



2014 BASS COAST BUSINESS AWARDS

Two Grantville businesses, Grantville Pharmacy and Hot Chic Charcoal Chicken, featured prominently in the recent 2014 Bass Coast Business Awards.

Grantville Pharmacy won the award for Business Excellence 0-5 employees sponsored by the Bass Coast Shire Council and Hot Chic Charcoal Chicken was runner up in the New Business award sponsored by the Victorian Government through Small Business Victoria.



Pictured at the Awards presentation night from right to left are Steve Kolacki (HCC), Michelle Fulwell (GP) Simone Kolacki, (HCC) Kevin Donnelly and Kat Cox (GP) with Claypot Restaurant owner Shirani Perera who was also a finalist, and Bass Coast Shire Councillor Clare Le Serve.

Winners of Awards on the night were **Aromatherapy in Action**, **Cowes Caravan Park**, **Sargeants Conveyancing**, Bass Coast, **Oaktree Boutique**, Wonthaggi, **Rhyll Trout** and **Bush Tucker Farm**, Chase Computers, Bass Coast, **Grantville Pharmacy**, **Wildlife Coast Cruises**, Cowes, **RECLAIMiture**, Inverloch, **Hot Chic Charcoal Chicken**, Grantville, **ArchiBlox**, Wonthaggi, **Phillip Island Tenpin Bowling and Entertainment Centre**, Cowes and **Ripples n Tonic**, Silverleaves,

Wildlife Coast Cruises was the major winner on the night taking out three awards.

GRANTVILLE CELEBRATES NEW ARRIVAL



Chris and Kat Cox with new arrival Quinn Amethyst Cox

Great excitement in Grantville on the weekend of August 30-31 as news filtered through of the much anticipated arrival of baby Quinn Cox who was born at the Wonthaggi Hospital at 9.20am on Saturday August 30 weighing in at 3.6kg and measuring 50cm in length.

Proud parents Chris and Kat are shown here showing off baby Quinn last week. Kat is also featured in the photo to the left just a week earlier at the Bass Coast Business Awards night as part of the successful Grantville Pharmacy team.

Kat also features as our Personality Of The Month in a special interview feature compiled by Wendy Peterson on Page 7 of this issue of The Waterline News.

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From the Editor's Desk

Welcome to the first edition of The Waterline News.

Support for the preview edition distributed last month was very encouraging and led to quite a few of the submissions published in this first edition.

The initial decision to have 12 pages in the first edition limited the number of stories we have been able to include however I am pleased to announce the second edition will see the earlier than anticipated introduction of 16 pages from October.

Deadline for the second edition which will be distributed around October 15, is October 1.

The October edition will feature a special extended Personality of the Month plus the introduction of several new features including a Buy, Sell & Swap column which has been suggested in one of the many emails received after the preview edition.

Don't forget if you are a member of a group whose details have not been included this month get your Secretary to email details for inclusion to waterlinenews@gmail.com by October 1.

Remember that this and every edition of The Waterline News is available online at www.waterlinenews.com.au

While on the subject of the internet and The Waterline News Website I would like to congratulate our Webmaster Gordon Chase from Chase Computers at Woolamai on their win in the recent Bass Coast Shire Council Business Awards.

If you need anything done that is Computer or internet related then don't hesitate to give Gordon a call (See page 11), after you've checked out our website that is .

Roger Clark



THE WATERLINE NEWS - Editor Roger Clark
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1/4 Page	9cm x 14cm	\$60.00
1/2 Page	18cm x 14cm	\$80.00

Email: waterlinenews@gmail.com

Advertising Deadline

1st of each month

GRANTVILLE & DISTRICT RATEPAYERS AND RESIDENTS ASSOCIATION.

The Grantville & District Ratepayers and Residents Association meets quarterly at the Grantville Hall usually on a Friday night at 7.30pm .

GADRRA does not only support local issues it provides a forum where other community interest groups such as U3A, the Business & Tourism Association, The Foreshore Committee, to mention a few, can come along and give updates on activities or social interest topics.

Local Councillor, Clare Le Serve, attends and informs the meeting on any current or forthcoming Council agenda.

Some of the recent issues championed by GADRRA members were Dog Restrictions on beaches, The Nurse Practitioner service, the Portable Skate Park facility and the new Op Shop.

As a result of the activities of pressure groups The Waterline Alliance Council is about to do 'place based consultations' in each town.

If you are interested in having a say and influencing future 'Dogs On Beaches' policy and want to be involved look out for information to be published shortly by the consultants doing the survey.

GADRRA also hosts the very successful annual Christmas in the Park event which offers interested groups a free stall .

Current Executive Members are:

President - Helen Zervopoulos
Vice President - Kat Cox
Secretary - Kath Hopkins
Treasurer - Sylvia Harris

General Committee members:

Christopher Nagle, Chris Cox, Barbara Loach and Thien Tran.

Membership is \$10 per annum and can be paid to Treasurer Sylvia Harris at the Grantville Post Office.

New members are always welcome and tea and coffee is served at the conclusion of the meeting.

