

FREE

# The Waterline News

Tooradin, Koo Wee Rup, Lang Lang, Nyora, Loch, Kernot, Grantville, Corinella, Coronet Bay, Bass, San Remo, Newhaven, Cowes, Phillip Island, French Island and Wonthaggi.

Available by email and at [www.waterlinenews.com.au](http://www.waterlinenews.com.au)



Volume 3

# 10

June 2017

## Port Albert Railway Station 1912

Read John Well's fascinating Great Southern Railway journey to Port Albert starting on page 24



Photo: State Library of Victoria

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# A New Era for VCE at Newhaven



Applications for a special Senior General Excellence Scholarship are now open for students entering Years 10, 11 and 12 in 2018 at Newhaven College.

The scholarship is being offered in 2018 to celebrate a new era for senior Newhaven students with the opening of the Senior Learning Centre and Art, Science and Technology Wing at the Phillip Island Road Campus.

General Excellence Scholarships are awarded to students who are able to demonstrate outstanding abilities across a broad range of areas including academic, sporting, performing arts, leadership and community involvement. Application forms are available at [www.newhavencol.vic.edu.au/enrolments/scholarships](http://www.newhavencol.vic.edu.au/enrolments/scholarships) and will be accepted until 30 August 2017.

## Year 10 - 12 2018 Information Evenings

To discover what Newhaven College has to offer your child, you are invited to attend our 2018 Information Evenings, both of which will be in the Auditorium of the Boys Home Road Campus in Malcliff Road, Newhaven.

- VCE 2018 - 7.00pm, Tuesday 20 June
- Year 10 2018 - 7.00pm, Wednesday 26 July

Topics of discussion at the VCE evening will include:

- Subject options
- Pathways
- Structure of the VCE
- Optimising your VCE
- VET options
- Specialist advice
- Year 12 student presenters
- New Year 10 - 12 buildings and facilities

Year 9 - 12 College students participate in Newhaven's own Careers Expo which will have over 30 organisations presenting in June this year.

The College's biannual European Art History tour is also open to students in Years 10 -12 in 2018.

For enrolment enquiries, contact Belinda Manning on 5956 7505 or visit [www.newhavencol.vic.edu.au](http://www.newhavencol.vic.edu.au).

## Senior General Excellence Scholarship

*Years 10 - 12 in 2018*



1770 Phillip Island Rd,  
Phillip Island, 3923  
5956 7505

[www.newhavencol.vic.edu.au](http://www.newhavencol.vic.edu.au)





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## New Organics Bin

### What is changing?

Council is introducing a 3-bin kerbside collection service. The third bin will be a 240L Organics bin for all of your food and garden organic waste. This bin will be collected weekly and your 120L Landfill bin will be collected fortnightly and 240L Recycling bin collected fortnightly.

### When?

The new service will begin on your usual collection day from 4 September 2017. A new set of bins including the green-lid Organics bin will be delivered to serviced properties from July to August 2017.

### What can I put in the new bin?

Fruit, vegetable and meat scraps and bones, seafood, dairy products, bread, rice and pasta, tea and coffee grounds, tissues and paper towel, pet manure and compostable kitty litter, lawn clippings, garden prunings, weeds, branches under 100mm in diameter.

### Why?

Our landfill is filling up quickly, this is bad for the environment and is also very expensive. The average Landfill bin in Bass Coast contains 61% organic waste that can be recycled into compost using the new system.

### How much will it cost?

The new bin service will cost an additional \$47 for the 2017/18 year on the garbage charge.

### For more information

Visit [www.basscoast.vic.gov.au/organics](http://www.basscoast.vic.gov.au/organics) or contact Council on 1300 BCOAST (2267 278) or (03) 5671 2211.



The average Landfill bin in Bass Coast contains:



# The Waterline News - June

## FROM THE EDITOR'S DESK

[editor@waterlinenews.com.au](mailto:editor@waterlinenews.com.au)



## CORINELLA RATEPAYERS AND RESIDENTS ASSOCIATION

### Welcome to the June edition of The Waterline News.

Winter is well and truly with us and we hope you'll find plenty to read in this month's edition, curled up in front of the warm heater.

Special thanks to John Wells for taking us along on his fascinating historical trip by steam rail, to Port Albert.

We have all of our other usual historical features, and some great reading in the Arts, books and writing pages.

We welcome Bass Coast Shire Mayor, Pamela Rothfield, whose first column features on page 27.

We also have some exciting special features and new columns coming up over the next few months.

None of this could be done without the amazing contributions from our readers, so thank you all for your input, please keep it going.

One of our astute readers also asked me to remind you that every month's edition and all editions ever published, all appear in full colour on our website.

[www.waterlinenews.com.au](http://www.waterlinenews.com.au)

*Roger Clark, Editor*

### Distribution Area:

We distribute 1500 copies each month through Tooradin, Koo Wee Rup, Lang Lang, Nyora, Loch, Kernot, Grantville, Corinella, Coronet Bay, Bass, San Remo, Newhaven, Cowes and French Island, and also send out almost 500 copies by email.

**Disclaimer: All views expressed in The Waterline News are those of the author of each article, not the publisher.**

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### THE WATERLINE NEWS

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Email: [editor@waterlinenews.com.au](mailto:editor@waterlinenews.com.au)

Advertising Deadline 1st each month

maritime activity specialist Wayne Hill, with input from Jeff Atkins, maritime engineering consultant. Almost 50 people attended, and were pleased to learn of the progress being made on the upgrade of the boat ramp facilities in Corinella. Another date to put in your diary....."Our Fascinating Foreshore".....community information session, will be held on the 18th June at 11am, a range of guest speakers will highlight some of the features of the Foreshore followed by a light lunch and optional guided walks around the reserve.....register to attend with the Corinella Foreshore committee.

Also, on the 21 May, "The Edge of Us" held a Community Luminous Streets celebration and dreaming session to get feedback and ideas to feed into the planning for 2018. It was a small, but inspired crowd who had a great spirit of possibility about where the project might go from here, if you haven't had your say, there is still time.... check out their Facebook page for details.

We are always looking to include new ratepayers and residents into membership of the CRRA, but everyone whether member, or not, are always very welcome to attend our meetings. We strive to be inclusive of as many people as possible, and are keen to listen to your ideas, and hopes for Corinella going into the future.....come and join with us, "the best is yet to come",

**Lyndell Parker**



**President: Jean Coffey**  
0419 500 593

**Secretary: David Pearce**  
0401 514 339

**Membership \$10 per household per year.**

Tenby Point residents thoroughly enjoyed getting out together to participate in the recent Luminous Streets events. Under the leadership of our resident artist, Jeannie Haughton, we created displays which were appreciated by the many visitors because they were a bit different from the other townships.

Tenby Point has a small but active wombat population. Recently one of the wombats became infected with the mange which has killed wombats all over Australia. The mange can be successfully treated if tackled early enough. A team of residents, led by Antonietta Gentile, made heroic efforts to save our affected wombat but we were unsuccessful. We are now on the lookout for other local wombats who may be affected.

**David Pearce**

# Community Notes

## CORONET BAY RATEPAYERS & RESIDENTS ASSOCIATION 2017 COMMITTEE



**President: David Buckingham**  
**Vice President: Kevin Brown**  
**Secretary: Stephanie Hartridge**  
**Treasurer: Sebastian Nowakowski**  
**Committee Member: Mel Gration**  
**Committee Member: Mark Hanrahan**

We support our community via the Coronet Bay Combined Community Group and its component parts comprising the CBRRA, the Reserves Committee of Management and the Youth and Community Group. Representatives of these three Coronet Bay community groups meet regularly in order to work together cooperatively, for the benefit of Coronet Bay and its residents.

We have been working to help resolve our community issues including a potential re-opening of the old Boat Ramp and a solution to deal with the overload of horses on the Norseman's Road beach and parking area. Council, with the support of the CBRRA, has rejected the Coastal Estates boat ramp re-opening proposal due to funding issues and lack of long-term certainty. Council will be considering solutions for the horses issue at its June meeting.

We have also arranged a public briefing on the rollout of the National Broadband Network, to be held at the Coronet Bay Community Hall at 2 pm on Saturday 24 June.

The CBRRA would be pleased to welcome any new members to the association. Please contact our Secretary Stephanie on 0414370929 or Kevin Brown on 0418990214. Alternatively, just come along to our next meeting to be held at the Community Hall at 11 am on Saturday 22 July where you will be most welcome.

The CBRRA meets four times a year and for just \$20 per family per annum you will receive minutes of our meetings, the latest news and regular updates on local issues. Together we can make Coronet Bay even more beautiful and a wonderful, safe place to live and play.

The Combined Community Group organises our markets and fairs.

There is a need for more helpers on those days. These events are an integral part of the community but may not happen in the future unless more volunteers can step up to assist. If you can assist please call the Combined Group Secretary Sue Quartermain on 0408 290923 or email [susiequa@tpg.com.au](mailto:susiequa@tpg.com.au)

## PIONEER BAY PROGRESS ASSOCIATION

Contact

**Zena Benbow**

**[pbpa@bigpond.com](mailto:pbpa@bigpond.com)**

Pioneer Bay Progress Association INC were fortunate enough to be awarded just under \$2500 in Federal Volunteer Grants in the past month.

We trust this will assist us in the implementation of our secretary Ms Hart's "Volunteer Encouragement Scheme" which she implemented many years ago at her local school canteen. Essentially the program will provide loyal volunteers with certificates- be it working with children, first aid or food handlers with a particularly focus on those volunteers who are also long term unemployed. As Ms Hart has found in the past that not only the community reaps the benefits when putting on events (in that onerous OH&S requirements are met) but it has assisted in their quests for employment. Opportunities to start the path towards being a loyal volunteer will be provided in another aspect of the grant regarding gardening and landscaping. It's been a long summer and the Reserve is looking a little the worse for wear. We intend to hold some working bees over winter to not only clean up the beds but also plant some additional natives which should establish over the pending wet months with minimal fuss.

We are now also in possession of the VERY long awaited 'fit for community' purpose plans which will be presented for community consultation shortly. We await a meeting with Council Officers to proceed to this step in the very near future.



**Coronet Bay Neighbourhood Watch**

**Contact: Ivan Bradshaw -**

**5678 0663 - 0414345754**

**Chairperson. Ivan Bradshaw.**

**Vice Chairperson Julie Cameron.**

**Secretary Pauline Hiscock.**

**Vice Secretary Ivan Bradshaw.**

**Social Media Manager Christine Slavin**

**Treasurer Joyce Cotter.**

**Vice Treasurer Tracey Farr.**

**Area Supervisor Levinus Van Der Nuet**



## GRANTVILLE AND DISTRICT RATEPAYERS & RESIDENTS ASSOCIATION



**2017-18 Committee**

**President: Roger Clark**

**Vice President: Darrell Egan**

**Secretary:**

**Treasurer: Sylvia Harris**

**General Committee Members:**

**Margaret Boyer, Robyn Good, Neil Daly and Sandy Ridge.**

**Membership Fees: \$10 single - \$20 family**

**Payable to Sylvia Harris at the Post Office/Newsagency.**

**Email: [gdrrasecretary@gmail.com](mailto:gdrrasecretary@gmail.com)**

Changes to the GDRRA Committee were approved by Committee at its' last meeting and are shown above.

As you can see the all important position of Secretary is still vacant, and it is vitally important we fill this position so that we can reach our maximum efficiency.

So if you can spare a couple of hours a week and attend a meeting once a month for a couple of hours, please contact us by email.

The Committee is committed to staging Christmas in the Park 2017, on either the first or second weekend in December.

More details next month, however if you or your organisation are interested in a stall or display at the event, contact us by email and the acting Secretary will get back to you as soon as possible.

**The next General meeting of the Grantville & District Ratepayers and Residents Association will be held on Friday 23 June, commencing at 7.30pm at the Grantville Hall.**

**Get on board and support us NOW.**

**Get on our mailing list**  
**[gdrrasecretary@gmail.com](mailto:gdrrasecretary@gmail.com)**

### EXPRESSIONS OF INTEREST

**Newhaven Primary School Fete**

**Saturday 4 November 2017**

**12-22 School Ave, Newhaven 3925**

**Outside Stalls, Car boot Sales and Local Party Planners sites Available.**

**Email for an application, conditions apply.**

**Stall contact:**

**Kellie McDonald 0415 915 303**

**[kelsmi@hotmail.com](mailto:kelsmi@hotmail.com)**

**General enquiries:**

**5956 7326**

**[newhaven.ps@edumail.vic.gov.au](mailto:newhaven.ps@edumail.vic.gov.au)**

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# Community Notes

## Grantville & District Foreshore Committee of Management

**Chairman:** Eric Hornsby.  
**Treasurer:** Roger Hayhurst.  
**Secretary:** Barbara Coles  
**General Committee Members:**  
 Dr. David Bourne, Ian James, and  
 Dr. Eric (Tim) Ealey.  
**Contact: Barbara Coles**  
**bacoles@bigpond.net.au**  
**http://www.gadfc.com.au/**

No Report this month



### Community input on Grantville coastal protection

The Department of Environment, Land, Water and Planning (DELWP), Parks Victoria and the Grantville Foreshore Committee of Management have been hearing from the community about coastal protection options for Grantville. DELWP Manager Environmental Planning, Mick Dortmans said: "Community views on coastal protection were gathered on the DELWP website, at a Sunday market in Grantville in the summer and more recently at an open house event held at the Grantville Hall."

"The Grantville coastline is subject to ongoing erosion that continues to affect the foreshore, native vegetation, public access and the amenity of the area," Mr Dortmans said.

"Erosion management is a complex issue and there are a range of management options that could mitigate coastal erosion here."

"The coastline at Grantville has been protected in the past by a masonry sea wall that subsequently failed and was rebuilt twice in the 1980s."

"Trials of mangrove planting have been carried out in the Grantville area as a sustainable option for coastal protection."

"Through extensive consultation we have heard what people value about the Grantville foreshore, including walking along the foreshore, fishing, boating and canoeing, and the views across Western Port."

"We have had a range of views about how the Grantville coastline could be protected, including the use of engineered structures, continued planting of mangroves or a combination of both."

