi.marshman@hotmail.com

South Gippsland Support after Suicide

Phone 9421 7640

Email southgippslandsas@gmail.com

Survivors of Suicide

Raising awareness to aid prevention

Jillian Drew 0413 056 165

St Pauls Anglican Church Bass

HC at 12.30pm every Sunday

Contact Sandy Ridge 5997 6127

Your group or Association not here?

Email:

waterlinepublishing@gmail.com

Around the Markets & Op Shops

COMMUNITY GROUPS.

Continued

St Georges Anglican Church Corinella

1st Sunday each month 11.00am
Other Sundays 9am
Free Community Lunch:
Corinella Community Centre Second
Friday of the month at 12pm
Op Shop open Mon, Wed, Thurs, Fri
10am - 2pm Saturday 9am - 12.30pm

Tenby Point Residents Association

President Jean Coffey 0419 500 593
Secretary David Pearce 0401 514 339

The Bass Coast R and R Association

President Kevin Griffin
<http://www.basscrra.org/>

Unemployed Workers Union

Wonthaggi Branch, for advice about
Centrelink and job network compliance.
Unemployedworkersunion.com/

Wonthaggi Genealogy Inc.

Family History Centre, Library Complex.
Murray Street, Wonthaggi 5672 3803
Tues & Thurs 10am-5pm, Sat 10am-1pm
secretary@wonthaggi-genealogy.org.au

Woolamai Racing Club

Contact the Secretary (03) 5678 7585

MARKETS

Every Sunday

Kongwak Market

10am - 3pm

Retro stalls, food, vegetables, coffee,
curries, 30+ stalls

Enquiries: Jane 0408 619 182

2nd Saturday

Coal Creek Farmers' Market

Coal Creek Community Park
8am - 12.30pm 50+ stalls
coalcreekfm@hotmail.com
Contact for information 0459 629 000

Cowes Island Craft Market

102 Thompson Avenue, 9am - 2pm
In the grounds of St Phillips Church
60+ stalls Make, bake and grown goods
and produce.
Contact for further details 0412 710 276

Corinella Community Market

Contact details 0435 736 510

4th Saturday

Churchill Island Farmers' Market

40+ stalls. 8am - 1pm
peter@rfm.net.au
Further Information 0439 364 760

MARKETS

Continued

4th Saturday of the month:

Cowes Market on Chapel

Chapel Street. 8.30am - 2pm, 30+ stalls
Further information- 0428 603 043

1st Sunday

Jumbunna Bush Market

Jumbunna Hall phone 5657 3253

2nd Sunday

Rotary Club Market Wonthaggi

Apex Park 8am - 1pm, 50+ stalls
Walk to nearby Make it - Bake it Market
Contact: Neville Goodwin 5672 7245
Garry Sherrick 5672 5812

Loch Lions Village Market

May - Sept Loch Public Hall
Oct - April Loch Railway Station Park
70 + stalls
Information from Noel Gregg 5627 5576
Market day phone 0418 500 520

3rd Sunday

Inverloch Farmers Market

The Glade, Esplanade, 8am - 1pm
50+ stalls Information: peter@rfm.net.au
Phone 0439 364 760

Tooradin Sunday Market

9am - 1pm
Stallholders wanted, \$20 includes 1
sausage & bread breakfast per stall.
All Market Enquiries: 0429 188 280

4th Sunday

(Weather Permitting)

Grantville Variety Market

Except December which is the third
Sunday
Grantville Recreation Reserve
8am - 2pm 100+ stalls
BBQ & Sausage sizzle, Coffee Cart,
indoor and outdoor, cake stalls plus
plenty of home made goodies.
Contact for further details 5997 6221

Last Sunday of each month

Inverloch Community Farmers' Market

The Glade, Esplanade, 50+ stalls
Email:
info@inverlochfarmersmarket.com.au
Phone 0417 370 488

2nd Friday and Saturday each month

San Remo Cuppa and Chat Market

St. Augustine's Church
Marine Parade San Remo
Friday 9am - 1pm Saturday 9am - noon.
Bric a brac and Cuppa and Chat Market,
cakes & jams Friday, plus a sausage
sizzle on Saturdays.
Further Information: 5678 5386



OP SHOPS

Bass

Bass Valley Community Group Hadden House Op Shop

Next to Bass Hall, Bass School Road
Monday to Friday 9am - 3pm
Saturday 10am - 2pm
Phone Enquiries 5678 2277

Corinella

St George's Anglican Church Op Shop
Smythe Street Corinella, next to Church
Monday, Wednesday, Thursday, Friday
10am - 2.00pm
Saturday 9.30am - 12.30pm

Grantville Op Shop

The Op Shop is located at the
GRANTVILLE GARDEN CENTRE
Bass Hwy, Grantville
Monday, Wed & Friday 10am to 2pm
Saturday 9am to 12pm 5678 8357

Korumburra

Korumburra Uniting Church Op Shop

Thur-Fri 10-4 Saturday 10-12
Contact for information 5658 1884

Lang Lang

Lang Lang Community Op Shop

12 Westernport Road
Monday - Friday 10am - 3pm
Saturday 10am - 1pm

Nyora

Nyora Op Shop at the Nyora Station

Open Monday - Saturday 9am - 1pm.
Enquiries to Sylvia, Phone 5659 0089

San Remo

San Remo Op Shop

Back Beach Road.
Enquiries 5671 9200
Email: info@basscoasthealth.org.au



Community Notes



**CORINELLA
RATEPAYERS AND
RESIDENTS
ASSOCIATION**

2019 Committee

President. Wayne Maschette.
Vice President. Peter Tait.
Secretary. David Laing.
Treasurer. Lyndell Parker
General Committee Member.
John Stewart and Michael Kelzke

The CRRA June meeting was very interesting, our guest speaker being Donna Taylor, who is the coordinator for the statutory planning department, Bass Coast Shire.

Donna gave a very interesting and enlightening talk on Corinella's Strategic Framework Plan and it's objectives.

As always, our Councillors were on hand to give a report and answer questions from the members, we are very thankful for such dedication.

The CRRA meets every 2 months, to encourage participation in "having a say" in local community matters. We are always seeking new members, it is only \$15 for a couple to join, and all members are kept informed by email, of upcoming events, minutes of meetings etc.

The next big event that we will be undertaking is the iconic "Cent Night" that is a terrific fund raising occasion in Corinella..... this year we will be raising money for the Grantville Ambulance Auxiliary. Save the date for this very worthwhile and fun evening..... Saturday the 19th of October at the Corinella Hall, bookings will be available in tables of 8, so start organising, as they sell out very quickly when released. A delicious 3 course dinner, and 100 prizes to be won at only \$30 ahead, that's a great night out!!!!!!!

The next meeting will be held on Saturday the 3rd of August at 10am, Balcombe Street entrance of the Corinella and District Community Centre. You don't have to be a member to attend, and we always finish with a social "cuppa"..... love to see you there!

Lyndell Parker. 0422247490.

**CORONET BAY
RATEPAYERS &
RESIDENTS
ASSOCIATION**



President: David Buckingham
Vice President: Kevin Brown
Secretary: Stephanie Hartridge
Treasurer: Louise Gration
Committee Members:
Mel Gration and Anna Dagys

The CBRRA meets four times a year and for just \$20 per family annually, you will receive minutes of our meetings, the latest news and regular updates on local issues.

Together we can make Coronet Bay even more beautiful and a wonderful, safe place to live and play.

During our meetings we regularly discuss current issues of interest to our community, including planning and development proposals, shared use of our beach, community events and council matters, the latter presented by a local ward councillor.

So if you want a say in these matters, why not come along and join our association. Its purpose is to represent you, our community.

The next CBRRA meeting is scheduled for 11am on Saturday 20th July at the Coronet Bay Hall.

We will advise agenda items prior to the meeting. The CBRRA would be pleased to welcome any new members to the association. Please contact our Secretary Stephanie Hartridge on 0414 370 929 or secretary@coronetbayrra.org.au

Alternatively, contact our Treasurer Louise Gration on 0408 358 374 or email louisegration@gmail.com.

The Combined Community Group organises our markets, fairs and other events. We had a successful Easter Sunday Fair with the last of the balmy autumn weather. Our next important event is a Fun Run/Walk on the Sunday prior to the Melbourne Cup. There is always a need for more helpers, so give us a call.



We are lucky to have a small population of wombats in Tenby Point.

Unfortunately, some have been affected by mange and several have died.

We can try to treat them if we know where they are. Please call us if you spot a wombat in Tenby Point, especially if it is moving slowly or looks sick.

If you are a Tenby Point resident and would like to stay abreast of what is happening, you are welcome to join our association.

We meet four times each year, on a Saturday morning, and membership is just \$10 per household per year.

Our next meeting will be our annual general meeting on Saturday 17 August.

President: Jean Coffey 0419 500 593

**PIONEER BAY PROGRESS
ASSOCIATION**



Contact :
Zena Benbow
pbpa@bigpond.com



**CORINELLA
FORESHORE
COMMITTEE OF
MANAGEMENT**

Eastern finger jetty demolition.

Following closure of the Corinella boat ramp facility on Monday 27th May, fencing went up around the ramp area to create the construction site. Heavy equipment was trucked in and made ready.

Once the crew moved in, demolition of the finger jetty started, and within a few days the majority of the jetty was gone.



YourLifeChoices

<https://www.yourlifechoices.com.au/>

Simplifying retirement

Community Notes



Rhyll Community Association Inc.
C/- Rhyll Post Office
Rhyll. 3923

President : Judy Lawrence
Vice President : Jim Kiley
Secretary : Cheryl Overton
0427 680 483

Meetings are bimonthly (1st 3rd 5th 7th 9th 11th) on the 3rd Saturday of the month, and are held in the Rhyll Hall, Lock Road at 10 am.

ALL WELCOME

Rhyll Coast Action.

June will be the start of our Weed of the Month project which will focus on informing and supporting Rhyll residents to identify and eradicate environmental weeds from their gardens.

We will be displaying Phillip Island Landcare Weed Posters on community noticeboards and using 'Common Weeds of Gippsland' as our reference material.

National Trust Australia (Vic)

If you are interested in joining the Bass Coast Branch of NTAV, meetings and activities, contact Mary-Lu Burt for information. mlburt@melbpc.org.au or visit the NTAV website: <https://www.nationaltrust.org.au/vic>

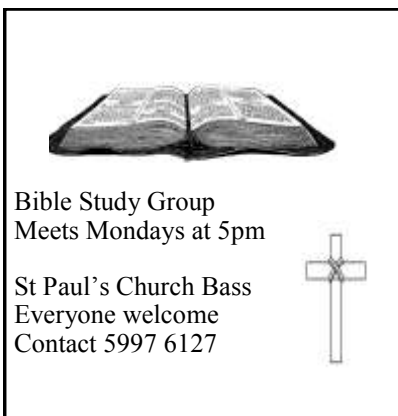
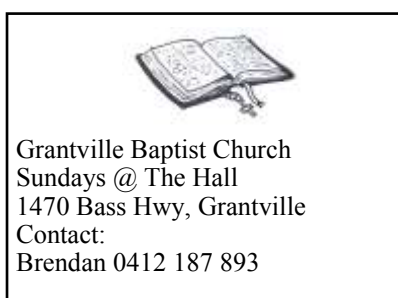


GRANTVILLE BUSINESS AND COMMUNITY ASSOCIATION INC.

President Les Ridge
Vice President Neroli Heffer
Secretary Dianne Goeman
Treasurer Lester Harris
Committee members

Sandy Ridge
Margaret Boyer

contact:
thegbca1@gmail.com



www.u3abassvalley.com
bassvalleyu3aoffice@gmail.com
(PO Box 142 Grantville 3984)

The 2019 Committee is:

Chairperson : Mark Dunbar
Deputy Chair : Geoff Guilfoyle
Secretary : Christine Holmes
5678 0033

Treasurer : Beverly Walsh
General Committee Members:
Vicki Clark, Sue Dunbar, Steve Edge and Christine Kent.

U3A BASS VALLEY ENROLMENT

If you are interested in joining your local U3A community, Bass Valley is now offering the following activities for 2019:

Art for Pleasure
Book Club

Creative Writing
Craft & Conversation
Digital Photography

Local History

Movie & Theatre Appreciation

Singing for Leisure

Tai Chi for Arthritis

Travel & History

An Annual Subscription of \$30 per person will cover as many U3A Bass Valley classes as you may wish to attend, subject to availability.

Current members of other U3A groups may join U3A Bass Valley for \$15 per annum as an associate member. Come to as many classes as you wish to attend, subject to availability.

TAI CHI FOR ARTHRITIS



Hosted by Vicki Clark
Held at Coronet Bay Community Hall
Gellibrand Street
Every Tuesday 9:30 am - 10:30 am
Grantville Hall, Wednesdays 10.30-11:30
Phone Vicki 0403 025 634

Other U3A Groups in the Waterline News area are at:
Cowes (Pical)

www.pical.org.au
Phone 5952 1131
and

Wonthaggi

<http://www.u3awonthaggi.org.au>
Ph: 03 5672 3951



Want to lose weight?

