

100 YEARS OF ANZAC THE SPIRIT LIVES 2014-2018

How could my father tell me?

written by Kelvin L Wilson 2008 (in memory of his father)

How could my father tell me? Of things he did in the war Would he want me to remember? What he can't forget anymore! Scenes engraved in his heart forever, Scenes he would like to forget, Still we march every year in remembrance. To remember and honour and yet?

Shall I speak of the bloodshed and gore, How bodies won't work anymore? Shall I speak of the limbs blown apart? Notwithstanding the dreams in his heart. Must I tell of crushed bodies and fear? As explosions resound in his ear. How his mate took the bullet and fell, And the glory seemed much more like hell.







How he had to go on, leave him there. No time to stop and repair. Though his heart was broken and sore, No time to reflect anymore. Pressing on through the slime and mud, His heart madly pumping his blood, How he had to go on, take that hill, Though his heart's with his mate back there still.

We tell it with words like "victorious" Using rhymes that sound like, "glorious" And forget other parts of the story. Like painful and fearful and glory But we leave out that part of the story.

How could my father tell me? Of the things that he did in the war. Would he want me to remember? What he can't forget any more! Scenes engraved in his heart forever, Scenes he would so like to forget. Still we march every year in remembrance. To remember and honour and yet?

Lest we forget

*Kelvin's poem features in the story- board walk in the Grantville & District Memorial Park. *Details of Anzac Day ceremonies around the Bass Coast Shire, Lang Lang and Loch can be found on page 10.

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Dianne: 0418 328 205 / 5997 5515

0419 192 542

The Waterline News is also available online at www.waterlinenews.com.au

The Waterline News - April

FROM THE EDITOR'S DESK



Welcome to the April edition of The Waterline News, and our new 24 page format.

The main reason for the major change to 24 pages is to incorporate French Island News, introduced following the closure of the Island's quarterly magazine, The Pinnacle. See the story and tribute to their producers on page 11.

We also have special features for Anzac Day and thank local poet Kelvin Wilson for allowing us to use his poem on the front cover.

We have a special two page story on the French Island Anzacs from FI resident Chris Chandler who is going to write a monthly column for us from now on. Details of all Anzac Day services throughout the Bass Coast Shire, plus Lang Lang and Loch can be found on page 9. One of our other main features this month is the heart warming story of three year old Tayeton Dammon, which begins on this page, with special thanks to his mum Danielle for keeping us up to date. We have a story on the opening of the new deli in Bass, and the re-opening of the Loch general store, on page 8.

All of our regular features have been included, albeit some of them having found a new position in the new layout. The Waterline News has been a work in progress for all of its nine months existence and to a certain extent I suppose there will always be change in one form or another. A special welcome to our new readers on French Island, we welcome your comments and look forward to your contributions as well over the coming months.

Thanks to our regular contributors this month as well as the 'behind the scenes' assistants.

THE WATERLINE NEWS

Office Hours Mon- Fri 8.30am - 4.30pm Email: editor@waterlinenews.com.au Website: www.waterlinenews.com.au

Roger J Clark T/As The Waterline News

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Roger Clark

GRANTVILLE & DISTRICT RATEPAYERS AND RESIDENTS ASSOCIATION

2015 Committee President

Vice President Secretary Treasurer

To Be Confirmed Kat Cox Kathleen Hopkins Sylvia Harris

General Committee Members Chris Cox, Kylie Slink, Ilse Smidt, and Julie Bartolo.

Next meeting Friday May 29 at 7.30pm. Grantville Hall. Membership is \$10 per annum and can be paid to Treasurer Sylvia Harris at the Grantville Post Office.

New members are always welcome and tea and coffee is served at the conclusion of meetings.

Kathy Hopkins, Secretary

NEWS FROM THE LOCAL POLICE **NETWORK** TWO VEHICLES **IMPOUNDED IN CAPE** WOOLAMAI

Two males had their

vehicles impounded by police after several calls were made to triple zero in relation to their dangerous driving in Cape Woolamai over the Easter holiday weekend.

The two males from the Healesville area had been seen speeding and overtaking on double lines prior to the impound.

Senior Constable Paul Venosta from San Remo Police managed to intercept the vehicles where the driver's admitted to driving dangerously.

Their vehicles were impounded for 30 days and they will receive a summons in relation to other driving offences.

Great work by Senior Constable Paul Venosta for his efforts, especially during the Operation Cross Roads Campaign over the Easter weekend.

> **Emergency Dial 000** www.police.vic.gov.au



REMEMBER TAYETON? MRD.



Tayeton Dammon is a three year old boy battling a rare illness that is causing his vision and hearing to slowly fade away. Channel 9's A Current Affair program gave Tayeton a special gift that will make his life easier, and the story will warm your heart.

Most readers of The Waterline News will Remember Tayton from our January edition story.

Since the January story appeared we have been in constant communication with Tayeton's mother Danielle.

After a number of collection tins, provided to raise money for a Smart Dog were stolen, Danielle's friends, Amanda Wohlt and Mary Nunn sought the assistance of Channel 9's A Current Affair program. The program's producers became involved and commenced taping Tayeton attending specialists visits and having other treatment.

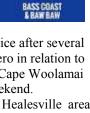
Without Danielle's knowledge, ACA had contacted Pet Barn group State Manager Leigh Murphy who arranged a donation of \$23,000 towards the purchase of the smart pup, ACA chipped in the other \$2,000. With that done, on the last day of taping, representatives from Smart Pups arrived with Tayeton's dog "Casper"



The A Current Affair program went to air on Good Friday, April 4.

After Tayeton was presented with Casper BP gave ACA a \$2,500 petrol gift card towards the cost of getting Tayeton to all his appointments over the next 12 months

Continued Page 3



Local Community News

TAYETON'S STORY continued

Before the program was able to go to air, the Lions club of Korumburra came forward and organised a trust fund to be opened so the public can keep donating to Tayeton's fund for the purchase of future dogs, and his education.

The fund will allow for the purchase of another dog when Casper retires (8 years) and also contribute towards educational needs, like a braille computer and other specialist equipment.

Tayeton has lost more vision since the GDRRA Christmas in the Park, and he is legally blind in one eye.

After the ACA filming was completed, there was one more surprise for Tayeton, Pet Barn State Manager Leigh Murphy took Tayeton and his mother to the Karingal store for him to select all Casper's needs, from bedding to brushes and bowls, it was hard to tell who was the most excited, Tayeton, or mum Danielle.



Pet Barn State Manager Leigh Murphy with Tayeton.

Danielle was overcome by the totally unexpected outcome from the ACA program, and generosity of everyone involved, not only with the program but behind the scenes, Pet Barn, BP, The Korumburra Lions club and her many friends and support base.

The January edition of The Waterline News featuring the original story is available online at www.waterlinenews.com.au



Tayeton won't have contact with Casper until a few months before getting him back this time next year , then he will have Casper and be able to get much needed assistance and have his new best friend.

Donations to Tayeton's Community Fund can be made to Lions Club of Korumburra Teyeton Fund: BSB 083 705 Account number 24 379 1724, or by cheque payable to Lions Club of Korumburra, mail to PO Box 65, Korumburra, Vic 3950

CFA ENDS FIRE DANGER PERIOD IN BASS COAST The Country Fire Authority (CFA) ended the fire danger period for Bass Coast on Monday, 23 March 2015.

CFA Group Officer for Bass Coast, Damien O'Connor, said the decision to end the fire danger period, also known as fire restrictions, was made following a review of weather, rainfall figures, grass growth and the dryness of the grass and bushes in the area.

"While the CFA's seasonal restriction on lighting fires in the open has been lifted, restrictions still apply under Council's Local Laws," Mr O'Connor explained. Bass Coast Shire Council's General Manager Healthy Communities, David Elder, confirmed the Local Law is in place to regulate burning off year round. "Different circumstances apply for residential and rural areas," said Mr Elder. "Open air and incinerator fires are not permitted in residential areas at anytime." However, Mr Elder explained that Council and the CFA had worked together to prepare guidelines that apply for open air burning off on private properties that are not located in a built up area. The guidelines apply except during the Fire Danger Period and on days of Total Fire Ban, when burning off is prohibited. "Any property owner outside a built up area who is considering burning off should have a copy of these guidelines," Mr Elder said. "They aim to protect the safety and comfort of all residents and visitors.

"The guidelines include important information such as who to notify about the burn and what notice needs to be given, for example notice to adjoining landowners and occupiers must be given 24-hours before the burn.

"To ensure the fire services are aware of your planned burn, please give the Emergency Services Telecommunications Authority (ESTA) two-hours prior notification by calling 1800 668 511." Mr Elder said if the area to be burnt is next to a residential area, Council's Local Laws team must be notified too by calling Council two-hours prior to light up. Both Mr Elder and Mr O'Connor stressed that although the fire danger period had ended, it was important for the community to take extreme care when burning off on rural land.

Council's Burning Off Guidelines are available at: www.basscoast.vic.gov.au or by contacting Council on 1300 226 278 or (03) 5671 2211.

KNOW YOUR COUNCILLORS

This month we discover a bit more about Townsend Ward Councillor, and Deputy Mayor, Councillor Jordan Crugnale.



Jordan Crugnale is the Councillor for Townsend ward and was elected Deputy Mayor at the statutory Council meeting on 19 November 2014.

She has worked in the public, nongovernment, community and not-for-profit sectors in health, education and the arts. She compiled and edited Footprints Across our Land (1995), has worked for organisations including the National Gallery of Victoria, Arts Project Australia and Marie Stopes International. She currently works in the mental health community sector, is a practicing artist and lives in Inverloch with her partner and two young children.

Cr. Crugnale is a representative on the following committees:

- Audit Committee
- Inter-Council Aboriginal Consultative Committee
- West Gippsland Regional Library Board

• Public Art Reference Committee The Townsend Ward is one of the smaller wards in the shire at just over 18 square kilometres. Most of the population lives in Inverloch and surrounds, including Pound Creek. Townsend Ward shares a border with Hovell Ward, which begins just outside Inverloch and includes properties towards Cape Patterson.