"Any proposals need to be carefully planned

to ensure the best chance of success."  
 "It's clear that the community is interested in being involved with coastal management at Grantville, so DELWP and the Committee would like to continue the conversation at a workshop to be held at Grantville in July. There will be more details about this closer to the time."  
**See more on the environment on Page 30**

### LOCAL POLICE NETWORK

**Bruce Kent Station  
 Commander,  
 San Remo Police  
 Eastern Region  
 Division 5 Victoria  
 Police**  
**phone: 5678 5500**  
**fax: 56785766**  
**mobile: 0411 837 467**  
**email: bruce.kent@police.vic.gov.au**



**Emergency Dial 000**  
**www.police.vic.gov.au**



**News from  
 The Probus Club of Corinella  
 and District Inc**

We meet on the first Wednesday of each month (except January) at the Bass Hotel, Bass 10am start. Guest Speakers and fun times, promoting fellowship and friendship. Morning tea supplied and You can purchase lunch after the meeting if required. All visitors are welcome to attend our Club Meetings. For further Information please contact Heather Reid on 0421012519 or Rob Parsons on 0402852300.

### YOUR LOCAL CHURCH IN GRANTVILLE – Bass Coast Community Baptist Church

Meets each Sunday  
 at 4pm in the  
 Grantville  
 Transaction Centre  
 meeting room.



This is your invitation to join us as we worship God and enjoy fellowship.

Contact and enquiries:  
**Pastor Barry McDonald ph. (03)  
 59953904**

Your local Op-Shop is sponsored by the BCCBC – call in, browse and find a bargain! Ph. (03) 56788625



**South Gippsland  
 Support After Suicide**

**Have you been bereaved by suicide?**  
**Come for morning tea and a chat**

South Gippsland Support After Suicide is a new initiative offering peer support for those bereaved by suicide.

We meet monthly on the fourth Thursday at the  
**Grantville Transaction Centre**  
 Corner Bass Highway and Pier Road, Grantville

**from 10am-12pm**  
 Dates for 2017

23 Feb	27 July
23 March	24 August
27 April	28 September
25 May	26 October
22 June	23 November

These meetings are hosted by trained volunteers who have themselves been bereaved by the suicide of a loved one.  
 For further details or to RSVP  
 email southgippslandsas@gmail.com OR phone 03 9421 7640

Supported by Bass Coast Shire

### South Gippsland Arthritis Support Group



Coffee & Chat 1st Monday of Month  
 6-8pm, Leongatha RSL &  
 1st Tuesday of Month 2-4pm,  
 Korumburra Indoor Recreation Centre  
 Cost: Gold Coin Donation. For more information  
 please contact:

**Adam: 0408353785 phomdin2@bigpond.com**  
**Marg: 0417 154 057**  
**Diane: 5658 1443**

### South Gippsland Mental Illness Carer's Group

If you would like to join the group or get  
 more information:

Phone now -  
**Maggie 5658 1781**  
**Rosemary 5662 4352**



### Courses offered:

Book Club, Bush Painting, Creative Writing, Gardening, Get Creative, Movies & Theatre Appreciation, Tai Chi for Arthritis and Welding.

**www.u3abassvalley.com**  
**Heather White 5997 6323**  
**(PO Box 142 Grantville 3984)**

### U3A TAI CHI

**Why not give the U3A Tai Chi for Arthritis a try? Coronet Bay Hall 9.30am Tuesday**

**Gentle exercise, good company and a cuppa.**

**Further information:**  
**Laura 5678 0884**  
**Vicki 5678 8734**



# Community Directory



Send us your Community Group  
Notices by **1st each month**  
editor@waterlinenews.com.au

## Artists' Society of Phillip Island

56-58 Church Street Cowes

For more information <http://aspi-inc.org.au/>

## Australian Red Cross

Woodleigh Vale Branch

Members meet in each other's homes on  
2nd Thursday of Feb, Apr, Jun, Aug & Oct.

Contact Sheila Campbell 5678 8210

## Bass Coast Community Baptist Church

Minister - Barry MacDonald 5995 3904

**OP SHOP** open Mon-Saturday

Contact the Op Shop for details 5678 8625

## Bass Coast L2P Learner Driver Mentor Program

Wonthaggi - Corinella

The Bass Coast L2P Program now has a car at Corinella & District Community Centre. For further information contact:

Veronica Dowman 5672 3731 0467590679

## Bass Coast Strollers

Catering for all adults participating in walks around the Bass Coast region of Victoria.

Contact Liz Hart 5678 0346

Website: <http://basscoaststrollers.org/>

## Bass Friends of the RSL

Secretary Sue Kinniff 0418 588 596

## Bass Valley Landcare

2-4 Bass School Rd, Bass 5678 2335

## Corinella & District Probus Club

1st Wednesday each month except January

Bass Hotel 10am start, Morning tea

supplied. Can purchase Lunch after

meeting. Heather Reid 0421 012 519

## Corinella Bowling Club Inc.

Balcombe Street Corinella.

Jacquie Carter 5678 0596

## Corinella & District Community Centre

48 Smythe St Corinella. 5678 0777

Mon - Fri 10am - 4pm Keep up to date:

Facebook @corinellacommunitycentre

[www.corinellacommunitycentre.org.au](http://www.corinellacommunitycentre.org.au)

## Corinella & District Men's Shed & Woodies Group

Corinella Road

Visitors and new members welcome.

Contact: Ken Thomas 0427 889 191

## Corinella Foreshore Committee

Contact Barbara Oates 0427 780 245

## Coronet Bay, & Surrounds Playgroup (0-4yrs)

Coronet Bay Hall

Mondays 10am—12noon

(Please bring \$2 per family and a piece of fruit. (\$5 Annual Membership per family),

ALL children are to be accompanied by their parent or carer. Tea and coffee

Contacts: Becky 0439 638 854

Ann 5678 0341

## Coronet Bay Adult Social Club

Tuesday 7-10pm Coronet Bay Hall

Ann 5678 0341

## Country Women's Association of Vic inc.

### Bass Group.

Coronet Bay Margot 0409 559 047

Cowes Lorraine 5952 2165

Glen Alvie Libby 5678 3280

Grantville Annie 5678 8037

Loch Val 5659 4268

Woodleigh Vale Carol 5678 8041

## Grantville & District Ambulance

### Auxiliary

Contact - Shelly 0417 593 497

## Grantville & District Business & Tourism Association

President Neroli Heffer 5678 8548

## Grantville & District Ratepayers & Residents Association

Secretary Kathleen Hopkins 5678 8327

## Grantville & District Foreshore Committee

Roger Hayhurst 0416 061 400

## Grantville Recreation Reserve Committee

Pat Van 5997 6221

## Grantville Tennis Club Inc.

Contact Pat Van 5997 6221

## Kernot Uniting Church

1040 Loch-Kernot Road, Kernot

Local services throughout the year

Contact Secretary Judy Hogan 0422 094 903

## Lang Lang Community Centre

Coordinators Marg and Michelle

Phone 5997 5704

Email: [llcc@langlang.net](mailto:llcc@langlang.net)

## Lang Lang Playgroup

(0-Preschool) Thursdays 9.30am

Lang Lang Community Centre \$2 per child

Contact Crystal 0473 077 125

## Phillip Island Community Art & Craft Gallery Inc.

Cowes Cultural Centre Thompson Ave

Open every day 10am—4pm

All Enquiries Call Aleta 0419 525 609

## Phillip Island Indoor Carpet Bowlers

Come and join the fun

Friday 2 - 4.30pm, Saturday 1 - 4.30pm

Phillip Island Celebration Centre 6 Lions

Court, Cowes Contact Jack 0434 944 380

## Phillip Island & District Railway Modellers Inc.

The Phillip Island & District Railway Modellers Inc. meet every Sunday from 1.30pm to 5pm. At the Phillip Island Celebration Centre, 6 Lions Court Cowes.

Contact Peter 5956 9513

## Phillip Island Community and Learning Centre (PICAL)

56-58 Church Street, Cowes

5952 1131

[Linda Morrison\\_manager@pical.org.au](mailto:LindaMorrison_manager@pical.org.au)

## Phillip Island Patchworkers

Meet on a Monday night from 7.30 at the Newhaven Hall (except public holidays), the first Tuesday of the month at the Newhaven Information Centre meeting room 10.30 and the last Tuesday of the month at the Cultural Centre in Cowes at 10.30. Cost to attend is \$2. To join the club is \$20 annually with a \$6 one off joining fee. For more information contact Debbie on 59521530 or at [phillipislandpatchworkers@gmail.com](mailto:phillipislandpatchworkers@gmail.com)

## Phillip Island Senior Citizens Club

Phone bookings 5952 2973

Email [piscc123@gmail.com](mailto:piscc123@gmail.com)

## Phillip Island Squares

Square Dancing, Bass Valley Community Hall, Bass School Rd, Bass 7.30 - 10.00pm Thursday nights

Contact: Carol 5952 5875

## Pioneer Bay Progress Association

Zena Benbow [pbpa@bigpond.com](mailto:pbpa@bigpond.com)

## Survivors of Suicide

Raising awareness to aid prevention

Jillian Drew 0413 056 165

## St Pauls Anglican Church Bass

HC at 12.30pm every Sunday followed by a shared lunch

Contact Sandy Ridge 5997 6127

## St Georges Anglican Church Corinella

1st Sunday each month 11.00am

Other Sundays 9am

Free Community Lunch Corinella

Community Centre Second Friday

Op Shop open Mon, Thur, Fri 10am - 2pm

[Saturday 9am- 12.30pm](http://www.stgeorges.org.au)

## Tenby Point Residents Association

President Jean Coffey 0419 500 593

Secretary David Pearce 0401 514 339

## The Probus Club of San Remo

Second Monday of the month (except January) 10am at the Newhaven Public Hall. Visitors Welcome.

Enquiries: Neil Stewart 5956 6581



# Around the Markets & Op Shops

## MARKETS

### Every Sunday Kongwak Market

10am - 3pm

Retro stalls, food, vegetables, coffee, curries  
30+ stalls

Enquiries: Jane 0408 619 182

### 1st Saturday

#### Archies Creek Indoor Market

Community Hall

Enquiries: info@archiescreek.com

### 2nd Saturday

#### Coal Creek Farmers' Market

Coal Creek Community Park 8am - 12.30pm

50+ stalls

coalcreekfm@hotmail.com

Contact for information 0459 629 000

### Cowes Island Craft Market

102 Thompson Avenue, 9am - 2pm

In the grounds of St Phillips Church

60+ stalls Make, bake and grown goods and produce.

Contact for further details 0412 710 276

### 4th Saturday

#### Churchill Island Farmers' Market

40+ stalls. 8am - 1pm

peter@rfm.net.au

Further Information 0439 364 760

### Cowes Market on Chapel

Chapel Street. 8.30am - 2pm, 30+ stalls

Further information-contact 0428 603 043

### 1st Sunday

#### Jumbunna Bush Market

Jumbunna Hall

Further information, phone 5657 3253

### 2nd Sunday

#### Koowee Community Market

Cochrane Park, Rossiter Rd 8am - 1.30pm

Indoor/outdoor Phone 0418 289 847

Email: info@kooweemarket.com.au

### Rotary Club Market Wonthaggi

Apex Park 8am - 1pm, 50+ stalls

Walk to nearby Make it - Bake it Market

Contact: Neville Goodwin 5672 7245

Garry Sherrick 5672 5812

### Loch Lions Village Market

May - Sept Loch Public Hall

Oct - April Loch Railway Station Park

70 + stalls

Information from Noel Gregg 5627 5576

Market day phone 0418 500 520

Community Markets



### 3rd Sunday

#### Inverloch Farmers Market

The Glade, Esplanade, 8am - 1pm

50+ stalls

Information: peter@rfm.net.au

Phone 0439 364 760

### Tooradin Sunday Market

9am - 1pm

Stallholders wanted, \$20 includes 1 sausage

& bread breakfast per stall.

All Market Enquiries: 0429 188 280

### 4th Sunday (Weather Permitting)

#### Grantville Variety Market

Grantville Recreation Reserve

Bass Highway, Ample parking.

Weather permitting, Except December which is the third Sunday.

8am—2pm 100+ stalls

BBQ & Sausage sizzle, Coffee Cart, indoor and outdoor, cake stalls plus plenty of home made goodies.

Contact for further details 5997 6221

### Last Sunday of each month

#### Inverloch Community Farmers' Market

The Glade, Esplanade, 50+ stalls

Fresh produce grown and made in Gippsland.

Email:

info@inverlochfarmersmarket.com.au

Phone 0417 370 488

### 2nd Friday and Saturday each month

#### San Remo Cuppa and Chat Market

St. Augustine's Church

Marine Parade San Remo

Hosts a Cuppa and Chat Market every month on a Friday and Saturday.

Friday 9am - 1pm

Saturday 9am - 12noon

10+ stalls

Bric a brac, cakes, & jams Friday, plus a sausage sizzle on Saturdays.

Further Information: 5678 5386

## OP SHOPS

### Bass

#### Bass Valley Community Group

#### Hadden House Op Shop

Next to Bass Hall, Bass

School Road

Monday to Friday 9am - 3pm

Saturday 10am - 2pm

Phone Enquiries 5678 2277



### Corinella

#### St George's Anglican Church Op Shop

Smythe Street Corinella, next to Church

Monday, Wednesday, Thursday, Friday

10am - 2.00pm

Saturday 9.30am - 12.30pm

### Grantville

#### Bass Coast Community Baptist Church

#### Op Shop

Bass Highway, Grantville

Open Monday - Friday 10am - 3pm

Saturday 10am - 1.30pm

Phone 5678 8625

### Bass Valley Lions Club Op Shop

Situated at the Grantville Garden Supplies

Open Monday-Saturday 5678 8357

### Lang Lang

#### Lang Lang Community Op Shop

12 Westernport Road

Monday - Friday 10am - 3pm

Saturday 10am - 1pm

### Nyora

#### Nyora Op Shop at the Nyora Station

Open Monday - Saturday 9am - 1pm.

Enquiries to Sylvia, Phone 5659 0089

### San Remo

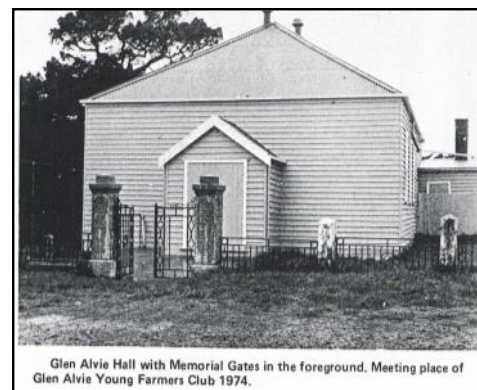
#### San Remo Op Shop

Back Beach Road.

Enquiries 5671 9200

Email: info@basscoasthealth.org.au

## Community Halls for Hire



Glen Alvie Hall with Memorial Gates in the foreground. Meeting place of Glen Alvie Young Farmers Club 1974.