If you are overweight and would like support and encouragement while you achieve weight loss, then TOWN could be for you?

TOWN stands for "Take Off Weight Naturally". That's exactly what we do together. TOWN is low cost and makes it affordable to all. Your nearest TOWN meeting is at the Rhyll Hall, Phillip Island. Thursdays 9am to 11am.

For more information call:
Judy Pitcon 0400 073 665



Karen Cicala - Wonthaggi

I'm a new rawleighs rep in the district

For all your Rawleighs health products, medicinals, personal care, nutrition, home care and Rawleighs specials

Remember Rawleighs salve, tapioca and many more family favourites

Call Karen 0418554125 or 0356725731



Community Centres and other local news



5672 3731

Bass School Road, Bass 3991
Centre Manager: Roderick McIvor

Here we are, hard to believe, it's almost half way through the year.

The Bass Valley Community Group Inc operates on a financial year that ends on June 30. How will we have gone financially this year? Even at this stage we never really know what our bottom line result is going to be.

That's not to say that we blindly spend and collect monies throughout the year, hoping that we are ahead when the whistle blows at the end. We establish a financial road map (a budget) at the beginning of the year and constantly monitor and regularly report on it.

Our independent accountant is the final arbiter of how we have travelled when we reach the end of the year. Accountants are sometimes said to be "Someone who solves a problem you didn't know you had in a way you don't understand." Using a set of rules, accountants corral and measure the offsetting income and expenditure to arrive at the bottom line. We are particularly optimistic this year due to extra State Government funding that better reflects our hours of operation (8:30 -3:30) than previously. We are appreciative of the Government doing this.

We are also aware of the tremendous effort of our peak body, Neighbourhood Houses Victoria, and the support from the 400 Houses around the state.

The end of the financial year also heralds the AGM or annual general meeting. This is the point of accountability to our community. As well as reporting on how we have gone financially and what have been the year's highlights, we also hold elections for our Committee of Governance members and officers.

The AGM will most likely be held in September and there will be more here on that next month. Suffice it to say it is something we look forward to as a community gathering and hope as many in the community as are able to come along.

Finally this month, keep your eyes peeled as you zoom past us as we get our new signage for the Hadden House Op Shop.

The splendid new signs should be up by the time this edition goes to print.

BVCVG: 5678 2277

We'd love to hear from you.

GRANTVILLE OP SHOP is located at the **GRANTVILLE GARDEN CENTRE** Bass Hwy, Grantville

Monday, Wed & Friday
10am to 2pm
Saturday
9am to 12pm
5678 8357



PROBUS CLUB OF CORINELLA AND DISTRICT inc.

Our Club meets on the first Wednesday of the month at 10am at the George Bass Hotel, Bass, with a guest speaker and lunch.

There are regular lunches and outings arranged every month.

Visitors and prospective members are very welcome to attend.

Current Members attend from San Remo, Woolamai, Bass, Coronet Bay, Corinella, The Gurdies and Grantville and beyond.

Promoting "Fellowship, Friendship and Fun".

Outings and Events July:

Wed 3rd Club Meeting at George Bass Hotel 10am.

Wed 17th Bowling at Cowes Bowling Centre 11am.

Wed 24th Movies before/after lunch at Leongatha RSL.

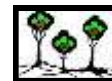
Wed 31st Christmas in July at Koo Wee Rup Hotel.

Australian Gardens at Cranbourne.

For enquiries please contact:

Heather Reid on 0421 012 519 or
Rob Parsons on 0402 852 300

LANG LANG COMMUNITY CENTRE



- Public Internet Access to all members.
- iPad Tuition
- Lifestyle classes including:
- Yoga, Pilates, Cardio, Walking group and Line Dancing, Tai Chi.
- Playgroup for the littlies.
- A variety of Patchwork groups.
- Men's Shed Group.
- Secretarial Support Services including: Photocopying, typing and scanning.
- Book Exchange
- Small offices for hire
- Centrelink Agent with dedicated computer.
- Medicare Claim Service



There are vacancies in our Tai Chi and Cardio exercise classes if you are interested please give us a call .
Fridays 12 noon—1.00pm

7 Westernport Rd, Lang Lang 3984
Contact (03) 5997 5704
llcc@langlang.net



Phillip Island Community and Learning Centre



56-58 Church St, Cowes
Centre Manager - Linda Morrison
5952 1131

Email :
admin@pical.org.au
Website:
www.pical.org.au

Community Centres and other local news



Wonthaggi Neighbourhood Centre incorporating Mitchell House and the Harvest Centre is run by a community based Committee of Management. We aim to provide a positive, welcoming environment where you can meet new friends, learn or share skills, ideas and information. If you're interested in being more involved in your Neighbourhood Centre call in and have a chat to the Coordinator Iain Richie.

Phone Mitchell House for more information on 5672 3731.

There are lots of activities and groups meeting every week. Here are some of them to pique your interest. Have you become a member yet? Becoming a member will provide you with discounts to LearnShare Activities (LSA), a copy of The Grapevine Newsletter each term and weekly electronic updates via the 'Wonnigrapevine'. Being a member is also another way to support your Neighbourhood Centre. Come to Mitchell House to learn more! **Please book into all activities.**

Special Activities:

Unemployed Workers Union: Meet on the 1st Monday each month from 12noon to 2pm at the Harvest Centre Shed. The AUWU is run by unemployed people working for the rights and dignity of unemployed people.

CWA Branch in Wonthaggi: Is held on Wednesday 17th July at 7pm. Any and all women interested in joining the newly formed Wonthaggi Branch of the Country Women's Association will be embraced by this forward thinking group sharing interests, hobbies and social conscience. All age groups, cultural diversities are embraced for the benefit of local women and community. This is the only night branch in meeting Bass Coast. Meetings will be held the third Wednesday of the month at Mitchell House. Come along if you are interested or you can phone secretary Di Blair on 0409 427 304 for more info.

Expression of Interest:

Repair Café: If you are a 'hands on' sort of person and seem to either have a natural knack for fixing things or would like the challenge of repairing and renewing the life of different objects - we'd love to hear from you. The 'Repair Café' will happen at the Harvest Centre Shed once a month. Call our co-ordinator Iain for more information.

For Health & Wellbeing:

Friendly Adult Bicycle Group: Is on Mondays, meet at 9.15am. Haven't ridden for years and have lost a bit of confidence to do so? Perhaps you don't have a bike handy. If you'd like to give it a go we have four red bikes available for use in this weekly social bike ride activity. Booking is essential and completion of enrolment required prior to actual starting day.

Sing for Fun: Bring your voice, a sense of fun and any songs you would like to share. It is on every 2nd & 4th Wednesday of the month at 7pm

Tai Chi for beginners: Is on Thursdays from 10.30am to 11.30am. Learn gentle Tai Chi Steps which can help to improve muscle & joint strength, balance, coordination and enhance mental health.

Art & Craft activities:

Evening Crochet: Is on Wednesday, 7 to 8pm. Enjoy a hot cuppa whilst sharing your love of crochet and knitting with a friendly group of people.

Craft & Cuppa Group: Is on Fridays 7 to 8pm. Learn a new craft skill, share a skill you have or work on your own project while sharing a cuppa in this welcoming weekly group.

Mosaics: Saturdays 10.30am - 12.30pm at the Harvest Centre Shed. Starting back up again on Saturday August 3rd.

Be part of a creative group and make lovely works of mosaic art. BYO apron, protective glasses, rubber gloves, mosaics, crockery and ice cream containers. Please let us know if you are coming.

There are many other courses and events available. Visit our Facebook page: Mitchell House

Wonthaggi Neighbourhood Centre to keep up with what's going on or pop in for a cuppa and a chat. Everybody welcome.

Phone Mitchell House for more information on 5672 3731.



Where did this car breakdown?
Answer on page 20.

CORINELLA BOWLING CLUB INC.

**22 Balcombe Street,
Corinella
Ph. 5678 0497**

Follow and like us on facebook
Corinella Bowling Club Inc
Friday Barefoot Bowls at 5 pm during daylight saving time and Community/Corporate Bowls in January are the main social events.

After the game stay on for a meal at 7 pm in the licensed club house & experience the social side of this family friendly club.

Members also play pennant bowls Tuesday & Saturday and your support for the home games would be appreciated.

For more information please do not hesitate to contact:

Dave Burzacott,
Tournament Secretary
0423 593 227
or Steve Bray,
President 0418 316 912.

San Remo Bowls Club inc.

**Wynne Road, San Remo
Ph: (03) 5678 5558**

Website;

sanremobowlsclub.teamapp.com

**Each Wednesday Social Bowls
12.30pm with a 1.00 pm start.**

During Summer Time Each Friday
5.00pm Barefoot Bowls and BBQ.

All Visitors and New Members
welcome.

Contact Arthur Parker 0421 061 074
Members of other clubs or visitors to the area can join us in the Monthly Triples as well as the Barefoot Bowls.

Please contact Arthur on
0421 061 074 if any further
information is required about the San Remo Bowls Club.

Probus Club of Corinella and District

The Club meets on the first Wednesday of the month at the George Bass Hotel, meeting, lunch and guest speaker.
For inquiries call President Sandy Ridge on 5997 6127 or Vice President Rob Parsons 0402 852 300.

More Community Centres and other local news



CORONET BAY NEIGHBOURHOOD WATCH

This group includes Police reports for Adams Estate, Bass, Corinella, Coronet Bay, Grantville, Pioneer Bay, Tenby Point, and The Gurdies.

HELP! This group is being refreshed and is always looking for new members.

Do you want to help improve community safety and strengthen links with Police?

For more information please email coronetbaynhw@gmail.com or come to our next meeting: Their Special General Meeting was held on: Monday 24 June Venue: CFA Corinella

Come and see the new communications equipment worth \$1441 that this group recently donated to CFA Corinella. Again we thank San Remo Police Station Commander Bruce Kent for his support and the

APRIL POLICE REPORT.

BASS:

Two thefts of fuel from petrol station, one offence was for \$15 of diesel. Theft of one number plate from Pier Rd.

CORINELLA:

Theft of boating equipment by residents at B&B.

CORONET BAY:

Warrant for drugs and minor weapons.

GRANTVILLE:

Assault – persons known to each other. Theft of pushbike from rear of car at shopping area.

Attempted theft of car from farm.

ADAMS ESTATE, PIONEER BAY & THE GURDIES had nil to report.

SAFETY TIPS – SCAMS:

*If a deal seems too good to be true then it is probably a scam.

*Don't be rushed into making a decision when buying a product or service.

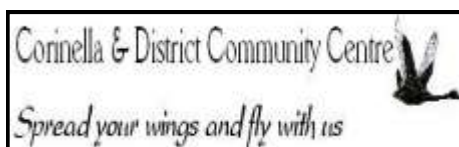
*Ask a friend or family member to review a contract or other information about a product or service, prior to committing to it.

*As soon as possible, ring 000 (triple zero) if a tradesman or sales-person raises your suspicions in the way they "sell" their services.

IMPORTANT NUMBERS:

Wonthaggi Police 5671 4100

San Remo Police 5678 5500



Corinella and District Community Centre, 48 Smythe St Corinella, has been the hub of our community for over 30 years and we are continuously evolving to meet the needs of our community.

We run a community pantry for those who are having a tough time. We can provide a bag of food to get you through the next 24 hours. We hold a community lunch on Thursday's at 12pm. This is for those who would like to share a cooked meal with other community members or who for various reasons do not always have access to a home cooked meal. Our produce table has a range of fruit and vegetables, donated by our local gardeners. We have a community bus for hire or can organise bus trips for groups of 8 with one of our volunteer drivers.

Are you currently working on an art project? Why not join our Thursday 10-12noon or Saturday 1-4pm art group. BYO painting and supplies \$4

Crafties group every 4th Wednesday 10-2pm. All welcome BYO project and join likeminded crafty people. \$4

We all know fitness is important. You can join our Strength Training group on Monday and Thursday morning 8.45-9.45am. \$5

Wednesday 6.30-7.45pm join Nikki for a weekly yoga session \$15

Do you or someone you know have depression or anxiety? You can join our Friday support group 2-3pm \$4

"Wow to Now".

We all have some clothes in our wardrobe that are old favourites. They might not fit any more, they might be out of fashion but we just can't bring ourselves to part with them. Bring them along to the Corinella and District Community Centre and let Jo Hinchcliffe show you how to cut, combine and refurbish old items into new garments you will be proud to wear. You may even start a new fashion trend of your own! Bring your friends or come alone and make some new friends on Wednesday 17th July from 1 to 3 pm. Just \$4 for members or \$5 non members for a fun afternoon of creativity and a delicious afternoon tea. Call the Community Centre 5678 0777 to reserve your place.

