

The Waterline News

FREE

Distributed to outlets in Tooradin, Koo Wee Rup, Lang Lang, Nyora, Korumburra, Loch, Kernot, Grantville, Corinella, Coronet Bay, Bass, San Remo, Newhaven, Cowes, Phillip Island, Rhyll, French Island and Wonthaggi. Also available by free email, and online at www.waterlinenews.com.au



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Email: info@frenchview.com.au





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- 13 June
- 25 July
- 29 August
- 17 October



Celebrating 40 Years of Excellence

Opening in 1980 with just 52 students at the original Boys Home Road campus, Newhaven College now has an enrolment of over 930 students at the Phillip Island Road campus.

Newhaven offers a diverse range of co-curricular opportunities that complement the academic program and inspire young people to discover and pursue their passions.

A World of Opportunity

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- Equestrian
- Cultural Events
- International Tours
- Debating
- Tournament of Minds



Enrolments are invited for 2021 and beyond with limited places available in 2020.

Contact Belinda Manning on (03) 5956 7505.





30 ACACIA ROAD, GRANTVILLE

LUXURY LIVING, BAY VIEWS AND RURAL OUTLOOK

\$880,000

Substantial Acacia Road residence on an acre of prime land! Drenched in natural light this 5 Bedroom, 2.5 bathroom house is impeccable inside and out. Sophisticated and spacious with a designer kitchen and an expansive wraparound verandah! WOW



699 KOETSVELDT ROAD, RYANSTON

EMERALD COTTAGE

\$750,000

- On offer is a small acreage (1 1/4 acre + approx.) in a rural area.
- 4 Bedrooms, 2 new bathrooms
- Featuring timber windows throughout, high ceilings and magical views
- Expansive covered deck, it even has a timber swing ready for you!
- Beautiful views and peaceful surroundings. What a package!



2495 BASS HIGHWAY, BASS

A GROWERS DREAM ON TOWN WATER

\$750,000

With all the charm of yesteryear this lovely 3-acre property boasts country charm and a laidback lifestyle. The home features 3 bedrooms 2 bathrooms and a separate living space with a large original timber kitchen. Lovely decked verandah overlooking mature fruit trees and vegetable patches. Don't forget the teenage retreat to the rear!



395 LOCH KERNOT ROAD, LOCH

ULTIMATE LIFESTYLE OPPORTUNITY

\$860,000

Striking brick home set on 5 beautiful acres surrounded by panoramic rural view! The living area includes an open fire place with a stone chimney, a wood fire heater, cathedral ceilings with exposed beams and a fully equipped bar off to the side. Modern kitchen with a beautiful outlook! Ample shedding and much much more!



200 PEACOCK ROAD, THE GURDIES

FAMILY LIVING ON 40 ACRES!

\$1.2M

Situated only 2 km off the Bass Highway, this rural escape is the beginning of your journey to a tree change or sea change. Large country home with wrap around verandah and extended decking, ample shedding, cattle race, water tanks, stock fencing, a good square parcel of land which has views out to French Island and Westernport Bay as well as the hill tops of Glen Forbes.



469 NYORA—ST HELIER ROAD, WOODLEIGH

PICTURESQUE RURAL VIEWS

\$750,000

Architecturally built 4 bedroom 2 bathroom home with a mezzanine situated at the end of a long driveway in a picturesque location. Featuring a large deck which captures the rural landscape! Light filled kitchen/lounge area is a great space and has access to the second storey where the rumpus/ study space is found. Perfect for a hobby farmer and/or weekender alike.

The Waterline News - May



**What's inside
this month's
edition.....**

Section	Page
Advertisers index	40
Arts, Books & Writing	34-36
Bass Coast Post in print	24
Collector's Corner	26
Community Notes, Directory and Community Centre updates	8-13
Contact Details	5
Entertainment & Lifestyle	18
Environment	28
Food	16
French Island News	22-23
Gardening & Outdoors	33
Have Your Say	27
Health & Lifestyle	14-16
History	29-31
Local Business News	21
Markets and Op Shops	7
Local Halls	5
Maru Koala & Animal Park	26
Philosophy, Trivia & Quiz	32
Western Port Ward Councillors	20



Community Halls for Hire



Archies Creek	
Mez Oldham	0415 445 215
Bass Valley	5678 2277
Bena Maureen	5657 2276
Corinella Paula Clarke	0448 441 046
Coronet Bay Peter Thick	0429 851 004
Dalyston Dorothy Slade	5678 7334
Grantville Pat Van	5997 6221
Kernot Julie Johnston	5678 8555
Kongwak Betty Anderson	5657 4317
Lang Lang Cynthia Gane	5997 5510
Loch Greig Barry	0419 358 628
Kilcunda Andrea	0400 065 253
Nyora Nikki	0421 992 106
Newhaven Noel Street,	5956 6122
Rhyll Ring General Store,	5956 9205
Woodleigh Evan Jones	5 657 7275

Details not right? Let us know....

FROM THE EDITOR'S DESK

Waterlinepublishing@gmail.com



**Welcome to the May edition of
The Waterline News.**

Please Remember:

Deadline : First of every month.
Distribution : Third Wednesday of month.

Quite a number of people have asked if they can have the magazine posted to them. The answer is yes. The cost is \$3.00 per month, which includes postage and envelope costs etc.

Email:

waterlinepublishing@gmail.com
or write to **PO Box 184 Grantville 3984**

People who have internet access can read the magazine on the website :

www.waterlinenews.com.au

All previous editions are available on the website where the entire magazine appears in full colour.

You can also have the magazine emailed to you at no charge, just send us your email address.

Roger Clark

There isn't enough room in this entire publication to define Roger's contribution to our local community, let alone the effort he has put into The Waterline News over the last five years.

I am proud that he has entrusted the future of The Waterline News to me. He can never be replaced, I'm just the next custodian of this great community asset. I look forward to working with our contributors, advertisers and readers to continue Roger's purpose.

I know that every time I sit at this desk I will be mindful of his continuing legacy.

Geoff Ellis



IMPORTANT ANNOUNCEMENT



I NEED YOUR HELP!!!!!!

The acquisition of the Waterline News magazine, and absorbing it into my system has proved a difficult task so far.

The success of the transfer is going to rely on adequate communication in all areas.

The facilitation of this can only succeed through the proper channelling of communication.

To do this, I need all written communication to do with any aspect of The Waterline News, i.e. Community notices, Advertising requests, Submissions, stories, regular columns etc to be sent to the one single email address.

waterlinepublishing@gmail.com

Emails addressed to:

editor@waterlinenews.com.au
will continue to flow through automatically and connect to the gmail address.

IF YOU HAVE ANY QUERIES AT ALL, PLEASE CONTACT ME AS SOON AS POSSIBLE.

Editor

GRANTVILLE'S LOCAL RADIO!

3mFM is run by the community, for the community.

- 88.1 Central South Gippsland
- 89.1 Bass & Phillip Island
- 89.5 Foster, Yarram, Tidal River

3mFM receives no direct government funding and relies on sponsors and members to provide its service to our community.



Support our local communities and tune in to your local radio, 3mFM!
www.3mfm.com.au

THE WATERLINE NEWS
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Editor - Geoff Ellis

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(Leave message if no answer)

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ADVERTISING RATES (Sizes can vary slightly)

Small	6cm x 5cm	\$ 20.00
Small 1.5 (Bus Card)	6cm x 9.5cm	\$ 30.00
Double Small	6cm x 10cm	\$ 40.00
1/4 Page	9.5cm x 13.5cm	\$ 60.00
1/2 Page	19.5cm x 13.5cm	\$ 90.00
Full Page	19.5cm x 27cm	\$ 150.00

Colour ads + 100% - When available

Email: waterlinepublishing@gmail.com

(Effective 1.4.18)

LOCAL POLICE NETWORK

Bruce Kent Station Commander,
San Remo phone: 5678 5500
email: bruce.kent@police.vic.gov.au



Emergency Dial 000

www.police.vic.gov.au

Community Directory



Send us your Community Group
Notices by 1st each month
editor@waterlinenews.com.au

Artists' Society of Phillip Island

56-58 Church Street Cowes

For more information <http://aspi-inc.org.au/>

Australian Red Cross

Woodleigh Vale Branch

Contact Sheila Campbell 5678 8210

Bass Coast Community Baptist Church

Minister - Barry MacDonald 5995 3904

Bass Coast L2P Learner Driver Mentor Program

Wonthaggi
Leanne Tilley 5672 3731 or 0467 590 679

Bass Coast Strollers

Contact Liz Hart 5678 0346

Website <http://basscoaststrollers.org/>

Bass Friends of the RSL

Secretary Trish Thick 5678 1071

Mobile 0409 851 599

Bass Valley Community Group

Monday - Friday 5678 2277

Bass Valley Landcare

2-4 Bass School Rd, Bass 5678 2335

Boomerang Bags Phillip Island & San Remo

- Wednesdays 10am - 4pm.

Contact kylie@boomerangbagspisp.org

Cape Woolamai Coast Action

Email capewoolamaicoastaction@gmail.com

Corinella & District Probus Club

Heather Reid 0421 012 519

Corinella Boating & Angling Club

Website www.corinellafishing.com.au

Corinella Bowling Club Inc.

Balcombe Street Corinella.

Jacquie Carter 5678 0596

Corinella & District Community Centre

48 Smythe St Corinella. 5678 0777

Website www.corinellacomunitycentre.org.au

Corinella & District Men's Shed

& Woodies Group Corinella Road

Contact Ken Thomas 0427 889 191

Corinella Foreshore Committee

Contact Barbara Oates 0427 780 245

Coronet Bay, & Surrounds Playgroup (0-4yrs)

Coronet Bay Hall

Wednesdays 10am - 12noon

Contacts Catherine 0416 112 629

Coronet Bay Adult Social Club

Tuesday 7-10pm Coronet Bay Hall

Ann 5678 0341

Country Women's Association of Vic inc. Bass Group.

Cowes Lorraine 5952 2165

Glen Alvie Libby 5678 3280

Grantville Annie 5678 8037

Loch Val 5659 4268
Woodleigh Vale Carol 5678 8041

Cowes Table Tennis Group

Social play, coaching available.

Barbara Parrott 0425 885 834

Grantville & District Ambulance Auxiliary

Contact - Shelly 0417 593 497

Grantville Business & Community Association

Secretary Sandy Ridge

Email thegbca1@gmail.com

Grantville & District Foreshore Committee

Contact: Barbara Coles

Email bacoles@bigpond.net.au

Grantville Recreation Reserve Committee

Pat Van 5997 6221

Grantville Tennis Club Inc.

Contact Pat Van 5997 6221

Kernot Uniting Church

1040 Loch-Kernot Road, Kernot

Contact Secretary Judy Hogan 0422 094 903

Lang Lang Bowling Club

Ian Painter 5997 6554 M: 0419 646 040

Email langlangbowling@bigpond.com

Lang Lang Cricket Club

Secretary: Sharon May 0459 368 431

Lang Lang Playgroup

(0-Preschool) Thursdays 9.30am

Contact: Leah Dyll 0418 463 963

Amanda Gray 0458 195 258

Lions Club of Bass Valley

First Tuesday each month 6pm

Grantville Transaction Centre then third

Tuesday each month, Dinner at Bass Hotel.

Lyn Renner 0416 024 356

Nyora Youth Group

Contact Michael Felton

Email nyorahall3987@outlook.com

Phillip Island Bowls Club

Dunsmore Avenue, Cowes.

New members welcome, Free coaching

Contact George Mol 0407 851 065

Phillip Island Camera Club

Meet at the Heritage, Cowes.

Contact Susan 0408 136 717

Phillip Island Community Art & Craft Gallery Inc.

Cowes Cultural Centre Thompson Ave

All Enquiries Call Aleta 0419 525 609

Phillip Island Indoor Carpet Bowlers

Come and join the fun. Phillip Island

Celebration Centre 6 Lions Court, Cowes

Contact Jack 0434 944 380

Phillip Island & District Railway Modellers Inc.

The Phillip Island & District Railway

Contact Peter 5956 9513

Phillip Island Bicycle User Group

Meets Wednesdays 10am Amaze'n Things

Secretary Ruth Scott More information at

Phillipislandbicycleusergroup.com.au and Fb

Phillip Island Community and Learning Centre (PICAL)

56-58 Church Street, Cowes 5952 1131

Email Linda.Morrison_manager@pical.org.au

Phillip Island Patchworkers

Meet on a Monday night from 7.30.

Contact - Lyn Duguid 0427 593 936

Email phillipislandpatchworkers@gmail.com

Phillip Island-San Remo - Bass Coast Vegan Community

Find us on facebook under our title as above

Phillip Island Senior Citizens Club

Phone bookings 5952 2973

Email pisc123@gmail.com

Phillip Island World Vision Club

Second Wednesday each month 1.30pm

St. Phillip's Church Cowes

Enquiries - Thelma 5678 5549

Pioneer Bay Progress Association

Zena Benbow Email: pbpa@bigpond.com

Probus Club of Corinella and District

First Wednesday of each month at the Bass

Hotel.

Contact Heather Reid 0421 012 519

Rob Parsons 0402 852 300

Probus Club of San Remo

Second Monday of the month (except

January) 10am at the Newhaven Public Hall.

Visitors Welcome.

Enquiries Bob Andrews 0437 526 757

Rhyll Community Association.

Secretary Cheryl Overton 0427 680 483

South Coast Speakers - Toastmasters

Meet on the 2nd and 4th Wednesday

from 7.30 to 9.30pm at the San Remo Hotel,

145 Marine Parade, San Remo.

Contact Patricia 0412 339 795

Email info@southcoastspeakers.org.au

South Gippsland Arthritis Support Group

Contact: Adam 0408 353 785

Marg 0417 154 057

Diane 5658 1443

South Gippsland Mental Illness Carer's Group

Maggie 5658 1781 Rosemary 5662 4352

South Gippsland Parkinson's Support Group

Third Friday each month 10am for 10.30

Leongatha RSL

Meeting/Guest Speaker/Lunch available.

Email Suzi.marshman@hotmail.com

South Gippsland Support after Suicide

Phone 9421 7640

Email southgippslandsas@gmail.com

Around the Markets & Op Shops

COMMUNITY GROUPS

... continued

Survivors of Suicide

Raising awareness to aid prevention
Jillian Drew 0413 056 165

St Pauls Anglican Church Bass

HC at 12.30pm every Sunday
Contact Sandy Ridge 5997 6127

St Georges Anglican Church Corinella

1st Sunday each month 11.00am
Other Sundays 9am
Free Community Lunch Corinella
Community Centre Second Friday at 12pm
Op Shop open Mon, Wed, Thurs, Fri
10am - 2pm Saturday 9am - 12.30pm

Tenby Point Residents Association

President Jean Coffey 0419 500 593
Secretary David Pearce 0401 514 339

Wonthaggi Genealogy Inc.