Archies Creek Mez Oldham 0415 445 215

Bass Valley 5678 2277

Corinella Paula Clarke 0418 441 046

Coronet Bay Peter Thick 0429 851 004

Dalyston Dorothy Slade 5678 7334

Grantville Pat Van 5997 6221

Kernot Julie Johnston 5678 8555

Kongwak Betty Anderson 5657 4317

Loch Grieg Barry 0419 358 628

Kilcunda Marion 0404 135 434

Nyora Robyn 5659 0098

Newhaven Noel Street, 5956 6122

Rhyll Ring General Store, 5956 9205

Woodleigh Evan Jones 5657 7275

**Details not right?**

**Let us know....**

**editor@waterlinenews.com.au**

**If your community group is not listed in our community Directories, please let us know**

# Community Centre News



and any songs you may like to share. Call Jacqui for details on 0432 934 681.

## These groups meet weekly:

### The Alcoholics Anonymous groups meet on Thursdays 4.30 - 6.00pm

Al-Anon's helps families and friends of alcoholics to recover from the effects of living with a person whose drinking is a problem. Call Karen 0409 354 038 for more information.

Al-Ateen is a fellowship usually of teenagers whose lives have been affected by someone else's drinking. Call Bernie 0412 204 813 for more information.

AA (Alcoholics Anonymous) is a fellowship of men and women who share their experience, strength and hope to help solve their common problem and help others achieve sobriety.

Call Bernard 0409 822 036 for more information.

### Dru Yoga: Saturday 17th June 9.30 -

10.45am. Dru Yoga is a graceful and potent form of yoga which works on body mind and spirit to rejuvenate your whole being. Call trained practitioner Robyn on 0423 237 003

### Play Dungeons and Dragons: Sunday 18th June 12noon - 4.00pm.

A classic game of fantasy. It has enabled players world wide to be great heroes (and sneaky anti-heroes) through story telling. You and your friends can go on great quests by creating your own stories. Please book by calling us on 5672 3731.

### Adult Bicycle Learn to Ride Classes On Monday 19th June 9.30 - 11.30am

Enrolment is required so booking is essential. Call us on 5672 3731

**Traditional Sampler Quilts:** Monday 19th June 9.30am - 12.30pm. Find out how to make a beautiful quilt.

Please book by calling us on 5672 3731.

### Monday 'Open Community Workshop'

Monday 19th June 2.30 - 4.30pm Drop in for expert help if you are stuck on home maintenance job or project. Very handy  
**Toy Library:** The Toy Library is up and running again. It's open Tuesdays, Wednesdays and Thursdays 10.00am - 2.00pm.

**Psychic Development:** Tap into your own intuition is on Tuesday 20th June 10.30am - 12 noon. Develop your own intuitive and psychic abilities. Call to book in on 0437 670 820.

**Meditation Practise** Tuesday 20th June 2.00 - 4.00pm. Learn to relax and meditate in a gentle way.

Join a small and informal group who meet weekly. Book in by calling 5672 3731

**Learn Leather Carving** is on Thursday 22nd June 10.30am - 12 noon. Learn the art of leather carving.

Create lovely patterned belts, purses and bags.

**Boomerang Bags:** Is on Thursday 22nd June 7.00 - 8.00pm. A friendly sewing group working towards a plastic free Bass Coast. BYO machine or help with cutting or finishing. Cotton material such as sheets or doona covers are most welcome. Help work towards a better environment for us and wildlife.

**Tai Chi for Beginners:** Is on Thursday 23rd June 10.30am - 11.30am. a gentle introduction to Tai Chi which will improve muscle and joint strength, balance, coordination and enhance mental health with experienced practitioner Vicki Clark. Wear flat non-slip shoes and comfortable loose clothes. Please book by calling us on 5672 3731.

**The Homework Club** Friday 23rd June 4.00 - 5.00pm. Is on every Friday at the Community Shed.

There will be time off for the school hols.

## Who are we?

Wonthaggi Neighbourhood Centre incorporating Mitchell House and the Harvest Centre is run by a community based Committee of Management. We aim to provide a positive, welcoming environment where you can meet new friends, learn or share skills, ideas and information. If you're interested in being more involved in your Neighbourhood Centre call in and have a chat to the Coordinator Jan Bourne.

## News from Wonthaggi Neighbourhood Centre (Mitchell House) 5672 3731

This edition covers our school holiday period during the first 2 weeks of July and the Wonthaggi Community Centre will be on holiday over those 2 weeks as well.

However, come term 3, our regular courses will start up again and special events will be there to pique your interest.

## Here are some one off and second offerings events happening this issue:

### Learn Traditional Reiki: Level One -

(Weekend) will be happening on Saturday 17th & Sunday 18th June 10.00am - 4.00pm at Mitchell House. Reiki is a natural therapy that rebalances the entire body, mind and spirit. You will learn how to heal yourself and others in one weekend! To book call 0407 676 898.

**Chronic Pain Support Group** will be happening on Thursday 21st June 1.00pm. Mitchell House.

Chronic pain can be isolating, meet with others to share and have social support.

### Sound Therapy - Therapeutic Sound Bath

Wednesday 21st June 6.00 - 7.00pm. Sound has been an used as an effective tool for healing for thousands of years at cellular level. Very Interesting.

Call sound therapist Nicky on 0457 173 782 for more info or to book.

## All weekly and Fortnightly groups finish on 30th June for the school holidays.

## These groups meet fortnightly:

BandJam / HotRock / Blues / Chilli ! is happening on Thursday 29th June 4.00 - 6.00pm

Wind, keyboard, guitar / bass, drummers and percussionists welcome to suit ages 14 - 24 yrs. It's at the Harvest Centre Shed. Please book on 5672 3731.

**Sing for fun:** Is on Wednesday 21st June at 7.00pm. Singing has many health benefits, it has a good effect on your heart rate, lung capacity and physical fitness! It can relax, lighten our mood and assist in stress-relief. Come along, bring your voice, sense of fun

## Bass Valley Computers



All computer repairs to Apple and Pc including service repairs to main boards and screen

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(03) 5678 8715

Email [bvc@dcsl.net.au](mailto:bvc@dcsl.net.au)

## The Waterline News

makes space available to all community groups in our distribution area and nearby for letting the community know about their activities and events.

### Send us your details

Deadline - 1st of each month.

Distribute 3rd Thursday of each month

To ensure your message gets out there, make sure you get in before the deadline.



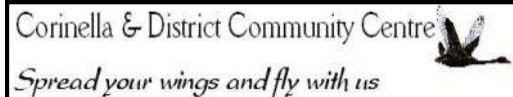
# Community Centre News

## BASS VALLEY COMMUNITY GROUP Inc.

Bass School Road, Bass  
Centre Manager:  
Roderick McIvor  
Phone 5678 2277



The Bass Valley Community Group Committee of Governance no longer wish to have their activities published in The Waterline News



48 Smythe Street, Corinella, Victoria, 3984  
t: 03 5678 0777 f: 03 5678 1137  
e: coord@cdcc.asn.au  
w: corinellacommunitycentre.org.au

Want to learn how to create beautiful mosaics? We have an enthusiastic group that meets every Monday afternoon at 4.00 PM where you can work on your own masterpieces amongst likeminded people. Also on Monday and Wednesday evenings our local Yoga guru, Nikki runs the very popular yoga classes. Join John Adam local talented artist every Tuesday afternoon for art classes. Get support and help from John to develop your techniques and skills. On Tuesday evenings, join Delma for relaxation and meditation. Learn how to relax and find that inner peace through meditation. The Crafties meet every second and fourth Wednesday of the month, bring along your crafts that you are working on or have not had the time to finish and join a bunch of fellow Crafties for a fun morning out. Every Thursday, local artist Keith facilitates an art group where you can work on your paintings and get some tips from Keith. Every Thursday at 12.00 pm, we run the 'Autumn Days Social Lunch.' Everybody's welcome to enjoy a light lunch whilst having a 'chinwag' with others, cost is by donation. Book club is a great group that runs on the second Thursday evening of every month. Join Libby and the group to discuss or debate the book of the month. The lovely women of the St Georges Church Auxiliary host a delicious three-course community lunch on the second Friday of the month.

The food pantry is open every day to support people to put food on their table.

This free service is designed to provide enough food in emergencies to get through a 24-hour period.

We have a range of pantry goods, fresh fruit and vegetables. Fresh fruit and vegetables are generously donated every week by our friends, the Riccardi family at La Provincia in Corinella.

Drop in to have a browse of our free book exchange, grab a book, swap a book or

donate a book, up to you. We have a great range available for our selection. CDCC run regular small bus trips to city markets, theatre shows, hot springs etc., call us to register your interest and enjoy a day out without the hassle of driving. We have created the 'West Wall Gallery' in the foyer of the centre and are hosting monthly exhibitions of local artists. All of the exhibiting artists are living in the district, support your locals by dropping by and maybe purchase their work. Do you need a small bus to get to events? We hire out the Waterline Community Bus (9 seater) at very reasonable rates. Call us to check availability and prices.

We are always on the lookout for new volunteers, do you have a spare day a week? If so give Iain a call and come and join the team. Volunteer roles are mostly in office administration but if you have special skills do call in and have a chat.

Mark your diaries for our next Meet Your Local Farmer Market 10.00 am to 1.00 pm on Saturday 17 June. We will be showcasing local farmers and producers who will be selling their produce directly to you. Our local farmers and producers need our support, come along and buy local.

**Keep up to date with us on Facebook  
@CorinellaCommunityCentre.  
Call in or call us on 5678 0777.  
Cheers Iain**



## Phillip Island Community and Learning Centre



56-58 Church St, Cowes  
Centre Manager - Linda Morrison

5952 1131

Email :

admin@pical.org.au

Website:

## LANG LANG COMMUNITY CENTRE



Public Internet Access to all members.

IPad Tuition

Lifestyle classes including:

Yoga, Pilates, Cardio, Walking group and Line Dancing, Tai Chi.

Playgroup and Hey Dee Ho for the littlies.

A variety of Patchwork groups.

Men's Shed Group.

Secretarial Support Services including:

Photocopying, typing and scanning.

Book Exchange

Small offices for hire

Centrelink Agent with dedicated computer.

Medicare Claim Service

Thank you to those that attended our Mother's Day Walk and Biggest Morning Tea helping us to raise funds for Cancer Council. A great effort!!!!

Activity for 1-7 or 8 year olds over the school holidays "Super Heroes" Hey Dee Ho session.

School Holiday Activity

Hey Dee Ho

"Super Heroes"

Suitable for toddlers

to 7-8 year olds

Come dressed as your favourite

Super Hero

enjoy songs and dance



July 12th

10.30-11.15

\$5.00 p.p.

Term 3 we have a few new activities and services to offer our local community:

\* Tax Help by appointment only August-October

\*Meditation Workshop over 4 weeks

\*NILS- No Interest Loan Scheme, provides small loans for eligible (fit the criteria) with no interest or fees. By appt only.

\*Bus trip to places of interest, looking at visiting the Fox Car Museum and Railway Museum in Melbourne

For further details on all events

Please call us, we open @ 9.30am five days a week.

7 Westernport Rd, Lang Lang 3984

Contact Coordinators

Michelle or Marg

(03) 5997 5704

llcc@langlang.net



**CFA NEWS**  
With  
**Michele Fulwell**

## House Fires

There have been two house fires in our local area (Bass and San Remo) within a few days of each other. In both cases the houses were completely destroyed. At San Remo two neighbouring properties were also extensively damaged. Luckily no-one was injured but we should heed this as a reminder to check our heaters and have a home fire escape plan in place. Find out more here <http://www.cfa.vic.gov.au/plan-prepare/escape-plans/>

Would YOU like to join your local brigade? All Bass Coast Brigades are actively recruiting at the moment so now is the time!!!

Fire-fighters can be male or female young or old, paid or volunteer. In Bass Coast all our brigade members are volunteers. We call them brigade members because it takes more than firefighters to operate a fire brigade!

Anyone, male or female, 16 years or older can join CFA. There is a police check to pass and if you have a medical condition, a medical assessment to make sure you don't undertake a role that could endanger you or others. Other than that there is a 6 month probationary period.

The most obvious job in a fire brigade is that of firefighter. All training and protective equipment is supplied. A regular commitment to training (usually once a week but sometimes more) to maintain skill is required as is availability to respond to calls. Not every firefighter can be available all the time so it helps a brigade to have a mix people. Most difficult to find are those who want to be a firefighter and are available during week days.

A brigade also needs plenty of support members who can undertake community engagement, administration, maintenance and fundraising tasks. Maintenance tasks include things from gardening, to cleaning (including trucks!) to repairing equipment while administrative tasks can range from taking minutes at meeting to finance to writing letter to preparing grant applications. Fundraising is an enormous area that is essential to every brigade as it allows for "extras". CFA provide the basics but equipment replacement, maintenance and upgrades come from brigade funds through fundraising or grants. Examples of "extras" include the Kernot-Grantville Bigfill and the extension that will commence shortly that will house a change room and a workroom for repairing

equipment.

If you think you have something to offer your local brigade call 1800 232 636 and register your interest now!



## FOTEC meets

The Friends of the Environment-Corinella (FOTEC) is a forum to discuss environmental issues concerning the 'Waterline community', and would be interested to hear from those who would like to present their environmental ideas for others to share.

At the inaugural gathering of FOTEC, the Friends' Group-Western Precinct (FGWP) presented their environment plan: "A way forward" and "Model" that seeks to promote community discussion and participation in the process of developing policies to preserve the Corinella Foreshore Reserve and as a way of achieving this, that the Corinella Foreshore Reserve Inc. Commitment of Management (CFRCM) introduce a subcommittee structure. The subcommittee would be made up of community representatives from each Corinella precinct and CFRCM members. It could, for example, be asked to consider a specific 'environmental concern' and prepare a plan for the CFRCM's assessment and presentation to the community. The group hopes that in the upcoming Our Fascinating Foreshore community information session there will be an opportunity to discuss such matters.

As part of FGWP's desire to promote a holistic approach to dealing with environmental problems affecting Western Port, it considered a 'discussion paper' about erosion mitigation measures that could be applied to parts of the Western precinct foreshore at Corinella and further afield; the meeting also received reports about the recent Grantville 'community forum' concerning the re-establishment of mangroves at Grantville and the "Connecting Bass Coast - Aspirational Pathways" program.

If you would like to contact FOTEC, please call: 5678 0592.

## Kooweerup

### Regional Health Service

235 Rossiter Road, Koo Wee Rup  
ph: 03 5997 9679  
email: [gregorys@krhs.net.au](mailto:gregorys@krhs.net.au)



## Biggest Morning Tea

An "awesome" day was had at the KRHS Biggest Morning Tea.

Staff, residents and guests all enjoyed the fabulous food and entertainment. Thank-you to the band Takin-Time for donating their fee to the cause.

A whopping \$1,135.35 was raised to help fight cancer, congratulations and a big thank you to everyone involved.

