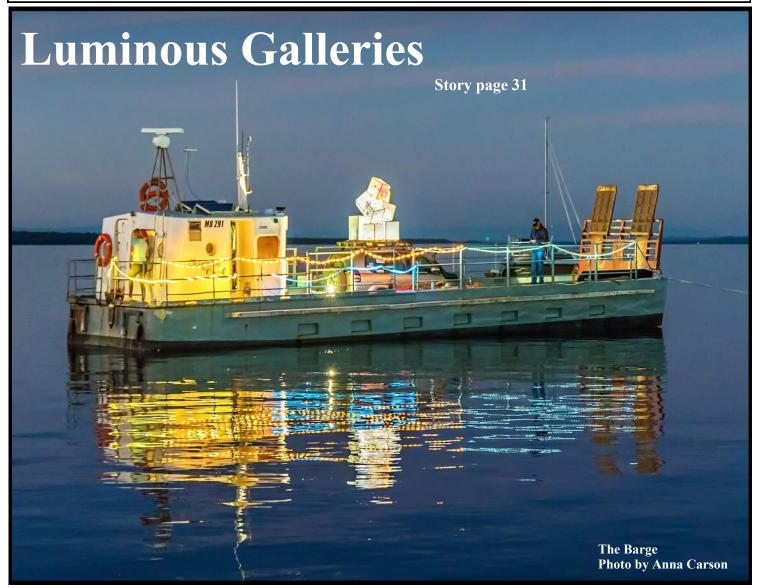
Volume 4 Number 9 May 2018



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Email: reception@blackfishmedical.com.au



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Consideration of students' social and emotional needs has been at the fore of the clever campus layout. Each facility has been designed to provide students with a sense of security and belonging within their own small sub-school whilst still connecting them with each other across one school.

Places are still available in Years 1, 2 and 3 in 2018 with a few places remaining at some other year levels.

Open Day is on Saturday 19 May from 10am - 2pm and families are invited to take a tour and meet staff.

For enrolment enquiries contact Belinda Manning on 5956 7505 or visit www.newhavencol.vic.edu.au



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12 Balcombe Street, CORINELLA	1,010sqm approx.	Contact Agent
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Lot 2, 33-37 Balcombe, CORINELLA	799sqm approx.	\$295,000
Lot 2, 64 Acacia Road, GRANTVILLE	1,817sqm approx.	Contact Agent
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1003 Bass Highway, THE GURDIES	2 acres approx.	\$585,000
2063 Dalyston G/Forbes Rd, G/FORBES	66 acres approx.	Contact Agent



The Waterline News - May



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SOS Bass Coast is a Community based organisation which is supported by you, the people of Bass Coast. We would like to share an open invitation for any members of our community to come along and have a cuppa with us on the dates below. We are here to support and assist with what ever we can, individually or as a group. If you or someone you know is struggling with their mental health, please pass on these dates or feel free to contact us personally for a chat.

We are also looking for members of our community to become volunteers and help out where needed. The more we pull together, the lighter the load.

We meet monthly at the Phillip Island Tourist Information Centre in Newhaven at 7pm, every second Tuesday of each month.

13th February	14th August
13th March	11th September
10th April	9th October
8th May	13th November
12th June	11th December
10th July	

Please call Koula on 0414 773 191 or Tanya on 0411 154 839

or you can email us at sosgippsland@hotmail.com

ALL PREVIOUS EDITIONS OF THE WATERLINE NEWS ARE AVAILABLE www.waterlinenews.com.au

FROM THE EDITOR'S DESK

editor@waterlinenews.com.au



Welcome to the May edition of The Waterline News.

This edition has been produced with some difficulty, caused by unforeseen circumstances.

Apologies in advance for anything that didn't make it, and there were a number of reports not received, but I can only wait so long before the commitment to space is made.

Community is always the first consideration when prioritising what space is given to each segment.

I am always looking for balance and make a strong commitment to ensuring there is something in each edition for everyone to read.

Thanks to those that contributed with Letters to the Editor this month, they are always welcome, so feel free to have your say, we appreciate it.

Reminder

Deadline: First of every month.

Distribution: Third Wednesday of month.

People who have internet access can read the magazine on the website:

www.waterlinenews.com.au

You can also have the magazine emailed to you every month at no charge, just email and ask for your name to be added to the mailing list:

editor@waterlinenews.com.au

We are trying as hard as we can to make sure that nobody misses out.

Roger Clark, Editor

LOCAL POLICE NETWORK

Bruce Kent Station Commander, San Remo phone: 5678 5500 email: bruce.kent@police.vic.gov.au

Emergency Dial 000

www.police.vic.gov.au

Disclaimer: All views expressed in The Waterline News are those of the author of each article, not the editor and publisher.

THE WATERLINE NEWS
Editor & publisher Roger Clark
PO Box 184 Grantville 3984
Phone 0410 952 932

(Leave message if no answer) Email: editor@waterlinenews.com.au Website: www.waterlinenews.com.au ABN 97 395 483 268



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Grantville Business & Community Association

President: Les Ridge Vice President: Neroli Heffer Secretary: Sandy Ridge sandyr1903@gmail.com Treasurer: Lester Harris General Committee Members: Margaret Boyer, Lucy Cirona, Roger Clark, Darrell Egan, Greg Miller and Betty Young.

The Grantville Business & Community Association Committee met earlier this month and reports the official incorporation has now been completed.

As soon as bank accounts have been sorted out, which will probably have happened by the time this reaches print, finances will be consolidated and the two former entities will be merged into the new group.

Members of the two groups will be notified as this takes place.

A competition for a logo for the new group is being organised and planning for events to be held later in the month is taking place.

If you are interested in joining the group, contact, Secretary, Sandy Ridge: sandyr1903@gmail.com







CORINELLA RATEPAYERS AND RESIDENTS ASSOCIATION

2018 Committee
President. Wayne Maschette.
Vice President. Peter Tait.
Secretary. David Laing.
Treasurer. Lyndell Parker
General Committee Member.
John Stewart.

On 7 April, Corinella hosted the launch of the "Luminous Galleries" lighting up our towns, the last stage of the Regional Arts Victoria grant project won by The Edge of Us. All 5 Waterline towns officially "turned on" their clusters of permanent LED ground lights displaying temporary artworks designed and made by very hard working creative local residents.

Corinella's display was designed by former mayor Jordan Crugnale and created by Jordan and children from grades 5&6 Bass Valley Primary School. Corinella put on a magic day as the preparations took place and as the evening descended a glorious sunset cast a glow over the beautiful setting. some 300 people (rough guess), there were a lot, who were delighted by the view from the Corinella Foreshore Rotunda over the pier brought to life with a visual feast of colourful light sculptures, the French Island barge alight with colourful lights and the SUP sisters also glowing with lights and more lights. Kutcha Edwards and children from grades 3 & 4 entertained us in song and on it went with wonderful recitations of history and song. It was a wonderful, magical night. Thankyou to all the wonderful locals who have brought this project to life and each month we will all get to enjoy another feast of creativity by individual artists or groups as the gallery changes on the first Saturday of each month, looking forward to seeing what local artist Lisa Burrell creates with her exhibition entitled "Net

The CRRA committee and members worked hard assisting in the set up and clean up of the Launch night, and we are looking forward to working with other community groups on joint projects in the near future. A Social "Casserole and Movie" night is in discussions with the Corinella and District Community Centre in a couple of months, as we are keen to help other groups with their fundraising. The CRRA is about community sharing and caring for, and with each other.

The next meeting of the CRRA is on 2 June at 10am at the Community Centre.

Community Notes

Membership is \$10 family. We would love you to join us, meetings always finish with a social "cuppa and cake" and a friendly chat. Great opportunity to connect with others in your community and make new friends.

Lyndell Parker, Treasurer



On behalf of the CRRA Committee. President: Jean Coffey 0419 500 593 Secretary: David Pearce 0401 514 339

We will be holding a Winter Solstice Festival of Light on the weekend of 22-24 June. The magic of light on the darkest night of the year will be on display along the street and on the water. Let us know now if you would like to be involved.

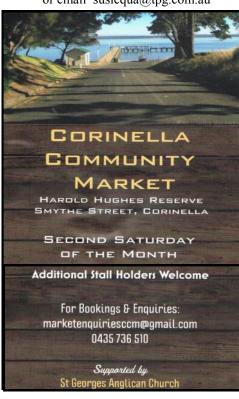
All Tenby Point residents are welcome to join our association. Membership is just \$10 per household per year.

CORONET BAY RATEPAYERS & RESIDENTS ASSOCIATION



2018 Committee

President: David Buckingham
Vice President: Kevin Brown
Secretary: Stephanie Hartridge
Treasurer: Louise Gration
General Committee Members:
Mel Gration and Mark Hanrahan
Secretary Combined Community Group,
Sue Quartermain 0408 290923
or email susiequa@tpg.com.au





CORONET BAY
NEIGHBOURHOOD
WATCH
Chairperson:
Ivan Bradshaw
P: 5678 0663

Email: coronetbaynhw@gmail.com Facebook:

Coronet Bay Neighbourhood Watch

We have a GREAT UPDATE from our March meeting, when we heard the disturbing news that Police face difficulties apprehending lawbreakers due to their outdated radio communication system, which can be overheard by anyone via an easily available app for mobile phones, etc.

After contacting local and federal MPs and local councillors, we have heard from ALP candidate for Bass, Jordan Crugnale, that our State ALP Government are delivering a regional digital radio rollout. To quote from the website of our Premier Daniel Andrews, "Police and emergency services in regional Victoria will have access to the state's digital radio network from 2018"..."new digital radios for Victoria Police are being acquired and progressively rolled out across the state. Once the roll out of devices is completed, the network will be encrypted and police radios in rural areas will be as secure as those in metropolitan areas" ... "an encrypted network will mean that communication between police can no longer be heard by criminals or members of the public". See the full report here: https://www.premier.vic.gov.au/regionalemergency-services-switch-on-to-digital-

We have a Queen's Birthday Raffle. Tickets only \$1 from Coronet Bay Store 1st \$150 basket of food and goodies donated by F&M Services - Handyman Mob 0449 004 324 2nd \$50 voucher donated by Mario's Restaurant San Remo. 3rd Car boot divider. Drawn at June 18 meeting.

Next meeting: Monday June 18 with Bruce Kent from San Remo Police Starts 7pm sharp, Coronet Bay Hall, Fred

Other meeting dates for your diary: Jul 9, Aug 13, Sep 10, Oct 8, Nov 12

Gration Reserve. All welcome.

For Emergencies call 000 (24hrs) Domestic Violence 1800 015 188 (24hrs)



Community Notes



Copies of The Waterline News are now available at the Rhyll General Store each month.

Rhyll Community Association Inc. C/- Rhyll Post Office Rhyll. 3923

President: Judy Lawrence Vice President Carmen Bush

Secretary:

Cheryl Overton 0427 680 483

Meetings are Bimonthly (1st: 3rd: 5th 7th 9th 11th month) on the 3rd Saturday and are held in the Rhyll Hall, Lock Road at 10.00 am

All Welcome.

Rhyll Slipway is an active place to be in Autumn and Spring, when boats are slipped in for maintenance.

New Members are welcome.

For more information, please contact either Noel 0407 095 690 or Bill 0427 680 483

Bass Coast Branch of National Trust.

If you are interested in joining the Bass Coast Branch of NTAV, meetings and activities, contact Mary-Lu Burt for information.

mlburt@melbpc.org.au or visit the NTAV website: https://www.nationaltrust.org.au/vic

We had a very successful day on 28 April, 2018 and would like to say Thank You to everyone who supported us and came along for the Day Tour.

Rhyll Tennis Club:

The courts are available for hire for non-members at a cost of \$15 an hour with a \$5 key deposit.

Bookings can be made at the Rhyll General Store. 5956 9205

Cheryl Overton 0427 680 483

PIONEER BAY PROGRESS ASSOCIATION

ASSOCIATION
Contact:
Zena Benbow
pbpa@bigpond.com



No report this month

FRUIT CAKES



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Lions Christmas Cakes are available for
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www.u3abassvalley.com (PO Box 142 Grantville 3984)

The 2018 committee is:

Chairperson: Mark Dunbar Deputy Chair: Geoff Guilfoyle Secretary: Christine Holmes Treasurer: Beverly Walsh General Committee Members: Vicki Clark and Sue Dunbar.

U3A BASS VALLEY - 2018 ENROLMENT

If you are interested in joining your local U3A community, Bass Valley is now offering the following activities for 2018:

Art for Pleasure
Book Club
Creative Writing
Gardening,
Get Creative
Local History (new)
Movie & Theatre Appreciation,
Tai Chi for Arthritis,
Travel & History
Welding

An Annual Subscription of \$30 per person will cover as many U3A Bass Valley classes as you may wish to attend, subject to availability.

Current members of other U3A groups may join U3A Bass Valley for \$15 per annum as an associate member, which will cover as many classes that you may wish to attend, subject to availability.



TAI CHI FOR ARTHRITIS

Hosted by Vicki Clark
Held at Coronet Bay Community Hall
Gellibrand Street
Every Tuesday 9:30 am - 10:30 am

Other U3A Groups in the Waterline

News area are at: Cowes (Pical) Phone 5952 1131

> and Wonthaggi

http://www.u3awonthaggi.org.au Ph: 03 5672 3951





Send us your Community Group Notices by 1st each month editor@waterlinenews.com.au

Artists' Society of Phillip Island

56-58 Church Street Cowes

For more information http://aspi-inc.org.au/

Australian Red Cross

Woodleigh Vale Branch

Contact Sheila Campbell 5 678 8210

Bass Coast Community Baptist Church

Minister - Barry MacDonald 5995 3904 OP SHOP Mon-Saturday (Judy) 0498 350 634

Bass Coast L2P Learner Driver Mentor

Program Wonthaggi

Leanne Tilley

Bass Coast Strollers

5678 0346 Contact Liz Hart Website: http://basscoaststrollers.org/

Bass Friends of the RSL

Secretary Trish Thick 5678 1071 or 0409851599 Lang Lang Bowling Club

Bass Valley Community Group

5678 2277 Monday - Friday

Bass Valley Landcare

2-4 Bass School Rd, Bass 5678 2335

Cape Woolamai Coast Action

Email capewoolamaicoastaction@gmail.com

Corinella & District Probus Club

0421 012 519 Heather Reid

Corinella Boating & Anglisng Club

www.corinellafishing,com.au

Corinella Bowling Club Inc.

Balcombe Street Corinella.

