

FREE

# The Waterline News

Tooradin, Koo Wee Rup, Lang Lang, Nyora, Loch, Kernot, Grantville, Corinella, Coronet Bay, Bass, San Remo, Newhaven, Cowes, Phillip Island, French Island and Wonthaggi.

Available by email and at [www.waterlinenews.com.au](http://www.waterlinenews.com.au)



Volume 3

# 9

May 2017

## History - Chicory industry on Phillip Island

Pages 24-25



Original oil painting by local artist  
Sharyn Saunders.  
See full details on page 25

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6.0Kw System, Inverloch RSL



4.5Kw System, Coronet Bay

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# Bright Futures. Together.

*The new Senior School and Specialist Art, Science and Technology wing will bring Newhaven College's Prep to Year 12 students together on one campus in 2018 to begin the next chapter of the College's 37 year history.*

With construction well underway, the next stage of development is already being planned. A two court indoor stadium with a huge gymnasium, climbing wall and grandstand overlooking the oval as well as outdoor soccer pitches and multi-purpose courts will provide top notch sporting facilities.

### Newhaven goes solar

With a desire to be an environmentally friendly school, the College has installed over seven hundred solar panels at the Phillip Island Road Campus. For the first five years, the project will be cost neutral and will then generate income as power is uploaded to the grid.

### See the future at Open Day

From Prep to Year 12, the ethos of mutual respect between teacher and student is embedded in everything the College does. High social and academic standards are actively encouraged and challenging opportunities that complement the academic program are offered to inspire young people to discover their passions.

Come and see your child's future at Open Day, Saturday 20 May from 10am – 2pm. Enrolments are underway for 2019, with some places available in 2018. For enrolment enquiries contact Belinda Manning on 5956 7505 or visit [www.newhavencol.vic.edu.au](http://www.newhavencol.vic.edu.au)



## Open Day

Sat 20 May, 10am–2pm



1770 Phillip Island Rd,  
Phillip Island, 3923  
5956 7505

[www.newhavencol.vic.edu.au](http://www.newhavencol.vic.edu.au)





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[www.reikieternalenergy.com.au](http://www.reikieternalenergy.com.au)

## Podiatrist

**Michelle Graham** B.App.Pod

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21 Billson Street, Wonthaggi 3995

Phone 5672 5114

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# BRIAN PAYNTER MP

## STATE MEMBER FOR BASS



Please contact my office if I can assist you

talk to  
**BRIAN**

📧 [brian.paynter@parliament.vic.gov.au](mailto:brian.paynter@parliament.vic.gov.au)

☎ 03 5672 4755

📍 26 McBride Ave, Wonthaggi 3995 and 51 James St, Pakenham 3810

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# The Waterline News - May

## FROM THE EDITOR'S DESK

[editor@waterlinenews.com.au](mailto:editor@waterlinenews.com.au)



## CORINELLA RATEPAYERS AND RESIDENTS ASSOCIATION

### Welcome to the May edition of The Waterline News.

Winter is almost upon us, however there is still plenty happening in the community. This month we have what seems to be an ever increasing amount of news about local community groups and events.

Good to see more groups taking advantage of the space we make available each month for groups to convey news of their events to the community.

It is important for all groups to make sure your details we have here are up to date and have the correct contact person and either contact number or email address.

As seems to be the case more often than not, space again has been my enemy and there a number of contributions which have been held over until next month.

We always try and make sure that all items which are date sensitive make it to print, as long as we have the information by the deadline.

I can tell you, next month we will be having a special 'Short Stories' feature.

*Roger Clark, Editor*

### Distribution Area:

We distribute 1500 copies each month through Tooradin, Koo Wee Rup, Lang Lang, Nyora, Loch, Kernot, Grantville, Corinella, Coronet Bay, Bass, San Remo, Newhaven, Cowes and French Island. We also send out almost 500 copies by email and all editions right from the first edition are available on our website:

[www.waterlinenews.com.au](http://www.waterlinenews.com.au)

**Disclaimer:** All views expressed in The Waterline News are those of the author of each article, not the publisher.

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### THE WATERLINE NEWS

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Advertising Deadline 1st each month

edge, and "lighting up our lives". We have heard so many people say they are looking forward to being involved themselves in the next part of the project, and so already the anticipation is beginning to build !!! What is the next big "thing" going to be, going to look like ..... the best is yet to come, don't miss out on this fantastic opportunity to become a part of local history in the making. There are photos posted on Facebook ... The Edge of Us page, if you were not fortunate enough to be able to see it in person.

At our recent CRRA meeting one topic of discussion was "do we need more seats around the streets of Corinella" to encourage people to be out exercising, and the overwhelming response was YES ! A suggestion was made that we should look for a grant to create some artistic, interesting seating that will become a fabulous feature of our town, so if you have ideas to share please get in touch, or come to the next meeting so we can make a start..... for the people, by the people! That is what the CRRA is all about .... the people of Corinella helping to shape Corinella and retain the Character of the town, while still moving forward and growing in a positive way.

What do we all have in common..... we love our town, we live in a wonderful, amazing, beautiful place.

**Lyndell Parker.**

### LUMINOUS STREETS CELEBRATION AND DREAMING SESSION

**PIONEER BAY - GRANTVILLE - TENBY POINT - CORINELLA - CORONET BAY**

Did you see the amazing light galleries? Do you have an idea for next year's Luminous Streets event?

Everyone - young and old - is invited to celebrate our collective achievement and contribute to ideas for next year's event. 4pm-6pm SUNDAY 21 MAY, Corinella Corinella Hall - Refreshments provided

### Kernot Memorial Uniting Church 60th Birthday Celebration



Everyone is invited to attend the Kernot Memorial Uniting Church 60th Birthday

Celebration Service, Kernot Memorial Uniting Church, 1040 Loch - Kernot Road, Kernot

Sunday 4 June 2017, commencing at 10 am and afterwards for refreshments at the Kernot Hall.

Please contact Hon Secretary Judy Hogan on 0422 094 903 for any queries.



# Community Notes

## CORONET BAY RATEPAYERS & RESIDENTS ASSOCIATION 2017 COMMITTEE



President: David Buckingham  
Vice President: Kevin Brown  
Secretary: Stephanie Hartridge  
Treasurer: Sebastian Nowakowski  
Committee Member: Mel Gration.

No Report this month

## PIONEER BAY PROGRESS ASSOCIATION Contact



Zena Benbow  
pbpa@bigpond.com

No Report this month



President: Jean Coffey  
0419 500 593  
Secretary: David Pearce  
0401 514 339

All Tenby Point residents are very welcome. Membership is just \$10 per household per year.



Coronet Bay Neighbourhood Watch

Contact: Ivan Bradshaw -  
5678 0663 - 0414345754

Chairperson. Ivan Bradshaw.  
Vice Chairperson Julie Cameron.  
Secretary Pauline Hiscock.  
Vice Secretary Ivan Bradshaw.  
Social Media Manager Christine Slavin  
Treasurer Joyce Cotter.  
Vice Treasurer Tracey Farr.  
Area Supervisor Levinus Van Der Nuet  
Fund Raising Bianca Peters.

Other numbers you might like to put into your phone.  
San Remo police 56785500  
Wonthaggi police 56714100  
Hoon hotline/crime stoppers 1800333000

## GRANTVILLE AND DISTRICT RATEPAYERS & RESIDENTS ASSOCIATION



2016 -17 Committee

President: Roger Clark  
Vice President: Darrell Egan  
Secretary:

Treasurer: Sylvia Harris  
General Committee Members:  
Vicki Clark, Kat Cox, Neil Daly.

Membership Fees: \$10 single - \$20 family  
Payable to Sylvia Harris at the Post Office/  
Newsagency.

Email: [gdrasecretary@gmail.com](mailto:gdrasecretary@gmail.com)

GDRRA acts as a conduit to all levels of Government, Local, State and Federal for matters concerning the community.

GDRRA also liaises with other peak bodies, like, Parks Victoria, Vic roads, Westernport Water, Telecommunications companies and other major service providers on your behalf.

As you can see, the all important position of Secretary, remains unfilled.

It is vitally important to the ongoing success of the Association that we fill this position quickly.

### Situation Vacant

The Grantville & District Ratepayers and Residents Association Inc. needs a Secretary.

If you have any Secretarial experience at all and can spare a couple of hours a week to help out, please let us know.

[gdrasecretary@gmail.com](mailto:gdrasecretary@gmail.com)

The next General meeting of the Grantville & District Ratepayers and Residents Association will be held on Friday 23 June, commencing at 7.30pm at the Grantville Hall.

Get on board and support us NOW.

Get on our mailing list  
Email us now

Email: [gdrasecretary@gmail.com](mailto:gdrasecretary@gmail.com)



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Corinella Foreshore Committee of Management Inc.  
[www.corinellaforeshore.com.au](http://www.corinellaforeshore.com.au)

### Corinella Boating Facilities Masterplan Community information and consultation session

Sunday May 21 at 1.30 PM  
Corinella Public Hall  
Presented by Wayne Hill  
Maritime Activity and Management Specialist

ALL WELCOME

### New community group with a collaborative approach

The Friends' Group -Western Precinct (FGWP) was recently formed to give the Corinella community a chance to discuss environmental and aesthetic issues affecting the Western and Settlement Point precincts, and to bring their concerns to the attention of the Corinella Foreshore Reserve Inc. Committee of Management (CFRCM) with a view to reaching a sensible and amicable outcome.

FGWP is mindful of the need to protect the environment and retain the natural beauty of Corinella for all to enjoy and nurture, and at a meeting with the Chair of the Foreshore Reserve Committee, presented their plan: "A way forward" and a "Model" for the Committee's consideration.

The group will continue its approach to work collaboratively with the CFRCM to help achieve the Department of Environment, Land, Water & Planning's aim to maximise community involvement in key decisions regarding the Reserve's management and future development.

If interested, please contact Friends of the Environment - Corinella 5678 0592.

### EXPRESSIONS OF INTEREST

Newhaven Primary School Fete  
Saturday 4 November 2017  
12-22 School Ave, Newhaven 3925  
Outside Stalls, Car boot Sales and Local Party Planners sites Available.  
Email for an application, conditions apply.

Stall contact:  
Kellie McDonald 0415 915 303  
[kelsmi@hotmail.com](mailto:kelsmi@hotmail.com)

General enquiries:  
5956 7326  
[newhaven.ps@edumail.vic.gov.au](mailto:newhaven.ps@edumail.vic.gov.au)

# Community Notes

## Grantville & District Foreshore Committee of Management

**Chairman:** Eric Hornsby.  
**Treasurer:** Roger Hayhurst.  
**Secretary:** Barbara Coles  
**General Committee Members:**  
 Dr. David Bourne, Ian James, and  
 Dr. Eric (Tim) Ealey.  
**Contact: Barbara Coles**  
**bacoles@bigpond.net.au**  
**http://www.gadfc.com.au/**

### No Report this month



### Almost fifty people attended the DELWP Open House forum at the Grantville Hall on Saturday 6 May.

The forum was held as a community consultation process, prior to the development of a Mangrove re-establishment plan for the area covered by the Grantville and District Foreshore Committee of Management. Those who attended were provided with an informative variety of posters and maps which covered the history of mangroves, the current situation with erosion, and some likely possible solution options and the opportunity to have their say. . The Department are to be congratulated on the initiative, and have promised to report back to us in time for the next edition with some feedback on the meeting.

Editor

## BASS COAST FIRE BRIGADES ARE RECRUITING NOW!



We are looking for community minded men and women who are ready to join an exciting team of volunteers who protect the communities of Bass Coast in a range of different ways.

Our volunteers come from all walks of life. They have diverse backgrounds, interests and skills. We need people who can:

- Attend emergencies including house fires, grass fires, car accidents and hazardous materials spills.
- Assist with the non-firefighting areas of running a fire brigade, such as administration, community education, fundraising and maintenance.

Being a CFA volunteer can involve some hard work, but the rewards are great. You can develop some great skills, receive accredited training, meet new people and become part of Victoria's largest volunteer team.

For more information please contact Brigade Support Officer, Pete Walters on 0408 546 905 or [p.walters@cfa.vic.gov.au](mailto:p.walters@cfa.vic.gov.au)

Or  
 CFA Volunteer Recruitment  
 Phone: Toll Free: 1800 232 636  
 Email: [volrecruit@cfa.vic.gov.au](mailto:volrecruit@cfa.vic.gov.au)

## LOCAL POLICE NETWORK

**Bruce Kent Station  
 Commander,  
 San Remo Police  
 Eastern Region  
 Division 5 Victoria Police  
 phone: 5678 5500  
 fax: 56785766  
 mobile: 0411 837 467  
 email: [bruce.kent@police.vic.gov.au](mailto:bruce.kent@police.vic.gov.au)**



Earlier this month, police from the Bass Coast Highway patrol detected a driver doing 179kph in 100 zone, along Bass Hwy in Bass.

Police spoke to the 29 year old male driver from Dandenong North, who admitted that he was racing against friends.

The driver's car was impounded at a cost of \$1415 and he will be summonsed to court at a later date.

Imagine what could have happened if a Kangaroo had suddenly decided to cross the highway?



**Emergency Dial 000**  
**[www.police.vic.gov.au](http://www.police.vic.gov.au)**

## News from The Probus Club of Corinella and District Inc

We meet on the first Wednesday of each month (except January) at the Bass Hotel, Bass 10am start. Guest Speakers and fun times, promoting fellowship and friendship. Morning tea supplied and You can purchase lunch after the meeting if required. All visitors are welcome to attend our Club Meetings. For further Information please contact Heather Reid on 0421012519 or Rob Parsons on 0402852300.

0473 077 125



## South Gippsland Support After Suicide

**Have you been bereaved by suicide?**  
 Come for morning tea and a chat

South Gippsland Support After Suicide is a new initiative offering peer support for those bereaved by suicide.

We meet monthly on the fourth Thursday at the  
**Grantville Transaction Centre**  
 Corner Bass Highway and Pier Road, Grantville

**from 10am-12pm**  
 Dates for 2017



23 Feb  
 23 March  
 27 April  
 25 May  
 22 June

27 July  
 24 August  
 28 September  
 26 October  
 23 November

These meetings are hosted by trained volunteers who have themselves been bereaved by the suicide of a loved one.

For further details or to RSVP  
 email [southgippslandsas@gmail.com](mailto:southgippslandsas@gmail.com) OR phone 03 9421 7640



## South Gippsland Arthritis Support Group



Coffee & Chat 1st Monday of Month  
 6-8pm, Leongatha RSL &  
 1st Tuesday of Month 2-4pm,  
 Korumburra Indoor Recreation Centre  
 Cost: Gold Coin Donation. For more information  
 please contact:

**Adam: 0408353785** [phomdin2@bigpond.com](mailto:phomdin2@bigpond.com)  
**Marg: 0417 154 057**  
**Diane: 5658 1443**

## South Gippsland Mental Illness Carer's Group

If you would like to join the group or get  
 more information:

Phone now -  
**Maggie 5658 1781**  
**Rosemary 5662 4352**

## U3A BASS VALLEY UNIVERSITY OF THE THIRD AGE

### Courses offered:

Book Club, Bush Painting, Creative Writing, Gardening, Get Creative, Movies & Theatre Appreciation, Tai Chi for Arthritis and Welding.