Family History Centre, Library Complex.
Murray Street, Wonthaggi 5672 3803
Tues & Thurs 10am-5pm, Sat 10am-1pm
secretary@wonthaggigenealogy.org.au

Woolamai Racing Club

Contact the Secretary (03) 5678 7585

MARKETS



Every Sunday

Kongwak Market

10am - 3pm

Retro stalls, food, vegetables, coffee, curries, 30+ stalls

Enquiries: Jane 0408 619 182

2nd Saturday

Coal Creek Farmers' Market

Coal Creek Community Park
8am - 12.30pm 50+ stalls
coalcreekfm@hotmail.com
Contact for information 0459 629 000

Cowes Island Craft Market

102 Thompson Avenue, 9am - 2pm
In the grounds of St Phillips Church
60+ stalls Make, bake and grown goods and produce.
Contact for further details 0412 710 276

Corinella Community Market

Contact details 0435 736 510

4th Saturday

Churchill Island Farmers' Market

40+ stalls. 8am - 1pm
peter@rfm.net.au
Further Information 0439 364 760

Cowes Market on Chapel

Chapel Street. 8.30am - 2pm, 30+ stalls
Further information- 0428 603 043

1st Sunday

Jumbunna Bush Market

Jumbunna Hall phone 5657 3253

2nd Sunday

Rotary Club Market Wonthaggi

Apex Park 8am - 1pm, 50+ stalls
Walk to nearby Make it - Bake it Market
Contact: Neville Goodwin 5672 7245
Garry Sherrick 5672 5812

Loch Lions Village Market

May - Sept Loch Public Hall
Oct - April Loch Railway Station Park
70 + stalls
Information from Noel Gregg 5627 5576
Market day phone 0418 500 520

3rd Sunday

Inverloch Farmers Market

The Glade, Esplanade, 8am - 1pm
50+ stalls Information: peter@rfm.net.au
Phone 0439 364 760

Tooradin Sunday Market

9am - 1pm
Stallholders wanted, \$20 includes 1 sausage & bread breakfast per stall.
All Market Enquiries: 0429 188 280

4th Sunday

(Weather Permitting)



Grantville Variety Market

Except December which is the third Sunday
Grantville Recreation Reserve
8am - 2pm 100+ stalls
BBQ & Sausage sizzle, Coffee Cart, indoor and outdoor, cake stalls plus plenty of home made goodies.
Contact for further details 5997 6221

Last Sunday of each month

Inverloch Community Farmers' Market

The Glade, Esplanade, 50+ stalls
Email: info@inverlochfarmersmarket.com.au
Phone 0417 370 488

2nd Friday and Saturday each month

San Remo Cuppa and Chat Market

St. Augustine's Church
Marine Parade San Remo
Friday 9am - 1pm Saturday 9am - noon.
Bric a brac and Cuppa and Chat Market, cakes & jams Friday, plus a sausage sizzle on Saturdays.
Further Information: 5678 5386

OP SHOPS

Bass

Bass Valley Community Group

Hadden House Op Shop

Next to Bass Hall, Bass School Road
Monday to Friday 9am - 3pm
Saturday 10am - 2pm
Phone Enquiries 5678 2277

Corinella

St George's Anglican Church Op Shop

Smythe Street Corinella, next to Church
Monday, Wednesday, Thursday, Friday
10am - 2.00pm
Saturday 9.30am - 12.30pm

Grantville Op Shop

The Op Shop is located at the GRANTVILLE GARDEN CENTRE
Bass Hwy, Grantville
Monday, Wed & Friday 10am to 2pm
Saturday 9am to 12pm 5678 8357



Korumburra

Korumburra Uniting Church Op Shop

Thur-Fri 10-4 Saturday 10-12
Contact for information 5658 1884

Lang Lang

Lang Lang Community Op Shop

12 Westernport Road
Monday - Friday 10am - 3pm
Saturday 10am - 1pm

Nyora

Nyora Op Shop at the Nyora Station

Open Monday - Saturday 9am - 1pm.
Enquiries to Sylvia, Phone 5659 0089

San Remo

San Remo Op Shop

Back Beach Road.
Enquiries 5671 9200
Email: info@basscoasthealth.org.au

Community Notes



**CORINELLA
RATEPAYERS AND
RESIDENTS ASSOCIATION**

2019 Committee

President. Wayne Maschette.

Vice President. Peter Tait.

Secretary. David Laing.

Treasurer. Lyndell Parker

General Committee Member.

John Stewart and Michael Kelzke

Corinella has enjoyed some lovely weather over Autumn. Sadly though we need a lot of rain over Winter to make up for it! Corinella had a busy time over Easter with lots of locals and visitors out and about enjoying the laid back life style that Corinella is known for.

Our last meeting in April was again a well attended event. We are very fortunate that our Councillors are very diligent in that 1, 2 or on occasion, all three attend, giving a very comprehensive talk on issues and always willing to answer questions. Thank you to Clare, Geoff and Bruce for your wonderful efforts on our community's behalf.

The next meeting will be held at the Corinella Community Centre, Balcombe Street entrance. You don't have to be a member to attend. We always finish with a social "cuppa and cake", it is a great opportunity to meet other local people and make new acquaintances, as well as an opportunity to be more involved with things that are going on in Corinella. Love to see you there!

Any one interested in being involved in future art works at the Rotunda with the "Luminous Gallery" can contact Lyndell Parker on 0422247490. The last gallery was put on by St. George's Anglican Church Corinella, a very colourful display of "Easter Eggs entitled 'funnily enough,' the Story of the Easter Egg"! The CRRA works with, and is supportive of, all the diverse and different groups and clubs in Corinella. If your group or club is interested in having a "guest speaker spot" to tell everyone about your own activities please contact Secretary David Laing on 0411 049 708. On behalf of the Committee,
Lyndell Parker

**CORONET BAY
RATEPAYERS &
RESIDENTS
ASSOCIATION**



President: David Buckingham

Vice President: Kevin Brown

Secretary: Stephanie Hartridge

Treasurer: Louise Gration

Committee Members:

Mel Gration and Anna Dagys

The CBRRA meets four times a year and for just \$20 per family annually, you will receive minutes of our meetings, the latest news and regular updates on local issues.

Together we can make Coronet Bay even more beautiful and a wonderful, safe place to live and play.

During our meetings we regularly discuss current issues of interest to our community, including planning and development proposals, shared use of our beach, community events and council matters, the latter presented by a local ward councillor.

So if you want a say in these matters, why not come along and join our association. Its purpose is to represent you, our community.

The next CBRRA meeting is scheduled for 11am on Saturday 20th July at the Coronet Bay Hall.

We will advise agenda items prior to the meeting. The CBRRA would be pleased to welcome any new members to the association. Please contact our Secretary Stephanie Hartridge on 0414 370 929 or secretary@coronetbayrra.org.au

Alternatively, contact our Treasurer Louise Gration on 0408 358 374 or email louisegration@gmail.com.

The Combined Community Group organises our markets, fairs and other events. We had a successful Easter Sunday Fair with the last of the balmy autumn weather. Our next important event is a Fun Run/Walk on the Sunday prior to the Melbourne Cup. There is always a need for more helpers, so give us a call.

David Buckingham, President



Due to the Federal election the date of our next meeting has been moved to **Saturday 25 May** at 10am in the Corinella Community Centre.

We held a community meeting on 16 March to discuss the proposed use of one of the four Council-owned lots in Tenby Point for some form of public open space. The meeting was well attended by members of the Residents Association and other residents, as well as by two Council officers and Councillor Geoff Ellis.

While no vote was taken, the majority spoke against having any form of formal open space in Tenby Point (eg playground or picnic table).

We are now looking for alternative ideas for the use of these lots (eg wetland vegetation) and we would welcome suggestions from any Tenby Point residents. We will be discussing ideas at our next meeting on 25 May.

If you are a Tenby Point resident and would like to stay abreast of what is happening, you are welcome to join our association. We meet four times each year, on a Saturday morning, and membership is just \$10 per household per year.

President:

Jean Coffey 0419 500 593

Secretary:

David Pearce 0401 514 339

**PIONEER BAY PROGRESS
ASSOCIATION**

Contact :

Zena Benbow

pbpa@bigpond.com



YourLifeChoices

<https://www.yourlifechoices.com.au/>

Simplifying retirement

Community Notes



Rhyll Community Association Inc.
C/- Rhyll Post Office
Rhyll. 3923
President : Judy Lawrence
Vice President : Jim Kiley
Secretary : Cheryl Overton
0427 680 483

Meetings are bimonthly (1st 3rd 5th 7th 9th 11th) on the 3rd Saturday of the month, and are held in the Rhyll Hall, Lock Road at 10 am.

ALL WELCOME

Rhyll Coast Action.

June will be the start of our Weed of the Month project which will focus on informing and supporting Rhyll residents to identify and eradicate environmental weeds from their gardens.

We will be displaying Phillip Island Landcare Weed Posters on community noticeboards and using 'Common Weeds of Gippsland' as our reference material.

National Trust Australia (Vic)

If you are interested in joining the Bass Coast Branch of NTAV, meetings and activities, contact Mary-Lu Burt for information. mlburt@melbpc.org.au or visit the NTAV website: <http://www.nationaltrust.org.au/vic>

Want to lose weight?

If you are overweight and would like support and encouragement while you achieve weight loss, then TOWN could be for you?

TOWN stands for "Take Off Weight Naturally". That's exactly what we do together. TOWN is low cost and makes it affordable to all. Your nearest TOWN meeting is at the Rhyll Hall, Phillip Island. Thursdays 9am to 11am.

For more information call:
Judy Pitcon 0400 073 665



Grantville Business & Community Association Inc.

2018-19 Committee:
Chairman: Les Ridge
Deputy Chair and Business Liaison: Neroli Heffer
Secretary and Community Liaison: Sandy Ridge
Treasurer: Lester Harris
General Committee: Margaret Boyer.
Dianne Goeman and Steve Korlaki
If you are interested in joining the group contact:
Secretary, Sandy Ridge
thegbca1@gmail.com

Bible Study Group
Meets Mondays at 5pm
St Paul's Church Bass
Everyone welcome
Contact 5997 6127



Help!

A Handbook
for Writers and Performers
of Rhymed Verse
by Carmel Randle,
Dip. T., L.T.C.L. (Effect. Sp)

"It is truly amazing that so much valuable information can be packed into one little book. It is a must have for the novice scribbler of a few lines here and there and the most handy reference for the seasoned writers and performers. As a writer, performer, judge and one who conducts workshops I have always found it to be an invaluable reference book. I still use it today."

Wally (The Bear) Finch

If you're a serious professional or hope to be some day, this is the reference book for you. It's written in an easy style to read and, hard to believe, it costs so little. Only a few copies left.

\$10

Contact Jay Randle at
splendacrest@hotmail.com
to order your copy



www.u3abassvalley.com
bassvalleyu3aoffice@gmail.com
(PO Box 142 Grantville 3984)

The 2019 Committee is:

Chairperson : Mark Dunbar
Deputy Chair : Geoff Guilfoyle
Secretary : Christine Holmes
5678 0033

Treasurer : Beverly Walsh
General Committee Members:
Vicki Clark, Sue Dunbar, Steve Edge and Christine Kent.

U3A BASS VALLEY ENROLMENT

If you are interested in joining your local U3A community, Bass Valley is now offering the following activities for 2019:

**Art for Pleasure
Book Club**

**Creative Writing
Craft & Conversation
Digital Photography**

Local History

Movie & Theatre Appreciation

Singing for Leisure

Tai Chi for Arthritis

Travel & History

An Annual Subscription of \$30 per person will cover as many U3A Bass Valley classes as you may wish to attend, subject to availability.

Current members of other U3A groups may join U3A Bass Valley for \$15 per annum as an associate member. Come to as many classes as you wish to attend, subject to availability.

TAI CHI FOR ARTHRITIS



Hosted by Vicki Clark
Held at Coronet Bay Community Hall
Gellibrand Street
Every Tuesday 9:30 am - 10:30 am
Grantville Hall, Wednesdays 10:30-11:30
Phone Vicki 0403 025 634

Other U3A Groups in the Waterline

News area are at:
Cowes (Pical)

www.pical.org.au
Phone 5952 1131

and

Wonthaggi

<http://www.u3awonthaggi.org.au>
Ph: 03 5672 3951



Karen Cicala - Wonthaggi

I'm a new rawleighs rep in the district

For all your Rawleighs health products, medicinals, personal care, nutrition, home care and Rawleighs specials
Remember Rawleighs salve, tapioca and many more family favourites
Call Karen 0418554125 or 0356725731



Community Centres and other local news



5672 3731

Bass School Road, Bass 3991
Centre Manager: Roderick McIvor

This week is Volunteers Week. The Bass Valley Community Centre is always on the look-out for additional volunteers. Without volunteers, the Bass Valley Community Centre would have to shut up shop.

Not all of the people who assist the Centre for no remuneration are considered to officially be 'Volunteers' by Volunteering Australia. At the Centre, we don't discriminate. Volunteers are defined in the strictest sense by: 'Volunteering is time willingly given for the common good and without financial gain.'

We are very much indebted to a wonderful team from Corrections at the Department of Justice who come and cut our lawns every third Wednesday of the month. In the first instance they do a very good job and secondly, without them we would struggle to keep ahead of the grass. We also have others from the Department who do their Community Service supporting us in a number of ways. Another group who we would find it difficult to operate without is those meeting their commitment to Centrelink. Again, by the strict definition they are not seen as volunteers because the time they give is not considered to be given 'willingly'.

In our experience, our volunteers are ALL more than willing. And of course we do have volunteers who come and give us a hand who are not part of those programs. We have at least two volunteers who have been supporting us in a number of roles for over 15 years. A survey of our volunteers found that, for them, the most rewarding aspect of volunteering was catching up with others each time they came in.

So Volunteers Week is a must-have celebration and we are planning a BBQ and a secret surprise for it. And again, if you want to have a go at volunteering, come and visit us or give us a ring on

5678 2277.

We'd love to hear from you.



BASS OP SHOP

Open Monday to Friday 9am - 3pm
Saturday 9am - 12pm

Stop and shop to help raise community funds

Community Op Shop

Are you having a clean-up or thinking of cleaning out your house?
Think recycling, not only to donate but to buy

Think Hadden House Op Shop, Bass for all your preloved quality items: Clothing, toys, bric-a-brac, furniture, books etc.

Due to Government regulations we are unable to accept second hand electrical goods

Funds raised by the Bass Op Shop assist the Bass Valley Community Centre in providing valuable community services and programs.

Bass Op Shop, just off the Bass Highway, next to the Bass Hall in Bass School Road, Bass, Victoria
Phone: 03 5678 2277 Fax: 03 5678 2242
admin@bvccg.org.au bvccg.org.au



Grantville Op Shop

The Op Shop is located at the
GRANTVILLE GARDEN CENTRE

Bass Hwy, Grantville



Send us your story

Have you got a story to tell?
We are looking for any old photos, or maps of Grantville and surrounding areas we can share with our readers.

LANG LANG COMMUNITY CENTRE



- Public Internet Access to all members.
- iPad Tuition
- Lifestyle classes including:
- Yoga, Pilates, Cardio, Walking group and Line Dancing, Tai Chi.
- Playgroup for the littlies.
- A variety of Patchwork groups.
- Men's Shed Group.
- Secretarial Support Services including: Photocopying, typing and scanning.
- Book Exchange
- Small offices for hire
- Centrelink Agent with dedicated computer.
- Medicare Claim Service



We have vacancies in our Tai Chi and Cardio exercise classes if you are interested please give us a call .
Fridays 12 noon—1.00pm

7 Westernport Rd, Lang Lang 3984
Contact (03) 5997 5704
llcc@langlang.net



Phillip Island Community and Learning Centre



56-58 Church St, Cowes
Centre Manager - Linda Morrison

5952 1131

Email :

admin@pical.org.au

Website:

www.pical.org.au

Community Centres and other local news



Wonthaggi Neighbourhood Centre incorporating Mitchell House and the Harvest Centre is run by a community based Committee of Management. We aim to provide a positive, welcoming environment where you can meet new friends, learn or share skills, ideas and information. If you're interested in being more involved in your Neighbourhood Centre call in and have a chat to the Coordinator Iain Richie. **Phone Mitchell House for more information on 5672 3731.**

There are lots of support groups at the WNC, here are some of them. There's also many other activities available for you to come along and check them out. Have you become a member yet? Becoming a member will provide you with discounts to LearnShare Activities (LSA), a copy of The Grapevine Newsletter each term and weekly electronic updates via the 'WonniGrapevine'. Being a member is also another way to support your Neighbourhood Centre. Come to Mitchell House to learn more! **Please book into all activities.**

Special Activities:

New Wave Gippsland: Is on Thursdays 16th, 30th May and 13th June 9.30am to 12noon. This is a self advocacy group run by people with and intellectual disability or acquired brain injury. The group work together to make sure people with a disability have the same rights, choices and opportunities as anyone else in the community. Call Ms Glenda Smith, the project worker on 0417 034 798 for more information.