## Thank you to our Volunteers

We welcomed over 30 existing and potentially new volunteers to a wonderful morning tea at the Cora Lynn Cheese Factory, as a token of our appreciation of the time that volunteers gift KRHS each week.

The Give Happy, Live Happy theme for Volunteering Week advocates the simple gesture of giving your time and skills to help others.

If you are interested in becoming a KRHS volunteer we would love to hear from you, please call Maria Canty our Volunteer Coordinator and have a chat. 5997 9792

## Home Care Support

KRHS can help you every step of the way, we are government approved to provide your home care package. call: 5997 9686 for more information.

**KRHS** is a 72 bed Public Hospital.

We provide a range of community and centre based services: Acute Care, Early Parenting, Transitional Care, Respite and Residential Aged Care, Community Health, District Nurses, Pathology and Allied Health e.g.: Physiotherapy, Social work and Occupational Therapy. There is also Specialist Medical Services: Podiatry, Cardiology and a Diabetes Clinic. KRHS is a member of the International Health Promoting Hospitals Network and Global Green and Healthy Hospitals.



# Food

## A COOK'S JOURNAL



For Jan Cheshire, good cooking starts in the garden with fresh, seasonal vegetables, herbs and fruit. Jan shares food tips and some of her favourite recipes.

### BROCCOLI & BLUE CHEESE SOUP



My Husband, Bert, planted some broccolini plants last year and they did not stop producing.

I found a delicious soup you can make with broccoli or broccolini, whichever takes your fancy. It's called broccoli & blue cheese soup, but I reckon you could put any sort of cheese in it and it would still taste great! Time to look at planting some Broccolini or Broccoli in your garden.

#### Ingredients

2 tablespoons of olive oil  
1 onion, finely chopped  
1 stick celery, sliced  
1 leek, sliced  
1 medium potato, diced  
1 knob butter  
1litre of low-salt or homemade chicken or vegetable stock  
1 head broccoli or a bunch of broccolini, roughly chopped  
120 grams of blue stilton, or other cheese, crumbled

#### Method

Heat the oil in a large saucepan and then add the onions.

Cook over a medium heat until soft.

Add a splash of water if the onions catch.

Add the celery, leek, potato and a knob of butter.

Stir until melted, then cover with a lid.

Allow to sweat for 5 minutes. Remove the lid.

Pour in the stock and add any chunky bits of broccoli stalk.

Cook for 10-15 minutes until all the vegetables are soft.

Add the rest of the broccoli and cook for a further 5 minutes.

Carefully transfer to a blender and blitz until smooth.

Stir in the cheese, allowing a few lumps to remain.

Season with black pepper and serve with crusty bread or rolls.

### Sage touch to chicken dish



LATELY we have been cutting down on red meat and eating more chicken. It is so versatile and I have many recipes. This one

was new to me and I thought I would give it a go because we have quite a lot of sage in the garden. I was very pleased with the results.

### CHICKEN SALTIMBOCCA

#### Ingredients

2 eggs  
2 tablespoons of milk  
¼ cup rice flour or other flour  
4 chicken breasts  
40 grams of butter  
2 tablespoons of olive oil  
4 slices of bacon  
A handful of sage leaves  
1 lemon sliced  
½ cup of white wine  
1 cup of chicken stock  
Parsley to serve

#### Method

Whisk eggs and milk together in a bowl.

Place flour into another bowl

Split chicken fillets through the centre to make 8 thin fillets

Dip chicken into the egg & milk and then coat in flour and put on a plate

Heat half the butter and half oil, add the sage leaves and bacon, and cook both for 2-3 minutes until crisp. Remove from the pan. Add the remaining butter and oil to the pan and cook the chicken fillets for 2-3 minutes on each side until golden and cooked through.

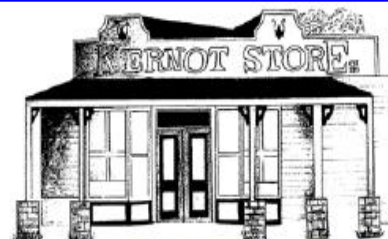
Drain any excess oil from the pan.

Add lemon slices to pan and cook until golden.

Add wine and reduce by half whisk in stock and simmer for 3 minutes.

Return chicken to pan and turn to coat with the sauce.

Transfer to plates and top with bacon, serve.



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## DEMENTIA

**Dr Rachel Wonderlin**  
Restlessness - A sign that death is near?

I was teaching a workshop at a dementia care community when I got an interesting question from a nurse.

She asked, "What do you do about residents who don't want to be in any particular place? For example, we have one woman who sits in her wheelchair in the hallway, asks to move to the dining



room, sits in there for five minutes, and then asks to be moved again."

This was an interesting question, and one that I hadn't gotten before.

However, I've had the same problem at my care communities in the past. There's always at least one or two residents who are never happy wherever they are physically. I had one resident, Hank, who was highly fixated on going somewhere.

**It did not seem like Hank knew where that place was, but he wanted to head in that direction, anyway.**

"Hey!" Hank would yell in the hallway from his Broda chair. "Can somebody help me?"

When he saw someone in the hall, he'd reach for them, or call out. "Hey miss," he'd say to me, "Can you please move me into the other room?" or, "Can you move me six feet that way?"

**No matter where we moved Hank, he was never happy. He'd thank you, sit in that spot for a couple of minutes, and immediately start yelling for help again.**

It was annoying, but it was just a part of his dementia, and that's what I told this nurse.

"There's not much to be done in that case," I said. "It's definitely annoying, but it's just a part of where they are in their dementia.

The best thing that you can do is move that person, make them happy, and hope that it helps. I also recommend bringing them something to do, or bringing them to an activity to keep them from being bored."

**As we talked, though, I thought of something else: Hank and the other restless residents I've had often die soon after their periods of anxiety and restlessness.**

I suggested this to the nurse and her team. "You know, Hank didn't last really long after that," I said. "It seems like people aren't in that stage for too long."

**"That's wild!" she exclaimed. "Our resident died soon after her restlessness period, as well!"**

If you want to get philosophical with it (which I will for a moment here) it seems like people with dementia, when they begin to get restless like that, are in the middle of two worlds.

One is the world that the living occupy, and the other one is death. I do wonder if Hank and my other restless residents (who have all passed away soon after their restlessness) are looking for something they really can't find.

**They know that they're supposed to leave the earth soon, but they can't quite explain it.**

Just a thought.



**Grantville Medical Centre**  
2/1524 Bass Highway,  
Grantville

**For Appointments Call**  
(03) 5678 8029

### Hours

Mon - Fri 9.00am - 4.30pm  
(Wed closes at 1.00pm)  
Closed over lunch period

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or

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## LIVING WELL

### A weight on your mind

Miriam Strickland



**Miriam Strickland, a qualified naturopath who has also worked in health food retail, explores paths to physical, mental and spiritual wellbeing.**

SOME time ago I was absent-mindedly scanning the Small Paper (they're almost all small papers these days, but you know the one I mean) when a headline jumped out at me. "Is STRESS making you FAT?" Oh no, I groaned, another simplistic quick-fix diet article. But in the interests of research, I decided I should read on.

There is growing concern among policymakers about the expanding Australian waistline. Rates of type 2 diabetes and cardiovascular disease (heart attack and stroke) continue to rise and to result in high numbers of hospital admissions and ongoing care requirements. Both of these conditions, it is now agreed, are primarily due to lifestyle factors, namely overweight and lack of exercise. Health professionals have been concerned for decades because they are the ones flat out managing all the people with diabetes and cardiovascular conditions, but the bean-counters have really started piping up now, too.

The next question has been to ask where has all this adiposity come from? So many theories, so little time. It used to be too much fat, and of the "wrong" sort. Throw away the dripping and the butter, they'll kill you for sure, they said. So we did, and

started eating chemically produced seed oils instead. Then they went out of favour too because of the dreaded trans fats, whose scrambled molecules were too prone to deliver free radicals that damage our cells and make us old before our time.

Then it dawned on the experts that despite giving up fats of any kind we continued to balloon, so now sugar is the enemy, and yes, it does make too much of an appearance in many processed food products. Yet many can remember having sugary cereal for breakfast, an iced donut for playlunch, then lollies on the way home from school. And generally we were about half the size we are now.

So could that alarming headline be valid? Let's consider several important points.

The stressed state ("fight or flight") has a variety of effects in the body which are designed to save us in a serious crisis. However the body cannot tell the difference between a truly life-threatening situation or the much more common perceived one, such as being expected to check work emails while off duty, being "pinged" constantly by communication devices to alert us there is yet another banal message from an interweb "friend", or being unable to resolve issues at work or at home. Either kind of stress causes a rise in cortisol levels in the body which in turn puts more glucose into the bloodstream and cells which, if not used up, will be stored as fat. The longer that stress is not managed, the longer altered glucose levels continue and the more likely fat will be stored.

Next, stress often disrupts our sleep. Failing to get our healthy seven or eight hours sleep each night unbalances important hormones that tell us when we need to eat, and then when we have had enough. We may have a variety of reasons for short or interrupted sleep, but regardless, we need to keep to the habits of proper "sleep hygiene". This means switching off devices and the TV an hour before bedtime and instead getting into a slowing-down routine. This might include

listening to quiet music, reading an interesting but not stimulating book or magazine, taking a gentle walk, doing some yoga or a short meditation. These activities tell our body it's safe to switch off the flight and flight mechanisms. We will sleep better and allow the brain to produce the correct balance between "eat" and "stop" signals. Importantly, the more often we allow ourselves into this more relaxed state, the more we become able to think clearly, and we will cope better when stresses do intrude.

Finally, when we are stressed we often make unhealthy eating choices, and worst of all fail to eat with proper attention to what we are doing. We tend to reach for our preferred comfort foods, whether fatty chips or sugary snacks, and our interest in preparing nourishing meals may be compromised.

Worse, even if we do serve ourselves something healthy, when we eat while stressed we don't concentrate on the food we are ingesting and so the brain is not sent clear enough signals indicating food intake. Our stomach may be full but our brain hasn't had a chance to register the fact; we don't feel satisfied and continue to reach for more snacks, piling on the kilos in the process. Try putting your fork or spoon down between mouthfuls; it may be revealing just how quickly you are taking in your food, and you may even find you can stop at less.

Sometimes we don't even realise how stressed we are until a health crisis occurs; surely better to be on the lookout for signs that we are not managing our lives as well as we could. An expanding waistline could simply be too much of the good life, but on the other hand it could be our body's plea for us to slow down and take stock.

Miriam Strickland's writings appear courtesy of The Bass Coast Post.



<http://www.basscoastpost.com/>



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POPULAR DEMAND

Sunday 16 July  
The Honkytonk's Boogie Band



Honkytonk's Boogie Band are excited to be returning to the Phillip Island Jazz Club on the July 16th 2017. HBB have played many venues, dances and festivals around the East Coast of Australia. Influenced by the Swingin' and Croonin' vibe of the 40's, Rockin' Sounds of the 50's, and heartfelt Soulful tunes from the 60's, Honkytonk's Boogie Band combine these to create their own style and energy which has seen dance floors packed, and audiences tapping and singing along. Besides regular venues around Melbourne, HBB have previously performed at Phillip Island Jazz Festival, Inverloch Jazz Festival & Newcastle Jazz Festival to name just a few. With Mark Nunis on Piano, Hammond & Vocals, Wayne Kelly on Drums and Vocals, Simon Vancam on Double Bass and Vocals and Cal Barry on Tenor Saxophone, we are excited to have our special guest, Michael Pilley join us on Trombone for our show in July.

For more information please contact  
Robin Blackman on 0432 814 407.



Sunday June 25 - *New Nite Owls*  
Sunday July 30 - *Creole Bells Revival Band*  
Sunday August 27 - *Wonderdogs*  
Sunday September 24 - *Moonee Valley*  
Friday October 27 - *Dixie Dazzlers*  
Friday November 24 -  
*Maryborough Traditional Jazz Ensemble*

Friday Music 8pm - 11pm  
Jazz Club President: Bruce Lawn 5174 3516

Moe RSL: 5127 1007  
(please book for meals)

Members will be notified of any  
changes to bands/dates

SOUTH GIPPSLAND JAZZ SOCIETY  
Inverloch Jazz Club



Sunday 9 July  
Michelle & Ken Forbes  
and Friends  
Enquiries: Neville Drummond 5674 2166

Saturday July 1  
Coronet Bay Hall  
7 - 11pm



Coronet Bay UNPLUGGED continues to attract good audiences every 1st. Saturday of the month at 7pm. at the Coronet Bay Hall, Gellibrand street. No matter what style of music you like there will be something to your taste. You can bounce along to rock or shed a tear with heart rending folk, or just have the troubles of the day flow away with beautiful classical music and poetry. Truly the best value entertainment around, it's just a gold coin to enter and supper is provided.



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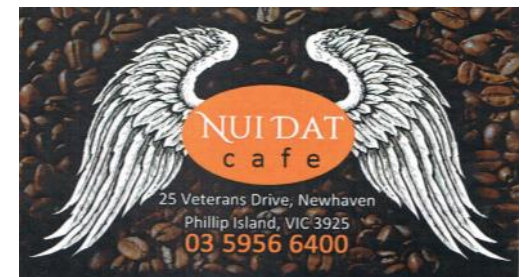


PO Box 184 Grantville, 3984,  
or you can Email:  
[editor@waterlinenews.com.au](mailto:editor@waterlinenews.com.au)  
But, don't forget to include your name and address if you are emailing. Congratulations to our May winner, Ann Wilson, your CD is in the mail. Why not try your luck this month?

You could also win two tickets to see Sunday Jazz at the Phillip Island Jazz Club on Sunday 16 July



The Honkytonk's Boogie Band  
Simply email your name and address (tickets) to [editor@waterlinenews.com.au](mailto:editor@waterlinenews.com.au) or post to the above address.

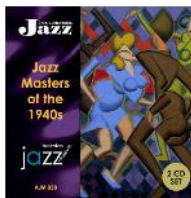


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West Gippsland Community Radio Inc.



## CD REVIEW



The Australian Jazz Museum has just released a double CD set of selected jazz performances of the 1940s highlighting the talents of the jazz musicians of that era.

The '40s is a period that covers the swing era, the Dixieland revival, the introduction of Bebop and the recognition of mainstream jazz in its own right. Collecting records of any type during the first half of this decade was difficult due to the wartime priorities and shortages. Collecting issued jazz records by Australian musicians wasn't an option—the international record companies had no interest in recording local jazz at that time. Most surviving performances of that period were private recordings by musicians and their fans, and were in smaller studios which usually lacked both the facilities and the expertise of the major companies. The music was usually recorded onto acetate coated aluminium discs, although as the war demand increased, the aluminium base was replaced by steel or even glass. The cost of the blanks was not inconsiderable so the commercial companies' routine of recording two or three takes of each number and choosing the best for release was rarely adopted. They truly were "one offs". Unfortunately, the acetate material itself was soft, easily worn or damaged and it rendered many discs worthless after being played with the heavy pickups and steel needles of the time.

