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Cash Price \$475.00

The Waterline News - November

FROM THE EDITOR'S DESK



CORINELLA RATEPAYERS AND RESIDENTS ASSOCIATION INC. AND MEDIC

November Waterline News

Hard to believe it's November already and as I sent this edition off to the printer, work had already started on our bumper 32 page December holiday special.

There were so many interesting stories that had to be held over this month there will be no problem filling the extra four pages. Interest in The Waterline News in general has increased quite a bit over recent months, so much so that we are now delivering an extra 100 hard copies each month, plus extra copies are also being emailed.

Unlike a lot of community magazines we will be again publishing our normal edition in January.

We have had some interesting feedback over the last couple of months on our content, which most people seem to be happy with.

Although we think we have a good idea of what people enjoy reading, we are always looking for additional feedback on the type of information and stories you would like to see in The Waterline News.

It is a community magazine in which we try to provide all the relevant information on community groups, with their contact details etc.

There is obviously a limit to how much we can cover and we sometimes leave out things we know have been covered in other publications, while understanding not everyone reads all the other magazines. We can also only print details of what is sent to us so if you've got something happening let us know.

Distribution Area:

We distribute 1250 copies each month through Lang Lang, Nyora, Loch, Kernot, Grantville, Corinella, Coronet Bay, Bass, San Remo, Cowes and French Island. We also send out almost 200 copies by email and all editions are available on our website

www.waterlinenews.com.au If you would like a copy emailed to you each month, are interested in become a distributor, or would like to advertise contact us now

THE WATERLINE NEWS Editor Roger Clark PO Box 184 Grantville 3984 Phone 0410 952 932 Office Hours Mon- Fri 8.30am - 4.30pm Email: editor@waterlinenews.com.au Website: www.waterlinenews.com.au ADVERTISING RATES

Small	6cm x 6cm \$ 17.50	
Small 1.5 (Bus Card) Dbl Small 1/4 Page 1/2 Page Full Page	6cm x 9cm \$ 26.00	
Dbl Small	6cm x 12cm \$ 35.00	
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Full Page	18cm x 28cm \$ 120.00	
Email: editor@waterlinenews.com		
Advertising Deadline 1st each month		



2015 COMMITTEE.

President. Lyndell Parker. Vice.President. Peter Tait. Secretary. David Laing. Assistant Secretary. Wayne Maschette. Treasurer. Michael Kelzke. General Committee Members. Brian Llovd, Fave Paddon, Jackie Tait, Jenny Bartlett, and Mark Rutherford.

It has been a wonderful month in Corinella with the return of the black swans and the other bird life gracing our shores for the warmer weather. Gardens are blooming, birds are nesting and it is a glorious time to be out enjoying the walking trail around Corinella's foreshore, or putting the boat in for a day's fishing, as the fishing season swings into full gear. Weekends have been flat chat with boats having to queue to both launch and retrieve at peak times. Patience, tolerance and courtesy to other boaters and residents is urged, as waiting can sometimes be frustrating.

On Saturday October 3, we had a lovely social "meet and greet" with your new committee. Delicious homemade goodies including sausage rolls, mini quiches, lamington, scones jam and cream, were enjoyed by all. New friendships were made, and lots of good suggestions were put forward as to how community members would like to see the town developing in the future, it is important for us to know what community needs, hopes and aspirations are.... there are grants available for projects big and small, and we are keen to apply for them, and be in the running to bring these resources to our town. The Corinella Community Centre is running some terrific courses - if you have never checked it out you don't know what you are missing! We went to a wonderful wine and cheese "tasting night" a couple of Friday ago- and it was a great night.... lots of people having a good time and raising some money for the Centre at the same time.

Our Vice President Peter Tait is working with the Bus group to save our bus service. The group are working very hard and doing a wonderful job making very encouraging progress Each and every one of them is to be commended for their commitment to our community.

We are actively seeking new members. Let's all be involved in guiding Corinella's future as a town. Membership is \$10 a family....supply your email address and we can keep you up to date on all the latest news and developments ,whether you get to

meetings or not, and you can also find us on Facebook (just joined) Hoping to hear from you, your President Lyndell Parker. 0422 247 490

LOCAL POLICE **NETWORK** San Remo Police.

Station Commander

Bruce Kent.



Aggravated burglary (person home) About 6 pm on 31/10/2015.

A female victim was staying at a holiday house at Robert Drive, Cowes with friends. Her friends left the house for a time and she fell asleep on the couch. About an hour later Victim woke up to find glass sliding door wide open. She had shut the door previously as the others were all out of the house. The victim went to find some clothing and noticed it missing. A further search of the house revealed assorted clothing missing. A search of the house and neighbouring houses failed to locate any of the items stolen. It appears that an offender/s had entered the house while she was asleep and stolen the items.

This is a reminder of the necessity to lock doors at all times when asleep. Glenn BIRT | Acting Senior Sergeant 31580 | Wonthaggi Police Station

> **Emergency Dial 000** www.police.vic.gov.au



GRANTVILLE AND DISTRICT **RESIDENTS AND** RATEPAYERS ASSOCIATION

2015 Committee

President Kylie Slink Vice President Kat Cox Secretary Kathleen Hopkins Treasurer Sylvia Harris **General Committee Members** Chris Cox, Ilse Smidt, and Julie Bartolo

..... Grantville Christmas in the

Park

6th December

5pm – 8 pm

Featuring:

Kernot Country Boys Band

Christmas Carols

Market Stalls

Jumping Castle / Face Painting

Children's games

Santa!

Cut off date for submissions and advertising is the 1st of each month



If any group you are associated with has an event coming up don't forget to let us know. Deadline for all notices is the <u>first of each month</u>. The Waterline News is distributed and available online approximately the 15th of each month. editor@waterlinenews.com.au

Trivia Night

Saturday November 21st

Corinella Public Hall

Smythe Street, Corinella

7pm for a 7.30 start Quiz Master – Dennis McRae

\$5 entry per person

Door Prize, Lucky Voucher Dip Games and Silent Auction Lots of prizes to be won?

BYO drinks, glasses & snacks. Tea and Coffee provided.

Table bookings of x8 welcome as well as individual bookings.

Which is the Brainiest Town? Represent Your Town, register to play for a town & you could win!

Bookings essential - to RSVP call Tanya 0431 937 514 or email fundraising@bvcc.org.au to reserve your seats!

Come along and have some fun while supporting children aged 0 – 12 years and their families and the

Bass Valley Children's Centre Inc.