LGBTI Social / Support Group: Is on Monday 20th May and 17th June, 7 to 8.30pm. Meet in an informal safe and relaxed space to share experiences, friendship, and good conversation. All new people are most welcome to come along on the night. For more information call Sally on 0409 691 771.

There is also an expression of interest for a **LGBTI Teen social / support group**. We provide a safe and relaxed space for young LGBTI people to meet, share experiences and support. We are also interested in ways we can help parents who are supporting their children on their journey. If you are interested call our centre manager, Iain. **5672 3731.**

Beautiful Warriors: is on Friday 31st May, 10 to 11am. It is a relaxed and informal support group for people dealing with mental health issues (short or long term). People can feel free to contribute as much or as little as they feel most comfortable with, there is no pressure or judgement, just an opportunity to get together with others and to know you are not alone in your journey. The group meets the last Friday of the month.

Wild Women's discussion group: Is on Monday, 7 to 8.30pm. Within every woman there lives a powerful force filled with good instincts, passionate creativity and ageless knowing. This new group will explore the sacred feminine through text, discussion and other mediums. Please book.

For Health & Wellbeing:

Meditation: Is on Tuesdays 10am to 1pm. Learning to relax and meditate requires gentle practice. Join Marion Bowes and be guided through meditation and visualisation to relax and quiet the mind.

Weight management group: Is on Wednesdays, 7.30 to 8.30pm. Being part of a group can be a successful way to weight loss. Come along for a walk, a voluntary weigh in and a discussion group including an opportunity to swap recipes and weight loss journeys, all in a relaxed friendly environment.

Multicultural women's group "Cultures, Connections and Community": Is on Thursdays, 10am to 12noon. This group invites women from all cultures to come together, relax over coffee and share experiences and ideas. Call Janice Connor 0401 164 520.

Everybody Counts - A Capacity Building and Active Citizenship Program: Is on Thursdays, 12noon - 1pm. It's a program to support socially and culturally isolated culturally and linguistically diverse community members and disadvantaged women to increase their self confidence and have a better understanding of being a citizen within the wider community.

Art & Craft activities:

From Now to Wow: An Upcycle clothing class: Is on Tuesdays, 1 to 3pm. Presented by Jo Hinchcliffe. Learn how to create unique clothes for yourself from second hand garments, how to choose clothes from op shops and build a great wardrobe for an amazingly low price.

Traditional Sampler Quilt: Is on Mondays from 9.30am to 12.30pm. Learn how to make a beautiful 'Sampler Quilt' using basic quilting techniques by hand or machine. Knowing what materials will be required will be covered in your first session and you will also view some lovely quilt examples. There are many other courses available, find out by visiting our Facebook page!

CORINELLA BOWLING CLUB INC.

**22 Balcombe Street,
Corinella
Ph. 5678 0497**

Follow and like us on facebook
Corinella Bowling Club Inc
Over SUMMER... Friday Barefoot Bowls at 5 pm during daylight saving time and Community/Corporate Bowls in January are the main social events.
After the game stay on for a meal at 7 pm in the licensed club house & experience the social side of this family friendly club.
Members also play pennant bowls Tuesday & Saturday and your support for the home games would be appreciated.
For more information please do not hesitate to contact:
Dave Burzacott,
Tournament Secretary 0423 593 227 or
Steve Bray,
President 0418 316 912.



San Remo Bowls Club inc.

**Wynne Road, San Remo
Ph: (03) 5678 5558
Website;**

sanremobowlsclub.teamapp.com

**Each Wednesday Social Bowls
12.30pm with a 1.00 pm start.**

During Summer Time Each Friday 5.00pm Barefoot Bowls and BBQ.

All Visitors and New Members welcome.

Contact Arthur Parker 0421 061 074
Members of other clubs or visitors to the area can join us in the Monthly Triples as well as the Barefoot Bowls.

Please contact Arthur on 0421 061 074 if any further information is required about the San Remo Bowls Club.



Probus Club of Corinella and District

The Club meets on the first Wednesday of the month at the George Bass Hotel, meeting, lunch and guest speaker.
For inquiries call President Sandy Ridge on 5997 6127 or Vice President Rob Parsons 0402 852 300.



More Community Centres and other local news



CORONET BAY NEIGHBOURHOOD WATCH

coronetbaynhw@gmail.com

CORONET BAY NEIGHBOURHOOD WATCH

CBNW Secretary, Sue Linley.

Email: coronetbaynhw@gmail.com

This group includes Police reports for Coronet Bay, Corinella, Tenby Point, Grantville, Bass, Pioneer Bay, The Gurdies and Adams Estate.

March Police report:

CORONET BAY: Theft (\$1000 property) from locked vehicle at barge parking area.

Offender processed for possession of drugs.

CORINELLA: Petrol theft, offender processed.

Offender processed for possession of drugs.

TENBY POINT: Burglary at holiday house (\$1150 tools & household items).

BASS: Small grass fire, possibly from cigarette.

Suspicious fire started in rubbish pile with nil damage.

GRANTVILLE: Theft from unlocked motor vehicle (\$50/medication stolen).

Sports gear theft from business (\$1250). Theft from motor vehicle, 2 number plates.

Theft of wallet that victim left at food retailer (\$120).

Theft of trailer from service station (\$5000)

Farmland small grass fire, unknown cause.

PIONEER BAY, THE GURDIES & ADAMS ESTATE had nil to report.

SAFETY TIP: at home and out in the car LOCK IT OR LOSE IT

Don't hide spare keys in obvious places.

Hide all valuables in the car from sight.

Don't give thieves the opportunity to steal from you.

HELP! This group needs 5 new volunteers for committee or this group will no longer continue. Are you interested? Do you care about improving community safety and strengthening connections with Police?

For more information please email coronetbaynhw@gmail.com

At the time of going to press our next meeting is uncertain due to the group's future being undecided. For more information please email coronetbaynhw@gmail.com



Corinella and District Community Centre, 48 Smythe St Corinella, has been the hub of our community for over 30 years and we are continuously evolving to meet the needs of our community.

We run a community pantry for those who are having a tough time. We can provide a bag of food to get you through the next 24 hours and information on other services that can assist.

We hold a community lunch on Thursday's at 12pm. This is for those who would like to share a cooked meal with other community members or who for various reasons do not always have access to a home cooked meal.

Our produce table has a range of fruit and vegetables, donated by our local gardeners. On days when not much comes in we top this up with other items so there is always something to try.

We have a community bus for hire or can organise bus trips for groups of 8 with one of our volunteer drivers.

Term 1 for 2019 is almost over, can you believe that? The following activities will continue:

Are you currently working on an art project? Why not join our Thursday 10-12noon or Saturday 1-4pm art group.

BYO painting and supplies \$4

Crafties group every 4th Wednesday 10-2pm. All welcome BYO project and join likeminded crafty people. \$4

Our new Let's Get Creative group for projects like recycled art, garden art, wire art or macramé. BYO project \$4

We all know fitness is important. You can join our Strength Training group on Monday and Thursday morning 8.45-9.45am. \$5

Wednesday 6.30-7.45pm join Nikki for a weekly yoga session \$15

Don't forget our Friday night Youth Drop In, 4.30-6.30pm we offer a range of activities for youth aged 12-16. This was changed in April to a new format at the same time.

Do you or someone you know have depression or anxiety? You can join our Friday support group 2-3pm \$4

We are starting to work on our Term 2 program which runs from 23 April to 28 June. If there are activities you would like us to investigate, let us know. We are thinking of one day activities like beeswax wraps, soap making, jam making. If there is interest we may introduce a weekly Kids and carers drop

in session for pre school age. We have had some interest in activities for Primary School aged children and are looking at whether there is anything we can provide. If you have skills you would like to share or courses you would like to run give us a call. If you would like to volunteer your time have a chat with us.

Kerri Ritchie

E: Coord@cdcc.asn.au

P: 5678 0777

W: corinellacommunitycentre.org.au



Woodleigh Vale Branch Country Women's Association



For FRIENDSHIP, SHARING, CARING

Meets 2nd Monday of the month at Grantville Public Hall at 12:30pm, followed by afternoon tea Craft and chat meet 4th Monday of month at 10 am .

Learn new crafts or join us with your current project - Shared lunch Enjoy the company of ladies of all ages, who have similar interests Learn a new craft skills, exchanging recipes and cooking tips Social- DAY OUT- Theatre, lunches, shopping trips etc Monthly competitions

IMPORTANT DATES and UP COMING EVENTS (ALL MEMBERS WELCOME)

May 25th Monday Craft day 10 am demo or /and chat (bring along your current project).

May 30th to June 1st : Member will be attending Williamstown State Conference.

June meeting Tuesday 11th at 12:30

June Craft Monday 24th at 10 am.

May Craft Day we learnt to Patchwork log cabin design and Beaded bracelet both were well attended with fun & friendship.

Any info your welcome to call Betty on 0418 396 863 Membership.

Annie 5978 8037 President. Kaye 0459 76 668 Craft Coordinator.

Ring Carol on 03-5678 8041 if you'd like to know more.

IMPORTANT NUMBERS:

Emergencies 000 (24hrs)

Police Wonthaggi 5671 4100 (24hrs)

Police San Remo 5678 5500

Domestic Violence 1800 015 188 (24hrs)

Crime Stoppers 1800 333 000

MensLine 1800 789 978 (24hrs)

More Community News

Corinella & District Men's Shed & Woodies Group Inc

Meets at 90 Corinella Rd., Corinella, (Bass Valley Primary School), 10 am - 12 noon Tuesdays

ALL WELCOME

the.gbca1@gmail.com



GBCA

The members of the Grantville Business and Community Association wish to thank Roger Clark for his contribution to their association. They would also like to acknowledge with gratitude and appreciation, all of Roger Clark's contributions to a range of publications and public bodies over the years. Chief among them are the Waterline News, which Roger edited most ably and the Grantville Resident's & Ratepayers Association, of which he was secretary for a number of years and for which he produced a regular newsletter. As Roger takes well-deserved time to focus on his health and spends time with his family, Roger's commitment to and passion for our local community will be sadly missed and he has left a pair of shoes that will be hard to fill.

GBCA Secretary and Community Liaison: Sandy Ridge

Send us your story

Have you got a story to tell? We are looking for any old photos, or maps of Grantville and surrounding areas we can share with our readers.

editor@waterlinenews.com.au

Grantville 3984 & District History

Produced by the
U3A Local History Group



WANTED
ANY INFORMATION, MEMORIES AND PHOTOS



CFA NEWS

With
Michele Fulwell

Burning Off: Heading into cooler weather means many people are patiently waiting to burn off. Local brigades would like to remind everyone it is still quite dry, and caution needs to be taken.

Fire restrictions were lifted in Bass Coast on 1 May, but restrictions still apply under Council's Local Law No. 1 - Neighbourhood Amenity 2012. Under this law, burning-off in residential and built up areas isn't allowed.

Keep your burn off safe and legal:

- Check fire restrictions in your area and always register your burn on 1800 668 511
- Check and monitor weather conditions – particularly wind
- Warn your neighbours beforehand that there will be smoke in the air
- Leave a three-metre fire break, free from flammable materials around the burn
- Have sufficient equipment and water to stop the fire spreading
- Never leave a burn-off unattended – stay for its entire duration
- If your burn-off gets out of control, call '000' immediately

Check on local laws by calling your local shire. In Bass Coast, if burning next to a residential area, Council's Local Laws Team must be notified, by calling 1300 BCOAST (226 278) or (03) 5671 2211, at least two hours before the fire is lit.

Further information can be found at www.basscoast.vic.gov.au/burningoff
The CFA's Mobile Education unit was at the April Grantville Market and we are hoping for a return visit in June.

This will be a fantastic opportunity for residents to access information on preparation and planning for fire in our area. For those with children (or those who are big kids!) the Kernot-Grantville fire trucks will be on hand and members will be happy to show you over them.

Heaters: You need to make sure your heater is safe. Gas heaters, split systems and central heating should be checked an appropriate service person. Electric heaters and electric blankets should be checked by an authorised operator, Wood heaters should have chimneys swept and the fire box and seals checked. Information on burning off and home fire safety can be found at www.cfa.vic.gov.au



Verily Connect Are you a person living with a loved one with memory loss or dementia? Are you looking at connecting with other carers to share your experiences? Then VERILY Connect may be the thing you are looking for! VERILY Connect is a project that is running in Koo Wee Rup and surrounding Districts. It's about creating an on-line dementia-friendly community to increase support for carers of people living with dementia and/or memory problems. We are also looking for volunteers to support our carer's. If you are wanting to know more about the project please contact Angelique on 5997 9792 or jauffreta@krhs.com.



Home Care ?

We're here for you

5997 9686

KRHS is a 72 bed Public Hospital.

We provide a range of community and centre based services: Acute Care, Early Parenting, Transitional Care, Respite and Residential Aged Care, Community Health, District Nurses, Home Care Support, Pathology and Allied Health

e.g. Physiotherapy, Social work and Occupational Therapy.

There is also Specialist Medical Services: Podiatry, Cardiology and a Diabetes Clinic. KRHS is a member of the International Health Promoting Hospitals Network and Global Green and Healthy Hospitals.

235 Rossiter Road, Koo Wee Rup



Health & Lifestyle

Common drug shows promise in treating dementia

Author: **Ben Hocking**



A prescription drug to treat high blood pressure has shown promise against conditions, such as Parkinson's, Huntington's and forms of dementia in studies carried out in mice and zebrafish at the University of Cambridge.

A common feature of these diseases – collectively known as neurodegenerative diseases – is the build-up of misfolded proteins. These proteins form 'aggregates' that can cause irreversible damage to nerve cells in the brain.

In healthy individuals, the body uses a mechanism to prevent the build-up of such toxic materials. This mechanism is known as autophagy, or 'self-eating', and involves 'Pac-Man'-like cells that eat and break down unwanted materials. However, in neurodegenerative diseases this mechanism is impaired and unable to clear the proteins building up in the brain.

As the global population ages, an increasing number of people are being diagnosed with neurodegenerative diseases, making the search for effective drugs ever more urgent. However, there

are currently no drugs that can induce autophagy effectively in patients.

In addition to searching for new drugs, scientists often look to re-purpose existing drugs. These have an advantage in that they have already been shown to be safe for use in humans. If they can be shown to be effective against the target diseases, then the journey to clinical use is much faster.

In a recent study, scientists at the University of Cambridge have shown in mice that felodipine, a hypertension drug, may be a candidate for re-purposing.

Epidemiological studies have already hinted at a possible link between the drug and reduced risk of Parkinson's disease, but now the researchers have shown that it may be able to induce autophagy in several neurodegenerative conditions. A team led by Professor David Rubinsztein used mice that had been genetically modified to express mutations that cause Huntington's disease or a form of Parkinson's disease, and zebrafish that model a form of dementia.

www.yourlifechoices.com.au



143 Marine Pde,
San Remo
Phone - 5678 5020

Hours:

Tue – Fri 5pm – late
Sat – Sun noon-late

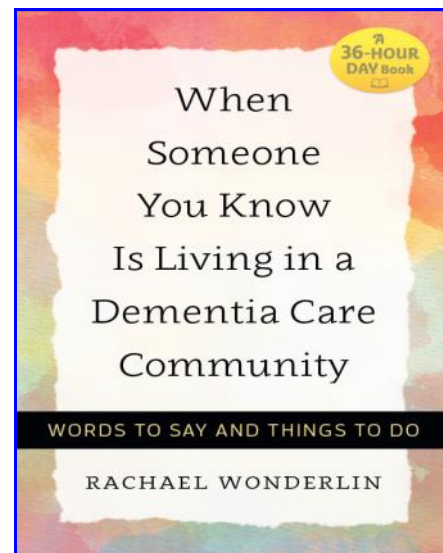
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mammajo.jk@gmail.com

Joanne | 0404 605 086
Tony | 0419 342 755
995 Kernot Loch Road, Kernot Vic 3979



Corinella and District Community Centre Inc.
Spread your wings and fly with us

**DEPRESSION AND ANXIETY
SELF-HELP SUPPORT GROUP**

Beat the Blues & Jitters!