Jacquie Carter 5678 0596

Corinella & District Community Centre

5678 0777 48 Smythe St Corinella. Website: www.corinellacommunitycentre.org.au

Corinella & District Men's Shed

& Woodies Group Corinella Road Contact: Ken Thomas 0427 889 191

Corinella Foreshore Committee

0427 780 245 Contact Barbara Oates

Coronet Bay, & Surrounds Playgroup (0-4vrs)Coronet Bay Hall

Mondays 10am—12noon

Catherine 0416 112 629 Contacts:

Coronet Bay Adult Social Club

The Waterline News May 2018

Tuesday 7-10pm Coronet Bay Hall

Ann

Country Women's Association of Vic inc.

Bass Group.

Cowes Lorraine 5952 2165 Glen Alvie Libby 5678 3280 Grantville Annie 5678 8037 Loch Val 5659 4268 Woodleigh Vale Carol 5678 8041

Cowes Table Tennis Group

Social play, coaching available.

Barbara Parrott 0425 885 834

Community Directory

Grantville & District Ambulance Auxiliary

0417 593 497 Contact - Shelly

Grantville Business & Community Association

Secretary Sandy Ridge sandyr1903@gmail.com

Grantville & District Foreshore Committee

Contact: Barbara Coles

bacoles@bigpond.net.au

Grantville Recreation Reserve Committee

5997 6221 Pat Van

5672 3731 or 0467 590 679 Grantville Tennis Club Inc.

Contact Pat Van 5997 6221

Kernot Uniting Church

1040 Loch-Kernot Road, Kernot

0422 094 903 Contact Secretary Judy Hogan

Ian Painter 5997 6554 M: 0419 646 040 Email: langlangbowling@bigpond.com

Lang Lang Community Centre

Coordinator Marg Hambleton 5997 5704

Email: llcc@langlang.net

Lang Lang Cricket Club

0459 368 431 Secretary: Sharon May

Lang Lang Playgroup

(0-Preschool) Thursdays 9.30am

Contact Bon 0439 886 843

Lions Club of Bass Valley

First Tuesday each month 6pm

Grantville Transaction Centre then third Tuesday each month, Dinner at Bass Hotel.

0408 509 259 Gayle Robertson

Nyora Youth Group

Dawn King: Email: cps.58@bigpond.com

Phillip Island Bowls Club

Dunsmore Avenue, Cowes.

New members welcome, Free coaching

Contact George Mol

Phillip Island Community Art & Craft Gallery Inc.

Cowes Cultural Centre Thompson Ave

Call Aleta 0419 525 609 All Enquiries

Phillip Island Indoor Carpet Bowlers

Come and join the fun. Phillip Island Celebration

Centre 6 Lions Court, Cowes

Contact Jack 0434 944 380

5678 0341 Phillip Island & District Railway Modellers

The Phillip Island & District Railway

5956 9513 Contact Peter

Phillip Island Community and Learning Centre (PICAL)

56-58 Church Street, Cowes 5952 1131 Email: Linda Morrison manager@pical.org.au Phillip Island Senior Citizens Club

Meet on a Monday night from 7.30.

Phillip Island Patchworkers

Phone bookings 5952 2973

phillipislandpatchworkers@gmail.com

Lyn Duguid

0427 593 936

piscc123@gmail.com Email

Phillip Island Squares

Square Dancing, Bass Valley Community Hall.

Bass School Rd,

Contact -

Email:

Contact: Carol

Pioneer Bay Progress Association

Zena Benbow pbpa@bigpond.com

Probus Club of Corinella and District

First Wednesday of each month at the Bass

Contact Heather Reid 0421 012 519 Rob Parsons 0402 852 300

Probus Club of San Remo

Second Monday of the month (except January) 10am at the Newhaven Public Hall. Visitors

Welcome.

Enquiries: Bob Andrews 0437 526 757

Rhyll Community Association.

0427 680 483 Secretary Cheryl Overton

South Gippsland Arthritis Support

Group

Contact: Adam 0408 353 785 0417 154 057 Marg:

Diane: 5658 1443

South Gippsland Mental Illness Carer's

Group

Maggie 5658 1781 Rosemary 5662 4352

South Gippsland Support after Suicide

Phone 9421 7640

southgippslandsas@gmail.com Email

Survivors of Suicide

Raising awareness to aid prevention

Jillian Drew 0413 056 165

St Pauls Anglican Church Bass

HC at 12.30pm every Sunday

Contact Sandy Ridge 5997 6127

St Georges Anglican Church Corinella

1st Sunday each month 11.00am

Other Sundays 9am Free Community Lunch Corinella Community

Centre Second Friday at 12pm

Op Shop open Mon, Wed, Thurs, Fri 10am - 2pm

Saturday 9am - 12.30pm

Tenby Point Residents Association

0419 500 593 President Jean Coffey Secretary David Pearce 0401 514 339

Woolamai Racing Club

Contact the Secretary (03) 5678 7585



Around the Markets & Op Shops

MARKETS



Every Sunday Kongwak Market 10am - 3pm



Retro stalls, food, vegetables, coffee, curries 30+ stalls

Enquiries: Jane 0408 619 182

2nd Saturday Coal Creek Farmers' Market

Coal Creek Community Park 8am –12.30pm 8am—2pm 100+ stalls 50+ stalls

coalcreekfm@hotmail.com

Contact for information 0459 629 000

Cowes Island Craft Market

102 Thompson Avenue, 9am - 2pm In the grounds of St Phillips Church 60+ stalls Make, bake and grown goods and produce.

Contact for further details 0412 710 276

Corinella Community Market

Contact details 0435 736 510

4th Saturday **Churchill Island Farmers' Market**

40+ stalls. 8am - 1pm peter@rfm.net.au

Further Information 0439 364 760

Cowes Market on Chapel

Chapel Street. 8.30am - 2pm, 30+ stalls Further information-contact 0428 603 043

1st Sunday Jumbunna Bush Market

Jumbunna Hall

Further information, phone 5657 3253

2nd Sunday

Koowee Community Market

Cochrane Park, Rossiter Rd 8am -1.30pm Indoor/outdoor Phone 0418 289 847 Email: info@kooweemarket.com.au

Rotary Club Market Wonthaggi

Apex Park 8am - 1pm, 50+ stalls Walk to nearby Make it -Bake it Market Contact: Neville Goodwin 5672 7245 Garry Sherrick 5672 5812

Loch Lions Village Market

May - Sept Loch Public Hall Oct - April Loch Railway Station Park 70 + stalls

Information from Noel Gregg 5627 5576 Market day phone 0418 500 520

3rd Sunday **Inverloch Farmers Market**

The Glade, Esplanade, 8am - 1pm

Information: peter@rfm.net.au

Phone 0439 364 760

Tooradin Sunday Market

9am - 1pm

Stallholders wanted, \$20 includes 1 sausage & bread breakfast per stall.

All Market Enquiries: 0429 188 280

4th Sunday (Weather Permitting) **Grantville Variety Market**

Except December which is the third Sunday Grantville Recreation Reserve BBQ & Sausage sizzle, Coffee Cart, indoor and outdoor, cake stalls plus plenty of home

made goodies. Contact for further details 5997 6221

Last Sunday of each month **Inverloch Community Farmers' Market**

The Glade, Esplanade, 50+ stalls Fresh produce grown and made in Gippsland.

Email:

info@inverlochfarmersmarket.com.au 0417 370 488

2nd Friday and Saturday each month San Remo Cuppa and Chat Market

St. Augustine's Church Marine Parade San Remo

Hosts a Cuppa and Chat Market every month on a Friday and Saturday.

Friday 9am - 1pm Saturday 9am - 12noon 10+ stalls

Bric a brac, cakes, & jams Friday, plus a sausage sizzle on Saturdays.

Further Information: 5678 5386

OP SHOPS



Bass Valley Community Group Hadden House Op Shop

Next to Bass Hall, Bass School Road Monday to Friday 9am - 3pm 10am - 2pm Saturday

5678 2277 Phone Enquiries

St George's Anglican Church Op Shop

Smythe Street Corinella, next to Church Monday, Wednesday, Thursday, Friday

10am - 2.00pm

Saturday 9.30am - 12.30pm

Grantville

Bass Coast Community Baptist Church

Mgr Judy - 0498 350 634 Op Shop Bass Highway, Grantville

Open Monday - Friday 10am - 3pm Saturday 9.30am - 2.00pm

Bass Valley Lions Club Op Shop

Situated at the Grantville Garden Supplies Open Monday-Saturday 5678 8357

Korumburra

Korumburra Uniting Church Op Shop

Thur-Fri 10-4 Saturday 10-12

Contact for information 5658 1884

Lang Lang

Lang Community Op Shop

12 Westernport Road

Monday - Friday 10am - 3pm 10am - 1pm Saturday

Nvora

Nyora Op Shop at the Nyora Station

Open Monday - Saturday 9am - 1pm. Enquiries to Sylvia, Phone 5659 0089

San Remo

San Remo Op Shop

Back Beach Road. Enquiries 5671 9200

Email: info@basscoasthealth.org.au

Community Halls for Hire



Archies Creek Mez Oldham 0415 445 215 **Bass Valley** 5678 2277 Bena Maureen 5657 2276 Corinella Paula Clarke 0448 441 046 **Coronet Bay** Peter Thick 0429 851 004 **Dalyston** Dorothy Slade 5678 7334 Grantville Pat Van 5997 6221 **Kernot** Julie Johnston 5678 8555 Kongwak Betty Anderson 5657 4317 **Loch** Grieg Barry 0419 358 628 Kilcunda Nicola 0439 476 724 Nyora Robyn 5659 0098 Newhaven Noel Street, 5956 6122 Rhyll Ring General Store, 5956 9205 Woodleigh Evan Jones 5657 7275

Community Centres and other local news



Who are we?

Wonthaggi Neighbourhood Centre incorporating Mitchell House and the Harvest Centre is run by a community based Committee of Management. We aim to provide a positive, welcoming environment where you can meet new friends, learn or share skills, ideas and information. If you're interested in being more involved in your Neighbourhood Centre call in and have a chat to the Coordinator Jan Bourne.

News from Wonthaggi Neighbourhood Centre (Mitchell House) or call 5672 3731

Become a member of the WNC this term and reduce the costs on LearnShare Activities (LSA) for the rest of the year. Bookings are required for all activities unless specifically stated. Some require a gold coin (GC).

Special Events:

National Reconciliation Week 2018. Theme: 'Don't Keep History a Mystery'. Is from 28th May to 3rd June.

It marks two milestones in Australia's reconciliation journey: The 1967 referendum and the historic Mabo decision.

This week is a time to learn more about our shared histories and cultures and achievements to help strengthen respectful relationships between the wider Australian community and Aboriginal and Torres Strait Islander peoples.

Pavement Art: Wonthaggi Library Arcade: Is on Monday 28th May from 11am. Join local Aboriginal and Torres Strait Islander Safina Stewart and Aboriginal children from Wonthaggi PS to create colourful chalk drawings.

Bass Coast Stories: Is on Wednesday 30th May from 2pm. Join members of the South Gippsland Reconciliation Group to hear the story of Aboriginal 'Freedom Fighters' and their special connection with Bass Coast. GC

One offs:

'Come and Try' An Introduction to the Art of Spinning: is on Wednesday 16th May 10.30am to 12noon. If you've got a spinning wheel and don't know how to use it or prepare fibre to spin, then this is your opportunity to learn. LSA

'Welcome to Our Town' Morning Tea is on Wednesday 23rd May from 10.30am at Mitchell House. Are you new to the area or been here a while and would like to meet other friendly folk? Come and have a cuppa and a chat and pick up your FREE

'Welcome to Our Town' DVD and pack. GC

Your Asthma in Your Hands:

Saturday 26th May from 10am to 11am. Learn simple techniques to open your lungs and enhance your breathing capacity. LSA

Decluttering for Downsizing:

Saturday 2nd June from 10.30am to 12noon. Come and learn the basic principles of sorting your 'stuff' and find out how you can get rid of things you don't need anymore.

Beautiful Handmade Cards:

Tuesday 5th June from 10am to 12.30pm. Learn to make beautiful and unique cards for your family and friends. LSA special cost.

Learn How to Prune:

Wednesday 13th June from 11am to 12.30pm. Come to the Harvest centre garden orchard and learn how to prune and care for your fruiting trees. LSA

Programs:

The Art of the Mosaic: Two Introductory workshops will be on Saturdays 19th & 26th May from 10.30am - 1.30pm. Learn basic techniques used in making mosaics. These foundation classes may lead to an on-going creative mosaic group. Contact WNC for what to bring and to book in. LSA

Digital Camera Evening Classes:

Mondays from 7pm to 8pm. These weekly classes will help you to get the most out of your digital camera. LSA

To support Pre Schoolers:

Tea & Tots Facilitated Play Group is on Mondays 10.30am - 12noon. This is a weekly play group which includes story time with a special guest reader, free play and a healthy morning tea. Call to book. LSA

For older children:

Tuesday Night Youth Hang Out! Is from 6.30 - 8.30pm and is a weekly get together at the Harvest Centre Shed for young people to drop in, meet with others, relax, share dinner and play board games. GC

Social Support:

LGBTI Social/Support Group: will meet on Mondays 21st May & 18th June from 7.00 to 8.30pm for an informal, safe and relaxed space to share experiences, friendship coffee and good conversation. Please call Jan for more information. LSA

There are many other courses and events available, find out by visiting our Facebook page on Mitchell House Wonthaggi Neighbourhood Centre and keep up to date with what's going on or just pop in and have a cuppa and a chat, everyone welcome.

CORINELLA BOWLING CLUB INC.

22 Balcombe Street, Corinella Ph. 5678 0497



Follow and like us on facebook Corinella Bowling Club Inc

We welcome new bowlers & invite you to give bowls a try at our Wednesday Social days from 2 May.

Coaching available.

Corinella Winter Tournament for 2018 commences Saturday May 5 with our three bowl Triples competition and continues through until 25 August.

Get a team together or single entries are accepted.

Contact

Dave Burzacott Ph. 0423 593227 Enid Johnston Ph. 5678 0118



Waste Saturday 19th May 10am - 1pm







Cardinia Phillip Island

Community and Learning Centre



56-58 Church St, Cowes Centre Manager - Linda Morrison 5952 1131

> Email: admin@pical.org.au Website: www.pical.org.au

The Bass Valley Community **Group Committee of** Governance no longer wish to have their activities published in The Waterline News

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Community Centres and other local news



What's happening at your local community centre in Term 2 2018? We held our Annual General Meeting on 19 April 2018 and I'm pleased to share the details of our incoming Committee of Management. Our new Executive Members are: President - Wayne Maschette; Vice President - Jean Coffey; Secretary - Heather Reid and Treasurer - Rex Parker. Our ordinary committee members are: Libby Skidmore; Coral Smith; Georgia Vassilikoy and Lynley Northcott.