The bands represented in this collection, some of them forgotten today, include Reg Lewis' Jive Kings, The Johnny Tozer Swing band, The Four Spirits of Rhythm, Wally Portingale, George Trevare's Jazz Group, The Dixie Sextet, The Port Jackson Jazz Band, Ron Falson, Graeme Bell (with some never before heard recordings), The Steely City Seven (from Newcastle), Jimmy Hogan, a couple of Frank Johnson tracks privately recorded in Sydney, plus several other groups.

The selection of items and the extensive insert notes have been provided by Jazz historian and discographer, Jack Mitchell. The total playing time of this two-CD set (AJM 038) is a generous 150 minutes and is available from the Museum shop or online at [www.ajm.org.au](http://www.ajm.org.au). The cost is only \$25. Plus postage. Less if you are a member!

**From Pippin to Paris thanks to Gwennie**  
**The Wonthaggi Theatrical Group (WTG) continues to support local young talent through the Gwen Derrick Youth Development Fund, affectionately known as the Gwennies.**



Tierney Lilleyman of Korumburra will be the fourth recipient of WTG's Gwennies fund, enabling her to embark on an amazing training opportunity.

The Gwennies program provides financial assistance to young people who have worked with the local theatre group and are pursuing their creative dreams. Funds can be accessed to contribute towards education and development opportunities.

The program was established in 2011 and is named after its founder and benefactor, Gwen Derrick. Mrs Derrick is one of the founding members of the WTG, and is a strong believer in the importance of encouraging youth to develop their creative talents.

"There is often a negative stigma attached to following creative dreams, it's seen as less important or less worthy of our time and energy than a more mainstream career. But the truth is that without art, and beauty, and creativity - we would all be miserable" Mrs Derrick said.

As a young 22 year old woman who grew up in Korumburra and Wonthaggi, Tierney has always applied herself to honing her craft and committed to her career as a make-up artist.

Her dedication is evident through her commitment to further study completing a Diploma in Specialist Makeup Services, and also her pursuit of practical experience. Tierney designed the incredible make-up effects, and led the make up team, for WTG's Pippin. This was her first work in the theatre arena and led to her receiving a well deserved Gippsland Amateur Theatre award. WTG Gwennies will provide Tierney with funds needed to accept an incredible training opportunity she was awarded through Global Hair and Makeup.

Tierney will travel to Nice, France on the 19 May where she will meet up with her hair and makeup mentors. The team of 9 will spend 10 days touring through Europe providing makeup at high profile global events including The Festival de Cannes and Monaco Grand Prix.

This opportunity will equip Tierney with experience working in high end fashion events alongside talented and renowned hair and makeup stylists.

"This is the opportunity of a life time. I feel very excited and lucky to be going," Tierney said.

This will be Tierney's first time in Europe providing not only an amazing training opportunity, but also the invaluable experiences one learns when travelling and working overseas.

President of Wonthaggi Theatrical Group, Peter Hanley, comments on the importance of programs such as the Gwennies fund.

"The Gwennies fund is aligned with WTG's purpose, 'to provide ongoing opportunity for the development of skills of young people from our community through all aspects of the performing arts'" Mr Hanley said.

Tierney's story is a great example of a how dreams can be reached through continued community support, hard work, and determination.

**Nina Barry-Macaulay**  
**WTG Committee Member**

**We are here to help you.**

**When quality counts.**



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Welcome®

# The French Island News



## FRIENDS OF FRENCH ISLAND NATIONAL PARK (FOFI)

Secretary: Meredith Sherlock. Phone 0438 077329, email: [secretary@fofi.org.au](mailto:secretary@fofi.org.au)



### FOFI Project Days

Third Saturday each month - activity to be confirmed. Contact Meredith for details, closer to the date.

More details on: [www.fofi.org.au](http://www.fofi.org.au)

FOFI activity for 17 JUNE is "Coast walk from Blue Gums to Long Point"

**More details on: [www.fofi.org.au](http://www.fofi.org.au)**

## FRENCH ISLAND COMMUNITY ASSOCIATION

French Island Community Association

Tankerton PO

French Island

Victoria 3921

[secretaryfica@gmail.com](mailto:secretaryfica@gmail.com)



### EMERGENCY SERVICES

There is no regular police presence or ambulance service on the island. French Island has a Country Fire Authority (CFA).

There is one fire engine stationed permanently on the island, next to the Community Hall on Tankerton Rd. CFA volunteers are able to respond to any kind of emergency.

Calling 000 is always the best option in an emergency.

### NURSE ON CALL

For non urgent health issues islanders may utilise the

Department of Health's Nurse on Call service:

Nurse On Call 1300 60 60 24

### AMBULANCE SERVICES

Ambulance Membership

Membership Enquiries 1300 366 141 (Mon-Fri 8am-8pm, Sat 9am-5pm). Membership is advised as Air Ambulance is used from the island. If local support is required ask Ambulance to request CFA support on the island.

### FIRE PLAN

All bushland residents should have a personal fire plan.

The French Island CFA hosts annual information sessions which give concrete advice on this topic.

The CFA is also happy to visit individual properties to further aid in the development of fire plans.

As for all of Victoria, fire bans and other instructions issued by the CFA should be followed.

### POISON INFORMATION HOTLINE 131126

## French Island General Store and Post Office

From bread and milk to plumbing supplies, the store provides so many goods and services, we can't name them all here. In the meantime, whether it's distilled water for batteries or a fuel filter for the car, ring to find out what's in stock. Newspapers can also be ordered from the store with at least 24 hours notice.



**289 Tankerton Road, French Island 3921 (03) 5980 1209**

## FRENCH ISLAND FERRY

The French Island Ferry is a ferry service which runs between Stony Point on Mornington Peninsula and Cowes on Phillip Island, via French Island.

### The ferry departs from:

Stony Point Jetty on the Mornington Peninsula

(Stony Point Station is a short walk from the jetty)

Tankerton Jetty on French Island

Cowes Jetty on Phillip Island

### Fares:

Tickets are available at the Stony Point kiosk, and also on board the ferry.

Please note: the French Island Ferry is not a myki ticketed service.

The following fares apply:

Adult: one way - \$13.00, return \$26.00

Child\*: one way - \$6.00, return \$12.00

Pensioner/concession: one way - \$8.00, return - \$16.00

Bicycle (additional cost): one way - \$4.00, return - \$8.00

\*Children aged under 4 years travel free.

\*Child fares are available for children aged from 4 to 12 years old.

**For more information, see the French Island Ferries website**

**[http://interislandferries.com.au/fi\\_costs.php](http://interislandferries.com.au/fi_costs.php)**

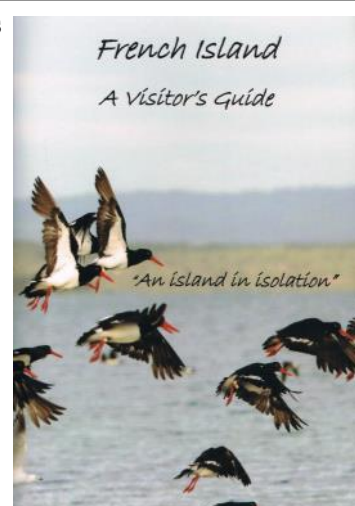
### New French Island Visitor's Guide

Now available:

From the General Store

Or Email the author  
Christine Dineen

[dineenc@optusnet.com.au](mailto:dineenc@optusnet.com.au)



**Notices for the French Island section of**

**The Waterline News should be sent to:**

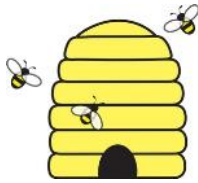
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**by the 1st of each month.**

# The French Island News

## BEE DAY

On a sunny autumn morning in late May a dozen bee aficionados gathered to learn about bio-active honey and its potential on the island.



Glenys generously shared the results of recent research and her own investigations, which showed that access to the active Leptospermum species Woolly and Prickly Tea-tree, Manuka and Jellybush can increase the health properties of home-grown honey. French Island honey from these trees has shown high levels of active compounds during recent testing.

A guide to planting indigenous native plants to ensure year-round flowering and keep your bees fed and healthy was also provided and is available from Landcare. All plants listed can be ordered from the nursery.

Glenys also used her own experience of losing hives to wax moth to teach the group how to spot the pest, prevent infestation, and rid yourself of the moth. Quarantine is key folks - make sure you check that any bee keeping equipment you bring home has no signs of the moth or freeze it for 24 hours to be on the safe side. The horror of harvesting honey once your bees have been in the Capeweed was also touched upon (yet another reason to keep this invasive species under control!)

Tube stock of the Woolly Tea-tree were also available for sale on the day to keen current or would-be beekeepers. Contact Glenys if you missed out.



**Bronwyn gwyther**

## BUS TRIP

On a calm autumn morning eleven intrepid French Island Landcarers crossed the bay to Cowes driven by the desire to learn how to grow native foods as well as gaining knowledge on improving our bit of earth. Met by Joel, with bus, we ventured to Bass where five other mainland landcarers joined us and wended our way to Peppermint Ridge Farm in Tynong. Julie Weatherhead, the owner, then showed us around her beautiful native garden and introduced us to the numerous different types of native foods that she grows. We learnt that not all native foods are edible; in fact some are downright poisonous so you must always be careful from where you source your plants and that unfortunately the early Europeans dismissed the importance of native foods in their desire to recreate a "little Europe". Consequently there have been lost business opportunities for Australia that other countries have taken up. A cuppa was provided which included two different types of native herbal teas.



in Chris's greenhouse with Linda and Amalie.



After a quick stop for lunch at Gembrook we motored onto Chris Allenson's Macclesfield property.



Chris is the guru of healthy soils and has previously visited French Island. A different style of food production but totally awe inspiring, especially the orchard. Many of us had "soil envy" and Chris was only too happy to share his knowledge with us on how to improve our soil. We ate the sweetest mandarins that I have ever tasted- and no pips! Avocados were dripping with maturing fruit and many have taken a dried corn cob home hoping to save the seeds and produce a beautiful crop of sweetcorn. Back onto the bus, then the ferry, a tired but happy bunch trooped home inspired to make a difference to their own little patch.

**Judith and Rob Metcher.**

## French Island Community Tip

**Working Bee Time: 10am - noon**

**Got a little spare time this year to help keep the tip tidy?**

**Here are this year's dates.**

**July 10**

**August 14**

**September 11**

**October 9**

**November 13**

**December 11**

**BYO water, gloves, hat, mozzie repellent and sunscreen.**

**Contact: Linda on 0413 919 607**



## French Island Landcare



**Landcare Ordinary Meetings**

All Landcare members are welcome to attend.

**For more information on any of these events, contact [filandcare@gmail.com](mailto:filandcare@gmail.com).**

**Landcare Nursery**

**Volunteers are always welcome at the nursery on**

**Wednesdays and Thursdays from 10am to noon.**

**Contact: [filandcare@gmail.com](mailto:filandcare@gmail.com).**

**Contact Terri:**

**0413 088 527**





Another load of 'dead' cars leaves French Island for the scrap yard!



# Causeway to French Island within six years

Would open up whole area

A causeway to French Island from the Lang Lang end seems most likely within a six year period. A report circulating in this area that the tender has already been let has no foundation but reports from Government circles indicate that moves are afoot to have the work carried out within the six year period.

The Cranbourne Shire Council has had no official word any immediate moves to call tenders for the work but some reports have been received of more than passing interest in the matter by	representatives of the government. Without quoting the exact source, one man in "the know" said that it seemed certain that the causeway would be put in within the next six	years. The advent of the bridge would open up the whole of French Island, (except the prison farm) and would have far reaching beneficial effects on this section of Gippsland.
---	--	---

I came across this article from the Koo-Wee-Rup Sun from Sep 6, 1967 about a Causeway that will be built to French Island in six years!

The locals may be glad it never happened, but the Island would be a much different (not saying better) place today if it was built. I was amused by the article, so if you think it will have a wider appeal, feel free to put it into a Waterline News one day.

Heather Arnold  
Vervale

If you have any stories on the history of French Island you would like to share with our readers, send them to:

[editor@waterlinenews.com.au](mailto:editor@waterlinenews.com.au)

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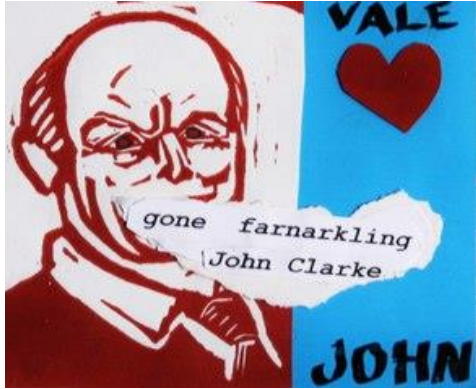
# The Bass Coast Post in Print

## Bass Coast Post



Online news, articles, columns, photos by and for Bass Coast residents.

### Our John Clarke - more tributes



By Kellie Nichols

#### Bass Coast Landcare Network

JOHN Clarke had a passion for the natural world, where he could slip out of the public eye and indulge in endless amounts of observation of his surrounds. Observing birds and capturing their images on camera was one of his passions which he was able to do on a regular basis when they stayed at Phillip Island.

The Clarke family continuously worked to enhance environmental conditions on their Rhyll property. They are very proud of their Trust for Nature Covenant and always appreciated the support provided by Phillip Island Landcare, financially but also the advice and practical assistance. A Phillip Island Landcare community planting day on their property in 2015 helped plant out a wildlife corridor. John was always excited that the replanting works were encouraging more bird life to the property and sent us update photos showing the growth of plants in their project.

John supported numerous environmental causes that were linked to the island in a direct and indirect sense. He served on the Board of the Western Port Sea Grass Partnership and was a strong supporter of Birds Australia. While he preferred to stay out of the limelight when he was not performing in a professional sense, he never shied away from providing support to programs that were working to improve the health of the natural world, Landcare included.

**Photo sent from John: "Plantings at our place after one day, and after twenty months."**



#### Bass Coast Post readers comments

Thank you Liz and Anne and Kellie for sharing your memories and comments about John Clarke. While his mother country was New Zealand we have every right to embrace him as a Bass Coaster. Both he and his long time friend and brother-in-arms Brian Dawes had strong Island connections.