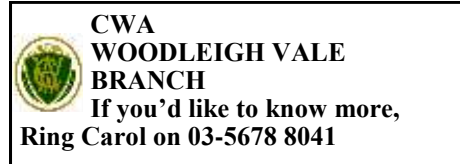
If you have skills you would like to share or have courses you would like to run give us a call. If you would like to volunteer your time have a chat with us.

Kerri Ritchie

E: Coord@cdcc.asn.au

P: 5678 0777

W: corinellacommunitycentre.org.au



GRANTVILLE COUNTRY WOMEN'S ASSOCIATION.



For FRIENDSHIP, SHARING, CARING.

Meets 2nd Monday of the month at Grantville Public Hall at 12:30pm, followed by afternoon tea.

Craft and chat meet 4th Monday of month at 10 am. Learn new crafts or join us with your current project - shared lunch. Enjoy the company of ladies of all ages who have similar interests. Acquire new craft skill. Exchange recipes and cooking tips. Social days out - Theatre, lunches, shopping trips etc Monthly competitions.

IMPORTANT DATES UP COMING EVENTS

(ALL MEMBERS WELCOME)

Monday Craft day 10 am demo or /and chat (bring along your current project). State Conference attended by Gwen and Betty.

July Meeting 8th at 12:30

July Craft Monday 22nd at 10 am.

Craft days have been well attended. May Craft Day we learnt to Patchwork log cabin design and Beaded bracelet. Both were well attended with fun & friendship.

Any info, you're welcome to call Betty on 0418 396 863

Membership: Annie 5978 8037

President: Kaye 0459 76 668

IMPORTANT NUMBERS:

Emergencies 000 (24hrs)

Police Wonthaggi 5671 4100 (24hrs)

Police San Remo 5678 5500

Domestic Violence 1800 015 188 (24hrs)

Crime Stoppers 1800 333 000

MensLine 1800 789 978 (24hrs)



More Community News

Corinella & District Men's Shed & Woodies Group Inc

Meets at 90 Corinella Rd., Corinella, (Bass Valley Primary School), 10 am - 12 noon Tuesdays

ALL WELCOME

INVITATION

Intercultural Arts Program
Ballet Kirmaboi
Island Whale Festival
Coves, Phillip Island
5th July - 7th July 2019

With Special Guests
Uncle Bunka Lawrie
Uncle Katcha Edwards
Auntie Fay Stewart-Muir
Marisa (Under) Arnold Therna
Steve Parker, Lisa Kennedy
Ron Murray, Robert Burdick
Mick Harding, Safina Stewart
Camille Monet
Tina Murray-White
Steve and Kai Schulte
Lyndal Chambers, Brian Strong
Peter Corser, Steve Solbergreen
Michael Jordan, Anthony Norris
Ruth McDermid Chambers
Tanya Nolan, Ross Mulvaney
Emily Hayes, Kate Hall-Brown
Nikki Johnson, Pip Case
Ivy Horn Jan, Boonlele
Songhrie, Nollakata
Both Sides of the River

Greenrooms
Dramming Circles
Artspaces
Concerts
Deep Listening Circles
Music, Art and Science
Song Exchanges
Street Parade

Bookings: <http://islandwhale.com.au/program>
Email: bookings@islandwhale.com.au

We acknowledge the great spirituality of the Bunurong/Warung Country in which this event is taking place. We honour the Ancestress and Elders who have lived on this land and today it is their strong presence that we

Grantville 3984 & District History

Produced by the **U3A Local History Group**

COBB & CO

WANTED
ANY INFORMATION, MEMORIES AND PHOTOS



CFA NEWS

With Michele Fulwell

75 Years Protecting Our Communities

Glen Alvie Fire Brigade and Kernot-Grantville Fire Brigade are celebrating 75 years of service to their communities this year!

Glen Alvie-Kernot and District Rural Bush Fire Brigade formed in 1944. Growth in the area led to the two brigades separating in the early 1970's so they could better service their communities. They became the Glen Alvie Fire Brigade and Kernot Fire Brigades. In 1991, as it became clear that the population base of the area was closer to the Bass Highway, Kernot Fire Brigade relocated its base to Grantville, maintaining the station at Kernot as a satellite station housing a brigade owned tanker. The old station at Kernot was replaced, using Brigade funds and labour, in 2008 with a larger facility to allow for the housing of more modern vehicles. Although the brigade had been unofficially known as Kernot-Grantville Fire Brigade since the early 2000s, in 2016 the name became official. There are currently 44 members ranging in age from 16 to their 80's.

Glen Alvie Fire Brigade moved from land donated by Colin Willmott to its current site at the Glen Alvie Recreation Reserve several years ago. The brigade currently has 20 members.

Past and present members of the brigades and their families will be gathering at Kernot Community on July 7th to celebrate and reminisce.

HOME FIRE SAFETY - ELECTRICITY

Electrical appliances including double adaptors, power boards and extension cords are a major cause of fires.

Using damaged electrical equipment and appliances can result in a fire. Only use appliances in good working order.

To help reduce you electrical fire risk remember the following: Turn off all electrical appliances at the power point when not in use. Don't use double adaptors. Only use power boards according to manufacturers instructions, never overload and check regularly for damage. Ensure monitors, laptops, televisions and other equipment have good air flow around them and are not in confined spaces or covered. Only use certified electrical trades people to repair damaged/faulty electrical appliances, wiring or equipment.



Verily Connect Are you a person living with a loved one with memory loss or dementia? Are you looking at connecting with other carers to share your experiences? Then VERILY Connect may be the thing you are looking for! VERILY Connect is a project that is running in Koo Wee Rup and surrounding Districts. It's about creating an on-line dementia-friendly community to increase support for carers of people living with dementia and/or memory problems. We are also looking for volunteers to support our carers. If you want to know more about the project please contact:

Angelique on 5997 9792 or jauffreta@krhs.com.



Home Care ?

We're here for you

5997 9686

KRHS is a 72 bed Public Hospital.

We provide a range of community and centre based services: Acute Care, Early Parenting, Transitional Care, Respite and Residential Aged Care, Community Health, District Nurses, Home Care Support, Pathology and Allied Health

e.g. Physiotherapy, Social work and Occupational Therapy.

There is also Specialist Medical Services: Podiatry, Cardiology and a Diabetes Clinic. KRHS is a member of the International Health Promoting Hospitals Network and Global Green and Healthy Hospitals.

235 Rossiter Road, Koo Wee Rup

phone: 03 5997 9679



Health & Lifestyle



Entering their reality

I had someone tell me recently that they'd used my Embracing Their Reality techniques when talking to their mother with dementia. *"I told her that we were going to see her parents, and she looked confused. She was talking about her parents the week before, so I just started the conversation about seeing them! Embracing her reality didn't work,"* he said. **Here's the problem: he didn't embrace her reality. All he did was assume that, because she'd talked about her parents the week before, she'd be in the same reality the next week.**

Use these 5 "L" steps to embrace someone's reality effectively:

1. Listen: Don't assume that you know where your loved one's reality is that day. You have to listen before you make a big statement that you *think* reflects their reality. Listen to their context clues: for example, if she's talking about her parents as if they are still alive, that's what she believes that day. We can't hang onto where she was the week or even day before. It just may not be accurate anymore.

2. Legitimize: Legitimize whatever they say to you. If they tell you that their neighbours stole their garden gnome, agree that their gnome seems to be missing, and you're going to "get to the

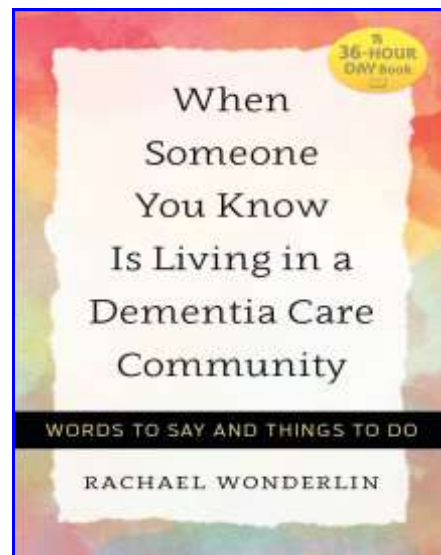
bottom of it" by talking to the neighbours. You don't have to 100% agree with them, but you do need to listen and legitimize whatever they say.

3. Lean: Lean into what they're saying so that you can embrace their reality effectively. For example, if today she's speaking about going to her mom's house, she probably thinks her mom is alive. Lean into that with a small statement or question, something like, "What were you thinking about doing at your mom's house today?" This gives her the feeling that you're listening and agreeing, but it also gives you a bit of leeway: if she was just speaking generally about how she used to go over there, you don't look totally crazy by talking about someone she knows has died. If she's talking about her parents and asking you a question like, "Where are they right now?" You can say, "Where do you think they are?"

4. Leap: You'll know from step 3, Lean, exactly where her reality is. Now, *Leap* into that reality, wherever it is! Talk about what she's talking about. Don't try to bring her back to our world. If she's talking about going to work, talk about that work with her. Ask what projects she's working on there currently, how her boss has been, and if her co-workers are fun to be around.

5. Learn: Learn from your successes and mistakes when embracing the reality of someone living with dementia.

Recognize that while their reality evolves, you're both going to be just fine.



Corinella and District Community Centre Inc.
Spread your wings and fly with us

DEPRESSION AND ANXIETY SELF-HELP SUPPORT GROUP

Beat the Blues & Jitters!

Come along to this newly formed self-help group. Come and help create a safe place where you can share your experiences, thoughts & feelings in a confidential, accepting and warm environment with people who have been through similar experiences to you.

Corinella & District Community Centre, 48 Langthe Street, Corinella
For more information contact Julie on: 0403 560 552



143 Marine Pde,
San Remo
Phone - 5678 5020
Hours:

Tue - Fri 5pm - late
Sat - Sun noon-late

Exciting New Menu including many Gluten Free



Jo Jo's GLUTEN FREE GOODIES

mammajo.jk@gmail.com

Joanne | 0404 605 086
Tony | 0419 342 755
995 Kernot Loch Road, | Kernot Vic. 3979



Kernot Food & Wine Store
Paul and Julie Johnston
Open

Thursday & Sunday 9.30am - 8.00pm
Friday-Saturday 9.00am - 10.00pm
Breakfast & Lunch Thursday to Sunday
Wood Fired Pizza Thursday to Sunday
Dinner Menu Friday & Saturday
[Winter opening times may differ]
Live Music Friday & Saturday nights
& Sunday Lunch



1075 Kernot-Loch Road
Kernot, Victoria 3979
03 56 788 555
kernotfoodandwinestore@gmail.com
facebook: Kernot Food and Wine Store





Nurse Practitioner

DG Nurse Practitioner
Grantville Transaction Centre
Cnr Bass Hwy & Pier Rd
Grantville, 3984

Hours
Mon, Tues, Thur, Fri
6.00 am - close
Bulk Billing

All consultations bulk billed
 May have fees for some procedures*

For appointments phone
5616 2222
 or
0467 841 782
Same day appointments available

Some of the services available

Fluvax	Immunisations
Men's Health	Prescriptions
Referrals	Skin Checks Wound
Care	Women's health
Dressings*	Ear syringing*
Lesion removal*	Suturing*
Treatment of minor illnesses / infections	



Let's Spice Things Up!

Many of us are familiar with our spicy friend called ginger, but do you know just how potent this little rhizome is? *Rhizoma Zingiberis Recens*, commonly known as fresh ginger, is native to the warm parts of Asia and is often added as pungent flavouring for soups, stir-fries and sweets. Ginger is frequently used in Chinese medicine for a variety of ailments and this time of year is the perfect time to start adding it into your daily food regime.

Chinese medicine defines ginger as warming and tonifying, it enters the Lung, Spleen and Stomach meridians, induces perspiration and expels cold from the body. Placed in the herbal category of 'Releasing the Exterior' ginger is traditionally used to push disease out from the superficial layer of the body making it perfect for colds and flus. It warms the lungs and stops coughing and its spicy nature helps to break up phlegm.

It is also said to warm the digestion and stop vomiting and is often used to aid in

the relief of digestive complaints such as nausea, morning sickness, diarrhea, or constipation. Compounds found in ginger are known to help relieve GI irritation and stimulate saliva and bile production. It also seems to have positive effects on the enzyme trypsin and pancreatic lipase, increasing motility through the digestive tract.

The spicy warm nature of ginger makes it ideal for those who are easily affected by the cold. If you feel your energy levels dropping coming into the cold months or notice that your hands and feet are always cold, then ginger is a great start to help build your internal fire and get your circulation moving.

Modern research has shown that high doses of ginger powder could be beneficial in the treatment of menstrual pain and osteo arthritis. Further research is being conducted to uncover the potential health benefits of this widely used spice. To find out how best to nurture your body through these cold months book your appointment with us today! Call 5956 7011.

www.safflowerclinic.com.au



1. Emotional wellness. It is important to pay attention to self-care, relaxation, stress reduction and the development of inner resources so you can learn and grow from experiences.