NEXT MEETING - FRIDAY SEPTEMBER 26TH at 7.30pm

NURSE PRACTITIONER CLINIC

Debbie Garvey

Now open 5 days a week at the Grantville Transaction Centre
Monday-Friday 8.30am- 4.30pm

Phone 5616 2222

Mobile 0467 841 782



SAVE YOUR OLD NEWSPAPERS

The Keroth Uniting Church collects old newspapers to recycle for fund raising so stop filling the Council recycle bin and save them up for the church. To arrange Pick up or to drop off call **Bruce Campbell on 5678 8210**



Health

GRANTVILLE MEDICAL CENTRE CELEBRATES FIRST BIRTHDAY NEXT MONTH

The Grantville Medical Centre began its operations in October 2013 with Dr George Mariajoseph, who is one of the Wonthaggi Medical Group partners, as the principal doctor at Grantville. The decision to provide a GP service at Grantville was very much driven by Dr Mariajoseph's desire to meet the needs of his patients many of whom travelled to Wonthaggi from Grantville and the surrounding areas. Other factors affecting the decision were the likely closure of the Nurse Practitioner's service, whose funding did not go beyond June 2014, and the continuing development of the area. It was fairly obvious that the area needed an appropriate medical service to meet the growing needs of the community.

At the time the Grantville Medical Centre was opened, the Wonthaggi Medical Group made a firm commitment to the residents of Grantville and the surrounding communities that our practice would be at Grantville for the long term and that over time we would continue to develop the practice and extend the services provided.

In this inaugural year the practice has proven to be a success and we are presently in the process of recruiting an additional doctor whom we hope will be starting by the end of September. In the meantime we have been providing some additional sessions with doctors from our Wonthaggi practice.

A second doctor will enable us to provide nursing support full time at Grantville to assist the doctors with procedures, provide wound management and undertake GP Management Plans and Team Care Planning. This enables qualifying patients to access five allied health visits a year (e.g Physiotherapy, Podiatry, Dietician) under Medicare.

The Grantville Medical Centre is entering an exciting new phase. We will shortly begin to transform the adjoining premises into additional consulting rooms that will enable a pathology collection service to be co-located on-site. We already have a physiotherapist co-located and the new rooms will provide additional capacity for visiting health services such as a podiatrist. In recent months we introduced a diabetes educator once a month and we hope that in the future we will also be able to provide a monthly obstetrics service using our obstetric doctors from Wonthaggi.

At Grantville we provide all the usual services of a General Medical Practice including child vaccination and travel medicine advice. As a part of the larger Wonthaggi Medical Group, the Grantville Medical Centre can also offer its patients access to its services at Wonthaggi. These services include pregnancy management, Bone Density screening at the co-located radiology services in Wonthaggi, Vascular Health screening (ABI) using our state of the art ABI machine at Wonthaggi, a psychologist, a pap screen nurse and we will shortly introduce Skin checks at our Inverloch branch using advanced mole mapping technology. There are clear advantages to the patient who is attending a medical service that is connected to a larger group with access to the most modern equipment.

Continuity of care is also better. If a patient attends any of our clinics for any reason they can rest easy in the knowledge that their medical records are always accessible to the treating



doctor no matter which of our clinics they have attended or which doctors they have seen. If one of our patients needs to be admitted to the local hospital, our doctors will be the treating doctors and they will have full access to the medical records at our practice. Our doctors also have a close working relationship with the visiting specialists who are able to perform operations at Wonthaggi because Wonthaggi Medical Group provides the anaesthetists and post operative care.

To those patients who have visited our practice in the last year we say thank you and welcome your feedback about our practice. We look forward to continuing to develop and improve the services to the community.

John Turner

MAAPM, B.Social Welfare, Master International & Community Development
Business Manager



W O N T H A G G I
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G r o u p

*42 Murray St, Wonthaggi
25 A'Beckett St, Inverloch
2/1524 Bass Hwy Grantville*

GRANTVILLE MEDICAL CENTRE
2/1524 Bass Highway, Grantville

For Appointments Call (03) 5678 8029

Opening Hours:

Mon - Fri	9.00am - 4.30pm (except Wed)
Wed	closes at 1.00pm
Closed over lunch period	

Bulk Billing
All Pensioners, Health Care Card Holders and children under 16 are Bulk Billed.

www.wonthaggimedical.com.au



Wonthaggi Medical Group is accredited to the Royal Australian College of General Practice Standards by AGPAL

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Community Notes



Send us your Community Group Notices by 1st each month
waterlinenews@gmail.com

BASS COAST COMMUNITY BAPTIST CHURCH 0402 065 852
Sunday August 31 First Birthday Grantville Hall 4.30pm then dinner.

Op Shop open Mon-Fri 10am-4pm, Saturday 10am-1pm
Contact for service details and op shop Pastor Isle Smidt

BASS VALLEY COMMUNITY CENTRE 5678 2277
Mon-Thur 9.00-3.30 Friday 9.00-3.00 Op Shop open 6 days

BASS VALLEY LIONS CLUB
Op Shop situated at the Grantville Garden Supplies Open 5 days

BASS COAST COMMUNITY HEALTH Cancer Support Group
Corinella Community Centre 2nd Tuesday each month 10-12
\$2 entry
Contact Peter Bekers 5678 1150 or 0417 157 144

CORINELLA BOWLING CLUB Inc.
2014/15 Season commenced on Saturday August 30. Friday Twilight commences on Friday October 10. Register by 5pm with games commencing at 5.30pm, Members, beginners and families welcome. Food & drinks available.
Contact Patti Scammell 5678 0191

CORINELLA & DISTRICT ELDERLY CITIZENS CLUB
Monday & Thursdays 1.00pm Corinella Hall Margaret 5678 0716

CORINELLA & DISTRICT PROBUS CLUB
1st Wednesday each month except January
Contact Trish Thick 5678 1071

CORONET BAY ADULT SOCIAL CLUB Tuesday nights
7-10pm Coronet Bay Hall Contact Ann 5678 0341

CORONET BAY PLAYGROUP Monday Mornings
10-12 Coronet Bay Hall \$2 Bring a piece of fruit