**Bob Middleton, Wonthaggi**

John Clarke, along with Dr Tim Ealey, John Barnard, QC, and the late Professor John Swan, started the Western Port Seagrass Partnership in 2001 at a time when seagrass loss in Western Port was dire. Clarke conceived of and hosted a beautiful and hard-hitting DVD on Western Port's environment, including footage from the research program of the 1970s. The DVD has been widely distributed for free by the WPSP and is still available from their website.

Last October Clarke was the guest speaker for the dinner of the Museums Australia Victoria conference on Churchill Island. Rather than crack jokes, he took advantage of being in the company of many of Australia's brightest museum and gallery people to tell them about the battles to save the Western Port environment, and urge them to take action to save their local environments. Clarke also practised what he preached, planting seagrass and revegetating the land he had at Rhyll. Western Port will greatly miss such a champion.

**Christine Grayden, Cowes**

It was lovely to read tributes to John Clarke in Bass Coast Post. As they showed, he was a very special person. His death is a great loss not only to his family and friends but also to the wider community, including the millions of people whose lives he enhanced with his comic genius and his love and protection of the environment which enriched past, present and future generations.

**Meryl and Hartley Tobin, The Gurdies**

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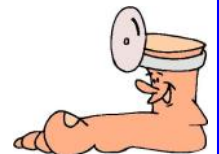
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# QUIZ?

- The llama belongs to the family of animals commonly called what?
- Which guitarist is known as Slowhand?
- In which 1979 film was the spaceship called Nostromo?
- What have been cooked in syrup and glazed to make the sweetmeat Marrons Glaces?
- The Shatt-el-Arab (River of Arabia) is the confluence of which two other rivers?
- The Sheffield Shield is competed for in which sport?
- At which town did Billy Butlin open his first holiday camp?
- In knitting, what is meant by the initials 'psso'?
- In UK TV's 'Noel Edmund's House Party', the 'house' was situated near to which village?
- Also the title of a famous literary work, who were Mrs Page and Mrs Ford?
- What is infant whale commonly called?
- Which DJ had a UK Top Ten hit with the song Snot Rap?
- In which film did Roger Moore first play James Bond?
- How many gallons of beer are in a firkin?
- What in Cornwall is the most southerly point of mainland Britain?
- Alan Minter was undisputed World boxing champion at which weight?
- Which 17th century explorer was buried with a pipe and a box of tobacco?
- Which Latin term, usually applied to legal evidence, means 'at first sight'?
- What was the character name of TV's 'The Saint'?
- What is the alternative common name for a Black Leopard?

## ANSWERS

- Camels. 2. Eric Clapton. 3. Alien
- Sweet Chestnut. 5. Tigers and Euphrates.
- Cricketer (Australia).
- Skene's (1936) 8. Pass Shipped Stitch
- Over. 9. Crinkley Bottom. 10. The Merry Wives of Windsor. 11. Calf 12. Kenny Everett. 13. Live and Let Die (1973).
- Nine. 15. Lizard Point.
- Middleweight. 17. Sir Walter Raleigh.
- Prima Facie. 19. Simon Templar.
- Panther.

# Trivia and Philosophy

## What do you suppose is Empathy? Part 2

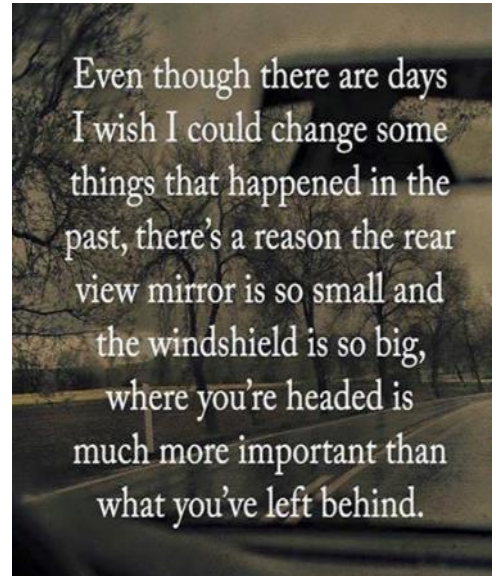
**These remaining short stories are all very good stories and make us think twice about the daily happenings in our lives as we deal with others!!**

- Today, I kissed my dad on the forehead as he passed away in a small hospital bed. About 5 seconds after he passed, I realised that was the first time I had given him a kiss since I was a little boy.
- Today, in the cutest voice, my 8-year-old daughter asked me to start recycling. I chuckled and asked, "Why?" She replied, "So you can help me save the planet." I chuckled again and asked, "And why do you want to save the planet?" "Because that's where I keep all my stuff," she said.
- Today, when I witnessed a 27-year-old breast cancer patient laughing hysterically at her 2-year-old daughter's antics, I suddenly realised that I need to stop complaining about my life and to start celebrating my life again.
- Today, a boy in a wheelchair saw me desperately struggling on crutches with my broken leg and offered to carry my backpack and books for me. He helped me all the way across campus to my class, and as he was leaving he said, "I hope you feel better soon."
- Today, I was feeling down because the

results of a biopsy came back malignant. When I got home, I opened an e-mail that said, "Thinking of you today. If you need me, I'm a phone call away." It was from a high school friend I hadn't seen in 10 years.

12. Today, I was travelling in Kenya and I met a refugee from Zimbabwe. He said he hadn't eaten anything in over 3 days and looked extremely skinny and unhealthy. Then my friend offered him the rest of the sandwich he was eating. The first thing the man said was, "We can share this."

**The best sermons are lived, not preached.**  
 Author unknown  
 Sent in by Ian Adair, Coronet Bay



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# History

## OUR HISTORY

With Noelene Lyons

### Fisherman's Cottage Museum Tooradin



The museum is located in Foreshore Road on the edge of Sawtells Inlet (Melway ref 144 A6) and is open Sundays from 12noon to 4pm, or by arrangement.

We open the Museum on Sundays from noon until 4pm.

Entry is \$3 adults, \$2 concession and 50c for children.

The phone number at the museum is  
**0359983643**

If you leave a message we will get back to you.

Groups can arrange visits at other times.  
**Polly Freeman**



### FORGOTTEN GRAVE OF AMELIA DAPHNE AUCKETT

I have FINISHED compiling and photographing the Burials & Burial Register, so if you feel you might have a family member buried at San Remo please contact me and I will check for you.  
email [noelene@dcsi.net.au](mailto:noelene@dcsi.net.au)  
or phone 56724739

When photographing these graves many have sad stories and happy stories on the Headstones and some are just forgotten.

I recently photographed the grave of Amelia D. AUCKETT d. 3rd Oct.2016. – one of the forgotten graves by the family. Amelia has a fantastic obituary on the internet. She was an awarded Nurse, Artist, Story Writer and Film Producer.

Her early years saw her starting her nursing at the age of 16 and becoming Matron of Deniliquin Hospital at the age of 32 years.

A divorced mother with 2 children she was always caring for her family. Later on she wrote several books with the book on Baby Massage which is still used at all Child Health Centres today.

Her later years saw many books of Poetry and Stories and eventually became an Artist with many paintings sought after.

Amelia is a descendant of the ANDERSON family and she is buried just one row from her ancestors.

Its disappointing that this great lady has been forgotten that no body has visited her grave as the old burial flowers are still there.....no headstone.....its sad.

**If you would like to read her fantastic achievements just Google Vale – Amelia Auckett.**



Colour advertising options now available

### Lang Lang & District Historical Society



The Lang Lang Historical Society meets on the third Tuesday of the month at 1.30pm at the Lang Lang Historical Display Centre, in Whitstable Street, Lang Lang.

The Centre is open each Wednesday 11am - 3pm or by appointment

Secretary Peter Hayden 5997 5114



### SUGGESTION BOX

One of our astute readers sent an email suggesting we remind all readers that the online edition of The Waterline News features all pages in full colour. Back copies of every edition as well.

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# History Special

## ALL ABOARD FOR PORT ALBERT

John Wells

John Wells guides us on a journey on the Great Southern Railway.



Port Albert Station, 1912. Photo: State Library of Victoria

**I'VE always had a love of railways. Ever since I saw the steam locomotives struggling up the Longwarry Bank, east of Longwarry, alongside our farm, the magic only a steam locomotive can give has been a part of me.**

That was on the Gippsland line but the line that's somehow always seemed the most romantic is the "Great Southern" line, if I can borrow \*Keith Bowden's name for it. This is the line into South Gippsland and it was the hardest one in Victoria to build. It runs through some of Victoria's best scenery, and it was as crucial to the settlers along it as any line, but it was awful terrain for a railway.

Let me take you for a ride.

Pretend it's May 9, 1892 and I'm treating you to a free ticket to Port Albert. Have you rugged up? May can be cold in South Gippsland. I see you've had the sense to wear an old coat. I wore my best suit when I rode the first train to Sale fourteen years ago and I had several large holes burned in it. It's the locomotives, you see. Blow sparks everywhere. Set fire to the scrub alongside the line, as often as not, though that doesn't matter too much out in the scrub.

And I tell you what, you'll see some scrub on this trip. Miles and miles of it, with just the odd small clearing with a house or a few shacks in it, and some of the biggest trees God ever made. Even the towns seem to sit huddled in small clearings with the forests frowning down on them.

You'll see it all because we're taking the 6.30am train from Princes Bridge station. That'll get us down to Port Albert late in the afternoon, just after 4pm. Not bad, is it.

There's another passenger train that leaves Princes Bridge at 5pm, and it stops at Leongatha at about 10.30pm. Only five and a half hours. Ah, here's our train. A straight passenger service. No "mixed goods". You can always get a ride on the goods trains but it can be a pretty miserable old ride. Wind. Cinders. Soot. You wouldn't like it. Of course, we pick up a few goods trucks at Dandenong. That's when we become a "mixed goods" instead of a "passenger" train.

Get a seat with your back to the engine and don't sit too near the window. There isn't any heating, and smoke and cinders coming in the window are about all the warming up you'll get.

What's that? Stopping all the time? Yes, we run as a normal suburban train as far as Dandenong. We stop at nearly every station. Richmond. South Yarra. Caulfield. Oakleigh. Springvale. Oh, yes, and Clayton. Then Dandenong.

Of course, we don't stop at every single station. We don't stop at Rosstown, for instance, or Sandown Park Racecourse. Just a paddock, really. Still, it's only the pony races.

Dandenong coming up now. Making pretty good time, too. Still only 7.30. We've got a twenty-minute break here while we pick up the goods trucks and the engine takes on water. We'll be in Cranbourne by 8.15. There's Hyde's Brick Siding and now we're stopping at Lyndhurst. Waste of time, stopping at these little bush places.

Now that's not bad. Cranbourne at 8.14. Right on schedule. An hour and forty-four minutes to cover twenty seven miles. There's Clyde next, then Tooradin. No you won't see the inlet. Yes, I know it would make a pretty sight but the station was built a long way north of the town. Didn't amuse the locals, I can tell you.

Here's Koo Wee Rup West. Not much of a station. I think the locals call it Dalmore now. Wet, did you say? You should have seen it before there was any drainage. I know it's still a morass but there used to be a boat kept here so travellers could get away from the station. The station was a sort of island. True!

Look at all the bridges along here. The contractor must have been tearing his hair out to get the line across here. You'd wonder why anyone bothered. This part of the country will never be any good for anything. The Great Swamp, they call it, and you can see why.

We're 20 feet above sea level here. We were only 16 feet above it at Tooradin, and that was a few miles inland. Still, we'll be climbing soon. Yes, we run into the Strzeleckis soon. Koo Wee Rup – funny name, that – then Monomeith, Caldermeade and Lang Lang.



Lang Lang River Bridge. Photo: Heritage Council Victoria

Here we are. Lang Lang, 9.15am. Right on time, which is unusual, though with only 65 trains a week on the line they should at least be able to run on time. Schedules matter, you know.

Nyora next and now we're climbing pretty steeply. You can hear the engine working hard. We climb up from 53 feet above sea level at Lang Lang to 396 feet at Nyora. Its downhill then to Loch at 293 feet but the curves and the narrow cuttings will keep the speed right down.

Yes, its steep country, all right. Did you know that between Loch and Jeetho stations we climb up 102 feet in less than three miles? That'll make her work. There's worse to come. It's only three and a half miles from Jeetho up to Bena and she climbs 298 feet in that distance. Call it 300. Tough climb from a standing start.

I'll give you an example of how hard it is to work trains through these hills. That's Korumburra coming into sight, the highest station on the line. What was I saying? Oh, yes, the coal trains, and they're getting a lot of coal down here just now, go up to Nyora as short trains and then they put them together into longer trains for the run to Melbourne. Must annoy the railwaymen, eh?

Yes, black coal. Good quality, too. I don't know whether they'll ever find enough to make it really worthwhile. The locals say there's a lot of it here, but Coal Creek might be just a flash in the pan. A black flash!

You're starting to look a little queasy. Are the curves worrying you? There's enough of them.

Continued Page 25



# History

## Port Albert Railway Journey Continued

We've got 20 minutes here but it's a little early to eat, don't you think? We'll be in Leongatha by noon at the latest. Yes, we'll open the hamper about then, I think. We've got 20 minutes there, too. There's a two-hour run to Foster after Leongatha and we'll be there by 2pm. Beats riding a horse, eh? We'll fly along, too, because it's all downhill for the next 15 miles. Tarwin's only 65 feet above sea level. Mind you, Foster's only 76 feet above the water but between those two the line goes up and down a fair bit.

You'll see a little place called Boys. On the top of the Hoddle Range and about 422 feet up! I'm glad I didn't have to survey the route for this line. It must have been a murderous task. Look how thick the scrub is, and the hills are as steep as a billygoat's forehead!

Wherever the land is flat it's a swamp. They'll never do much with South Gippsland. Any settler who comes down here should get a medal. Or be locked up, perhaps.

Well, we didn't do too well there. This is Foster and my watch tells me it's 2.23pm. We were supposed to be here at 2 and leave at 2.15. What use is a train that can't run on time?

Well, Foster. Stockyard Creek, they used to call it. Not much good even for cows, eh? Just look at those hills.

The line gets sort of trapped here. It's a narrow coastal plain. You can't see the water, but you can certainly smell it. We're only a few miles from Corner Inlet and 100 yards from the hills.

Well, here we go again. Next stop Toora. Did you know there's a body buried under the line here somewhere. Anyway, the locals say there is. Agnes River, Welshpool, Hedley, Gelliondale and Alberton. Around here a good haul of fish is about as exciting as it gets. Nearly there.

Here we are at last – don't put your head out that window! You'll get an eyeful of soot. Port Albert, and just look at the time. Five o'clock. We should have been here just after four. We've come 136 miles ... what?