**[www.u3abassvalley.com](http://www.u3abassvalley.com)**  
**Heather White 5997 6323**  
**(PO Box 142 Grantville 3984)**

### U3A TAI CHI

**Why not give the U3A Tai Chi for Arthritis a try? Coronet Bay Hall 9.30am Tuesday**  
**Gentle exercise, good company and a cuppa.**

**Further information:**  
**Laura 5678 0884**  
**Vicki 5678 8734**





# Community Directory



Send us your Community Group  
Notices by **1st each month**  
editor@waterlinenews.com.au

## Artists' Society of Phillip Island

56-58 Church Street Cowes

For more information <http://aspi-inc.org.au/>

## Australian Red Cross

Woodleigh Vale Branch

Members meet in each other's homes on

2nd Thursday of Feb, Apr, Jun, Aug & Oct.

Contact Sheila Campbell 5678 8210

## Bass Coast Community Baptist Church

Minister - Barry MacDonald 5995 3904

**OP SHOP** open Mon-Saturday

Contact the Op Shop for details 5678 8625

## Bass Coast L2P Learner Driver Mentor Program

Wonthaggi - Corinella

The Bass Coast L2P Program now has a car

at Corinella & District Community Centre.

For further information contact:

Veronica Dowman 5672 3731 0467590679

## Bass Coast Strollers

Catering for all adults participating in walks around the Bass Coast region of Victoria.

Contact Liz Hart 5678 0346

Website: <http://basscoaststrollers.org/>

## Bass Friends of the RSL

Secretary Sue Kinniff 0418 588 596

## Bass Valley Landcare

2-4 Bass School Rd, Bass 5678 2335

## Corinella & District Probus Club

1st Wednesday each month except January

Bass Hotel 10am start, Morning tea

supplied. Can purchase Lunch after

meeting. Heather Reid 0421 012 519

## Corinella Bowling Club Inc.

Balcombe Street Corinella.

Jacquie Carter 5678 0596

## Corinella & District Community Centre

48 Smythe St Corinella. 5678 0777

Mon - Fri 10am - 4pm Keep up to date:

Facebook @corinellacommunitycentre

[www.corinellacommunitycentre.org.au](http://www.corinellacommunitycentre.org.au)

## Corinella & District Men's Shed & Woodies Group

Corinella Road

Visitors and new members welcome.

Contact: Ken Thomas 0427 889 191

## Corinella Foreshore Committee

Contact Barbara Oates 0427 780 245

## Coronet Bay, & Surrounds Playgroup (0-4yrs)

Coronet Bay Hall

Mondays 10am—12noon

(Please bring \$2 per family and a piece of

fruit. (\$5 Annual Membership per family),

ALL children are to be accompanied by

their parent or carer. Tea and coffee

Contacts: Becky 0439 638 854

Ann 5678 0341

## Coronet Bay Adult Social Club

Tuesday 7-10pm Coronet Bay Hall

Ann 5678 0341

## Country Women's Association of Vic inc.

### Bass Group.

Coronet Bay Margot 0409 559 047

Cowes Lorraine 5952 2165

Glen Alvie Libby 5678 3280

Grantville Annie 5678 8037

Loch Val 5659 4268

Woodleigh Vale Carol 5678 8041

## Grantville & District Ambulance

### Auxiliary

Contact - Shelly 0417 593 497

## Grantville & District Business & Tourism Association

President Neroli Heffer 5678 8548

## Grantville & District Ratepayers & Residents Association

Secretary Kathleen Hopkins 5678 8327

## Grantville & District Foreshore

### Committee

Roger Hayhurst 0416 061 400

## Grantville Recreation Reserve Committee

Pat Van 5997 6221

## Grantville Tennis Club Inc.

Contact Pat Van 5997 6221

## Kernot Uniting Church

1040 Loch-Kernot Road, Kernot

Local services throughout the year

Contact Secretary Judy Hogan 0422 094 903

## Lang Lang Community Centre

Coordinators Marg and Michelle

Phone 5997 5704

Email: [llcc@langlang.net](mailto:llcc@langlang.net)

## Lang Lang Playgroup

(0-Preschool) Thursdays 9.30am

Lang Lang Community Centre \$2 per child

Contact Crystal 0473 077 125

## Phillip Island Community Art & Craft Gallery Inc.

Cowes Cultural Centre Thompson Ave

Open every day 10am—4pm

All Enquiries Call Aleta 0419 525 609

## Phillip Island Indoor Carpet Bowlers

Come and join the fun

Friday 2 - 4.30pm, Saturday 1 - 4.30pm

Phillip Island Celebration Centre 6 Lions

Court, Cowes Contact Jack 0434 944 380

## Phillip Island & District Railway Modellers Inc.

The Phillip Island & District Railway

Modellers Inc. meet every Sunday from

1.30pm to 5pm. At the Phillip Island

Celebration Centre, 6 Lions Court Cowes.

Contact Peter 5956 9513

## Phillip Island Community and Learning Centre (PICAL)

56-58 Church Street, Cowes

5952 1131

[Linda Morrison\\_manager@pical.org.au](mailto:LindaMorrison_manager@pical.org.au)

## Phillip Island Patchworkers

Meet on a Monday night from 7.30 at the

Newhaven Hall (except public holidays), the

first Tuesday of the month at the Newhaven

Information Centre meeting room 10.30 and

the last Tuesday of the month at the Cultural

Centre in Cowes at 10.30. Cost to attend is

\$2. To join the club is \$20 annually with a

\$6 one off joining fee. For more information

contact Debbie on 59521530 or at

[phillipislandpatchworkers@gmail.com](mailto:phillipislandpatchworkers@gmail.com)

## Phillip Island Senior Citizens Club

Phone bookings 5952 2973

Email [piscc123@gmail.com](mailto:piscc123@gmail.com)

## Phillip Island Squares

Square Dancing, Bass Valley Community

Hall, Bass School Rd, Bass 7.30 - 10.00pm

Thursday nights

Contact: Carol 5952 5875

## Pioneer Bay Progress Association

Zena Benbow [pbpa@bigpond.com](mailto:pbpa@bigpond.com)

## Survivors of Suicide

Raising awareness to aid prevention

[Jillian Drew 0413 056 165](mailto:JillianDrew0413056165)

## St Pauls Anglican Church Bass

HC at 12.30pm every Sunday followed by a shared lunch

Rev Greg Magee 5952 2608

## St Georges Anglican Church Corinella

1st Sunday each month 11.00am

Other Sundays 9am

Free Community Lunch Corinella

Community Centre Second Friday

Op Shop open Mon, Thur, Fri 10am - 2pm

[Saturday 9am- 12.30pm](http://www.stgeorges.org.au)

## Tenby Point Residents Association

President Jean Coffey 0419 500 593

Secretary David Pearce 0401 514 339

## The Probus Club of San Remo

Second Monday of the month (except

January) 10am at the Newhaven Public

Hall. Visitors Welcome.

Enquiries: Neil Stewart 5956 6581



# Around the Markets & Op Shops

## MARKETS

**Every Sunday**  
**Kongwak**  
**Market**  
**10am - 3pm**

Retro stalls, food, vegetables, coffee, curries  
 30+ stalls  
 Enquiries: Jane 0408 619 182

**1st Saturday**  
**Archies Creek Indoor Market**

Community Hall  
 Enquiries: info@archiescreek.com

**2nd Saturday**  
**Coal Creek Farmers' Market**

Coal Creek Community Park 8am - 12.30pm  
 50+ stalls  
 coalcreekfm@hotmail.com  
 Contact for information 0459 629 000

**Cowes Island Craft Market**

102 Thompson Avenue, 9am - 2pm  
 In the grounds of St Phillips Church  
 60+ stalls Make, bake and grown goods and produce.  
 Contact for further details 0412 710 276

**4th Saturday**  
**Churchill Island Farmers' Market**

40+ stalls. 8am - 1pm  
 peter@rfm.net.au  
 Further Information 0439 364 760

**Cowes Market on Chapel**

Chapel Street. 8.30am - 2pm, 30+ stalls  
 Further information-contact 0428 603 043

**1st Sunday**  
**Jumbunna Bush Market**

Jumbunna Hall  
 Further information, phone 5657 3253

**2nd Sunday**  
**Koowee Community Market**

Cochrane Park, Rossiter Rd 8am - 1.30pm  
 Indoor/outdoor Phone 0418 289 847  
 Email: info@kooweemarket.com.au

**Rotary Club Market Wonthaggi**

Apex Park 8am - 1pm, 50+ stalls  
 Walk to nearby Make it - Bake it Market  
 Contact: Neville Goodwin 5672 7245  
 Garry Sherrick 5672 5812

**Loch Lions Village Market**

May - Sept Loch Public Hall  
 Oct - April Loch Railway Station Park  
 70 + stalls  
 Information from Noel Gregg 5627 5576  
 Market day phone 0418 500 520

Community Markets



**3rd Sunday**  
**Inverloch Farmers Market**  
 The Glade, Esplanade, 8am - 1pm  
 50+ stalls  
 Information: peter@rfm.net.au  
 Phone 0439 364 760

**Tooradin Sunday Market**

9am - 1pm  
 Stallholders wanted, \$20 includes 1 sausage & bread breakfast per stall.  
 All Market Enquiries: 0429 188 280

**4th Sunday (Weather Permitting)**  
**Grantville Variety Market**

Grantville Recreation Reserve  
 Bass Highway, Ample parking.  
 Weather permitting, Except December which is the third Sunday.  
 8am—2pm 100+ stalls  
 BBQ & Sausage sizzle, Coffee Cart, indoor and outdoor, cake stalls plus plenty of home made goodies.  
 Contact for further details 5997 6221

**Last Sunday of each month**  
**Inverloch Community Farmers' Market**

The Glade, Esplanade, 50+ stalls  
 Fresh produce grown and made in Gippsland.  
 Email:  
 info@inverlochfarmersmarket.com.au  
 Phone 0417 370 488

**2nd Friday and Saturday each month**  
**San Remo Cuppa and Chat Market**

St. Augustine's Church  
 Marine Parade San Remo  
 Hosts a Cuppa and Chat Market every month on a Friday and Saturday.  
 Friday 9am - 1pm  
 Saturday 9am - 12noon  
 10+ stalls  
 Bric a brac, cakes, & jams Friday, plus a sausage sizzle on Saturdays.  
 Further Information: 5678 5386

## OP SHOPS

**Bass**  
**Bass Valley Community Group**

**Hadden House Op Shop**  
 Next to Bass Hall, Bass  
 School Road  
 Monday to Friday 9am - 3pm  
 Saturday 10am - 2pm  
 Phone Enquiries 5678 2277



**Corinella**

**St George's Anglican Church Op Shop**  
 Smythe Street Corinella, next to Church  
 Monday, Wednesday, Thursday, Friday  
 10am - 2.00pm  
 Saturday 9.30am - 12.30pm

**Grantville**  
**Bass Coast Community Baptist Church Op Shop**

Bass Highway, Grantville  
 Open Monday - Friday 10am - 3pm  
 Saturday 10am - 1.30pm  
 Phone 5678 8625

**Bass Valley Lions Club Op Shop**

Situated at the Grantville Garden Supplies  
 Open Monday-Saturday 5678 8357

**Lang Lang**

**Lang Lang Community Op Shop**  
 12 Westernport Road  
 Monday - Friday 10am - 3pm  
 Saturday 10am - 1pm

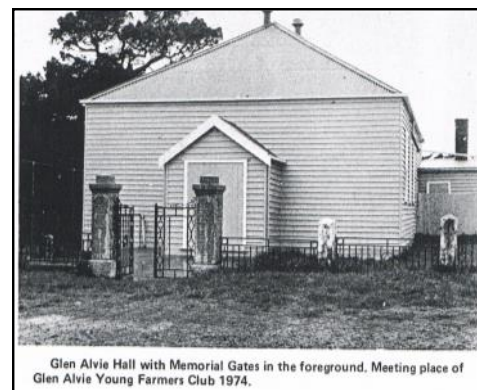
**Nyora**

**Nyora Op Shop at the Nyora Station**  
 Open Monday - Saturday 9am - 1pm.  
 Enquiries to Sylvia, Phone 5659 0089

**San Remo**

**San Remo Op Shop**  
 Back Beach Road.  
 Enquiries 5671 9200  
 Email: info@basscoasthealth.org.au

## Community Halls for Hire



Glen Alvie Hall with Memorial Gates in the foreground. Meeting place of Glen Alvie Young Farmers Club 1974.

**Archies Creek** Mez Oldham 0415 445 215  
**Bass Valley** 5678 2277  
**Corinella** Paula Clarke 0418 441 046  
**Coronet Bay** Peter Thick 0429 851 004  
**Dalyston** Dorothy Slade 5678 7334  
**Grantville** Pat Van 5997 6221  
**Kernot** Julie Johnston 5678 8555  
**Kongwak** Betty Anderson 5657 4317  
**Loch Grieg** Barry 0419 358 628  
**Kilcunda** Marion 0404 135 434  
**Nyora** Robyn 5659 0098  
**Newhaven** Noel Street, 5956 6122  
**Rhyll** Ring General Store, 5956 9205  
**Woodleigh** Evan Jones 5657 7275

**Details not right?**

**Let us know....**

**editor@waterlinenews.com.au**

**If your community group is not listed in our community Directories, please let us know**



# Community Centre News



## Who are we?

Wonthaggi Neighbourhood Centre incorporating Mitchell House and the Harvest Centre is run by a community based Committee of Management. We aim to provide a positive, welcoming environment where you can meet new friends, learn or share skills, ideas and information. If you're interested in being more involved in your Neighbourhood Centre call in and have a chat to the Coordinator Jan Bourne.

## News from Wonthaggi Neighbourhood Centre (Mitchell House).

Phone: 5672 3731

I'm sure your interest has been piqued by the offerings in term 2 and your enthusiasm has kicked in. We are continuing our regular courses, included new ones and have got on offer special events which will make term 2 interesting. Please note that the Harvest / Community Shed is going through some renovations. We hope it will be ready soon. If your event or course is there, check with Mitchell House on **5672 3731** to confirm.

## Here are some one off and second offerings events happening this issue:

**Beekeeping Basics** is happening on Saturday 20th May 1.00 - 2.00pm at Mitchell House. Join apiarist David Barton for a second informative session on Beekeeping essentials. Please book on 5672 3731.

**'Welcome to Our Town'** Morning Tea is on Wednesday 24th May from 10.30am at Mitchell House. Are you new to the area or been here awhile and would like to meet other friendly folk? Come and have a cuppa and a chat and pick up your FREE 'Welcome to Our Town' DVD and pack.