COUNTRY WOMENS ASSOCIATION Coronet Bay Branch
Meets at Corinella Community Centre 1pm 3rd Monday of month
Contact Faye 5678 8366 or Rosemary 5997 5827

COUNTRY WOMENS ASSOCIATION Grantville Branch
Meets at the Grantville Hall 12-3pm 2nd Monday each month
Contact Judy 5678 8366 or Gwenda 5997 6372

GRANTVILLE AMBULANCE AUXILIARY
Contact Secretary Barrie Stewart 5657 7336

GRANTVILLE & DISTRICT BUSINESS & TOURISM ASSOCIATION
President Lucy Cirona 0418 504 537

GRANTVILLE & DISTRICT RATEPAYERS & RESIDENTS ASSOCIATION
Contact Secretary Kathleen Hopkins 5678 8327

GRANTVILLE & DISTRICT FORESHORE COMMITTEE
Contact Secretary Dianne Goeman 5678 8057

GRANTVILLE RECREATION RESERVE COMMITTEE
Contact Neville Goodwin 5657 7245

ST PAULS ANGLICAN CHURCH Bass

12.30pm every Sunday Rev Greg Magee 5952 2608
ST GEORGES ANGLICAN CHURCH Corinella
1st Sunday each month 11.00am Other Sundays 9am
Free Community Lunch Corinella Community Centre 2nd Friday
Op Shop open Mon Thu Fri 10-2 Sat 9.00 12.30

U3A BASS VALLEY Held at various Locations
Courses offered: Get Creative, Meditation, Histories of the World, Gardening, Tai Chi for Arthritis, Bush Painting, Learn to weld and more. Website www.u3abassvalley.com
Contact Treasurer Heather White (PO Box 142 Grantville 3995) 5997 5323

Out of the Blue
An entertaining theatre night
Friday 3 October at 7:00 pm
Silverwaters Resort - 17 Potters Hill Road, San Remo
MC - Bryan Dawe
Free Entry, Finger Food and Door Prizes
Bookings Essential
Contact - Gayle Mattsson
0499 373 643 (Text or Ring)
gayle.mattsson@basscoasthealth.org.au

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Working hard for our community

Grantville Ambulance Auxiliary
3rd Annual Melbourne Shopping Spree
Saturday October 25 Early Start Aprox 7am
Visit approximately 10 factory outlets such as: Beaches, Fields Knitwear, Home Direct, Natio Cosmetics, Newmans/Ernest Hillier, Olga Berg, Siricco, Shoes Direct, Social Club Books, The Linen Factory, Toywerx etc etc.
Cost between \$31 and \$36/head...the more people the less per head it will cost.
BOOK EARLY TO AVOID MISSING OUT.
Call Vicki Clark 0403 025 634 (\$20 deposit)

Around the Community Centres

Corinella & District Community Centre

Spread your wings and fly with us



Centre for Adult Education & Neighbourhood House

We run programs and activities:

- Computers & Tablets
- Job Readiness Skills
- Written Communication Skills
- Event Management
- Volunteer opportunities
- Network & Support for Community Groups
- Internet access, photocopying, faxing, laminating and binding
- Workplace accredited training
- Craft classes
- Strength Training for Seniors
- Art classes



Evening & Weekend Classes

Something of interest? Ask us how!

Ring us on 5678 0777 Email: coord@cdcc.asn.au

Open 10am-4pm Monday to Friday

LANG LANG COMMUNITY CENTRE INC.

Monday to Thursday 9.30 am - 4.30 pm

& Friday 9.30 am - 1.30 pm

7 Westport Road, Lang Lang

59975704 email: llcc@langlang.net

www.langlang.net/llcc.html



Coordinators - Marg Hambleton and Michelle Johnson

We run a full program with something for everyone.

Regular physical activities include Yoga, Strength Training, Cardio, Pilates and a 'walking Group'.

Lots of crafty groups meet at the Centre including several Patchwork groups, Spinners and Weavers group and opportunities to gather and chat.

We have several activities for pre-schoolers Hey Dee Ho, Activ8 and Playgroup a great opportunity for kiddies and their parents to meet and learn.

Men's Shed meets twice a week on Monday and Thursday mornings and always welcome new members.

Each term we include special activities, fundraisers, guest speakers or courses.

For all details and contact information please call the Centre.

MARKETS

Every Sunday	Kongwak Market	0417142478
1st Saturday	Sth Gippsland Farmers Market	
	Koonwarra	0408619182
1st Sunday	Jumbunna Bush Market	
	Jumbunna Hall Enquiries	5657 3253
Koowe Community Market		5657 3253
	Indoor/outdoor	info@kooweemarket.com.au
2nd Saturday	Coal Creek Farmers Market	0459629000
3rd Saturday	Prom Country Market Foster	0407543371
3rd Sunday	Inverloch Farmers Market	5664 0096
4th Saturday	Churchill Island Farmers Market	5664 0096
4th Sunday	Grantville Market (Weather permitting)	5997 6221

Your market not here?

Let us know changes by 1st of the month waterlinenews@gmail.com

BASS VALLEY COMMUNITY GROUP Inc.

Bass School Road Bass 3991

Centre Manager Roderick McIvor

Phone 5678 2277



Firstly, the Bass Valley Community Group Inc would like thank the Waterline News for the opportunity to publicise some of our activities in the inaugural edition.

We are very appreciative that people continued to visit the Hadden House Opportunity Shop through the winter months. Our very reasonable prices and friendly volunteers make Bass a great bargain shopping destination. We are currently operating on winter hours, closing at 3:00 on week-days and 2:00 on Saturdays.