You can contact Cr. Crugnale by:

- Landline: (03) 5674 6771
- Mobile: 0448 082 802
- Address: c/o Bass Coast Shire Council PO Box 118, Wonthaggi Vic 3995

Email: Jordan.crugnale@basscoast.vic.gov.au



Notices by 1st each month editor@waterlinenews.com.au

Australian Red Cross

Woodleigh Vale Branch

Members meet in each other's homes on 2nd Thursday of Feb, Apr, Jun, Aug & Oct. Contact Marion Walker 5678 8320

Bass Coast Community Baptist Church

1493 Bass Highway Grantville Meets Sundays 4.30pm then dinner. Op Shop open Mon-Fri 10am-4pm, Saturday 10am-1pm Contact for service details and op shop Pastor Isle Schmidt 0402 065 852

Bass Coast L2P Learner Driver Mentor

Program Wonthaggi - Corinella The Bass Coast L2P Program now has a car at Corinella & District Community Centre. For further information contact: Veronica Dowman 5672 3731 0467590679

Bass Valley Community Centre

Mon-Thur 9am -3.30 pm Friday 9am-3pm Op Shop open 6 days Monday - Saturday Check Hours 5678 2277

Bass Coast Community Health

Cancer Support Group Corinella Community Centre 2nd Tuesday each month 10am-12noon \$2 Entry Peter Bekers 5678 1150 -or- 0417 157 144

Bass Valley Friends of the RSL

Secretary Janet Welch	0411 446 129

5678 2335

Bass Valley Landcare 2-4 Bass School Rd, Bass

Bass Valley Lions Club Op Shop

Situated at the Grantville Garden Supplies Open 5 days Monday-Saturday 5678 8357

Corinella & District Probus Club

1st Wednesday each month except January Bert Allison 0407 339 243

Corinella Bowling Club Inc.

Saturday Triples May until August Wednesday Coaching and roll up starts May Association 6 at 10am. BYO Lunch Patti Scammell 5678 0191

Community Notes

Corinella & District Elderly Citizens Club Monday & Thursdays at 1.00pm Corinella Hall

Margaret

Corinella Cancer and Chronic Illness Social Support Group. Meets every 2nd Tuesday of the month. 10am - 2pm. Corinella Community Centre. Cost \$2 Call Peter Berkers 5678 1150

Corinella & District Men's Shed & **Woodies Group**

Located in Corinella Road between Bass Valley Primary School & JLM Pre School. Contact Secretary: Jim 5678 0930

Corinella Playgroup

0-4 year olds Friday 10.00am -11.30am Free play, activity centres, story & song time, sensory & art activities. \$3 per family plus a piece of fruit to share. All children MUST be accompanied by their parent or carer. Christine Keeble 0413 837 597

Coronet Bay Adult Social Club

Tuesday 7-10pm Coronet Bay Hall 5678 0341 Ann

Coronet Bay Playgroup

children 0 - preschool - Coronet Bay Hall Mondays 10am - 1pm \$2 per family Please bring a piece of fruit per child to share at morning tea, coffee & tea supplied for parents. Craft Tovs Playdough Sandpit Songs Friends

Country Women's Association Coronet Bay

Meets at Corinella Community Centre 1pm Third Monday of each month Faye 5678 8366 -or- Rosemary 5997 5827

Country Women's Association Grantville

Meets at the Grantville Hall 12-3pm Second Monday each month Annie 5678 8037 Judy 5678 8553 -or-

Grantville & District Ambulance Auxiliary

Contacts -Anthea Chester 0407 457 642 Jane Hendtlass 0409 386 152 or

Grantville & District Business & Tourism 3548

President Neroli Heffer	5678 8

Grantville & District Ratepayers & **Residents Association** Secretary Kathleen Hopkins 5678 8327

5678 0716 Grantville & District Foreshore Committee Roger Hayhurst

0416 061 400

Grantville Recreation Reserve Committee Neville Goodwin 5657 7245

Grantville Senior Citizens Group

Grantville Hall 1st and 3rd Mondays 12noon - 2.30pm Contact Doug Prescott 5997 6106

Pioneer Bay Progress Association

Zena Benbow pbpa@bigpond.com

St Pauls Anglican Church Bass

12.30pm every Sunday Rev Greg Magee 5952 2608

St Georges Anglican Church Corinella

1st Sunday each month 11.00am Other Sundays 9am Free Community Lunch Corinella Community Centre Second Friday Op Shop open Mon, Thur, Fri 10am - 2pm Saturday 9am- 12.30pm

The Probus Club of San Remo

Second Monday of the month (except	
January) 10am at the Newhaven Public	
Hall. Visitors Welcome.	
Enquiries:	5656 6581

U3A Bass Valley

Courses offered: Book Club, Bush Painting, Creative Writing, Gardening, Get Creative, Histories of the World, Learn to Weld, Movie & Theatre Appreciation, Music & Imagination, Tai Chi for Arthritis and more. www.u3abassvalley.com Heather White 5997 6323 (PO Box 142 Grantville 3984) **U3A TAI CHI**



Why not give the U3A Tai Chi for Arthritis a try? Coronet Bay Hall 9.30am Tuesday Gentle exercise, good company and a cuppa. Further information: Laura 5678 0884 Vicki 5678 8734 -or-







Friday, April 24, 7.30pm

They Went With Songs: Wonthaggi Town Hall. A musical event for the ANZAC centenary, created by Wonthaggi composer Larry Hills. Performed by the Bass Coast Chorale, Prom Coast Singers and South Gippsland Singers with a 'Soldiers' chorus and a South Gippsland orchestral ensemble. Featuring soloists Tim Gesell and Tom Green, incorporating a WW1 exhibition. Tickets \$25 available from RACV Wonthaggi, Ph 0402 727 364, Main Street Revelations, Foster, 0408 675 467, Great Southern Outdoors, Leongatha 0490 525 482.



DG Nurse Practitioner Grantville Transaction Centre Cnr Bass Hwy & Pier Rd Grantville, 3984

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Community Notes & Diary

Saturday April 25, 7.30pm

They Went With Songs: Mesley Hall Leongatha.

Sunday, April 26 3.30pm

They Went With Songs: Foster War Memorial Arts Centre.



Grantville Pharmacy Biggest Morning Tea, runs all day, pop in for a cuppa and make your donation to the Cancer Council. .

There are sure to be more Biggest Morning Tea notices next month. Organisers send details to

<u>editor@waterlinenews.com.au</u> Entertainment notices are now found in a new section, this month on Page 9. Send all submissions by 1st of month Check for more Community notices, updated weekly at:

www.basscoastpost.com

GRANTVILLE & DISTRICT AMBULANCE AUXILIARY



4 Steps to Life Learn how to use Automatic Defibrillators and how to perform CPR Corinella Community Centre at 6.30pm on Wednesday 13 May 2015

Everyone is welcome to attend and please bring a pillow with you. We hope you will make donations to the Auxiliary on the night. Any questions contact Anthea Chester at the Grantville Ambulance Station or **0407457642**



GRANTVILLE AMBULANCE AUXILIARY NEWS

The Grantville & District Ambulance Auxiliary Executive has confirmed



that the Annual General Meeting will be held on Thursday 11 June 2015 at the Grantville Hall. Please put the date in your diaries now. Formal notices will be published nearer the time.

If you intend to come to the AGM, also note that you need to be a current member to vote. For enquiries about becoming a Grantville and District Ambulance Auxiliary member contact our President Anthea Chester at the Grantville Ambulance Station or 0407457642 or our Acting Secretary Jane Hendtlass on 0409386152



Thanks to donations from our local community, we now have new navigation aids operating in both our ambulances stationed at Grantville. The paramedics are very happy with the way they are working and making their lives a little bit easier. It is better for their patients as well because our paramedics do not all live in or near Grantville and they can expect faster response times when medical problems arise off the usual well-known roads in the area. As promised, the Grantville and District Ambulance Auxiliary have also organised a 4 Steps to Life basic first aid program in the Corinella Community Centre at 6.30pm on Wednesday 13 May 2015. Everyone is welcome to attend and please bring a pillow with you. The training is free and it is not at all boring so you will not have time to sleep on the pillow. We hope you will make donations to the Auxiliary on the night. There are also collection tins in several of the Grantville shops and we still intend to run a major fund-raising effort later in 2015 to coordinate with the Ambulance Victoria state -wide fund-raising campaign. Further donations and your membership renewal applications can also be sent to our treasurer, Vicki Clark, Grantville Ambulance Auxiliary, PO Box 184 Grantville, 3984. Join in and help us make your local Grantville Ambulance Station and our paramedics the best equipped and trained in Victoria.

Jane Hendtlass – Vice President and Acting secretary

Around the Community Centres & Markets

Corinella & District Community Centre Spread your wings and fly with us

Adult and Community Education

Neighbourhood House

- Computer Classes
- Art and Craft Classes
- Communication Classes
- Strength Training for Seniors Support for Community Groups
- Public Internet Access
- Community Food Pantry
- Photocopying, faxing, scanning and laminating Health Services and Medical Room
- Workplace Accredited Training
- Vanue for Hire
- Waterline Community Bus for Hire

www.corinellacommunitycentre.org.au T: 5678 0777 E: coord@cdcc.asn.au Office Hours: 10am-4pm Mon-Fri

LANG LANG COMMUNITY CENTRE

Public Internet Access to all members. lpad Tuition. Lifestyle classes including: Yoga, Pilates, Cardio, Walking group and

LineDancing. Playgroup and Hey Dee Ho for the littlies. A variety of Patchwork groups.

Men's Shed Group. Secretarial Support Services including: Photocopying, typing and scanning, Book Exchange Small offices for hire Centrelink Agent with dedicated computer.

Medicare Claim Service Please call us, we open @ 9.30am five days a week 7 Westernport Rd, Lang Lang 3984

Contact Coordinators Michelle or Marg (03) 5997 5704 llcc@langlang.net





Phone: (03) 5979 3188

Email address: greg.hunt.mp@environment.com.au Website: www.greghunt.com.au

Working hard for our community

BASS VALLEY COMMUNITY GROUP Inc. Bass School Road Bass 3991

Centre Manager Roderick McIvor Phone 5678 2277



I'll start off this month's item with one of my favourite topics: Volunteers. We have just got our office and general car park resurfaced. And all done by volunteer labour. A wonderful job which only took three-and-a-half hours. In that time the team of about ten blokes placed and secured sixty metres of timber edging and then spread and rammed thirty eight tonnes of crushed rock, all on a Saturday morning. Also a big thank -you to the Bass Coast Shire Council for the Community Grant to buy the materials. A great outcome.

In other developments at the Centre (well it's not really a development) I have been the Centre Manager now for a year. It has been a very good year for me as I have got to know the 'ins and outs' of what makes the Bass Valley Community Group tick. There is a fair bit of hard work involved, but above all it has been a great opportunity to get to know many in the Waterline community. The Centre's Friendship Club is always looking for new members. Membership is open to all older people who may find themselves socially isolated. If you are, or know of someone, who would benefit from getting out and about more, the Friendship Club can be a wonderful opportunity. Our bus picks up members from their home and delivers them back at the end of the day. As I've described before, the Club gets up to all sorts of interesting things, from trips to events in Cranbourne to gentle exercise sessions and crosswords. It is also open to younger people living with disabilities. There are around a dozen members for each of its Monday and Wednesday sessions. There is a fee for the day of \$15. So if you are interested, either for yourself or on behalf of another, please ring us on 5678 2277.