**Chronic Pain Support Group** will be happening on Thursday 25th May at 1.00pm, Mitchell House.

Chronic pain can be isolating, meet with others to share and have social support.

**2017 National Reconciliation Activity Day** is on Friday 26th May 1.00 - 2.00pm at Mitchell House.

Local Aboriginal children and their families and friends will join with Wonthaggi PS for a shared fun activity to mark the milestones in our Australian reconciliation journey.

**BandJam/ HotRock/ Blues/ Chill!** is a new regular fortnightly activity. It's on Thursdays 18th May, 1st June & 15th June at 4.00 - 6.00pm and is open to young people 14-24yrs, at the Harvest Centre Shed.

It's workshops for young people to learn about playing in a band. Intermediate music skills are required.

Please check first.

**Autumnal Pop-Up Lunch** will be happening on Wednesday 31st May 12.30 - 1.30pm at Mitchell House.

Join us for a light lunch. We'll be using produce from the Harvest Centre Community Garden.

**Hope: Domestic Violence Support Group** will meet on Friday 2nd June 9.00 - 10.00am. This is a new self-help group meeting in a safe place for women who have or are experiencing domestic violence. Call Theresa on 0416 866 699.

**Your Asthma in Your Hands** is on Saturday 3rd June, 10.30 - 11.30am, Mitchell House. Learn simple techniques to enhance your breathing capacity. Call 5672 3731 to book in.

**Unemployed Workers Union** Monday 5th June 12noon - 2.00pm at the Harvest Garden Centre. Meets on the first Monday of the month. The Australian UWU is run by unemployed people working for the rights and dignity of unemployed people.

**Embroidery Machine Group** is on Tuesday 6th June 10.00am - 3.00pm at Mitchell House. This new group meets monthly and is for lovers of machine embroidery. You will need your own machine.

**Wet Felting: Create a Unique Bowl** is on Wednesday 7th June 10.30am - 12.30pm, Mitchell House. Learn how to make a beautiful handmade vessel for very special things! Please call 5672 3731 to book in.

**Department of Justice (Wonthaggi)** is on Wednesday 7th June from 1.00pm, Mitchell House. It's a free community information session for you to seek assistance or find out about various law related situations and get information about yourself. e.g. birth and marriage certificates.

**Sound Therapy - Relaxing Sound Bath** on Wednesday 7th June 6.00 - 7.00pm at Mitchell House. It's done by using a combination of vowel and tonal sounds to bathe the body at cellular level. For more information or to book in call Nicky on 0457 173 782.

**Learn Traditional Reiki: Level One - (Weekend)** will be happening on Saturday 17th & Sunday 18th June 10.00am - 4.00pm at Mitchell House. Reiki is a natural therapy that rebalances the entire body, mind and spirit. You will learn how to heal yourself and others in one weekend! To book call 0407 676 898.

**There are many other courses and events available, find out by visiting our Facebook page on Mitchell House Wonthaggi Neighbourhood Centre and keep up to date with what's going on or just pop in and have a cuppa and a chat, everyone welcome.**

**5672 3731**



**L2P**  
**LEARNER DRIVER MENTOR PROGRAM**

*Making a Difference in the Lives of Young Victorians*

The L2P program helps 16 - 21 year olds achieve the 120 hours of learner driving experience required to obtain a P-plate licence.

If you have a Learner's permit but do not have access to a supervisor driver or a vehicle due to financial or family circumstances, you are eligible to participate in the program.

You will have access to limited professional driving lessons and be supervised by a VicRoads trained volunteer/mentor to help you obtain your 120 hours driving experience.

## Bass Valley Computers



**All computer repairs to Apple and Pc including service repairs to main boards and screen**  
**No fix no charge**  
**Now in South Dudley**

**(03) 5678 8715**

**Email? [bvc@dcsi.net.au](mailto:bvc@dcsi.net.au)**

## The Waterline News

makes space available to all community groups in our distribution area and nearby for letting the community know about their activities and events.

## Send us your details

Deadline - 1st of each month.

Distribute 3rd Thursday of each month

**To ensure your message gets out there, make sure you get in before the deadline.**





# Community Centre News

## BASS VALLEY COMMUNITY GROUP Inc.

Bass School Road, Bass  
Centre Manager:  
Roderick McIvor  
Phone 5678 2277



### Letter to the Editor.

Unfortunately I will not be able to submit future items to the Waterline News. The BVCG Committee of Governance have requested me to limit any media to the Bass Valley News. As I have mentioned to you a number of times, I am very appreciative of you having given space in the Waterline News for our item. It has been very good publicity for the Centre and its activities.

**Roderick McIvor, Centre Manager.**



48 Smythe Street, Corinella, Victoria, 3984  
t: 03 5678 0777 f: 03 5678 1137  
e: coord@cdcc.asn.au  
w: corinellacommunitycentre.org.au

**What's happening at your local community centre? We have activities and groups running every day; drop in for a copy of our term 2 program or view it on our webpage at:**  
[www.corinellacommunitycentre.org.au](http://www.corinellacommunitycentre.org.au).

Want to learn how to create beautiful mosaics? We have an enthusiastic group that meets every Monday evening where you can work on your own masterpieces amongst likeminded people.

Also on Monday and Wednesday evenings our local Yoga guru, Nikki runs the very popular yoga classes.

Join our exercise class every Tuesday morning with Jacky. Jacky is a local personal trainer who works with people of all levels of fitness. Join John Adam local talented artist every Tuesday afternoon for art classes. Get support and help from John to develop your techniques and skills.

On Tuesday evenings, join Delma for relaxation and meditation. Learn how to relax and find that inner peace through meditation. The Crafties meet every second and fourth Wednesday of the month, bring along your crafts that you are working on or have not had the time to finish and join a bunch of fellow Crafties for a fun morning out.

Every Thursday, local artist Keith facilitates an art group where you can work on your paintings and get some tips from Keith. Every Thursday at lunchtime, we run the 'Autumn Days Social Lunch.'

Everybody's welcome to enjoy a light lunch whilst having a 'chinwag' with others, cost is by donation.

Book club is a great group that runs on the second Thursday evening of every month. Join Libby and the group to discuss or debate the book of the month.

The lovely women of the St Georges Church Auxiliary host a delicious three-course community lunch on the second Friday of the month.

The food pantry is open every day to support people to put food on their table.

This free service is designed to provide enough food in emergencies to get through a 24-hour period. We have a range of pantry goods, fresh fruit and vegetables. Fresh fruit and vegetables are generously donated every week by our friends, the Riccardi family at La Provincia in Corinella.

Drop in to have a browse of our free book exchange, grab a book, swap a book or donate a book, up to you.

We have a great range available for our selection. CDCC run regular small bus trips to city markets, theatre shows, hot springs etc., call us to register your interest and enjoy a day out without the hassle of driving. We have created the 'West Wall Gallery' in the foyer of the centre and are hosting monthly exhibitions of local artists.

All of the exhibiting artists are living in the district, support your locals by dropping by and maybe purchase their work. Do you need a small bus to get to events? We hire out the Waterline Community Bus (9 seater) at very reasonable rates. Call us to check availability and prices.



We are always on the lookout for new volunteers, do you have a spare day a week? If so give Iain a call and come and join the team.

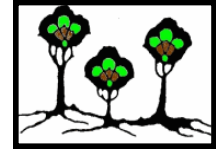
Volunteer roles are mostly in office administration but if you have special skills do call in and have a chat.

Mark your diaries for our next Meet Your Local Farmer Market 10.00 am to 1.00 pm on Saturday 17 June. We will be showcasing local farmers and producers who will be selling their produce directly to you. Our local farmers and producers need our support, come along and buy local.

**Keep up to date with us on Facebook @CorinellaCommunityCentre. Call in or call us on 5678 0777.**

**Cheers Iain**

## LANG LANG COMMUNITY CENTRE



- Public Internet Access to all members.
- iPad Tuition
- Lifestyle classes including: Yoga, Pilates, Cardio, Walking group and Line Dancing, Tai Chi.
- Playgroup and Hey Dee Ho for the littlies.
- A variety of Patchwork groups.
- Men's Shed Group.
- Secretarial Support Services including: Photocopying, typing and scanning.
- Book Exchange
- Small offices for hire
- Centrelink Agent with dedicated computer.
- Medicare Claim Service

### Forthcoming events:

\*Origami flowers on Thursday June 8th 2-4 pm, cost \$5.00, bookings essential, sample on display in our office.

\*Australia's Biggest Morning Tea- our annual event which is actually held in the afternoon Thursday May 25th at 2pm. A get together where we play some games and enjoy each others company while fundraising for this great cause. Bring a plate to share and gold coin donation.

### For further details on all events

Please call us, we open @ 9.30am five days a week.

7 Westernport Rd, Lang Lang 3984

Contact Coordinators

Michelle or Marg

(03) 5997 5704

llcc@langlang.net

## Phillip Island Community and Learning Centre



56-58 Church St, Cowes  
Centre Manager - Linda Morrison

5952 1131

Email :

admin@pical.org.au

Website:

www.pical.org.au





**CFA NEWS**  
With  
**Michele Fulwell**

**With the Easter and Anzac Day breaks April has certainly felt a short, exceptionally busy month. For our Waterline brigades there hasn't been a free weekend. A fundraising expo, Luminous Streets, the royal Children's Hospital Appeal and the Pirate Festival have kept us all busy.**

In addition there have been two prescribed burns in our area. One in Peacocks Rd run by CFA and involving multiple brigades and appliances, the other run by Forest Fire Management Victoria with CFA appliances in support.

Both burns went as planned and have reduce the fuel load in those areas.

This year sees local brigades holding their biennial elections. Brigade Management Teams are elected every two years to guide brigades through everything from training and incidents to safety, maintenance, fundraising and administration.

Those elected to these positions will take over in July. They put in untold hours of work in addition to their firefighting roles to keep a brigade running smoothly and operating at its best for their local community.

## **SAFETY MESSAGES**

Winter brings a different set of challenges for brigades and residents alike. We see call outs to unregistered burn offs and structure fires.

To ensure you don't get a visit from us please make sure you follow all shire bylaws when burning off AND register your burn off by calling 1800 668 511 and please let your neighbours know so they don't worry.

Other things to have in place for winter are a home fire escape plan – don't just write it down, practise it! Make sure you get your heaters (especially gas or wood) checked before use and keep a screen in front of them to prevent accidents.

If you are drying clothes inside keep them at least a metre away from any heat source. If you use your clothes dryer clean the lint filter after every use – a build of lint in dryers is a common cause of fires.

And just in case something does go wrong make sure you have a fire blanket and extinguisher in the kitchen!

**If you would like more information on Home Fire Safety head to the CFA website – [www.cfa.vic.gov.au](http://www.cfa.vic.gov.au).**

If you would like to play a part in protecting your community look out for information on our upcoming recruitment nights



**Senator Derryn Hinch assists with the drawing of raffle prizes.**

## **GRANTVILLE ADVENTURE EXPO**

Sunday 2nd April saw Grantville Reserve host the first ever Grantville Adventure Expo. Held as a fundraiser for the Kernot-Grantville Fire Brigade and supported by local and not so local businesses including SG Off-Road, Goldstream RV and Berwick Mitsubishi the Expo showcased everything from new cars to fishing gear.

Display vehicles in 4WD, Ute, Wagon and Van sections were seeking to gain one of 29 trophies.

This section reflects the Expo's roots as a 4WD and & Ute Show'n'Shine but as with everything else this year was expanded.

Scott Middleton did a fantastic job as our judge for the day.

Also on display was a selection of vintage ambulances and police vehicles that easily brought to mind decades long gone. Add in the immaculate vintage caravans and there was quite a feeling of nostalgia in one corner of the reserve.

But it wasn't all cars and fishing – Walker Street Band played all day with foot tapping tunes keeping everyone entertained. With carnival games, a petting farm, jumping castle and mechanical bull there was something for everyone to see and do.

Russ Williams generously donated his time run a live auction and Senator Derryn Hinch kept a promise to attend and draw the raffle, mingling with the crowd beforehand and spending time chatting to the Young Veterans who joined us with a display on the day.

Around 1500 people attending meant the selection of quality food vendors were kept on their toes and our car park attendants barely got a break!

Finally a huge thank you to our sponsors, donors, brigade members, family and friends, and our community for supporting this wonderful event.

See you next year!



## **Kooweerup Regional Health Service**

235 Rossiter Road, Koo Wee Rup  
ph: 03 5997 9679  
email: [gregorys@krhs.net.au](mailto:gregorys@krhs.net.au)

website: [www.kooweeruphospital.net.au](http://www.kooweeruphospital.net.au)



## **Koo Wee Rup's very own Youth Centre.**

Local youth frequently find it difficult to know how or where to get help for their health and wellbeing, "One in five school age children will struggle in some way during their school life" said Brian Harlow the Hub Youth Centre Co-ordinator. "But 70% of them won't know how to seek assistance, we're here to fill that gap." Fortunately we recently had the official opening of Koo Wee Rup's own Youth Centre-The Hub. KRHS CEO Frank Megens and staff welcomed community members, local Cardinia Councillors, local youth and other supporters to the opening.

Friday the March 3 the Federal Member for Flinders and Minister for Health and Sport Greg Hunt visited the Koo Wee Rup Men's Shed and The Hub. Greg Hunt discussed how important good mental health is for wellbeing and the installation of Solar Panels on the shed under the Solar Communities Program. These solar panels will greatly reduce the cost of power to the Men's shed.

**KRHS** is a 72 bed Public Hospital.

We provide a range of community and centre based services: Acute Care, Early Parenting, Transitional Care, Respite and Residential Aged Care, Community Health, District Nurses, Pathology and Allied Health e.g: Physiotherapy, Social work and Occupational Therapy. There is also Specialist Medical Services: Podiatry, Cardiology and a Diabetes Clinic. KRHS is a member of the International Health Promoting Hospitals Network and Global Green and Healthy Hospitals.



**Kooweerup**  
REGIONAL HEALTH SERVICE

# Food

## A COOK'S JOURNAL



For Jan Cheshire, good cooking starts in the garden with fresh, seasonal vegetables, herbs and fruit. Jan shares food tips and some of her favourite recipes.

### Pasta with the lot



WE HAVE had such an overabundance of vegetables this summer that it has been hard work finding recipes to deal with it all. In particular, the tomatoes are still going strong, but so are the eggplants. We only had a few last year, but this year they have gone crazy!! This recipe uses all those vegetables and is particularly delicious into the bargain. If you are not sure about the "vegetarianism" of this dish, you could always barbecue a couple of good steaks to go with it.