Come along to this newly formed self-help group. Come and help create a safe place where you can share your experiences, thoughts & feelings in a confidential, accepting and warm environment with people who have been through similar experiences to you.

Corinella & District Community Centre, 48 Smythe Street, Corinella
For more information contact Julie on: 0403 560 552



Kernot Food & Wine Store
Paul and Julie Johnston
Open

Thursday & Sunday 9.30am - 8.00pm
Friday-Saturday 9.00am - 10.00pm
Breakfast & Lunch Thursday to Sunday
Wood Fired Pizza Thursday to Sunday
Dinner Menu Friday & Saturday
[Winter opening times may differ]
Live Music Friday & Saturday nights
& Sunday Lunch



1075 Kernot-Loch Road
Kernot, Victoria 3979
03 56 788 555
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facebook: Kernot Food and Wine Store

Health & Lifestyle

The 10 most important things about Dementia Caregiving

Rachael Wonderlin

Communicating with people living with dementia can be challenging. Understand that their world may be different from our world, and that's okay. We want to EMBRACE THEIR REALITY rather than trying to convince them of things that are true in our reality. Just because their reality is a different shape, it doesn't make it wrong.

Don't get hung up on the word, "lying": realize that if you are telling them the facts of their reality, you are doing the best thing for both of you.

Here are 3 questions you want to use when talking to people with dementia:

"Where do you think they are?" when someone asks you about loved one.

"Can you help me?" when getting them to do something with you.

"What do you think about this?" when introducing a baby doll or animal.

Get to know them on a personal level, and this will help you live in their reality.

Ask, "What did you used to like to do?"

instead of, "What do you like to do?" Offer them 2-3 choices instead of asking open-ended questions like, "What do you want to eat for breakfast?" or, "What did you do today?"

TIMELINE CONFUSION is the concept that time isn't linear in dementia. If the individual cannot identify their loved ones, it isn't because they don't know them or love them, it's because these people don't fit on their timeline.

Never try to "convince" someone living with dementia of something. Don't use "logic" to try to help them understand. No weddings, no funerals, no cemeteries.

Not everything is Alzheimer disease!

The phrase "Alzheimers and dementia" sounds ridiculous.

Recognize that their timeline and reality may change, and that we can learn to be flexible and change with it. Dementia caregiving is an art form that takes practise and patience to learn.

www.dementia-by-day.com



Nurse Practitioner

**DG Nurse Practitioner
Grantville Transaction Centre
Cnr Bass Hwy & Pier Rd
Grantville, 3984**

Hours

**Mon, Tues, Thur, Fri
6.00 am - close**

Bulk Billing

**All consultations bulk billed
May have fees for some procedures***

**For appointments phone
5616 2222**

or

0467 841 782

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Some of the services available

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Referrals	Skin Checks Wound
Care	Women's health
Dressings*	Ear syringing*
Lesion removal*	Suturing*
Treatment minor illnesses / infections	



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10 Bluebird Court, Newhaven 03 5956 7011

reception@safflowerclinic.com.au www.safflowerclinic.com.au

Dr Carol Head is now practising at Safflower clinic in Newhaven as an integrative GP.

Carol offers conventional and complimentary approaches to GP conditions. Private billing with medicare rebates available. Pensioners, HCC and children under 16 can be bulk billed.

Please note: The clinic has no facilities for emergencies or trauma.

**10 Bluebird Court, Newhaven
Monday, Tuesday & Thursday 9am - 5pm**



safflower
Chinese Medicine Dispensary & Clinic

**Book your appointment online at:
www.safflowerclinic.com.au**

**Phone 03 5956 7011
drcarolhead.com.au**

5 tips for conquering eczema this winter

www.oversixty.com.au



Does your eczema – or your child's – tend to play up at this time of year? The freezing cold combined with the effects of indoor heating and warm clothing make this a dangerous season for flare-ups. For top tips on managing eczema this winter, who better to turn to than pharmacist Julia Simmonds?

1. Moisturise, moisturise and then moisturise again

“With eczema, the skin is usually dry, which makes it an attractive home for bacteria to live,” says pharmacist Julia Simmonds, who founded Itchy Baby Co after her own child battled the condition. “The skin also does not function as it would normally as a protective barrier. Regularly moisturising the skin keeps it well hydrated, which stops bacteria living on the skin's surface and causing infection. Moisturising will also provide a surface barrier to prevent allergens and triggers irritating the skin's surface and causing itching and redness.”

Are all moisturisers for eczema the same?
“Thick ointments are generally more effective for eczema. This is because, unlike creams – which can be made up of up to 50 per cent water – ointments do not contain water. Water evaporates quickly from the skin, taking hydration with it. Creams are also more likely than

ointments to contain harsh preservatives, which can more easily irritate eczema skin.

“The best time to moisturise is straight after the bath and while the skin is still a bit damp, because this is when the pores of the skin are open and can absorb the most hydration from moisturising. You should also moisturise at least two to four other times during the day.”

2. Bath time

“Keep bath time short; no longer than ten minutes, as having a long bath will dehydrate the skin. Test the water and make sure it is only lukewarm. Warmer water will raise the body's core temperature and make the skin itchy.”

Why is bath time important for managing eczema?

“Bath time washes triggers away from the skin and also prepares the skin for moisturising after. Use this opportunity to use bath products that moisturise the skin, such as bath soaks and bath oils. Avoid soap and bubbles as these dry out the skin and strip the skin of its protective barrier. Changing towels regularly is also important to minimise the chances of infection from skin bacteria.”

3. Keep cool

“The most common eczema trigger is heat. Warm weather, warm clothing and warm bedding can all cause eczema to flare up. This is because children with eczema cannot cool themselves down as quickly as those who do not have eczema. Dressing your child in cotton clothing that allows the skin to breathe is best for eczema. Rather than dressing your child in heavy jumpers and outerwear, try to layer their clothes to make it easier to regulate their body heat. Check on what bedding you are using for your child and choose cotton sheets and light cotton

blankets instead of doonas and duvets.”

4. Be prepared to act fast

“Once your child's eczema has flared up, treating it quickly will reduce distress, discomfort, sleepless nights and the chance of infection. Seek your doctor's advice. Steroid ointments can be applied to the skin before using your regular moisturiser when treating a flare-up, and follow-up with your doctor if your child's flare-up is not improving.”

5. Commit to a skincare routine

It's important to understand the necessity of keeping to a skincare routine which you do every day for your child, even when they are not showing any signs of eczema. Basic skincare routines will include bathing daily using a skin-hydrating product in the bath, followed by applying a thick moisturiser immediately after the bath. Finding products which are effective is often a case of trial and error but once you have found them, and you are using them routinely, your child's eczema will be better managed and flare-ups reduced.”

As always, if you are concerned about your own or your child's skin, please see your healthcare professional for advice.



www.oversixty.com.au


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Food

A cook's journal



For Wonthaggi's Jan Cheshire, good cooking starts in the garden with fresh, seasonal vegetables, herbs and fruit.

Pasta with the lot



WE HAVE had such an overabundance of vegetables this summer that it has been hard work finding recipes to deal with it all. In particular, the tomatoes are still going strong, but so are the eggplants.

We only had a few last year, but this year they have gone crazy!! This recipe uses all those vegetables and is particularly delicious into the bargain. If you are not sure about the "vegetarianism" of this dish, you could always barbecue a couple of good steaks to go with it.

BAKED RISONI PASTA WITH CHEESE & OREGANO

Serves 4

Ingredients

100 ml of olive oil
1 large eggplant, diced
4 carrots peeled and diced
4 celery stalks diced
1 onion diced
3 cloves of garlic crushed
250 grams of Risoni (a pasta that looks like large grains of rice and is available in most supermarkets)
1 teaspoon of tomato paste
380ml vegetable stock
Small handful of fresh oregano or thyme, chopped
The grated zest of 1 lemon
120 grams of grated mozzarella cheese(I buy it already grated)
40 grams of parmesan cheese, grated
3 medium tomatoes, sliced
1 teaspoon of dried oregano and salt and pepper to taste.

Method

Preheat the oven to 200C
Cook the eggplant over medium heat for 8 minutes until golden brown. Remove and drain on a paper towel.
Add carrots and celery to the pan and cook for 8 minutes and remove to a paper towel.
Add onion and garlic and cook for 5 minutes.
Add the Risoni and tomato paste and cook a further 2 minutes.
Remove the pan from the heat and add stock, fresh oregano, lemon zest, cooked vegetables, mozzarella and parmesan and ½ teaspoon of black pepper
Mix well and put into a 21 x 27cm rectangular baking dish or 27cm diameter round dish.
Arrange the tomatoes on top and sprinkle with the dried oregano, salt and black pepper.
Bake for 40 minutes until pasta is cooked through. Remove, leave to settle for 5 minutes and serve.

Enjoy!

This recipe was adapted from a recipe by Yotam Ottolenghi from his book "Plenty More"

A delicious dollop



THE title of this recipe always amuses me. I knew of the dish for quite a while and then found the recipe in a lovely old bookshop in London a few years ago. This recipe comes from Scandinavia and I can assure you it is worth a try. It is very easy and very delicious.

PEASANT GIRLS IN A MIST

Ingredients

2 large cooking apples, peeled, cored and cut into chunks
3 tablespoons of caster sugar
25 grams of unsalted butter
100 grams of breadcrumbs (preferably brown ones)
50 grams of soft brown sugar
½ teaspoon of cinnamon
300ml of whipping cream
4 tablespoons of icing sugar
Good squeeze of half a lemon
1½ tablespoons of toasted hazelnuts roughly chopped

Method

Cook the apples in a saucepan with the caster sugar and 2 tablespoons of water over a gentle heat until they are very tender. Stir occasionally and mash the cooked apples lightly. Put in a bowl to cool.

Melt the butter in a frypan and sauté the breadcrumbs stirring constantly over medium heat until golden, add the cinnamon and continue to cook for 1 minute. Cool.

Whip the cream and add the icing sugar and lemon.

To serve, layer the apples, then the breadcrumbs and then the whipped cream in a glass bowl and scatter with the hazelnuts.



Gluten Free cooking will resume next month.

On a Gluten Free diet.

Why not send us your tips or favourite recipe.

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PHILLIP ISLAND JAZZ CLUB Bass Room - Ramada Resort Cowes 2pm - 4.30pm

16 Jun	Le Hot Jazz
21 Jul	Ron Anderson Quintet
15 Aug	Honky Tonk Boogie Band
15 Sep	Victorian Youth Jazz Collection
20 Oct	Mark Twidgen / Banjo
15-17 Nov	Phillip Island Jazz Festival
15 Dec	Jackson Four Jazz



For more information contact Robin Blackman on 0432 814 407.

MOE -LATROBE JAZZ CLUB



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President Bruce Lawn - 5174 3516

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SOUTH GIPPSLAND JAZZ SOCIETY Inverloch Jazz Club

The Club holds regular monthly jazz days usually on the 2nd Sunday afternoon of each month, at the R.S.L. in Inverloch. Drinks are at RSL prices and BYO nibbles etc.

These club functions run from 2pm - 4.30pm.

Cost is \$12.50 for members and \$15 for Non Members. There is ample room for dancing to the variety of bands that appear and visitors are most welcome to attend. Posters showing details of the function are displayed in most of the shopping centres around Inverloch. A monthly newsletter is posted to all members to keep them informed of the Club's activities. South Gippsland Jazz Society is run by a voluntary committee which is elected each year, and all members are eligible to serve. The annual membership fee is \$15 for a single or \$30 for a Family membership (membership being from Jan 1st to Dec 31st).

New Members Welcome
Contact Neville Drummond 5674 2166

First Saturday each month
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Unplugged continues to attract good audiences every first Saturday of the month at 7pm. at the Coronet Bay Hall, Gellibrand Street. No matter what style of music you like there will be something to your taste. You can bounce along to rock or shed a tear with heart rending folk, or just have the troubles of the day flow away with beautiful classical music and poetry. Truly the best value entertainment around. Gold coin to enter and supper is provided.

The Jazz Club - 12-2pm Saturdays.



PHILLIP ISLAND JAZZ - SUNDAY 16TH JUNE LE JAZZ HOT

The name says it all – a six piece ensemble of trumpet, trombone, clarinet/saxophone, sousaphone, banjo/guitar, drums and vocals playing great hot jazz. With members having played and/or recorded with such celebrated jazz bands as:

Yarra Yarra Jazz Band, John Hawes Jazz Band, Owen Yateman's Jazz Band, Des Camm Jazz Band, New Harlem Band, Maple Leaf Jazz Band and New Melbourne Jazz Band.

Le Jazz Hot comprises some of Australia's most experienced jazz musicians; many with a history going back to the fabulous Trad boom of the 60's.

You will not only hear the music of New Orleans brass and jazz bands, but also soulful blues from the deep south, toe tapping dixieland jazz, beautiful melodies of a bygone era and if the occasion requires, jazz of a more contemporary style.

The members of Le Jazz Hot are proud of their craft and will present a lively professional show suitable for listening and/or dancing pleasure for audiences of all ages.

Trumpet: John Hawes, Trombone: Les Fithall, Reeds: Lindsay Flint, Banjo/guitar: Will



Purcell, Sousaphone: Steve Riley, Drums: Robert Wood.

Performance will be in the Bass Room at Ramada Resort from 2 – 4.30pm.
For more information please ring Robin on 0432 814 407.