The Bass Valley Genealogy Club meets at the Bass Valley Community Centre every Monday night at 7:00. It's a great opportunity for a minimal fee (\$8.00 and \$5.00 for Members) to get caught up in looking back through your family and guessing how they lived. If you have an interest (or think you might once you get started) in finding out who your family really were and where they came from, come along. Quite remarkable information is available through programs that we access. It's also a great opportunity to meet new people. Please give us a ring on 5678 2277 or just show up.

The Bass Valley HACC (Home and Community Care) Friendship Club is still very much in need of volunteer cooks. The Friendship Club is a group of older persons and younger persons living with disabilities who come together at Bass Valley Community Centre every Monday and Wednesday. If you would be willing to come in and cook for the group on a once-a-month basis it would be great to hear from you. We supply all the ingredients and the kitchen. We would love to have you (and a friend or partner?) put your hand up to come in and cook 12-18 meals. And the members of the Friendship Club who are served the meal are very appreciative.

Our Occasional Care (Tuesday, Thursday and Friday) still has some spaces available. It offers child care from 9:30 to 2:30 ie five hours for children five and younger. The Occasional Care staff are trained practitioners. Once the children get over saying good-bye to whoever drops them off they have a wonderful time with Emily and Bec.

To follow up these and other opportunities at the Bass Valley Community Centre please ring 5678 2277.



Maru Koala and Animal Park is excited to announce the opening of a new Lace Monitor exhibit.

The pair of lace monitors, Scratch and Vera, are now on display in their spacious, eucalypt forest themed, enclosure which is the first of Maru's new planned reptile exhibits. Scratch was rescued by the Department of Environment and Primary Industries from a captive environment where he was living in a bathtub and has been rehoused at Maru in a much more suitable and natural environment.

The Lace Monitor is the second largest lizard in Australia. They are usually coloured dark grey with a mixture of pale yellow stripes and spots and cream underside. Another colour form occurs in some areas of Queensland which features broad bands of thick dark grey and yellow all along the body. This colour morph is known as Bell's phase.

"Scratch has the Bell's phase colouring while Vera has the common patterns so our new exhibit is a great opportunity to see the two colour forms. The Bell's phase laceys are rare and only found in some areas but when it comes to beauty, Vera's colours and pattern win over Scratch's - sorry Scratch." said Senior Park Keeper Ben Kearnton.

Other future planned reptile exhibits include a snake display for 2014 and in 2015 a display for the return of their Fresh Water Crocodile 'Snapper'.

For further enquiries contact: Neroli Heffer neroli@marukoalapark.com.au

Community Diary



Community Diary

Send details of your events for
The Community Diary by the 1st
Of each month to:
waterlinenews@gmail.com

Tuesday September 16 1.30pm
Royal Australian Navy Band Wonthaggi Community Arts
Centre.
Tickets \$15 pp available from the Wonthaggi Workmen's Club

Wednesday September 24
Weathering it together, handling climate extremes. Future
Homes workshop by Bass Coast Shire Council and Bass Coast
Landcare network. Free but Bookings essential.
Diana Whittington 1300 226 278 or 5671 2211

Wednesday September 24 6.15 for 6.30pm
Readings at the Old Dalyston Deli.
Readings of traditional short stories by Fiona Macleod, Jane
Brodie, Rosemary Buchanan and James Wardlaw, plus dips
hearty winter soups, crusty bread and tea or coffee. \$28 pp.
Tickets to be paid for and collected in the arcade next to The
Coffee Collective Café, McBride Street Wonthaggi from 1pm on
Wednesday 17 and 10-12noon Saturday September 20.
Bookings 0427 511 507

Sunday September 28 2.00 - 4.30pm
Phillip Island Jazz Club. Ramada Resort Cowes
"The Unusual Suspects" \$15.00pp
Contact details Robin Blackman 0432 814 407

Sunday September 28 1.30pm
Moe Latrobe Jazz Club, Moe RSL, Meals available.
The Nite Owls.
Further details Bruce Lawn 5174 3516

Thursday October 2 7.00pm
Last Paradise, Inverloch Community Hall at the Inverloch Hub.
Film Fund-raiser for the clean ocean foundation.
\$15 pp. adults Child concession available.

October 10-12
The Other Wonthaggi Film Festival: Program to follow.
Check the Website: [www. Wonthaggicinema.com.au/events](http://www.Wonthaggicinema.com.au/events)

Sunday October 12 2.00pm
Inverloch Jazz Club at the Inverloch RSL meals from 12. noon.
Anderson Inlet Trio, Ron Anderson, Graeme Morris, Neville
Drummond, plus friends Graeme Steel and Bev Frazer.
Further Details from Neville Drummond 5674 2166

Friday October 31 8.00pm
Moe Latrobe Jazz Club, Moe RSL
The Wonderdogs.
Further details Bruce Lawn 5174 3516

**Friday November 21, Saturday November, Sunday
November 23— 10th PHILLIP ISLAND JAZZ FESTIVAL**
www.phillipislandjazzfestival.org.au

Why I Live Where I Live

By Isobel Lyn, Grantville



After years on the land, caring for rescued horses, my body was beginning to feel the strain of other forces.

The children were concerned and said, "At your age mum you should be having fun, go and find your place in the sun".

As the years disappeared and my horses passed, I knew the time had come at last.

So looking in the papers for real estate to see, I knew straight away what would appeal to me.

I love the country and the sea, so a combination of the two just had to be.

I saw this little house on a small block of land, made me realise I won't have to do much, and I'm near the sand.

The view from the balcony was amazing, and the ocean coastline made you want to keep gazing.

The way sky meets the sea, is always magic to me. Overlooking other houses, seeing different shades of green, I thought...what more do I need, it's a painter's dream.