Community Diary & Notes

South Gippsland Arthritis Support Group

Coffee & Chat 1st Monday of Month 6-8pm, Leongatha RSL OR 1st Tuesday of Month 2-4pm, Korumburra Indoor Recreation Centre

Cost: Gold Coin Donation. For more information please contact: Adam: 0408353785 phomdin2@bigpond.com Marg: 0417 154 057 Diane: 5658 1443



South Gippsland Mental Illness Carer's Group

If you are caring for someone with a mental illness it can be a stressful, lonely and difficult experience. This Support group assures people who are caring for someone with a mental illness, that they are not alone and in the company of other carers they can find support, friendship and at times a laugh! This particular group commenced about 18 years ago and mainly meet at Inverloch once a month at the Bass Coast Community Health building, next door to the supermarket in Reilly St, at 10am on the second Monday of each month (Except January & June), and a couple of 'odd' Mondays when we meet in the bakery on a Wednesday. We are affiliated with other carer groups and through the Mental Illness Fellowship try to have a voice for carers and to maintain a career focus in the community and with Government. This is a friendly and supportive group for carers of a family member or friend suffering a mental illness. If you would like to join the group or get more information: Phone now -Maggie 5658 1781 **Rosemary 5662 4352**





This is the annual fund raising event for the Mental Health Foundation of Australia with proceeds supporting mental health education. Have fun while contributing to the resilience, mental health and wellbeing for all – so relevant for today.

It's time to get organised with friends and family or bring a bus with your club for a great social outing. For bookings contact Mental Health Foundation Australia

03 9826 1422 admin@mhfa.org.au



Nurse Practitioner DG Nurse Practitioner Grantville Transaction Centre Cnr Bass Hwy & Pier Rd Grantville, 3984 Hours Mon-Fri 8:30-4:30 Bulk Billing All consultations bulk billed May have fees for some procedures*

> For appointments phone 5616 2222 or

0467 841 782 Same day appointments available

Some of the services available

Fluvax	Immunisations	
Men's Health	Prescriptions	
Referrals	Skin Checks	
Wound Care	Women's health	
Dressings*	Ear syringing*	
Lesion removal*	Suturing*	
Treatment minor illnesses / infections		



Notices by <u>1st each month</u> editor@waterlinenews.com.au

Australian Red Cross

Woodleigh Vale Branch Members meet in each other's homes on 2nd Thursday of Feb, Apr, Jun, Aug & Oct. Contact Sheila Campbell 5678 8210

Bass Coast Community Baptist ChurchMeets Sundays 4.30pm at the Op Shop.OP SHOP open Mon-Fri 10am-4pm,Saturday 10am-1pmContact for service details.Pastor Ilse McDonald0402 065 852

Bass Coast L2P Learner Driver Mentor

Program Wonthaggi - Corinella The Bass Coast L2P Program now has a car at Corinella & District Community Centre. For further information contact: Veronica Dowman 5672 3731 0467590679

Bass Valley Community Centre

Mon-Thur 9am -3.30 pm Friday 9am-3pm Op Shop open 6 days Monday - Saturday

Bass Valley Friends of the RSL

Secretary Janet Welch	0411 446 129

Bass Valley Landcare2-4 Bass School Rd, Bass5678 2335

Bass Valley Lions Club Op Shop

Situated at the Grantville Garden Supplies Open 5 days Monday-Saturday 5678 8357

Corinella & District Probus Club

1st Wednesday each month except JanuaryBert Allison0407 339 243

Corinella Bowling Club Inc.

Saturday Triples May until August	st	
Wednesday Coaching and roll up at 10am.		
BYO Lunch		
Patti Scammell	5678 0191	

Corinella & District Elderly Citizens Club

Monday & Thursdays at 1.00)pm
Corinella Hall	
Margaret	5678 0716

Community Directory

Corinella & District Community Centre 5678 0777 Mon - Fri 10am - 4pm www.corinellacommunitycentre.org.au

Corinella & District Men's Shed & Woodies Group

Located in Corinella Road between Bass Valley Primary School & JLM Pre School. Contact Secretary: Jim 5678 0930

Corinella Foreshore Committee Contact Barbara Oates 0427 780 245

Corinella Playgroup

Now at the Coronet Bay Hall 0-4 year olds Friday 10.00am –11.30am Free play, activity centres, story & song time, sensory & art activities. \$3 per family plus a piece of fruit to share. All children MUST be accompanied by their parent or carer. Christine Keeble 0413 837 597

Coronet Bay Playgroup

children 0 - p	reschool	-	Coronet Bay Hall
Mondays 10a	am - 1pm	\$2	per family
Please bring	a piece of	fru	it per child to
share at morr	ning tea, c	off	ee & tea supplied
for parents.	-		
Craft	Toys		Playdough
Sandpit	Songs		Friends
Contact: Ann	1		5678 0341

Coronet Bay Adult Social Club

Tuesday 7-10pm Coronet Bay Hall Ann 5678 0341

Country Women's Association of Vic inc. Bass Group.

Coronet Bay	Margot	0409 559 043
Cowes (MA)	Lorrain	e 5952 2165
Glen Alvie	Libby	5678 3280
Grantville	Annie	5678 8037
Lang Lang	Aleeta	0419 525 609
Loch	Val	5659 4268
Woodleigh Vale	Carol	5678 8041

Grantville & District Ambulance Auxiliary

Contacts -	Anthea Chester 0407 457 642
or	Jane Hendtlass 0409 386 152

Grantville & District Business & Tourism Association

President Neroli Heffer		5678 8548

Grantville & District Ratepayers & Residents Association Secretary Kathleen Hopkins 5678 8327

Grantville & District Foreshore	
Committee	

Roger Hayhurst

0416 061 400

Grantville Recreation Reserve	e Committee
Neville Goodwin	5657 7245

Grantville Tennis Club Inc.	
Contact Pat Van	5997 6221

Pioneer Bay Progress Association	
Zena Benbow	pbpa@bigpond.com

St Pauls Anglican Church Bass

HC at 12.30pm every Sunday followed by a shared lunch Rev Greg Magee 5952 2608

St Georges Anglican Church Corinella

1st Sunday each month 11.00am Other Sundays 9am Free Community Lunch Corinella Community Centre Second Friday Op Shop open Mon, Thur, Fri 10am - 2pm Saturday 9am- 12.30pm

11 The Probus Club of San Remo

Second Monday of the month (except January) 10am at the Newhaven Public Hall. Visitors Welcome. Enquiries: 5656 6581

U3A Bass Valley

Courses offered: Book Club, Bush Painting, Creative Writing, Gardening, Get Creative, Histories of the World, Learn to Weld, Movie & Theatre Appreciation, Music & Imagination, Tai Chi for Arthritis and more. www.u3abassvalley.com 2016 ELROLMENTS 10am-12n0on JANUARY 19 GRANTVILLE TRANSACTION CENTRE Heather White 5997 6323 (PO Box 142 Grantville 3984) U3A TAI CHI

Why not give the U3A Tai Chi for Arthritis a try? Coronet Bay Hall 9.30am Tuesday Gentle exercise, good company and a cuppa. Further information: Laura 5678 0884 -or- Vicki 5678 8734



MARKETS



Every Sunday

Kongwak Market 10am - 3pm Retro stalls, food, vegetables, coffee, curries 30+ stalls Enquiries: Jane 0408 619 182

1st Saturday

Archies Creek Indoor Market Community Hall Enquiries: info@archiescreek.com

2nd Saturday

Coal Creek Farmers' Market Coal Creek Community Park 8am -12.30pm 50+ stalls coalcreekfm@hotmail.com Contact for information 0459 629 000

Cowes Island Craft Market

102 Thompson Avenue, 9am - 2pm In the grounds of St Phillips Church 60+ stalls Make, bake and grown goods and produce. 0412 710 276 Contact for further details