### BAKED RISONI PASTA WITH CHEESE & OREGANO

Serves 4

Ingredients

- 100 ml of olive oil
- 1 large eggplant, diced
- 4 carrots peeled and diced
- 4 celery stalks diced
- 1 onion diced

- 3 cloves of garlic crushed
- 250 grams of Risoni (a pasta that looks like large grains of rice and is available in most supermarkets)
- 1 teaspoon of tomato paste
- 380ml vegetable stock
- Small handful of fresh oregano or thyme, chopped
- The grated zest of 1 lemon
- 120 grams of grated mozzarella cheese(I buy it already grated)
- 40 grams of parmesan cheese, grated
- 3 medium tomatoes, sliced
- 1 teaspoon of dried oregano and salt and pepper to taste

### Method

Preheat the oven to 200C  
 Cook the eggplant over medium heat for 8 minutes until golden brown. Remove and drain on a paper towel.  
 Add carrots and celery to the pan and cook for 8 minutes and remove to a paper towel. Add onion and garlic and cook for 5 minutes.  
 Add the Risoni and tomato paste and cook a further 2 minutes.  
 Remove the pan from the heat and add stock, fresh oregano, lemon zest, cooked vegetables, mozzarella and parmesan and ½ teaspoon of black pepper  
 Mix well and put into a 21 x 27cm rectangular baking dish or 27cm diameter round dish.  
 Arrange the tomatoes on top and sprinkle with the dried oregano, salt and black pepper.  
 Bake for 40 minutes until pasta is cooked through. Remove, leave to settle for 5 minutes and serve.

### Enjoy!

This recipe was adapted from a recipe by Yotam Ottolenghi from his book "Plenty More"

Jan Cheshire's recipe first appeared in The Bass Coast Post online, in March. <http://www.basscoastpost.com/>

### Simple Kitchen Tips

Use tongs for cooking pretty much everything  
 Spatulas are awesome for anything that needs to be flipped or scraped, like eggs and pancakes. For everything else, tongs are the way to go. They're much more nimble and less awkward to use, and you'll find far fewer things jumping from your pan onto the floor. If you have non-stick cookware, be sure to use tongs with nylon tips.



Kernot Food & Wine Store  
Paul and Julie Johnston

### Open

Thursday & Sunday 9.30am - 8.00pm

Friday-Saturday 9.00am - 10.00pm

Breakfast & Lunch Thursday to Sunday

Wood Fired Pizza Thursday to Sunday

Dinner Menu Friday & Saturday

[ Winter opening times may differ ]

Live Music Friday Night & Sunday Lunch



1075 Kernot-Loch Road  
Kernot, Victoria 3979  
03 56 788 555

kernotfoodandwinestore@gmail.com  
facebook: Kernot Food and Wine Store

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Phone 0466 183 513



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The best holidays come from peace of mind.  
For more information call 1800 622 966





**DEMENTIA**

Dr. Rachel Wonderlin

**Why “Reminders” backfire in dementia care**



“So, mom, remember what you need to do after you eat breakfast?” Nancy asked her mother.  
 “Um...I need to...eat lunch,” the older woman grinned, knowing it was the wrong answer, and looking at me for a quick wink of the eye.  
 “No, mom,” Nancy sighed, not enjoying the joke. “You need to brush your teeth.”  
 “...after breakfast,” Corrine nodded.  
 “Right!” Nancy smiled, happy that her mom “understood” the plan.  
**Corrine didn’t actually retain any information, but her daughter felt like she did.**  
 Corrine actually only repeated the information soon after she heard it, which doesn’t mean that she learned anything new—she was just repeating.  
 I used to have a resident in one of my communities whose son was really great

and devoted to her care.  
**Still, he didn’t understand why all the notes he’d stationed around her room weren’t working.**  
 He had notes for everything: in the bathroom, there was a note that signaled her to “brush her hair,” near the clock a note that signaled her to note the time and head down to meals, on the bedroom wall, a note that suggested she should pick out socks from the sock drawer.  
**My resident ignored every single note.**  
 Really, she didn’t see the notes, and, even if she did, the information was too complicated.  
**This is one of the reasons that you won’t often see emergency call buttons in dementia care communities: the residents don’t know to use them in an emergency.**  
 While it can make family members feel better to see an emergency call button in a residents’ bathroom, the fact is, they just don’t understand how to use them.  
 These types of “reminders,” although they make families feel better, often don’t accomplish anything. People with dementia have trouble reading something and then translating into action.

<http://www.dementia-by-day.com/>



**Grantville Medical Centre**  
 2/1524 Bass Highway,  
 Grantville

**For Appointments Call**  
 (03) 5678 8029

**Hours**

Mon - Fri 9.00am - 4.30pm  
 (Wed closes at 1.00pm)  
 Closed over lunch period

**Bulk Billing**

All Pensioners, Health Care Card Holders and children under 16 are Bulk Billed.

[www.wonthaggi.com.au](http://www.wonthaggi.com.au)



**Nurse Practitioner**  
**DG Nurse Practitioner**  
**Grantville Transaction Centre**  
**Cnr Bass Hwy & Pier Rd**  
**Grantville, 3984**  
**Hours**

Mon, Tues, Thur, Fri 8:30 am - close  
**Bulk Billing**

All consultations bulk billed  
 May have fees for some procedures\*

**For appointments phone**  
 5616 2222

or  
 0467 841 782

**Same day appointments available**

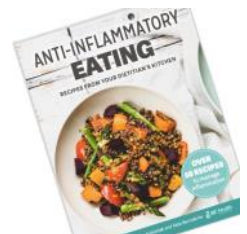
**Some of the services available**

- |                                        |                |
|----------------------------------------|----------------|
| Fluvax                                 | Immunisations  |
| Men’s Health                           | Prescriptions  |
| Referrals                              | Skin Checks    |
| Wound Care                             | Women’s health |
| Dressings*                             | Ear syringing* |
| Lesion removal*                        | Suturing*      |
| Treatment minor illnesses / infections |                |



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**Anti-Inflammatory Cookbook**  
 \$34.95  
 Chloe McLeod, Monica Kubizniak and Kate Bennett



The book is split up into 5 sections:  
 Vegetables & Fruit, Grains & Legumes, Fish & Seafood, Nuts & Seeds, and Herbs & Spices.  
 Current evidence-based research indicates that many of these foods and spices provide key anti-inflammatory compounds.  
 The result is better health!

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## Eye care boot camp: back-to-basics everyday health tips

Joel Callen



It can be difficult to know what to do to take care of your eyes. We've put together a list of some simple things you should be doing to ensure you're giving your eyesight the best care possible.

### Doctor knows best

You should try to have regular eye tests, even if you don't wear glasses. Not only does this help you keep track of your own eyesight, it gives your doctor a chance to pick up on diseases like cataracts and glaucoma. Your eyes can also indicate diabetes and high blood pressure, so get those peepers looked at.

### Watch those lenses

You should ensure that your lens prescription is correct. Having the right lenses will improve your quality of life, and help reduce the risk of accidents such as falls.

### The dos and the don'ts

Time for a lightning round – here are the things you really should be doing, as well as the things you really shouldn't if you want to take the best care of your eyes... DO eat well. A healthy, balanced diet is important, and will protect against some conditions like cataracts and age-related macular degeneration (AMD). DON'T smoke. Smoking increases the risk of AMD and cataracts. DO wear sunglasses. Protect your eyes from harmful UV rays with good quality

sunnies. DO ensure you have adequate lighting. Poor lighting can strain your eyes. When you're 60, your eyes need three times as much light as they did when you were 20. Grab yourself a flexible table lamp to direct light appropriately when you're reading.

## 6 Unhealthy foods to avoid



Alexandra O'Brien

There are certain foods that we know we should not eat. Then there are those that cleverly parade as healthy - but are far from it. Here are six that you should never keep in your kitchen.

### 1. Energy drinks

Containing high amounts of sugar - among other nasties, energy drinks are never a good idea. Opt for some water that you flavour yourself. Think berries, citrus fruits, mint and so on.

### 2. Muesli bars

A great on-the-run snack, don't be fooled by the these snacks parading as something healthy. Either make your own using peanut butter as a flavouring for a protein kick, or reaching for a piece of fruit and a few nuts instead.

### 3. Tomato sauce

Did you know that just one tablespoon contains of the red stuff can contain four grams of sugar? Consider making your own from tomatoes or skipping it altogether.

### 4. Microwave popcorn

Yes you would have heard of this being talked about as a healthy snack, however, when it comes to the microwave type, be warned as it has high levels of sodium, fat, butter and other flavourings.

### 5. Sugar-laden breakfast cereals

Most cereals in the breakfast aisle at the supermarket are, in fact, not good breakfast options at all. Full of sugar, that could classify as a sweet treat. Either make your own muesli from oats, nuts, seeds and more; or look for natural varieties that are low in dried fruit and have no added sugar.

### 6. Artificial sweeteners

This is a topic that divides many. Laden with chemicals, we say you should skip artificial sweeteners. Studies show they make you hungrier, which could lead to more eating.

<http://www.oversixty.com.au/>

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**SOUTH GIPPSLAND JAZZ SOCIETY  
Inverloch Jazz Club**

**Sunday 11 June.**  
A local 7 piece band called  
"Captain Tasty and the filthy Horn".  
**Enquiries: Neville Drummond 5674 2166**

**Saturday May 6  
Coronet Bay Hall  
7 - 11pm**

Coronet Bay UNPLUGGED continues to attract good audiences every 1st. Saturday of the month at 7pm. at the Coronet Bay Hall, Gellibrand street.

No matter what style of music you like there will be something to your taste. You can bounce along to rock or shed a tear with heart rending folk, or just have the troubles of the day flow away with beautiful classical music and poetry. Truly the best value entertainment around, it's just a gold coin to enter and supper is provided.



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**The Jazz Club - 12-2pm Saturdays.**



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For your chance to win a fabulous Australian Jazz CD simply send your name and address on the back of an envelope to: PO Box 184 Grantville, 3984,



or you can Email: Win A CD to editor@waterlinenews.com.au But, don't forget to include your name and address if you are emailing. Congratulations to our April winner, Belinda Kendall-White, from Tasmania, who picked up The Waterline News at the Phillip Island Jazz Club and sent in an entry, your CD is in the mail.

**Why not try your luck this month?**

**Vale Ann Weston**

Phillip Island Jazz Club foundation member, Ann Weston, sadly passed away peacefully at Banfields Aged Care. recently.



Ann had not been the same after her soul mate Jim passed away late last year. Ann continually expressed her wish to join Jim upstairs. Unfortunately she went into a rapid decline physically. We trust that Ann is now at peace and reunited with her loving Jim.

**Jill Boyce, Phillip Island Jazz**

**PHILLIP ISLAND JAZZ CLUB  
Bass Room, Ramada Resort, Cowes  
Sunday 21 May 2 - 5pm  
Suzanne Petersen**

**Sunday 18 June**  
**SARAH MACLAINE BACK BY POPULAR DEMAND**  
Australian Singer/songwriter Sarah Maclaine constantly delights audiences with her rich, velvety voice, it's beautiful tone and fantastic vocal range. If you happen upon one of her performances you feel drawn in. She moves with ease from pop to jazz, blues to R&B, disco to Latin. You name it, she does it! Everything from The Beatles to Beyoncé, Ella Fitzgerald to Elvis Presley, Michael Jackson to Michael Bublé! Having worked with some of Australia's finest entertainers such as Peter Cupples (Stylus), Ross Wilson (Daddy Cool/Mondo Rock), Lisa Edwards (John Farnham) and others, Sarah has also had extensive experience as a session/back-up vocalist. **For more information please contact Robin Blackman on 0432 814 407.**

**MOE -  
LATROBE  
JAZZ CLUB**



**Sunday May 28 - Des Camm Jazz Band  
Sunday June 25 - New Nite Owls  
Sunday July 30 - Creole Bells Revival Band  
Sunday August 27 - Wonderdogs  
Sunday September 24 - Moonee Valley  
Friday October 27 - Dixie Dazzlers  
Friday November 24 -  
Maryborough Traditional Jazz Ensemble**

**Friday Music 8pm - 11pm  
Jazz Club President: Bruce Lawn 5174 3516**

**Moe RSL: 5127 1007  
(please book for meals)**

*Members will be notified of any changes to bands/dates*



**Vintage Jazz Posters**

The Phillip Island Jazz Club are fortunate to have a significant collection of vintage jazz posters compliments of member Bob Carter and we will be featuring these on a regular basis. The collection has been consolidated on display boards by committee member Jim Lalor.



Drummer Graham Bennett formed the Hot Sands Jazz Band in 1962 playing in the New Orleans Revival Style. Band members included Campbell Burnap - trombone, Frank Turville - trumpet, Paul Martin - Clarinet, Willie Watt - banjo and Ken Sluce - bass.  
<http://www.phillipislandjazzfest.org.au/jazz-club.html>



# & Lifestyle

## Wonthaggi Theatrical Group



WTG presents this iconic musical for 12 performances from 27 May to 11 June 2017. Tickets: \$39 / \$35 concession. Venue: Wonthaggi Union Community Arts Centre 96 Graham St Wonthaggi

Performance dates and times: Please note performance start times.

May 27 @ 7:30 pm  
 May 28 @ 1:30 pm  
 June 1 & 2 @ 7:30 pm  
 June 3 @ 1:30 pm & 7:30 pm  
 June 4 @ 5 pm  
 June 8 & 9 @ 7:30 pm  
 June 10 @ 1:30 pm & 7.30 pm  
 June 11 @ 1:30 pm

<https://www.wtg.org.au/tickets>

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## CWA Creative Arts Exhibition a great success



**Trophy Winners Photo:**  
**Back Row: Lois Jackson (40 year membership CWA Loch,) Gwenda Swan, Felicity Newberry.**  
**Front Row: Barbara Kerby, Dicky Dikkenberg, Agnes Veldhuisen, Betty Young.**  
**Absent: Kathrine Moss, Lynne Stebbing, Betty Joyce.**  
**Aggregate Trophy: Grantville branch.**

Last month's 63rd Bass Group Creative Arts Exhibition, held at Loch Hall, was very successful. The quality of the entries was high and the exhibits beautifully displayed.

Congratulations to Group President Gwenda Swan, Convenor Annie Graham, Assistant Convenor Betty Young, Kitchen Manager Pam Mawson and all who took part.



Carol Young

## Getting to the truth of the matter.

You like to understand important social issues? Want the truth but don't know who to believe?

Relief is at hand. Be entertained and informed at Bass Coast's first Hypothetical, in which a panel of your fellow citizens tackle a contentious issue with humour and flair under the eagle eye of a former judge.

### THE TOPIC:

Beware the Demon Drink!  
 Should Bass Coast be made a 'dry' area?

Our moderator is retired judge, Peter Hardham. Lining up on our panel are Marcus Satchell, vigneron; Kay Setches, former state MP; Chris Freeman, events manager; Graeme Sprague retired Local Area Commander (Bass Coast) Vic Police; Michael Whelan, Bass Coast Shire councillor; Wendy Williams, manager, 3MFM; Susan Pryde, lawyer, ex-restaurateur; and evergreen comedian, Rod Quantock.