I was going to spend my days writing and painting, but as for that...I'm still waiting.

After eleven years here, the time is coming near to do what I said, cease to roam and stay at home.

Country people are always helpful and friendly, more are retiring here, it's becoming quite trendy.

It's good every time I go out, people I pass wave and greet us with a shout.

With my dog in the passenger seat (they all know him by name) we put in a tape and sing to the beat.

Every day is a bonus, wouldn't you agree? Especially if the sun is shining and you live near the sea.

That's why I love where I live.



A Sunday school teacher asked her little children, as they were on the way to church service, "And why is it necessary be quiet in church?" One bright little girl replied, "Because people are sleeping."

A woman is walking on the road and a voice shouts out, "Don't take a step further." She obeys and suddenly a ton of bricks fall on the place where she would have otherwise been. She thinks she imagined it and keeps walking until suddenly the voice calls out again. "Don't take a step further." She stops and a car skids past. Then suddenly she hears the voice saying "I am your guardian angel, and I will warn you before something bad happens to you. Now do you have any questions to ask me?" Yes! Shouts the woman, "Just where were you on my wedding day!"

Personality of the Month



PERSONALITY OF THE MONTH

Our first Waterline News Personality of the month is popular Grantville identity, Pharmacy assistant, and community volunteer Kat Cox.

Kat was interviewed by Wendy Peterson shortly before the recent arrival of baby Quinn Amethyst Cox.

Q.: How long have you and your husband, Chris, lived in Grantville, Kat? It's unusual for a young couple to move to an area mostly favoured by retirees. What attracted you to the Grantville area? What do you see as some advantages to living in a rural area like Grantville?

A: Three and a half years. We grew up in Mt Dandenong so we were not accustomed to the rat race of the city. We found Grantville to be the perfect mix of bush and beach at an affordable price. It was also not too far from suburbia. We never knew that in such a short space of time we would be privileged to meet some of the most genuine, caring and giving people.

Q.: Kat, how were you fortunate enough to land a plum job with the Grantville Pharmacy when it originally opened a few years ago? I believe you were in a contest of some kind relating to customer service? What are some of the challenges you encounter working at the pharmacy?

A: When we moved in, we discovered a hand written note in our letterbox from our dear neighbour Rosalie which stated that she had organised a meet and greet party for us with our neighbours. It was the nicest welcome we have ever encountered. It was at this party that we learned that a pharmacy would shortly be opening up and it was suggested that I race down there and meet them so that I would no longer have to commute to and from Bentleigh six days a week.

I am so excited to have established a Facebook page for Grantville Pharmacy whereby the entire community can come together and enjoy the many events we are hosting and supporting!

Q.: You have some interesting pursuits including the creating of beautiful mosaics used for decorating. How'd you become involved with these and what have you created so far? Will your work be available for the public any time in the future?

A: Chris and I have been buying and renovating houses since 2007. I absolutely love reclaiming materials and we always seemed to have an abundance of left over tiles. It was just a natural transition into mosaics from here. I am a big believer that someone else's trash is someone else's treasure. My long term goal is to sell my mosaics at the Grantville and possibly other markets and I have been offered to showcase my works already in a couple of Phillip Island boutiques.

Q.: It is well-known amongst us locals, Kat, that you have a great affection for felines and have a few little moggies yourself. What do you see as special about these creatures and what do you feel they bring to your life? Like most of us, do you become addicted to watching YouTube cat videos or spend hours scanning the hilarious photos of I Can Have Cheezburger? Cats are on a rising tide of popularity these days. Do you think that they might have been undervalued in the past as pets?

A: I love cats! I find them so rewarding and affectionate - not to mention that they are great hot water bottles in winter! I have always had a love of animals and yes have spent many hours on u tube watching the funny cats videos!

Q.: The exciting news is that in around two months you and your husband, Chris, are expecting a delivery from Mr Stork. As this is your first child, I imagine you both couldn't be more excited. The other residents who know you on the estate must be thrilled as this is the first baby born in the area for a long time. Have many put up their

hands to be honorary aunts and uncles? This is Aunt Wendy speaking, by the way. You mentioned earlier that you and Chris went through a long period of difficulty conceiving this child.

A: We started trying for a baby nine years ago. I unfortunately have PCOS - polycystic ovarian syndrome which made the whole process very difficult. We did get pregnant numerous times; however, they all resulted in miscarriages. The gynaecologist stated that without IVF it would not be possible for me. I had honestly given up on the whole thing and we had started looking into foster care with Gipps Care. And then out of the blue, our little miracle arrived. And boy we cannot wait to be parents!

Q.: You've been involved in a few community activities since living in Grantville. Could you share something about them and why you become involved?

A: We became involved in community activities in order to meet people in the community. We are very lucky to have made so many friends in such a short space of time. I have learnt a lot from the committees but at this point, the most rewarding is completing the Christmas in the Park where my husband Chris is able to showcase one of his many talents as a dj. I am so proud of him and how he is so willing to donate his time and talents to this wonderful community.

Q.: What is the most important thing you have learnt that you wish you knew when you were younger? Favourite quote?