Cr Clare Le Serve Leadbeater Ward **Bass Coast Shire**

M: 0448 083 286 T: 03 5678 0669

COAS



Bass Coast Shire Council Office 76 McBride Avenue, Wonthaggi 3995 T: 1300 226 278 - BASS

MARKETS



Every Sunday Kongwak Market Retro stalls, food, vegetables, curries, Coffee. Enquiries Jane 0417 142 478

1st Saturday Sth Gippsland Farmer's Market

Koonwarra 0408 619 182

1st Saturday

Archies Creek Indoor Market **Community Hall** Enquiries info@archiescreek.com

2nd Saturday

Coal Creek Farmer's Market coalcreekfm@hotmail.com Phone Contact 0459 629 000

3rd Saturday

Prom Country Farmer's Market Foster Contact 0407 543 371

4th Saturday

Churchill Island Farmer's Market information contact: 5664 0096

1st Sunday Jumbunna Bush Market Jumbunna Hall Enquiries 5657 32533

1st Sunday

Koowee Community Market Indoor/outdoor 0418 289 847 Email: info@kooweemarket.com.au

2nd Sunday

Rotary Market Wonthaggi Apex Park 8am - 1pm Contact Neville Goodwin 5672 7245 or Garry Sherrick 5672 5812

3rd Sunday Inverloch Farmers Market 5664 0096

4th Sunday **Grantville Market** (Weather permitting) Contact for details 5997 6221

Your market not here? Let us know changes by 1st of the month waterlinenews@gmail.com.au

TEN UNHEALTHY FOODS YOU High fructose corn syrup is one of its **NEED TO REMOVE FROM** YOUR KITCHEN, NOW ! By Alexander O'Brien.

Courtesy of :

www.oversixty.com.au



From the more obvious offenders (like salty chips laden in fat), to items that masquerade as being healthy (think granola bars!), there are certain foods you'd do best to avoid whenever possible. Here's our list of 10 items you should pretty much never keep in the house. 1. Chips

If you've ever had to pry the chip packet from your hands with all the willpower you can muster then you're no stranger to how addictive chips can be. Your average chips are calorie-dense and high in fat - throw that in the mix with the fact they're not conducive to portion control and you have an "eat me all" episode waiting to happen. Just two servings of classic potato chips, for example, equals about 20 grams of fat. 2. Energy drinks

Touted as being essential for hydrating and replenishing (and some even go so far as promising a daily dose of vitamins), energy drinks need no place in your kitchen as many of them contain a high amount of sugar. You're far better off sticking to water flavoured with citrus fruit, or a refreshing glass of iced green tea if you need a caffeine kick.

3. Vegetable oil

It might sound virtuous enough, but vegetable oil is nothing more than unhealthy and processed fat in a jar. There are plenty of healthier substitutes to pop into your shopping basket. Think macadamia nut oil when you're cooking at a high heat, and coconut oil for baking.

4. Granola bars

While granola bars seem like a healthy snack option compared to more obvious junk food, they're often loaded with hydrogenated oils and sugar. Try swapping them for a piece of whole fruit and a handful of nuts.

5. Tomato sauce

Sadly for sauce-lovers, we're sorry to tell you that tomato sauce is surprisingly sugary.

Health

primary ingredients. Just one tablespoon contains four grams of the sweet stuff. 6. Margarine

It's widely documented that trans fat affects cholesterol levels and overall heart health negatively, thus, it's best to avoid foods that have it to be safe. So put the margarine in the bin, pronto. It has the worst kind of fat there is: trans fat.

7. Microwave popcorn

While popcorn has made many healthy snack lists in recent times, beware of the microwave variety. Microwave popcorn contains alarming amounts of sodium, fat, and calories in the form of butter and other flavouring. Air popped is a much better option.

8. Fizzy drinks, Soft drinks

have no place in your fridge! End of story. 9. Sugary cereals

Some cereals are no different than a chocolate bar in their sugar content. You wouldn't wake up and have a Milky Way for breakfast, so don't keep sweets masquerading as cereal in your cupboard. Stay away from anything with more then eight grams per serving.

10. Artificial sweeteners

The subject of many studies over the last few years, artificial sweeteners (like the kind in diet soft drink) may actually make you hungrier, leading you to consume more calories. Skip the fake substitutes so you don't potentially incite your appetite.





Grantville Medical Centre 2/1524 Bass Highway, Grantville

For Appointments Call (03) 5678 8029

Hours

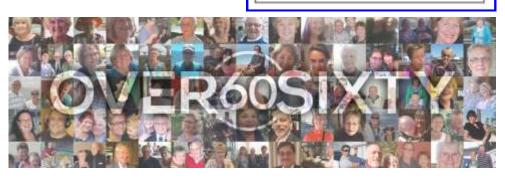
Mon - Fri 9.00am - 4.30pm (Wed closes at 1.00pm) Closed over lunch period

Bulk Billing

All Pensioners, Health Care Card Holders and children under 16 are Bulk Billed.

www,wonthaggimedical.com.au





Hi and welcome to Over60 - the one-stop destination to keep Aussies over-60 in the know

Reaching 60-years young is a milestone that can signal the start of some of the most rewarding times in life and it's not without its challenges. We've created OverSixty.com.au in the hope of bringing Australian seniors together in one place to share ideas, experiences and support each other through this exciting stage in life. Along the way we'll bring you inspiring content on a range of topics as well as special offers and deals. One of the perks of

being part of the fastest growing demographic in Australia is that lots of great Aussie companies want your business - and we'll make sure they work hard to give you the best offers possible.

We want you to think of OverSixty.com.au as "your" site! And most importantly, a community aimed at creating a sense of belonging where you can read about the things you're interested in, have a say, communicate with other over-60s, share stories and make new friends along the way.

www.oversixty.com.au

deli · on · bass opens



Grantville and district residents are now enjoying the gourmet delights from the area's first specialist deli.

deli \cdot on \cdot bass opened on March 29 and is quickly gaining a reputation for the quality and freshness of the range on offer.

The family owned business, managed by Samantha (Sam) Carpi is located at Shop 6, 1524 Bass Highway Grantville, next door to Mitre 10.

Sam told The Waterline News "our mission is to find unique products from around the world allowing our customers to taste and try new and exciting foods. Our range includes meats, cheeses, antipasto, dips, jams, relish, pasta, sauces, artisan sour dough breads and much more. We pride ourselves in providing fresh quality products at affordable prices with a friendly and welcoming atmosphere.

We have a vast range however we're always looking for new products so if there is something that you'd like to see stocked please let us know and we will do our very best to source it for you.

deli · on · bass also offers freshly ground coffee and delicious continental rolls, individually created using produce from our

New Local Businesses

delicatessen.

We are open 7 days a week so come in and say hi to our vibrant and helpful team".



Some of the wide range of small goods, cheeses and antipasto on offer.



deli · on · bass also has a good range of fresh produce, continental breads, coffee and sweets and is adding new items to the range every week.



SOMETHING OLD -SOMETHING NEW

Things are certainly heating up in Loch with the re-opening of the old Loch General Store, incorporating The Rustic Cacao Café.

Alan and Diana Dan have recently reopened the former Loch General Store which now hosts a wide range of gourmet products.



Alan grows and breeds his own varieties of the world's hottest chillies and will be selling around 20 varieties of chilli sauces ranging in heat from mild to extreme!

Diana is manufacturing a thick hot chocolate drink made from organic raw cacao sourced from Fair Trade Farmers in Peru. This rich chocolate drink can be sprinkled with sweet Australian spices or chilli and is a very health beverage full of antioxidants and lovely on the cooler days. Another menu item will be authentic Australian Jaffles. There will be a choice of fillings including the "Atomic Diablo" the worlds hottest Chilli Jaffle. Not many chilli eaters will be able to handle this one. Alan and Diana moved to Loch from Rosebud on the Mornington Peninsula and have chosen to start the next stage of their lives in this lovely village.





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GIPPSLAND JAZZ

Sunday April 19 1.00 - 4.00pm Note the earlier start time, April only. Bass Room—Ramada Resort - Cowes



Phillip Island Jazz Club proudly presents The Syncopators.

If you are an ardent jazz lover or just have a casual interest this is the jazz event South Gippsland will remember for a long time. It is rare that you have the opportunity to be part of a concert with muso's of this quality. The group, with fifteen European concert tours, one LP and fifteen CD's under its belt, is recognised by critics and peers alike as amongst the very best in Australia. Society Syncopators, now called "The Syncopators" was founded by trombonist Chris Ludowyk and has performed at most major Jazz and Performing Arts Festivals in Australia and some of the most prestigious International Jazz festivals. It has featured in two movies, on live TV concerts and entertained at countless corporate functions over its 31 year existence. Have a look at the line-up Peter Gaudion (Tpt/Main Vocals) Chris Ludowyk (Trom/Vocals) Richard Miller (Clt/Sax/Vocals) Stephen Grant (Piano) Peter Baylor (Guitar/Banjo) James Clark (Bass/Tuba) Rod Gilbert (Drums/Vocals) Enquiries: Jill Boyce 0413 416 300

Saturday May 2,

Coronet Bay Hall 7 - 11pm Coronet Bay UNPLUGGED continues to attract good audiences every 1st. Saturday of the month at 7pm. at the Coronet Bay Hall, Gellibrand street. No matter what style of music you like there will be something to your taste. You can bounce along to rock or shed a tear with heart rending folk, or just have the troubles of the day flow away with beautiful classical music and poetry. Truly the best value entertainment around, it's just a gold coin

Friday May 8, 8.00pm Moe RSL

A week later than usual owing to the Anzac Day weekend, The Moe-Latrobe Valley Jazz Club presents The Maryborough Trad Jazz Ensemble, with Ken Collins and Col Hutcheon.

This really is an outstanding band which is a

Entertainment

must see if you have the chance. Enquiries: Bruce Lawn 5174 3516

Sunday May 17 2pm

Ramada Resort– Cowes. Phillip Island Jazz Club presents Chris G. LeBon & the C'est Si Le Bon Band Paris to New York Concert. - Jazz - Soul -Blues –With the French Touch!

Described as highly entertaining, charming and engaging, Chris is an international crooner and entertainer direct from the UK, Paris and the French and Italian Riviera. He is an acclaimed bass guitar player and an original 'feel good' singer with exceptional charisma; a result of over 35 years of experience in some of the most prestigious places in the world

His Show 'PARIS TO NEW YORK" takes you on a swinging trip from those romantic French Ballads (Aznavour, Piaff, Trenet...etc..) to the irresistible toe tapping beats ranging from Cotton Club to Broadway. Come and share some JOIE de VIVRE with his fine bunch of talented Bons Amis!