2. Environmental wellness inspires us to live a lifestyle that is respectful of our surroundings. This realm encourages us to live in harmony with the Earth

3. Financial Wellness. Financial stress is repeatedly found to be a common source of stress, anxiety and fear. Keeping track

of expenses, making a budget, and sticking to it are important skills to have in order to be financially responsible.

4. Intellectual wellness involves having an open mind when you encounter new ideas and continuing to expand your knowledge.

5. Occupational wellness means enjoying your work endeavors and appreciating your contributions.

6. Physical wellness requires a healthy body and seeking care when needed.

7. Social wellness helps you perform social roles effectively and comfortably, and create a support network. Spiritual wellness allows you to develop a set of values that help you seek meaning and purpose.

8. Spirituality can be represented in many ways, for example, through relaxation or religion. But being spiritually well means knowing which resources to use to cope with issues that come up in everyday life.



Roger's Last Article

Cancer

Roger Clark

In September 2016, I was asked to write a short story for the Bass Coast Post, on living with Cancer, with which I was first diagnosed in 2009, before we left Melbourne to come to Grantville.

It was a rare opportunity to do some creative writing so I accepted the challenge.

<https://www.basscoastpost.com/point-of-view/behind-the-lines>



A new battle: Just over three months ago a new battle began, when I was diagnosed with Oesophageal Cancer, not connected to the previous outbreak, but not operable and terminal.

When that was made public in April, after I had finished radiotherapy, and it was announced I was stepping away from The Waterline News, I was again asked a similar question.

While you are well enough to, would you be willing to share your experience of the illness and the progress with your former loyal readers?

The first thing I can tell you is that the exercise is a lot more difficult than I

could ever have imagined it would be. Rather than writing about it I would prefer to have been sitting here reading someone else's account of how they coped, but as yet I have found very little to read about anyone else's thoughts?

I wonder why that is, are people too reluctant to write about it, share their experience or is it just too hard?

The hardest part so far has been the diagnosis, after feeling quite unwell for a few weeks prior to Christmas, the weight lost (30kg in total) started just after Christmas.

A new local GP suggested a gastroscopy and colonoscopy which were done the first week in February.

The Surgeon who did this indicated a growth had been found and referred me on to another surgeon, fortunately only a couple of days wait.

'Did he mention the 'C' word?'

He said a PET scan will be needed to give the correct diagnosis and an overview of the situation.

Again after only a short wait, the scan confirms the diagnosis, cancer spread badly, inoperable (as this type mostly is) and as such, terminal. How Long? Too hard to tell at this stage (later revealed after radiotherapy at nine to 12 months.

Radiotherapy shrunk the tumour to the point where I was able to eat normal food again after not having done so for almost 12 weeks.

I was in hospital for six weeks before Easter (Moorabbin and Wonthaggi), so had plenty of time to think about it.

The diagnosis of nine to twelve months was almost impossible to believe at the time.

I understand it now, not that it makes any more sense, but I do know that is what is going to happen and have been steadily working away, within my limitations to get my affairs in order as well as I can.

The feelings chart gets a real work out every day, aggressive, anger, confused, frustrated, grieving, miserable, negative, sad, scared, shocked and so it goes on.

The endless gambit of medical check ups, pain management, palliative care nurses, medications, but I fear I have had little to complain about yet, they keep saying, the worst is yet to come, well I imagine they are right.

Pain and fatigue are an issue, the medication is strong, but is all being managed. My back up support team is strong and understanding so for now it's just a matter of doing what I can do taking care and working through the issues.

Thank you for your understanding and respecting our privacy at this time.

Roger Clark, Grantville

Former editor - The Waterline News.





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A Cook's Journal



For Wonthaggi's Jan Cheshire, good cooking starts in the garden with fresh, seasonal vegetables, herbs and fruit.

A delicious stalk by Jan Cheshire

THIS is a really old-fashioned soup that was very popular in Britain when I was growing up.

I had forgotten all about it until recently when I was going away on holiday and had a large head of celery to get through before we left. This is really a most delicious soup and very simple and cheap to make, especially if you have lots of celery in your garden.

CREAM OF CELERY SOUP

Ingredients

2 tablespoons of olive oil
1 head of celery, sliced
1 large onion, finely chopped
1 clove of garlic, chopped
Small bunch of parsley, roughly chopped
1 litre of vegetable stock
100ml single cream (plus a little extra for serving if desired)
A good pinch of nutmeg and some black pepper to season



Method

In a large saucepan heat the oil gently and add the sliced celery, onion and garlic to the pan.

Cook over a gentle heat until the vegetables are soft but not browned. This will take around 15 minutes.

Add the chopped parsley and vegetable stock then season well with nutmeg and black pepper.

Simmer the soup for about 15 minutes then pour into a blender or food processor along with the single cream.

Process/puree at high speed till soup is smooth and creamy.

Serve with an extra drizzle of cream if you wish. Enjoy!



KNOBBLY BEAUTY

Each winter I look forward to making tasty, warming soups and slow-cooked stews. I try out new ideas for soups and eventually come up with an outright winner for the year.

Last year it was the celeriac and potato soup.

Celeriacs are those strange, knobbly, slightly pear-shaped vegetables that look a bit like a goblin's head with green hair.

Don't be put off by the appearance of this versatile vegetable.

Celeriac are good raw; finely chopped in salads, and are delicious in those lovely warming winter stews and as an addition to mashed potato. They are low in fat and a good source of Vitamin C.

Celeriac will discolour quickly so, when preparing, drop them into a pan of water and add a squeeze of lemon.

This is from a recipe by Bill Granger.

CELERIAC AND POTATO SOUP (serves 4)

Ingredients

30 grams of unsalted butter
1 tablespoon of olive oil
1 leek (white part only), chopped
2 garlic cloves, crushed
500 grams of potatoes (such as Desiree), peeled and chopped
500 gram celeriac bulb, top cut off, peeled and chopped
1.25 litres (5 cups) of chicken stock
1 tablespoon finely chopped parsley
Dollop of cream or yogurt to serve

Method

Heat the butter and olive oil in a large, heavy-based saucepan over medium-low heat. Add the leek and sprinkle with a little salt, then cook, stirring occasionally, for 3-4 minutes until soft.

Add the garlic and stir for a further minute.

Add the potato, celeriac and stock. Increase the heat to high and bring to the boil.

Reduce the heat to low and simmer for 20-25 minutes with the lid on, until the potato and celeriac are tender.

Remove from the heat and leave to cool slightly.

Puree the soup either in a blender, in batches, or with a stick blender until smooth (a few lumps always add interest).

Return to the pan and stir over medium heat until heated through.

Taste the soup and season with salt and white pepper if necessary. Ladle into bowls, then swirl a spoonful of yogurt or cream on top and sprinkle with the parsley.

Most important of all : Enjoy!

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Gluten Free will resume next month.



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MUSIC



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18 August	South of Samois (Jazz Manoeche)
18 September	Paul Ingle and Friends
15-17 Nov	Phillip Island Jazz Festival



For more information contact Robin Blackman on 0432 814 407.

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Contact:
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SOUTH GIPPSLAND JAZZ SOCIETY Inverloch Jazz Club

The Club holds regular monthly jazz days usually on the 2nd Sunday afternoon of each month, at the R.S.L. in Inverloch. Drinks are at RSL prices and BYO nibbles etc.

Club functions run from 2pm - 4.30pm. \$15 for members; \$18 for Non Members.

There is ample room for dancing to the variety of bands that appear and visitors are most welcome to attend. Posters showing details of the function are displayed in most of the shopping centres around Inverloch. A monthly newsletter is posted to all members to keep them informed of the Club's activities. South Gippsland Jazz Society is run by a voluntary committee which is elected each year, and all members are eligible to serve. The annual membership fee is \$15 for a single or \$30 for a Family membership (membership being from Jan 1st to Dec 31st).

New Members Welcome
Contact Neville Drummond 5674 2166

First Saturday each month
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UNPLUGGED

Unplugged continues to attract good audiences every first Saturday of the month at 7pm. at the Coronet Bay Hall, Gellibrand Street. No matter what style of music you like there will be something to your taste. You can bounce along to rock or shed a tear with heart rending folk, or just have the troubles of the day flow away with beautiful classical music and poetry. Truly the best value entertainment around. Gold coin to enter and supper is provided.



The Jazz Club - 12-2pm Saturdays.



**RON ANDERSON'S
CUL DE SAC—
21ST July 2019**

Jazz lovers across South Gippsland will be familiar with the outstanding skills of reeds player Ron Anderson.

He has featured regularly at the Inverloch Jazz Festival as well as the Sth Gippy Jazz Society and Phillip Island Jazz Club.

Ron has assembled a wonderful group of musicians to support him on the 21ST July 2019.

This quintet which recently featured at the Inverloch jazz festival features Vince Hopkins guitar, Ade Ishes piano, David Galea bass, Graham Morris drums, and Ron Anderson saxes and flute, plays a mix of mainstream and modern jazz, with a special emphasis on melody.

The emphasis is eclectic, spanning a wide spectrum from Bach to the Beatles, with more than a nod to Bossa Nova and Bebop, expressed through the experience of its players, several of whom have strong links to the West Gippsland region.

Jazz is in the Bass Room
at the Ramada Resort
(2128 Phillip Island Rd, Cowes)
Sunday 21st July
from 2.00 – 4.30pm.

For more information please contact Robin Blackman 0432 814 407



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There are also editions right through the years up to present day, 160 in all plus a couple of specialist one off issues.

There are 76 copies of Earth Garden, which includes 11 of the more recent coffee table editions (cost \$10 + each), but more importantly, collectable editions 4 and 5.

There is also a selection of ten specialist one off productions by Earth Garden.

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We also have the one off Good Life Bread Book (originally \$19.95).

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Waterline Motoring

Rupert Jeffkins was Australia's first internationally famous motor racing identity. After leaving Australia for France in the 1900s, ambition, ability and a wordy talent for self-promotion eventually took him to America.

The first Indianapolis 500 was run in May 1911. Attracted by a prize fund of more than \$25,000, Rupert Jeffkins entered but his Velie was never a contender. He finished in a creditable 17th place.

Prize money doubled for 1912.

New rules mandated both a driver and a riding mechanic for each car. While the drivers wrestled the giant cars around the squared oval the 'mechanicians' tended the needs of the cars and acted as spotters and tacticians.

Jeffkins signed on as riding mechanic for Ralph De Palma, an Italian American driving a factory Mercedes.

Starting from the middle of the front row DePalma and Jeffkins took the lead on the third lap and started pulling away

from the rest of the field. By the 300 mile mark the grey Mercedes was three laps clear of second place.

With 50 miles to go, their advantage was a five full laps of the two and a half mile track. Their victory was so inevitable that spectators started to leave, some of the teams put in relief drivers and one driver even stopped to have a roast chicken lunch before resuming.

Three laps from the finish Jeffkins tapped De Palma on the shoulder. Wisps of smoke had started to trail from the exhaust. De Palma backed off the throttle. The Mercedes slowed. As the smoke increased other drivers sped up to a frantic pace as the crowd rose to its feet.

The engine misfired. It's bronze bearings melted when the oil ran out. A steel conrod broke and smashed a hole through its cast iron cylinder. The car kept lunging forward, gasping like a great beast of the jungle with a bullet through its heart.

A lap and a half short of the finish the car died. De Palma sighed. "It looks like we'll have to walk from here. We might as well bring the car with us."

Exhausted from six hours of racing, they began to push the heavy car around the banked turn, inching toward the finish line. Joe Dawson, who had been running in second place for most of the day, flashed past the crippled Mercedes again and again. Eighty thousand spectators were on the edge of hysteria.

Jeffkins and De Palma pushed the car over the finish line and collapsed. They were still one lap short but it didn't matter. The rules stated that the car needed to complete the race under its own power so their effort had been for naught. From the sidelines they watched as Dawson completed his 200th lap to take the checkered flag and more than \$20,000 in prize money.

The next day photographs of De Palma and Jeffkins pushing the stricken Mercedes were on the front pages of newspapers across the world.

News

GRANTVILLE BUSINESS AND COMMUNITY ASSOCIATION

The following businesses are "Business Members" of the Grantville Business & Community Association.

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- Bass General Store
- Bendigo Bank Grantville
- Claypot Curry House
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- Coxys Computer/Handyman
- Dennis Sea Accommodation
- George Bass Hotel Bass
- Grantville Pharmacy
- Hot Chic Charcoal Chicken Grantville
- Kernot Food & Wine Store
- La Provincia Corinella
- Maru Koala & Animal Park Grantville
- Ray's Pizza & Pasta Grantville
- Sushi Express Bass
- The Waterline News

Support business that support your local community.



At the end of June, Bass Coast Shire Council presented the first round of its 2019 Community Grants Program, at the Archies Creek Hall.

After a record number of applications, grants were awarded to 55 community groups to support 64 projects, for a total of just over \$171,760.

This round saw applications for a huge range of projects, including an extension for the Wonthaggi Woodcrafters' workshop, solar panels for Phillip Island Senior Citizens Club and Grantville Hall, a Winter Solstice event in Kilcunda, chainsaw carving at Rhyll, audio visual equipment and more.