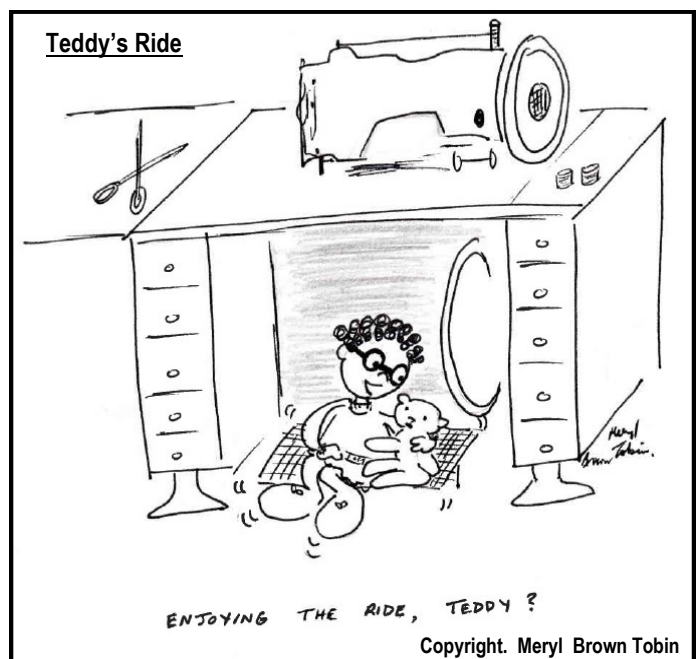
A: I think having worked in the medical industry for such a long time you realise that not everything is as it seems and "not to judge a book by its cover".

Q.: What are your plans or aspirations for the future? Any specific direction you would like to see Grantville go in over the next five or six years?

A: I cannot wait to have my daughter! Her name is Quinn Amethyst Cox. I hope that she will be born knowing how to mosaic ha ha. Having Quinn will complete our family unit. We will still be looking at foster care down the road. I worked in orphanages in Sri Lanka in 2001 and helping people is something very dear to my heart. My husband is such a blessing too and so supportive. We strongly believe in karma and hope to help as many people in need as we possibly can.

I would like Grantville to grow and get a supermarket :) yet maintain the close nit community. I love the fact that I can just wander into my neighbours place and have a coffee and visa versa. I also love the fact that we are now deemed the "Grantville Trading Post".

Oh and I forgot to mention that I have a strong passion for networking and bringing people together.



Self Sufficiency



Green Cleaning #1

Green Cleaning appears courtesy of The Self Sufficiency Shoppe.

For more details and handy Self Sufficiency tips visit

www.theshoppe.com.au

Lemons

Lemons are a mild acidic agent (like vinegar) with similar uses: deodorising, cleaning, mild bleach, mild disinfectant.



Suggestions for Use:

- **Wipe-down bathroom tiles, basins, stove top, etc** - using simply half a lemon (plain or dip in salt or bicarb soda)
- **Perspiration stain removal on clothing:** spray with lemon juice before washing
- **Bleaching:** soak in lemon juice/part water lemon juice Solution.
- **Coins/silverware:** soak in lemon juice to polish.

Availability: Only practical if you have a lemon tree or have access to free lemons.

Making Simple Household Polish

You'll need: Lemon juice*, olive oil, a clean recycled bottle (such as tomato sauce bottle) - remove label.

1. Pour 1/3 lemon juice and 2/3 cup olive oil into the bottle.
2. Apply lid and shake to blend. Label the bottle.

How to use:

For cleaning and polishing polished wooden floors: Sprinkle onto surface. Wipe with damp mop or cloth. (Polish well to remove 'slippery-ness' caused by oil residue). Suitable also for wooden furniture and similar surfaces, shoes, vinyl, leather and similar mediums.

*Vinegar is acidic and similar to lemons and may be used in place of lemons.



Natural Skin Care

Each month we will have a new Natural Skin Care recipe from the Self Sufficiency Shoppe's Natural Skin Care program. If you want to learn more now go to www.theshoppe.com.au

When making your own products at home

1. Please take the necessary precautions to ensure your safety whilst undertaking suggested activities. Where precautions are given please adhere to them carefully.
2. Always label your homemade products so that you and your family members can identify what it is and use it appropriately.
3. For your health and safety when using recycled jars as containers - always remove the old label. Make sure the jar and lid are clean and free from food residue and other possible contaminants.
4. Take care using plastic containers with hot ingredients - the plastic may melt.
5. Do not use equipment that has been used for making home products for food preparation. The cheapest and best source for equipment for your product making is from op shops - they often have good quality used items at very reasonable prices
6. Always supervise children when making products at home.
7. To find the ingredients and materials for your product-making - see 'Sourcing Ingredients' at the end of this workshop. It will explain about the ingredients and where to find them.
8. Caution: In the unlikely event that skin reaction or redness occur in response to suggestions in this workshop - discontinue use. Use an alternative ingredient that does not cause reactions. If unsure test by applying a little of the ingredient on the inner side of the arm - wait 30 minutes - if redness appears discontinue use.

Natural Skin Care Recipe Number 1.

a. Simple Oatmeal Skin Wash (hands or face)

Cleanse your face daily with oatmeal - here's two ways to use oatmeal on a daily basis - oatmeal skin wash (below) or oatmeal bag (overleaf):

You'll need: Oatmeal, warm water

1. Prepare a sink basin or hand bowl of warm water.
2. Dampen hands.
3. Pour ½ tablespoon oatmeal into palm of the hands. Add a little water to make a paste.
4. Rub gently over hands and/or face (use more water if necessary) Wash off.
5. Dry with towel. Hands and face will be clean and skin feel silky soft.



NATURAL #1 PET CARE

Safe, environmentally friendly ideas for your pet.



Recipe: Homemade Flea Powder

Pour 1/2 cup bi-carb soda into a recycled jar/container. Add 1 tablespoon each of dried mint (or fresh finely chopped mint) and rosemary leaves (optional). Add 2 tablespoons garlic powder (from 'spice' section of supermarket) or use crushed fresh garlic. Seal with lid and shake well. Punch holes with hammer & nail for easy pouring. (Process in food blender for finer powder - particularly so if using fresh herbs and garlic) Optional: Add 5 drops each of lavender and eucalyptus - but please spot test any essential oils on animals .