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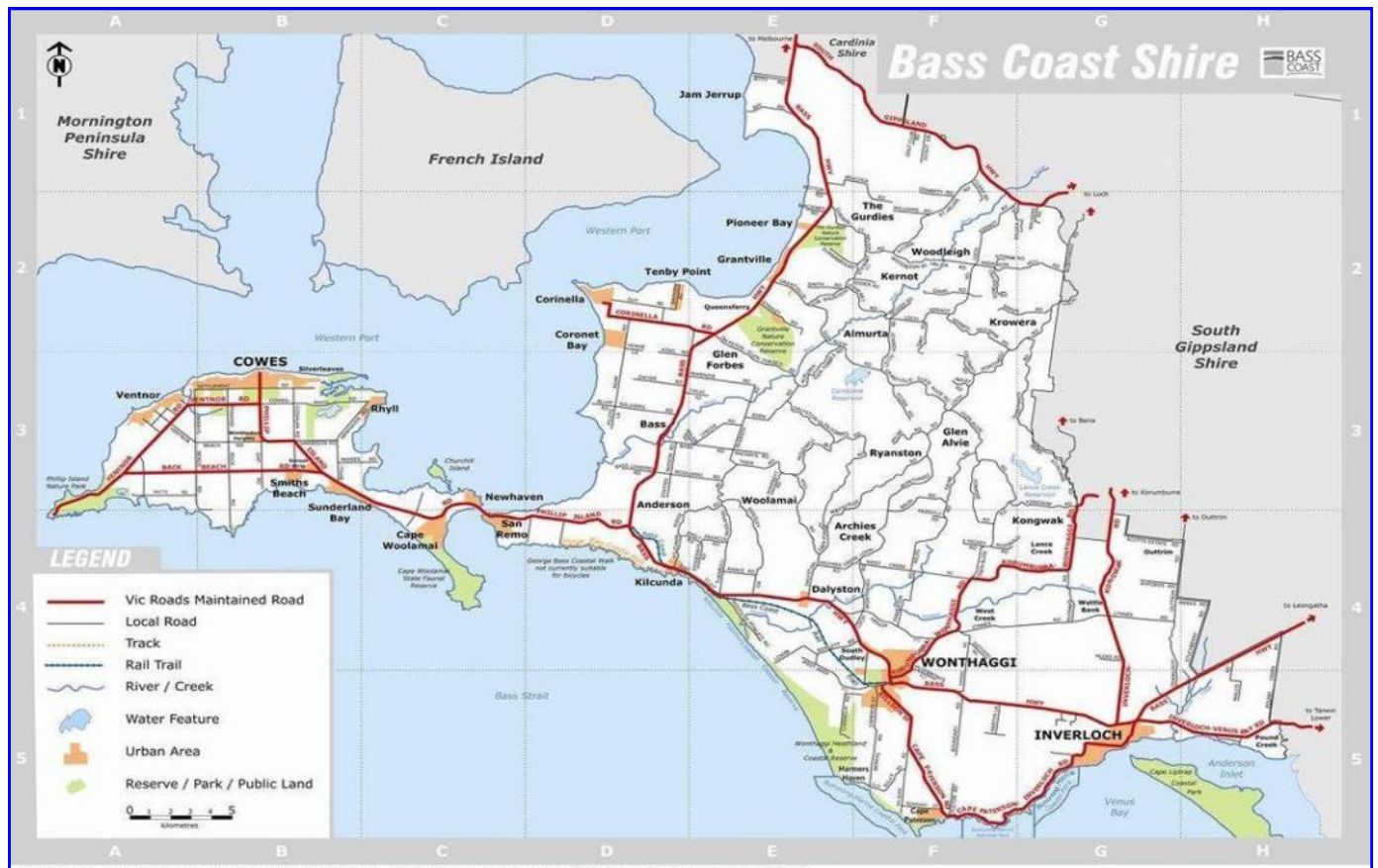
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Western Port Ward Update



Western Port Ward Update: Cr Bruce Kent and Cr Clare Le Serve.

Lately, there has been a lot of discussion about speed limits as well as more general questions about roads.

This map shows which roads are looked after by Bass Coast Shire Council and Rural Roads Victoria (RRV) across our shire,

RRV is the ultimate authority in relation to speed limits. Council can only request, or advise, that current limits be changed. It's then up to RRV to act upon our input, comments from the general public and community groups. Or not.

The next Ordinary Council Meeting will be held:

19 June 2019 5.00pm
Council Chamber, Bass Coast Civic Centre, Wonthaggi



Fire danger periods are defined by the CFA. In Bass Coast the fire danger period officially came to an end on May 1st. While the seasonal restriction on lighting fires in the open has been lifted, restrictions still apply under Council's Local law.

BCSC prohibits burning off in residential and built up areas. Residents in non-built up areas (ie: rural) may burn off in accordance with the Rural Burning Off Guidelines (outside of the fire danger period).

Even in non built up areas, a person must not burn any materials, anywhere, that might cause offensive emissions of smoke and odour to enter any neighbouring property.

Council Budget:

The consultation period for the draft 2019.20 BCSC draws to an end as this edition of the Waterline news hits the streets and there is still the opportunity to make a submission at a Special Meeting of Council that will commence at 5pm, May 29th 2019, at the Civic Centre in Wonthaggi.

The final 2019.20 BCSC Budget will be presented at the Ordinary Council Meeting on Wednesday June 19th.

The next Community Connections session will be held:

12 June 2019

3.00 pm to 5.00pm

In the Council Chamber, Bass Coast Civic Centre, Wonthaggi Community Connections are a great opportunity for you or your group to present ideas, concepts and new projects to Council. Local media is always present at these gatherings.

This update is based on the personal views and opinions of Councillors Clare Le Serve and Bruce Kent and may not be indicative of BCSC policy.



Contact:

Cr Clare Le Serve
0448 083 286
clare.leserve@basscoast.vic.gov.au



Cr Geoff Ellis
0428 840 868
geoff.ellis@basscoast.vic.gov.au

Cr Bruce Kent
0428 741 843
bruce.kent@basscoast.vic.gov.au

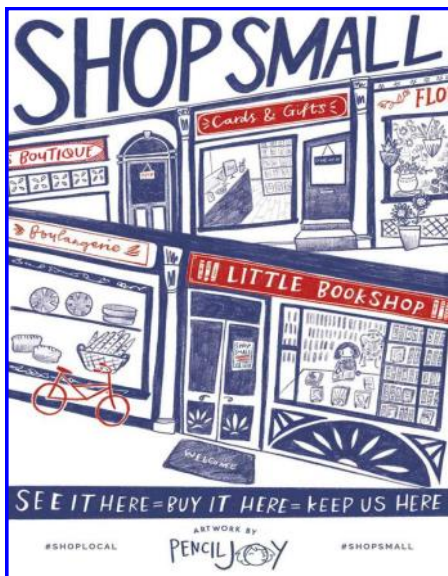
Local Business News



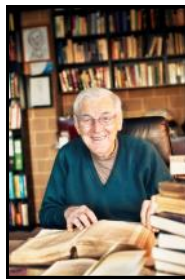
The following businesses are "Business Members" of the Grantville Business & Community Association.

- Alex Scott Real Estate Grantville
- Bass General Store
- Bendigo Bank Grantville
- Claypot Curry House
- Connells Bakery Bass
- Corinella General Store & PO
- Coronet Bay General Store
- Coxys Computer/Handyman
- Dennis Sea Accommodation
- George Bass Hotel Bass
- Grantville Pharmacy
- Hot Chic Charcoal Chicken Grantville
- Kernot Food & Wine Store
- La Provincia Corinella
- Maru Koala & Animal Park Grantville
- Ray's Pizza & Pasta Grantville
- Sushi Express Bass
- The Waterline News

Support business that support your local community.



Vale Ron Lee



Ron Lee was born in Melbourne on 9 February 1930. Ordained as a Methodist Minister and sent to Rosebery & Zeehan, then the Chelsea Circuit in Melbourne.

His interest in Pastoral Psychotherapy took him to the United States where he continued his studies. After many years at Garret Theological Seminary, Ron began his Practice as a Psychologist in the Chicago Loop before returning to Australia in 1994 to retire.

After 32 years in the United States, Ron returned to Australia, his home. He decided to set down roots on The Bass Coast, the vision of home sustaining him over his long and distinguished career away. Retirement at home was always on his mind.

But retire he did not. Ron continued working, teaching, supervising and mentoring young Psychiatrists in Melbourne and Hong Kong until 6 months before his peaceful death, aged 89 at home.

In 1998 Ron purchased an acre lot to build his new home in Australia at The Gurdies on The Bass Coast. He set about building his own mud brick, passive solar home at the age of 70.

Once established, he set about implementing services badly needed in his small community.

In 2004, he campaigned to set up a mail run into the Woodland Close community by constant letter writing and working on behalf of local residents.

In 2005, the CFA donated \$15,000.00 to build a fire track to the dam behind properties in his community.

Again, Ron and Barrie Stewart set about writing repeatedly to the Bass Coast council who approved the building of the track, however, the Council did nothing until the provisional time for the donation was to end. Yet, that was a success despite Council resistance.

Further, in 2006, Ron again began

petitioning and writing to our Federal Minister Greg Hunt to request that Telstra provide ADSL to our community. Again, with success.

Following this work, U3A came to the Bass Coast with Sheila Moore at the helm and again Ron became involved in teaching a Psychology Class in 2011 and 2012, beginning with a ten week series on his new book "Special Positive experiences, from Narcissism to WEACH" at Corinella Community Centre.

Having achieved this, he continued teaching from home for another twelve months using Lectures created for a wider audience, now part of an online, worldwide teaching program.

Ron and I set out for the UK and Europe in mid-September last year for the trip of a lifetime. This naturally included three Conferences to attend and present. Ron presented as the major Speaker in Hong Kong at the Self Psychology Conference at the end of October prior to returning home.

Ron fell ill shortly after our return from Hong Kong. Following a six month illness, Ron died peacefully at home on 1 April 2019. A memorial Service was held for this "Quiet Achiever" at St Hilda's College, Parkville, on 13 April 2019, a service attended by family, friends and colleagues to celebrate his extraordinary life and career.

A couple of weeks later, many local friends gathered to tribute his amazing life at a local winery on 28 April 2019 with local Boonwurrung Custodian and good friend, Steve Parker, holding a smoking ceremony to honour his indigenous heritage.

Ron was remembered where he felt at home and is now at peace with family and fellow elders.

Margaret Lee



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Powlett Lodge No. 611 Meets at the Wonthaggi Masonic Centre 17 Edgar Street Wonthaggi
1st Wednesday each month at 7.30pm.

Woolamai Daylight Lodge No. 277 Meets at the Wonthaggi Masonic Centre
3rd Tuesday each month 10.am. except June July August & September

Phillip Island Lodge No. 512 Meets Phillip Island Masonic Centre, Church Street Cowes
2nd Wednesday except June July August

The French Island News



FRENCH ISLAND COMMUNITY ASSOCIATION
Tankerton PO
French Island, Victoria 3921
secretaryfica@gmail.com

EMERGENCY SERVICES

There is no regular police presence or ambulance service on the island. French Island has a Country Fire Authority (CFA).

There is one fire engine stationed permanently on the island. CFA volunteers are able to respond to any kind of emergency. Calling 000 is always the best option in an emergency.

NURSE ON CALL

For non urgent health issues islanders may utilise the Department of Health's Nurse on Call service: 1300 60 60 24

AMBULANCE SERVICES

Ambulance Membership
Membership Enquiries 1300 366 141 (Mon-Fri 8am-8pm, Sat 9am-5pm).
Membership is advised as Air Ambulance is used from the island. If local support is required ask Ambulance to request CFA support on the island.

POISON INFORMATION HOTLINE



131126



French Island General Store & Café

Make French Island your next weekend getaway destination, with a free shuttle bus service on weekends and public holidays from the Ferry to the Store your transport needs are taken care of. At the Cafe there's an extensive menu, bike hire available, accommodation and locally made and grown products for sale. You can cycle your way around looking at Koalas and enjoy a day of adventure or cosy by the fire in the cafe for a relaxing lunch.

Visit www.figsfrenchisland.com.au or Facebook/figsfrenchisland for more information.

289 Tankerton Road, French Island, 3921
(03) 5980 1209

FRIENDS OF FRENCH ISLAND NATIONAL PARK (FOFI)

Secretary: Meredith Sherlock.
Phone 0438 077 329 Email: secretary@fofi.org.au

FOFI Project Days

Third Saturday each month
Membership enquiries and
More details - www.fofi.org.au

French Island Landcare

For more information on all Landcare activities contact
filandcare@gmail.com.



Landcare Nursery

Volunteers are always welcome at the nursery on Wednesdays from 10am to noon.

Contact - Glenys 0437 914 663
or Judith 0412 178 617



FRENCH ISLAND FERRY



<http://westernportferries.com.au/>

BARGE

Spirit of French Island operate a vehicular barge from Corinella on the eastern side of Western Port to the barge landing on French Island. It accommodates two standard size cars or a larger truck.

It is advisable to book as far in advance as possible, as the barge schedule and availability is limited by times and tides. As a guide, the barge runs approximately every half hour for a few hours either side of high tide.

Foot passengers can take the barge but they should arrange transportation at either end as there are no other facilities.

For information about fees and to book the Barge, call 0428 880 729.

French Island Visitor's Guide

Christine Dineen's French Island Visitor's Guide is a fantastic publication we visit all too infrequently.

Detailed map included is a great reference, for visitors to the island, and anyone who has an interest in the local flora and fauna.

Available at the French Island General Store, or you can obtain a copy from the author:

Christine Dineen
dineenc@optusnet.com.au



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Notices for the French Island section of The Waterline News should be sent to: editor@waterlinenews.com.au - 1st of month.

French Island News

VALE ALLAN CHANDLER (1934–2019)

Allan Chandler passed away peacefully on Sunday 17 March, just six months after burying his beloved wife Kathleen, his companion of 65 years.

Once again many people came to Crib Point Cemetery on a fine day to pay their final respects and to extend their condolences to the Chandler family.

It was a sad day, but also a celebration of a remarkable life. Allan trained as a carpenter and wool classer, and then worked as a farm manager around the country until he moved with his family to French Island in 1968 to work as farm manager of “Chesapeake” at Peck’s Point.

From 1970 to 1972 the Chandlers were at “North Pines”, then at “Mandalaye Park”, and then at “Avalon”, where FOFI held its first meeting on Saturday 18 February 1984.

The Chandlers had got to know Des Quinn when he started birdwatching on the island regularly in the 1970s, and when Des and Chris Chandler decided to set up a Friends group, Allan and Kathleen signed on enthusiastically as founding members.

After 16 years at “Avalon” there was one final move which meant moving the house they owned!

Kathleen started another lovely garden in their two hectares on Clump Road, but in 2004 her asthma and bronchitis finally became too severe for island life, and a more comfortable retirement – with real electricity! – was enjoyed to the full at Crib Point for the next 14 years.

Allan Chandler had an irrepressible love

of life. He could fix anything, and he would have a go at anything, although some of his schemes were wildly optimistic!

He shares wonderful memories and many a good yarn in Angela Borelli’s *A Forgotten island*.

Allan’s big smile made you feel that just seeing you was the best thing that had happened to him all day.

He loved to talk, and this made him a natural to set up as a tour operator on the island, first as French Island Discovery Tours and later as French Island Eco Tours with Rod Johnston, proud winners of the Victorian Tourism Awards, Ecotourism in 2002.

Allan was FOFI’s main transport for several years. After his official “retirement” he continued to visit the island regularly to show prospective buyers around properties for sale.

In about 1994 Allan unintentionally became the international face of French Island with the moniker “Koala Dundee”.

As he tells it, to oblige a group of Japanese tourists he climbed a tree to pat a koala. “Ah,” said one of the tourists, “Koala Dundee!”.

Soon, a Japanese TV crew arrived to film Allan on one of his wildlife tours, and after the show went on air in Japan, that was it. (“Allan Chandler’s French Island”, *The Age*, 5 March 2000, *Escape*, p. 9).

A rare home movie of Allan driving the tour bus circa 2000 has been found buried on the internet and was posted as part of a visit to Australia by an unidentified Shaun and Sue. Their website is full of excellent descriptions and photos of French Island and is well

worth a nostalgic look (http://www.teenyman.com/wedding/the_island.html). The little movie has been uploaded to FOFI’s Flickr page under Human History, and we would be pleased to be able to properly acknowledge the authors (<https://www.flickr.com/photos/147837584@N05>).



May 2018: Allan and Margaret Chandler celebrate their 84 birthdays.

EASTERN BARRED BANDICOOT UPDATE

On 31 January the Federal Minister for the Environment, the Hon. Melissa Price, issued a Notice of Exemption under the *EPBC Act* for Eastern Barred Bandicoots on French Island. This means that private landholders will *not* have to restrict their management practices in any way if the EBBs are released. Support by the French Island community for the EBB release was conditional upon this exemption being granted. Permits for the program are still pending, but Zoos Victoria is hopeful that a release can now take place this coming Spring.

FERAL CAT FREE FRENCH ISLAND

The key works to date are aimed at building a baseline dataset of feral cat and wildlife distribution and abundance across the island that will form the basis for future comparison. This data is being collected via an island-wide array of trail cameras (60) and with a dedicated survey effort for the ground-nesting bird species.

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Bass Coast Post



Online news, articles, columns, photos by and for Bass Coast residents.

On the scent of a fortune. By Catherine Watson

After a lifetime of searching for ambergris I found it by mistake.

My friend Bob had told me his father used to whittle the stalks of big pieces of kelp to make cricket balls so when I saw an oval piece of grey-pink kelp on an East Gippsland beach last week, I picked it up, thinking nature had done half the work.