Sunday May 10

Inverloch RSL 2pm.

The South Gippsland Soc. Inverloch Jazz Club presents another well known Victorian band, The Riviera Jazz Band

Enquiries Neville Drummond 5674 2166

Friday & Saturday nights, and Sunday afternoons .



Live music at The Kernot Store. For details on who is performing and to book a table:

Call Julie on 5678 8555

WIN A CD

For your chance To win a fabulous Australian Jazz CD featuring some of the best



known Australian jazz musicians, simply send your name and address on the back of an envelope to PO Box 184 Grantville, 3984, or email: Win A CD to

editor@waterlinenews.com.au

VALE JOHN ADAMS

Australian jazz is the poorer with the recent passing of John Adams. He was a man who had the rare capacity



to embrace all piano styles. His recording with the Storyville Allstars epitomised this with some classic trad plus some Basie style and the wonderful backing of Beverley Sheehan's vocals.

John was a man deserving of the title "Gentleman of Jazz" because that is exactly what he was. A polite and respectful individual who always had a kind word for everyone associated with jazz. Admired by his peers the ultimate demonstration of respect was at the 2014 Phillip Island Festival when he played with Geoff Power. To see John at his absolute best with the remainder of the group standing together in awe of this great man was an experience I will never forget. Robin Blackman

Director - Phillip Island Jazz Festival.



Hi, I'm Shelley Applebee, an Avon Representative servicing all of Bass Coast. Check our fabulous products on https://shop.avon.com.au/store/ shelleysstore/, call me on 0417 590 881 or email me at shelley@burtsbackyard.com for a brochure, to order products or ask any questions about Avon. I offer awesome service and would love to hear from you.



ANZAC DAY SERVICES

Bass

A Dawn Service will be held at 5.45am at the Bass Cenotaph.

5.35am Piper John Luke to pipe in at the start of the bridge.

6.15am John Luke to pipe out at the Cenotaph end of the bridge back to the gunfire breakfast in the Bass Hall commencing at 6.30am.

A display of dossiers of all Service Personnel of WW1 from the district, plus other displays will be featured in the hall. For more information contact Terry Salmon on 0418 179 830

Cowes

Dawn Service - Poetry from 5.30am and service commencing at 6.00am - local cafes in the precinct are open for the early morning caffeine hit.

Gunfire Breakfast - Cowes Cenotaph at 6.45am - egg and bacon roll, tea and coffee -\$5 donation towards the Phillip Island RSL ANZAC Parade - Pre March sausage sizzle at Cowes Cultural Centre from 10am. Anzac Parade Muster - Assembly from the Cowes Cultural Centre from 10.30am and marching Thompson Avenue to Cenotaph in time for the main service from 10.40am Commemorative Service - 11.00am

Inverloch

The Dawn Service will commence at 6.00am in the RSL grounds, 15 Bolding Place, with a piper, ex Navy Bugler, readings and candelight dedication of WW1 enlistees from Inverloch and surrounding districts followed by a free gunfire breakfast served by the Inverloch & District Lions Club.

A Commemoration Service will be held in The Inverloch Community Hub in A'Beckett Street. The public are invited into the hall from 9.30am to watch a Sub Branch DVD with the service commencing at 10am involving a piper, the Wonthaggi U3A Choir, Wonthaggi Salvation Army, Inverloch Primary School, and the Inverloch

Scouts.

After the service the Veterans will form up and march to the Cenotaph for the wreath Laying

Anzac Day 2015

The public are then invited back to the RSL where a marquee and tents will be set up with the Lions Club cooking a BBQ. All enquiries regarding Anzac Day at Inverloch should be directed to RSL Sub-Branch Secretary Jan Millington 5674 3987

Lang Lang

Lang Lang Cenotaph 1 Westernport Road Lang Lang Dawn Service 6.00am Breakfast will follow the Dawn Service at the Lang Lang RSL in Westernport Road (gold coin donation please). Enquiries: Keith Brown 5997 5226

Loch

Commemorative Service 10.45am at the Loch Cenotaph in the main street, near the old Post Office Details: lochexpress@gmail.com

Kongwak

A service will be held at 10.00am at the momument at the Kongwak Hall, followed by morning tea at the gazebo in the park. Enquiries: Betty Anderson 6757 4317

San Remo

11am at the Cenotaph on the foreshore opposite the IGA supermarket. of the French Legion of Honour, that country's highest military award, Jim flew Sunderland Flying Boats during WW II. Enquiries: Jane Ross 0498 064 248

Wonthaggi

A Dawn Service is being held at 6.00am at the Wonthaggi Cenotaph followed by a gun fire breakfast at the RSL Hall in Graham St. Marchers gather at 9.45am at the RSL Hall and proceed to Soldiers Reserve and the Cenotaph for a 10.00am service followed by light refreshments at the RSL Hall. Details: Rod Gallagher 5672 4226.

WOMEN AND THE FIRST WORLD WAR

The majority of women actively and officially serving in World War 1 were nurses – between 2,500 and 3,000



Australian nurses served overseas - in England, Europe, India, Egypt and at Lemnos, Greece where the wounded from Gallipoli were treated. Australian tolerance for high temperatures made Australian nurses particularly popular in Egypt and India. Women doctors, on the other hand, had to make their own way overseas as Australian Government policy did not allow them to be officially deployed on war service. Many served with distinction overseas. Some joined the Scottish Women's Hospitals and served in war-torn Serbia and other European bases, seeing the war at the front line.

A few women worked as writers and war correspondents. Women became drivers, interpreters and munition workers. Women's contribution to the workforce rose from 24 per cent of the total in 1914 to 37 per cent in 1918, but the increase tended to be in what were already traditional areas of women's work — in the clothing and footwear, food and printing sectors. Unions were unwilling to let women join the workforce in greater numbers in traditional male areas as they feared that this would lower wages.

Victorian, Vera Deakin White, youngest daughter of Australia's 2nd Prime Minister, set up the Australian Wounded and Missing Inquiry Bureau, to help relations seeking information about their loved ones. The Australian Comforts Fund was established in August 1916 to co-ordinate the activities of the state based patriotic funds, which were established earlier in World War I. Mainly run by women, they provided and distributed free comforts to the Australian 'fit' fighting men in all the battle zones. Socks were urgently needed, since soldiers Guest speaker - Jim Coulter, recent recipient could not wash or dry their socks in the mud and cold of the trenches, and Australian women knitted tens of thousands of socks, distributed through the ACF. Women were also avid fundraisers, and the Anzac biscuit, which was not part of the military rations, was almost certainly made at home for fundraising purposes. That tradition lives on with the RSL.

Most women contributed through the 3 Ws: Working - taking on new forms of employment (not necessarily paid) to cover work normally undertaken by men who had enlisted, working to be the mainstay of their young families or working to send support to the troops through the Red Cross. Many worked in all these ways. For those whose husbands returned home alive, but physically and mentally shattered by war, the work went on for a lifetime. Worrying - letters were infrequent, and soldiers rarely shared many of their real experiences with those at home. The

devastating news of a death might arrive months after the event. Waiting - for letters and postcards, for news

from other family members and most of all for their relatives to come home safely.

www.anzaccentenary.vic.gov.au

French Island News



FAREWELL TO THE PINNACLE

The Community Newspapers Association of Victoria paid tribute to The Pinnacle in its March edition.



The Pinnacle Celebrates 10 Years a decade of change for both the Island and the Wagadine

It was a collective touch of sadness that committee members felt on receipt of the letter. Although pre-empted during 2014, it is the finality of a last issue when the real impact is felt. Perhaps, and let's hope, that's the case with the French Islanders who have been served so well by The Pinnacle over many years. Maybe the looming hole left by The Pinnacle's closure will



provoke something... it seems that the more successful a community newspaper is, the more daunting and intimidating the work involved in its production is viewed. And The Pinnacle has been an impressive and successful publication for a long time. The Pinnacle was often mentioned at CNAV committee meetings because the editor of Lorne's community newspaper Jo Vondra would, meeting after meeting, either pop a copy on the table or have some interesting snippet of information about it. Jo was an unashamed fan in those days, and his enthusiasm was infectious. Since then the Pinnacle has been a regular presence at conferences, and there was a well-remembered time when the CNAV committee ferried across to the island for a regional meeting and the weather left us fearful we were going to be French Island residents for at least a few days.

Congratulations to The Pinnacle for serving the French Island community so well for the past 13 years.



Pinnacle editor Fay Gordes and Layout expert Roberta Esbitt are pictured here receiving an award from NCAV's Jo Fortuna (centre) at the 2011 CNAV Conference.



FRENCH ISLAND COMMUNITY ASSOCIATION

French Island Community Association Tankerton PO French Island Victoria 3921 Australia secretaryfica@gmail.com

EMERGENCY SERVICES There is no regular police presence or ambulance service on the island. French Island has a Country Fire Authority (CFA) and a State Emergency Service (SES) branch run by a group of hard-working volunteers. There is one fire engine stationed permanently on the island, next to the Community Hall on Tankerton Rd. CFA volunteers are able to respond to any kind of emergency.

In the case of emergency, there are a number of ways in which residents can get help.

CALLING 000

Calling 000 is always the best option in an emergency. Hastings Police 5979 7033

THE SPECTRUM SYSTEM - 9920 8083

When the above number is called, any one of up to 23 people will answer. They will ask: Are you reporting a fire or an accident? The location of the incident Details of same The caller's name and phone number. Depending on the nature of the incident, this team will then respond with immediate first aid, notification of other authorities (eg Air Ambulance, police), and, of course, firefighting capabilities.

NURSE ON CALL

For non urgent health issues islanders may utilise the Department of Healths' Nurse on Call service: Nurse On Call 1300 60 60 24

AMBULANCE SERVICES

Ambulance Membership

Membership Enquiries 1300 366 141 (Mon-Fri 8am-8pm, Sat 9am-5pm)

FIRE PLANS

All bushland residents should have a personal fire plan. The French Island CFA hosts annual information sessions which give concrete advice on this topic. The CFA is also happy to visit individual properties to further aid in the development of fire plans. As for all of Victoria, fire bans and other instructions issued by the CFA should be followed.

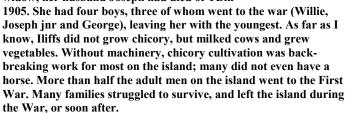
Notices for the French Island section of The Waterline News should be sent to editor@waterlinenews.com.au by the 1st of each month.