4th Saturday

Churchill Island Farmers' Market 40+ stalls. 8am - 1pm peter@rfm.net.au Further Information 0439 364 760

Cowes Market on Chapel

Chapel Street. 8.30am - 2pm, 30+ stalls Further information-contact 0428 603 043

1st Sunday

Jumbunna Bush Market Jumbunna Hall Further information, phone 5657 3253

Koowee Community Market

Cochrane Park, Rossiter Rd 8am -1.30pm Indoor/outdoor Phone 0418 289 847 info@kooweemarket.com.au Email:

2nd Sunday

Rotary Club Market Wonthaggi

Apex Park 8am - 1pm, 50+ stalls Walk to nearby Make it -Bake it Market Contact. Neville Goodwin Or Garry Sherrick

Around the Markets & Op Shops

2nd Sunday continued

Loch Lions Village Market May - Sept Loch Public Hall Oct - April Loch Railway Station Park 70 + stallsInformation from Noel Gregg 5627 5576 or Market day phone 0418 500 520

3rd Sunday

Inverloch Farmers' Market The Glade, Esplanade, 8am - 1pm 50+ stalls Information: peter@rfm.net.au Or Phone 0439 364 760

Tooradin Sunday Market

9am - 1pm Stallholders wanted, \$20 includes 1 sausage & bread breakfast per stall. 0429 188 280 All Market Enquiries:

4th Sunday

Grantville Variety Market Grantville Recreation Reserve Bass Highway, Ample parking. Weather permitting, Except December which is the third Sunday.



8am—2pm 100+ stalls BBQ & Sausage sizzle, Coffee Cart, indoor and outdoor, cake stalls plus plenty of home made goodies. 5997 6<u>221</u> Contact for further details

Last Sunday of each month Inverloch Community Farmers' Market The Glade, Esplanade, 50+ stalls Fresh produce grown and made in Gippsland. Email: info@inverlochfarmersmarket.com.au Phone 0417 370 488 or

2nd Friday and Saturday each month

San Remo Cuppa and Chat Market St. Augustine's Church Marine Parade San Remo Hosts a Cuppa and Chat Market every month on a Friday and Saturday. Friday 9am - 1pm Saturday 9am - 12noon 10+ stalls 5672 7245 Bric a brac , cakes, & jams Friday, plus a 5672 5812 sausage sizzle on Saturdays. Further Information:



5678 5386

OP SHOPS Bass

Bass Valley Community Group Hadden House Op Shop Next to Bass Hall, Bass School Road Monday to Friday 9am - 3pm Saturday 10am - 2pm Phone Enquiries 5678 2277

Corinella

St George's Anglican Church Op Shop Smythe Street Corinella, next to Church Monday, Thursday, Friday 10am - 2.00pm 9.30am - 12.30pm Saturday

Grantville



Bass Highway, Grantville Phone 5678 8625

Contact for Church & service details Pastor Ilse McDonald 0402 065 852

Lang Lang

Lang Lang Community Op Shop		
12 Westernport Road		
Monday - Friday	10am - 3pm	
Saturday	10am - 1pm	

San Remo

Bass Coast Community Health Op Shop Back Beach Road. Opening times and all enquiries to Bass Coast Health on 5671 9200 or Email: info@basscoasthealth.org.au

Community Halls for Hire

Archies Creek, Mez Oldham	0415 445 215
Bass Valley Community Hall	5678 2277
Corinella, Paula Clarke	0418 441 046
Coronet Bay, Des Burgess	5678 0154
Dalyston, Dorothy Slade	5678 7334
Grantville Hall, Pat Van	5997 6221
Kernot Hall, Barrie Stewart	5657 7336
Loch Public Hall, Grieg Barry	0419 358 628
Kilcunda Hall, Marion	0404 135 434
Newhaven Hall, Noel Street,	5956 6122
Rhyll Hall, Ring Gen Store,	5956 9205
Woodleigh, Marilyn Hayes,	5657 7293





Friday 20TH November 2015

5pm to 8pm

Grade Stalls, Games, BBQ, Silent Auction, Spinning Wheel, Jumping Castle, Go Carts, Mini Golf & More **Sno Cones, Fairy Floss and** Popcorn **Hot Food & Cold Drinks CFA** from Bass & Corinella **Duck Lotto Drawn Approx** 7.30pm Cash Prizes \$300, \$100 & 2x\$50



EVERYONE WELCOME

Community News



Bass School Road Bass Centre Manager Roderick Mclvor Phone 5678 2277



Community centres present opportunities to be a lot of things to a lot of

people. And from the point of view of making the biggest and best impact in the community, community centres need to embrace every opportunity that comes their way to involve the community. At the Bass Valley Community Centre we involve ourselves in a wide range of activities. That having been said, we nonetheless do have a focus in what we do which is on our programs for older persons and younger persons living with disabilities. And we have our occasional child care. What we don't have is a youth program. Working with youth we tend to leave to others, such as the wonderful work undertaken at the Corinella and District Community Centre.

In recent weeks we have been contacted by people wanting to involve us in a range of activities. Two very exciting ones are the possibility for us to host pottery classes and art classes. In fact we have already had one week of the art classes in the Hall. Pottery classes will require some equipment so if there is anyone who knows where there might be a pottery wheel it would be wonderful to hear from you on 5678 2277.

We have interesting groups meeting in our facility. The group ADAM, for instance is an example. ADAM stands for Ability Dignity Access Management and they are a group supporting people living with disabilities. We welcome their use of our hall for meetings. We also work closely with our neighbours, Landcare. They use the Hall for their Staff meetings as well as for forums that they hold periodically with their clients.

Other activities in the Hall include squaredancing and line-dancing. And there is a range of parties that people hire the Hall for. The Bass Coast Council has recently undertaken a study of halls in the municipality. The study illustrates the enormous wealth of community infrastructure that is represented by the halls. The activities that halls cater for represent the diversity and vibrancy of community activity and community life.

And again, if you have a need for a venue for your group or activity, please give us a thought. We have a wonderful hall and can also include whiteboard and data projectors in the rental, along with a hundred chairs and a dozen tables. All at very reasonable cost.