This not-to-be-missed, one-off event is on Friday 2nd June, 7:30pm at the Baptist Church, Cnr McBride Ave and Broome Cres, Wonthaggi.

**Bookings essential at [gilheal@internode.on.net](mailto:gilheal@internode.on.net) Tickets to be paid for at the door, \$10**

Are you having difficulty tuning in to 103.1 3BBR-FM?

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# The French Island News



## FRIENDS OF FRENCH ISLAND NATIONAL PARK (FOFI)

Secretary: Meredith Sherlock. Phone 0438 077329, email: [secretary@fofi.org.au](mailto:secretary@fofi.org.au)



### FOFI Project Days

Third Saturday each month - activity to be confirmed. Contact Meredith for details, closer to the date.  
More details on: [www.fofi.org.au](http://www.fofi.org.au)

**More details on: [www.fofi.org.au](http://www.fofi.org.au)**

## FRENCH ISLAND COMMUNITY ASSOCIATION

French Island Community Association  
Tankerton PO  
French Island  
Victoria 3921  
[secretaryfica@gmail.com](mailto:secretaryfica@gmail.com)



### EMERGENCY SERVICES

There is no regular police presence or ambulance service on the island. French Island has a Country Fire Authority (CFA). There is one fire engine stationed permanently on the island, next to the Community Hall on Tankerton Rd. CFA volunteers are able to respond to any kind of emergency. Calling 000 is always the best option in an emergency.

### NURSE ON CALL

For non urgent health issues islanders may utilise the Department of Health's Nurse on Call service:  
Nurse On Call 1300 60 60 24

### AMBULANCE SERVICES

Ambulance Membership  
Membership Enquiries 1300 366 141 (Mon-Fri 8am-8pm, Sat 9am-5pm). Membership is advised as Air Ambulance is used from the island. If local support is required ask Ambulance to request CFA support on the island.

### FIRE PLAN

All bushland residents should have a personal fire plan. The French Island CFA hosts annual information sessions which give concrete advice on this topic. The CFA is also happy to visit individual properties to further aid in the development of fire plans. As for all of Victoria, fire bans and other instructions issued by the CFA should be followed.

### POISON INFORMATION HOTLINE 131126

## French Island General Store and Post Office

From bread and milk to plumbing supplies, the store provides so many goods and services, we can't name them all here. In the meantime, whether it's distilled water for batteries or a fuel filter for the car, ring to find out what's in stock. Newspapers can also be ordered from the store with at least 24 hours notice.



289 Tankerton Road, French Island 3921 (03) 5980 1209

## FRENCH ISLAND FERRY

The French Island Ferry is a ferry service which runs between Stony Point on Mornington Peninsula and Cowes on Phillip Island, via French Island.

### The ferry departs from:

Stony Point Jetty on the Mornington Peninsula  
(Stony Point Station is a short walk from the jetty)  
Tankerton Jetty on French Island  
Cowes Jetty on Phillip Island

### Fares:

Tickets are available at the Stony Point kiosk, and also on board the ferry.

Please note: the French Island Ferry is not a myki ticketed service.

The following fares apply:

Adult: one way - \$13.00, return \$26.00

Child\*: one way - \$6.00, return \$12.00

Pensioner/concession: one way - \$8.00, return - \$16.00

Bicycle (additional cost): one way - \$4.00, return - \$8.00

\*Children aged under 4 years travel free.

\*Child fares are available for children aged from 4 to 12 years old.

**For more information, see the French Island Ferries website [http://interislandferries.com.au/fi\\_costs.php](http://interislandferries.com.au/fi_costs.php)**

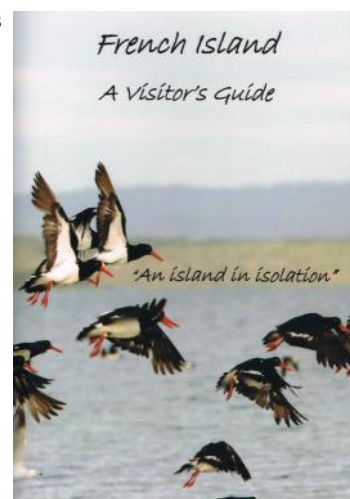
## New French Island Visitor's Guide

Now available:

From the General Store

Or Email the author  
Christine Dineen

[dineenc@optusnet.com.au](mailto:dineenc@optusnet.com.au)



Notices for the French Island section of

The Waterline News should be sent to:

[editor@waterlinenews.com.au](mailto:editor@waterlinenews.com.au)

by the 1st of each month.



## French Island General Store

Figs Cafe \* Bike Hire \* Accommodation

Courtesy bus for customers

Cafe & Bike Hire bookings 5980 1209

Accommodation bookings online:

[www.figsfrenchisland.com.au](http://www.figsfrenchisland.com.au)

289 Tankerton Rd French Island

Facebook/figsfrenchisland

# Figs!

In winter the fire roars and you'll enjoy menu specials to warm the soul, including hot soups, slow cooked main courses and delicious desserts. Sip a glass of French Island wine by the fire and settle in. You'll find local produce for sale including honey, soaps, candles, jams, pickles and more. The adventurous can head out for a ride or walk where koalas are plentiful. Feel like staying? Check-in to the Figs Cottage for a night or two. To get to the Island catch the ferry from Cowes and sail across the bay where you'll be greeted by the Store's courtesy bus (available weekends). The ferry is free for people over 60 on weekends. Visit [www.interislandferries.com.au](http://www.interislandferries.com.au) for timetables. The other way to travel is by Barge from Corinella. To book the barge call 0428 880 729.



### The recent French Island Landcare Garden Walk morning was a great success.

The first garden we visited was at Steve and Jenny's on Mosquito Creek Rd.



We were met by Jenny and her grandson and followed them along a lovely driveway to the house and garden. The garden is only five years old and has established quite well. There was lots of garden art and the beds were spread out along and around the property to give the illusion of different garden rooms. There were ornamental as well as edible plants. We then went to Glenys and Maurice's garden at Clump Road. Here there was a large vegetable garden and orchard. There were roses and fruit trees and even a banana tree with fruit on. Hot compost is made for the garden using grass clippings and hay which is forked over on a regular basis. All in all, everyone enjoyed the morning, taking away new ideas and inspiration, and of course some plant cuttings.

Judith Metcher

President French Island Landcare

### French Island Community Tip

Working Bee Time: 10am - noon

Got a little spare time this year to help keep the tip tidy?

Here are this year's dates.

June 12 (Queens Birthday holiday)

July 10

August 14

September 11

October 9

November 13

December 11

BYO water, gloves, hat, mozzie repellent and sunscreen.

Contact: Linda on 0413 919 607



### French Island Landcare



#### Landcare Ordinary Meetings

All Landcare members are welcome to attend.

For more information on any of these events, contact [filandcare@gmail.com](mailto:filandcare@gmail.com).

#### Landcare Nursery

Volunteers are always welcome at the nursery on



Wednesdays and Thursdays from 10am to noon.

Contact: [filandcare@gmail.com](mailto:filandcare@gmail.com).

Contact Terri:

0413 088 527



## French Island Eastern Barred Bandicoot Community Information Day

**LUNCH PROVIDED**

**Saturday 3<sup>rd</sup> June 2017**  
**11:00 am – 3:30 pm**  
**Community Hall**

Drop in any time for some lunch and a chat



### QUESTIONS ABOUT EBBS?

Ask members of the EBB Recovery Team, Churchill Island researchers and Zoos Victoria



Meet Trevor, the farmer from Churchill Island, he's coming to answer your farming with EBB questions

### QUESTIONS ABOUT FERAL CATS?

Ask a member of the French Island feral cat working group



RSVP to Amy Coetsee for catering purposes by 26<sup>th</sup> May  
[ACoetsee@zoo.org.au](mailto:ACoetsee@zoo.org.au)



EBBs are extinct in the wild in Victoria. French Island offers a suitable home for them to thrive as there are no foxes and fencing is not required. A release of EBBs onto French Island has been discussed since 2008. We have been working hard over the years to answer community concerns regarding this proposal. We now have evidence based results that show that an EBB release carries a negligible risk and may even benefit French Island. A number of experts are coming along to talk about the results of different actions requested by the community.

### COME SEE:

#### Farmer Trevor Heywood



Trevor has had EBBs running around his farm on Churchill Island for over 18 months. Come and ask Trevor about his experience in farming with EBBs.

#### Bug Expert Kate Pearce



Kate has been studying the invertebrate life of French Island and is bringing along her French Island bug collection. She is guaranteed to fascinate you with her knowledge of all things creepy crawlly.

### EASTERN BARRED BANDICOOT RESEARCHERS

#### Dr Amy Coetsee EBB Specialist



Amy is the project manager for the French Island EBB release proposal and has been studying EBBs for 12 years. Amy can answer questions about all aspects of EBB Recovery and the French Island proposal.

#### Dr Duncan Sutherland Lead EBB researcher on Churchill Is



Duncan can answer all your questions regarding Churchill Island EBBs, how their impact on flora and fauna is being assessed and how the population has stabilized.

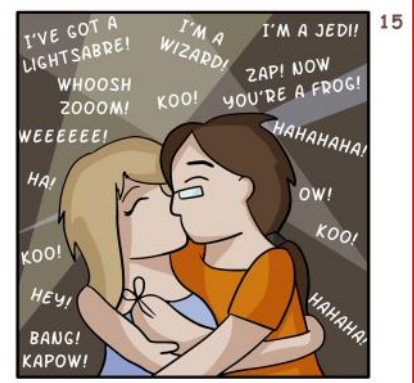
#### Richard Hill EBB Recovery Team Chair



Richard was involved in the trial release of 18 non-breeding EBBs in 2012. Richard can answer your questions on the trial EBB release, the application for EPBC exemption as well as any questions regarding the broader recovery effort.



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# The Bass Coast Post in Print

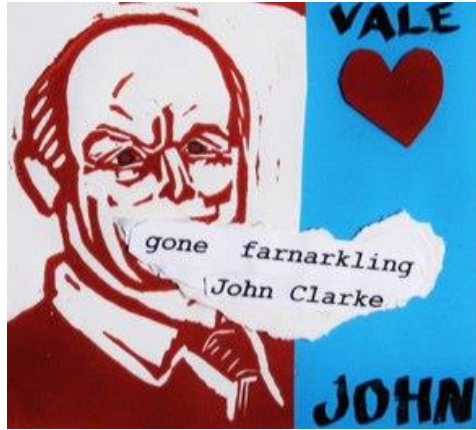
## Bass Coast Post



Online news, articles, columns, photos by and for Bass Coast residents.

### Our John Clarke

By Anne Davie April 15, 2017



I CANNOT recall such outpourings of regret and sadness and expressions of love and respect from people from all walks of life as occurred following the news of John's death. He was special and unique in so many ways and for those of us who knew him as one of us – a Phillip Islander – his loss is raw and real.

John's love of the island's natural environment was his motivation to buy a property with his wife, Helen, to restore and establish native habitat and to leave a meaningful legacy for future generations.

We enjoyed seeing him at some local events but most when, with his camera, he was listening and looking at various Island sites for his beloved birds. He will be well remembered at the Barb Martin Bushbank which he regularly visited with Helen to purchase plants. He always stopped for a chat with the volunteers.

I enjoyed talking to him about the current Island issues. In recent times, he strongly supported the community effort to lobby against a container port in Western Port, a bay he valued so highly.

Bob and I recall with pleasure and amusement an evening, some years ago, when there was a knock on our front door as we were watching television. At the door was John Clarke, with a mischievous grin. "Sorry to bother you, Bob and Anne, but I've run out of petrol."

He said he'd decided to follow up the reported sighting of a rare bird at Pyramid

Rock by photographing it at dusk. In his eagerness to be there as the light faded, he forgot to check the fuel. The car stopped just as he headed for home.

John had to walk in the pitch black more than two kilometres to our place, Bimbadeen, on Back Beach Road. He said it was a small price to pay as he had the best photo ever in his camera!

After a cup of tea and a chat, Bob returned John and some fuel to his car, then watched and waved as he drove off. Two weeks later we found a thank you gift on our doormat and a beautiful note. It will always be a very special memory for us.



By Liz McDonald

I FIRST met John Clarke more than three decades ago when I worked with the publisher of his Fred Dagg books and saw him only very occasionally over the following years. I was always simply delighted to be recognised without a moment's hesitation, called by name and greeted joyfully. This kindness and generosity was typical of John – he had a boundless memory for people. A giant amongst us, and we mourn his passing.

What is less well known about John Clarke is that he was a passionate environmentalist, and we in Bass Coast mark the legacy he has left us. John and his wife Helen McDonald (no relation) owned a house on Phillip Island, where they made a garden, as well as a parcel of land overlooking the Rhyll estuary. The Rhyll estuary and other tidal mudflats around Western Port together are a declared Ramsar site under the Convention on Wetlands of International Importance, nesting and feeding ground for as many as 40 local bird species and nearly

as many again migratory species. The site periodically supports over 10,000 waders and 10,000 ducks and swans and more than 1300 invertebrate species.

Here John and Helen worked for 20-plus years with other interested friends and neighbours to preserve, restore and protect the precious strip of coastal bushland bordering the estuary. The foreshore and clifftop walk, now managed by Phillip Island Nature Parks, is now mostly buffered against urban development by protected bush. With the long-term future of this land in mind, John and Helen organised for their property to be covenanted by Trust for Nature.

On their land John and Helen concentrated on weed management and restoring bird habitat. John said that one of his most pleasurable pastimes was bird photography and he'd spend his few spare hours there practising his skills. He was to joke at the 40th anniversary of Trust for Nature luncheon that he had 20,000 photographs, all with a tiny bird flying out of the top left-hand corner.

In 2013 John and Helen invited the Friends of the Royal Botanic Gardens



Cranbourne to visit their land, giving us introductions to people on the island who also had an interesting story to tell us.

We were delighted that they both joined us for the whole day. We tramped through lush muddy paddocks on Cleeland's farm. We browsed the nursery plants at the Barb Martin Bushbank, familiar territory to Helen who has, John said, "a weakness for tubestock", like many of us.

We picnicked and explored John and Helen's land, spotting birds and wallabies, and ate "very big" scones and bushfood jam at the Trout Farm. John took the trouble to make a photographic record of our activities, with telling captions, to share with us. The day was memorable for the beautiful land and seascapes of this area, but more so because we were privileged to be able to share it with this gentle, quietly observant and very special man.