How to Use: Sprinkle over the animal's coat, rub in well, then brush out. Helps deter fleas with regular use (i.e. twice weekly) as well as leaving the pet's coat shiny and clean.

More details visit www.theshoppe.com.au

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Trivia and Lifestyle

QUIZ?

1. How many years did Sleeping Beauty sleep?
2. Which country was formerly known as Ceylon?
3. What is the first book of the Old Testament?
4. What sport is the Italian game of bocce closely related to?
5. What Australian Pacific island is known for its pine trees?
6. What tune did Alex sing in the bath in 'A Clockwork Orange'?
7. What is the only land mammal that can't jump?
8. What state grows most of Australia's hops?
9. What proposal did Australia reject in a 1951 referendum?
10. What is the most common name in nursery rhymes?
11. Which Australian premier studied Italian at the University of Perugia after his retirement?
12. What makes scribbly gums scribbly?
13. Who did the BP oil company commission to record 'Peace on Earth' in 1970?
14. Who was prime minister of Rhodesia when the country declared Independence from Britain?
15. Which renowned Irish writer wore an eye patch?
16. What is by far the largest organ of the human body?
17. What activity might include the cobra, the camel, the locust and the plough?
18. Which member of The Rolling Stones was found dead in his swimming pool in 1969?
19. What is the name of Blinky Bill's girlfriend?
20. What birds were named after Rose Hill, where they were first seen?

ANSWERS

1. 100. 2. Sri Lanka. 3. Genesis. 4. Lawn Bowls. 5. Norfolk Island. 6. Singing in the Rain. 7. The elephant. 8. Tasmania. 9. The banning of the Communist Party. 10. Jack. 11. Don Dunstan. 12. Moth larvae. 13. Kamahl. 14. Ian Smith. 15. James Joyce. 16. The Skin. 17. Yoga. 18.

ThePhilosopher'sZone

When you go out into the woods and you look at trees, you see all these different trees. And some of them are bent, and some of them are straight, and some of them are evergreens, and some of them are whatever. And you look at the tree and you allow it. You see why it is the way it is. You sort of understand that it didn't get enough light, and so it turned that way. And you don't get all emotional about it. You just allow it. You appreciate the tree. The minute you get near humans, you lose all that. And you are constantly saying 'You're too this, or I'm too this.' That judging mind comes in. And so I practice turning people into trees. Which means appreciating them just the way they are.
-Ram Dass

Submissions to Poet's Corner are Welcome. Please email to waterlinenews@gmail.com



This month's contribution is From regular contributor Kel Wilson from Grantville.

Remembering

There is one who is not with us, as we think in sad dismay;
Of the another generation passing on their way.
The vacant chair, the silent house, the voice remembered there;

Memories draped among the furniture, hanging breathless in the air.

Will we forget the things they did, while their contributions share?

Though we sit here, sad, in silence, for we can hardly pray;
With heart consumed in sorrow, that they have gone away.
Distracted thoughts beset us, our jumbled thoughts display;
Kaleidoscopic memories, compressed and stored away.

Scenes dissolve and merge before us,

As we gaze with tear stained eyes;

At the journey traveled with them, we hear them laugh and cry.

Among these jumbled memories, from depth of being rise;
An ancient tortured question. My God, my God oh why?

Why do we die? We scream it, our childish angry cry;

The question echoes in us, but do we want reply?

In sorrows grip we stumble, It seems that we might fall;

Till we see how they have lifted us, carried, and that's not all.

We are standing on their shoulders, they still carry us to-day;

Their leadership example has clearly shown the way.

We're standing on their shoulders, they're still pointing out the way;

The dream they lived and died for, still beckons us today.

They're missing. How we miss them, just how much we cannot tell;

Their contribution to us all, is known so very well.

Heart grafted to community, helped others weak and strong;

The legacy they left us, is ours to, pass along.

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Gardening

How to pick asparagus

With the Asparagus season approaching we thought it was appropriate to feature a story on Asparagus written by Catherine Watson. This story was first featured in the Bass Coast Post online in October 2012.

IF you've ever driven past the asparagus fields around Koo Wee Rup early on a spring morning, you will probably have noticed crews of pickers in coolie hats crouched low over the rows, leaving neat piles of asparagus behind them for the packer to pick up.

What you may not have seen, unless your eyes are better than mine, is the long asparagus knife they use to cut the asparagus below the soil.

It was only one day when I stopped to buy some asparagus from a grower in Dalmore Road that I found the secret to harvesting asparagus, which also happens to be the secret to growing it.

Lou and Vince are two Italian brothers who have been growing asparagus in Koo Wee Rup for as long as most people can remember. In the season they're run off their feet but that never seems to stop them having a chat with the customers.

Lou explained to me the pattern of picking that the professional growers use once the plant is well established.

When the first spear is of a suitable length, it's tempting to snap it off. Resist the temptation. You must cut it off below the soil. The reason, Lou explained, is that the desperate plant is then forced to send out more shoots to seek life-giving daylight so it can produce chlorophyll.

That initial spear will be followed by two more. Cut them off below the soil. Those two will be followed by four, and those four will be followed by eight. After that you might get four and then two. That's your lot for that plant for the year. A single spear will come up and you leave it to "fern out" and store energy for the next season.