French Island News

Remember our

FRENCH ISLAND ANZACS By Chris Chandler

On French Island from a small community of less than 200 people in the early 1900s, 32 men went to the War and three of these were killed. Many families were left without ablebodied men to carry on. The Iliff family's 50 acre farm was on the corner of Tankerton and Mt Wellington Roads, a part of the Perseverance Settlement. Mrs Iliff was a widow, her husband Joseph had died of TBin



Below I have listed some of the French Island Anzacs, with a few details about them, mostly from the book 'Frontier French Island', by Ruth Gooch.

Frederick William 'Fred' Bond – KIA. The Bonds came to Perseverance Settlement in 1893. Their mud ('pug and stick') house 'Spoxton' was close to Tankerton Road, just past Centreway corner. Fred was the French Island poet... . He had a satirical sense of humour. He enlisted in September 1914, and departed for Egypt in December. His battalion (13th Infantry) landed at Gallipoli late on 25 April, and Fred was killed on 27th. He was described in the Peninsula Post as, "a splendid type of young Australian, and a fine soldier. Keen on his work, he rose rapidly from the ranks..." (11 June 1915)



Fred Bond

Richard 'Dick' James Maddaford – KIA.

Farmer of Tortoise Head, French Island. He was a cousin to Capt. Harry Treiloar of the Flying Corps. Dick joined 29th Infantry Battalion on 23 February 1916, and departed from Melbourne on 4 April 1916 on HMAT Euripides, aged 28. He was killed in France on 24 April 1918 aged 31, and his name is on the memorial at Corbie Albert Area, France. His parents were deceased and his next-of-kin is listed as his sister Lily Maddaford, of Long Point, French Island.

Col. Richard Linton - KIA. Linton built the original house now owned by the Scott family on Coast Rd. He had been an officer of the Victorian Scottish Regiment since 1900, and joined the 6th Infantry Brigade when war broke out, aged 54. He was promoted to Colonel and sent to Egypt as commanding officer. Richard was killed on 2 September 1915 when the troop ship Southland was sunk by a German U-Boat between Alexandria and Gallipoli. Most of the 1400 men on the ship were rescued, but about 40 drowned. He is buried in Mudros Military Cemetery in Greece. Hugh Stanes Bayford – Hugh and his brother Jack took up land on the northern part of the island (north of Link Road) about 1900. Bayford's kiln still stands near the north coast, in a part of the Park known as Dore's. Hugh joined the 58th Battalion and was badly wounded in Villers-Bretonneux, where he lost an eye. After the War, he worked for Major Christopherson at 'Kareen'. The Major admired his war effort and when Christopherson died in 1927 aged 91, he left Hugh the homestead property. Hugh married Zilpha Small from Long Point, and they adopted two children.

Two surnames which are still well-known on the island are Scott and Thompson;

Henry Richard 'Dick' Scott – The Scotts came to the island in 1914 to manage Col. Linton's 400 acre farm on Coast Road. Dick joined 14th Infantry Battalion on 8 February 1916 aged 34 and departed Melbourne on 7 September 1916 on HMAT Port Sydney. Mrs Annie Scott and her son Lloyd (born 1908) built most of the house while Dick was at the War.



Henry Richard Scott

William 'Bill' Thompson – a younger brother to 'Grandfather' (Edmund) Thompson. The Thompson family came to Industrial Settlement on Bayview Rd in 1893. Bill was one of the best cricket players in the island team. Bill joined the AIF on 17 December 1917, and departed on 5 October 1918 on SS Zealandic, aged 23, as part of the 13th (Victorian) Reinforcements.

Perseverance Settlement

Perseverance Settlement was established in 1893 by eight families with a total area of just 400 acres, bound by Tankerton Road, Mt Wellington Road, Mosquito Creek Road and The Centreway. By 1914, two families had left the settlement, Oliver's land was occupied by Waldens, and Avrill's by Ern Sisson. Seven young men from Perseverance went to World War 1, and Frederick William (Fred) Bond was killed at Gallipoli on 27 April 1915, two days after the Anzac landing. Fred's picture and a brief biography appeared in the last Pinnacle.

Willie, Joseph jnr and George Iliff – Joseph snr and Bertha Iliff came to Perseverance in 1893. He died from TB in 1905. Mrs Iliff and the boys continued farming, but it was a big struggle to survive. Interestingly Mrs Iliff was German-born, but the three boys volunteered to go to the War. William Charles Iliff- #1137, 31 Infantry Battalion, departed 9 November 1915, aged 24.

Joseph Ludwig Iliff- #6334, 21 Infantry Battalion, departed 23 November 1916, aged 29.

George Robert Iliff - #1734, 23 Infantry Battalion, departed 6 July 1915, aged 22.

Richard Wilfred Nicholls - #4154, joined 23rd Infantry Battalion on 20 October 1915. He sailed from Melbourne on HMAT Wiltshire on 7 March 1916 aged 18. His occupation is listed as clerk and his address as 'friend' Miss Nellie Bond, 'Sproxton', Tankerton. His next-of-kin was his father John H. Nicholls of England "address unknown". Single.

Ernie Sisson – Ernie was born in England and came to the island in 1910 to take up one of the Perseverance blocks next to Bonds which had been abandoned by Averills. He married Kate Bond and they had a daughter in February 1915. Kate died a few weeks later, and the child was raised by a neighbour, Mrs Walden. Ernie joined the AIF in 1916 and served in France. While on leave in England he met and married Eva Gittens. Ernest William 'Ernie' Sisson - #6641, joined the 5th Infantry Battalion on 17 February 1916. He departed Melbourne on 2 October 1916 on HMAT Nestor, aged 31. His occupation is given as farmer and his address as 41

Donald St, Footscray. Charles Walden – Walden's lived near the corner of The Centreway and Mosquito Creek Road.

Charles William Walden - #20362, joined the 8th Field Artillery Battalion as a driver on 1 September 1915. He left Melbourne on 20 May 1916 on HMAT Medic, aged 23. He is listed as a farm labourer from Bairnsdale, but his father C.W. Walden had his address as Tankerton. Single. **The** 'North Enders'

The north-west corner of French Island was always a separate community to the south. Before WW1, the 'North Enders' had their own jetty at Fairhaven, Fairhaven Post Office, French Island North Progress Association, Star of Hope School (which ended up on the coast at Fairhaven) and French Island North Cricket Team with their oval near the 'Black Duck' wetland, south of Linley's Wetland.

The 'North End' had few residents before 1893, when the Government established six Village Settlements on the island. Before the Village Settlements, the most active properties at the North End were Dunbabins on the coast in the far north-west, Arthur Peck and family at Redbill Creek and Col. Richard Linton south of 'The Knoll' (400 acres around Rose Scotts'.) Energy Settlement was the largest of the six settlements on the island, with at least ten families initially. It was on the land now owned by Stefan Borzecki and the Russells. Callanan's Settlement at 'The Knoll' above Chilcott Rocks started out with about six families, but after a short while, only one family remained there; Chilcotts. Energy was set out as a village, with 49 one-acre house blocks, divided by streets and larger parcels of land for each of the village settlers (most were 50 acres.) By 1894 11 of the house blocks were occupied, seven with a small house already built and four with the settler living in a tent!

Other North End settlers followed soon after. In 1895 De La Hayes bought land near Redbill Creek and the first two of that family moved to the island. In 1899, the large Bennetts family from the Mallee bought Peck's property at Redbill Creek. De Arth's from Quail Island came to squat at Dunbabin's in about 1900. Soon after, Lovies bought the land north of Redbill Creek, now owned by Adrian and Helen. **Cont....**

French Island News

FRENCH ISLAND ANZACS - Continued

Eight men from the Fairhaven and North End communities went to WW1. One of these was killed on his way to Gallipoli, Col. Richard Linton, aged 54.

Bert Bennetts – the Bennetts family came to French Island from Beulah in the Mallee in 1899. They bought 'North Pines' at Redbill Creek from Arthur Peck. The property is now owned by Ian Jeremiah, but the pines have gone.

Albert Edward Bennetts – #7029, joined the 2nd FCE (Field Company Engineers) as a sapper on 25 January 1916. He departed Melbourne on 1 April 1916 on HMAT Makarini, aged 34. His next of kin is given as Ernest Bennetts, brother of Fairhaven, via Stony Point. Occupation farmer, single.

Frank Chilcott – Chilcott's came to Callanan's Settlement at The Knoll on Coast Road in 1893. Their name is preserved in Chilcott Rocks. He was discharged from the Army in September 1919 and two months later he and his cousin Clar Bennett drowned when Frank's yacht sank near Stony Point while carrying the mail.

Frank William Leslie Chilcott – #5673, joined the 5th Infantry Battalion and left Melbourne on 4 April 1916 on HMAT Euripides. John 'Jack' Collinson – An English migrant, Jack came to the island as a farm labourer. In 1911 he married Beatrice Ratford from Star of Hope settlement. Later he worked for Mrs Scott as manager of the 400 acre which she leased from Col. Linton. In February 1916 a daughter Patricia was born, but Beatrice died five days later. Baby Patricia was raised by Mrs Scott.

John Henry Collinson - #?, joined AIF in 1915 and was sent to Seymour for training. There he was declared unfit for service due to hammer toes! He returned to French Island. (see 'Frontier French Island', p.131-32) Wm. 'Bill' Collinson - William Rushion Collinson - #1124, joined 7th Battalion on 17 September, departed on 22 December 1914 on HMAT Themistocles aged 32. He is listed as "labourer", with no address. His next of kin was his wife Mrs M.A. Collinson, Walkden, England. Jack Cuttriss – Jack's older brother Percy moved to Fairhaven from Inverloch in 19XX (or "early 1900s"). Percy lived at Fairhaven and was a motor boatman who rain the mail from Hastings. Later Cuttriss' house at Fairhaven was used for the Star of Hope School.

John Cuttriss - #1135, joined the 38th Infantry Battalion (D Company) on 6 March 1916. He departed Melbourne on 20 June 1916 on HMAT Ruric A54, aged 27. His father Alfred is listed as living at Inverloch. Single.

Charlie Edhouse – Charlie came to the island from England in about 1913 to work for De la Hayes on Coast Road. He joined the army in 1916, and was sent to France in the 4th Machine Gun Battalion. In the 1930s, he farmed chicory with his young brother Jack near the Bullock Swamp. The wetland to the south of Little Bullock is called Edhouse's Swamp. **Charles Edward Edhouse** - #333, joined the 10th Machine Gun

Company on 24 April 1916. He departed Melbourne on 19 September 1916 on HMAT Commonwealth, aged 21. His address was given as C/-R. De La Haye, Fairhaven Post Office, French Island. His mother, Mrs Alice Maud Mary Edhouse, was at C/- Globe Cottage, Winchelsea, North Port, Middlesex, England.