New Committee of Governance at BVCG Inc: 2015 - 2016

President: Vice-President: Secretary: Treasurer: General Member: General Member: General Member:







Spread your wings and fly with us

Adult and Community Education **Neighbour House**

- Computer Classes Art and Craft Classes
- **Communication Classes**
- Strength Training for Seniors Support for Community Groups

- Public Internet Access Community Food Pantry Photocopying, faxing, scanning and laminating Health Services and Medical Room Workplace Accredited Training

- Venue for Hire Waterline Community Bus for Hire

www.corinellacommunitycentre.org.au Call: 5678 0777 E: coord@cdcc.asn.au 48 Smythe Street, Corinella Office Hours: 10am - 4pm (Monday to Friday)

LANG LANG COMMUNITY CENTRE

Public Internet Access to all members. Ipad Tuition. Lifestyle classes including: Yoga, Pilates, Cardio, Walking group and Line Dancing. Playgroup and Hey Dee Ho for the littlies. A variety of Patchwork groups. Men's Shed Group. Secretarial Support Services including: Photocopying, typing and scanning. Book Exchange Small offices for hire Centrelink Agent with dedicated computer. Medicare Claim Service Please call us, we open @ 9.30am five days a week. 7 Westernport Rd, Lang Lang 3984 Contact Coordinators Michelle or Marg (03) 5997 5704 llcc@langlang.net



5952 1131 Email: manager@pical.org.au www.pical.org.au

Health

MEET GEOFF ELLIS

Growing up in the Western Suburbs of Sydney in the 1960s gave Geoff an appreciation of the importance of industry and employment in a healthy society. It also taught him that nature needs to be protected as unrestrained manufacturing had turned the Parramatta River into a lifeless industrial sewer that was too toxic for swimming. A career in logistics provided infrequent opportunities to dabble in writing though involvement in O.H.&S. created opportunities to spread the written word about safety in the workplace. Moving to Bass Coast around 2011 provided more time to indulge his hobby and the plight of farmers, rural workers, threats to the environment, politics, local history and local personalities provided Geoff with plenty of things to write about. Diagnosis of an Hereditary blood disorder, Haemochromatosis, reinforced research into family history which led to an interest in individuals caught up in global circumstances beyond their control, such as World War One. Working on a family owned and operated dairy for a couple of years gave him a particular insight into rural issues.

Geoff has kindly agreed to contribute regular articles to The Waterline News and we present his first, a biographical recount of his recent battles with illness.

Editor



Mon - Fri 9.00am - 4.30pm (Wed closes at 1.00pm) Closed over lunch period

Bulk Billing All Pensioners, Health Care Card Holders and children under 16 are Bulk Billed.





Old habits die hard

My Grandfather lies buried deep inside my memory. Slowly dying in a hospice, one armed and bedridden, his spectre merged with my shadow for a moment. Years after he passed away I could feel myself becoming him. My latest blood test results showed that my addiction to comfort food was leading to an early grave. My Doctor shook his head. Nearer sixty than fifty, I laughed. I'd heard it all before. Well fed and under active, my clothes mark the journey into obesity; more and more shirts exiled to the "too tight" region of my wardrobe. No problem, there are still plenty of larger sizes to expand into. Sitting back in our chairs, discussion ensued and figures paraded. My blood sugar had crossed the demarcation beyond pre- diabetes. Apparently packets of corn chips and blocks of chocolate aren't healthy meal substitutes. I need more exercise than just hunting the remote? No smiles from Doc. The prospect of medication discussed and discarded. This family doesn't take tablets and is afraid of needles. What about exercise? Days later I'm with the Chronic Disease Management nurse, taking an inventory of genetic gifts from my family: from Mum's side, type two diabetes, a bad liver and a propensity to dementia. From Dad's side: bowel cancer and a foul temper. Haemochromotosis from both: thanks folks. So let's talk about diabetes medication. No. The alternative is diet and exercise. Now I'm not smiling. The Nurse has heard it all before, she's not smiling. We agree to give it three months. I rise from the chair awkwardly and take two steps, the second of which verges on a fall. "You're starting an exercise programme

with a knee like that?" She speaks with concern trapped in her throat. "I know what I'm doing." I scoff as I hobble to the door. "We'll check on you in three months." And there it is, her words are forged by my evident self -delusion. I am becoming a person who needs to be looked after. My knee aches as I drive home. She has a point but I've done this before. I used to run City to Surfs, nothing flash but one year I did the fourteen k's in sixty-seven minutes. That was only two decades ago. By the time I park at our clothesline I am angry. Scared; Worried. The look on the Nurse's face defined me. I pretend that I'm not that person as I teeter toward the house. I walk like this every time I sit down for a while, nothing wrong here, all part of aging. Exercise or.....or what? There's that old man in my head, two years in the Home Of Peace preparing for the Necropolis. I stood in that hallway; went to that grave. He's nothing but dust and sullen memory. Dawn heralds day one of Project 90. In the spare room our treadmill cringes like a

mongrel dog, willing me to leave it alone. Cautiously I flick on the power. It clunks more than I remember but the tread starts turning. S-l-o-w-l-y. I hop on. S-l-o-w-l-y. Five minutes later I hop off. That's the start of getting down to 90 kilo's from 104. Time for leg stretches. Then onto the balance disc. I love the balance disc. I contemplate the exercise bike before clambering aboard. The thing nearly topples over as my weight overwhelms the centre of gravity. Steady on. I gain control and place my feet in the toe clips. I start pedalling but that knee hurts. Oddly, there's no pain when I pedal backwards. A few turns then I reverse direction and something has shifted. I pedal for 10 minutes. No data, thanks to a dead battery.

More stretches that the dogs don't understand. They think that I am pointing at something. Back to the balance disc then its over. I try to revive the data read out but the thing's so neglected that the batteries have leaked and destroyed the terminals. I spend the rest of the day crafting new contacts from an old Coke can. Diet Coke, of course.



No more chips

Day one is the day that the chips and the chocolate aren't replenished. Rationed, they last two days then they are gone. Along with the ice cream. At least until Christmas. Every day I return to the treadmill and bike. Each session is a bit longer than the last. By the end of Day 14 its 50 minutes on the treadmill and 30 on the exercise bike with stretches in between.

To maintain momentum I dig out the iPod and create a soundtrack for sweating away the hours. I keep a spread sheet of the minutes and the kilometres. New batteries go into the scales. My knee improves as my leg muscles are strengthened. In two weeks I drop three kilos and some shirts return from exile. Not limping now. The sun rises on Day 16 with Queen's "Don't Stop Me Now" rattling in my head and my feet treading the endless helt. Fifty

"Don't Stop Me Now" rattling in my head and my feet treading the endless belt. Fifty minutes provides time to consider the benefits of these lifestyle choices.

Continued page 9 Page 8

& Lifestyle

Giving up the chips and chocolate is like giving up alcohol. Suddenly TV is dull and boring. The papers are read from end to end. I spend more time on the balance disc than the lounge. Gardening is actually happening and the dogs are getting more attention, though they are confronted by that odd body language.



Shopping is quicker and cheaper. Whole aisles are now avoided. No more potato cakes to reward the effort of getting out of the car. I never realised that our dogs bark so much. There are so many things that make me angry. Really angry. Worried about sustaining the effort, I create a higher power, a Facebook page. I post photos of my meals and the data from the treadmill, a 21st century food

diary. Anyone, friends, family or medical folk can see how I'm doing. In real time, as they say nowadays.

Day 26 dawns to find me 6 kg lighter. The dogs know I'm not pointing at things, the older one tries to give me the canine equivalent of a hug during stretches. Last week the Podiatrist gave my feet the tickle test to check blood flow and sensitivity. They passed but many in my situation carry undetected injuries that can cause problems if left unattended. The optometrist checked my eyes. I have reading glasses on order. Squinting for long

periods of time can cause damage to

people's eyes. He also checked the condition of the veins in my eyes and found no sign of glaucoma, which can be an South Gippsland and Bass Coast. issue for people with diabetes. The Optometrist tells me about older people who are slowly going blind due to the effects of untreated diabetes. Related issues can be lessened through early intervention. It took the dietician a while to convince me of the merits of regularly testing my blood sugar levels. Today's equipment makes the process so simple, and virtually painless, its hard to argue against it. So far the numbers are OK, so that's more reassurance for the future. She also explained that, though not inevitable, many people need to go onto tablets later in life. Today's medication has very few side effects.