In each round, one major project grant is awarded. In this Round, the Archies Creek Hall received a major project grant for \$9,800, to install air conditioners. The same group also received a grant for lighting, which was a collaborative application with the Archies Creek community, outlining a large amount of in-kind trades to support the project. Bass Coast Shire Mayor, Cr Brett Tessari, said the presentation evening provides an opportunity for groups to tell others about their projects and network with like-minded volunteers, as well as Bass Coast Councillors and staff.

"It was really exciting to hold our community grant celebration in a hall which is having a major upgrade thanks to an active and passionate community," Cr Tessari said.

"It was also fantastic to chat to all of the different groups and learn about their exciting projects first hand."



Speaking on behalf of Bass Coast Shire, Mayor, Cr Brett Tessari spoke about Roger Clark late last week.

"Through advertising and being featured in the Waterline News over many years, we appreciate the enormous hours that Roger Clark put into each edition and the impact it had keeping the Waterline communities informed and connected."

The importance of the Community Grants Program, and its support of the Bass Coast community to enhance services and facilities, was demonstrated by the large amount of applications received in Round One.

Applications for Round Two of the program are now open and will close on Friday, 9 August.

For more information about the Community Grants Program, or to apply for Round Two funding visit www.basscoast.vic.gov.au/grants.

Bass Coast Shire Council is continuing its eNotice campaign to encourage ratepayers to sign up for emailed rates notices.

Introduced in July 2018, eNotices give ratepayers the option to receive their rates notice via email, instead of in the post. And, for each ratepayer who signs up to eNotices, Council will donate \$1.00 to the Bass Coast Biolinks Project. Bass Coast Shire Mayor, Cr Brett Tessari said Council has had a terrific response so far.

"To date, around 3,000 ratepayers have signed up for eNotices," Cr Tessari said. "This has created considerable savings, both in terms of money spent on printing and postage as well as the impact to the environment."

As a result of the eNotice campaign, funds have recently been used to support the planting of more than 700 native plants at the entrance of the Wonthaggi Rail Trail, opposite the Wonthaggi Wetlands. The Bass Coast Landcare Network assisted Council with this planting, and will plant the remaining native plants in other identified Biolinks areas.

The Bass Coast Biolinks Project aims to increase the amount of native vegetation cover across the region and form wildlife corridors. There have been 200 Biolinks identified by community members and landholders across the Shire. Groups are preparing for a big planting season this year, with around 400,000 plants to be planted.

Contact Council on 1300 BCOAST (226 278) or (03) 5671 2211 or email rates@basscoast.vic.gov.au.



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3rd Tuesday each month 10.am, except June July August & September

Phillip Island Lodge No. 512 Meets Phillip Island Masonic Centre, Church Street Cowes
2nd Wednesday except June July August

Membership & visitor enquiries - Glen Richards 0419518351

The French Island News

The French Island News

FRENCH ISLAND COMMUNITY ASSOCIATION

Tankerton PO
French Island, Victoria 3921
secretaryfica@gmail.com

EMERGENCY SERVICES

There is no regular police presence or ambulance service on the island. French Island has a Country Fire Authority (CFA).

There is one fire engine stationed permanently on the island. CFA volunteers are able to respond to any kind of emergency. Calling 000 is always the best option in an emergency.

NURSE ON CALL

For non urgent health issues islanders may utilise the Department of Health's Nurse on Call service: 1300 60 60 24

AMBULANCE SERVICES

Ambulance Membership
Membership Enquiries 1300 366 141 (Mon-Fri 8am-8pm, Sat 9am-5pm).
Membership is advised as Air Ambulance is used from the island. If local support is required ask Ambulance to request CFA support on the island.



POISON INFORMATION HOTLINE

131126



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Make French Island your next weekend getaway destination, with a free shuttle bus service on weekends and public holidays from the Ferry to the Store your transport needs are taken care of. At the Cafe there's an extensive menu, bike hire available, accommodation and locally made and grown products for sale. You can cycle your way around looking at Koalas and enjoy a day of adventure or cosy by the fire in the cafe for a relaxing lunch.

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289 Tankerton Road, French Island, 3921
(03) 5980 1209

FRIENDS OF FRENCH ISLAND NATIONAL PARK (FOFI)

Secretary: Meredith Sherlock.
Phone 0438 077 329 Email: secretary@fofi.org.au

FOFI Project Days

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More details - www.fofi.org.au

French Island Landcare

For more information on all Landcare activities contact filandcare@gmail.com.

Landcare Nursery

Volunteers are always welcome at the nursery on Wednesdays from 10am to noon.

Contact - Glenys 0437 914 663



or Judith 0412 178 617

FRENCH ISLAND FERRY



<http://westernportferries.com.au/>
BARGE

Spirit of French Island operate a vehicular barge from Corinella on the eastern side of Western Port to the barge landing on French Island. It accommodates two standard size cars or a larger truck.

It is advisable to book as far in advance as possible, as the barge schedule and availability is limited by times and tides. As a guide, the barge runs approximately every half hour for a few hours either side of high tide.

Foot passengers can take the barge but they should arrange transportation at either end as there are no other facilities.

For information about fees and to book the Barge, call 0428 880 729.

French Island Visitor's Guide

Christine Dineen's French Island Visitor's Guide is a fantastic publication we visit all too infrequently. Detailed map included is a great reference, for visitors to the island, and anyone who has an interest in the local flora and fauna.

Available at the French Island General Store, or you can obtain a copy from the author:

Christine Dineen



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Notices for the French Island section of The Waterline News should be sent to: waterlinepublishing@gmail.com

Landcare

Landcare is a community-based movement that began in Victoria in 1986, when Joan Kirner, then Minister for Conservation, Forests and Lands, and Heather Mitchell, then president of the Victorian Farmers Federation joined forces to create what was then called Land Care.

It now involves thousands of Victorians and more than 600 groups working together to shape the future of our land, biodiversity and waterways.

A group of farmers near St Arnaud, in central Victoria formed the first Landcare group. For these farmers, it made sense to work together to tackle their shared environmental problems.

The movement has grown from this to the adoption of a broader focus on sustainable management of all of Victoria's natural resource assets. It now encompasses individuals and groups across the whole landscape from coastal to urban and remote areas of Victoria.

The Landcare movement became national in 1989, when Rick Farley of the National Farmers Federation and Phillip Toyne of the Australian Conservation Foundation, worked with the Hawke Labor Government to create the National Landcare Program.



The Bass Coast Landcare Network consists of ten Landcare groups that service over 850 members from farming families, urban residents, agencies and corporate partners.

Being a part of Landcare is a way to help our environment, wildlife, farmers and community. Landcare people range from retirees to families, surfers to farmers and business people to students. United by a shared desire to create positive change in their local community and environment, these individuals recognise that collectively their efforts have greater impact.

The success of Landcare is due in part to its grass roots philosophy. A Landcare group usually starts when community members with common objectives come together to tackle a local environmental issue, for example, weeds affecting

agricultural productivity or the protection of an area of remnant native vegetation.

Groups work together to develop their own priorities and projects and are often supported through this process by a Landcare network and their regional Catchment Management Authority. Groups apply for funding from a variety of different sources including local, state, and federal government, and corporate and philanthropic organisations to support their work.

Generally, committees oversee a group's operations, apply for project funding and organise activities like community workshops or tree planting. Increasingly, Landcare groups are also collaborating to form Landcare networks that take a more regional approach to environmental issues and coordinate activities to achieve catchment wide outcomes.

These Landcare networks also provide a community link to all levels of government and industry for financial support and information.

The success of the Landcare bottom up approach can be attributed to the inspiring contributions made by the passionate individuals who make up Victoria's and Australia's Landcare movement. Their sense of stewardship, enduring commitment and deep appreciation for our natural environment is why Landcare exists today. Landcare's people are its greatest asset.



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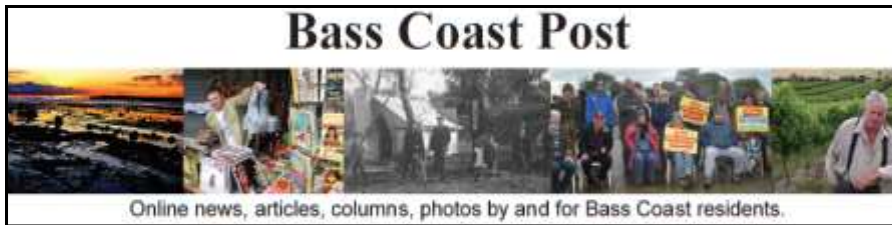
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The Mouse That Roared, By Catherine Watson

THE blood test was a mistake – my fault, I walked straight into the vet’s trap – but you could say it helped to bond me and my cat, Mouse.

Not before time. Mouse and I had been sharing my house for six months while leading very separate lives. She’s old and deaf. It’s been difficult to find common ground.

Mouse sleeps a lot and when she’s not sleeping she’s usually complaining, about the food or the house or the temperature or the company. It’s hard to tell. She complains in a hideous yowl. I guess, being deaf, she doesn’t know how bad she sounds.

I took her on because her owner had gone into a nursing home and she was going to be put down. It took me a couple of weeks to work out that she was deaf, which explains a lot of her behaviour. She’s always on guard. The first time she saw my dog Charlie, she flew at him screeching and flailing like a kung fu fighter. He took off and hid under the house. To this day they have a wary relationship, although she has at last stopped attacking him. I sometimes catch her frowning at me.

I took her on with the understanding that she was on borrowed time. I would feed her and house her but I wasn’t going to spend a lot of money on veterinary care to keep her going. I had watched as unscrupulous kiwi vets ripped off my trusting mother for years. So I was on my guard when I had to take Mouse to the vet. She started peeing blood and was in obvious discomfort. We were staying in the city at the time. I managed to get an appointment with an inner city vet, which I knew would mean big bucks.

The vet is capable, experienced. I explain that Mouse is deaf. “Really?” the vet says sceptically. She claps her hands to test. Mouse doesn’t react at all but I jump back because her clap catches the tip of my long nose. “Sorry,” says the vet. “I’ve never done that before.”

She takes Mouse’s details then pokes and prods her to check for swelling. Mouse yowls, but not too badly, then pees on the examination table, which is good because it means a test sample. The vet says it’s

probably cystitis, brought on by stress. She’ll give her a long-lasting antibiotic and that should clear it up. She checks Mouse’s mouth and says she needs some dental work. I say that while she’s anaesthetised I’d like to get her very long nails clipped as I think they’re hampering her walking.

“No need to anaesthetise her for that,” the vet says. “I can clip her nails today.” I’m impressed.

A nurse comes in with the urine test result. There’s blood in it and a high level of protein. The vet looks concerned. It could mean Mouse has an underlying kidney disease, she says. They’ll need to do a blood test to find out, then they can decide what to do next. It’ll mean changing her to a low-protein diet: Hills Kidney Diet and Royal Canin Renal Food. They stock it here. But let’s get the blood test done first.

“So,” she tots it up, “consultation, urine test, antibiotic, blood test. About \$330 today. Are you comfortable with that?”

I nod unenthusiastically and immediately think “You idiot, Catherine. *Not* the blood test!”

The vet continues: I’ll need to book Mouse in to get her teeth done. That’ll be \$700-800, including a night in hospital. If they need to do some extractions it’ll be around \$1000.

I smile back as if to say it’s only money. What I’m really thinking is I’ll take her to my local vet, the only vet I trust. He diagnoses on the basis of observation and most likely cause first before ordering blood tests for obscure diseases such as elephantiasis, thereby saving his clients lots of angst and dollars.

The vet gives Mouse an antibiotic jab for the cystitis and then calls in a nurse to hold the cat while she clips her nails. The nurse wraps Mouse tight in a towel, leaving one paw poking out. “Good luck,” I say. They smile confidently.

The vet grabs the loose paw and lines the scissors up with a claw. All hell breaks loose. Mouse writhes and screams. The vet puts the towel over Mouse’s face so she can’t see. Mouse shrieks more loudly. The nurse loses her grip.

The vet glares at me. “This must be upsetting for you,” she says. “Would you like to wait in the waiting room?”

“No,” I say. I wouldn’t miss this for anything.

The nurse tries to grab Mouse by the scruff of the neck but Mouse is so tense there’s nothing to grab. She wraps her in the towel and they try again. But Mouse is a hissing, shrieking, wriggling ball of sinew and she’s soon free. “OK,” the vet says. “Perhaps not today.”

Mouse 1-0, I think.

The vet says she’ll take the blood sample now but she’d rather I went out of the room. This time she calls in two nurses. I can hear a bit of yowling from the surgery but I’m not paying too much attention. It just sounds like the noise Mouse makes when she attacks the dog or wakes up feeling grumpy. I read the labels on the very expensive cat food. The renal diet’s the most expensive of all.

“Mum, what’s that noise?” says a young boy waiting with his dog. I zone back in. Blood-curdling cries are coming from the surgery. The boy looks ashen. The receptionist tries to comfort me. “It’s probably worse than it sounds,” she says doubtfully. It sounds like a mob of blood-crazed lions ripping apart a herd of panicked zebras.