Col. Richard Linton – A Scottish born hardware merchant from Brighton, Linton built the original house now owned by the Scott family on Coast Rd. Richard had been an officer of the Victorian Scottish Regiment since 1900, and joined the AIF when war broke out, aged 54. His son, Richard Linton jnr joined 21st Infantry Battalion (6th Brigade) aged 24. He was promoted to 2nd Lt and sailed on HMAT Ulysses on 10 May 1915 with his father.

William 'Bill' Lovie – Bill's father JFT (John Francis Taylor) Lovie moved to the North End of the island in early 1900s. The Lovie chicory kiln used to stand behind Adrian and Helen's house on Coast Road. JFT was an asphalter by trade and made the asphalt cricket pitch for the French Island North Cricket Club.

William Wallace Lovie - #14077, was a driver with 15th Field Company Engineers. Departed Melbourne 2 May 1916 on HMAT Hororata, aged 21.

Jack Meade – Jack came to the island as a widower and lived at Dunbabin's in the north-west. After the War he married Maggie De Arth. John Frederick Meade - #4730, joined 24th Infantry Battalion on 23 February 1916. He sailed from Melbourne on 4 April 1916 on HMAT Euripides, aged 36. His next-of-kin is listed as 'friend' Miss Maggie D'Arth. **Henry Richard Scott** - #6357, joined 14th Infantry Battalion on February 1916 and departed Melbourne on 7 September 1916 on HMAT Port Sydney aged 34.

Footnote: The descendants of Henry Richard 'Dick' Scott are still on the island, see the last Pinnacle for an article about their recent Centenary gathering at the old Scott homestead on Coast Rd. It's called 'Cummgwyndwrr', which was named after a Welsh family property of Dick's wife Annie. Apparently it means "valley of the white water", which is rather comical since it's on a beachside sandy flat! Sadly, there have been no Bond family descendants on the island since

1950s. There was only one male nephew of Fred who carried the Bond name (Alan), born about 1915. I don't know what happened to him.

The Bond family begins on French Island at Perseverence Settlement in 1893 with Fred's father James Bond! (and wife Emma). Could be a story for another day.

French Island Ferry

The French Island Ferry is a ferry service which runs between Stony Point in Mornington Peninsula and Cowes on Phillip Island, via French Island. The ferry departs from: Stony Point Jetty on the Mornington Peninsula (Stony Point Station is a short walk from the jetty) Tankerton Jetty on French Island Cowes Jetty on Phillip Island Fares Tickets are available at the Stony Point kiosk, and also on board the ferry. Please note: the French Island Ferry is not a myki ticketed service. The following fares apply: Adult: one way - \$13.00, return \$26.00 Child*: one way - \$6.00, return \$12.00 Pensioner/concession: one way - \$8.00, return - \$16.00 Bicycle (additional cost): one way - \$4.00, return - \$8.00 Children aged under 4 years travel free. Child fares are available for children aged from 4 to 12 years old. For more information, see the French Island ferry website. http://www.interislandferries.com.au



Depots: Leongatha Traralgon Sale

www.evanspetroleum.com.au

CHANGES TO FAMILY PROVISION LAW IN VICTORIA.

The changes to Part IV of the Administration and Probate Act (1958) (Vic) (the Act) which came into effect from 1 March 2015 will affect those family members who are not mentioned in a will h and seek to 'challenge' the will for provision or further provision from a deceased Estate in Victoria. Only those eligible family members listed under the Act will be able to apply to the court for provision. This represents a significant change to the rules which had been in place under the Act since 1998. The Act now specifies categories for eligibility based on dependency.

Previously under the Act it broadly provided that any person may apply to the court for provision out of the contested Estate if he or she could show that the deceased had responsibility to provide for their proper maintenance and support. Thus there were no specific categories of persons eligible to apply for family provision as had been the case in other jurisdictions (other states). This aspect of the Victorian Act had been subject to criticism, some arguing that it led to frivolous and opportunistic claims being made resulting in estates being unfairly reduced in defending such claims. The changes are in response to these criticisms and an attempt to ensure claims made are fair. The Act now lists categories of

Legal matters

claimants able to lodge a family provision claim. Under the Act an eligible person means.

a spouse or domestic partner of the deceased's death;

c.

i.

a child or stepchild of the deceased; а

- a child of the deceased (including an adopted or stepchild) who at the time of the deceased's death, was under the age of 18 years, a fulltime student aged between 18 and 25 years or under a disability;
- a person who, for a substantial period during the deceased's life. believed that the deceased was his or her parent and was treated by the deceased as his or her natural child;
- d. a former spouse or domestic partner of the deceased (if a property settlement was not reached with the deceased following their separation);
- a child or stepchild of the deceased e. not referred to in c) or d)
- f. a person who, for a substantial period during the deceased's life, believed that the deceased was his or her parent and was treated by the deceased as his or her natural child a registered caring partner of the g.
- deceased;
- h. a grandchild of the deceased;
 - a spouse or domestic partner of a child of the deceased (if the child dies within one year of the

deceased's death); and

j.

a member of the household of which the deceased was (or had been in the past and would have likely been in the near future) also a member.

Under the new provisions the particular eligible persons listed above must have been dependent on the deceased for the eligible person's proper maintenance and support and the court must consider the degree of dependency and the amount of provision ordered by the court must be proportionate to the eligible person's dependency on the deceased at the time of death.

James McConvill & Associates are experienced practitioners in the area of Wills and Estates if you require any legal advice or assistance or would like more information on the changes to family provision please contact James





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JUDY JOHN

Musician

Judy was born in Japan, the daughter of an Australian army officer. In fact there is a military background in her family as her grandfather fought in the American Civil War.

Yes you read it correctly – the American Civil War that finished in1865. Before his passing at 105, her father was the last remaining son of a Confederate Army soldier and as such was something of a celebrity in America.

Golly! I hear you cry, she must be old; well she isn't, she is a very bubbly young woman – well, younger than me anyway. She was brought up in Melbourne and at the age of nine pestered her mother for a piano which of course she learned, then a number of years later she learned and played the clarinet. What drew her to the clarinet? Frank Traynor. Now that name brings back memories of the jazz clubs and Lorne of the sixties. Judy heard Traynor's band play and was fascinated with the sound of the clarinet, so she was now playing two instruments.

A few years go by and a mandolin was found hanging in her grandmother's garage and Judy was the obvious recipient. She commenced learning to play it and quickly the piano and clarinet were discarded as the mandolin took over. So what drew her to specialise in this instrument?

She went to her first concert and absolutely loved the sound of not just one mandolin but a whole orchestra. She was sold on this instrument which she describes as unusual in that the majority of musicians would not be likely to play it.

At the end of the day though it is the sound of a mandolin that she cannot resist, it can be romantic and atmospheric, with sounds dredged from ages past. If needed though it can be aggressive.

Did she want to be a professional musician I ask? No, her orchestra work was enough and she did spend an enormous amount of time with her mandolin. She said she spent her life continuously running between rehearsals, playing in the orchestra, going to art classes and working as a picture framer.

Then disaster struck! She contracted a serious form of chronic fatigue syndrome with all of the other nasty illnesses that come with it. This degenerating disease struck down this very energetic young woman and it was to be a number of years before she would pick up the mandolin and play again.

Judy moved with her husband to Coronet Bay and it was here that she dragged herself back to play again in public. I was there for her return performance at

Personality of the Month

the open mike night at Coronet Bay Unplugged, not where you would expect to hear a classical mandolin. She chose a night when her husband was away so as not to feel as vulnerable. I can see her now, a lone figure in a spotlight, tensely crunched over her mandolin. But through the tension came beautiful music, those haunting, ageless sounds; the audience loved it. However the perfectionist in Judy wasn't satisfied; she is very demanding of herself, setting hard and high standards. Yes everyone but her loved it and continues to do so.

So she was back and became a regular performer again.

Judy now performs regularly with her friend, Carol Robinson, who plays classical guitar, and they appear at various places under the name "No Strings Attached" And still she battles CFS which she must carefully manage.

Most importantly Judy is back in a



Judy and Carol at Coronet Bay Easter Market

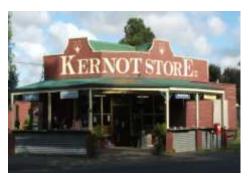
mandolin and guitar orchestra, Concordia, a great love of hers. She tells me that the sound of a mandolin orchestra still haunts her and to play with other musicians is an experience difficult to explain. Words such as uplifting, romantic and soaring came to her but beneath it all the words spiritual experience sums it up.

Barry Hutton

Footnote:

ing matter

Judy and Carol appear regularly at Kernot Food and Wine Store, and also at Unplugged at Coronet Bay on the first Saturday night of each month. Ring the Kernot Store to find out when they are next playing there.



There are many types of mandolin but three main ones are used:

Neapolitan, which is the one with the round back and designed to play European classical music.

Carved top, which has a more shallow arched back and emits a rounder type of sound that is suitable for American folk music and bluegrass.

Flat back, made from thin sheets of wood and braced inside similar to a guitar and designed for Brazilian, British and Irish folk music.









Kernot Food & Wine Store Paul and Julie Johnston

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1075 Kernot-Loch Road Kernot, Victoria 3979 03 56 788 555 kernotfoodandwinestore@gmail.com facebook: Kernot Food and Wine Store

RECIPES



Grandma's Green Tomato Pickle

Following on from Grandma's Tomato Relish recipe last month we have her recipe for the end of season Green Tomatoes. Grandma's Green Tomato Pickle 2 lb. green tomatoes (900gm) 1/2 cauliflower 1 1/2 lb. onions (680gm) 1/2 cup salt water 2 1/2 pints brown malt vinegar (1.4lt) 2 1/2 lb. brown sugar (1.13kg) 1 1/4 cups plain flour 1 dessertspoon turmeric 1 dessertspoon dry mustard 1 dessertspoon curry powder 1/2 teaspoon nutmeg 1/2 teaspoon ground cloves 1/2 teaspoon ginger Wash vegetables well, chop skinned tomatoes into small pieces, break cauliflower into small flowerets. Peel and chop onions, place all vegetables into a large bowl, sprinkle with salt, cover with water, stand overnight. Drain, rinse well in cold water. Place 2 pints of the vinegar into a large pan with brown sugar, stir over a low heat until sugar is dissolved. Bring to boil. Add vegetables, bring to boil again. Blend all dry ingredients with remaining 1/2 pint vinegar, gradually add to vegetable mixture, stir until mixture boils and thickens, reduce heat, simmer 10 minutes, stirring occasionally. Pour into hot sterilized jars, seal. Make approx. 7 pints (4lts or 8 500gm

Food & Lifestyle



The Gold River Company's Recipe of the Month for April is: <u>Asian Style Snapper Fillets</u> Ingredients Snapper Fillets x 4 Extra Virgin Olive Oil x 2 tablespoons Smoked Mustard Seed x 1-2 teaspoon Spring Onions x 3 chopped Soy Sauce x 1 tablespoon Oak Smoked Salt x pinch

Note:

Extra Virgin Olive Oil has a low burning point, which means that it burns easily, so always be aware not to let the oil get too hot. Always cook on a medium to low heat. I recommend EVOO because of its health benefits and its delicious flavour. **Method**

Pan fry fillets in EVOO, on a medium heat, add Smoked Mustard Seed and turn fillets after about 2-3 minutes. Add Soy Sauce and chopped Spring Onions pan fry for a further 2-3 minutes or until you are sure the fillets are cooked through.