Time will tell if I've dodged the need for injections. That old man can be re-interred, for a while.

Celebrating all abilities

Social Inclusion Week and International Day of People with Disability (IDPwD) are being celebrated with a variety of activities once again in Bass Coast. Social Inclusion Week is celebrated from 21 to 29 November, while IDPwD is celebrated on 3 December. Bass Coast Shire Council Mayor, Cr Kimberley Brown, said these two annual events help ensure all Australians feel included and valued, giving everyone the opportunity to participate fully in society. "It's about connecting local communities, workmates, family and friends in order to build and strengthen relationships and networks, addressing isolation and exclusion by supporting people who may be For more unable to help themselves," Cr Brown said. "These events also aim to increase public awareness, understanding and acceptance of Cantwell from people with disability and celebrate the special events being held in Bass Coast and South Gippsland..

South Coast Access Alliance Come and **Trv Event**

The South Coast Access Alliance creates sustainable opportunities for people with a disability to get involved in local sport, recreation and community activities in It helps to raise community awareness of the need for, and benefits of, including people with a disability in recreation and leisure activities.

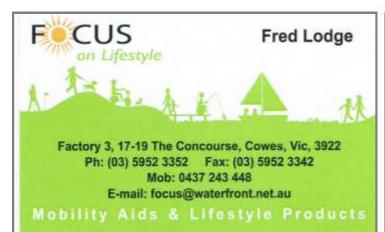
In line with this, and to celebrate Social Inclusion Week and International Day of People with Disabilities, the South Coast Access Alliance is running a 'Come and Try' event which is open to everyone. There will be activities such as judo, mini golf, kite making, yoga, personal training, craft, karate, photo booth and more! It is a great opportunity to try something new and get involved with your local organisations. The event is on Wednesday, 25 November from 10.00am to 2.00pm and will be held at SPLASH Leisure Centre, Roughead Street, Leongatha.

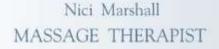
Geoff Ellis Come along for a great day out. All you need is a sense of adventure and willingness to try new things!

Please RSVP by calling Kris on 5674 6407 or emailing admin@southcoastpcp.org.au. Interchange Gippsland's Young Adult Service (YAS) provides supported access to activities in the Bass Coast region. The YAS aims to assist and encourage individuals with a disability to achieve meaningful and realistic life goals. YAS would like to invite everyone to attend an afternoon of gaming and to come and try PC, Xbox, board games and more. The event is on Thursday, 26 November from 12.00pm until 3.00pm at the Bass Coast Principal Library in Murray Street, Wonthaggi.

information, contact Sarah Interchange **Gippsland** on 1300 736 765. in Leongatha.



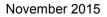




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Entertainment

GIPPSLAND JAZZ

Friday November 13 Saturday November 14 Sunday November 15 **Bass Room** Ramada Resort, Cowes.





A number of tickets for Opening Night on the 13th November have been returned and available for resale.

For \$90.00 a head you will enjoy a three course meal, complimentary bottle of red and white on each table whilst listening to two of Australian's finest bands namely Licorice Allsorts and The Syncopators.

Contact Robin Blackman on 0432 814 407 if you are interested, or want to go on the waiting list for Saturday or Sunday tickets.



Friday November 27 7.30pm Moe RSL Moe-Latrobe Jazz Club presents on of Victoria's top Jazz bands, the Hot B' Hines. Great meals available at the RSL before the Jazz begins.

There is no Jazz function at Moe in December and they kick off 2016 with the Sugarfoot Ramblers, on Friday Jan 29. Enquiries: Bruce Lawn 5174 3516

Saturday December 5

Coronet Bay Hall 7 - 11pm Coronet Bay UNPLUGGED continues to attract good audiences every 1st. Saturday of the month at 7pm. at the Coronet Bay Hall, Gellibrand street. No matter what style of music you like there will be something to your taste. You can bounce along to rock or shed a tear with heart rending folk, or just have the troubles of the day flow away with beautiful classical music and poetry. Truly the best value entertainment around, it's just a gold coin to enter and supper is provided.

Are you having difficulty tuning in to 103.1 3BBR-FM?



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WHIT!
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The South Gippsland Soc. Inverloch Jazz Club is having their Christmas break up party. Meals available in the RSL before the Jazz. Enquiries: Neville Drummond 5674 2166

JAZZ ON 103.1 3BBR FM

Hear the All Star Jazz Festival from 7-8pm and Trad Jazz at Oak Street from 8-10pm.....

Thursday November 26

Sunday December 13

Inverloch RSL 2pm.



Friday & Saturday nights, and Sunday afternoons.

Live music at The Kernot Store. For details on who is performing and to book a table:

Call Julie on 5678 8555

WIN A CD

For your chance to win a fabulous Australian Jazz CD featuring John



Gill playing the music of Scott Joplin, Jelly Roll Morton Fats Waller, simply send your name and address on the back of an envelope to PO Box 184 Grantville, 3984 Email: Win A CD to

editor@waterlinenews.com.au **Congratulations to Carol Freeman** from Wheelers Hill who is our October CD winner. Your CD is in the mail



VALE NEVILL SHERBURN



It as with much sadness that we learned of the passing of Nevill who had been battling poor health for some time

Nevill was the man behind Swaggie Records and a wonderful supporter of Australian Jazz. I had the good fortune to spend time with Nevill a couple of months ago. We discussed all things jazz. It was a great opportunity to share his knowledge of the local and international jazz scenes. It is a meeting I will cherish forever

Robin Blackman, Phillip Island Jazz

Nevill [Nev] Louis Sherburn: (b. Melbourne, Vic. 24 December 1930) piano/banjo/ bandleader/record collector and producer.

Nevill took piano lessons as a child, discovered jazz in the mid 1940s and while studying at the Melbourne Institute of

Technology led the Swing Wing of its Music Society. He had additional tuition from Graeme Bell in 1948-49, attended Jazz Conventions in Melbourne in



1948 and 1949, joined the Southern Jazz Society and the local jazz community. He purchased the Swaggie record label from the Graeme Bell band co-operative in September 1954 and began issuing limited edition EPs and 10" LPs of Australian jazz. In 1960, following negotiations with overseas record companies, he commenced releasing 12" LPs and a 7" LP Jazz Collector series of classic jazz reissues. Nevill formed his Rhythm Kings in 1950-57 that became the nucleus for the Jazz Convention Melbourne committee in December 1956. He retired from playing to concentrate on his day job, family, local jazz, Swaggie and recording sessions of Australian jazz. He also revived and edited the Jazz Notes magazine in July 1960 and published ten issues up to December 1962. From 1954 to 2014 Swaggie released the following records: 78s (8); 10" LPs (11); 7" EPs (36); 7" LPs Jazz Collector Series (125); LPs (219); 12" LPs Vintage Jazz Archive series (52); 12" LPs (7) Louis Armstrong; 12" (8) Jelly Roll Morton Library of Congress sessions and over 20 CDs. Nevill currently collaborates with Bill Armstrong (qv.) releasing Australian jazz material on Swaggie and The Bill Armstrong Collection CDs. Without Nevill Sherburn there would have been very little recorded Australian jazz during the 1960s-1980s. **RIP** Nevill

You can now hear your favourite programs through our streaming service. Find the link at:

www.3bbrfm.org.au

West Gippsland Community Radio Inc.