At last the noise subsides. I see the vet and nurses heading out the back. One of the nurses is cradling Mouse in the towel. I’m amazed to see her looking so peaceful. It’s wonderful the way trained people can calm an animal.

The vet comes back in to me. “Now there’s nothing to worry about,” she says. “Mouse got a bit over-excited. We’re giving her oxygen.”

“You mean she fainted?”

“She might have a weak heart,” she says. “We’d have to do more tests ...” She’s fiddling with a blood vial. “I don’t know if we got enough blood. I wouldn’t take blood again unless she was sedated.”

So consultation, urine test, antibiotic, one nail, half a blood test. All up \$330. She gives me a pamphlet for Feliway, a cat-calming pheromone and strongly advises me to buy some.

Mouse is now back home and looking quite perky. Maybe it was the oxygen. Mouse: 2-0, I think. It’s hard not to feel a faint thrill of pride in *my cat*.

Perhaps Mouse and I are beginning to bond at last.

Books and Writing



MISPLACED IN EUROPE

An e book by

Lauraine McDonald (pic below)

A journalist heads overseas with a partner to work on a yacht at Monaco as Skipper and Hostess. Despite a deteriorating relationship with the partner, her background as an adventurous journalist and a yacht owner makes this book absolutely fascinating reading.

She introduces readers first hand to the alien culture of the very rich, their incredible generosity coupled with their very mean streaks, and their odd mentality about female submissiveness.

Armchair travellers are going to love it because it is so detailed and descriptive about Monaco and the surrounding countries.

Yacht owners are going to recognise the adventures and challenges caused by the normal disasters of yachting. The yacht is a protagonist in its own right, big, beautiful, expensive and not that efficient.

The food cooked and eaten overseas is an education for Australian tastes, and Lauraine's favourite recipes are listed through the book. Adventurous cooks are going to gloat over the recipes, successfully first tested on the employers.

This is a book to entertain all readers.

Review by Margaret Pearce.



WHY I RUN



My best friend asked me why I run. Every day when I wake up, my very first thought is about the sunrise. "Is it light enough yet?"

If it is a running day I am straight out of bed. Dressed. Looking outside. Waiting for the first crack of light. The dog, Pocket, watching my every move, wondering if he can come too.

I hate the dark. I lace up my shoes on the veranda. Freezing, yet excited about the run. Hoping for some light, I walk up the driveway. Turn on my watch, wait for GPS. Hear the dog breathing, watching for the moment I break into a run. I talk to Pocket, though I can barely see him.

End of the driveway, at the white post, I hit start. Watch vibrates, my heart sings. Every single time. First 300 metres is in forest. So dark. I hate dark. I mostly forget to breathe. I hear wildlife, kangaroos thudding away from me.

350 metres up the road, it is lighter, less trees. I gasp for breath. I feel my legs. I feel my whole body.

I hear the dog running next to me. And we are off. Running past my folks, up the small hill. Running. Just feeling my body. I can hear my breathing. I run and every 1k my watch buzzes and I look at it fleetingly. Then I just run again. I turn right and head up and up. I can smell the forest. I pass no one. No cars. Just me and the dog. At 3k I turn around. Dawn is approaching. I can see my breath now, it is that cold. It makes me smile.

I head back. Laughing quietly if the dog is breathing louder than me. 1k to go, I always speed up. Love my last km. Gotta go faster.

Almost light now, I can see the beauty everywhere I look. I can hear kookaburras and my breathing. 200m to go. Time to sprint to my driveway. Dog loves it. He is almost smiling as I run as fast as I can. His ears are flying. Boom. Hit my watch to stop. Lean over. Can't breathe. Smiling my head off.

Two mins meditation at the end of the drive. Something I learned in Thailand. It ends with wishing my enemies nothing but good. The forgiveness makes me smile every single time.

Feel bullet proof as I walk to the house. Ready to start the day. That, my friend, is what running means to me. Even just typing this has made me happy.

By Allison Jones

CHRISTCHURCH

Does anybody ever wonder
If the bigot, the white supremacist
The terrorist
So proudly advertising
Their martyrdom

Would be so courageous
Facing returning fire
From experienced soldiers
Instead of unarmed children
And civilians.

The politicians chorus their
Sympathy and condolences
The police so politically
Correct name the murderers
As alleged.

Ignoring filmed evidence
And body count
Are long drawn out
Taxpayer funded trials
grief therapy

Grief stricken survivors
And victims
Would be more comforted
With the justified bullet to
The callous brains.

The Jewish carpenter said
'Render unto God
that which is God's'
And to Caesar
that which is Caesar's'.

In whatever country
Worship God
As your soul commends
Obey your country's rules
And live in peace.
©Margaret Pearce



Maru Koala & Animal Park



Shearwater Migration

Every year from September an estimated one million Short-Tailed Shearwaters, also known as Muttonbirds, arrive at Phillip Island for their summer breeding season. Phillips Islands colony of Shearwaters is the largest in Australia and makes up about eight percent of the migratory bird populations that visits Australia.

Over the summer they live in underground burrows, often mistaken for rabbit burrows, in the sand dunes. Every year thousands of Short Tailed Shearwaters are born on Phillips Island. Shearwaters only breed once a year and lay one single egg. While some birds have been known to live to nearly forty years old, numbers of Shearwaters are dropping due to habitat destruction and marine pollution.

During April and May the Shearwaters will take off for a 16,000 kilometre journey to islands on the coast of Alaska. Adults are the first to leave and make the trip, chicks are left behind until they grow their adult feathers and begin their migration weeks after the adults. But the first flight can be difficult for first timers, meaning young Shearwater fledglings often crash land on roads around

Phillip Island and the surrounding areas. This season 173 chicks were killed on the roads, and another 203 chicks were rescued from the road by volunteers.



To help these special birds in their incredible flight the lights on the San Remo bridge are turned off as the bright lights can attract the Shearwaters to the busy road. Signs are placed to ensure visitors and locals to the island know to drive safely during migration times.

Any injured or lost Shearwaters, or any other wildlife, can be reported to Wildlife Victoria. Maru also runs a wildlife shelter which can take in injured wildlife.



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Have Your Say



When it was announced I had to relinquish my role as Publisher and Editor of The Waterline News, I was asked to consider writing some recollections of the past five years at the desk.

Preparing this first item, the thing that jumped straight into mind is how difficult it is to cater for the needs of almost one hundred community groups mentioned in each edition.

Last month we had 56 community groups in the directory, 13 markets, 7 Op Shops, 4 Community Centres, plus support groups, sporting clubs etc. and a number of one off community announcements that may look like paid advertising but generate no income.

It's Time

My love of the "Waterline" should be obvious to all and the success of The Waterline News has come as a result of my total commitment.

Five years ago, I asked many people, what is the Waterline? Without one definitive answer I was left to my own devices, I did what I thought was the best I could, but don't think I got even close to seeing the real result I would have liked to achieve.

Without knowing what enough people really think, it is my firm belief that the "Waterline" misses out on a lot of resources and development, because we try to set our targets far too widely.

Take Conservation and Environment, for example. When Commonwealth and State Governments, and local councils are looking to spend what resources they have, we should be looking at a "Waterline" pool, not individual committees and groups all in the same area.

The University of Melbourne recently undertook a program on mangroves in the area and called public meetings in the area, on advice, at Grantville and Lang Lang, I believe.

Not one person turned up at Lang Lang.

If we are looking to achieve success with anything like this, in the future have just one well planned meeting, and let it cover the "Waterline"?

Now is the time to tell us what you think, I am merely an observer and am bowing out, so my challenge is for someone to pick up the baton and run with it.

Letters to:

waterlinepublishing@gmail.com

Time to rethink?

My thoughts, outlined here cover a wide range of areas.

Success in the future depends on groups working together on projects to produce a better outcome for all.

Towns like, The Gurdies, Pioneer Bay, Grantville, Corinella, Coronet Bay and Bass are simply not big enough to have separate Committees for a lot of things.

Criticism on voting day recently when there was no "Sausage Sizzle" at Grantville on Federal Election Day.

Not one group in Grantville could muster enough supporters to run a Sausage at the polling centre in Grantville, which over the years has previously raised thousands of dollars, it takes more than you would think.

Disappointing, yes, but let it serve as a poignant reminder that we live in a small community and we all need to work together, to make it the great place we love to live in.

Roger Clark.
Former editor,

The Waterline News



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Annual Budget adopted

Bass Coast Shire Council adopted its 2019/20 Annual Budget and revised Council Plan 2017-2021 at its recent Ordinary Council Meeting. The Draft Budget was made available for public comment following the April Council Meeting, and 35 submissions were received. In response to submissions from the community, there were several changes recommended for the final 2019/20 Budget. Changes include:

\$50,000 to start planning for the upgrade of Shetland Heights and Potters Hill roads in San Remo.

Funding of \$30,000 to address wildlife roadkill on Phillip Island.

Additional funding of \$17,500 for roadside weed management;

Funding of \$4,000 for the Island Story Gatherers to obtain professional consultation for their festival; and

Funding of \$50,000 to complete the design of the Norseman Road Improvement Plan.

Bass Coast Mayor, Councillor Brett Tessari, said the Budget shows Council is in a strong and sustainable financial position.

"Council can now get to work with the \$21.1 million Capital Works program outlined in the Budget, as well as other infrastructure projects across the Shire," Cr Tessari said.

"It is important to get the community involved with the Budget process – as the final result effects everyone – rate-payers, visitors and businesses," Cr Tessari said.

Cr Clare Le Serve
Western Port Ward
Bass Coast Shire

M: 0448 083 286 T: 03 5671 2155

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Our Environment



No. 1. April 2019.

Community Bulletin Nature-based Coastal Defences



Environment, Land, Water and Planning



We have two objectives in this project: To run a world-first field trial of temperate mangroves grown in purpose-designed pods to help coastal protection. And to engage with local communities and stakeholders to promote awareness of nature-based coastal defences compared to traditional solutions.



Altona



Grantville



Lang Lang

REEF DESIGN LAB

2018	Jun	Pod Design
	Jul	During the first six months of the project, our engineers modelled three designs to test the effectiveness of pods to reduce wave height and remain stable under wave forces. The models showed that the design that worked best was the one we call the "waisted planter".
	Aug	
	Sep	
	Oct	
	Nov	Community Open Houses
	Dec	
2019	Jan	Pod Manufacture and Deployment
	Feb	Since the start of 2019 we have been continuously manufacturing the waisted planter pods, producing 105 pods every 2 weeks! And with the help of volunteers, we have now installed 210 pods at Altona and Grantville and 105 pods at Lang Lang.
	Mar	
	Apr	



SCIENCE INTO ACTION



Mangrove seeding

We planted 564 seeds collected from Port Phillip Bay at Altona. It is early days, but 41 days post-planting, 21% of the seeds have grown leaves and are now seedlings. This is as expected at this stage.

Surprises and Setbacks

Normally mangroves produce seeds from December – February but the wild mangroves in Western Port Bay did not produce seeds this year. It is not unusual for mangroves to skip a year. However it means that we won't be able to plant mangroves at the Western Port sites until 2020.

What's next?

We are working on a second design for pods to trial later this year. This one is a bit easier to manufacture and is currently being tested by our engineers.



For more information:
rebecca.morris@unimelb.edu.au



Cranbourne Shire Historical Society
Polly Freeman - (03) 5998 3643
pauline.freeman2@bigpond.com

Inverloch Historical Society
PO Box 46 Inverloch 3996
5674 1386
Email:
secretary@inverlochhistory.com

Koo-Wee-Rup Swamp Historical Society.
Heather Arnold 0407 521 637
harnold@dcsl.net.au

Korumburra Historical Society
Secretary Janet Wilson
0409 248 603
Janet.wil@outlook.com

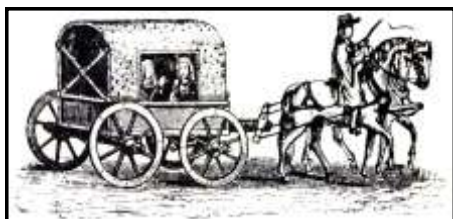
Lang Lang & District Historical Society
Secretary Peter Hayden 5997 5114
ralph6@dcsl.net.au

Phillip Island & District Historical Society
Contact 5956 8501,
history@waterfront.net.au



Railway Station Museum
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Irene 03 5672 1830
wonthaggihistosoc@dcsl.net.au
Secretary: Opening hours:
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Saturday 10am-2pm

The society meets at 7.30pm on the
3rd Thursday of the month at the
museum



Libby's Corner
 with Libby Skidmore
 Historian
 Bass Valley Historical Society



A WESTERN PORT BEACH

BY ROBERT H COLE

THE ARGUS

SATURDAY 18 OCTOBER 1924

Old maps of Port Phillip District show Corinella, a township on that portion of the mainland which after jutting out into Settlement Point and towards the southwestern extremity of French Island curves away to the south and to the east. For about three miles eastward the coastline is curving slightly and is characterized by steep descents to a beach wherein ironstone figures largely. This, however ends at Tenby point, so named by a Welshman to memorise a village in the principality whence he came. At Tenby a pier sadly bereft of its planking runs from shore to deep water over the ironstone. It was built in order to help the settlement of Tenby by lovers of this beauty spot. If so, it has so far failed! On the hill above the point are to be seen the veteran survivors of an orchard and garden of great size, many ornamental trees, and an avenue of Pinus Insignis. Here is an enormous olive tree with a massive bole, and an oak covering a space of 60 feet in diameter and a Norfolk Island pine as stately as any in our Botanic gardens. However beautiful Tenby is and was, and no visitor can deny its beauty, no habitation is there now, and under the trees graze sheep and cattle undisturbed, and the rabbit fondles his harmless face over his burrow in the cliff side. Passing on from Tenby round the point and curving southward is a little bay, its half moon extending four miles to Grantville where it turns northward. Here at Tenby begins a belt of high mangroves which once entirely lined the bay. They still survive along the shore for two miles below Tenby. Then begins a sandy beach. A pier marks this spot and for a mile beyond the pier sand has displaced the mangrove and the mud. Judging from the aspect of this spot today, its remoteness from the busy haunts of men seems almost as great as on the day when Strzelecki broke through the dense scrub of western Gippsland and reached Port Western. Much however has happened to the bay since that day!