Plate the fillets and finish with a pinch of Oak Smoked Snowflake Salt. Served with a salad and a side of steamed Chat potatoes. The EVOO, Smoked Mustard Seed and Oak Smoked Snowflake Salt are available at Bassine Specialty Cheese Shop and The Grantville Pantry local produce sections.



HONEYBEE WRAPS



These are an eco-friendly, sustainable, waste -free, non- toxic alternative to plastic which will keep your food fresh and help to reduce landfill. They are 100% Organic cotton infused with a special blend of organic beeswax, tree resin and certified organic coconut oil. Simply use the warmth of your hands to mould and shape your honeybee wrap over food and dishes. The wrap sticks to itself when you press firmly over a bowl or plate. When stored in the fridge, the beeswax will harden helping to retain the shape and sealing in the goodness. Perfect for wrapping lunches, celery, kale and spinach, cut fruit and veggies, cheeses, and to use as a cover on kombucha, kefir and fermented foods. The wraps will last a year when correctly cared for. We've been trying them out at the Earth

Garden team and they are fantastic. Wrapping a bowl of tzatziki in the fridge, there was no hint of garlic smell the next day. Try that with gladwrap! They come in packs of three or four and can be ordered at **earthgarden.com.au**





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Jars).

Why I live where I live..... 🔙

By Kevin Chambers (The Gurdies)

With my family establishing their first holiday house in San Remo in the early 1950's, it was inevitable that I would end up residing somewhere in Bass Coast Shire. I grew up in that magical summer holiday period in the 50's and 60's, when San Remo was a typical fishing /tourist town of that era

Memories of the 'flicks' and teenage dances in the old San Remo Hall and the resultant 'early teen summer romances', the carnival on the foreshore at Christmas, being taught how to catch 'leatheries' off San Remo pier by my lovely Mum, Florence and Ma Normington's '2/9d hamburgers with the lot' are but just a few of the events and times I am happy to relate to the Waterline News readers.

Mother, Florence (Fofo), and father Ernie, were regulars in the pub social scene of that era with Dad 'Ernie' being in great demand as a 'pub pianist'. My younger brother and our cousins know all the old songs. They are implanted in our subconscious, as whilst we were tucked up to sleep in the back rooms of one of the pubs, our parents and the locals rocked on to the "wee small hours . Six O'clock closing ???? Not on vour Nellie....

This socializing led to the Chambers getting to know some of the fishing families in San Remo and invitations to go fishing in their boats. Somewhere in the family's albums is a photo of me on the tiller of Herbie Kirkland's couta boat the "Dawn", "I was just old enough to fit the tiller under my armpit". Thus between my times in the "Dawn" and countless hours on San Remo pier with his Mum and brother, led me to become the keen fisherman I still am today. I am on my third (and last) 5.5 metre "tinnie" which I launch from either Corinella or Newhaven Yacht Squadron, where I have been an active member since the early 80's. A highlight of this involvement was being in charge of proceedings for the 1998 Bass Bicentennial whaleboat re-enactment voyage, where it was my job to take the replica whaleboat in behind the sandbar into the San Remo Back Beach.

My Father 'Ernie' also established the family business Kevron Plastics Pty Ltd in the early 1950's and by the time the mid 70's came around, my brother and I were working in the business and a new holiday house was built in Ocean View Drive, overlooking the Eastern Entrance. Another two generations of Chambers in the form of

Why I live where I live

my daughters and grandchildren were to experience the delights of this peaceful and relaxing outlook, which I also used as a base for fishing expeditions with various fishing mates of many years standing. Numerous good feeds of flathead, whiting and gummy shark were consumed with appropriate quantities of equally good wine. 'We'd sit there watching the sun go down over Cape Woolamai and solve the problems of the world', Get up next morning and nothing had changed. "Hang on..... we fixed that last night".

This "peace" was rudely interrupted in the early 90's when a proposal emerged to cover almost all of the Griffith Point headland with housing, which, if it had proceeded as planned would have ruined the "twin headlands" aspect of Griffith Point and Cape Woolamai. This led to me becoming a foundation member and coordinator of The Friends of San Remo, a resident and holidaymaker group who fought long and hard to save this precious vista, with the ultimate outcome being the protection of this beautiful vista for generations to come.

"I swore black and blue I'd never do another He says "My boat's been across Bass Strait campaign", but cut to 2014 and the proposal to build the container Port at Hastings and I was back into it. Only this time it was not just local interests, it was the State Government, "a much bigger, tiring and more complex battle". I was a foundation member of Preserve Western Port, the group set up to fight this and I achieved a certain amount of "notoriety" via talks to Waterline community groups, plus constant letters and articles on their planned Hastings Port expansion in local media. The change of government last November has led to a lull in this campaign, but "it's not over yet". I steadfastly maintain the mantra of "dredge it and you'll wreck it", with emphasis on what increased tidal flows from any dredging would do to the already fast eroding Waterline communities foreshores. Harking back a year or ten to the early 2,000's, and my new partner and I are enjoying our lives together with holidays at San Remo and Kevin doing frequent domestic and overseas trips to promote Kevron's products. Two major events occurred around this time. 1. My partner and I purchased our block of land at The Gurdies and 2. After some 30 years plus 'on the road' I'd had enough of long haul flights and living in hotel rooms". This eventually led to the 2003 sale of the business and my retirement. 2008 saw The Gurdies block with a brand new house on it and when my partner retired from her Melbourne employment we moved in full time ... With my partner very busy with Bass Valley U3A and my involvement with the

Gippsland Men's Shed movement and Newhaven Yacht Squadron, we have settled into an area we both love so much. "The people are great, Grantville is a great little town and anything we can't get there is no further than a half an hour up the divided highway to Cranbourne".

Kevin with a nice catch of "Flatties"



Kevin went to great lengths to point out these flatties were not caught in Western Port. The photo was actually taken almost ten years ago when he took his boat down to Tassie on the ferry and fished out of a mate's place at Swansea.

and back", the fact it had a 29,000 tonne ferry underneath it at the time, is just a mere, minor detail!!

I'm Getting a Divorce



"I'm getting a divorce, mate, Bill. "The wife hasn't spoken with me for six months."

Bill thought for a moment and then replied, "Just make sure you know what you're doing, Jack. Wives like that are hard to find

Killer Jigsaw Puzzle

A little silver-haired lady calls her neighbour and says:

"Please come over here and help me. I have a killer jigsaw puzzle, and I can't figure out how to get started."

Her neighbor asks, "What is it supposed to be when it's finished?"

The little silver haired lady says, "According to the picture on the box, it's a rooster." Her neighbor decides to go over and help with the puzzle.

She lets him in and shows him where she has the puzzle spread all over the table. He studies the pieces for a moment, then looks at the box, then turns to her and says: "First of all, no matter what we do, we're not going to be able to assemble these pieces into anything resembling a rooster.' He takes her hand and says, "Secondly, I want you to relax. Let's have a nice cup of tea, and then," he said with a deep sigh ... "Let's put all the Corn Flakes back in the box."

YOUR HEALTH AND DRIVING

Health and driving is closely linked. Ageing brings physical and mental change. While these changes can and do have an effect on your driving skills, getting older does not automatically make you a poor driver - nor does it mean that you will lose your license. You have control over lifestyle choices that may affect your health, which in turn affects your driving.

Physical and mental fitness

Ageing has an effect on our physical mobility. Staying fit and active will help you maintain the flexibility and strength you need to drive safely.

No matter what your condition or age, there is some type of exercise or activity

Motoring

will benefit you. You could try: walking, gardening, bowling, shopping, dancing, aquarobics or lifting weights. The important thing is to be active and do what you find comfortable. Ask your physician about the types of activities that would be suitable for you - be sure to consult them before beginning any new exercise program.

Mental exercise is important - reading, word or number puzzles and jigsaw puzzles sharpen your visual search skills. least three seconds beh front of you. Watch ou and anticipate danger.

Safe driving tips

Turning your head to see behind you can be difficult if you have stiff joints. Install large side mirrors and/or a panoramic mirror on your vehicle.

As your muscles lose strength, turning the steering wheel can get harder. Don't

swing wide on turns to compensate. Drive a vehicle with power steering. If you still have trouble, try using a turning knob.

Avoid being distracted by tired muscles and sore joints by being well-rested before driving. If on a long drive, stop frequently to rest.

Give yourself time to react by staying at least three seconds behind the car in front of you. Watch out for other drivers and anticipate danger.





April 2015



- 1 What Australian state is the Pilbara in?
- 2. What was Lady Chatterley's first name?
- 3. What makes plants green?
- Who was known as "The serpent of 4. the Nile?
- 5. What is said is the root of all evil?
- What is the claim to fame of gluteus 6. maximus?
- 7. What are you doing if you "yarn over" or "pop corn"?
- 8. Which Australian state claims the hairy-nose wombat as its animal emblem?
- 9. Who did Edward VIII call "The woman I love"?
- 10. Which playwright's works include The Naturalists and The Department?
- 11. What membrane controls the amount of light entering the eye?
- 12. What was the sequel to The Moon's a Balloon?
- 13. What was the first instant coffee?
- 14. Who created Dr. Jekyll and Mr. Hyde?
- 15. What was the claim to fame of



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Trivia and Lifestyle

Chang and Eng Bunker?

- 16. Which member of the Seekers became a Member of Parliament? 17 What did Hans Christian Anderson
 - always travel with in case of fire?
- 18. How many dots are there in the symbol for "Therefore"?
- What has a maiden thoroughbred 19. horse never done?
- 20. Who was the Prime Minister of Australia at the outbreak of WW1?