**Thank you, John Clarke.**

**We have another special tribute to John Clarke which we will feature next month**  
**Editor**



# QUIZ?

- Which singer joined Mel Gibson in the movie Mad Max: Beyond The Thunderdome?
- Vodka, Galliano and orange juice are used to make which classic cocktail?
- Which American state is nearest to the former Soviet Union?
- At which battle of 1314 did Robert The Bruce defeat the English forces?
- Consecrated in 1962, where is the Cathedral Church of St Michael?
- On TV, who did the character Lurch work for?
- Which children's classic book was written by Anna Sewell?
- How many arms/tentacles/limbs does a squid have?
- Characters Charlie Allnut and Rosie Sayer appeared in which classic 1951 movie?
- What is converted into alcohol during brewing?
- Which river forms the eastern section of the border between England and Scotland?
- In what year was Prince Andrew born?
- If cats are feline, what are sheep?
- In the song, Heartbreak Hotel is on which street?
- For his part in which 1953 film did Frank Sinatra receive a Best Supporting Actor Oscar?
- For which fruit is the US state of Georgia famous?
- Which is the financial centre and main city of Switzerland?
- What is the policeman's name in Noddy stories?
- What is the word used to describe an animal/plant that is both male and female?
- In which country did the Mau Mau uprising (1952-60) occur?

## ANSWERS

1. Tina Turner. 2. Harvey Wallbanger. 3. Alaska. 4. Bannockburn. 5. Coventry. 6. Adams Family. 7. Black Beauty. 8. Ten (there are varying definitions of tentacles/arms for squids - generally a squid is considered to have two tentacles and eight arms - whatever, there are ten of them in total) 9. The African Queen (Humphrey Bogart & Katharine Hepburn). 10. Sugar. 11. Tweed. 12. 1960 (19 Feb). 13. Ovine. 14. Lonely Street. 15. From Here To Eternity). 16. Peach. 17. Zurich. 18. PC Plod. 19. Hermaphrodite. 20. Kenya.

# Trivia and Philosophy

## What do you suppose is Empathy? Part 1

**These short stories are all very good stories and make us think twice about the daily happenings in our lives as we deal with others!!**

- Today, I interviewed my grandmother for part of a research paper I'm working on for my Psychology class. When I asked her to define success in her own words, she said, "Success is when you look back at your life and the memories make you smile."
- Today, I asked my mentor - a very successful business man in his 70s- what his top 3 tips are for success. He smiled and said, "Read something no one else is reading, think something no one else is thinking, and do something no one else is doing."
- Today, after my 72 hour shift at the fire station was up, a woman ran up to me at the grocery store and gave me a great big bear hug. When I tensed up, she realised I didn't recognise her. She let go with tears of joy in her eyes and with the most sincere smile, said "On 9-11-2001, you carried me out of the World Trade Centre."
- Today, after I watched my dog get run over by a car, I sat on the side of the road holding him and crying. And just before he died, he licked the tears off my face.
- Today at 7am, I woke up feeling ill, but decided I needed the money, so I went into

work. At 3pm, I got laid off. On my drive home I got a flat tyre. When I went into the trunk for the spare, it was flat too. A man in a BMW pulled over, gave me a ride, and we chatted, then he offered me a job. I start tomorrow.

- Today, as my father, my two brothers, and my two sisters stood around my mother's hospital bed, my mother uttered her last coherent words before she died. She simply said, "I feel so loved right now. We should have gotten together like this more often."

**Author unknown  
Sent in by Ian Adair, Coronet Bay**

Continued next month.



**When you can't control what's happening, challenge yourself to control the way you respond to what's happening. That's where your power is.**

**South Coast Speakers Toastmasters**  
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# History

## Fisherman's Cottage Museum Tooradin



The museum is located in Foreshore Road on the edge of Sawtells Inlet (Melway ref 144 A6) and is open Sundays from 12noon to 4pm, or by arrangement.

We open the Museum on Sundays from noon until 4pm.

Entry is \$3 adults, \$2 concession and 50c for children. The phone number at the museum is **0359983643**. If you leave a message we will get back to you. Groups can arrange visits at other times.

**Polly Freeman**

## Lang Lang & District Historical Society



The Lang Lang Historical Society meets on the third Tuesday of the month at 1.30pm at the Lang Lang Historical Display Centre, in Whitstable Street, Lang Lang.

The Centre is open each Wednesday 11am - 3pm or by appointment

Secretary Peter Hayden 5997 5114

## BASS VALLEY COMMUNITY GROUP

FRIDAY MORNINGS.

COMPUTER CLUB 10.00 - 12.00 (No age restrictions) Informal computer learning and problem solving. Laptops, notebooks and internet access provided, or bring your own. Free tea and coffee. \$8.00 per week, (BVCG Members \$5.00). Bookings essential

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## LOOK OUT, THE FRENCH ARE COMING!

Libby Skidmore



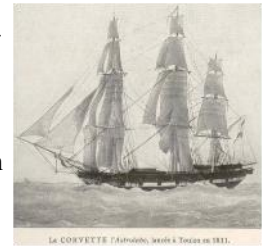
Dumont D'urville in command of the French corvette "Astrolabe" arrived in Western Port on November 12th 1826. The "Astrolabe" carried twelve guns and eighty two men and was a voyage of scientific exploration and research. Survey work commenced and shore parties assessed the soil and vegetation as well as the flora and fauna of the area. D'Urville also aimed to establish some contact with the aborigines on the eastern shores of the bay.

"Despite our search, we only found some not so recent traces of a native sojourn, although their huts numbering between forty and fifty were still there a short distance from the shore surrounded by the remains of their domiciles and fragments of the shells of the shellfish that they had eaten. Some of the huts had a framework of large branches covered with big pieces of bark and primitive as it was, this feeble attempt at architecture indicated among these tribes a germ of intelligent organisation which I thought was foreign to all Australians. Moreover the large number of these dwellings proved that the tribe that usually lived in them must have been quite numerous."

They enjoyed their landing place, the "open

terrain was delightfully undulating", there were "fine stands of trees", and the "natural arrangement of vegetation" impressed them all.

D'Urville sailed for Sydney on November 18th after a severe thunderstorm delayed their departure. He was well pleased with "science being enriched with a mass of very interesting material" which indeed formed the basis of the first descriptions of Victoria's marine plants and animals.



"Nautically Western Port is extremely interesting. In effect it offers an anchorage as easy to get into as to get out of, and for this double reason is infinitely superior to Port Dalrymple. Its topography is excellent, with an abundance of readily available wood. In a word as soon as they find easily accessible water (and they probably will) it will be an important port in a passage like Bass Strait where the winds blow furiously from the same quarter for several days at a time and the currents can make sailing dangerous in these circumstances" Governor Darling had despatched expeditions to Western Port and King George's Sound in Western Australia as a means of guarding the territory that the French might consider suitable outside the limits of New South Wales.

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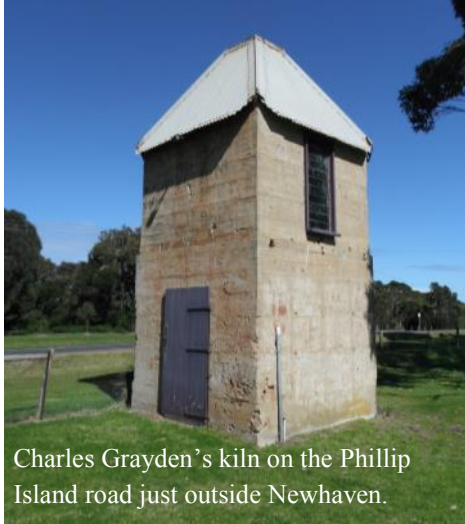
# History Special

## CHICORY INDUSTRY ON PHILLIP ISLAND

Written by the Phillip Island and District Historical Society Inc.

To the observant coffee drinker the word chicory may be familiar from the label on the Coffee Essence bottle, or a tin of Rickory.

However, the tiny and compact industry which supplied this commodity received little public attention, and this was understandable, yet despite its smallness the chicory industry had many interesting features.



Charles Grayden's kiln on the Phillip Island road just outside Newhaven.

Chicory was first grown on Phillip Island in 1870, and the first two or three years was shipped green and taken to Melbourne by Captain John Lock in his ketch, John and Elizabeth. In 1873, the first chicory kiln was built by Messrs. John and Soloman West, in Thompson Avenue, Cowes, near the Esplanade. A coloured photo can be seen in the Historical Society Museum, Cowes.

Owing to there being more chicory grown than one kiln could handle, a second kiln was built in 1880 by Mr Joseph Richardson. So important did the industry become that by 1920 there were at least 25 kilns erected on the Island.

In 1881, there were 231 acres of chicory grown yielding 960 tons (1 ton = 1.016 tonne). The anticipated return in 1883 was expected to be 1203 tons over all areas growing chicory in Victoria. The areas growing chicory and estimated returns were as follows:-

Phillip Island 501, Avon 200, Bacchus Marsh 200, Bairnsdale 60, Romsey 164, Metcalf 24, Rosedale 12, Shepparton 40, Warragul 2 tons.

At this early time and up to 1885, chicory was harvested or dug out of the ground with picks. About 1884, Mr Duncan McGregor thought of the idea of making a tool with a

blade 1½ inches – 4 cm – wide shaped like a spade which he called a “chicory devil”. This implement was used until 1930. Then a single furrow plough drawn by two horses was used to lift the root of the chicory which did away with the hard work of digging every root. With mechanization the crop was then lifted with a ripper attached to a tractor which made the harvesting of crops much easier.

Weather permitting the chicory seed was sown from mid September to the end of October. Approximately 3 to 5 cwt – 152 to 254 kg - of super-phosphate to the acre was disc or harrowed into the soil prior to planting. The standard variety of seed used was “Brunswick”. The worst pests which had to be dealt with was the lucern flea and the red legged earth mite which attacked the young plants as they appeared through the soil. The only way to ensure that the crops were given a good start was to scatter super-phosphate and lindane all over the sown area at the rate of 1 cwt – 50.8 kg - to the acre.

The leaf of the chicory is dark green and the root resembles a parsnip. Harvesting commenced in mid April or early May. Following the root of the chicory being dug out, it was topped, bagged and taken to the kiln to be washed. It was then put through a cutting machine which cut into slices. From the cutter it was carried on an elevator to the drying floor, which was a heavy wire gauze floor set about 10 feet – 3.4 metres – above a wood burning furnace. The heat, which for the first three or four hours was intense, was gradually reduced as the moisture dried out. The average time required to dry, what was known locally as a floor comprising approximately 50 bags of the sliced green root, was about 24 hours. Between 2½ and 3 tons of wood was needed to dry 1 ton of the kiln dried root.

After the chicory was dried it was bagged and sent to Melbourne to the Chicory Marketing Board for sale. It was purchased by the tea and coffee merchants, who roasted the chicory again, and later put it through a kibbling machine which broke it into small pieces. It was then ready to be blended with coffee beans and made into coffee essence, or ground into powder to be blended with coffee.

Chicory contains medicinal properties, relatively high in sugar and counteracts the drug caffeine in the coffee bean. Doctors and Dieticians spoke highly of its health giving properties.

The chicory industry reached its peak during the 1940's when over 75% of Australia's requirement was grown in the

Western Port area. On Phillip Island, French Island and in Corinella and Grantville districts, there were 164 growers, who were partly or wholly dependant on this crop for their livelihood. A good annual rainfall, almost free from frosts and apparently some local soil peculiarity, made this area most suitable for chicory production. Some believed that proximity to the sea was an advantage in some way. The other 25% of Australia's requirement was produced at Rendelsham in South Australia, although production in that State was on the decline.

**CHICORY MARKETING BOARD:** In 1934, when the price of chicory had fallen far below a payable price, it was decided by a majority of growers to form a voluntary pool and sell from the pool at £45 per ton. The merchants refused to pay this price and consequently not an ounce of chicory was sold for two years; by this time most of the growers were virtually insolvent.

In desperation three representatives were sent to Melbourne to talk to the Parliamentary Member, Mr Alf Kirton, MLA., who was most sympathetic. He mentioned the growers difficulties to the then Minister of Agriculture in the Dunstan Government, Mr Ned Hogan, who had brought a Bill down in the House titled “The Marketing of Primary Product Act”.

Mr Hogan and Mr Kirton travelled to Cowes to meet and discuss the plight of the chicory growers. Mr Hogan explained the Bill to the growers and advised that a petition be presented to the Government declaring chicory a commodity under the Act. This was carried out and chicory became the first Primary Product to come under the Act.

In April 1936, the Chicory Marketing Board was constituted with two representatives from the growers and one Government Nominee appointed. All chicory grown in Victoria had to be vested in the Board. This scheme proved so successful that the South Australian growers also used the services of the Victorian Marketing Board.

At the first meeting of the Board, Mr Rupert Harris of Phillip Island was elected Chairman and held the office for more than 34 years, which spoke well for his ability and honesty of purpose.



Continued Page 25

# History Special

## CHICORY INDUSTRY ON PHILLIP ISLAND

Production of chicory in 1945 was 50 tons Phillip Island, 200 tons French Island and Corinella, 250 tons Rendelsham and returned £55 per ton to the growers.

In 1956 a request was made by the Phillip Island Shire Council that a road transport be allowed for Phillip Island chicory growers, owing to changed market conditions. The most vital one being a reduction of moisture content from 20% to 16%, quick transport from the kiln to the merchant was essential. Owing to the absorption of moisture from the air, and the root having to be so crisply dried, breakage in transit had to be avoided as the size needed to be maintained for processing with coffee.

Over the years the farmers in the Rhyll area supplemented their income with the growing of chicory and at one time there were at least six kilns operating. By the mid 1970's one kiln was operating on Phillip Island with only a handful of growers. The last crop to be grown was at Rhyll by James McFee in 1987.

Today there are still a number of chicory kilns dotted around the Island and it is hoped they will be preserved as a feature and reminder of part of the Island's history.

### *The Phillip Island & District Historical Society Inc*



The Phillip Island & Westernport Historical Society Inc was first established in 1941. That society closed down during the 1950s and the Phillip Island & District Historical Society was formed in 1967. The society's museum was opened in December 1982 by the Shire of Phillip Island and has operated continuously since that time, being open to the public on regular days and also by appointment. Bass Coast Shire Council – an amalgamation of the Shires of Phillip Island and Bass and the Borough of Wonthaggi – was established in 1994. The society's collection has been accumulating since 1967.

<http://pidhs.org.au/>

## ABOUT OUR FRONT COVER



The front cover of this month's Waterline News is an original acrylic oil painting, by Cowes artist Sharyn Saunders and is available for purchase.

**The painting is a local scene called "The Chicory Kiln"**  
**Acrylic , 30.5 x 40.6 cm**  
**On stretched canvas \$100.**

Born in Richmond, Victoria, Sharyn is a self taught painter, whose love affair with painting began with left over acrylic House Paint and a few manky old brushes when she was asked to help paint large calico panels for the Rosebery Centenary celebrations in Tasmania ...back in the 90s . Soon after that I was painting anything and everything that stood still long enough ...including a few childrens wall murals. (Thomas the tank ). I started selling my work through Cafes and Hotels and occasionally markets. One of her works was chosen to be the Acquisition piece at the Eliza Purton Home in Ulverstone Tasmania .

After a period of time spent in Western Australia, she lived in Tasmania for around nine years on the wild west coast at Rosebery then Wynyard.

After moving back to Victoria, she nursed her partner until he passed away.