It even felt rubbery – a bit of bounce but not too much. I would take it back for Bob to whittle off the pointy bit and there would be his cricket ball.

I had a couple of kilometres to walk back to the car with this lump of kelp in my hand. As I walked I started to wonder what the foul smell was. Whatever it was, I didn't seem to be leaving it behind. I checked the soles of my shoes to see what I'd trodden in. Nothing. Then I lifted the cricket ball to my nose. Phew!

Back at the car I put the cricket ball in a plastic bag and tried to wash the smell off my hands with water. Nothing doing. As I drove back to where I was staying with friends, the car was filling with the stink of the cricket ball and my head was filling with another faint possibility: ambergris.

I spent my childhood looking for ambergris, or whale sick. We all did. My mother had read an article about a man who had found some on a beach in New Zealand and sold it for enough to buy a small house. Ambergris was very rare, smelt divine and was used to make perfumes.

In our family, we were always interested in ways of making lots of money without actually working. Of course, this was PG (pre-google), and we had no idea what whale sick looked like.

We trusted we would know it by its divine smell. All through the 1960s and 1970s little Watsons could be seen, heads bent, picking up bits of flotsam and jetsam off the beach and sniffing them for

the whiff of money.

We found lots of things that smelt disgusting but nothing that smelt divine, but I never stopped looking. More recently, with the internet, I've learned that ambergris generally doesn't smell divine at all. The smell is variously described as earthy, disgusting, rancid, faecal ... a lot depends on its age.

Back at the house, like Lady Macbeth, I scrubbed and scrubbed but couldn't get the smell off my hands. Camilla, who could smell me from across the room, suggested lemon juice, and that worked or I would have had to sleep outside,

The next day I googled images of ambergris. It comes in many shapes and many colours, I learned on a French ambergris buyer's website, and suddenly there it was on the screen: a classic egg shape, a cricket ball with a pointy end. Even the pink-grey colour was the same as mine.

I was shocked. All those years we were sniffing the flotsam for ambergris it was just a family joke. This was like winning Wimbledon by accident.

I read further: "To some people the odour is nauseous while to others it is attractive and even sensuous. There is certainly an animatic component, reminiscent of farm animals, or even a faecal note, perhaps like that of a well-rotted manure heap. There can also be a strong marine note like the smell of seaweed on a beach. Once you have smelt it you will not forget it. Over time, the odour becomes softer and more 'perfumistic' while still preserving its marked animal characteristics."

Only sperm whales produce ambergris, apparently, and then only a very small proportion of them, hence its rarity. It usually contains small squid "beaks". Some scientists believe the beaks irritate the intestine of the whale and it forms a protective lining, the ambergris, around

the mass to protect itself. Eventually the whale vomits it up and off it (the ambergris) goes floating around the world, driven by wind and tides until it hits rocks or a beach. Then it's either found – probably very rarely – or sucked back into sea until it breaks up and dissipates.

I read that the egg-shaped ambergris – my cricket ball with a pointy end – is known as a "kidney", that often a large piece of ambergris contains several kidneys joined by ambergris.

My friends, although sceptical, were beginning to be a little bit interested. I thought we should go back to the beach and look for more, but first we should discuss how we were going to spend the money. Liz said she'd get a chauffeur to drive her at night. I decided I'd go first class everywhere, even to the Wonthaggi cinema.

Now it was time to get down to business. I typed in "ambergris ... sell ... Australia" and suddenly things were a little more complicated. Google had all these hard luck stories about people who'd found huge lumps of ambergris – or thought they had; most ambergris finds turn out to be something else – and should have been rich. Instead, a stern governmental notice advised, they should hand their find over to their state environmental department because as a signatory to the international convention on whaling, Australia bans dealing in any whale products.

It's one of the few countries around the world to include ambergris in the ban, apparently to stop people going out and butchering whales, then slitting open their intestines to get the contents.

Of all the places in all the world, my piece of ambergris had to land on an Australian beach!

That night, as I was gingerly packing my "kidney" for Liz to take home – I was travelling on and didn't want to cart the pongy thing on my trip – I caught a whiff of something musky and sensuous. It might have been the power of suggestion but it was starting to smell very Chanel-like.

Continued Page 25

Books and Writing

The Bass Coast Post in Print

On the scent of a fortune

Epilogue continued.

I was then left with a moral dilemma. Should I hand my find over to the relevant government department? If I did, what would *they* do with it? And a practical question emerged: *how can I smuggle my ambergris to New Zealand or France without being arrested?*

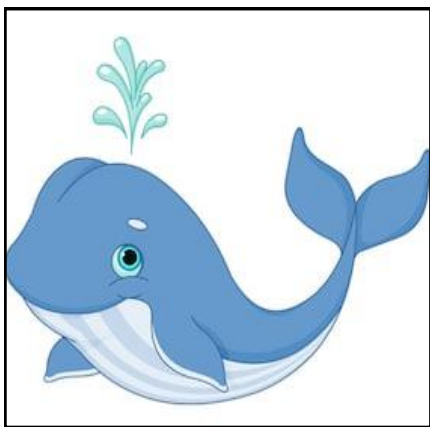
The advice I received included vacuum sealed bags or finding an unscrupulous yachtie. A news outlet, that I can't name, offered to film me trying to get it past NZ Customs.

That made no sense unless I wanted Her Majesty to shout me a holiday.



A day in Cape Paterson

By Emily A (aged 8)



I went down to the beach with two of my aunts.

Cape Paterson was windy but the water was nice. The waves were big and made foamy white stuff.

I had the boogie board with me but I soon gave it to my auntie as the waves were getting stronger.

Suddenly a big wave crashed down. It was so big that my bathers came off!

My aunts searched but couldn't find them. I will always remember that Cape Paterson stole my bathers.

Tall Tales and True of San Remo

Kirsty Mawer

HAVE you heard the one about the San Remo Cork Club? Or the local Robin Hood Club?

You'll learn about the clubs, and much more, at Movie Matinee: San Remo Stories, later this month. Narrated by locals, the 10 mini movies – each four to six minutes long – provided an entertaining insight into events, practices, and people that have shaped San Remo.

We've sub-titled the matinee "Probable Truths or Plausible Lies - You be the Judge". That's because the movies are based on people's memories and someone's view of one thing could be quite different from someone else's view.

The people telling the stories include some names that are very familiar in the San Remo community: Snow Lacco, Ray Dickie, Tuppy Cleeland, Lorraine Ingridson and Heather Mabilia, to name a few.

The matinee, on Sunday, April 28, was the final project started by the "Tides of Change" group. The group initially got together in San Remo in 2015 to apply for a Small Town Transformation artistic grant. When we didn't get that we kept plugging away to get other art into the village.

After securing funding for the Excuse Me Mr Seagull sculpture on the foreshore, we got a community grant for an arts project about the history and culture of San Remo – what's shaped it and made it what it is today.

Initially the community came together for a "Stuff and Stories" workshop where we captured the essence of key historical events in the village and then identified key people to interview so we had a broad range of topics to tell tales about.

Mick Green of Drift Media did the recordings then did some amazing editing to reduce many hours of recordings down to 10 four-six minute sound files. I spent copious hours searching for and using photos that had been given to us to create a visual representation of what's being told in the stories.

The result is the 10 mini movies that we

launched at this event.

The people who were interviewed have all given approval and love what we have done. Many of them were in attendance at the event. It was a hoot.

One of my favourite stories is about the San Remo Robin Hood Club. The cork club is also good. I did have a favourite story but we didn't want to blow its cover before the screening.

When we did the interviewing it was one on one, because they were talking about their experiences, but you see the intersections when someone else talks about their own experiences.

The oldest of the interviewees, in his 90s, died before we finished the project. The youngest interviewee is still a primary pupil, one of four generations in the story recounting her memories of San Remo Primary School.

What we discovered with this project is that the San Remo community was really looking for an opportunity to come together. A lot of people would come to the meetings just because they haven't seen each other for a long time. It was a chance to chat about the days of old. It was a social occasion.

Movie Matinee: San Remo Stories was held at the San Remo Recreation Centre, 1 Wynne Road, at 2pm on Sunday, 2 April 28. It was free to attend

This was be the one and only public screening of the mini movies but we plan to make them available online down the track.

(Encore! Please)



The San Remo bridge today.



www.bascoastpost.com

For Sale

An extremely rare offering of Self Sufficiency magazines dating back to more than 40 years ago.



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There are also editions right through the years up to present day, 160 in all plus a couple of specialist one off issues.

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Have Your Say

Letter to the Editor



Wonthaggi

Hospital, 20/4/19

Dear Mr & Mrs Clark.

I live in Cape Woolamai, but am currently in hospital in Wonthaggi after having suffered a fall.

I am an elderly Widowed/Pensioner and always receive the Age each am and enjoy reading The Waterline News when it comes monthly.

I enjoy The Waterline News enormously and although not a "true local" as I have only lived on Phillip Island for 18 years. I feel that yours is a splendid publication, full of such varied and interesting items. Variety is the word, including excellent photography, book reviews, quiz, poetry, recipes etc.

imagine how hard you must work to make it so popular.
I feel very sorry to hear of your illness and can only wish you a pain free time of love and support from your family and no doubt your many friends.

With appreciation for giving me very interesting reading.

Thank you and every good wish possible.

You have enriched many lives.

Alex (Alexandra Howard)

Cape Woolamai, 3925

Comment

Thanks, Alexander for you lovely card/letter, which arrived at an opportune time when I was back in hospital last week for pain management.

Reading the card in a hospital bed, looking around and thinking about the wonderful care I was receiving made me think about the philosophy behind how we live our lives brought me to the conclusion that I think it's time for a re-think.

Over the past five years producing The Waterline News, apart from regular emails from regulars commenting on specific articles, I don't think we would have received anything like 50 letters or cards like this one from Alex on a positive note.

Thinking about what I believe is an outstanding level of care we enjoy in the Bass Coast, through Bass Coast Health, from the Hospital, Armitage House, Allied Health and other associated services they provide, there should be more positive comment.

I must be a bit unusual (eccentric I have been told many times over the years) because at every opportunity I get, I like to write a letter, or email, when I think someone has done a good , or provided a good service.

Proof that I am in the minority comes in the number of people who tell me how nice it was to get thanks for the service they provide, and that includes service you pay for.

Think about it, You really are pretty well looked after out there, if you stop and think about it.

Why not let the people who are doing a good job know you think they are? they will appreciate it.

I have been in the Wonthaggi Hospital three times and Armitage House once this year and I cannot think of enough praise for them, they do an outstanding job, and by the way, the food is great.

Thanks to all concerned.

Roger Clark. Former Editor, The Waterline News.

Welcome to the family friendly Lone Pine Bistro
225 Thompson Avenue, Cowes

It is a wonderful journal and I can only

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Ph: 5952 1004

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Where: Harry's, 17 The Esplanade, Cowes
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Contact: Ian 0407 24 00 24 (Places limited - book early)
John 0402 442 284

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Our Environment

Grantville Foreshore Committee



The Committee continues to do what it can to preserve and protect the reserve from the Broome Court foreshore north of Grantville as far as Pioneer Bay.

In late March works were undertaken to push back and reshape some of the rubble and concrete slabs littering the beach in the Malcom Dr/Ct areas. Access to the beach has been improved and the rubble and concrete is now in a position more likely to counter erosion. The Committee continues to be concerned that there are several instances in the crown land reserve of vegetation being illegally cut back and other materials introduced.

This is mostly in the Malcom Drive/Stewart St areas.

Anyone who has been involved in this type of activity should be aware that the Department of Environment, Parks Victoria and the Council have been alerted and action against those responsible may well follow. These matters are explained more fully in the Bass Coast Council policy document at http://www.basscoast.vic.gov.au/Services/Environmental_Management/Coast_and_Bushland_Management

The next Committee meeting is scheduled for 13 June at the Grantville Transaction centre at 6pm.

All are welcome to attend.

Eric Hornsby 0417 222087

Letter to the editor

It could be a long winter, for the Department of Environment, Land, Water and Planning is nowhere to be seen, either with its “Grantville Coastal Protection Plan” or in its preparedness to assist the Grantville Foreshore Committee deal with the unapproved land clearance on Crown land.

University of Melbourne’s “Nature-based Coastal Defences” project has faltered due to the lack of mangrove seeds. As a consequence, their 200 pods must now defiantly sit in the mud waiting for the tides to wash over them till next January – the question is will they still be there when the seeds arrive?

Looking back to an article in *The Waterline News* about the subject (October 2018, page 37), there was sense of ‘at last’, after 22 years, Grantville was getting somewhere - but alas it seems not! So perhaps all you can do is to find a good book or a video or two while waiting for somebody to do something about the erosion at ‘Grantville’s doorstep’.

However, if you run out of things to read or watch and would like to know why it’s important to implement a coastal protection plan, try the following links – there’s plenty to read and watch and think about:

“Protecting our coasts naturally” at <https://pursuit.unimelb.edu.au/articles/protecting-our-coasts-naturally>

“Gardening Australia” at <https://www.abc.net.au/gardening/factsheets/mangroves/9428306>

“Gardening Australia” at <https://www.abc.net.au/gardening/factsheets/what-lies-beneath/10883304>

“The Citizen” at <https://www.thecitizen.org.au/> At “Projects”, go to “Going Under”: “On the mudflats of Western Port hope is being planted”.

“Wild Pollinator Count” at <https://wildpollinatorcount.com/>

“Gardeners of our seas” at <https://seagrassrestoration.net/>

“iview” at <https://iview.abc.net.au/> Check “Programs A-Z” – “All Programs”: “Coastal Processes And Land Forms”.

“Western Port Seagrass Partnership” at <https://seagrass.com.au/>

“Australian Citizen Science Association” at <https://citizenscience.org.au/>

“Sand Motor Delfland Coast” at <https://www.ecoshape.org/en/projects/the-delfland-sand-engine/>

So when next walking along the Grantville foreshore, take a moment to reflect on ways to protect this environment and why perhaps you should consider becoming a “citizen scientist” and share your thoughts with others.

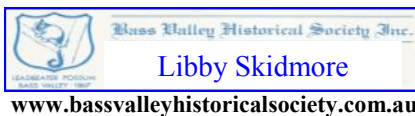
Hopefully something good will come from your research, otherwise it probably will be a long winter.

Neil Daly



Grantville Nature Conservation Reserve
Photo - Parks Victoria

History



www.bassvalleyhistoricalsociety.com.au

Cranbourne Shire Historical Society
Polly Freeman - (03) 5998 3643
pauline.freeman2@bigpond.com

Inverloch Historical Society
PO Box 46 Inverloch 3996
5674 1386
Email:
secretary@inverlochhistory.com

Koo-Wee-Rup Swamp Historical Society.
Heather Arnold 0407 521 637
harnold@dcsl.net.au

Korumburra Historical Society
Secretary Janet Wilson
0409 248 603
Janet.wil@outlook.com

Lang Lang & District Historical Society
Secretary Peter Hayden 5997 5114
ralph6@dcsl.net.au

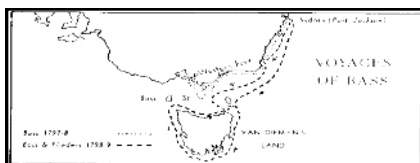
Phillip Island & District Historical Society
Contact 5956 8501,
history@waterfront.net.au



Railway Station Museum
Murray Street, Wonthaggi
Phone:
Irene 03 5672 1830
wonthaggihistosoc@dcsl.net.au
Secretary: Opening hours:
Tues & Thurs 10am-3pm
Saturday 10am-2pm

The society meets at 7.30pm on the
3rd Thursday of the month at the
museum

Libby's Corner
with *Libby Skidmore*
Historian
Bass Valley Historical Society



We have all been warned to take care on the roads of Phillip Island as it is time for the short tailed shearwaters to come in to their nesting sites. This has been happening for ever! On Saturday 25 November 1933 the Herald newspaper carried this article which tells of the habits of the mutton birds.