ANSWERS

rope. 18. Тһree. 19. Won a race. 20. Joseph Cook. the original Siamese Twins. 16. Athol Guy. 17. A Nescafe. 14. Robert Louis Stevenson. 12. They were II. The ivis. 12. Bring on the Empty Horses. 13. 9. Wallis Warfteld Simpson. 10. David Williamson. muscle in the body. 7, Knitting. 8. South Australia. Cleopatra. 5. The love of money. 6. It is the largest 1. West Australia. 2. Constance. 3. Chlorophyll. 4.

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The Philosopher's Zone

My surfew was the street lights and mum didn't sall my mobile, she yelled "time to come in". I slayed outside with friends, not online. if I didn't eat what mum made me, then I didn't eat. Hand sanitizer didn't exist, but you COULD get your mouth washed out with soop. I rook a bike without a keinet. And getting dirty was DK. Click "Like" if you drank from the garden hose and survived!



Menu

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the fresh Crayfish are transported weekly by aircraft before being placed straight into live Crayfish tanks. The Crayfish are then monitored and cared for before being cooked to order. Priding ourselves on providing only the best in fresh Cravfish.

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THE PERFECT PET

Good news from our Pet segment, with Tilly now enjoying a life of luxury with the Pye family up near Thorpedale.

Little Mac is still looking for a forever home.

Recapping, Little Mac is white and blue, 26kg and was born in November 2011. She has been retired from the track for six months now and has settled down nicely. She is ready for a life of luxury and will make a wonderful pet.





This is Avril, who is also now looking for a forever home. Avril is white and fawn and she was born in

March 2011. She only went to the races six times for one placing, but she has a lovely disposition and has already spent a lot of time with two small dogs.

Both girls come with a new leather collar & lead, muzzle and rug. They need to be desexed, which we can help to arrange, and also offer back up advice with information on feeding, socializing etc.

Following on from our Give a Dog a Home segments of the past few months, we have also managed to get some coverage on the Over 60 group website, with a wonderful story we sent them last month. Have a look at their website: www.oversixty.com.au and go to the Pet Section.

issue.

Lost & Found Pets & Animals **BASS COAST & surrounding areas**

help them find their way he

Pets and Places

LING LING NEEDS A HOME



Antonietta Gent, volunteer with the local Lost and Found Pets & Animals group has asked if we could help try and

find a forever home for a lovely 6 year old cat "Ling Ling" she is currently fostering.

Miss Ling Ling will take a little time to feel safe in her new home but once she knows she is in a safe place she really comes out of her shell and shows her affectionate nature, especially to humans. She is gentle and responsive, and extremely brave and curious wanting to discover every nook, cranny and creature in the house.

She is very loving and loves to cuddle, she will hog your bed at night time too if she is allowed otherwise she is happy sleeping in the lounge room on her kitty bed. She loves getting human attention with her leg rub greetings and she knows her name and can come to you on command.

This beautiful girl is not afraid to smooch up to gentle calm and cat savvy dogs but would be best rehomed in a home without other cats.

Ling Ling will need to be an indoor cat for life due to her pale nose and ears being susceptible to sun damage. She is house trained and knows how to use the litter tray indoors.

Can you offer this beautiful girl a loving forever home?

Ling Ling comes desexed, vaccinated and microchipped.

If you are interested in Ling Ling and would like further information, email:

editor@waterlinenews.com.au Also see the Over Sixty story on page 7 this and we will pass on your details and get Antonietta to contact you.

GRANTVILLE CEMETERY



The Cemeteries and Crematoria Association of Victoria have donated a Lone Pine sapling and memorial plaque to the Grantville Cemetery.

The tree will be planted and the plaque installed at the top of the rise at the east end of the cemetery, between the monumental and the lawn sections.

The Grantville Cemetery Trust is also in the final stages of completing the new directory board, near the front gate, which includes a location guide, and the names of the almost 1200 people interred in the cemetery since 1872. More photos and details in the May edition of The Waterline News.

GRANTVILLE DRAINAGE WORKS

Leadbeater Ward Councillor Clare Le Serve has sent us before and after photos of the initial drainage works on the retaining seawall at Grantville. More work will be done as further funding becomes available.





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Green Cleaning Making Lemon

Dish Washing Soap

The thick opaqueness of the soap jelly makes an ideal base for creating a range of soap products.

Here's a recipe for making dish washing soap:

You'll need:

Soap jelly (see last month WLN), hot water, lemon juice (or lemon food flavouring), yellow colouring (or turmeric),

clean recycled jar.

1. Pour approx. 1/2 cup soap jelly into the jar. Add approx. 1/4 cup hot water. Mix to dissolve soap jelly.

2. Add 1 teaspoon lemon juice or 2 drops lemon food flavouring

3. Add pinch of turmeric or 1 drop of yellow food colouring* for colour. Mix well.

4. Pour into a suitable dispensing bottle (a plastic water bottle with label removed is ideal. Pierce a hole in the lid for easy pouring)

* Use sparingly as the colouring is quite strong. Add one drop first, then add another drop if more yellow colour is required. Handy Hint:

Vary the type of dish washing soap according to personal taste - such as mint dishwashing soap using peppermint food flavouring and green colouring or even strawberry dishwashing soap using strawberry flavouring and red colouring.

Making All-Purpose Surface Cleaner or Stain Remover

Occasionally some extra cleaning power may be required for those hard to move stains and problem areas. This spray offers a combination of cleaning



mediums in one product in the form of a spray.

Self Sufficiency

You'll need:

LEMON

Vinegar*, soap jelly, water, eucalyptus oil, clean recycled spray bottle.

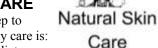
1. Pour into the spray bottle: 1/3 each of vinegar*, water and soap jelly.

Add approx. 10 drops eucalyptus oil.
Secure the spray lid. Shake well. Label the bottle clearly.

How to use: Use for extra cleaning, disinfecting or spot cleaning - on areas such as walls, bench tops and other surfaces, stove top, around light switches, door handles, telephone hand piece and similar areas/equipment, shower alcove, toilet lid/cover. Spray to remove stains from fabrics before washing. It is safe to use and will not cause chemically based unpleasant side affects.

Vinegar may be replaced with cloudy ammonia if more cleaning strength required. Note: DO NOT inhale cloudy ammonia fumes - read instructions carefully.

GENERAL BODY CARE The first step to



general body care is: a balanced diet,

plenty of sleep and no smoking. The most effective all over body care is by bathing so that the whole body (and skin) receives benefit from natural treatments.

Bath suggestions for all over skin care: Add herbal vinegar (1 cup per bath) to bath water.

Herbal Vinegar

Infusing vinegar with fresh herbs and flowers from the garden will add healing properties as well as enhance the aroma of the vinegar.

Very easy to do and very effective – simply place a few sprigs of washed plants into the bottle. After 2-3 weeks remove plant material and strain, the vinegar. The vinegar is now ready for use.

Hang a herbal or oatmeal bath bag under the tap when filling the bath or use the bag as an alternative to soap. May also be rubbed over the body when showering. Making an Oatmeal Bag

The concept of an oatmeal bag is an age-old

method. Oatmeal bags were often used in place of a bar of soap in times past as a gentle skin cleaner.

You'll need: Oatmeal plus a piece of fabric

approx. 12 to 14cm. (Use a natural cotton based fabric from fabric stores or haberdasheries. Or recycle any loose-weave piece of fabric,



such as an old handkerchief, disused shirt or other clothing item, stocking, piece of netting or curtain material - just make sure it will hold the grains of oatmeal) 1. In the centre of a the fabric place 2 tablespoons oatmeal.

2. Bring in the ends and tie up with string or ribbon to form a bag.

Add herbs straight into the bath water. Soak in a bath containing a handful of salt or Epsom Salts (very relaxing and healing) dissolved into the bath water.

Add 1 cup of milk to the bath water – leaves the skin wonderfully soft.

Add 10 drops essential oil to bath water – such as lavender (for a re-laxing bath) – rosemary (rejuvenating) - eucalyptus (healing), Almond, safflower or olive oil added to bath water (1/4 cup per bath) helps restore moisture to the skin



Reader contributions to our Self Sufficiency section are most welcome. <u>editor@waterlinenews.com.au</u>

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MAY GARDENING TIPS



May is the last month of autumn, your last monthof gardening before winter really starts to hit.

If you have a lot of delicate plants in pots out enjoying the summer and autumn sun, now is thetime to find a more sheltered spot for winter.

Many pot plants are fine outside during winter, but make sure your pots have good drainage, you don't want the roots to be soaking in water 24/7 as this can cause the roots to rot. Potted plants do need a good amount of water, which self-watering pots do well, but they also need to have good drainage.

Make use of the fallen autumn leaves around your garden. Pile them up together in a compost bin or a corner of your garden so that they can break down and then be used as mulch or compost later in the year. Some of the best gardeners I know spend very little on mulch and compost because they use the natural seasons their gardens go through, and the waste produced (such as leaves),to produce good, rich mulch and composts themselves.

Organic matter makes a really big difference towards growing a healthy garden so why waste the nutrients and organic matter from dropped leaves? Obviously in Australia we don't experience the same level of leave dropping as places like the United States

Gardening

since we have far fewer deciduous plants, however there is often still a lot of leaf litter around to make use of.

May is also your last chance to get spring bulbs in. Try and get them sown within the first two weeks of May for best results this spring if you have not put them in during April. Early May is also a great chance to plant vegetables so that you get a bumper winter crop of vegetables throughout the winter months. If you leave planting till June, you won't start to see the produce until July or even August, depending on what you are planting. Plant some broccoli, carrot, spring onions, or winter lettuces.

If you want to plant some citrus trees, you are not too late. Citrus trees, and trees in general, really like to be planted in Autumn because it means they usually receive a good mix of sun and rain so that they can really develop their root systems, then get the rains of winter before they have to cope with the hot sun of spring and summer.

PLANT OF THE MONTH



Green Carpet Grevillea Genus: Grevillea Species: crithmifolia Common Name: Green Carpet Flower Colour: White Foliage Colour: Green Growth Habit: Large Groundcover Flowering: Winter to Spring This is an intriguing variety of Grevillea. Technically it is a ground cover however it can grow to be as much as 1m high. It appears to me to be more like a spreading shrub. Has very beautiful little white flowers that spread right over the 'green carpet' from Winter to Spring which carry quite a wonderful aromatic scent. This variety will grow in most soils around Australia and in most climates. If you have large areas that you would live to cover with a plant that will require minimum upkeep and pruning then this variety is a good choice. It has also been known to be used as a screening plant or a dividing plant, separating different areas of your garden.



Jim @ Aussie Green Thumb http://aussiegreenthumb.com



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> They gave their today for our tomorrow They shall grow not old, as we that are left grow old; Age shall not weary them, nor the tears condemn. At the going down of the sun and in the morning We will remember them.

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