We have activities and groups running every day; our term program is completed and can be viewed on our webpage at: www.corinellacommunitycentre.org.au. CDCC run regular small bus trips to city markets, theatre shows, hot springs etc., call us to register your interest and enjoy a day out without the hassle of driving. New timetable of trips is posted at the centre.

Want to get back into the workforce or go onto further study? Brush up on your computer skills or further develop your skills, we have the Pre-Accredited Course for you. We will be running a basic computer course: Intel® Learn Easy Steps program. Call us for further information on 5678 0777.

Want to learn how to create beautiful mosaics? We have an enthusiastic group that meets fortnightly, on a Thursday from 1.00 p.m. - 3.00 p.m. where you can work on your own masterpieces amongst likeminded people.

On Monday evenings our local Yoga guru, Nikki runs the very popular yoga classes. The Crafties meet every second and fourth Wednesday of the month, bring along your crafts that you are working on or have not had the time to finish and join a bunch of fellow Crafties for a fun morning out. Every Thursday, local artist Keith facilitates an art group where you can work on your paintings and get some tips from Keith.

Our local Justice of the Peace, Libby will be available at the centre each Thursday 10.30—12.00 for witnessing docs, declarations etc. Call to make an appointment with Libby. Every Thursday at 12.00 pm, we run the 'Autumn Days Social Lunch.' Everybody's welcome to enjoy a light lunch whilst having a 'chinwag' with others, cost is by donation. A new self help

support group for people who are living with depression and anxiety is commencing in May. Come along to this newly formed self-help group.

Come and help create a safe place where you can share your experiences, thoughts & feelings in a confidential, accepting and warm environment with people who have been through similar experiences to you. Book club is a great group that runs on the second Thursday evening of every month. Join Libby and the group to discuss or debate the book of the month. The lovely women of the St Georges Church Auxiliary host a delicious three-course community lunch on the second Friday of the month.

The food pantry is open every day to support people to put food on their table. This free service is designed to provide enough food in emergencies to get through a 24-hour period. We have a range of pantry goods, fresh fruit and vegetables. Fresh fruit and vegetables are generously donated every week by our friends, the Riccardi family at La Provincia in Corinella. Thank you to La Provincia for supporting us.

Drop in to have a browse of our free book exchange, grab a book, swap a book or donate a book, up to you. We have a great range available for our selection. We have created the 'West Wall Gallery' in the foyer of the centre and are hosting monthly exhibitions of local artists. All of the exhibiting artists are living in the district, support your locals by dropping by and maybe purchase their work.

Do you need a small bus to get to events? We hire out the Waterline Community Bus (9 seater) at very reasonable rates. Call us to check availability and prices. Did you know that we have rooms for hire? Our function room is great for events and celebrations. We also have a smaller meeting room, reasonable rates, call to

Contact: Iain Ritchie Manager (Tues to Fri) 48 Smythe Street Corinella 3984 Ph: (03) 5678 0777 Mob: 0409 528 543

Corinella & District Men's Shed & Woodies Group Inc Meets at 90 Corinella Rd., Corinella, (Bass Valley Primary School), 10 am - 12 noon Tuesdays ALL

LANG LANG COMMUNITY CENTRE



- Public Internet Access to all members.
- IPad Tuition
- Lifestyle classes including:
- Yoga, Pilates, Cardio, Walking group and Line Dancing, Tai Chi.
- Playgroup for the littlies.
- A variety of Patchwork groups.
- Men's Shed Group.
- Secretarial Support Services including: Photocopying, typing and scanning.
- Book Exchange
- Small offices for hire
- Centrelink Agent with dedicated computer.
- Medicare Claim Service

We have vacancies in our Tai Chi and Cardio exercise classes if you are interested please give us a call



Fridays 12 noon—1.00pm

Blokes in the Kitchen



Free workshops designed for men only over 50. Learn new cooking skills and how to prepare & cook nutritious meals.

May 17th, June 21st & July 19th 10.30 am—1.00 pm

This program is auspiced by Lang Lang Community Centre

Venue - Lang Lang Memorial Hall

The program will continue to run during 2018.

We plan to hold the workshops on the 3rd Thursday each month.

or further details on all events Please call us, we open @ 9.30am five days a week.

7 Westernport Rd, Lang Lang 3984

Contact (03) 5997 5704 llcc@langlang.net

CFA NEWS With Michele Fulwell

Register Your Burn Off

May started with the lifting of the fire danger period and fire restrictions but we would still urge caution as our area is still very dry. If you are burning off please remember to register it by calling 1800 68 511. This should save an unexpected visit from our firefighters.

Home Fire Safety

When you are out and about in the Grantville shops keep an eye for our flyers offering tips for home fire safety this winter. We will be changing the flyers every week so keep an eye out for the latest one. If you haven't already done so there a few things to check heading into winter including your smoke alarm. Dusting and new batteries keep it in working order and testing lets you know it is working. If the alarm is more than 10 years old it should be replaced.

You should also get any heaters checked out before winter really hits!! Chimneys should be swept and inspected, wood heaters inspected for damage, gas heaters, split systems and evaporative coolers should be serviced. If you are using electric heaters make sure all cords and plugs are safe, the appliance dusted and in good condition and that it is plugged into an appropriate socket.

Grantville Adventure Expo

Well it was a wild weather day for our annual fundraiser and only the most adventurous souls braved the day! Those who attended had a fantastic day with food trucks, stalls and a firefighter challenge on the 8m rock climbing wall. The brigade would not be able to present such a wonderful community event without the support of our wonderful sponsors including Grantville and District Community Bank, Berwick Mitsubishi, Berwick Motor Group, Cranbourne Holden, Pakenham Isuzu Ute, Wonthaggi Electronics, PNL 4WDrivng, Shannons, Deep Stage Kustoms, CARAC, @Realty - Tamara and Daniel Leskie, Stockdale and Leggo Koo Wee Rup, Alex Scott Real Estate Grantville, Horse Power Factory, Grantville Pharmacy, Frenchview Lifestyle Village and CSI Handyman. Many other businesses donated items to

More Community News

Grantville Branch Country Women's Association



Meets at the Grantville Hall on the second Monday of each month at 12.30pm.

Followed by afternoon tea.

We welcome ladies interested in joining our branch, for

- FRIENDSHIP
- SHARING and
- CARING

Enjoy the company of ladies of all ages, who have similar interests.

Learn new craft skills, exchange recipes and cooking tips.

Social - Days out - Theatre, lunches, shopping trips etc.



We would like to fulfil the needs for ladies of all ages with Social Chatter and learning the services Country Women's Association has provided for the past 90 years

Any info your welcome to call Betty on 0418 396 863 anytime

Probus News

Last month, thirty three members of the Corinella and District Probus Club had an enjoyable day out.



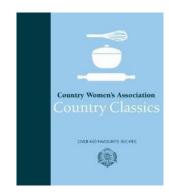
Firstly a bus to the Paradise Valley Hotel in Clematis where the members enjoyed a delicious lunch. From the sun deck they could see the old Puffing Billy steam locomotive passing by with passengers waving from the open carriages.

After lunch they boarded Puffing Billy for a great trip to Belgrave.

The Club meets on the first Wednesday of the month at the George Bass Hotel, meeting, lunch and guest speaker.

For inquiries call President Sandy Ridge on 5997 6127 or Vice President Rob Parsons 0402 852 300.

New CWA Cookbook



More traditional delights from the nation's favourite cooks.

The Country Women's Association of Australia has been at the heart of country life for almost 100 years, feeding families, preparing food for friends, preserving fresh produce and baking for loved ones everywhere.

Now, this updated collection brings together more of their very best recipes in a handsome companion volume to the bestselling hardback Country Women's Association Classics.

The recipes you will find inside are typical of the home-style cooking that's synonymous with the CWA: salads and soups; casseroles, pies and hearty bakes; puddings, cakes, biscuits and slices; pickles, chutneys, lemon butter and quince paste. This is simple yet wonderful food, as cooked by the nation's experts.

www.angusrobertson.com.au Search for: CWA Country Classics

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DEMENTIA 10 Tips to get them to eat and drink more **Rachael Wonderlin**



"My father-in-law has dementia. He doesn't eat well and frequently doesn't finish drinks. He turns over the cutlery over and over and has to be reminded to eat, as well as forgetting he is holding a cup. I've seen your comments about sippy cups and I think we'll get him a mug with a straw at least, that really helped. But I just wondered if you can help with the eating? He's currently being cared for at home by my mother-in-law."

Before I get into some tips about how to get 7. a person to eat and drink more, I want to offer this caveat: when someone with dementia progresses to a certain point, their body no longer tells them to eat. I don't know how advanced he is, but at some point, as he is actually beginning to pass away, it won't matter what tips you use, he will just stop eating. And this is natural. In the meantime, here are some tips to encourage eating:

- 1. Make sure what you're offering him is sweet and tastes good. Many people with dementia eventually lose their ability to taste foods that aren't sweet. Also, did he like that food or drink before he got dementia? Don't start bringing new items, like extra protein, into the diet to "make him better," instead, focus on what he enjoys.
- 2. Sounds like he's forgetting how to use utensils. Instead of fighting it,

adapt. Switch to a mug for drinking soup (instead of a spoon and bowl) and switch to finger foods. Offer food he can pick up with his hands—a burger and fries is finger food!

Health

- Offer small meals throughout the 3. day instead of big meals 2 or 3 times a day. Snacking is easier because he can get enough water and food without sitting down for a whole
- 4 Don't ask him if he's hungry. Instead, just present the food and beverage. "Here, this is for you."
- 5. Offer more water throughout the day. One thing caregivers always forget to offer is water. And it's not, "Are you thirsty?" but instead handing the person with dementia a glass of water without asking.
- 6. If he's having trouble swallowing, adjust the diet. You may need a mechanical soft ("ground") diet or a puree option. You may also need to add thickened liquids.
- Eat with him. People with dementia have an easier time following cues when they can mimic others.
- Change the color of the cup and plate. Make sure that the cup and plate are a different color than the actual meal—red is a great option. Blue actually discourages food intake.
- 9 Turn on some music (without lyrics). We're often used to eating meals in restaurants or maybe with some music on in the background at home. Something without lyrics won't encourage distracting singing, but it may encourage food intake.
- 10. There are a lot of cool plate and mug modifications you can make. I recommend doing a Web search for different types of plate guards and

http://www.dementia-by-day.com/

nella and District Community Centre Inc. Spread your wings and fly with us DEPRESSION AND ANXIETY SELF-HELP SUPPORT GROUP Beat the Blues 4 Jitters!

Come along to this newly formed self-help group. Come and help create a safe place where you can share your experiences, thoughts & feelings in a confidential, accepting and warm environment with people who have been through similar experiences to you.



For more information contact Julie on: 0403 560 552



Have you been bereaved by suicide?

Come for morning tea and a chat

South Gippsland Support After Suicide is a new initiative offering peer support for those bereaved by suicide.

We meet monthly on the fourth Thursday at the **Grantville Transaction Centre** Corner Bass Highway and Pier Road, Grantville

These meetings are hosted by trained volunteers who have themselves been bereaved by the suicide of a loved one.

For further details or to RSVP email southgippslandsas@gmail.com OR phone 03 9421 7640







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42 Murray St, Wonthaggi 25 A'Beckett St, Inverloch Bass Coast Health, Grabham Wing

2/1524 Bass Highway **Grantville**

Grantville Medical Centre 2/1524 Bass Highway Grantville **Appointments 5678 8029**



Opening Hours

Monday - Friday

9am - 4.30pm

Closed over lunch period Bulk Billing all consultations for Pensioners, health care card holders And children under the age of 16



(Procedures may be privately billed to recover associated medical supplies costs.)

White, brown, raw, honey: which type of sugar is best?

oversixty.com



Sze-Yen Tan, Senior Lecturer in **Nutrition Science, Institute for Physical** Activity and Nutrition, School of Exercise and Nutrition Sciences, Deakin University, asks which type of sugar is the least healthy.

Written by Sze-Yen Tan. Republished with permission of The Conversation.



DG Nurse Practitioner Grantville Transaction Centre Cnr Bass Hwy & Pier Rd Grantville, 3984 **Hours**

Mon, Tues, Thur, Fri 8:30 am - close **Bulk Billing**

All consultations bulk billed May have fees for some procedures*

> For appointments phone 5616 2222

or 0467 841 782 Same day appointments available

Some of the services available

Fluvax Men's Health Referrals **Wound Care** Dressings* Lesion removal* Treatment minor illnesses / infections

Immunisations Prescriptions Skin Checks Women's health Ear syringing* Suturing*



In nutrition, sugar refers to simple carbohydrates consisting of one or two basic carbohydrate units such as glucose, fructose and galactose. Consumers often use "sugar" to describe simple carbohydrates that taste sweet, but not all sugars are sweet.

There are many different types of sugars we add to our baking or hot drinks such as white sugar, brown sugar, raw sugar and honey. But when we're looking at a packaged product the ingredients list will have many more options still. Corn syrup. palm sugar, molasses, maple syrup and agave nectar are but a few.

Despite the large variety of sugars, they are very similar nutritionally. They are comprised predominantly of glucose, fructose and sucrose, which are the basic forms of sugar. Glucose and fructose are slightly different in chemical structure, while sucrose is a sugar composed of one glucose and one fructose.

The factors that distinguish sugars are their sources (from sugarcane, beet, fruit, nectar, palm or coconut saps), flavour profiles, and the levels of processing.

Types of sugar

White sugar: also called table sugar, is the final product of the processing and refining of sugarcane or beet. During the refining process, moisture, minerals and compounds that give sugars their colour are removed, and white refined sugar is formed. The by product containing the removed compounds during sugar refining is known as molasses.

Raw sugar: is formed if the final refining process is bypassed.

Brown sugar: is refined white sugar with varying amounts of molasses added. Raw sugar, brown sugar and molasses are higher in compounds that provide colour, from natural sources or by products of the breakdown of sugar (caramel) during sugar processing.

Honey: is sugar-rich nectar collected by bees from a wide variety of flowers. Fructose is the main sugar found in honey.

followed by glucose and sucrose. The sweet taste of honey is attributed to its higher fructose content, and fructose is known to be sweeter than glucose or sucrose. Honey is about 17% water.