MUTTON BIRDS ARRIVE.

Cape Woolamai Invasion
Mutton birds in thousands swooped down according to custom on Cape Woolamai, Phillip Island at dusk this evening to settle down to their annual egg laying.
Many people from Wonthaggi and elsewhere had travelled by fishing boats from San Remo to the small jetty at the Cape to welcome the migrants. Fishermen who saw the birds arrive last night said that there were not so many as usual. This cannot easily be accounted for, because the Fisheries and Game Department has gone to much trouble in planting marrum grass to prevent the drifting sand from inundating the rookeries. A local explanation is that the usual "mutton bird gale" was not present yesterday. Usually the birds sweep on to the Cape on a stiff south westerly breeze. Yesterday it was calm. Having located themselves in their various burrows, the birds went seawards again today, rushing down the little runways that are everywhere and lifting gracefully from the ground when they had gained sufficient momentum. They are expected to return this evening with a few hundred more comrades that

were left behind yesterday on the Bass Strait Islands....the resting place after their long flight down from the north on return to Victoria. They stay there for a few weeks before moving over to Cape Woolamai.

The mutton birds will be with us until next April when they will leave their chicks to fend for themselves and set out for northern regions again. They return to the Cape each November.

Libby Skidmore
Bass Valley Historical Society
Bass Valley Historical Society
Next Meeting Fri 14th June
2019
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BYO DRINKS AND GLASSES

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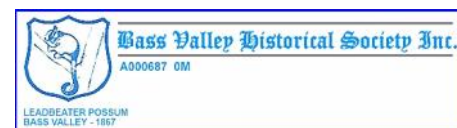


Photo courtesy:
Phillip Island Nature Parks

History



U3A Local History Group

There are a couple of vacancies in the group, which requires U3A Membership (\$30 p.a.), which also allows you access to all U3A groups, vacancies permitting. (see page 9).

They are looking for people who have a passion for the collection and preservation of the rich history of our area.

The group has a website:
www.grantvillehistory.com.au
and has also launched a free subscription e-newsletter.

The Western Port Times, which is available for download from the website, or emailed direct to you each month.
leader@grantvillehistory.com.au

The History Group is now under the leadership of local historian, Geoff Guilfoyle, who has also taken over as the Editor of The Western Port Times.

Contact Geoff if you have any questions about the Group, or The Western Port Times.

www.grantvillehistory.com.au

This History segment is supported by the

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History

What was happening in Bass 1870's to 1890's Part 1

The Australasian, 7 April 1883, page 26: Bass.

An influential meeting of residents of the Bass district was held at the Bass Hotel on Saturday evening, for the purpose of forming a society to unite the agricultural interest. The chair was filled by Mr. E. B. Pender, and a proposition, moved by Mr. Poole, that the society be called the "Bass Agricultural and Pastoral Society," was carried unanimously. Upon discussion on the question of the advisability of erecting show yards, Mr. Pender immediately promised to have the yards erected at his own expense. The positions of secretary and treasurer will be respectively filled by Messrs. Kennedy and J. W. Delaney, J. P., and at the next meeting the general election of office bearers will take place.

Great Southern Advocate, 13 June 1895, page 3: Bass Valley.

A most successful public meeting was held on Friday evening last at the residence of Mr. John Michie, Bass Valley, to consider the advisability of erecting a mechanics' institute in the neighborhood. E. M. Dixon, Esq., President of the Shire of Phillip Island, was elected chairman, and in a few well chosen words explained to the meeting the necessity of having some place of meeting in the district and the good that would arise from it, as a library would be sure to follow, and very likely the hall would become the head-quarters of cricket and football clubs, also debating and other kindred societies.

The chairman also informed the meeting that Mr. Michie had most generously offered to give a very suitable site for the building, and he had great pleasure in moving that Mr. Michie's offer be accepted and that the meeting accord him a hearty vote of thanks for his liberality. The motion was duly seconded and

carried with acclamation. A strong committee was formed, and Mr. C. Michie and Mr. A. Belfrage were unanimously elected hon. treasurer and secretary respectively. It was decided to issue subscription lists, and to hold a grand concert and ball at Woodleigh State school on 5th July next, the proceeds to the fund. The meeting then terminated with a hearty vote of thanks to the chairman.

The concert and ball are expected to be a great success. All the musical talent in the district is being invited to officiate, and the ladies of the district are kindly going to supply all refreshments, which is a sufficient guarantee that nothing will be wanting in that department. Given fine weather, a most enjoyable evening is certain.

The Australasian, 12 April 1884, page 27.

BASS AGRICULTURAL SHOW

The first show of the new society was held at Bass in the vicinity of the new coal-field, on the 4th inst., and was in every way a pronounced success. Two months ago the desirableness of forming a society was mooted. Mr. D. B. Kennedy took the burden of secretaryship upon his shoulders and worked with a will, a society was formed, money collected, and the prizes apportioned in a very short time.

It was considered that the show would be pretty good, but the most sanguine did not expect the extent of success reached on Friday. The district has been known chiefly as a pastoral one, but the exhibits of garden produce &c., proved that the Bass district is also capable of producing cereal and root crops of a superior description.

The parade of draught stock was almost worthy of the National Society, the horses of Messrs. Lees, Tarwin, Lowers,

Research by Geoff Guilfoyle

Le Roux, Haynes, Poole, Stewart, and others, comprising some grandly-formed animals. Mr. Le Roux, of Lang Lang, took the stallion prize with Merry Tar, by Lecky's Duke of Edinburgh; Mr. G. Poole, second; Mr. Stewart, third. Mr. Lees took the prize for draught mare with a magnificent bay. In blood stock, Mr. Poole's General, a compact dark-bay, with a splendid head and eyes, was the premier.

The exhibits of horned stock were pretty fair, but chiefly in shorthorn and Herefords, Alderneys and Ayrshires not having good representatives. Mr. M'Nab's fine shorthorn bull took first prize in his class. Of fat cattle there were some fine specimens, Mr. Bothwell's being first in merit, and Mr. Turnbull's second. The sheep penned were very superior, Mr. Stephenson's flock being the successful one in this instance, Mr. J. Hayes second. Messrs. G. Poole and Delaney were the prize-takers with porcine exhibits, of which there were several.

The produce and fruit shed presented quite an attractive appearance. The butter class filled well, and was of superior flavour, but there were not many exhibits of cheese, though those placed were of good quality. The cereal class was badly represented, but with such good land as in the vicinity of Bass there is no reason why it should be so. Of poultry there was a fair number, the leghorns of Mr. Kennedy and the geese of Mr. A. Stewart, and cochins of Mr. Delaney being worthy of notice.

After the business of the day had been finished a dinner was given at O'Meara's Hotel, under the presidency of Mr. A. Stewart. Next year, it is proposed to double the amount of prize money, in consequence of the success of the first show.

Continued next month

BASS GENERAL STORE & POST OFFICE

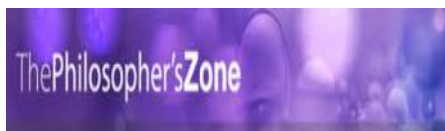


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Philosophy, Trivia & Quiz



This quiz is based around events that happened in the month of June and mostly last century.

1. John Travolta danced across the screen with our Olivia in which movie released on June 16 1978?
2. What year was Jaws released?
3. Which country invaded South Korea on 25th June 1950?
4. In which year did Michael Jackson die?
5. What was the name of the FIRST Harry Potter book?
6. In 1964 which British pop group toured Australia despite having a substitute drummer?
7. Spring is busting out all over which musical?
8. Who wrote it?
9. From which beach did the British Expeditionary Force evacuate from France?
10. D-Day was which day in June?
11. Who did the Duke of Windsor (formerly Edward VII) marry in June 1937?
12. What nationality was she?
13. Which member of the Kennedy family was assassinated on June 5th 1968?
14. When is Queen Elizabeth's actual birthday?
15. Which country surrendered to Britain in 1982?
16. Who did Julia Gillard replace as Prime Minister?
17. HMAS Melbourne collided with which American destroyer?
18. Who was the first woman to complete the first single handed, non-stop circumnavigation by a woman?
19. Who replaced Tim Fisher as leader of the Nationals in 1999?
20. What is the source of the drinking water in Cowes?



Be a man, My son!

If you can keep your head when all about you are losing theirs and blaming it on you;

If you can trust yourself when all men doubt you, But make allowance for all their doubting too;

If you can wait and not be tired of waiting, Or, being lied about, don't deal in lies, Or, being hated, don't give way to hating, And yet don't look too good, not talk too wise:

If you can dream-and not make dreams your master;

If you can think-and not make thoughts your aim:

If you can meet with triumph and disaster And treat those two imposters just the same;

If you can bear to hear the truth you've spoken

Twisted by knaves to make a trap for fools,

Or watch the things you gave your life to broken,

And stoop and build 'em up with worn-out tools:

If you can make one heap of all your winnings

And risk it on a one turn of pitch-and-toss),

And lose, and start again at your beginnings

And never breathe a word about your loss;

To serve your turn long after they are gone,

And so hold on when there is nothing in you

Except the Will which says to them "Hold On":

If you can talk with crowds and keep your virtue,

Or walk with kings -nor lose the common touch;

If neither foes nor loving friends can hurt you;

If all men count with you, but none too much;

If you can fill the unforgiving minute With sixty seconds' worth of distance run-

Yours is the Earth and everything that's in it,

And-which is more-you'll be a Man, my son!

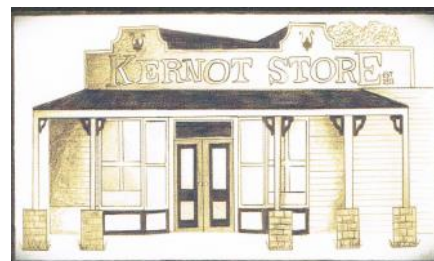
Rudyard Kipling



A rare photograph of Rudyard Kipling with King George V.

Courtesy - National Portrait Gallery

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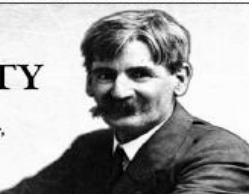
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Though he died in 1922 at Abbotsford NSW and was buried at Waverley NSW, Henry Lawson still 'lives' in our hearts, minds and souls. - Editor

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QUIZ ANSWERS



1. Grease. 2. 1975 3. North Korea 4. 2009
5. Harry Potter and the Philosopher's Stone.
6. The Beatles 7. Carousel 8. Rogers and Hammerstein 9. Dunkirk 10. D-Day was the sixth of June. 11. Wallis Simpson 12. American
13. Senator Robert Kennedy 14. April 21st 1926
15. Argentina 16. Kevin Rudd 17. USS Frank E. Evans. 18. Kay Cottee 19. John Anderson
20. Candowrie Reservoir?



In the garden

June

June Gardening Tips

Winter is upon us. For some people this is cause for celebration. For others it is cause for commiseration.

For your garden it is just another season which will either see it go from strength to strength or see it fall over, depending on how well you care for it.

There are many plants which slow down their growth substantially throughout winter so June is a great time to start giving them a trim.

Roses can be pruned from June through till August. Other flowers like hydrangeas would benefit greatly from trimming off the old flowers and growth to allow it to jump into spring with a burst of energy and healthy new shoots. Remember, pruning promotes growth. If you have decided that you actually want to plant a new rose garden, then June is the month for you. By planting new roses now, you give them a good chance to get established throughout winter and ready for solid growth and flowering in the spring.

Pick a mix of colours and aromatic roses and place them in a well prepared garden bed. Feed them a good rose fertiliser such as Yates Acticote slow-release for roses. Also make sure you mulch them well. Don't mulch too close to the stem. When mulching leave about a 15-30 cm gap all the way around the plant. This will help keep moisture close to the young plants, but will also help to fight off frost in cold areas.

Make sure you keep your winter vegetables well fertilized. Thrive All-Purpose fertilizer is as good as any for this purpose, in my opinion. Follow the directions on the label for application. Generally it is best to apply fertilizer to

your winter vegetables every two weeks. This will help your veggies to grow quickly and give you a solid yield. Also during winter, you get on top of your garden weed situation. If you don't get on top of weeds in winter, they will spread because the extra water available will allow them to really thrive.

This can cause them to move into new areas of your garden that may have previously been free from the serial pests.

June is also a good month to split up shrubs like daisies and lavender and plant them in other parts of your garden. Make sure you choose big sections to transplant.

The extra water (in cold and temperate climates) will help the plant to establish well, but the lack of sun can still be an issue. Also make sure that you cut off any flowers, both alive and dead, to ensure that all of the plants energy can be directed toward growing new roots.

Pruning

Pruning is a very important task when it comes to gardening. Pruning helps by removing unnecessary parts of the plant that take a lot of energy to keep alive. Even when a flower dies, the plant can spend a lot of energy on the spent flowers starting to form seeds. Cutting or plucking off the dead flowers helps the plant by removing the need to give energy to that part of the growth, therefore helping to promote growth in the growing times. This is why dead heading, or removing the dead flowers, is a good practice as it encourages the plant to grow in other areas once it no longer has to focus on sustaining the dead flower and the seed production process.



Roses in particular enjoy a good winter prune. In July or August give your roses a healthy prune. Rose pruning advice varies greatly.

I like to give them a fairly vigorous cut, removing between 1/3 and 2/3's of each stem. You can also thin out the rose by cutting off stems that cross each other, giving the rose a better overall shape. In fact pruning time is a great opportunity to shape your plants. growing season.



Plant of the month

Genus: Callistemon

Species: glaucus

Common Name: Albany Bottlebrush

Flower Colour: Red

Foliage Colour: Green



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Another piece from regular Contributor E.E (Betty) Caldwell, with thanks to Maree Silver, who does all Betty's typing.



FRUIT

"Of Man's first disobedience at the fruit of that forbidden tree whose mortal taste brought death into the world and all our woe ... sing heavenly muse."

So commences Milton's epic Paradise Lost, arguably the greatest English poem ever written. Now as Australia is running headlong into obesity, it seems incredible that anyone would outlaw apples (or knowledge either), that beneficial food which keeps the doctor at bay.

Spare a thought for the residents of the Riverina area. For many decades, they have been denied the luxury of bananas in an effort to protect their crops from the devastating fruit fly. I recall arguing some fifty years ago that having fruit inspection blocks at state borders was contrary to Section 92 of the Australian Constitution. I didn't get too far.

Most fruits except perhaps watermelon are not overlaid with sugar but the practice of juicing them and discarding the essential fibre is not a wise move. It may, though, introduce children to a better liquid diet than the soft drinks cluttering the supermarket shelves. At this stage, it seems no-one is having much success in weaning the young fry off their daily fix of saturated sweetness. It is the price we pay for an overarching affluent society.

I am always grateful for having grown up during the penny-pinching days of the great depression. Rich plum, greengage, prolific peach and fig trees with vines of passionfruit, banana passionfruit and numerous white grapes, no two the same variety, abounded in the back garden with tomatoes, beans, marrows, pumpkins and rhubarb to provide us with an ample supply of wholesome home-grown produce.

In addition, otherwise unemployed men would offer windfalls garnered from outlying orchards of apples and oranges, one shilling per bucketful. Times certainly were tough but the diet of the average household in those pre-war days was rich in the things that matter.

© E E Caldwell

Happy 90th birthday E.E. (Betty) Caldwell

Razmi Wahab

Readers of The Waterline News will be familiar with the work of E.E. (Betty) Caldwell and you can understand why she is a regular contributor.

I am not here to critique Betty's work but to wish her well for her 90th birthday, celebrated on March 26. It was at the Society of Women Writers Vic April meeting that her special birthday was revealed to us.