& Lifestyle

NOTED MANDOLIN ORCHESTRA VISITS PHILLIP ISLAND

I wonder how many people really know what a Mandolin Orchestra is? In fact, I wonder how many people know what a mandolin is? not to mention an octave mandolin, a mandola, a mandocello or a mandobass.

It is also probably not generally known that there are three such ensembles in

Melbourne, which perform regularly in the metropolitan area and throughout the state of Victoria.

The residents of Philip Island and surrounding areas are in for a treat on the 29th November when the Concordia Mandolin and Guitar Ensemble will give a concert at St. Philip's Anglican Church (Cnr Thompson Ave & Church St, Cowes) at 2.30 pm.

Concordia was founded in 1978, and has, over the years, performed overseas in Rome, Assissi, Milan, Breschia and Florence; in Australia in Perth, Sydney and Brisbane; and in several townships in Victoria.

The current ensemble has up to 20 members, and the instruments they play are mandolins, mandolas, mandocellos and double bass. Their repertoire includes classical, contemporary and popular music. The orchestra has produced four successful CD's, which have been aired on ABC and 3MBS radio programs.

The orchestra is usually joined by instrumental or vocal soloists, and on the 29th November, our featured soloist is Juliette Maxwell, playing two works on piano accordion.

Other items will include pieces by Bitelli, Elgar & Faure. Also featured are two recent works by a well-known local composer, Michelle Nelson.

This is a not-to-be-missed opportunity for listeners to experience the unique sound of a plucked string orchestra.

Admission: Adults \$25, Concession \$20, Children U16 free.

(Refreshments included) For Bookings and Enquiries, ring 0438 016 130 or 9872 3862 Tickets will also be on sale at the door, but be early! www.concordiamandolins.org.au

Phillip Island App Radio A community based radio App is now available to download in Google play and the App Store, or visit their webpage:

www.phillipislandappradio.com

*Hear Phillip Island Jazz Club President Robin Blackman's live Jazz Program Wednesday nights 6.30 - 8.30pm



The mandolin is the high soprano voice of the mandolin family of instruments. The family includes the mandola, octave mandolin, mandocello, and mandobass. The mandolin evolved from the lute in Italy during the seventeenth and eighteenth centuries and has a long and rich history. It became a popular instrument among European aristocracy in the eighteenth century. Many celebrated composers, such as Beethoven, Hummel, Mozart, and Vivaldi, wrote original works for the mandolin.

The late nineteenth century to early twentieth century is known as the "golden era" of mandolin. This era gave us great mandolin virtuosi and composers such as Raffaele Calace, Carlo Munier, Giuseppe Pettine, Sam Siegel, Valentine Abt, and many others too numerous to list. A vast body of musical literature for mandolin solo and ensemble was created in this era and is still played to this day.



Two of our favourite local musicians, Judy John and Carol Robinson will be performing in the Concordia Mandolin and Guitar Ensemble at St Phillips Church (Cnr Thompson Ave & Church Street Cowes, on Sunday November 29 at 2.30pm.



RSL LIFE MEMBERSHIP HONOUR FOR LOCAL WW11 VETERAN

Small rural towns are notorious for many things, one is that it is virtually impossible to keep a secret about anybody or an event that is to be held more than two days after it has been decided to have one. Lang Lang RSL sub-branch had such a problem as it is only a small traditional sub-branch. The function they wanted had to be moved to the Palace Hotel as it was the only place in town that could comfortably cater for seventy people and had to be booked early due to the organizer forgetting about the Melbourne Cup activities. To compound the problem three special guests were invited who also came from rural areas as did other guests who came from far and wide. On November 1, 2015 12.30pm seventy people including Mr. "Hyram" Ristrom (immediate past President of the Kanimbla Association), Mr. Steve Cunningham and Mr. Nevin Phillips, welcomed Mr. Keith Brown (President of Lang Lang RSL subbranch through the doors of the Palace; who said small towns cannot keep a secret, Keith thought he was to attend another function at Inverloch.



President of Lang Lang RSL sub-branch Mr. Keith Brown being presented his Life Membership of the Returned & Services League of Australia Certificate by Councillor Graeme Moore of Cardinia Shire Council.

We will have the full story in a special feature on Keith Brown in December.



Two drunks were in a bar partying like fools.

They were drinking boiler makers, buying rounds like there was no tomorrow. They were dancing, calling each other "professor," and generally causing quite a stir.

When asked why such a celebration, they boasted that they just finished a jigsaw puzzle & it only took them 2 months! "TWO MONTHS?!" cried the bartender. "That's ridiculous. It shouldn't take that long!!"

Oh yeah?" says one drunk. "The box said 2-4 YEARS!"

RECIPES

Caramalised Onion And Cheese Tart

Alexandra Houle



Sweet, hardy and filling, this caramelised onion and cheese tart will be your new favourite dinner recipe.

Ingredients:

package of short crust pastry
 500g of onions
 tablespoons of olive oil
 Thyme leaves to taste
 Pepper to taste
 2 eggs
 200mL of milk
 150g of cheddar cheese
 Method:
 On a floured surface, roll out pastry. Place in pie dish and chill for 10 minutes.

Line pastry with baking paper and fill with baking beans, pie weights, or uncooked rice. At 190°C, bake pastry for 10 minutes.
 In a saucepan over medium heat, cook onions, olive oil and thyme for about 15 minutes or until onions are soft and brown. Season with pepper to taste.

4. In a bowl, whisk together eggs, milk, and half the cheddar cheese. Pour into unlined pastry.

5. Add onions and sprinkle the rest of the cheddar on top.

6. Bake for 30 to 40 minutes or until top begins to brown.



Food

Carrot Cake Slice

Who can resist the charms of a simple, well-made carrot slice? This recipe is among our top picks for flavour, moisture and straight-up home-baked charm. Ingredients

1 large carrot (or 2 small), grated
3 lightly beaten eggs
180ml of sunflower oil
100g sultanas
Zest of 1 orange, grated
1/2 teaspoon of nutmeg, grated
1/2 cup of raw sugar
1 teaspoon of ground cinnamon
1 teaspoon of bicarbonate soda
180g of self-raising flower
1/3 cup of icing sugar (optional)
Walnuts (to taste)
Method
Preheat the oven to 180°C. Grease and line
the base and sides of a large thin slice pan

the base and sides of a large, thin slice pan. Place the oil, lightly beaten eggs and raw sugar into a large bowl and stir gently. Mix in the carrot, zest and sultanas.

Add all spices, bicarb soda and flour. Stir further to combine.

Pour into the pan and bake for up to 25 minutes (or until a knife sliced into the middle comes out clean). Leave it out until the tray cools, then turn it over onto a tea towel to cool down further.