Syrups: can be produced from a wide range of plant sources in the forms of sap and fruits. Some examples include agave (a desert succulent), corn, date, grape, maple and pomegranate syrup.

Because agave and corn are more complex carbohydrates, they're first broken down into sugar during food processing before being concentrated into syrup. Corn syrup is often further processed into the sweeter version, high fructose corn syrup.

Fruit sugar: can be made from the drying and grinding of fruits such as dates. Sugar produced through this process shares similar nutrient composition with the fruit (such as fibre and minerals) but it is lower in water content.

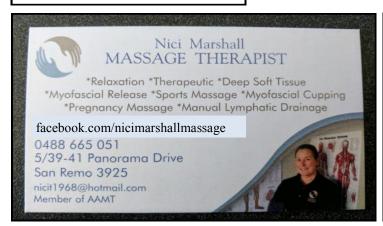
Which type is best?

Several studies have reported adverse effect of white sugar and high fructose corn syrup on our health. So should we substitute these types of sugars with another?

Sweetness and sugar content

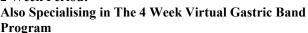
Some sugars such as honey and agave syrup are higher in fructose. Fructose is sweeter than glucose and sucrose, hence a smaller amount may be needed to achieve similar level of sweetness from white sugar. Honey and syrups also have a higher water content. So the sugar content is less than the equivalent weight of white sugar.

continued page 15



WEIGHT LOSS

An exciting New Weight Release & **Detox System with Hypnotherapy** and a Unique Detox Tea, all within 2 Week Period!



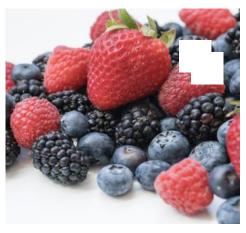
Call Delma 0408 949 401 www.infinitethinking.com.au

& Lifestyle

White, brown, raw, honey: which type of sugar is best?

Antioxidant capacity

Due to the different levels of processing and refining, sugars that are less processed and refined tend to have higher contents of minerals and compounds that give plants their colour. These compounds have been found to increase antioxidant capacity, which reduces the cell damage in the body that causes several chronic diseases. Although the antioxidant capacity of date sugar and molasses is many-fold higher than white sugar and corn syrup, it's still relatively low compared to antioxidant-rich foods. For example, more than 500g of date sugar or molasses need to be consumed to get the same amount of antioxidant contained in a cup (145g) of blueberries.



Glycemic index

Different types of sugar raise the amount of sugar in our blood at different rates after being consumed. The glycemic index (GI) concept is used to compare the ability of different carbohydrate-containing foods in raising blood sugar levels over two hours. Pure glucose is used as the reference carbohydrate and it's given a value of 100. Higher GI indicates greater ability of a food in raising blood sugar levels, and having high levels of sugar in the blood can lead to disease. High GI foods tend to be less filling too.

Corn syrup has the highest GI as it is composed mainly of glucose.

White sugar, composed of 50% glucose and 50% fructose, has slightly lower GI. Based on available values.

Agave syrup has the lowest GI value. Therefore, it's a better option than other sugars in term of blood sugar management.

Antimicrobial activity

Honey has been reported to possess several germ-killing capabilities due to the presence of several naturally-occurring compounds. But it's still unclear how the antimicrobial property of honey may be obtained.

In the end, sugar in our body is still sugar. So while honey, raw sugar, date sugar and molasses are "better" than white and other types of sugar, everyone should try to cut down their sugar intake.

https://theconversation.com/au



www.booktopia.com.au Search: The Way Mum Does It



www.oversixty.com.au







Volunteers Needed

Ready2Go

The Ready2Go project is a resilience program first established in Cockatoo, to support people within the community during heatwaves and other extreme weather conditions such as fire or flood.

During severe weather events, some people are at greater risk of health-related illnesses. The Ready2Go project will match people with a volunteer who will be available to check on them during these times.

If you would like to become involved in this new and exciting project initiated by the Kooweerup Regional Health Service please contact:

Fleur Hamilton-Weeks Ready2Go Coordinator. *Phone:* 5997 9653 *Email:* social@krhs.net.au

Free Workshop on Waste

Have you ever stopped to think about how much waste you and your family produces everyday?

Do you feel confused about how to manage your rubbish?

Come along to our free workshop and learn how to reduce, reuse and recycle.

Saturday 19th May, 10am - 1pm. Hewitt Eco House 5997 9790 215 Rossiter Road Koo Wee Rup

KRHS is a 72 bed Public Hospital.

We provide a range of community and centre based services:

Acute Care, Early Parenting, Transitional Care, Respite and Residential Aged Care, Community Health, District Nurses, Home Care Support, Pathology and Allied Health e.g. Physiotherapy, Social work and Occupational Therapy.

There is also Specialist Medical Services: Podiatry, Cardiology and a Diabetes Clinic.

KRHS is a member of the International Health Promoting Hospitals Network



PHILLIP ISLAND JAZZ CLUB Sunday 20th May 2pm - 4.30 Ramada Resort - Cowes The BackBurners.



They are an Aussie trad jazz band from Melbourne. Born out of the pubs, songs and stomps of Melbourne's music scene, the band bring a flavour that comes raw, straight out of the Aussie bush. Expect a sound uniquely reminiscent of rowdy bushbeats meets New Orleans party music, with a little bit of dixie on the side. Delivering a raucous festivity to the music, be transported to the streets and parties of gypsies, vagabonds and artisans from throughout the ages. The band is a classic dixie group featuring Tom Sly on trumpet/ vocals, Stephen Byth on clarinet/vocals, Chris Vizard on trombone/vocals, James Mustafa on accordion, Hiroki Hoshino on double bass/tuba and Tim Clifton playing drums.

17th June Island Jazz 15th July Anita Harris & Friends 19th Aug Debra La Velle & Friends 16th Sep Chris Wilson 21st Oct Unspoken Rule 16th, 17th & 18th Nov 2018 Jazz Festival

For more information please contact **Robin Blackman on 0432 814 407**



editor@waterlinenews.com.au P.O Box 184 Grantville 3984

MOE - LATROBE JAZZ CLUB



Sunday 27 May - Des Camm Sunday 24 June - New Nite Owls Contact:

President Bruce Lawn - 5174 3516

SOUTH GIPPSLAND JAZZ SOCIETY **Inverloch Jazz Club** 2pm Inverloch RSL



Sunday 10 June - Jam Jar Sunday 9 July - Sarah Maclaine's Jazz and Champagne.

Contact Neville Drummond 5674 2166

Saturday 2 June **Coronet Bay Hall** 7 - 11pm UNPLUGGED



Unplugged continues to attract good audiences every 1st. Saturday of the month at 7pm. at the Coronet Bay Hall, Gellibrand Street.

will be something to your taste. You can bounce along to rock or shed a tear with heart rending folk, or just have the troubles of the day flow away with beautiful classical music and poetry.

Truly the best value entertainment around. Gold coin to enter and supper is provided.

KERNOT FOOD & WINE STORE



Friday & Saturday nights, Sunday afternoons. Live music at

The Kernot Store.

For details on who is performing and to book a table:

Call Julie on 5678 8555





Maggie Millar reads an edited version of the famous final "Molly Bloom" passage from James Joyce's great novel Ulysses.

"The best words read by the best voice."

The Voice:

Multi-award-winning Australian actress Maggie Millar trained at the Royal Academy of Dramatic Art in London where No matter what style of music you like there she had not one but three voice teachers. After a successful career on stage (Old Vic, MTC, Playbox, La Mama), film (Pharlap, Bushfire Moon, The Bit Part, Evil Angels) and TV (Bellbird, The Sullivans, Prisoner, Neighbours), Maggie now devotes her skills to the art of reading aloud. These readings have received universal acclaim. In recognition of her talent, two of Australia's leading writers, Elizabeth Jolley and Carmel Bird, have written pieces especially for her. Her reading of "Molly Bloom" received the ultimate accolade of an invitation to perform it in Dublin on "Bloomsday" For many years, fans of Joyce around the world have celebrated the novel with readings from it on this day, which has come to be called "Bloomsday". This reading is part of that tradition.

Ian Robinson 0407 24 00 24

Coming Jazz Festivals

10th - 20th May - Stonnington Jazz Festival 1st - 10th June - Melbourne International Jazz Festival

8th - 11th June - Merimbula Jazz Festival 8th - 11th June - Castlemaine Jazz Festival

Are you having difficulty tuning in to 103.1



You can now hear your favourite programs through our streaming

Find the link at: www.3bbrfm.org.au

& Lifestyle

Letters to the Editor

PO Box 184 Grantville 3984 editor@waterlinenews.com.au

Dear Editor,

I first came across The Waterline News when at the 2016 Phillip Island Jazz festival, now a regular event on my yearly calendar! I appreciate receiving a copy each month now, by email, and have found it both interesting, and in the case of the Health section, VERY useful.

A researcher/producer/presenter for several programmes on Print Radio Tasmania, a radio station providing programmes for the visually impaired, my programmes include Body and Soul in which I share topics as varied as mental and physical health and well-being, inspirational health-related personal stories, ideas on exercise and eating, and the amazing and wonderful world of medical research.

The Health section from The Waterline News regularly provides me with most useful information for this programme. Thanks Roger - and your column contributors!

Dear Editor,

I thought you might be interested to know that a lot of the Bookings that were made for the National Trust Tour that was held last Saturday, came from people who had read about it in the Waterline News.

Your publication seems to be mentioned in a few conversations I have had with people of late, so, keep up the good work.

Thank you for your continued support of the local communities.

> **Chervl Overton Rhyll Community Association**

Dear Editor:

Thank you for a terrific publication. There's so much information in each edition and I read it cover to cover before keeping it to refer to for the rest of the month.

We moved to Coronet Bay a couple of years ago and Waterline News helps us to know what is going on locally. Even my husband commented that there was a lot to read in the the willing help of the Bass Valley Lions publication and coming from someone who still is actively working and traveling that is a very high compliment.

Please encourage more cafes and entertainment to advertise.

Locals, not just visitors, use it to decide where to dine. For instance tomorrow we are going to Kernot because their ad said they are open on Thursday.

And I am really looking forward to going to the Sisters and Misters concert next weekend. We would not have known about either but for Waterline News. You provide a fantastic service! Many thanks,

> Theresa Dver **Coronet Bay**

Corinella Hall News

Belinda Kendall-White Slowly but surely the Corinella Public Hall Bellerive, Tasmania Committee of Management continues the upgrading of our much loved hall. Last year the committee proudly worked together with the Bass Valley Lions Club to successfully apply for a Bendigo Bank Community Enterprise Foundation Grant of \$4,000.00 which enabled replacement of the old, stained, tatty, (and in some cases broken) plastic tables.

Sixteen grey Fenlite trestle tables have been purchased. They are sturdier than the old plastic ones, so should last a lot longer. The usable old plastic ones have been kept and will be available to community groups for a small fee. It is hoped that we will purchase new chairs in the not too distant future

Barb Oates (President of the Hall Committee of Management) said "Corinella Hall Committee is now in the fortunate

position to be able to offer our wonderful facility for hire for more formal occasions due to the recent acquisition of 16 quality tables. This would not have been possible without the support of Bendigo Bank Community Enterprise Foundation and the local San Remo District, Cowes, Grantville & District Community Bank® branches and

Their support for projects similar to this is invaluable."

For 2018, the Hall Committee are currently working again with the Bass Valley Lions, and the Bass Valley Historical Society to secure funding to enable us to build a secure display cabinet inside the hall. This will allow the many treasures of the Historical Society to be seen, enjoyed and valued by the wider community.

The committee has also assisted the Bass Coast Shire Council to prepare a report of required structural work to maintain the function and value of the hall. We await the decision of the council in relation to funding.

Pictured below are Corinella Public Hall Committee of Management members -Bruce Prior, Paula Clarke & Barbara Oates unwrapping the newly purchased tables.





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Food

A cook's journal



For Wonthaggi's Jan Cheshire, good cooking starts in the garden with fresh, seasonal vegetables, herbs and fruit. Jan shares one of her favourite recipes.

Fish dish in a breeze



WE LOVE to eat fish, however we don't get much variety in the supermarkets around this area, so I try to cook a few different fish dishes from time to time. This is one of the best fish pies that I have ever made and is a very easy and economical recipe.

Coconut Fish Pie Ingredients

400ml can of coconut milk or cream juice and zest of 1 lemon

1 bay leaf

500 grams of fish such as blue grenadier chopped into chunks

splash of white wine (optional)

350 grams of celeriac peeled and diced 2 medium potatoes, peeled and diced thyme

parsley and chives (optional)

Method

Gently poach the fish in the coconut milk together with the lemon juice and zest, parsley and chives, if using, and a splash of olive oil for 5 to 8 minutes.

Cook the celeriac together with the thyme and potatoes for 20 minutes until soft. Drain and mash together with a little butter, season.

Put the fish in a baking dish, pour over the poaching liquid.

Top with the mashed celeriac and potatoes. Bake at 180 degrees for 30 to 40 minutes until golden on top.

Golden Harvest



WE had lots of pumpkins this year. They are such a versatile vegetable. With my three grandchildren coming down to Cape Paterson for the school holidays, I thought I should make a cake, and a pumpkin fruit cake was the logical choice. I have made this recipe many times and it is always a winner. It is very easy to make and it keeps well.

Pumpkin Fruit Cake Ingredients

225 grams of butter

1 cup (200 grams) of caster sugar

2 eggs lightly beaten

225 grams of plain flour sifted

½ teaspoon of bicarbonate of soda

1/4 teaspoon of cream of tartar

450grams of mixed dried fruit (I prefer to use sultanas only)

1 cup of cooked mashed pumpkin

Method

Cream the butter and sugar together until light and fluffy.

Beat in the eggs.

Add the pumpkin and flour.

Add the dried fruit.

Transfer to a greased and lined 23 cm loose-bottom cake tin.

Bake at 160 degrees for 2 hours. Enjoy!



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Focus on our people - Obituary

Vale Ken Adshead

- an interesting life as a gentleman of the road

Janice Orchard



Born in Manchester, England on 2nd March 1946

As a young man Ken worked with his dad, a long distance lorry driver and in 1963 was the first truck from the west to go behind the Iron Curtin. That was well before the Channel Tunnel was built so they took the truck over on the overnight ferry called The Cedric.

They headed for Munich and ended up in Salzburg on a Sunday morning. In those days trucks weren't allowed on the road so they had to park up for the weekend. Of the trip Ken said "Before we went the government made us sign documents recognising that if we got into trouble with the Russians we were on our own, we could not be helped. It happened in Poland, they took our passports off us in Poznan in Poland for a month. And you don't know if you're going to get out".