She then moved to Alexandra in country Victoria, but I kept feeling a 'pull' to Phillip Island, so just over a year ago, she decided to be brave and took the plunge and moved to Cowes.

Sharyn says she is enjoying it very much. It has an exciting "Vibe" and an art culture that inspires her.

Sharyn's favourite pieces are "Australiana" - old cars , rustic buildings , native animals and birds and lately she has been drawn towards indigenous portraits .

A great example of her indigenous work is shown here.

The outstanding oval painting, titled "Murrindindi Princess" Is also available for sale.

"Murrindindi Princess" is an Acrylic, 14 x 20 inches Stretched canvas \$190



Sharyn now has a Facebook page : Sharyn Saunders Art.

<https://www.facebook.com/groups/1700140780265610/?fref=nf>

If you are interested in having a look at some more of Sharyn's work, you can contact her by email:

[shazcat23@gmail.com](mailto:shazcat23@gmail.com)





# Our History

## OUR HISTORY

Noelene Lyons

NEVER BELIEVE WHAT IS ON A HEADSTONE.



The enquirer believed that the SMALL surnames might be buried in San Remo Cemetery. I was able to supply him with all the SMALL surname burials that were on the Headstone were confirmed buried in San Remo Cemetery. I have recently taken on the project of sorting out the San Remo Burial Register (similar to Wonthaggi Cemetery project). I now have a complete CORRECT Burial register for San Remo. With San Remo a lot of the graves are un-marked and no burial plots were recorded...they just listed for example Lawrence Henderson d. 18.4.1922 and is buried 12 ft south of Kerr d. 1920....only problem the KERR grave has no headstone. But their are many graves with headstones. If you feel you might have family buried there, then please contact me by phone on 56 724739, or Email [noelene@dcsi.net.au](mailto:noelene@dcsi.net.au) and I will be able to confirm your enquiry.




I was recently emailed an enquiry on SAN REMO Cemetery Burials and was attached a photo of the family Headstone which is located at Melbourne General Cemetery. The email stated that the 10 NAMES on the Headstone where not buried in this grave. The two burials that are actually buried in this grave were Edith A. SMALL d.1945 & Ivy L. BURTON inf. d. 1913, that were NOT RECORDED on the headstone



Bass Valley Historical Society Inc.  
Libby Skidmore  
[eskidmore@dcsi.net.au](mailto:eskidmore@dcsi.net.au)

**BASS VALLEY HISTORICAL SOCIETY  
DINNER MEETING  
JUNE 2, 2017**



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# Notices

## Grantville and district sand extraction



The Bass Coast Environmental Review Committee (ERC) meets every four months to review the environmental performance of quarry operators in the Grantville district and to enhance communication between industry, government agencies and the community.

Any member of the public residing in the Grantville district can discuss issues / concerns regarding current operations with the following community representatives:

Name	Phone	Location	Email
David Poynter	56788268 0419561305	Grantville	dp@poynter.com.au
Roman Kitt	0447060501	Grantville	Romankitt50@gmail.com
Halina Gwidzil	0404848713	Grantville East	halinka.g@optusnet.com.au
Allan George	0427788135	Grantville South	theheath@dcsi.net.au
Kevin Brown	0418990214	Coronet Bay	kevbrown@wideband.net.au
David Blum	56788361 0418393311	Almurta	Davidblum6355@gmail.com

## Great advice - especially for tradies

What are you doing with all those receipts? Hopefully not this!



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See Shelley's ad on page 2

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**POET'S CORNER**

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**HAIKU**

Thoughts in miniature  
 A haiku is untitled and  
 unrhymed.

A seasonal word or reference  
 associated with nature should appear in  
 the haiku, and contrasting images may be  
 used. Usually the first line stands alone  
 while the second and third connect to give  
 an aspect of that image.

俳句

haiku

**Reflection**

angelic baby,  
 new messenger from spirit,  
 your purpose secret.

silent music purrs  
 in the heart thrilling with love  
 reciprocated.

generous river:  
 fount of fish and slake of land,  
 cradle of cities.

dawn's soft light like milk  
 mellows the cup of night sky  
 poured in this window.

Rebecca Maxwell  
 Haiku Group, Society of Women Writers, Victoria

That was the last of Rebecca Maxwell's  
 collection of Haiku from the Haiku Group,  
 Society of Women Writers, book, Thoughts  
 in Miniature.  
 With special thanks to Meryl Brown Tobin.  
 Email: [h-mtobin@bigpond.com](mailto:h-mtobin@bigpond.com)



**More than words**

Found in a drawerful of papers, letters  
 of years ago, you were here again with me,  
 smiling through words to tell of holidays  
 we saw in different lights.

This group of words talk, sing of roads  
 to beach and mountain, bounce around,  
 teasing and playing hiding-and-peek  
 like naughty children in the car,  
 then gather for a picnic of memory.

Marguerite Varday

We will have more of Marguerite's lovely  
 poems over the next couple of months.

**I've Never Forgotten It\***

'During the war  
 I was a boy in Northumberland.  
 We got bombed out twice.  
 In about 1943 I was five or six.  
 After a night of bombing  
 I went to school.  
 As usual the teacher  
 went through the register.  
 At one name, she paused.  
 Then, head down  
 and in her normal voice,  
 she said,  
 'Tommy Jones was killed  
 in the air raid last night.'  
 The class went dead quiet  
 and the teacher went on  
 to the next name.  
 I've never forgotten it.'

Meryl Brown Tobin

\*An Englishman who migrated to Australia  
 told this story and dedicated it to all children  
 who have suffered in war.

**They used to call us heroes**

They used to call us heroes as we marched  
 away to war  
 They'd smile and wave and and cry a bit  
 though our marching feet were sore  
 But we were really normal folk, farmers,  
 builders and much more  
 Who listened to the Pollies call and marched  
 away to war

They used to call us heroes, but we were  
 never such  
 We heard the call, we saw the need and  
 never thought too much  
 How it would be in the battles noise, or the  
 trench with the mud and slush  
 And when they call us heroes, we find we  
 tend to blush

And out there on the battlefield, with fear  
 and mud and pain  
 How often I would think of home and long  
 to be there again  
 And sure we did amazing things as as we  
 bravely fought with pain  
 But 'tis a normal thing to help one's mate, so  
 he might come home again

In my drawer there dusty medals, that I have  
 never warn  
 And now and then I think of them, and  
 somehow I'm forlorn  
 For I am not a hero, nor am I very brave  
 I've simply served my fellows, and helped a  
 life to save.  
 Written as a result of an acknowledgement.  
 At the end of an interview the subject of my  
 years of fire fighting service came up.  
 He commented about the many summer fire

campaigns, he went on about the bravery of  
 going into these situations.  
 At his acknowledgement I found myself  
 moved. Emotions sprang unbidden to the  
 surface from a deep still spring from an  
 unknown source. As it rose through my  
 chest and leaked from my eyes it even  
 strangled the words that I tried to speak.  
 As I reflect on these things, I think that even  
 though there are those who watch the news  
 in fear and wonder, those who call us  
 heroes. I have never thought of myself as  
 brave or a hero.

I have simply seen the need and done what I  
 could to help my fellow man.  
 As for going in to places and actions where  
 others in their armchairs quake and fear.  
 We do go, not with bravery but with  
 knowledge, borne of training and with  
 appropriate equipment. But most of all with  
 a team of fellow firefighters who have been  
 trained. Who care enough to serve.  
 To those who with me have fought fires,  
 faced impossible situations, I guess that we  
 should accept the tile heroes, but to those  
 who watch from the sidelines, understand  
 that what we do is not from bravery, but  
 from a deep concern even a love for ones  
 community, for ones neighbour.  
 As it has been Quoted. "Greater love has no  
 man than this, that a man lay down his life  
 for his friends."

Copyright Kelvin L. Wilson. 2017

**Get Well Kel**

Kelvin has  
 been a regular  
 contributor to  
 The Waterline  
 News since we  
 started.



He has been on the "light duties" list for the  
 last few weeks after having a pacemaker  
 fitted following a heart scare.  
 All the best, Kel, we look forward to seeing  
 you back on the bike very soon.

Editor

**Vale Jack Spiby**

**SPIBY. Thomas John (Jack) (1/8/27-18/4/17)**  
 Dearly loved husband of Joan. Loving and  
 much loved Dad of Janet, Joanne, Julie,  
 Lynda (Dec.) and Waji. Precious Grandy to  
 Michelle, Hassan, Sherri, Monica and  
 James. Great Grandy to Isabelle, Jazlynne,  
 Makayla and Vincent. The battle is won  
 Jack! You will never lose your hankie again  
 and will forever be in our hearts. Sleep  
 peacefully

**Jack and his wife Joan were residents of  
 Grantville, who lived in Agnes Street for  
 many years, in what was known as the  
 Spanish House. They then moved to  
 Foster.**

**Joan was a generous contributor to the  
 local community, including interests in  
 the Church and the early development of  
 the Grantville Market.**

Editor

## Diary of a young girl

**Cassandra Lambrinos (14)**

This morning was rough, mum was stressing out so much and she wouldn't tell me why, I had to walk myself to school today because she was too scared to take me. As I walked down the streets, I saw many anxious adults talking about something that was incomprehensible to me. Which made me worry even more. When I arrived at school, everyone kept nervously talking about something unknown to me. I just had to find out what is going on so I stood up out of my chair and walked over to the back table where the other children were, I asked George what was going on and he told me that we are all in danger and that we are going into war once again. I don't know much about ww1 but I have heard that it was quite horrific. George goes on to say that, his parents have disconnected their home phone, and have been listening to the radio more often.

### 7th September 1940

I woke up to loud noises, then I hear loud and vicious banging noises at the door, I looked down the stairs to find my parents standing there talking to two government officials, after 5 minutes of them talking one of the men hands my mother a list of some sort. She starts walking up the stairs so I run back into my room and into bed.

"Amy! Get out of bed and start packing NOW!" mum yelled anxiously. I am freaking out at this point, thinking am I about to die? or am I being sent away for something I didn't do?

I throw my belongings into a suitcase and pack some extra books to read and games to play with.

I grab my shoes and socks and put them on, then turn my light off and I then start walking down the stairs with my suitcase in my hand. Mum gives me my coat and pins a nametag to the pocket "Amy, you have to go on without us" Mum says as tears run down her face.

I hear more loud noises coming from outside. The men tell me it is time to go, so I say my last goodbyes.

When we got to the station, the men left me alone, alone around a million other children. I'm scared I don't know what's going to

happen or if I'm ever going to see my parents again this is all just too terrifying.

All of a sudden, I hear whistling noise, but not the normal noises, so I look up to see what looked like bombs or missiles. I start panicking and told the girl next to me to look up. She started yelling out "bomb, bomb!". Then everyone looked up and started running towards the train doors. I start walking through the crowd to find the nearest train door to get in.



When I finally get a seat, I place my suitcase next to me and look out the window to see bombs and explosions everywhere. After daydreaming for a while, a girl sits next to me and says hi, I reply with "Hi, my name is Amy, what's yours?" "Annabel, I'm guessing you were taken away from your parents as well?" "Yes, I certainly was" I reply. Just as I was about to say something there was an announcement "Everyone please find a seat and be seated, we are about to depart"

As the train starts to move away from London, I look out the window and watch London be bombed, I can hear the loud air raid sirens sounding and London being obliterated, as we disappear into the thick dark smoke all I can think about is, will I ever see my home again.?!

When we get to the countryside, we will live with another family until we can go back home, yes living with COMPLETE strangers.

### 9th September 1940

We finally arrive at a small village, I look out the window and all I see is small buildings and people calmly walking around like nothing's even happening. It looks so peaceful.

Once the train stops officers tell us to go into a hall so I grab my suitcase and tell Annabel to follow me.

Another man tells us to sit down in the line and wait for our names to be called. After 1 hour of waiting, I heard my name being called, so I stand up grab my suitcase and walk over to the billeting office.

A man introduced me to the family and after a few minutes of discussion, they said that they would be happy to take me into their family.

From the first eye I laid on the family, I knew there was something just not right about them.

My first night there was terrifying, I could hear the parents fighting over something and I knew that I did not fit into this family; I knew I did not belong, they are strangers to me.

A few days later...

### 12th September 1940

I sat in my new room looking out the window wishing that I could see my mother and father but I knew that was near impossible. I hated my new family I did not belong, nothing seemed right. However, I told myself that I would be fine but of course, my mind wanders too much.

I hate my new family; they do not like me and I DO NOT like them.

I could not sleep that night, tossing and turning...

### 16th September 1940

I woke up that morning to a loud noise; I looked out the window to see people in the village fighting over something.

As time went by the village's people got even angrier and my new parents packed their things up and took me down to the shed in the backyard.

I'm sitting down in the shed with them and all I do is look down at my feet and I never said a single word, then the lady said that she was just going out to the toilet, after 20 minutes of waiting, The man said to me "Stay here, I'll be back, ok"

They never returned

Now I'm all alone in a dark shed, and I hear loud banging noises and the only thing I am thinking about is, is this end of me, and I'm going to die alone in this shed?

I stand up and go to open the door, but it does not budge, ha, they locked it, I knew there was something not right about them, they locked me in here to let me die all alone!

Everything started to fade away as I slowly fell asleep.

**More short stories next month.**

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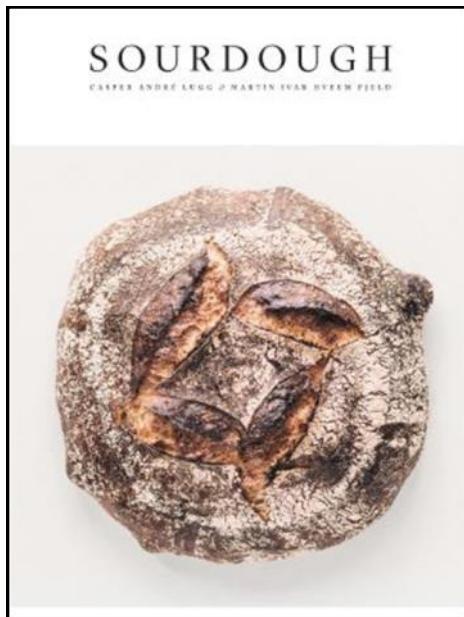
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# Book Reviews

## Sourdough

HIAN GILBERT, *The Weekly Times*



**THE quest to make the perfect sourdough loaf has become something of a Holy Grail in my household.**

Actually, it would be more accurate to call it a quest to make any half-decent sourdough, given the failures I've endured in what should be a fairly straightforward process.

Which is why I leapt on *Sourdough*, a book as understated as it is beautiful. The photography is so good this could be a coffee table showpiece for bread geeks — but that would be a waste, because it contains clear advice with an expert touch. Bread-making has of late threatened to become the new coffee in terms of pretension, but this book is reassuringly simple without downplaying the skill involved.

On the first page, the authors implore the reader that “anyone can bake good sourdough bread — you just have to give it time”, and “flour, water and salt — that is all you need”.