For the icing, simply stir the icing sugar in a bowl with two teaspoons of warm water until a smooth mixture forms. Drizzle over the top to taste – thick or thin. Add walnuts if desired.

ice (Want something a little less rich? Simply dust 1-2 tablespoons of icing sugar over the top.)



I will stand up, speak out and act to prevent men's violence against women.





Kernot Food & Wine Store Paul and Julie Johnston

Open

Thursday & Sunday 9.30am - 8.00pm Friday-Saturday 9.00am - 10.00pm Breakfast & Lunch Thursday to Sunday Wood Fired Pizza Thursday to Sunday Dinner Menu Friday & Saturday [Winter opening times may differ] Live Music Friday Night & Sunday Lunch



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12noon—6pm Friday - Sunday Bass Highway, Bass

(Opposite King Road)

Cover tailored specifically for over-60s. The best holidays come from peace of mind.

For more information call 1800 622 966



Phone 0466 183 513

French Island News



FRENCH ISLAND COMMUNITY ASSOCIATION

French Island Community Association Tankerton PO French Island Victoria 3921 secretaryfica@gmail.com



EMERGENCY SERVICES

There is no regular police presence or ambulance service on the island. French Island has a Country Fire Authority (CFA). There is one fire engine stationed permanently on the island, next to the Community Hall on Tankerton Rd. CFA volunteers are able to respond to any kind of emergency.

Calling 000 is always the best option in an emergency.

NURSE ON CALL

For non urgent health issues islanders may utilise the Department of Health's Nurse on Call service:

Nurse On Call 1300 60 60 24

AMBULANCE SERVICES Ambulance Membership

Membership Enquiries 1300 366 141 (Mon-Fri 8am-8pm, Sat 9am-5pm). Membership is advised as Air Ambulance is used from the island. If local support is required ask Ambulance to request CFA support on the island.

FIRE PLANS

All bushland residents should have a personal fire plan. The French Island CFA hosts annual information sessions which give concrete advice on this topic.

The CFA is also happy to visit individual properties to further aid in the development of fire plans.

As for all of Victoria, fire bans and other instructions issued by the CFA should be followed.

POISON INFORMATION HOTLINE 131126

French Island General Store and Post Office

From bread and milk to plumbing supplies, the store provides so many goods and services, we can't name them all here (though we plan to try at a future date). In the meantime, whether its distilled water for



batteries or a fuel filter for the car, ring to find out what's in stock. Newspapers can also be ordered from the store with at least 24 hours notice. 03 5980 1209

French Island Community Association

Notices for the French Island section of The Waterline News should be sent to:

editor@waterlinenews.com.au by the 1st of each month.



CFA Training

Summer schedule

First and third Sundays of the month 10am - 12 noon at the FI Fire Station

All members should come to learn how to use the new tanker.

The official French Island CFA Station Opening has been postponed till April 2016. More details to come.

FOFI Project Days

Third Saturday of every month



10.00am ferry from Stony Point. Meet in Tankerton jetty carpark at 10.15am. Onisland transport provided. BYO binoculars, water, hat, sunscreen & mozzie repellent. No experience necessary! Contact Murray Bourchier on 9876 1410 at least one week prior to confirm participation.

French Island Cricket Club Xmas Party



Tentatively booked for Saturday December 5. The committee is awaiting a reply from Santa to make sure he can make it.

They may also have a small sing-along of Christmas carols. So get those vocal chords warmed up!



Landcare Nursery

Volunteers are always welcome at the nursery on Wednesdays from 10am to noon.

Contact: Terri on 0413 088 527 or filandcarenursery@gmail.com



FRIENDS OF FRENCH ISLAND NATIONAL PARK President & editor: Geoff Lacey. Secretary: Meredith Sherlock (3/11 Raymond Ave, Frankston 3199; ph. 9770 5229; <u>heresproof1@gmail.com</u>)



French Island Feature FRENCH ISLAND CRICKET – IT'S A THOMPSON STORY



French Island Cricket Club members preparing the local ground for the start of the cricket season in October 2015

KEEN CRICKETERS

French Islanders have always been keen cricketers and the first game we have a record of was played against Bass at Corinella in 1899. Bass won with just 31 runs, the islanders scored 24 runs, and the top score was only eight! The low scores were blamed on the rough nature of the pitch. (Ruth Gooch, 'Frontier French Island', page 135.)

FOUR GENERATIONS OF THOMPSONS

The Thompson family came to French Island in 1894 as part of the Victorian government 'Village Settlement' scheme, which was intended to settle unemployed families in the country. Joseph H Thompson and family pioneered at Industrial Settlement on Bayview Road, but soon the other five families at Industrial had abandoned the settlement, and only the Thompsons remained. The oldest son Joseph Edmund ('Ed') was 11 when the family moved to the island, he went on to marry there and became the father of eleven children. Many of his grandchildren still live on the island. Ed Thompson and his brother Bill were keen cricketers. Scant records remain, but snippets can be gleaned from newspaper reports in the 'Mornington Standard'. Bill was often one of the top scoring batsmen, while Ed was usually the best bowler. For example, in November 1905, Ed bowled 4 for 38, while in January 1906 he bowled 8 for 24! Both games were against Hastings. The next report I have been able to uncover is from November 1911, when Ed bowled 4 for 28 against Hastings.

Ed and Margaret Thompson had 11 children, six of them boys. All were keen cricketers and some went on to a distinguished cricketing career. French Island won the premiership in the 1963-64 season. The winning French Island team included all the six Thompson brothers.

Robert ('Bob') Thompson was a great wicket keeper, who was selected to play for the Mornington Peninsula side in Country Week in the 1951/52 season. He went on to play at least ten seasons of Country Week with the Mornington Peninsula team, including three times at the MCG. Later, he was manager of the Mornington Peninsula Country Week team for about 20 years. In 1982, his son Robbie was also selected to play for Mornington Peninsula in the Country Week, but the competition was cancelled because of drought. However Robbie played in the competition the following year, for Mornington Peninsula, which reached the premiership. History was made, as Robbie and his father 'Bob' were the first father and son to have both played in premiership matches for Country Week. Bob played for the French Island team until he was 63, and Robbie also... Robbie's sister Dianne (Spark) began scoring for cricket matches when she was 12 years old and has been the club Secretary for almost 40 years! Her son Matthew Spark is from the next generation of Thompsons to play. He is the current French Island Cricket Club captain. Dianne's cousin Noel Thompson still plays (aged 61) and sometimes Noel's nephew, Vaughan. Four generations of Thompson cricketers and their enthusiasm for the game remains

French Island Cricket Club Fixtures-2015

Nov 14/21 v Mt Eliza at home Nov 28/Dec 5 v Delacombe Park at Home Dec 12/19 v Mornington, away at Wilson Reserve, Mornington

FRENCH ISLAND CRICKET CLUB - PREMIERS 1963-64



Back L to R: Eric Easy, Len King, Percy Thompson, Merve Curran, Ernest Thompson, Henry Thompson. Front L to R: Cyril Thompson, Arnold Thompson, Robert Thompson (Capt), Cecil Duscher, Arthur Tulk. Six brothers from the Thompson family, their nephew Eric Easy (married to Ethel Thompson) and Cecil Duscher, who was brother-in-law to both Percy and Robert.