At the height of the season, when it's warm and humid, asparagus can grow two centimetres in an hour. The pickers are there every day. Lou is a man of wide interests but the asparagus fascinates him as much as anything. There are many superstitions surrounding this plant, which has been cultivated for more than 2000 years. Some people believe it's an aphrodisiac, probably because of all those spears thrusting through the earth. It definitely makes your pee smell funny. Lou tells the story of calling in a plumber the first season after he and Vince took over the asparagus farm. "I think we gotta blocked pipe," he told the plumber. "There's a funny smell around the place." "Have you boys been eating a lot of asparagus?" the knowing plumber asked. Of course they'd been eating the stuff like crazy. Who wouldn't?

Most of us who have attempted to grow asparagus know we're not supposed to pick it for several years to allow the plants to gain strength. I remember my father planting some crowns when he was about 50 and wondering casually if he'd be around in five years' time to pick the first crop. He died about six months before it was due,



which I always felt was a cruel twist of fate.

At least it kept my mother in asparagus for almost 30 years, although she used to complain that her own asparagus never tasted as good as the stuff she bought in the shops.

I planted my own asparagus patch about 10 years ago but I'm a haphazard gardener and I never bothered to weed or water or fertilise it. After hearing Lou, I realised I hadn't even picked it properly. There was never enough for a meal so I tended to snap off the odd spear as I passed by.

This season I decided to try Lou's way and see if it made any difference. Instead of snapping off the few spears that poked through the grass, I religiously cut them off below ground, sawing narrowly so as not to cut through any others that might be about to pop up.

Bingo! The difference is amazing. Today I went out and picked about 10 spears. Not a family feast but certainly enough to put the pot on for, even if I did have to push away a toad that appeared to like the stuff as much as I do.

About the Bass Coast Post

Recently the Bass Coast Post, an online news and features publication by and for residents of Bass Coast, notched up its 100th issue.

Catherine Watson set up the Bass Coast Post in 2012 to try to provide a forum for more informed discussion in the lead-up to the Bass Coast Shire Council elections.

By the time the elections were over, it seemed that the Post had proved its worth as a small outpost of quality journalism in our region. They do the backgrounders, in-depth features, profiles and columns that the local papers don't have the time to do with the daily grind of sports and news reporting.

And so it has proved. The BCP now has almost 800 subscribers and a readership that grows week by week, so does the list of contributors.

The readers are also the writers, columnists and photographers and they are gradually building into a very good team with diverse interests. The more voices they get, the better the Post will be.

If you'd like to write for the Bass Coast Post it would be wonderful! In particular Catherine would love to see contributions about visual arts, music and theatre, both previews and reviews.

The Post also need more of a geographic spread: if you live in Inverloch, San Remo or on Phillip Island, and feel you can string a sentence together they would love to hear from you.

If you'd like to read the Post please visit the site and if you like the look of it, pass it on to your friends. Email Bass Coast Post and they will add you to the weekly update list.

For more information, please contact Catherine at basscoastpost@gmail.com.

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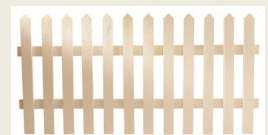


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Legal Matters

SOLICITORS WILL COME TO YOU

James McConvill & Associates is committed to our support of The Waterline News and, importantly, the Bass Valley and Phillip Island community.

We are a truly local law firm. We are a home-based business in Grantville, but run a mobile service where we travel all over the district, including providing representation for clients at the local courts in Korumburra, Wonthaggi, Morwell and Dandenong.

Due to the mobile nature of our law firm, we can visit clients at their homes and businesses, or at another convenient location for clients. We can organise meeting at one of the local community centres (such as Corinella, Grantville or Cowes) if that suits.

The founder and principal solicitor of our firm, James McConvill, grew up in the area and is committed to ensuring that the local community has easy access to first-class legal services. James went to Bass Valley Primary School, Newhaven College and Mary McKillop Regional College in Leongatha. He then moved to the city for a period to complete an honours degree in Law and a postgraduate doctoral degree in Law at Deakin University, and worked for the largest law firm in Melbourne for a few years. He also worked for a leading international law firm overseas for several years.

James McConvill & Associates presently comprises two lawyers and two paralegals, with a view to doubling in size in the next couple of years. Due to the diverse requirements of the community, we have become a full-service law firm, with particularly expertise in family law, criminal law, wills and probate, and business law.

Shortly we will be commencing a legal education seminar series to assist members of the local community, organised through the Corinella & District Community Centre.

James McConvill

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The Forgotten Cancers Project needs your help

Victorians diagnosed with less common cancers are needed for a project aiming to discover more about their causes in an effort to increase survival rates.

The Forgotten Cancers Project is an initiative of Cancer Council Victoria.

Cancer Epidemiology Centre Research Coordinator Dr Fiona Bruinsma says that while there has been significant progress in the understanding of common cancers, little is known about the causes of the less common cancers which account for over half of all cancer deaths in Victoria.

"This project will contribute to research by building a high quality resource that can be used in both

national and international studies of less common cancers," she says.

"If we're able to understand more about their causes, then in turn we may be able to develop prevention programs for them or target treatment more effectively."

While all less common cancers are eligible, researchers are initially targeting bladder, bone, brain, gallbladder, kidney, leukaemia, liver, multiple myeloma, Non-Hodgkin lymphoma, oesophageal, pancreatic, small intestine, stomach, thyroid and uterine cancers.

Dr Bruinsma says they would like to sign up 1000 people per targeted cancer, with the end goal to have 15,000 participants in total.

"This will build a solid research platform in which to continue investigating new hypotheses or validating findings from other studies that need replication."

Get involved



To find out more on The Forgotten Cancers Project visit forgottencancers.com.au, email forgottencancers@cancervic.org.au or call 1800 068 289.



THE FORGOTTEN CANCERS PROJECT



www.forgottencancers.com.au



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Cancer Council
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