Hey, hey, hey, settle down. You needn't speak to me like that! I've only been trying to keep you informed and entertained. Share my knowledge. Hmmph! Last time I shout him a ticket. Next time he can bloody well walk.

\* Source: The Great Southern Railway: the illustrated history of the building of the line in South Gippsland, by Keith Macrae Bowden.

This essay was first published in the West Gippsland Trader and has since appeared in the Bass Coast Post.

**Special thanks to John Wells and Catherine Watson.**

## RAIL RELICS AT CAPE PATTERSON



**The Barlow rails at Cape Paterson First Surf Beach. Photo courtesy of the Wonthaggi and Surrounds Historical Society.**

**A new sign has been erected at Cape Paterson First Surf beach to acknowledge and remind us of our important coal mining history.**

The sign at the First Surf Beach Life Saving Club ramp tells the story behind the rusted Barlow rails resting on the First Surf Beach. The sign was erected by Bass Coast Shire Council, with significant input from the dedicated volunteers at the Wonthaggi and District Historical Society who were able to shed light on the important story.

Wonthaggi and District Historical Society President, Fay Quilford, commented on the delight of the society to finally have a sign erected which acknowledges and explains the significance of Cape Paterson's part in the districts coal mining history.

"The Barlow rails are important as they are the only visible relic of the pioneering mining ventures here. We cannot stress enough the importance of raising the public's awareness of both relics and stories relevant to our history; the sign does this," Mrs Quilford said.

The rails are the oldest relic of coal mining in the Cape Paterson area. They were sourced from the tramway in Geelong, and gifted by the Victorian Government to complete construction of the rail in 1863. The rails on the beach are exposed or covered at various times, depending on sand

movement and tidal activity. It is vital that the Barlow rails remain in their final resting place to preserve them and the historical integrity of these relics.

Bass Coast Shire Mayor, Cr Pamela Rothfield, commented on the value of protecting the Cape Paterson heritage rails. "By acknowledging the rails with the new sign we are not only providing a point of interest for our visitors, and a glance into our mining history, we are protecting and preserving our local history for future generations," Cr Rothfield said.

To read the full story behind the rails and see some historical images, or the rails themselves, visit the plaque at Cape Paterson First Surf Beach.

## THE COUNT, THE KOALAS AND CHARLEY TARRA

**Libby Skidmore**

**Extract from The Weekly Times (Melbourne, Vic. : 1869 - 1954), Saturday**



**7 December 1940, pa  
In South Gippsland we have remembered Charley Tarra.  
By his own standards Charley Tarra probably did not think himself much of a hero.**

He merely applied his natural knowledge of the bush to the keeping of three white men in food for a fortnight, when, but for that knowledge, they might have died.

When Count Paul de Strzelecki and his friends Riley and Macarthur set out from the Tambo valley in 1840 to find a way to Corner Inlet, Charley Tarra went with them, Strzelecki seems to have been annoyed that Angus McMillan, a mere Scottish overseer, should have got in before him in the exploration of a large part of Gippsland, because he altered some of the names McMillan had bestowed on rivers and places. Yet this lean and rather excitable Pole only fared well when he followed the track McMillan had already made. Angus had reached the Latrobe and then been forced to return.

Continued Page 26

# History

## THE COUNT, THE KOALAS AND CHARLEY TARRA Continued



Strzelecki followed McMillan to the Latrobe. He was equipped with horses and provisions but he found the

forests so thick that he had to cut his way through.

This meant delay and the provisions began to dwindle. It was soon evident that to make Corner Inlet would be impossible, so the party steered west in order to make Westernport.

The provisions ran out and the horses had to be abandoned. Strzelecki was an ardent geologist and had collected many specimens, but these had to be abandoned as well.

Travelling through Gippsland today along the wide and almost bare valley of the Latrobe, one finds it difficult to imagine the forest that once stood there. Yet these men had to fight their way through it, often with the aid of axes, to make about three miles a day.

Fortunately they were able to steer their course accurately, but the problem of food became acute.

Here is where Charley Tarra, the aboriginal, came into his own. Gippsland then was full of koalas. Charley climbed the tall trees for them or knocked them out of their perches with sticks. By means of bear steak the party was able to keep going. So they survived the 15 days before their arrival at Westernport. The last stage of the journey was the toughest going for it involved crossing what are known as the Strzelecki Ranges. Coming down on the western side the party saw the shining waters of the bay and if that did not put heart into them, what could?

They came out of the forest to the bayside at the spot now known as Corinella, where 14 years previously a convict settlement had been formed and later abandoned. About here they were able to find help and so the eventful trip ended happily. A brick monument stands at Corinella today to commemorate the first crossing of Gippsland by land.

So Strzelecki acquired fame for doing a thing he had never intended to do, and one more trail had been blazed. The next attempt to reach Corner Inlet was made by sea. When the vessel sailed out of Port Phillip, Charley Tarra was one of the passengers.

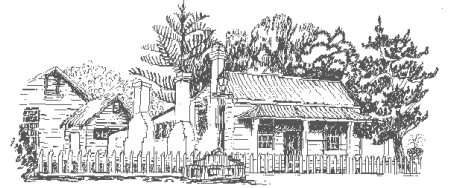


Bass Valley Historical Society Inc.

Libby Skidmore  
eskidmore@desi.net.au

## Cranbourne Shire Historical Society

Meetings: 4th Thursday of each month  
(Feb to Nov) at 8.00pm  
All correspondence to 13 Mickle Street,  
Tooradin, 3980.  
Telephone: (03) 5998 3643.



Cranbourne Shire Historical Society  
Annual Christmas in July Luncheon

12noon, Sunday, July 23rd 2017 at the  
Tooradin and District Sports Club  
Cost \$35 per head

The Speaker is Geoff Whiffen who is the  
Chairman and a Life Member of the  
Cranbourne Turf Club

He will be talking about the history of the  
Cranbourne Racetrack which is 150 years  
old this year

RSVP Polly Freeman 59983454 by  
July 18th 2017

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# Snippets

## A monthly message from our mayor Cr. Pamela Rothfield



Winter in Bass Coast is the end of the Shearwater Bird's migration, and the start of ours. Many of our neighbours and friends will be moving north to escape the winter chill and short, dark days.

A vivid childhood memory of mine is

arising at 4am, in the pitch dark, in order to get through the city before it wakes to begin our winter holiday. I can't believe that my parents actually thought the traffic was bad enough to require such an early exodus. This was more than 50 years ago – what would they think today?!

In my mind, I still feel the sense of excitement and anticipation at the sounds of the 'clip clop' of horses and the clinking of milk bottles, in the stillness of the early morning, as we drove north towards the sun and warmth.

We would be well away from the 'smog' as the sun rose and eagerly awaiting our first stop for a cuppa and piece of scone. The ritual of the early rise, bundling into the car, slowly waking up with the sun and stopping to empty the thermos and warm our bellies is one of my fondest memories. How different travel is today. I now fall under the description of a 'grey nomad', those who, like a snail, effectively carry their little house on their back. Travel today enables us to pull up anywhere and enjoy comforts my parents wouldn't have

dreamed of: a real bed, an iPad full of movies, a toilet and even a kitchen sink. To all those preparing and planning for their northward migration – keep safe and enjoy. To those who are staying behind, please be mindful to look out for your neighbours and friend's properties as they are left vulnerable while empty.

Pamela Rothfield

## Victorian Coastcare Forum



Corinella Foreshore committee members Barbara Oates, Jenny Lawson, Lyndell Parker and Gloris Willoughby recently attended a two day Coastcare Victoria Volunteers Forum which was held at The Nobbies Educational Centre.

The forum agenda included speakers from a range of backgrounds (geologists, senior Phillip Island Nature Park rangers, environment managers, botanists, marine experts, and more), as well as field trips to local sites of environmental significance. The field trips were an opportunity to hear from the local group leaders on conservation measures, revegetation programs, geological changes which affect our environment, and opportunities for 'citizen science' to contribute to research and benefit our environment. Committee found it invaluable to connect and share experiences, all with the common

theme preservation of the environment. Committee will hold a mini version focusing on Corinella on Sunday 18 June. For more details and to book go to: [www.corinellaforeshore.com](http://www.corinellaforeshore.com)

## CORINELLA FORESHORE COMMITTEE OF MANAGEMENT INC PRESENTS OUR FASCINATING FORESHORE

Come along and learn about different aspects of our Coastal Reserve

Sunday 18 June 11am Corinella Public Hall (tea & coffee from 10.30)

Free event—Register your interest today.



### Guest speakers

Coastal Geology of Corinella	Mike Cleeland	Educator, Geologist, Paleontologist
Landscapes of Corinella	Alison Oates	Botanist and Environmental Consultant
Coastcare: The value of coastal-volunteers connecting the coast	Dave Martin	Natural Resource Officer, Bass Coast Shire Council
Threats to shore birds and bush land habitat.	Nicolas Day	Educator and Bird Illustrator
Management of the Foreshore Reserve	Peter Merritt	Senior Environmental Planner, Department of Environment, Land, Water and Planning

Light lunch provided

Followed by optional group walks to explore the coastal environment (weather permitting)

For more information and to register for catering purposes

<http://www.corinellaforeshore.com.au/> Eventbrite.au

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**POET'S CORNER**

Submissions welcome  
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**HAIKU**

Thoughts in miniature  
 A haiku is untitled and  
 unrhymed.

A seasonal word or reference  
 associated with nature should appear in  
 the haiku, and contrasting images may be  
 used. Usually the first line stands alone  
 while the second and third connect to give  
 an aspect of that image.

俳句

haiku

**Coastal**

sea and sky  
 shades of blue stretched  
 infinite

quiet bay anchors black rocks  
 and black swans

a girl's long hair  
 swaying in the sea wind  
 casuarinas

egret  
 tail feathers ruffled  
 faces south

**Janet Howie**

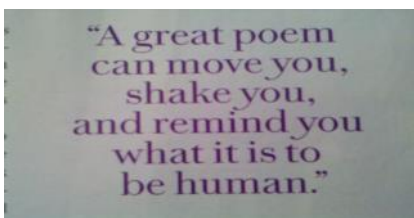
Haiku Group, Society of Women Writers, Victoria

**This the first in a series of Janet Howie's  
 Haiku, from the 'Thoughts in Miniature  
 Collection.**

Janet writes poetry, essays and reflective  
 articles. She has a particular interest in  
 Haiku in a range of forms and styles, and  
 finds the writing of haiku a discipline and a  
 challenge. Her inspiration comes from a  
 keenly perceived and deeply felt experience  
 of nature that includes a subtle and  
 reflective human response.

Her haiku have won prizes in Yellow Moon  
 and Papyrus Press haiku competitions and  
 have been published in Famous Reporter,  
 Ko magazine, and Yellow Moon.

With special thanks to Meryl Brown Tobin.  
 Email: [h-mtobin@bigpond.com](mailto:h-mtobin@bigpond.com)



**Explorers**

Everyone searches the horizon from a  
 separate path,  
 glimpses the hills through frames of bending  
 trees,  
 beyond slenderness of aerials, geometry of  
 rooftops,  
 across emptiness of paddocks. There is the  
 line  
 edging mysterious lands of hope and  
 promise.

Here, explorers begin the daily challenge,  
 facing jungles, deserts, finding stony  
 ground.  
 Everyone meets for a moment on the way,  
 to wonder at the sight of so many lives.  
 Then all continue towards new discoveries.

The magic line of the horizon waits,  
 reveals rising and setting, centre of  
 light.

**Marguerite Varday**

**Butterfly**

A butterfly only  
 one elusive butterfly  
 transitory pleasure  
 fluttering tiny wings  
 resting for a moment  
 on rose petals

then  
 wings flapping  
 nervously  
 ready to fly

again.

**Judy Bartosy**

\*Published in *From Silver Pines to Blue Gums*,  
 by Judy Bartosy, Seaview Press, Adelaide, 1997

**Lost delight**

My garden is my delight.  
 Through it the life force breathes.  
 For lost delight I grieve.

My garden breathes its light  
 as seasons' forces weave  
 as roses dim and leave

return and breathe delight  
 and gardens rose-light wreath  
 and trees, like I, believe

we'll share for e'er this rite  
 of joint delight, we'll cleave  
 together; can't perceive

that stiffened twigs grow tight  
 that light grows dark with eve,  
 delight sets time to leave.

My force has dimmed its light.

My garden strives to breathe.  
 For lost delight I grieve.

**Joan Webster OAM**

**Moments of Communion**

On wild windswept beach  
 slim heron steps out  
 of mangrove fringe.  
 A lone walker stares  
 at white-faced grey bird  
 up close.

Like a kite starting to rise  
 but keeping three metres ahead  
 the bird flies low.

The two share space  
 for half a dozen steps.  
 Abruptly the bird rises, veers left  
 lands on mud  
 focuses on feeding.  
 The walker walks on.

**Meryl Brown Tobin**



**A poem from a dog**

You feed me when I'm Hungry,  
 You keep water in my dish,  
 You let me sleep on anything,  
 Or in any place I wish.

You sometimes let me lick your hands,  
 or even lick your face,  
 Despite the fact I've licked myself  
 In every private place.

You taught me how to come when called,  
 You taught me how to sit,  
 You always let me go outside,  
 So I can take a s---

You'll always have my loyalty,  
 Up to the bitter end,  
 'Cause after all, it's plain to see,  
 You are my best friend.

**Anonymous**



# Writing

## The Writings of E.E. (Betty) Caldwell.

We have been lucky enough to secure the rights to some more of Betty's writings, with special thanks to Maree Silver who has done all Betty's typing for her.



When I next looked across, her ladyship had disappeared. Buster had achieved his objective. Not only was she out of his system, he was still in command of my undivided attention.

E.E Caldwell

## Short Story

### For Pete's Sake

Buddhists believe that dogs have group souls and that when you lose a dog sooner or later you will see your dog's soul shining out of another dog's eyes. This is not much comfort when you lose your closest and most uncritical best friend but it is all you have to hang on to apart from your memories.

A cavalcade of dogs has passed through my life and that of my family. The only thing they had in common was that they were all lovable and much loved. They did have different characteristics.

There was the teacher who I remember as a large black dog of dubious ancestry. He taught us all to swim, so our first swimming stroke was the dog paddle. He worried about us flagging half way across the river, and always plunged in for his tail to be held as he towed us past the dangerously deep patch.

There was the guardian. This was a German Shepherd who impartially bit everyone but raised his upper lip in a nasty snarl if anyone got between him and the straying two year old he protected or the six year old he played with. Once the two year old dragged a bone from his mouth and he snapped at her hand, leaving only an unbroken dint as he took his bone back. He had the strength in his jaw to effortlessly crush a bone to powder.