To be continued. *Libby Skidmore*



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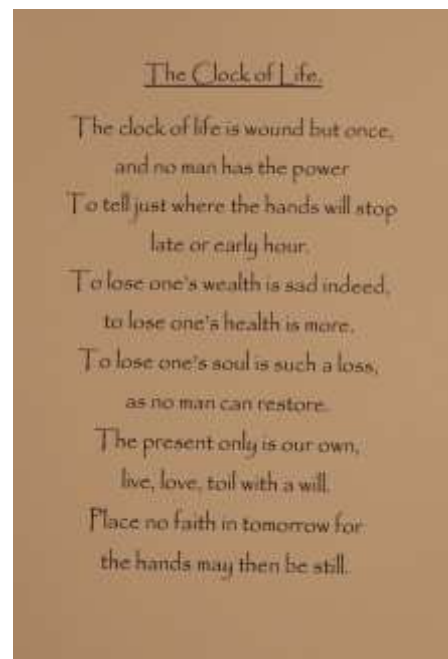
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History

What was happening in Krowera

The Argus, 14 March 1935 Stamp collectors should be interested in the activities of the Lyre Bird Philatelic Exchange, the objects of which are explained by the director (Mr. J. White, jun., Krowera P.O., Victoria) as follows:—"In all countries of the world there are stamp collectors. It is the aim of the Lyre Bird Philatelic Exchange to bring the philatelists into touch with each other, so that they may exchange stamps and increase their collections for the cost of postage only. By having correspondents in different countries a stamp collector is able to get the new issue of stamps as they are issued. The Lyre Bird Philatelic Exchange has members in Japan, Manchoukuo, Jamaica, United States, Canada, British Guiana, Mauritius, Java, Egypt, and in many other lands. Wants and wishes of members are printed in the Exchange quarterly magazine, which is sent free to all members. The exchange controls an efficient sales circuit, through which members can sell their duplicate stamps. Collectors wishing to join can obtain application forms from the director."

The Argus, 20 July 1946, page 9.

REARING HEIFER CALVES

Sir: I read with dismay of the Labour Government's offer to dairy farmers to rear 350,000 heifer calves at £5 per head, set for 1946. If it thinks that this offer is going to stimulate production of the number required it is due for a fall. Does the Government realise that the dairy farmer, his wife, or family, feed these calves twice daily, seven days a week, four weeks in a month, and at least four months to make any kind of a job of them? Does it put their labour down at slave rules? If millions of pounds are wanted for shot and shell, this Labour Government can get it without delay, but if the man on the land requires money it is always cut to the backbone and he is left to plod on as best he can. If the Government wants to get anywhere with

its appeal it should make the offer more attractive – say £10 per head.—BOB WILSON JNR (Krowera).



The Argus, 1 March 1939, page 10: Cloque Satin Gown.

The wedding was celebrated recently at Krowera Presbyterian Church, South Gippsland, of Annette Cunningham, eldest daughter of R. J. Wilson and the late Mrs. Wilson, of Clover Hill, Krowera, and Mr. John Laver Shipp, youngest son of Mr. and Mrs. T. Shipp, Bena, South Gippsland.

The bride, who was given away by her father, wore a slim-fitting gown of dull figured cloque satin. Her tulle veil, lent by her sister-in-law, was caught by a coronet of orange blossom and lilies. The bridesmaid, Miss Fanny Maddox, of Sydney, wore a frock of apricot georgette. Mr Jack Mackie, of Korumburra, was best man. A hundred guests were entertained at a reception at Clover Hill. Mr. and Mrs. Shipp will live at Geelong.

Weekly Times, Saturday 22 October 1938, page 54.

Quick Glen Alvie Scoring

This time last year Krowera cricket team figured in a record scoring afternoon for the Glenalvie Association, making 129 to Burndale's 166 in a little over three hours. On Saturday, Krowera broke that record, and as well figured on the winning list, with a score of 3/235 against 124 by Kernot - a total of 359 runs in 3 hours 50 minutes. Jones 102 n.o. and Uren 69 (ret.) hit hard for the winners.

Glen Alvie, with 134 (Cam Berry 45, J. Orchard 27 n.o., A. Noble 25), defeated Burndale 57, Orchard completing the collapse with 5/26 – a good day for himself and team. Woodleigh defeated Loch, while Blackwood had the call over Colts. In the Outtrim Association, Moyarra who made 129 (O'Sullivan 54, Williams 41), are in a good position against Korumburra South 1/14.

Weekly Times, 9 October 1937, page 72: Quick Scoring.

Nearly 300 runs in a trifle over three hours rewarded the enterprise of Burndale and Krowera batsmen in Glenalvie Association opening round of one-day matches. Burndale's 166 was aided most by H. Yann's 76, and G. Jenner's 51. J. Uren was Krowera's best bowler with four for 21. Krowera made 129, J. Richie 41 and L. James 31 being top scorers. G. Smith, who was presented with the Hewson fielding trophy, obtained four for 8.

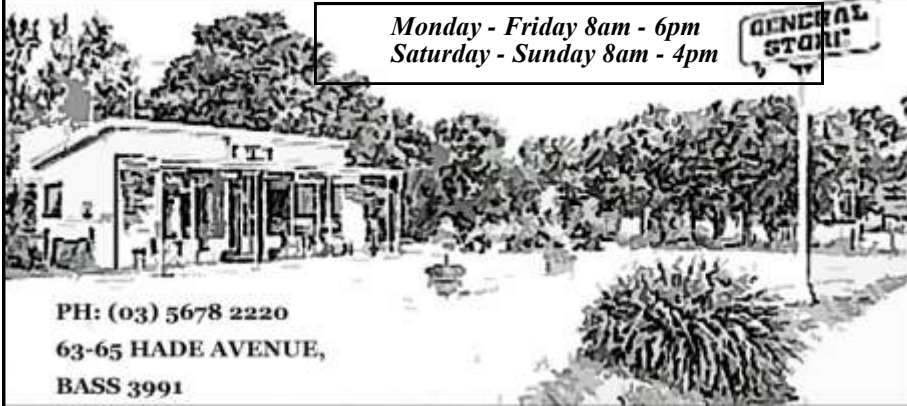
The Argus, 24 August 1953, page 7: Krowera builds new hall.

Krowera residents, in a self-help drive, have almost completed building themselves a new public hall. They raised about £1,000 for materials, and, as the men of the district have done the work themselves, labor costs have been avoided. A bulldozer was burrowed to level a site near the Krowera State School. The new hall, with supper and cloak rooms, has been erected mainly by Saturday afternoon working bees



Research by Geoff Guilfoyle

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QUIZ?

This Quiz is based events and birthdays from the month of July.

What is the birthstone for July?
 Which Apollo 11 astronaut **didn't** walk on the moon?
 In which year was The American Declaration of Independence made?
 What is the American National Anthem?
 Who wrote it?
 Born in July 1940, which actor played Captain Picard in Stare Trek, The Next Generation?
 In the modern Olympics, what was the first year that women could compete?
 For what were the astronauts of Apollo 15 officially reprimanded?
 Who was the first Governor of Victoria?
 Who was the first Governor General of Australia?
 Which Australian poet and novelist was born on July 1st, 1885?
 Which musical is based on the events of the French Revolution?
 The jaw bones of which type of mammal were washed up in 1923.
 What was the original, Roman, name for July?
 Who is the Roman Emperor commemorated by July?
 Which German car manufacturer purchased Rolls Royce in 1998?
 What was the name of the first cloned sheep?
 Who did Prince Charles marry in 1981?
 Who recorded "I Want You, I Need You, I Love You"? in 1956.
 How many questions are there in the Waterline news Quiz every month?



THOUGHT FOR THE MONTH

Winter is here, cold winds blowing and much needed rain swirls and wets everything in its path. This is also the season where many struggle to include heating costs into their small budgets. I recently met a young person just arrived from Queensland, trying to make a new start, but without any means whatsoever. There were no warm clothes, no money for firewood and his family was in the same situation. We feel so helpless and frustrated not to be able to give what we know needs to be done to improve things, if only for the winter months.

Contemplating my options, sitting in sun that poked its head out of the clouds for a short while, I noticed a lesson unfolding in my garden.

One of my old trees, lying heavily to one side, never to be upright again but growing anyway, was being supported by a much smaller shrub. The sight of this whispered a clear and simple message into my thoughts of how to help this young man and his dad in their struggle.

You see – the smaller shrub could never really hold the weight of the much bigger branch without help in the long term, but right now it was able to help by simply supporting the branch until better help was available.

You may know folk who could do with a little support. You don't have to be as big as they or their problems are but you can make a difference by your support. - **REVIL**



ETHICS

Here's a chance to exercise our brains and talk about important issues.

An ethics discussion group has been meeting in Wonthaggi for over 2 years. The group has grown and evolved over time to become a friendly (sometimes heatedly so) discussion forum on various topics of ethical interest.

Everyone is welcome to attend. Each session has a volunteer presenter who introduces an ethical issue for the group to debate and discuss. Past topics have included issues such as ethics in charity & fundraising, warfare, assisted dying, aged care, drug laws, patient confidentiality and many more. It's a great opportunity to consider our values and the influences on our day to day lives.

The latest session was on the ethics of diversity. We discussed what a diverse population and society consists of and the problems that can be generated.

We also talked about the validity of quotas as a method of encouraging diversity (for example, should large companies have quotas for the number of women at the highest level, and so on), versus a purely merit-based selection system.

One great feature of the group is that people sometimes leave with different ideas about once solidly held beliefs.

These issues are so complex that it's worth tweaking and testing our thoughts and opinions from time to time.

Upcoming sessions include ethics of class, ethics of inheritance & ethics of welfare. Future topics and dates are available at Wonthaggi Library, Murray St Wonthaggi.

Phone: (03) 5672 1875

QUIZ ANSWERS

1. Ruby. 2. Collins. 3. 1776 4. The Star-Spangled Banner 5. Francis Scott Key 6. Patrick Stewart 7. 1908 8. For smuggling 400 specially stamped and canceled envelopes to the moon and back 9. Joseph LaTrobe, 10. John Adrian Hopetoun, 11. Dorathia Mackellar 12. *Les Misérables* 13. Whale. 14. Quintilis 15. Julius Caesar 16. Volkswagen 17. Dolly. 18. Lady Diana Spencer. 19. Elvis Presley 20. Twenty

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Gardening & Outdoors



At this time of year, the last thing you feel like doing is standing out in the cold, wet and windy weather. Better to stay inside by the fire with a cocoa or a hot toddy, eh?

Don't be deterred. There is so much to do in the garden right now and a lot more to do in the garden shed. Get off the couch and put on the thermals, the beanie, a coat and your gumboots and warm yourself up with some winter garden love. Of course, the following is just a rough guide, and many of you will find your situation varies from the above listing due to microclimates created in your garden, location in relation to your nearest major city, extremes of weather and garden type. But the one thing that remains the same for all zones and regions is this: improve your soil by adding organic matter, mulch and no matter the season, we can all garden more sustainably all year round.

Tool Time

Why not head out to the shed, and sharpen, clean, oil and maintain your garden tools. Sounds tedious, but it's really rewarding, and will save you cash in the long run. Practicing tool hygiene will prevent the spread of disease.

Mulch your beds

Top up mulch on your veggie patches, herb gardens and ornamental beds. Choose sustainable, low environmental impact mulch, one that will enrich your soil as it breaks down. If in the southern states try to avoid Sugar Cane as it would have a high carbon footprint due to transport.