Eventually they were allowed to leave. "We got to the Berlin Gate, or Checkpoint Charlie prior to it being built, but the Russians were there and they were full on. It took us another week to get through there. And eventually we made our way to Frankfurt on Main which is Western Germany, and the day we got there President Kennedy was arriving in Frankfurt, he had some sort of thing going

single truck that had come from the east on driving a truck for a business in Notting this massive football ground and left us there for about five or six days. We had food and stuff with us.

And then we slowly made our way back to the UK, and we did that sort of thing for three years from 1963 to 1966, the year before we came to Australia, dad and I did

Of his experiences in Europe as a young man Ken Adshead said "it opened my mind up. I come from a working class background back in the UK but it broadened my outlook. The people I dined with in Budapest and Saltsburg, they were upper class really. I remember sitting at table with a bloke called Lord Abramson. I was having trouble with my knives and forks to tell you the truth, and he sat me down this bloke and when you dined at these places you dined from seven till eleven or twelve o'clock. It just went on and on. Lord Abramson said "Listen here, one thing for you to remember as a young man, and remember this when you are an old man, you are as good as any person in the world. Listen to what they are saying, evaluate what they say, and carry on from there". And you know what, that stood me in good stead all my life, it really has". On coming to Australia, "when we finished in 1966, this contract we had in Europe, and went back to England I thought "what am I going to do now"? I said to my mum and dad I can't just carry on and go back to truck driving here, there's nothing for me in it. I wanted my brain stimulated, you know, so I actually said to my parents "I'm sorry, I'm going to Australia". I had uncles over here that worked in Coober Pedy and places like that from the early 1940s. When I told my brothers Barry and David they said well if you're bloody going we might as well come! And then my sister said if the boys are going I am as well. So then dad said oh well if you boys are going me and your mother might as well come! And it's the best thing we ever, ever, ever did".

on. They shut all Frankfurt down, put every Ken's first job on arriving in Australia was Hill, Melbourne delivering and installing safes and then with his mate Jack Cleaves he had the contract to fit out every TAB shop in Victoria.

> Ken didn't marry until he was thirty six and he and his wife Jen lived in Pioneer Bay before buying a block in Kernot and building a home there in 2003. The scenery in the Kernot area reminded him of the hills of home without the stone cottages so he built a mud brick house and he and Jen

> A regular fixture on the veranda of the Kernot Store with his little dog Cyril, Ken made many good friends in the community. And as a founding member of the Kernot Boxing Day Cricket Team the annual trophy has been named the Ken Adshead Shield after him.

While he did his best to battle cancer, Ken passed away on 20th March and his passing has been a blow to all who knew and loved him.

Ken Adshead leaves three children Katrina, Jordan and Wayne and Ian (dec). He was and is a much loved grandfather to Joel, Edyn, Leah, Hayden, Acacia, Byron, Zeplin and Josie.

He was the much loved son of Jim and Marjory Adshead (deceased), cherished brother to Anne (dec), Barry, David and Jane, an adored uncle and cousin, friend to everybody and best mate to Cyril.





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The French Island News



FRENCH ISLAND COMMUNITY ASSOCIATION Tankerton PO French Island, Victoria 3921 secretaryfica@gmail.com

EMERGENCY SERVICES

There is no regular police presence or ambulance service on the island. French Island has a Country Fire Authority (CFA).

There is one fire engine stationed permanently on the island.

CFA volunteers are able to respond to any kind of emergency.

Calling 000 is always the best option in an emergency.

NURSE ON CALL

For non urgent health issues islanders may utilise the Department of Health's Nurse on Call service: 1300 60 60 24

AMBULANCE SERVICES

Ambulance Membership Membership Enquiries 1300 366 141 (Mon-Fri 8am-8pm, Sat 9am-5pm).

Membership is advised as Air Ambulance is used from the island. If local support is required ask Ambulance to request CFA support on the island.

POISON INFORMATION HOTLINE



131126

French Island General Store & Café Landcare Nursery



Make French Island your next weekend getaway destination, with a free shuttle bus service on weekends and public holidays from the Ferry to the Store your transport needs are taken care of. At the Cafe there's an extensive menu, bike hire available, accommodation and locally made and grown products for sale.

You can cycle your way around looking at Koalas and enjoy a day of adventure or cosy by the fire in the cafe for a relaxing lunch.

Visit www.figsfrenchisland.com.au or Facebook/figsfrenchisland for more information.

289 Tankerton Road, French Island, 3921 (03) 5980 1209

FRIENDS OF FRENCH ISLAND NATIONAL PARK (FOFI)

Secretary: Meredith Sherlock. Phone 0438 077 329 Email: secretary@fofi.org.au

FOFI Project Days

Third Saturday each month Membership enquiries and More details - www.fofi.org.au

French Island Landcare

For more information on all Landcare activities contact

filandcare@gmail.com.



Volunteers are always welcome at the nursery on Wednesdays and Thursdays from 10am to noon.

Contact Terri: 0413 088 527



FRENCH ISLAND FERRY



http://westernportferries.com.au/

BARGE

Spirit of French Island operate a vehicular barge from Corinella on the eastern side of Western Port to the barge landing on French Island. It accommodates two standard size cars or a larger truck. It is advisable to book as far in advance as possible, as the barge schedule and availability is limited by times and tides. As a guide, the barge runs approximately every half hour for a few hours either side of high tide.

Foot passengers can take the barge but they should arrange transportation at either end as there are no other facilities.

For information about fees and to book the Barge, call 0428 880 729.

French Island Visitor's Guide

Christine Dineen's French Island Visitor's Guide is a fantastic publication we visit all too infrequently.

Detailed map included is a great reference, for visitors to the island, and anyone who has an interest in the local flora and fauna. available at the French Island General Store, or you can obtain a copy from the author:

> **Christine Dineen** dineenc@optusnet.com.au









Notices for the French Island section of The Waterline News should be sent to: editor@waterlinenews.com.au - 1st of month.





Meredith Sherlock

PROJECT DAYS

The ferry departs from Stony Point at 10.00 am on Saturdays and Sundays and returns at 4.00 pm

In summer we may catch a later ferry back and in winter an earlier one.

If you plan to come on a project day, please contact the Secretary well in advance to give us time to organise transport on the island.

Ferry tickets.

FOFI has a number of tickets to help pay for members under 60, generously provided by Parks Victoria. Seniors Card holders travel for free on weekends.

For more information see: http://westernportferries.com.au/

Koala Management Program



Parks Victoria and DELWP are continuing their French Island management program that will keep the koala population in good health and within sustainable limits.

The French Island News

This involves capturing koalas on both public and private land, checking the health of the animals, and implanting females with a long-term contraceptive.

Other tasks include updating information on koala density and canopy conditions. It is not planned to take more koalas off the island at this stage.

Forthcoming Activites

Saturday 2 June: Landcare Planting Day FOFI members always look forward to this

FOF1 members always look forward to the combined activity with French Island Landcare.

This year's planting will be on private property off the Barge Access Road. Tools provided; kneeling mats can be useful. Homemade soup and rolls, tea and coffee will be generously supplied for lunch by Landcare.

Saturday 30 June: Western Port Wader Survey

This will be Bird Life Australia's second survey for the year.

Martin O'Brien has again offered to coordinate the French Island teams, which will aim to cover the main high-tide roosts. If you are planning to come, please book in with Martin.OBrien@delwp.vic.gov.au.

First-Time Experience of FOFI

Sky Murphy

I saw, walked on, and learnt so much about French Island: its plants, animals, geology, history and our connected humankind past and present.

Everyone was amazing in knowledge, interests, and friendship.

Incredible to walk all that way over the peaty saltmarsh with no track, beach, then 'an isthmus of mangroves' that connects to the beach of (formerly an island) Tortoise Head! Over 6 km there and back.

In the far distance we saw a Peregrine Falcon pair with two young gracefully flying high.

We also saw Terns, lots of Muttonbird burrows, intact bones of birds some with feathers, one large, partially collapsed egg, small spiders, large horse flies or marsh flies, various animal tracks, plants and weeds I can't remember the names of, rock types, a newly formed sandspit and lava layers

Lunch ended with a special and educational BUSH TUCKER dessert Chris provided: the fruit of Pigface (which I later identified as Carpobrotus glaucescens, a salt-tolerant pioneer species with yellow-centred purplish-pink flowers).

We must have collected some 50+ kg of rubbish – we dragged about 8 large bags, each weighing maybe 7kg. We had to leave them for the rangers, who will send a boat out to collect them.

Most were SOFT DRINK BOTTLES! Quite a bit of tangled ropes and other PLASTIC. Some glass bottles and cans. 1 larger metal can. Tyres we couldn't carry. Pieces of broken glass and 1 lure with multiple hooks. and 1 boat fender.

Personally I also cherished the many fascinating forms and awesome colours of seashells (yes, I put them back), and the ferry rides!

This shall remain a lasting memory, a day of fun and positive action.

Thank you all.



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Community Spirit alive and well Kat Cox



Last month we were booked into Monash Genetics in Berwick as they asked me if they could research my family. I willingly agreed, not thinking at all that there could or would be any repercussions. Unfortunately, I was in for another big wake up call.

The genetics doctor advised me that Quinn and Chris are the only two people they are aware of in Australia missing chromosome 6q22.1. Suffice to say, I live with two very special people. However, we were told of risks to heart and kidneys, that Quinn most definitely had a particular overgrowth syndrome and we had to go to Monash Children's hospital straight away for further testing. It was here that we discovered Quinn's kidneys are oversized and we are waiting for more tests to be collated at this stage.

Community Spirit

We have been advised by the Genetics doctor that Quinn must have a specific \$3000 gene test as soon as possible. We are petitioning Monash for funding as this is a good research project for them and we hope to succeed.

With all of this going on and the severe sleep deprivation one would think we would be very depressed but we are not. Why? We live in Grantville. Judith Holman Crook, a local resident took it upon herself to set up a trust account for Quinn to make sure she was ok. This gesture was so incredibly moving and we cannot believe how lucky we are everyday.



Now there is Chris Petrie. another local resident who is selflessly dedicating his time to improve the lives of others with his Upbeat Drumming program at Coronet Bay foreshore every fortnight.

He runs two sessions..., one for children.... very therapeutic for all ages. Even though Quinn with her Autism can struggle with noise she doesn't have an issue here. Music is such a wonderful outlet. When she needs a break she simply walks off to the playground. It is such an inclusive atmosphere and a great release of emotion.

Later in the day he holds the adult session.... and there is nothing more therapeutic than being able to let loose after a stressful week!

I really appreciate how much this program is helping Quinn and even Chris with their emotions. I believe it is a great outlet for me too. I am appealing to the community to please bring your children along.... come and join us so we can keep it alive even through the cold months as it warms the soul. I am not sure what I would do without it.



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Philosophy, Trivia & Quiz,



- What is the name of the German airline?
- 2. In which European city can you find the home of Anne Frank?
- 3. How many stars has the American flag got?
- 4. How long is the Great Wall of China?
- 5. Who invented Ferrari?
- According to the Bible, who was the first murderer?
- 7. In what year did princess Diana, Princess of Wales, die?
- 8. Which famous British murderer of women of the 19th century was never arrested?
- 9. On which mountain did Jesus take his last supper?
- 10. What is the largest number of five digits?
- 11. What is the most fractured human hone?
- 12. What is the most famous university of Paris?
- 13 Which animal is on the golden Flemish flag?
- 14. What is the name of the Indian holy river?
- Which South American country is 15. named after Venice?
- 16. How many stars feature on the flag of New Zealand?
- What colour to do you get when you 17. mix red and white?
- 18. What is both a French wine region and a luxury American automobile?
- 19. For which narrow sea strait is Hellespont the ancient name?
- 20. Who invented the barometer?



The Philosopher's Zone

"He shook his head pityingly. "This, more than anything else, is what I have never understood about your people. You can roll dice, and understand that the whole game may hinge on one turn of a die. You deal out cards, and say that all a man's fortune for the night may turn upon one hand. But a man's whole life, you sniff at, and say, what, this naught of a human, this fisherman, this carpenter, this thief, this cook, why, what can they do in the great wide world? And so you putter and sputter your lives away, like candles burning in a draft."

"Not all men are destined for greatness," I reminded him.

"Are you sure, Fitz? Are you sure? What good is a life lived as if it made no difference at all to the great life of the world? A sadder thing I cannot imagine. Why should not a mother say to herself, if I raise this child aright, if I love and care for her, she shall live a life that brings joy to those about her, and thus I have changed the world? Why should not the farmer that plants a seed say to his neighbor, this seed I plant today will feed someone, and that is how I change the world today?"

"This is philosophy, Fool. I have never had time to study such things."

"No, Fitz, this is life. And no one has time not to think of such things. Each creature in the world should consider this thing, every moment of the heart's beating. Otherwise, what is the point of arising each day?"

Robin Hobb, Royal Assassin

"It's not much. You begin by thinking there is something extraordinary about it. But you'll find out, when you've been out in the world a while longer, unhappiness is the commonest thing there is."

Erich Maria Remarque, Flotsam

"There is nothing like a crisis to define who you are."

Dexter Morgan

"Every man must have a philosophy of life, for everyone must have a standard by which to measure his conduct.

And philosophy is nothing but a standard by which to measure."

B.R. Ambedkar

Writings And Speeches: A Ready Reference Manual

"There are times when wisdom cannot be found in the chambers of parliament or the halls of academia but at the unpretentious setting of the kitchen table."

E.A. Bucchianeri

"perception shapes priorities, priorities shape people"

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What is time? Why is there something rather than nothing? Do we have free full simple than you be good without God? Do animals have rights? Is war ever justified? What is the meaning of life?

Where: Harry's, 17 The Esplanade, Cowes 12:30 for 1:00 First Friday of the Month When:

\$35 (includes lunch) Cost:

Booking: gurdies@australiaonline.net.au

QUIZ ANSWERS



19. Dardanelles. 20. Torricelli . Venezuela. 16. Four stars 17. Pink. 18. Cadillac 11. Clavicle. 12. Sorbonne. 13. Lion. 14. Ganges. 15. 8. Jack the Ripper. 9. Golgotha or Calvary. 10. 99999 5. Enzo Ferrari. 6. Cain. 7. In the year 1997. 1. Lufthansa. 2. Amsterdam. 3. Fifty. 4. 4000 miles.