There was the companion. His role was to always escort family. He wore his paws out trotting miles after the horse/trail rides during the horse stage. He was always teetering on the top of the high back fence as he endeavoured to put his fat Boxer body over it to keep up with everyone. Being locked in the yard while family went out was not his scene. He escaped to always

wait patiently at the bus stop for family to return at the end of the day, and got upset when he was escorted home from school every day.

There was the comedian. He knew when people were scared of him and 'woofed' at them with much threat, sniggering like mad as he returned back to his spot by the door. He co-existed peacefully with whatever pets were in the household and could be trusted with babies. He never bit anything or anyone, but he loved pretending. The fearful ones should have spotted that wide sniggering grin widening his muzzle. There was the vandal. I should admit that vandalism only occurred during the teen years, when he was unnecessarily touchy about family going to places without him. Except it was no fun to come home and find the contents of bins strewn everywhere, and washing pulled off the line as he sat and glared at us with a 'serve you right' expression on his face.

An endless stream of canines became family members who were all loved and loved back unjudgementally and uncritically.

It is quite understandable that when anyone fell in love with their dog, they were prepared to do anything to protect and keep it. Prolonging their lives past their comfort zone was the selfish and perfectly understandable need for your best friend to stay around a bit longer.

The unpalatable fact that our closest, most loyal and dearest companions have shorter life spans than us is of no comfort when the inevitable happens. So hang on to your memories. If they are about your dog they will always be golden.

Margaret Pearce

A version of this story was published in Words Magazine in 2013

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DOG

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# Environment issues

## Saving Grantville's coast – options



Saturday 6 May 2017 was the opportunity for the community to see the Department of Environment, Land, Water & Planning (DELWP) and Parks Victoria (PV) proposal to save Grantville's coast.

By the end of the open forum there were many post-it notes with comments from the attendees about mangroves and other erosion mitigation ideas pinned up with the 'department posters'; it's believed that DELWP and PV will collate the information they've gathered and follow up with a community workshop in July.

In the DELWP publication Mangrove Re-establishment Plan for Grantville, December 2016, circulated earlier in the year, reference is made to Oldfield Consulting Australasia. Oldfield was commissioned by the then Department of Sustainability and Environment to "prepare design options, drawings, specifications and cost comparisons to mitigate erosion processes occurring along the foreshore at Grantville in eastern Western Port."

In the Oldfield Report: Development of Design Options for Protection of the Foreshore at Grantville Final Report, July 2010, it presented the following options (the Cost \$, has been adjusted by DELWP to reflect 2017 value – costs are estimates only and could vary by 30%):

- Full beach renourishment and groynes \$533,000
- Partial beach nourishment and groynes \$460,000
- Groynes only \$390,000
- Rock revetment seawall \$2,202,000

In a DELWP document circulated at the community forum (6 May 2017), it has attributed a fifth option to Oldfield: Mangroves, but research would indicate this option was not part of the Oldfield Report. In the DELWP document, a cost is now put against mangroves:

- Mangroves (plant cost) \$9,300
- Offshore sand bag reefs \$209,300

### Just ask George ...

## Our Fascinating Foreshore - Coastal Erosion

An erosion mitigation plan for the Corinella Foreshore Reserve, Western precinct: Albon Street to Beach Street.

In view of Our Fascinating Foreshore community information session being hosted by the Corinella Foreshore Reserve Inc. Committee of Management, the following is a layman's thoughts for consideration.

### Observation

If the objective is to plant vegetation in the Reserve to protect the foreshore from erosion, then there appears to be a lack of understanding of the type of vegetation best suited for the purpose and, in particular, to reduce erosion to the cliff areas in the Western precinct.

It is evident in parts of the foreshore in question, that some trees that have been planted or ones growing naturally may no longer be serving any useful purpose. For example, one can see the exposed root system of Sheoak trees on the edge of the cliff and down the cliff face - this situation possibly brought about by the tree roots seeking moisture lower down in the soil.

As a consequence, particularly in dry conditions, the roots sap moisture from the soil and as the soil dries it becomes less able to withstand exposure to the prevailing winds, rain, and sun. As part of this cycle, a number of dead and dying trees have fallen down and in so doing, dragged down areas of the cliff thus degrading an already fragile environment. Where grasses and other herbaceous vegetation have taken

hold, this has had a stabilising effect and one that should be encouraged.

Moving back from the cliff edge to the walking track, there is preponderance of Sheoak and Blackwood trees. Water runoff in this area appears to be controlled by various grasses and as a result, it is unclear what role the trees have in this process; it would seem the problem with the cliff face erosion comes mainly from the seaward side as little water appears to reach the cliff edge and run down the cliff face.

### A possible solution

To alleviate some of the problems mentioned and based on the Ecological Vegetation Class for this precinct (EVC 161), further thought should be given to the wider planting and nurturing of herbaceous salt tolerant grasses and ground cover in this area and, where possible, down the cliff face to the high water mark in an attempt to retain the moisture level in the soil.

As you move back from the cliff edge to the walking track, supplement this area with shrubs and trees set up in 'vegetation island configurations' linked by grass areas rather than the continuous run of vegetation currently in place. This approach would be in keeping with contemporary environment and fire management practices and complement the existing landscape design of 'vegetation islands' on the east side of the walking track, allow for easier maintenance, and, for example, reduce the Sheoak and Blackwood trees 'ground cover area' which appear to be impeding the growth of natural understorey vegetation and grasses.

### Summary

It is considered that these measures would be more conducive to slowing down the cliff face erosion and still maintain an environment that will sustain fauna native to this precinct. The current reliance on the roots of the Sheoak trees to 'stabilise the cliff area' is flawed and is making an already fragile environment worse, and therefore it is suggested that the time has come to return this precinct to its actual indigenous plant communities as set down in EVC 161: Coastal Headland Scrub.

Neil Daly  
Corinella

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# Greg Hunt says



**Greg Greg Hunt MP**  
**Federal Member for Flinders**  
**Minister for Health.**  
**Minister for Sport.**

This month marks a milestone achievement as we turn the first sod on construction of the new Health and Medical Hub on Phillip Island.

The Coalition Government has provided \$2.5 million for this vital health project, which delivers on our commitment to develop public health facilities on the Island.

The sod turning is the culmination of ten years of dedication and hard work by the community, the Phillip Island Medical and Health Action Group, the Warley Trust and Bass Coast Health.

Ever since the closure of Warley Hospital in January 2008, the community has campaigned tirelessly for better health and medical facilities on Phillip Island and it has been a great pleasure to work closely with local residents to make this dream a reality.

After years of uncertainty, residents on Phillip Island will soon have a medical facility they can be proud of.

Local company TS constructions won the tender to build the health hub, which is expected to open in 2018. I look forward to seeing it take shape over the next 12 months.

I am also excited to announce the opening

of Round 15 of the National Shed Development Program and I encourage local Men's Sheds to apply for funding. This federal funding allows Men's Sheds to maintain their shed, buy new tools or equipment, engage in training or start new projects.

Applications for grants of up to \$10,000 are open until July 7 at <http://mensshed.org/national-shed-development-programme/> The 2017 State Landcare Awards are also open for nominations.

These awards recognise the dedication and commitment of Landcare groups and volunteers.

This year there are nine categories in the Landcare awards including; sustainable farming, indigenous land management, young land carers, coast care and innovation.

Nominations for the Victorian awards are now open until 23 June visit:

<https://e-award.com.au/2017/landcareawards/newentry/about.php>

If I can be of assistance to you in any way please feel free to contact me:

*Greg Hunt*

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 Tel: (03) 5979 3188

Website: [www.greghunt.com.au](http://www.greghunt.com.au)



## Bass Valley Friends of the RSL News



Members of the Bass Valley Friends of the RSL recently accepted a certificate from Barry Gracey, Legion of Honour, President of the Pozieres Remembrance Association Inc. For their donation towards the memorial at Pozieres, where some 7,000 men died in WWI.



From left to right as you look at the picture are, Brian Whelan, Heather Whelan, Barry Gracey, Peter Thick and Trish Thick. Barry is from Coffs Harbour and is travelling Victoria to various R.S.L's to thank them for their support, he will be returning in August to give a talk in Koo Wee Rup, I believe at the Koo Wee Rup Historical Society. He is going to inform me of the date when he returns to Coffs Harbour.

**Trish Thick**

# S&P

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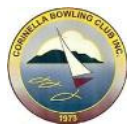
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# Sports & Leisure

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Corinella Bowling Club Winter activities from May to August.

Contact Jacquie Carter – 5678 0596  
Enid Johnston – 5678 0118



## FISHING with Craig Edmonds

A few weeks ago, I had a customer tell me they were fishing up north and caught a fish and could see a piece of plastic sticking out its back.

Once they got it into the boat realised that it was a tag of some sort but were unsure what to do with it also unsure if they could legally keep it.

They wanted to keep the fish and because of the uncertainty unfortunately they cut the tag out while on the water and threw it away.

While they haven't necessarily done anything legally wrong they have thrown away some valuable information that is gained for the return of the tags to the correct people.

Just to clear up a few things about tagged fish and what to do if you catch one.

Many different species of fish are tagged and important information regarding the movement of fish species is gained from the tags being returned.

There are two main types of tags, satellite tag and the push in plastic type and tagged fish can be caught anywhere.

The plastic tags are a small piece of plastic, can be different colours and lengths and will have a number on it.

The satellite tag is considerably different and can be attached to a fin or a push in tag but is more like a small box or cylinder.

Most satellite tags will have a phone number on them and an identification number and

are worth a considerable amount of money. If you catch a fish with either tag in it there is no legal requirement to return the fish to the water and you can keep it if you want. There are some things that you can do that will help get the information needed to make tagging the fish worth it.

### Plastic tags.

Cut them off at the base and collect a bit of information, position of fish caught, longitude and latitude if possible, approximate weight and length of fish, the more the better.

The tag can be returned to most fishing shops that will be able to pass it on or phone with the information (02) 44247423 or the online recapture form linked below.

<http://www.dpi.nsw.gov.au/fishing/recreational/resources/fish-tagging/game-fishtagging/gamefish-recapture>

### Satellite tags.

Satellite tags are slightly different and there is a huge amount of information contained within the tag and can be downloaded once retrieved. Depending on many things but once you identify that the fish has a satellite tag in it try to get the phone number and call it while keeping the fish alive. Often the fish might have only just been tagged and if possibly will be better re-released. The other possibility is the tag has served its purpose and best kept and returned rather than sent back out with the fish. The best way to return these tags is to contact the number on the tag, most of the time if it is an active tag they will know the fish has been captured when the trace of the tag shows up on the land and not the water. Apart from the information contained within these tags they can be worth as much as \$10,000 ea. and it is generally much appreciated that they are returned to be reused.



## Whale Watching Time



The 2nd annual Island Whale Festival will be running July 7 -9 in Phillip Island, to celebrate the arrival of the migrating whales along our coastline.

The festival hub will be the Cowes Cultural Centre with events happening across the Island and San Remo.

If you are lucky to spot one of these whales along our coast, you can 'call in a whale sighting' to the Whale Hotline 0487 745 066

**Happy Whale Watching! J**

### More about the whales next month

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### Buying Gardening Tools - Part 7



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Brian, a qualified Horticulturist and Landscape Designer, loves to get stuck into the garden and create something beautiful. During the Winter of 2016 their team took on a very ambitious task of planting 20,000 bulbs on the property and used the Power Planter™ to make this huge job a whole lot easier.

"To be able to dig 100 holes in 10 minutes is just amazing. I think we would have given up if we didn't have the Power Planter..."

Business ethics is also very important to Brian and Kaylene.

They wanted to make sure that if they were going to sell the Power Planter™, it had to be the absolute best product, that wouldn't let people down. It took a lot of research before deciding that the Power Planter was perfect for Australia.

"It was the only design that would stand up to the tough conditions we were about to throw at it. It's not often that you find a product that is well built and so much fun to use, that you want to look for more places to dig another hole!"

Power Planter is available in a range of different sizes, all relevant information is available on their website.

<https://www.powerplanter.com.au/>

**This is not an advertisement, just a report on a great idea. Editor**

**Here are some of the TOP ingenious ideas Aussie Gardeners have been up to with their Power Planter™**

#### Unique Ideas from Clever Aussie Gardeners

1. Aerating your compost heap. The Power Planter can mix your compost heap up in seconds which leads to faster composting which you can then use to improve your garden soil.
2. Digging a Trench. If you need to lay irrigation pipe or drainage, simple drill a row of holes to the same depth and then scoop out the remaining loose soil using your hands. Super Easy.
3. Making your own blend of potting mix. When you want to get a nice homogeneous mix, use the Power Planter to combine the sand, organic matter, manures and slow release fertiliser all together.
4. Mixing a barrow load of concrete. Normally a physically hard job mixing concrete up in a barrow or bucket using a hoe or spade. Instead use the Power Planter and have the whole batch mixed in about 30 seconds.
5. Removing stumps. Doing this by hand is a cow of a job. You are fighting against the earth and roots and trying to lever the stump out. Instead use the Power Planter to dig around the stump or unwanted shrub and loosen all the soil and roots. Then it becomes a much easier job to get it out.
6. Deep watering holes for trees. Dry weather means newly planted trees can suffer badly. Simply drill a deep hole (up to 600mm deep using the 324h Power Planter) and insert a 700 mm length of 2inch Ag Pipe into the hole. Pour water into the pipe till its full and let it slowly seep into the soil through the holes in the Ag Pipe.
7. Putting in fence posts. Even though the Power Planters are only 2-3 inches wide, you can make a bigger hole by drilling 4 holes close together and then moving

sideways between them to break up the remaining soil. It is also great for removing old fence posts - just drill holes around it so the soil is loose and then easily pull it out.

**8.** Cultivating a whole garden bed. This is super easy. Just drill a 100 or so holes over the area and then move sideways with the Power Planter between the holes. It will churn it all up just like an expensive rotary hoe would do.

**9.** Bush Dunny. The keen campers and grey nomads were quick to think this one up. For digging the Dunny or burying organic waste, the Power Planter makes the job fast and fun. 60 seconds and its done (and that includes doing your business) It's so easy, you could even dig a his and hers!

**10.** Helping out a neighbour. Nobody likes digging, so when you see your neighbour doing things the hard way, show some true blue mateship and give them a hand with your Power Planter. They will love you for it and you might even score a beer.

**Email: [brian@powerplanter.com.au](mailto:brian@powerplanter.com.au)**



#### PLANT OF THE MONTH

**Green Carpet Grevillea**

**Genus:** Grevillea

**Species:** Preissii

**Common Name:** Sea Spray

**Flower Colour:** Red

**Foliage Colour:** Grey

**Growth Habit:** Shrub to 1m

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