Betty joined the SWWV in 2002. Betty was a stenographer with the Transport Regulation Board, and she retired in 1983 when the Board ceased to be and the Road Traffic Authority created in its place. She was freed from taking down other people's words in shorthand and then had them typed on the electric typewriter at a speed that would send her fingers flying. She has not abandoned the electric typewriter for that is her tool to write her own words in the form of short stories and articles. At last count she has written two hundred and seventy short stories and two hundred articles.

Betty was always writing, from a young age. On retiring she wrote short stories and stories about life and she needed to be with like-minded people to share her passion. Eventually she was introduced to the Society of Women Writers where she could be a writer without explanation or excuse. There is another form of support, as well, without which Betty would be stifled in this world of ever changing technology. She still uses her electric typewriter and it is not difficult to imagine her ten fingers on the keyboard, putting down her thoughts, black on white, as fast as her imagination would flow. Her friend Maree Silver, who is also a member of the SWWVic, takes care of transcribing her prolific output for the digital world. Betty's biggest problem is getting ribbons and eraser tapes for her typewriter. They are rare commodities these days but still available.

Betty was awarded Life Membership of Melbourne City U3A in 2015 in appreciation of her Distinguished Voluntary Service. She is the tutor of the Wednesday Writers Group of the City U3A.

Happy Birthday Betty and may your fingers fly over your electric typewriter so we can enjoy your wicked humor.



Equilibrium

by Ian Terry



As one, they marched across the desert sands
Common goal, single purpose, armed and ready
To meet all that would deny them their final quest
The golden prize on the last day's journey
That would yield untold gain while giving their best

Ants they were, a great black wave, an army
Moving with stealth to a primeval beat
Armoured plated with keen eyes and senses
Strength in dedicated tasks in life's journey
Achieving nature's balance, so intense

The birds came out of the sun, swift, deadly
Swooping the army and claiming many
The ants, single minded, maintained their course
Danger abated, they surged forward, no pause
Unrelenting, sensing the way ahead, to the North

The rains came, drenching the crusaders
Flooding the ranks, drowning some, they went on
Intrepid to the end, no retreat, marching en masse
The leaders in hypnotic trance, following the sun
No obstacle too great, the ants entered a mountain pass

Nature endowed them with innate power
Blind to their instincts, unswerving in purpose
To reach the final sunset, to attain the prize
The ants marched on, focussed, dedicated,
Prisoners of destiny, moving through the mire

Up ahead, reared a silver mirage large and foreboding
The scent was alluring and sweet and seductive
Golden honey spilled from the truck
The ants swarmed onto the prize they sought so much
Ecstasy; journey's end, and Nature's luck?





SHORT STORY SPECIAL

NERIDA.

By Margaret Pearce

"It looks so cheap to be always chasing boys."

Nerida kept her eyes on the silver-framed photograph. The small child with the trusting dark liquid eyes looked out of the frame at her, the lemon dress clear against the dusky skin.

A real cute kid, the pick of the unwanted horde at the Home.

Her foster parents tried again. "You mustn't hang around Jamie so much." Nerida's brows came together.

Her bottom lip drooped in a sullen curve. "I like Jamie."

Mrs. Spencer twisted. Thick hands, and the freckled face flushed up to the gingery greying hair.

"Carrying on like one of those shiftless natives."

"I am a native."

"You're my daughter, dear." The "dear" was a forced afterthought.

Nerida studied the photograph.

So Christion of Mrs. Spencer to lift her out of the squalor of the Home, and raise her with a decent respect for soap and water, hard work and the sour taste of perpetual gratitude.

She tried to remember the days before cleanliness, the Home and Mrs. Spencer. Vague memories of the smoke of the campfires, the warmth, the low laughter and the half raw titbits, salty and warm, and always the delicious undercurrent of excitement; shrieks, yells and screams, running like a jagged thread through the indolent days and warm nights.

This house was always cold, clean and sterile. It was an environment nothing survived; flowers and potted plants wilted; her kittens died, and the dogs ran away. The blighting air of disapproval hung over it like a poisonous miasma. It was Jamie Jones' chuckle that drew her. His infectious grin creased the freckles up the sides of his cheeks, and screwed up his blue eyes until they nearly closed, and only then he released his deep chuckle.

She just had to laugh back. The warmth of his chuckle radiated through her, so she moved in a pleasant climate that was always summer. She wanted to warm herself, right through to her frozen core against him.

She waited for him after the football games and sat through his cricket matches. She never realised she could be

so patient. She was prepared to wait her life away for Jamie's welcoming grin. She ran his errands, and even ventured into the forbidden territory of his home to help him clean his car.

Where did Jamie get that joy of living and happy acceptance of his fellow human beings? Most people emitted an aura of cold disapproval and distrust if she timidly edged her way to the outskirts of their lives.

After being with Jamie, the coldness of her foster parent's house was blighting. She and her belongings were kept separate as though she was some sort of leper.

In isolation and condemning silence she fed her resentment by using their towels and face-washers. There was a grim pleasure at the sight of their faces they dropped their unhygienic linen immediately into the washing machine, and threw out their toothbrushes if they suspected she had used them.

It relieved something inside her to take their money from the purse hidden under the unused white handkerchiefs in the top drawer of the polished up dressing table in the big bedroom. Why did they waste ten dollars on a vase and begrudge her two dollars a week for a lipstick?

"You must earn money, Nerida.

Otherwise you won't understand the value of it."

"What we do is for your own good, Nerida. You must not sulk."

In her timid, bewildered childhood, the loud scolding voices terrified her. They made her feel so guilty, but she was always uncertain of what sin she had committed.

"She looks so stupid, but they did assure us she wasn't retarded."

"Try not to dribble on your nice clean dress, dear."

"Don't lick your fingers, dear. It's dirty."

"The poor thing had no training at all."

The voices tailed off if they met her glance, but the sting of never living up to their expectations remained, buried like a painful sore for years.

It was only when she and Jamie were alone that the frostbitten inner core of her being unfolded and grew. Walking together through the long summer twilights, she blossomed, putting out tendrils of timid liking, knowing she wouldn't be rejected.

She sensed she was desirable.

The message thudded through every atom of her blood and every curve of her body.

Her confidence put invitation in her low

happy laugh, and her frequent side glances. Jamie's body felt as wholesome and primitive as her own. There was never that shock of repugnance, which made such an implacable barrier between her and the others.

Her foster mother had taken to watching her in horrified silence, dawning suspicion in her pale eyes. Nerida's tight waisted skirt with its swirling ruffles didn't fit any more and her ripening breasts strained against the prim, little girl blouses.

"Nerida! Are you pregnant?"

Nerida wondered. A baby! Her body felt different; nice, but different, languid, dreamy and warm. It was a natural and normal enough sequel to the long afternoons in the soft twilight, but then again, not always inevitable. Her shrug was answer enough.

"After all I've done for you, and you aren't even ashamed, are you?"

There was such venomous hatred in the voice that Nerida turned her back. The studiously stupid expression closed down on her face, as it had done so many times during her timid childhood.

The undercurrent of contempt was thunderous in the quiet room.

Mrs. Spencer thinned her lips, bit back easy tears, and fled to the sanctuary of the equally blighting contempt of Mr. Spencer.

Still, her foster parents were determined to protect themselves from the embarrassment of her actions. Nobody knew what sort of pressure was exerted to make Jamie marry. Jamie didn't laugh so readily these days, and he wore a bewildered expression on his young face. Nerida let herself be carried forward to the hasty wedding. Something had happened with the interference of the adults, and Jamie was no longer hers.

The unthinking closeness was gone, and with it the reassurance of his acceptance and companionship. Jamie was now aloof and irritable, unaccustomed lines pulling his mouth to grimness, his brow wrinkled with insoluble problems.

The ceremony was brief and unpleasant. Mr. Jones was grim and Mrs. Jones was crying. Jamie's attractive blonde sister Christine looked bored.

The younger twin brothers, like Jamie looked interested by uncomprehending. Nerida's foster parents were watchful, their faces hard.

The newly marrieds moved into a flat that Mrs. Spencer had found and furnished.

Continued page 36

Nerida

continued

Nerida smashed the wedding present vases against the wall with unholy glee; enticed stray kittens in to share the fluffy lemon blankest still smelling of disinfectant.

Every time she she cut up the pink sheets to bandage the dog with the cut leg, and stuffed the starched white curtains behind the pelmets so she could stare out of the small windows.

Every time she destroyed something from her foster mother's household stores, she had broken another chain crippling her. Jamie started drinking the cheap red wine. The bottles piled up as she joined him. In drink was an illusion of shared companionship and forgetfulness; and any way to bring Jamie back was welcomed.

That night Jamie didn't come home the baby felt heavy and active, each limb outlined clearly against her skin as it moved. From some inner source, Nerida knew that Jamie was gone forever, but she was indifferent.

Her Jamie was gone the day the adults forced them into marriage. She had lived with an unhappy travesty of him all those months. The time to mourn his loss was when the marriage was arranged, not now.

She paid one last visit to the woman who raised her those fifteen unhappy years.

Mrs. Spencer had taken some sweet fruit scones from the oven. Nerida ate greedily, piling the butter on until it ran down in golden drops on her hand.

"It's disgusting that he should clear out on you at this stage."

News travels fast in a small country town, and there was complacency in Mrs. Spencer's voice. Nerida wiped the grease off her mouth with her sleeve. The scones were delicious. She wonder which busybody had rung her foster mother.

"We've been discussing getting him traced."

"No." Nerida licked her fingers and picked up a raisin that had fallen on her lap.

"Don't you want him back?" The pale eyes were round with shocked disbelief. Nerida pushed her chair back and stood up. Now the scones were eaten, the lingering smell of disinfectant crept back. "I like the way things are, so why bother?"

Mrs. Spencer was silenced.

Nerida guessed with grim amusement that her foster mother didn't want her back either, but the disapproving look no longer made her cringe.

She rested one greasy hand across her

tight straining dress and her baby moved against her hand. Soon, she would have someone of her very own; someone who would never turn in revulsion from her, someone warm, loving and tolerant.

So why did she need Jamie?

Margaret Pearce

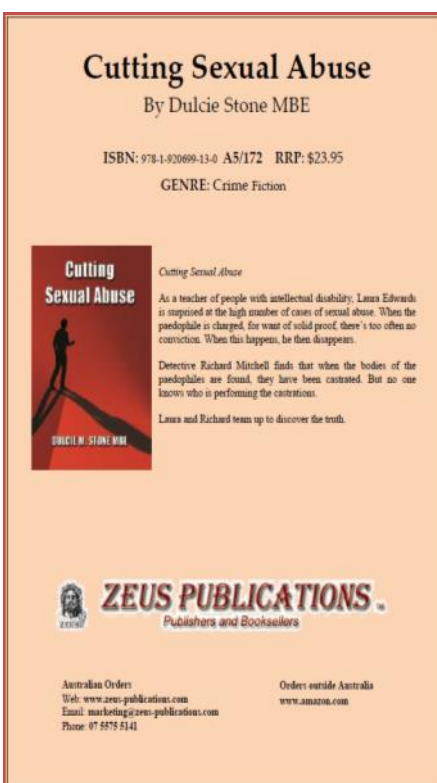
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New Release

Regular Waterline News contributor, Dulcie Stone is launching her latest book and we will a review in next month's edition.



Editor



Jan Morris' view of Autumn Part 1. Korumburra Autumn

From top of main-street
Korumburra, autumn kaleidoscope

coloured leaves, of all shapes
this season on display

where hills were brown, now green
cows munching, grass growth

rain falls, farmers delight
helps to ease their struggle

leaf-creations by children
in schools, kindergartens

winter-items, back in op-shops
variety of cosy cafes

social-groups, sipping coffee
chatting away in comfort

seniors playing bingo
dog water-bowls on pavement
Autumn I Korumburra,
part of Gippsland's treasure.

Jan C. Morris

©Korumburra. May 2019

Part 2. Our Autumn Leaves:

What a beautiful time
Of the year

gloriously autumn has begun, under bright
blue skies
and a glowing sun

warming sands
by golden shores, overhead seagull soars

as tides ebb and flow, golden sunsets as day's
close

flooded moonlit- evenings, the perfume of the
night

warms the senses without sight, burning trail
heavens high

meteor or shooting star signal from afar

crisp-mornings greet the day, Oh! How we
long they'll stay

stillness bereft of breeze,

such golden tones our autumn leaves.

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Advertisers Index

MAY ADVERTISERS INDEX

Advertiser	Page
Alex Scott Real Estate - Grantville	2 & 4
Always Cool	41
AP Progressive Plumbing	44
B.J.'s Mowing & Garden Maintenance	33
Bass Coast Stockfeeds	40
Bass Coast Tyre & Auto	38
Bass General Store	31
Bass Glass	1
Bass Valley Computers	39
Bassine Specialty Cheeses (Farm Shop)	17
Bendigo Bank	44
Black Fish Medical Centre	42
Blackout Electrical	37
Block Slashing - Russell Sanders	39
Carol Head - General Practitioner - Newhaven	15
Chase Computers	22
Clare Le Serve - Western Port Ward Councillor	27
Corinella Air Conditioning & Electrical	38
Cut n Edge - Gardening	21
dcCoastal Hair & Beauty - Grantville & Lang Lang	19
Domestic Water Cartage - Brett Bennett	39
Evans Petroleum	40
Fast Fit Car Care & Exhaust	40
Flourishing Figures - Accountant & Tax Agent	2
Flyaway Screens	39
Freemasons Victoria - Wonthaggi, Woolamai and Phillip Island	21
Frenchview Lifestyle Village	2
Grantville Laundromat	38
Grantville Medical Centre	16
Greyhound Adoption Program	42
Homestead Bistro	26
James McConvill & Associates - Legal	43
Jo Jo's Gluten Free Goodies	14
Jordan Crugnale MP for Bass	41
K9 Pawfection - Dog Grooming	27
Kernot Food & Wine Store	14
Kirra Moon-Curry, Travel Managers	37
Korumburra Weekly Market	19
Lang Lang Funeral Services	1
Maru Koala & Animal Park	26
Metro Asbestos Removal	39
Minuteman Press - Printers	39
Newhaven College	3
Nurse Practitioner - Deb Garvey	15
Peter. C. West Plumbing	39
Phillip Island RSL Bistro (Coves)	27
Photo Magic - Trish Hart	30
Podiatrist - Michelle Graham (Lang Lang)	19
Puss In Bass Cattery	37
Right Choice Mortgage & Leasing	37
Russell Sanders - Contractor & Block Slashing	37
S&P Heavy Mechanical - Grantville	38
Safflower Chinese Medicine	15
Shorelec Electrical - Air conditioning specialists	2
Shoreline Conveyancing	39
Spicy Duck Thai Restaurant	14
Stihl Shop - Lang Lang	33
Sunscape Electrical - Solar installations	44
Supa Gutter Pumper	33
Tides Bar & Grill Restaurant - Tooradin	2
Van Steensels Timber & Hardware	23
Veterinary Clinics - Inverloch, San Remo & Wonthaggi	39
Waterline Conveyancing	37
Westernport Ward Councillors Update	20
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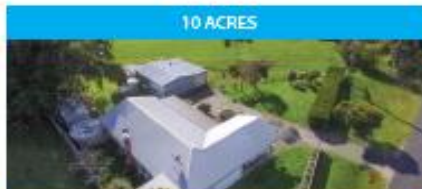
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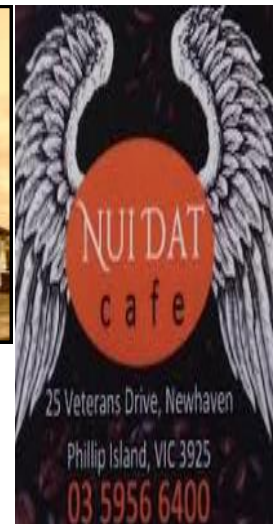
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