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The Bass Coast Post in Print



Under the Southern Cross

Geoff Ellis



A LATE afternoon temperature drop presaged sunset as trickles of people meandered toward the Harold Hughes Reserve. On the edge of darkness the Corinella community gathered around the rotunda to share the hurt that comes from the loss of a loved one. In memory of Bert, dozens of people lit candles as the voice of a lone singer carried our thoughts toward the Southern Cross.

Overwhelmed by circumstance, Bert had been rendered homeless a few weeks earlier. She had places to go but she didn't know how to get there or how to ask the people offering a helping hand along the way. She went for a long walk that ended amidst the trees she loved so much.

Across Australia more than 105,237 people were homeless that night. We know the number because they were counted on Census night 18 months ago. The Bureau of Statistics doesn't give any of those 105,237 homeless people a face. Bert does.

Late last year, when the local branch of the Australian Unemployed Workers met in Corinella, the topic was robo-debt, Centrelink compliance and life on the edge of the abyss. We looked at numbers like the aforementioned. Another number getting larger is women over 50 sleeping in

cars. We also talked about the food bank at the Neighbourhood House and other agencies of support.

Bert didn't attend our meeting. Although she lived by herself she was certainly not alone in her circumstances. There are now more renters than ever and the over 55 age group is the fastest growing sector of the market. In Victoria more than a third of people now live in rented accommodation. That figure is rising. The cost of rental property is outstripping increases in wages and payments.

That Census also noted a continuing fall in the proportion of Australian households in social housing. From 7 per cent in 1991 the proportion has dropped to 4.2 per cent. That marks the lowest proportion of households in social housing in the past 35 years.

There are currently over 40,000 people on the waiting list for public housing in Victoria. That doesn't include everyone in the market struggling to find the rent as power prices rise and paid hours are reduced. It doesn't include all of the increasing number of adults who have to live with their parents to keep a roof over all their heads. Over a million households are now paying housing costs that exceed the affordability benchmark of 30 per cent of household income. Many of these people won't apply for public housing as the waiting list deters them.

Like Bert, those 105,237 people with nowhere to go tonight all had homes once.

Jan Berriman, chief of the YMCA, recently stated that last year her organisation could only accept one sixth of the women in need of accommodation who requested help from her organisation. Ms Berriman cited marriage breakdown, lower paying jobs, caring duties and a lack of superannuation as some of the reasons that women suddenly find themselves in the rental market, the social sector and at the mercy of Centrelink.

At some stage we all need to accept, or offer, a helping hand. There has only been a minimal increase in resources since then prime minister Kevin Rudd briefly focused government's attention on homelessness. There has been little capital investment in

this sector in the intervening decade. Homelessness Australia has reported that the nation is losing the war against what Mr Rudd referred to as a "national obscenity".

Increased funding for crisis accommodation, affordable and social housing needs to become an imperative for state and federal treasurers. It's hard to see merit in investment in tourist car ferries when people are trying to survive in nearby foreshore reserves. The Miners Rest Motel in Wonthaggi, the only crisis accommodation in Bass Coast and South Gippsland, is slated for redevelopment – into a petrol station.

The evening after those kind and sombre words were said in memory of Bert, a flare shot from the end of the Corinella Pier, lighting up Western Port. A community art project, The Edge of Us, bought the Waterline communities together under the Southern Cross. The candles that flicker in memory of Bert also bring us together. Rest in peace.

The International Organisation for Homelessness defines four categories of homelessness.

Rooflessness - without a shelter of any kind, sleeping rough.

Houselessness - with a place to sleep temporarily.

Living in insecure housing - threatened with severe exclusion due to insecure tenancies.

Living in inadequate housing - in unfit housing or in extreme overcrowding.

Comments:

A beautifully written article Geoff and Bert's death has highlighted housing concerns for people living in our area. The service that night was very moving and highlighted homelessness and a lack of resources in Bass Coast. I do hope that some good comes out of this.

Joy Button

Thank you Geoff Ellis for taking the time to put into words what a lot of local people are feeling about the loss of Roberta. Even though we had not met, it feels so wrong for a member of our small community to pass away alone following a string of dire circumstances. I hope checks will be put in place to mitigate this happening again. I would love to see Council approve a place of remembrance in the way of a seat or plaque in Roberta's memory also.

Lizzy Leahy



Greg Hunt MP



Federal Member for Flinders

Minister for Health. Minister for Sport.

The completion of any major project is cause for celebration. Recently, I was able to join with the local Waterline community to celebrate when I visited Cowes on Phillip Island to officially open the Phillip Island Health Hub.



The opening of this fantastic facility is the culmination of years of dedication and hard work by the community, the Phillip Island Medical and Health Action Group, the Warley Trust and Bass Coast Health.

It is built for not just the present, but future needs of Phillip Island residents and visitors. It is a facility the whole Phillip Island community can be proud of.

Services such as cardiology, urology, oncology, haematology and ophthalmology have already been secured for the Hub, with plenty of room for more services to follow. I will continue to work with Bass Coast Health. Bass Coast Shire and the Victorian Government to secure expanded services for the Hub and across Phillip Island as a whole.

This has been a true partnership from all levels of Government and most importantly with the community.

At a federal level, we were able to commit \$2.5 million for the construction of the Hub. as well as assisting in securing \$2.2 million from the Victorian Government, \$1.1 million from the community led Warley Trust and the gifting of the land from Bass Coast Council.

However, special praise must be made to the community itself. Following the closure of Warley Hospital in early 2008 – the community, led by Jock McKechnie,

STATE MEMBER FOR BASS

Graeme Cock. Peter Paul. John Matthews and Linda Marston have lobbied all sides of politics for funding of the Hub.

I congratulate them and the whole Phillip Island Medical and Health Action Group team for the leading role they played in ensuring this state-of-the-art building came to fruition.

There are more exciting projects that will be completed in the months ahead and I look forward to sharing these great stories with you. You are also more than welcome to contact my office directly at 03 5979 3188 and by email at greg.hunt.mp@aph.gov.au at any time to discuss your issues.

Greg Hunt

Greg Hunt's office details are: 4/184 Salmon Street (PO Box 274) **Hastings 3915** Email: greg.hunt.mp@aph.gov.au Tel: (03) 5979 3188

Website: www.greghunt.com.au



South Coast Speakers **Toastmasters**

Meet on the 2nd and 4th Wednesday from 7.30 to 9.30pm at the San Remo Hotel, 145 Marine Parade, San Remo.

If you would like to come to check it out, call Brigitte 0421 812 691 info@southcoastspeakers.org.au

Cr Clare Le Serve Western Port Ward

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9 McBride Ave, Wonthaggi 3995 03 5972 4755

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History



Bass Valley Historical Society



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Contact - Polly Freeman - (03) 5998 364 pauline.freeman2@bigpond.com

The Koo-Wee-Rup Swamp Historical Society.

Heather Arnold 0407 521 637 harnold@dcsi.net.au

Lang Lang & District Historical Society Secretary Peter Hayden 5997 5114

Secretary Peter Hayden 5997 5114 ralph6@dcsi.net.au

Phillip Island & District Historical Society Contact 5956 8501, history@waterfront.net.au



Railway Station Museum

Murray Street, Wonthaggi Phone: Irene 03 5672 1830

wonthaggihistsoc@dcsi.net.au

Secretary: Opening hours: Tues & Thurs 10am-3pm Saturday 10am-2pm

The society meets at 7.30pm on the 3rd Thursday of the month at the museum.



Libby's Corner With Libby Skidmore, Historian. Bass Valley Historical Society



Found this strange piece in the Morwell paper of 1922

It is such a change from the way our newspapers print news these days I wonder did they read it carefully and discuss it with their neighbours over the back fence

Its such a change from the celebrity news and fake news we get now

Gippsland

When the Creator moulded the great continent of Australia, he bestowed his bounty in generous measure on the south eastern portion; now geographically designated Victoria, and rich and beautiful were the gifts lavishly distributed over the Territory which has come to be known as Gippsland.

Nowhere else in the Commonwealth is there more charming scenery than in this spacious district, and nowhere else is there greater natural wealth. In the fullest truth, not only does it appeal overwhelming to the aesthetic mind, but it also astonishes and captivates the utilitarian, with its unlimited possibilities for primary and secondary production. Victorians have always been proud of Gippsland and never were they more appreciative than they are today. The local residents however are still more enthusiastic in their admiration and they are now engaged in a very laudable and practical scheme to extend the knowledge of the area, and attract to it the widespread attention which they quite properly, feel it is entitled to.

They realize that they are, in a very deep and patriotic sense the custodians of a grand inheritance, which it is their duty to make known to others, so that they may come and share the joy and honour of utilizing it to the best advantage. The cinematographer of the Immigration Bureau has been busy securing typical scenes and other films and these will be supplemented with appropriate literature setting forth the enormous potentialities of the country, the immense scope afforded for the practice of dairying, potato culture, and various other forms of production, and clearly indicating the character and varieties of the land in the different parts of the territory, the nature and prices of livestock, and a host of other instructive data of interest and guidance to possible new settlers.

There is a wealth of new material available for treatment and the more judiciously it is handled the better the ultimate result will be. Besides the primary industries, special consideration is to be devoted as it should be to the Morwell power scheme which promises to be one of the most stupendous enterprises of its kind in the world. It is destined to play a very important part in the life and expansion not only of Gippsland, but also of the metropolitan area and of other still more distant parts of the state. Like the stately timber, the graceful ferns and the placid waters of the expansive lakes, it stirs the imagination, but in a much more vigorous and compelling fashion, for but bespeaks the enormous hidden wealth of brown coal, and the immeasurable latent forces at the disposal of the state for the multiplication of industries.

From the Morwell Advertiser January 20th 1922

How our reporting has changed! The pride in the areas assets is obvious and charming to read. Maybe we need to rethink our attitudes

Libby Skidmore

BASS VALLEY HISTORICAL SOCIETY

JUNE DINNER MEETING

JUNE 3RD 2018

GEORGE BASS PUB, HADE AVENUE, BASS

11:00 FOR 11:30 Meet at the pub and order meal from the Seniors list of two course meals \$17.50

12:00 Historical society meeting

12:30 Lunch

1:30 Speaker

SAM GATTO

WONTHAGGI HISTORICAL SOCIETY

WONTHAGGI AT WAR, WW1

AFTERNOON TEA

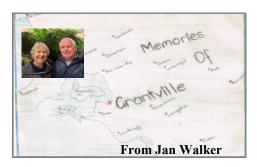
REPLY TO MARGOT MIDDLIN 5678 0226

SUE KINNIFF 0418588596

DRINKS AT BAR PRICES

DOOR PRIZE....TICKETS 3 FOR \$2:00





The Grantville Timber Industry



Kim Walker 1984

One of the sights that impressed the early settlers, who opened up the area around Grantville, was the magnificent forest of great trees that covered the hills east of the Bass River.

The trees were up to two hundred and fifty feet high and the blue gum, messmate and blackwood timber were all excellent qualities for building purposes.

These facts were to influence the men who came to inspect the trees, two brothers, J. and M. Quiggan, Lewis A. Stewart and Brazier all came to establish sawmills. There were two known sawmills in Grantville before 1874, although many of the old records were lost and memories have proved not so reliable in many instances.

The first problem incurred was transporting the timber from the forests which was earlier done with bullock teams. Later a system of tramways was built and used both to bring timber to the mills and also shift the sawn products to the sea Branch tramways were added to the new areas of timber and went as far as ten miles away from Grantville.

Brazier's sawmill was established on a crown allotment which fronted onto the tramway, near the tramway crossing over the Bass River. This site is close to the present bridge over the Bass River at Almurta and the tramway from this mill ran through the paddock of my present home. The total output of sawn timber from these mills in the Grantville area in 1876 was given as 90,000 super feet per week. Ninety men were employed who lived in Grantville or at the Mills.

Five thousand pounds had been spent on the tramway and the jetty, both built privately.

Grantville History

Brazier's Mill was closed on 13 November 1880 and later purchased by W.J. Craig in 1882, who also bought farming land in this area.

All the tramways were constructed solely out of wood; very easily obtained and cheap.

In 1898 a disastrous fire severely damaged the tramways and a lot of work was required at times to protect them.

Alexander Stewart was a very good businessman and had one of the biggest mills.

He also owned a schooner which carried the timber to Melbourne and returned with goods for the district. By these means he was able to keep going.

He was one of the first to start and the last to close down.

The selector's ability to clear the land of trees did not come into the saw miller's calculations, for in the space of a few years the selectors denuded the hills of timber and open pasture took their place.

The blackwood timber was put into making beer barrels and railway carriages. There was even a reserve area of land preserved for the growth of the blackwood trees. Tramways at this time, in the late 1800's cost one hundred pounds per mile to buy and the shipping costs were six shillings and eight pence per ton.

After the clearing of trees around Grantville, it is now chiefly a grazing area. The Great Southern Railway made the transportation easier and cheaper. The Great Forest, in the Strzelecki Hills,

The Great Forest, in the Strzelecki Hills, with its far richer soil, induced a number of farmers to move away.

Today there are treed areas around the farms and even the dotted blackwood is still to be seen.

The Timber Cutters From the Grantville Memorial Park History Walk

For about 20 years, timber was the king in Grantville.

Mills were established in the hills, owners ran tram lines to the coast and cut logs were transported to Melbourne.

Two sawmills were established in Grantville in 1874.

It has been said that the tallest trees were clean sticks 250 feet high.

The cut timber has to be brought to the coast and a system of tramways were built through the stands of timber to the jetties. Brazier's Tramway came to Grantville, Stewarts Tramway came to Queensferry and the third went through Woodleigh to Bass Landing.

In 1876 nine thousand super feet of timber per week was milled in the Grantville mills.

By the late 1890s there was not enough timber left in the Bass Hills to make the mills profitable.

The mills closed and the workers left. Grantville's heyday was over.

www.grantvillehistory.com.au



The Bass Valley U3A's Local History Group meets monthly in Grantville.

There are vacancies in the group, which requires U3A Membership (\$30 p.a), which also allows you access to all U3A groups, vacancies permitting. (See page 7).

The group has launched the website:

www.grantvillehistory.com.au and is about to launch a free subscription e-newsletter, which will be available for download from the website, or emailed direct to you each month.

We have been promising you a story on Grantville identity Cyril Dolphin (8.12.1916 - 8.9.2001) for a couple of months now.

We have located two of his surviving relatives and are just waiting on a photo to go with the story, mostly written by Cyril, on his thoughts on the area, which should be ready for next month and the launch of the new History Group newsletter.

We also have some other great stories coming up, which will also be added to the website.

If you have something to share with us, please let us know.