Green Manure

Green manure crops are good to go now... improve that dormant veggie patch. In cooler to temperate areas It's bare root season! Get your deciduous fruit trees in now, including apples, pears, plums, peaches and nectarines. Deciduous exotic trees can also be planted now.

There's still a bit happening in the veggie patch, especially if you love your brassicas. you could try spinach, carrots, sweet peas, broad beans, coriander and peas.

Animals

Animals can be voracious pests in the garden. When dealing with them don't fall for gimmicks such as fake predators, ultrasonic devices, stink sprays and the like.

The best defence against animals is a physical barrier of some kind, like a net or a fence. The trick seem to be to devise a workable solution that doesn't make the veggie patch feel like a prison farm.

July! Once the day's work is done, what a great opportunity to spend some time in front of the wood heater, cuppa in hand, thinking up the next plan.





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Art, Books & Writing

Vale, Roger Clark

It is with immense sadness, The Society of Women Writers Victoria farewells Roger Clark, a great friend.

Shortly after he started up *The Waterline News*, this remarkable person with the vision to set up his own independent newspaper and the ability and commitment to do so. Roger approached me for contributions to an Arts, Books & Writing section that he wanted to set up. When he couldn't find enough writers locally to fill his needs, I offered to approach fellow members of the SWWV to contribute poems, short stories, articles and book reviews.

Members embraced the idea. Working with Roger proved to be a mutually beneficial relationship. Many members welcomed the chance to be published in such an attractively presented quality print publication and publication. Not only that, they were able to work with an encouraging and supportive editor who showed he appreciated their work and who gave them feedback.

In January, 2018 when Roger was shortlisted for the Bass Coast Citizen of the Year for his huge contribution and commitment to the community, members were delighted to learn of his success.

At the awards night, Roger publicly and generously thanked the society for its support. He said contributions from its members to the Arts, Books & Writing section of *The Waterline News* had led to it becoming 'one of the most popular segments'.

In its nearly six years of life, Roger's newspaper has grown from 12 pages, including two colour pages, to 48 pages, including 12 pages in colour in the print issue and all pages in colour in the On-line issue.

Roger, congratulations on your success, thank you for including us on your journey and a fond Vale from us all. You have left the community a great legacy, one you have ensured will live on. Deepest sympathy to Vicki and family and to all those who have loved and supported you in your journey.

Meryl Brown Tobin on behalf of The Society of Women Writers Victoria



Further Tributes to Roger Clark from Individual SWWV Members

Betty Caldwell: It was mid 2015 that Meryl Tobin suggested I submit to *The Waterline News* a couple of articles that may prove suitable for publication. To my surprise Roger was delighted with my contribution and requested a continual supply. It was disappointing to me that I never met him, a sick man during most of our postal contact but I feel he was a wonderful inspiration to us all. Now with his suffering at an end, I join with all who knew him in saying "Thank you, Roger, may you rest in peace."

Nalini de Sielvie: Roger Clark really was an exceptional person. I really appreciated what he did for me [publishing my work]. *He was so helpful and supportive whenever I sent him my contributions.* Also, I didn't know [until a long time afterwards] he had read my book [*Thistles in the Wind*] and then written the review of it. It was so good of him, and I wrote and told him so. I am pleased that his good work will continue, as it is a great way for the community to be connected. My thoughts and prayers are with Roger and the family.

Razmi Finn: It is sad news. He was a determined person, managing to wrap up *The Waterline News* and selling it while he still had the wherewithal. At the moment I don't think I can write a tribute. All I can say is that I am appreciative, as a writer, to have a place to share my work, and Roger created that place.

Maree Silver: Although I didn't meet Roger in person, many emails went back and forth between us. He was a friendly man who loved to publish items of interest covering all fields, including articles, stories and poetry. Although I did have an occasional poem published myself, my contact with Roger was to send him articles each month written by my prolific friend Betty Caldwell who doesn't own a computer. I typed them up into Word and emailed them in time for inclusion in each *Waterline News*. This arrangement worked happily for quite some years and I began to know a little of the interesting man behind this mammoth monthly publication. I along with others was saddened when hearing that he was so very ill that he had to relinquish the ownership of his paper because he could no longer oversee its production himself. It was with a very heavy heart I read his goodbye to all his readers in the May 2019 issue. We were in email contact until right up to the time that he sold *The Waterline News* to Geoff Ellis who has most capably taken over from Roger. May his wife Vicki feel the support of all his readers in her loss.

Margaret Pearce: That is extremely sad and depressing news—I feel for his wife and would like to extend my most sincere sympathy to her.

Roger must have been a very gutsy and determined human being to keep working until he couldn't. So inspirational.

Collated & Submitted by:
Meryl Brown Tobin



The Island Story Gatherers Inc.



Committee



From left:
Vanessa Verzaci, Website and Social Media Officer; Samiro Douglas, Treasurer; Ian Tunnidge, Committee Member; Anne Davie, Committee Member; Julie Fuentes, Secretary; Lois Gaskin, President; Chris Flynn, Committee Member; Josie Kent, Event Co-Ordinator
Not present: Kay Setches, Vice President; Kylie Lindorff, Committee Member.

The Island Story Gatherers Inc. Phillip Island Festival of Stories 26-28 July 2019

www.theislandstorygatherers.com

This is our literary festival's third year. After the first year, I had people coming into the shop telling me that we had changed their lives.

A few weeks ago Channel 9 asked if they could include a very short notification of the Festival on Postcards. That struck me as a huge indication that we are being recognized for our modest little Festival of Stories and it brought tears to my eyes. We are also recognized on the regional Victorian writers' festivals map, which makes us very proud.

We are ON THE MAP!

Lois Gaskin



SHORT STORY SPECIAL

AN OLD COOKING TEACHER

BY Margaret Pearce

"I hate her and I hate cooking," my teenage daughter Janelle yelled as she flung her schoolbag across the room. "She is a sadistic pig and a destroyer."

"She reminds me of my cooking teacher," I agreed.

"Cheap cuts are just as nutritious as expensive ones," Janelle chanted. "No food goes to waste in my classes."

"Miss Gaul, my cooking teacher used to say the same," I said.

"Probably the same teacher," Janelle said. "The school probably dug Miss Haul out from her crypt to use because she is cheap and nasty."

"Maybe cooking teachers learn to teach cooking at the same place," I said. "But my cooking teacher would have gone to her reward a few years ago."

"I want to learn about Pavlovas and exotic foods not watery mutton stews," Janelle grumbled.

"Doesn't hurt to learn basic cooking," I said.

"She said my sponge cake sank because I didn't beat the eggs enough, and she doesn't believe in electric mixers," Janelle stormed. "How can anyone make a cake without an electric mixer?"

"Once upon a time everyone made cakes without electric mixers," I said.

"And we had to cook the cabbage up as a slimy muck," Janelle raved. "Don't think she's ever heard of coleslaw or curried cabbage?"

I put up with my teenager's hatred of her cooking teacher for the full term, and then the class settled to their sewing for the next term and life became more peaceful.

The years slid past. The children grew up and moved into work and marriage and motherhood. My life became less stressed. Once everyone was off hands I moved into activities with my Probus group and started to enjoy life, except for Janelle's usual disasters. She still worked part time and expected me to fill in with babysitting when her arrangements didn't work out.

"Mum, can you collect Jandy and her two friends this afternoon,"

Janelle's voice demanded. "They have to be picked up and dropped at the school where they are doing art, and I have to work this afternoon."

My granddaughter Jandy was a talented artist and seemed to have lots of extracurricular activities connected with her art.

"I've got bowls," I protested. "Can't one of the other mothers ..."

"You collect them at one and drop them across to the other school. Won't take you half an hour." Janelle as usual pretended not to hear my objections. "One of the other mothers is collecting them after school."

"I suppose," I said with a sigh.

Of course, they weren't around when I arrived at the school. I fumed as I waited and hoped I wasn't listed too early in the bowls tournament.

"Sorry Gran," Jandy said when she at last turned up with her two friends. "We had cooking and were kept back to finish cleaning the tables to Miss Jai's satisfaction."

"A sadistic pig," Bridget agreed.

"A destroyer," Jandy said.

"And she made us eat all these dead wholemeal fruit scones," Sarah moaned. "My stomach might never be the same."

"Your parents have paid good money for all this food and you will eat every mouthful," Jandy quoted. "My sponge cake went flat and didn't she carry on about me wasting money making bad omelettes."

"Mine used to say the same all those years ago when I went to cooking school," I sympathised as I started the car and turned it around to drive out of the school ground.

"Except those scones were real sinkers," Sarah complained. "I reckon there was lead in them to sink that flat."

"We even had to cook the same wholemeal fruit scones when I was at school," I remembered. "And they were real sinkers."

"Cheap cuts of meat are just as nutritional when cooked properly," Bridget quoted. "We had this ghastly tough mutton stew and I've got painful indigestion."

"Sounds exactly like my old cooking teacher," I agreed and for some reason the hair on the back of my neck lifted and I shivered.

"She's driving that little blue car," Jandy said. "Give way to her Gran."

"Must be heading somewhere to

make some other class a misery," Bridget said.

I stopped the car. The thickset woman with the white hair and piercing blue eyes under the white brows driving the small blue car glanced at us. The three girls gave sickly grins and waved to her. She inspected me more closely. I cringed down, suddenly feeling about fourteen again. Her white brows came together as she turned her stare to Jandy.

"Apples don't fall far from the tree, do they?" she snapped and accelerated ahead of me to turn into the road.

The car was an Austin A 40. I stared at the receding back of the blue car and shivered again, suddenly cold. My old cooking teacher Miss Gaul used to drive a small blue Austin A 40. It was too much of a sickening coincidence.

Miss Jaul looked a vigorous fifty year old, with her short springy white hair, small piercing blue eyes, and the thick heavy arms that could beat up light sponges and deliver a hard slap to the impertinent. Only her name couldn't really be Miss Jaul.

My shivering became worse. I felt ill. My Miss Gaul, the terror of my cookery class was alive and well and still teaching. She hadn't gone to her well-deserved rest all those years ago. I had just witnessed her driving her original car out of the school yard. Over sixty years she hadn't changed or aged at all.

She had kept on living and teaching cooking to my daughter, and then my granddaughter. Janelle had called her Miss Haul, and Jandy called her Miss Jaul, but it was the same woman.

She had stayed in the Education Department teaching for over sixty years, or perhaps she had taught cooking for generations even before that! She must change her name every twenty years. Was she a vampire? Except she was awake during the day. Did the Education Department approve of vampires? Perhaps they paid her in unwanted students instead of cash.

"You all right Gran?" Jandy's voice asked as if coming from a long way away. "You've got right of way you know."

I blinked, turned into the road and then headed across to the other school. That was the worst of having an undisciplined mind. There was probably a perfectly reasonable explanation for her staying power as a cooking teacher. There were no such creatures as vampires, and if there were they wouldn't be teaching cooking during the day.

CONT'D PAGE 36

An Old Cooking Teacher

.. Cont'd from page 36

"Yeah, they're getting a new cookery teacher next year," Bridget said. "Miss Jaul is retiring."

"And thank goodness we will be finished and away from it all by then," Jandy said. "She is so weird with all that sunblock she uses on her face and arms even when she's inside the school."

I shut my mouth firmly. Perhaps the cheese sandwiches I had for lunch had disagreed with me. I had to concentrate on not disgracing myself and throwing up. What if vampires could be out in the daytime if they used plenty of sunblock?

"So who will be the new cooking teacher?" I asked.

"Someone called Miss Kaul," Sarah said.

"For the sake of the new kids, hope she is better than Miss Jaul," Jandy said.

I concentrated on my driving. I had to make sure I got the girls to the school without having an accident. After I dropped the girls I decided to drive home to the refuge of bed and a strong cuppa. The bowls tournament would have to go on without me. Not that I believed in silly things like cooking teacher vampires. I just had an undisciplined mind and it was causing me to feel sick and scared - very sick and scared.

Margaret Pearce.

Remembering Aussie Icons

*I love Mackellar's sunburnt country
her land of sweeping plains.
her rugged mountain ranges,
her droughts, her flooding rains.*

How can I attain the heights
of early Aussie writing of renown?
I want to emulate our icons
who wrote of many an up and down.

I want to write like Banjo
of *movement at the station*
for word had got around—
a gem for a young Oz nation.

And don't forget our sweet Doreen
and Bill her Sentimental Bloke,
their courtship's a poignant reminder
not a sad nor silly joke.

Henry Lawson's *Drover's Wife*
is testament to horror times
as endured by women in the Outback
and preserved in stories and rhymes.

When I reread stories of their feats
I go back many years
and end up very quickly
in laughter and in tears

Meryl Brown Tobin.



Coming Back

Out of time
Out of date
Different space
Different phase

The moon is younger
So are the stars.
Streets of solitaire.
One violin,
A distant wave,
Oceans away.

Unfamiliar words,
Familiar glances.
Unknown towns
Bare fields.

Coming back
To see again:
The streets,
The houses,
The steps
Up the hill.

The way we loved
Listening to voices,
Out of time,
Out of space.

Judy Bartosy



36



37



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