You can add beards and a man bun to the list, but that's the only concession to hipster mores from Norwegian authors Casper André Lugg and Martin Ivar Hveem Fjeld — no righteous prose, only bread.

The instruction has authority that “cooking by internet” can lack; Google “sourdough recipes” and there is too much information. Given the imponderables involved (wild yeasts, flour of varying origins and atmospheric conditions), you need to know where you're going wrong as much as what you've done right, and *Sourdough* has a handy troubleshooting section.

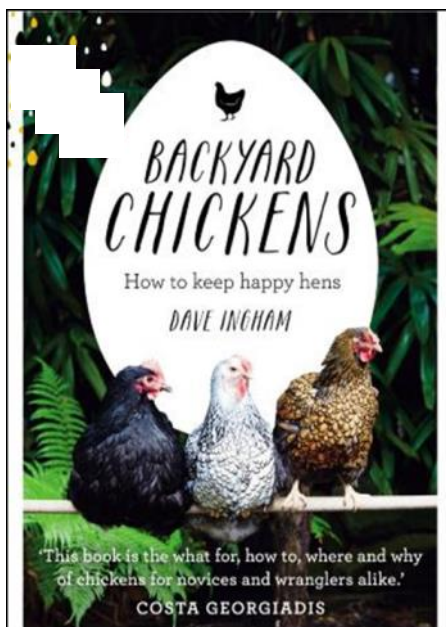
Anyone who has tried making sourdough will know all about the starter yeast, and the chapter here is excellently authoritative, with pictures to show how bubbly yours should be at various stages.

There are 13 bread recipes — does the phrase “a baker's dozen” resonate in Norway? — about right; most will be happy to master two or three.

**by Casper Lugg and Martin Fjeld  
Hardie Grant Books, RRP: \$29.99**

## Backyard Chickens

SHAUNAGH O'CONNOR



**“IF YOU'RE spending more than 5-10 minutes a day looking after your chickens, you are overdoing it.”**

Sound advice from author Dave Ingham — king of all things chook. The organic-egg-laying kind in your back yard, not the fast food variety.

Ingham, who shares a name synonymous

with poultry in Australia, yet is from a different breed of Inghams, has written an entertaining, punchy book full of beautiful photography that will inform the beginner and experienced chicken-keeper alike and argues chickens are the ultimate low-maintenance pet and food source.

From selection of the best breed for you and your garden, to the right number of hens to begin with, *Backyard Chickens* covers everything you will need to know if considering a venture into the world of the chicken.

Bring your baby fluff balls or older hens home and put them straight into their coop, which you have prepared earlier to teach them where to sleep, lay eggs and eat and drink.

Ingham sings the praises of the chicken, a clean, entertaining pet who rids the garden of pests, is happy to be cuddled or left alone, can be left in their coop when you go away for a long weekend, and provides owners with a constant supply of nutritious organic eggs if all goes to plan.

Ingham dispels plenty of myths about keeping chickens in the average suburban back yard, discarding untruths that have put many off taking on a backyard hen house in the past.

Chickens, Ingham says, do not attract snakes or rats, they do not smell and will get along with your cat or dog if you introduce the different species thoughtfully. Chickens will, though, wreck the garden if you let them.

“Hens will go through your vegie patch like a rotary hoe”, Ingham writes, and they will kick up the tan bark in landscaped gardens, but a chicken run will solve this problem, allowing them to roam in an enclosed space.

**by Dave Ingham, Murdoch Books,  
RRP: \$35**



**Both Book Reviews courtesy of The Weekly Times, with special thanks to 'Country Living' editor Riahn Smith.**

## Gordon Chase - Chase Computers (03)56787097 or 0430168345

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**Greg Greg  
Hunt MP  
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Health.  
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Sport.**

## Greg Hunt says

Primary Health Network (SEMPHN), which covers Casey, Cardinia, the Mornington Peninsula and Western Port, to commission mental health nursing services to meet local needs.

Mental health nurses are the frontline of our health care system, which is why we are supporting this vital service.

Mental health services require a sensitive, tailored approach based on individual needs and that is exactly what these mental health nurses are delivering.

I am committed to ensuring mental health services are available where and when people need assistance, and delivered in the most appropriate way.

We have also strengthened our commitment to legal assistance services, with a \$55.7 million funding injection as part of the 2017-18 Budget, which includes \$39 million over the next three years to community legal centres.

This is the latest in a series of commitments made by the Coalition Government to support the work of the legal assistance sector and women and children affected by family violence.

As the national conversation on domestic and family violence continues, more people are seeking a range of assistance and the Turnbull Government has listened and responded.

If I can be of assistance to you in any way please feel free to contact me:

*Greg Hunt*

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Hastings 3915

Email: [greg.hunt.mp@aph.gov.au](mailto:greg.hunt.mp@aph.gov.au)  
Tel: (03) 5979 3188

Website: [www.greghunt.com.au](http://www.greghunt.com.au)



It was moving to attend a number of Anzac Day services across the electorate. It was lovely to see people attending in such large numbers despite the less than favourable weather conditions.

What I always find special about Anzac Day services is the attendance by school children and the wonderful contribution they make to the ceremonies, especially their musical involvement. To our local men and women who have served and continue to serve our country, we are incredibly grateful.

I had the opportunity to visit Newhaven College recently to see work taking shape on their new senior school facilities that have been made possible thanks to a \$1.4million Commonwealth Government grant.

Construction is already well underway, with students expected to be in the building in time for the start of the 2018 school year.

I am pleased to announce that local mental health nursing services will be boosted with an extra \$2 million in Commonwealth funding, through the South East Melbourne

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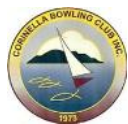
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## FISHING with Craig Edmonds

Although things have changed a little over the last couple of years with the bluefin being caught along the coast most of the summer the majority of people chasing them will now start to head towards Portland area to try and hook a few. It's also a time to head north to places like Eden and Bermagui chasing marlin, tuna and kingfish.

If you are heading away soon give yourself the best possible chance to land a good fish and don't just grab the rods out of the shed where you left them last year and head off. If this is gear that you only use at this time of the year put a bit of time in before you go away and give the reels a bit of a check over, change the line if it is getting on a bit and re-tie your doubles. Check all your leaders on your lures in case the mice have had a chew over the summer time and have a good look at your hooks, maybe even run a file over them to put the edge back on them.

If you are lucky enough to hook even a medium size one of these species they will test your gear and the slightest problem will lead to failure.

Every year I get at least one person chasing these bigger fish come in and tell me that their line is no good because it broke after a short time fighting the fish. So far every single time there is nothing wrong with the line and it is a fault of their gear. Apart from a knot failure there are 3 things that will

cause the line to break for no reason, a cracked guide or tip, a seized roller tip, normally the major cause and for those using a spinning reel a seized line roller on the bail arm. All of these problems are easily fixed with a small amount of maintenance and can save you the heartache of losing possibly that fish of a lifetime. If you are heading away drop in with your rods and reels and we will have a quick look over them for you.

If you are someone that is putting your fishing gear away for the winter and it needs a bit of a rod or reel repair or maybe a service, now is the time to drop them in. Don't leave it till the season starts to get your reels serviced, re-spoiled or rods repaired because we might not have time to do them quickly for you.

Drop them in now and leave them with us for a few weeks then they will be ready for the start of the season for you.

Don't forget our lay-by which we will do on anything from your sinker needs to a new rod or reel giving you plenty of time to pay it off over the winter and saving you the all at once cost when the fish show up.



## Light up the Breakers

Recently Phillip Island Soccer Club were amongst eleven soccer clubs in Victoria to receive funding from the Andrews Government to improve lighting facilities thanks to the Legacy Fund from the 2015 Asian Cup.

"We're excited to be one of the clubs receiving \$100,00 towards the installation of new lighting towers which will light up the two pitches at the Newhaven Recreation Reserve," said Geoff Russell President of Phillip Island Soccer Club.



President of PIBSC Geoff Russell and Pamela Rothfield with players from the clubs under 10's and 12's teams.

"Soccer is growing in the Bass Coast at a rapid rate and it's great to see the investment in facilities which will help us cater for the demand and future requirements of our community.

"The number of people in our community is growing every year and our one light pole limits the amount of people that can use the pitches, and safety is always a concern.

"I'd like to acknowledge the effort of Bass Coast Shire Council staff that supported our application and thank our councillors for committing \$65,000 towards the Newhaven lighting project.

"However, the hard work is just beginning, we now need to shift our focus to raise another \$65,000 to cover the balance of the funds required for the \$240,000 project.

"We will be setting up a fundraising committee in the next few weeks and will be looking for community support. So if you see us out and about over the next year fundraising, we would love your support.

"I look forward to working closely with council on a Master Plan for Newhaven Rec Reserve to ensure facilities continue to meet our needs and encourage more people to play soccer," said Geoff.

## Quotes attributable to the Bass Coast Mayor – Cr Pamela Rothfield

"It was great to see how excited the children were, the new lighting means they will be able to play and train after school during winter," said Pamela.

"We're pleased be a funding partner in this wonderful project that will improve the facilities and enable more people to get active.

Geoff Russell

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## UNDERSTANDING YOUR GARDEN

James Middleton  
Buying Gardening Tools - Part 6



### Garden Fork

One tool that has become less and less common in the gardeners shed in recent years is the garden fork. Garden forks are used for many different tasks. They can be used for shifting mulch and leaves, uprooting difficult plants, and aerating or turning over soil. This is just a few of the tasks that garden forks can be useful for.

### What to look for in a garden fork

A lot of the tasks that you would use a garden fork for require a lot of force to be exerted on the tool, so it is imperative that you buy a good quality garden fork.

As garden forks have become less and less popular, the market has been flooded with cheap and nasty alternatives.

Just recently I was helping a friend out and was using their tools. The fork was brand new. I placed it into the ground in a common manner, placed a mild amount of force on the tool and the plastic handle snapped right off.

The **best** garden forks are forged. That is, they are made from one solid piece of metal, forged when heated.

The very best in my opinion are forged steel with a soft rubber coated handle. If you are not buying a forged garden fork make sure you check out how many joins the tool has. Is there a join between the prongs and the shaft? Is there a join between the shaft and the handle? Joins are points of weakness, the more joins there are, the weaker the tool will be.

Many aluminium alloy forks are coming out with extremely high percentages of aluminium in the alloy.

Aluminium is a very malleable metal which means it bends and twists easily. Many good tools are made of aluminium alloys however, you really need to make sure the alloy has enough other metals to strengthen the tool.

Feel the prongs on the fork, put some pressure on them. If you can bend them yourself (which isn't out of the question with cheap tools today) then just think

what using them will do. Another good choice is handles that are made out of carbon fibre which is fast becoming more popular for manufacturers than metal as it is cheaper to make but maintains similar strength to metal.

Make sure the handle feels comfortable and the shaft is a reasonable length. Short handles make the tool more versatile as it'll be easier to manage in tight spaces but it also means the work will be harder.

Longer handles provide more leverage which can make the job easier, depending on what you are doing, but also make it harder to use in tight spaces. Think about how you will be using the tool and decide what you need most.

### Cost of a garden fork

My advice with garden forks is not to buy cheap. As I mentioned above, in recent years, many cheap brands have entered the market and the tools they sell are shocking. The garden fork is one tool that is very commonly made for 'cheap' prices but these tools simply will not stand the test of time. Anything less than \$30-\$40 and I would suggest you are probably throwing your money away.

Having said that, garden forks that are around \$30-\$40 will likely work well. Though a seriously good quality forged fork will set you back around \$60+, a strong mid range fork with 1, maybe 2 joins will probably do the job. Let me re-iterate though, don't buy the cheap imported forks!

### Next month - Garden Rakes.

### June Gardening Tips

June marks the start of winter for most Australians. For some people this is cause for celebration. For others it is cause for commiseration. For your garden it is just another season which will either see it go from strength to strength or see it fall over, depending on how well you care for it.

There are many plants which slow down their growth substantially throughout winter and so June is a good time to start

giving them a trim.

Roses can be pruned from June through till August. Other flowers like hydrangeas would benefit greatly from trimming off the old flowers and growth to allow it to jump into spring with a burst of energy and healthy new shoots. Remember, pruning promotes growth.

If you have decided that you actually want to plant a new rose garden, then June is the month for you.

By planting new roses now, you give them a good chance to get established throughout winter and ready for solid growth and flowering in the spring. Pick a mix of colours and aromatic roses and place them in a well prepared garden bed.

Also make sure you mulch them well. Don't mulch too close to the stem, leave about a 15-30 cm gap all the way around. This will help keep moisture close to the young plants, but will also help to fight off frost in cold areas.

Make sure you keep your winter vegetables well fertilised. Generally it is best to apply fertiliser to your winter vegetables every two weeks. This will help your veggies to grow quickly and give you a solid yield. Also during winter, it is very important that you get on top of your garden weed situation. If you don't get on top of weeds in winter, they will spread because the extra water available will allow them to really thrive.

This can cause them to move into new areas of your garden that may have previously been free from the serial pests. June is another good month to split up shrubs like daisies and lavender and plant them in other parts of your garden. Make sure you choose big sections to transplant.



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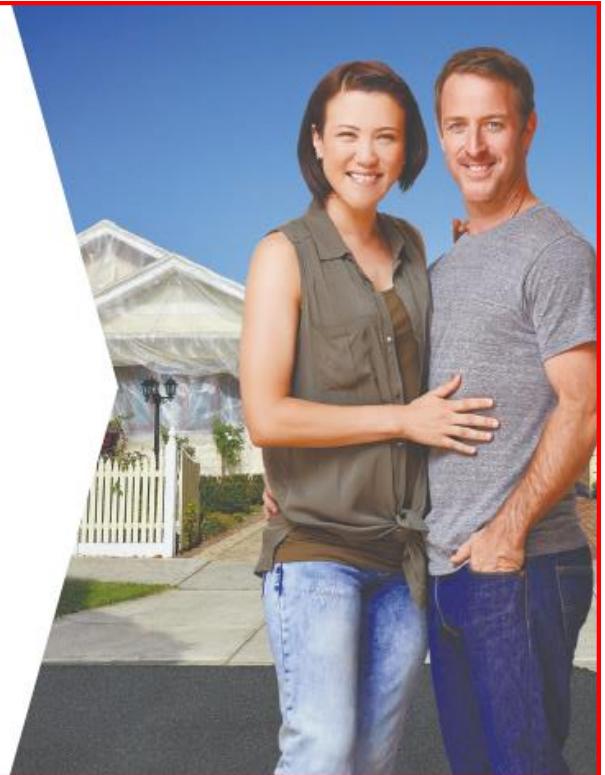
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## A Message for all mums...

Sorry we missed the Mothers Day deadline, but at Stockdale & Leggo we think every Sunday should be Mothers Day.

Where will you be next mothers day?



Wherever your home may be, we can help you get there and make sure her famous recipes and hugs come along too.

Contact us for a free market appraisal.

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