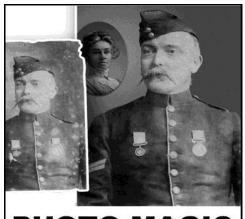


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History

A Short History of **SOUTH GIPPSLAND NEWSPAPERS, 1875-2000**



This history of the Korumburra and South Gippsland newspapers entailed considerable research, and in this I was greatly aided by local historians, and present and former owners of newspapers in (the editor of the paper). When John's the area, to whom I am most grateful. It may be that there are still names missing from the roll call of former owners and editors, and if this is so, it is due to insufficient research on my part, or insufficient knowledge on the part of those who contributed. I would be most grateful if anyone reading this booklet and having factual information relevant to the subject, could contact me so that I may include it in future editions.

Printer, Coal Creek Heritage Village, VALLEYEXPRESS (? - 1927):

As an area was settled by the pioneers, the newspapers were quick to follow. They were a vital public service in the early years of settlement. In the absence of radio, television or the telephone, they provided a means of communication, a platform for

causes, and a whip for development. With the development of the coal mines at Korumburra and consequent rapid David Tattersall population growth, the area was a hive of activity between 1890 and 1920. During many of these years the area supported four or five separate independent weekly or biweekly newspapers, including:

THE GREATSOUTHERN ADVOCATE (1889-1959):

First owned and published by E. B. L. & A. E. Dungey on allotment 26 at Bena on September 13, 1889. In 1891, E. B. L. Dungey purchased A. E. Dungey's interest, and in June of that year the name of the newspaper became "The Advocate" and the business moved to Loch.

In December, 1891. The Advocate was purchased by Mr John Gannon, who moved it back to Bena, where he also commenced publication of the "Korumburra Independent" the following year. In April, 1896, Mr Gannon moved both newspapers to his home in Bridge Road, Korumburra. In 1927 The Advocate merged with the "Loch, Poowong, and Bass Valley Express".

On the death of John Gannon, the newspaper was run by his daughter, Frances, and her husband Arthur Juratowich purchased Pat Diviney's interest, and Blake widow, Bridget, died in 1935, Arthur and Frances purchased the newspaper, and in later years their eldest son, Frank, took over.

Frank Juratowich finally closed the business down due to ill-health in 1959. He worked for a time after that as a journalist for Frank Gannon at "The Great Southern Star" in Leongatha before his retirement and death in the late 1960s.

David Tattersall THE LOCH, POOWONG & BASS

1980-2006. This newspaper was absorbed by John Gannon into the "Great Southern Advocate" in 1927. No further details known about it.

> THE SOUTHERN MAIL (May 20, 1890 to July 31, 1909): First published by E. H. C. Brown at

premises three doors down Commercial Street, Korumburra, from Radovick's Hotel. A weekly newspaper. In October, 1892, when the Coal Creek Proprietary Company railed its first load of coal to Melbourne, the Southern Mail had a record print run of 1350 copies. Randolph Bedford, eventually to become a Member of Parliament in Queensland, worked as editor of the Southern Mail for some years.

THE KORUMBURRA TIMES & VICTORIAN COALFIELDS GAZETTE (July 1892 to 1973):

The first editor was G. W. Mitchell, who came originally to Korumburra as manager of the National Bank. In 1893 he sold the newspaper to E. H. C. Oliphant, who staved until 1896, and was later to become a journalist and author of international renown. Oliphant was followed by G. Morrison, who had worked for Mitchell. Mr G. H. Whittaker was proprietor at the time of his death (the result of a fatal vehicle accident) in March, 1909. A later owner was Mr Wilson (in the late 1920s-early 1930s), followed by Mr Pat Diviney, who later took Reg Maskell into the partnership.

In approximately 1950, Brian Blake and Maskell were the owners in 1973 when the "Korumburra Times" merged with the "Wonthaggi Sentinel" to become the "South Gippsland Sentinel-Times".

THE SOUTH GIPPSLAND SENTINEL-TIMES (1973 to the present):

Established when the Korumburra Times and the Wonthaggi Sentinel merged. Published at Korumburra with branch offices at Leongatha and Wonthaggi for the collection of news, advertising and commercial printing.

THE KORUMBURRAINDEPENDENT (July 7, 1892 to 1911):

A weekly, published by John Gannon and incorporated into "The Advocate" (also owned by him), in 1912.

Continued Page 29



Freemasons Victoria (Wonthaggi & Phillip Island) Good men, supporting each other, Their families and the community

Powlett Lodge No. 611 Meets at the Wonthaggi Masonic Centre 17 Edgar Street Wonthaggi 1st Wednesday each month at 7.30pm.

Woolamai Daylight Lodge No. 277 Meets at the Wonthaggi Masonic Centre 3rd Tuesday each month 10.am. except June July August & September

Phillip Island Lodge No. 512 Meets Phillip Island Masonic Centre, Church Street Cowes 2nd Wednesday except June July August

Membership & visitor enquiries - Glen Richards 0419518351

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History

A Short History of SOUTH GIPPSLAND **NEWSPAPERS, 1875-2000**

THE GREATSOUTHERN STAR (1890 to the present):

"The Great Southern Star" was first published on August 13, 1890, by W. E. McPherson & Company in Bair Street near McCartins Hotel. In October, 1890, it was purchased by William Wilson Young, who transported his equipment from Mirboo by bullock team to Leongatha, the 20-mile journey taking three days.

The Star was purchased from Young by Rossiter Bros. of Yarram, on May 12, 1906, and managed by H. J. (Happy Jack) Rossiter.

A fire in March, 1909, destroyed the premises in McCartin Street (the business having been moved from Bair Street some time in the past 20 years), after which Rossiter re-built in brick.

Rossiter ran the newspaper until April 1, 1946, when he leased it to an employee, H. B. Stone (father of Allan Stone, the noted Australian tennis player). Stone later purchased the Leongatha Echo in 1951, and then purchased the Star from Rossiter in 1954. He amalgamated the two newspapers under the name "Great Southern Star", and sold this to F. V., E. A. & F. V. Gannon in January, 1958. The Gannons who purchased the paper were, respectively, the widow of Vincent Gannon (who had owned the Powlett Express in partnership with his brother Thomas), Vincent's daughter-in-law, Elizabeth, and his son, Francis. After the death of Mrs Gannon Snr. in 1970, and Frank's wife Elizabeth in 1972, Frank sold the newspaper to his sister and brother-in-law, Dorothy and William Giles in 1978, and purchased the Colac newspaper.

At that time, the Giles family owned the "Yarram Standard" which, together with the Great Southern Star, is still owned by the Giles family.

THE POWLETT EXPRESS & VICTORIAN STATE COALFIELDS **ADVERTISER (? - 1967):**

It is believed this newspaper may have been started by Crange & Company. It is known that in 1911 the manager and editor was George Guy Nevill, who had come to Wonthaggi from Rutherglen during 1911. Crange & Company sold the newspaper in mid November, 1912, and it is thought that the new owner was Ignatius Gannon, eldest son of John Gannon (who had purchased the "Great Southern Advocate" in Korumburra), and who moved the business to McBride Avenue, Wonthaggi, opposite

Taberner's famous Whalebone Hotel. Ignatius sold the Express to his brothers Thomas and Vincent in 1925.

David Tattersall Thomas was the editor and Vincent the production manager. This partnership dissolved in 1928, when Vincent married and moved to Stawell.

> Thomas and his wife Vera ran the paper until Thomas' death, when his son Thomas took over the paper from his mother and ran it until 1967, when he sold it to the "Wonthaggi Sentinel", owned by Warwick McCrimmond and Foon.

THE WONTHAGGI SENTINEL (? - 1973):

First owned by Mr McCrimmond. At a later date McCrimmond's son, Warwick, took over the newspaper, and then Mr Foon, who had been a printing employee of the firm, was taken in as a partner. This was a weekly newspaper in 1927, with offices in McBride Avenue, Wonthaggi. In 1967 the Sentinel purchased the opposition newspaper, the "Powlett Express", and then in 1973 merged with the "Korumburra Times" to become the "South Gippsland Sentinel-Times".

PHILLIP ISLAND AND **GRANTVILLE:**

On Phillip Island, there was a newspaper in the 1970s owned and operated by Ernie May, which is believed to have closed down when he retired.

It is not known how long this newspaper had existed. It is believed that there were several newspapers at various times in the early 1900s, at Grantville and on Phillip Island, but as yet, no further information is known about them.

REPRODUCTION OF **ILLUSTRATIONS**

The greatest problem facing printers in the early years of letterpress printing, was the difficulty in reproducing illustrations. Prior to the mid 1800s, pictures, maps, etc., had to be carved into wood or etched or engraved into metal in order to produce a relief image which could be printed and, of course, had to be produced in a mirror image of the final desired result.

This was a costly and slow process and as a result, illustrations were seldom used in newspapers.

W. H. Fox Talbot in England and Louis Daguerre in France independently came upon the basic principles of photography in the 1830s (Daguerre further developing initial discoveries made by Joseph Niepce in France in the late 1820s), but it was not until 1852 that Fox Talbot perfected a process for producing an etched plate which reproduced half-tones suitable for letterpress printing.

This was further developed by the Levy brothers (USA) in 1893. The weekly Sydney Mail used woodcuts for illustrations from 1871 to



1888, in which year it published its first photographs.

The Sydney Morning Herald published its first photographs in 1908. Although used by the larger daily newspapers, the Fox Talbot and Levy processes were expensive, and it was not until the invention of the Scan-A-Graver in 1947 (a machine that scanned the photograph and simultaneously cut the image into plastic with half-tone dots), that the smaller newspapers were able to produce photographs effectively and cheaply. Illustrations in country newspapers prior to this consisted almost exclusively of illustrations in advertisements. These were printed from blocks produced in the city at the cost of the advertiser (usually a national or international company), and forwarded to the various newspapers for inclusion in that company's advertisement. These were known as stereos, and the process of making them was stereotyping.

> A Short History of **LETTERPRESS** PRINTING TO 1950 and **SOUTH GIPPSLAND NEWSPAPERS, 1875-2000** Bv DAVID TATTERSALL © David Tattersall 2011

This is just a brief extract from David's comprehensive publication.

There are no printed copies left but if you are interested contact him and you may be able to get a pdf copy.

davidjaytee49@gmail.com

We will have more coverage of the Grantville and Phillip Island Newspapers in coming editions.

If you have a contribution to make to this section of The Waterline News, we would be extremely happy to hear from you.

We are especially looking for old Maps, Photos and copies of local newspapers.

If you have anything to contribute please email - editor@waterlinenews.com.au





POET'S CORNER

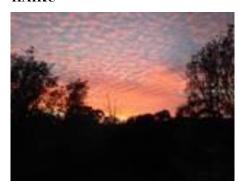
Submissions always welcome Email: editor@waterlinenews.com.au

THE WINTER SEASON

The curtain of autumn Lifts colourfully up, Revealing performers and actors And other such factors. While a glittering gauze of slanting rain drapes a curtain of murk over the choreographer's work. The orchestra tunes and the music swells, High pitched concertinas of hysteria screaming. The ballet builds apace an intricate dance of advances and retreats, And entrechats and leaps Pirouetting bodies and high kicking legs. Sinews straining, arms flung tall towards the illusive spinning ball. Victory floating in the balance hobnailed toes tilt and point Towards the stage goals Of white painted poles. At last the finale is reached And in grease painted mud And lit by media evidence, Is the troupe's last appearance. And that cyclops eyed monster, that audience of critics and fans, Shows clamorous appreciation Of their players' hard won accreditation.

©Margaret Pearce Email: mpearceau@gmail.com

HAIKU



against pink and blue of speckled sky the day dawns at The Gurdies



© Meryl Brown Tobin

CALL OF THE SEA

The sea, the sea, the restless sea, It calls to me so endlessly. Like hungry lapping waves, That embrace the sandy shore.

Peaceful and calm, as if asleep, Engulfed in mystic thoughts too deep. My spirits soar with awe and wonder, As roaring waves crash like thunder.

Luminous and blue sapphires on fire, Gazing at translucent waves, I never tire, Jewels crowned with foam crested spray, Sun caressed sparkle like diamonds.

Ever moving, grasping, always receding, Never to attain for what you are reaching! O restless sea your fate is sealed ever more, Your journey must end at the shore.

I gaze beyond the edge of time, And hear mysterious seductive rhyme, Rising to a crescendo as crashing waves

"Home, home, come home to me."

EXPLORERS

Everyone searches the horizon from a separate path,

glimpses the hills through frames of bending

beyond slenderness of aerials, geometry of rooftops.

across emptiness of paddocks. There is the

edging mysterious lands of hope and promise.

Here, explorers begin the daily challenge, facing jungles, deserts, finding stony ground.

Everyone meets for a moment on the way, to wonder at the sight of so many lives. Then all continue towards new discoveries.

The magic line of the horizon waits, reveals rising and setting, centre of light.

Marguerite Varday

A MATTER OF WILL POWER **Short Story by Margaret Pearce**

The indicator swung around the dial and then steadied. I was down another three

"No cakes, takeaways or sweets," my doctor Email: mpearceau@gmail.com said. "Just a matter of will power and you'll feel a new woman."

I did feel like a new woman. No more shapeless shifts for me. The tailored fitted clothes suited my new image as a well-dressed woman of

decision and will

power.



I passed a cake shop. The window was full of fattening rubbish; vanilla creams, fruit buns, coffee scrolls and éclairs. My only reaction was amused tolerance. I paused to examine the display.

The plate of chocolate éclairs was right at the front of the window. They were enormous! The chocolate icing had a rich gleam, as though it was so fresh it hadn't had time to set properly.

I swallowed as though the dry biscuits I had for lunch were still stuck in my throat. Inside me a pain started, as though the cottage cheese and olives I had eaten with them still gave me indigestion.

I stepped back to get the reassuring Nalini de Sielvie reflection of my trim figure. By some accident of light, the plate of chocolate éclairs sprang into prominence, nakedly exposed on the front shelf and leering at me. Shutting my eyes, I willed thoughts of crisp lettuce, and freshly cut tomato into my mind. The insidious memory of vanilla flavoured cream, mixed with rich dark chocolate invaded my taste buds.

> I opened my eyes to admire my reflection, but the entire window seemed dominated by the plate of chocolate éclairs.

Every detail etched itself into my mind. The way the piped dark chocolate rippled so thickly across the top. The vanilla cream had been squashed in one corner and had oozed out. A few fresh crumbs of the sponge finger had fallen to the side of the plate. The dusting of icing sugar on the base of the éclairs made me breathe hard.

A moan was wrenched from me. A passerby paused. My respectable appearance must have reassured her for she walked on. I was hardly aware of the door banging behind me as I entered the shop. My voice seemed to come from a long way

off, forced out from the depths of my deprivation and lust. "One dozen chocolate éclairs please and I'll

have some of those cream buns with the raspberry jam." All decisions in life were only a matter

being in control, and of course of will power.

© Margaret Pearce



Writing

LOVE LYRIC (For my companion)



My loving strength is for a round red rose, refreshing as the morning air, in fulsome foliage she is lushly clothed, nor thorns nor prickles doth my sweet rose bear.

her joyous aspect draws gay butterflies, her pollen tempts the hungry bee to sup, her gentle fragrance courts the sun to bow and bless with warmth bird, butterfly, bee and flower.

may I companion three, gentle rose, with my stringent garlic nature strong? planting myself close by your feet I'll toil to halt all insects who would do you harm.

oh rose, fade not twixt golden day and sombre night!

let not our union suffer time's authority, nor let age succumb to time's cruel bite, and sated flesh weaken love's intensity.



Rebecca Maxwell From "with other senses" 2015

Luminous Galleries Night galleries a huge success Jeannie Haughton

The Luminous galleries Launch was something to remember, and the first month of arts installations in the new night galleries has been extraordinarily popular.

The feminine bevvy of beauties that guarded the shores of Coronet Bay were a direct contrast to the stoic and very masculine link-chain windmill created by Ian Smith in Pioneer Bay. Grantville and Corinella installations were eye catching, contemporary works by Jordan Crugnale and Bass Valley Primary school students, and Rina Ori's family.

Corinella's artwork finished its days as the backdrop for a wedding. The Grantville night gallery tucked in its rather uncomplimentary space, did not spoil the superlative geometric and atmospheric work on display. It certainly surprised and rewarded those who took time to seek it out.

In the meantime the second month of artworks are close to installation so be sure to check them out on or after May 5th.

The community spirit that underpinned the launch was overwhelming. From the illuminated barge and paddle boarders at sea, to artworks and singing and



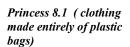
Corinella - Photo by Anna Carson

mysterious light bugs appearing in tree tops, it was a wonderful night.

There are so many people to thank, but none more so than the artists who slaved away for hours and hours to create their amazing installations simply for others to enjoy. Many had never created artwork before.

"Almost every time I went to the beach there were people walking around our ladies," laughed Joann Gan, the leader of the mannequin makers at Coronet Bay.

"They were talking and reading our poems and many came to look many times. That is why we made them- for others to enjoy."







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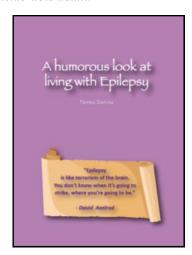
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View our catalogue at: paintandsip.com.au

Book Reviews

Epilepsy Up Close and Personal

Once writer Nenia Tavrou had a secret.

In her fifth book A humorous look at living with Epilepsy, she shares it in considerable detail.



How many people do you know who have travelled widely, worked in eleven countries as a volunteer and worked as a Projects Manager for a big corporation and shared intimate personal embarrassments and who is a warm, humorous and empathetic individual? Then meet Nenia Tavrou through her latest book in which she does all these things and talks about living a full life and more—despite the challenges of living with epilepsy.

From her opening sentence you jump right in with her: I was diagnosed with epilepsy when I was three.

Then she proceeds to share the warning or aura, as she calls it, some sufferers get prior to losing consciousness.

For me, my aura consists of sound being magnified 1000 fold so that it is quite painful ... [and] I also have a huge knot form in my stomach.

At such times I'm trying to assess my

immediate situation to cause the least issues for both myself and those around me.

Nenia soon learns to sit down quickly, preferably on a toilet in case she loses control of her bladder, which can happen. Such embarrassing moments she calls uh-oh beautifully presented. Small Clip Art moments. With experience she has cut them illustrations characterize her pages and to a minimum, but, when she has them, she dismisses them with her ready sense of humour and wit.

One of her worst experiences was having her ultra-long hair shaved off before she had part of a brain operation to hopefully stop her seizures occurring when she was fifteen. Subsequently she loathed wearing a scarf to cover her head. When she stopped wearing it she was surprised when a woman came up to her and said, 'I love the artistic design on your head! Where'd you have it done? My daughter's been looking to have hers done too".

Nenia is a storyteller with many stories to tell, not all directly connected with her epilepsy. One concerned a strange man in a A humorous look at living with Epilepsy is kilt who stalked her for weeks.

Often Nenia was touched by the kindness of passers by who stopped to see she was all right after they had either watched her have a convulsion or come across her afterwards. One old lady returned money she had dropped and told her where to find one of her shoes that she hadn't even realized she had lost.

Having epilepsy did not stop her meeting the love of her life and marrying him nor becoming a foster mother. Nor did it stop her studying and working for her church as a volunteer overseas in Africa, India, China and Cambodia.

A remarkable story about an ordinary yet extra-ordinary woman with a great capacity for love and life. A humorous look at living with Epilepsy shows Nenia turning an embarrassment into something to laugh about.

By sharing her experiences she shows others the way forward.

A humorous look at living with Epilepsy, a 132 page A5 paperback with glossy pages has a striking purple cover and is break up the text. As the book is so informative and written in such an easy to read style, it is a must-read for those diagnosed with epilepsy, especially those newly diagnosed, their families, friends, professionals and the general public. Providing not only very useful information not readily available anywhere else, but providing tips, giving hope and a sense of security to those affected by epilepsy, it has the potential to do a lot of good.

Any readers wanting an informative and entertaining read should think about reading it. They are likely to find they will not want to put it down until they have finished.

available from Nenia Tavrou:

nenia1@bigpond.com

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Environment

Letter to the Editor.

DELWP still Missing in Action!

In the absence of any move by the Department of Environment, Land, Water and Planning (DELWP) to hold further community discussions or workshop sessions about Grantville's erosion problem or to release their Coastal Protection Plan for Grantville, September 2017 Draft, George has come across a document that may help fill the void: a discussion paper by Chris Harty Planning and Environmental Management, commissioned by the Department of Sustainability and Environment - now DELWP.

The document titled Mangroves in Western Port Discussion Paper, February 2011, presents "background information on mangroves in Western Port and in the Grantville/Lang Lang region based on a review of scientific literature and identifies issues relating to mangroves including their role in shoreline protection."

While its primary purpose is to "provide an independent and objective description of mangroves and how they influence their environment", the paper also presents a review of Grantville's recent history regarding its seawalls and other erosion mitigation measures (3.1.1 Grantville), and looks at "what form of shoreline protection is most appropriate, particularly in terms of social, economic and environmental perspectives" (6. Shoreline Protection Cost Benefit).

The author's intention was to promote community discussion and to help DELWP deal with the complex nature of managing foreshore erosion, but it seems nothing is going to trigger any 'erosion response' from DELWP and if the community wants to progress the issue, perhaps the time has come for the newly formed Grantville Business and Community Association to take up the cause.

Just ask George

Grantville Foreshore Committee



The Committee continues to do what it can to preserve and protect the foreshore reserve north of Grantville as far as Pioneer Bay. The main items to note so far this year: Contractors have sprayed the weeds, mainly blackberry

The public access step to the beach at Stewart St has been redesigned to make it more user friendly

The next meeting is set for the 14 June at 6 pm at the transaction centre when we hope to welcome Mr Rodney Croft, the new DELWP program manager responsible for this area. All welcome.

Eric Hornsby Chair 0417 222087

Send your letters to: editor@waterlinenews.com.au









Western Port Ward Update

Western Port Ward Update Crs Geoff Ellis, Clare Le Serve and Bruce Kent



BASS VALLEY CHILDREN'S CENTRE



Many years ago a tenacious community recognised a serious gap in local services. They engaged with Local Government which sat at the table to facilitate the process, proudly support and financially resource each step along the way. Community, individuals, local service groups, local organisations, businesses, JLM kinder, Bendigo Bank donated time, money, energy, support and worked together for the common goal.

The Bass Valley Children's Centre held its official Opening on Monday, 23 April, with many guests attending the special event, opened by the Member for Eastern Victoria, Harriet Shing and hosted by Bass Coast Shire Council.

The Centre has been operating for just over two months and provides a range of early learning programs, such as four-year-old kindergarten and long day care.

Visiting services such as Maternal Child Health and parenting programs, will also work out of the centre to provide families with a range of support.

BUDGET:

The second item on the April Ordinary Council Meeting agenda facilitated public consultation about the draft 2018-19 draft budget.

The \$99 million draft Budget proposes a \$21.2 million Capital Works Program, including projects such as:

- Supporting the Wonthaggi Shared Highball facility.
- Ongoing development of skate parks across the municipality.
- Acquisition of land for future community needs in Cowes.
- Construction of the Pioneer Bay roads and drainage upgrade scheme.
- Design of Olive Justice Park, Cowes \$25,000
- Works and signage for the Corinella Boat Ramp car park, \$45,000
- Refurbishment of the netball courts at Cowes, Bass and Dalyston, \$920,000
- Extension of Surf Parade shared path to Goroke St, Inverloch,
- Replacement of the pavilion at Dalyston Recreation Reserve, \$1,100,000
- Rehabilitation of Loch-Wonthaggi Road, Krowera, \$300,000
- Renewal of Bourne Creek (Kilcunda) Trestle Bridge, \$400,000

Our agricultural community continues to be supported with a rating differential of 80 per cent, as well as the opportunity to apply for the Rural Land Management Program worth \$604,555.

The draft Budget can be viewed at www.basscoast.vic.gov.au/budget or at Council's Customer Service Centres in Wonthaggi, Cowes, Inverloch and Grantville.

HOODED PLOVERS - KILCUNDA

Sadly, every nesting attempt at Kilcunda foreshore was preyed upon by foxes during this year's breeding season. Council is coordinating an integrated fox control program with Parks Victoria and Phillip Island Nature Parks, which will run from May 1 to May 8. It will involve Soft Jaw Leg hold Trapping. Parks Victoria will also be running fox control activities along the George Bass Coastal Walk and in Wonthaggi Heathlands.

By reducing fox numbers in the vicinity of Hooded Plover nests, the risk to these vulnerable beach nesting birds will be lowered. Fox control also has benefits for other native animals in the area and the nearby farmland. All formal access tracks will have signs to notify people of the program, informing them to keep their dogs on a leash at all times.

Council will be using a licenced contractor to undertake the trapping for one week in the Kilcunda area between the Bourne Creek Trestle Bridge and Lower Powlett Rd starting the first week of May. Council will be following the Prevention of Cruelty to Animals Regulations 2008. Traps will be checked early morning on a daily basis for the entire duration of the program. The risk to people, domestic dogs and native animals of being caught in a trap is managed by the small size of the soft jaw trap, the positioning of the traps in remote bushland sites away from the beach and defined access tracks, and dog regulations for the Kilcunda foreshore to keep dogs on a lead at all times.

For more information please contact Council on 1300 BCOAST (226 278) or (03) 5671 2211.

Coming Meetings

Community Connection Session 13 June 2018 3.00pm Council Chamber, Bass Coast Civic Centre, Wonthaggi

Ordinary Council Meeting 20 June 2018 5.00pm Council Chamber, Bass Coast Civic Centre, Wonthaggi



This update is based on the personal views and opinions of Councillors, Clare Le Serve, Bruce Kent and Geoff Ellis and may not be indicative of BCSC policy.



Contact: Cr Clare Le Serve 0448 083 286 clare.leserve@basscoast.vic.gov.au

Cr Geoff Ellis 0428 840 868 geoff.ellis@basscoast.vic.gov.au Cr Bruce Kent 0428 741 843 bruce.kent@basscoast.vic.gov.au

Gardening & Outdoors

WINTERING CHILLI'S AND **CAPSICUMS**

Ian Burns (Rhyll)



Three years ago a friend gave me some seeds from a "Hababeno", very hot chilli. I planted these and ended up with three good plants.

Over the past three years I have moved these plants twice, putting them into pots to re-establish them after their move, then into the soil.

They have been prolific producers. I've "wintered" them each season, by cutting back as I would a rose in Autumn.

They have survived this treatment each year. This year I potted two of them, let them establish themselves in the pot after 2-3 weeks, then gave them away to friends. The original plant is still in the ground as we move into May. No problem.

We have very mild frost here on Phillip Island, so no problem there.

I will not water the plant for the next 2-3 months, only if it looks a bit sad. I've used the same method on my Hababeno, Jalapeno, Thai Chilli and Capsicums.

With the Jalapeno, also into it's third year, I've put it into a pot and housed the pot in one of those little miniature hot houses Bunnings sell. I'll plant it out into the soil about mid August.

My beds are now well prepared, with chicken manure dug well in and a few bags of "pony poo" dug into with the old Sugar Cane mulch from last year.

I also dig in all my table and vegetable scraps, including banana peel.

I dug all the old vegies from the finish of this season back into the soil. Silver beet are now sprouting and I will be picking again in 2-3 weeks.

A lot of gardeners move their plants indoors For Sale to protect them over winter, but at Rhyll and Phillip Island we really don't need to.

WARNING

Chilli's, tomatoes, capsicums are all in the "Nightshade" family.

"Deadly Nightshade" has dark green pointed leaves, purple flowers and berries. If in close proximity to the above, it can possibly cross-pollinate.



Hababeno



Thai Chilli



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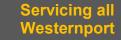




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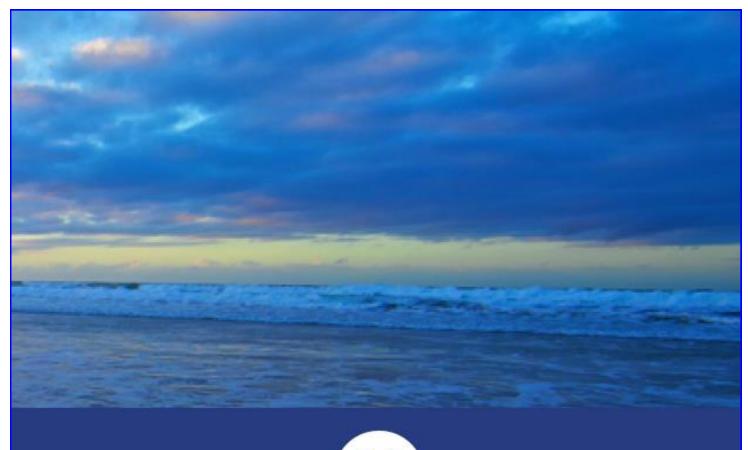
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