French Island

Thursday December 31

The Hall committee with support from FICA presents save date

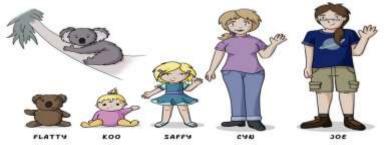
French Island New Year's

Eve Community Celebrations.

Afternoon and evening festivities for all, with a great 4-piece live band. Raffle with high quality prizes from local businesses. Invite your mainland family and friends to experience a truly unique Island tradition. More details to come.

ABOUT KOALA HUGS

Koala Hugs follows the adventures of a flat, koala teddy bear and his family on a small island where there are hundreds of real koalas. Koala Hugs is written and illustrated by Amanda Penrose, an Australian artist, storyteller, and web designer. Send her an email. She'd love to hear from you! amanda@dd.com.au

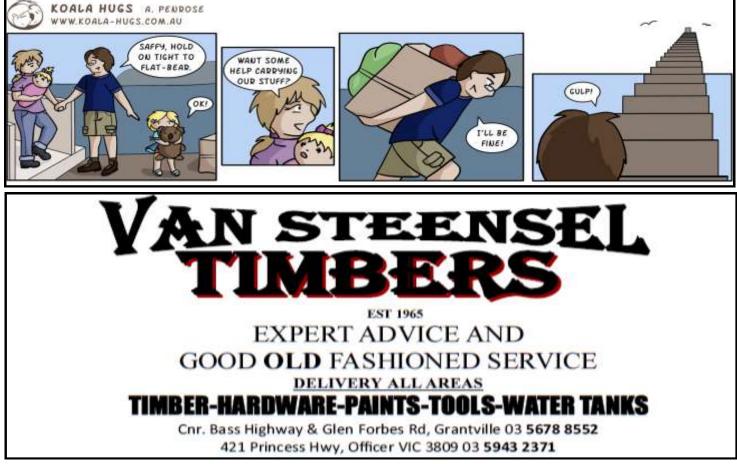


the sea



When I feel incomplete, And parts of me are at war, And the children and heat Get too much for me. Then I lock up our door And on our bikes we do ride Down to the sea. There we partake of God's bounty -All of it free -The sun, the sand, the surf, The seagulls, the spray from the sea Listening to the crash of the waves I let my spirit roam free And feel insignificant and small Like one of many grains of sand, And yet I know I am part of it all, Harmoniously at one with my fellow man -A part of the universe as God planned; From my daily cares once more I am free And feel at peace once again With the self that is me.

The adventures of a teddy bear koala on French Island, by Amanda Penrose



#4

MULLOWAY RESEARCH PROJECT

Dr. Lauren Veale



At a very early age, I was introduced to the world of fishing (thanks mum and dad) and vividly remember catching my very first fish (redfin) at Lake Bolac. In recent years, I have spent many holidays by the beautiful banks of the Glenelg River in the hope of catching one of those elusive mulloway the locals all talk about. Through this quest, I developed a passion for our aquatic environment, steering me towards a career in fisheries science. After obtaining formal qualifications, I quickly realised that no matter how much knowledge you gain through looking down a microscope or dissecting fish in the laboratory, the fundamental knowledge of a recreational fish species often rests between the ears of an angler. The term 'citizen scientist' is a relatively new term but old in practice. It relies on the collection of data from the natural world by members of the public. It promotes an understanding of science and empowers people to look after their own backyard.

With an increased number of anglers targeting mulloway across Victoria, now is the perfect time to learn more about this elusive but highly sought after species. Despite their occurrence across much of the state, few studies have focused on mulloway in Victoria. At Nature Glenelg Trust, we are undertaking research to learn more about the population structure and connectivity of mulloway stocks. The research program, funded by Recreational Fishing License Fees, largely relies on the active involvement of recreational fishers. In comparison to other states, the commercial catch of mulloway in Victoria is minimal which limits the availability of collecting biological samples for research. However, with many anglers dedicating their life to catching mulloway, citizen science may hold the key to advancing our understanding of this species. Any angler can become a citizen scientist by donating their filleted fish

Special Feature

frames to the research or by filling out an Angler Diary. With each filleted fish frame, we record the total length, sex and reproductive condition of each mulloway and extract the ear bones or 'jewels' from their skull and use these to determine the age the fish.





1. Underside of fish 2. Otoliths 'float' showing skull beneath brain, inside the inner ear canal

 Otolith encased in a membrane which enables balance

Preliminary age data collected through citizen science indicate the majority of mulloway currently caught by anglers in Victorian estuaries are juveniles aged between 3-4 years, highlighting the importance of these estuaries during early life stages. Since the project began in August 2014, over 50 anglers have been involved in the research and so far, we have received over 150 donated fish frames. For a full description of the preliminary research findings, download the Research Angler Newsletter from the Nature Glenelg Trust website (www.natureglenelg.org.au). Mulloway display very different life history traits across temperate Australia. For example, mulloway along the east coast mature at 3-4 years and live for around 24 years, whereas those in South East South Australia (SA) do not mature until 6-7 years and live for as long as 41 years of age. These differences reflect recent research, which defines four genetically distinct subpopulations or breeding groups of mulloway in Australia: Western Australia (1), Western South Australia or 'Yalata' (2), South East South Australia including the Coorong (3); and southern Queensland and New South Wales (4). Unfortunately, fish do not conform to state boundaries and it is unknown whether Victorian mulloway constitute their own breeding group or whether they form part of adjacent subpopulations. The current research project is well underway to collecting the necessary genetic information to clarify these stock boundaries and determine the degree of dependency of Victorian stocks on recruitment from interstate waters- information that is critical to species management.

We encourage any angler with a passion for catching mulloway to get involved in the project by becoming a citizen scientist. We are particularly keen to speak to anglers who fish estuaries and marine waters around Port Phillip and Western Port Bay. You can join our Facebook Page: www.facebook.com/groups/ mullowaycitizenscience for more information about the project and a list of drop-off points where you can donate your frames. Alternatively, contact Lauren Veale at the Trust directly by email (lauren.veale@natureglenelg.org.au) or phone (0439 034 390).

Bass Coast anglers can participate in the project by dropping their cleaned, filleted carcases off at Jim's Bait and Tackle in San Remo.

Jim's Bait & Tackle 151 Marine Parade San Remo Vic 3925

Phone: (03) 5678 5462 Fax: (03) 5678 5479 Mobile: 0409 018 980





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Learn more at www.oceanconservancy.org



CORINELLA BOWLING CLUB Inc. 2015/16 SEASON 22 Balcombe St Corinella. T: 5678 0497.

FRIDAY TWILIGHT fun at five ALL AGES WELCOME! JUNIOR BOWLS/ACTIVITIES too Neat casual dress, bare feet, thongs or flat soled shoes required. Coaching and bowls provided. Food and drinks available.

Contact: Phil Wright - 5678 0813 Cliff Scammell - 5678 0191

We invite you to visit our club on Tuesdays or Saturday to view the pennant matches from our veranda with Put the dates on your a view.

Follow & Like us on our Facebook page **Corinella Bowling Club on Westernport** or search for www.facebook.com/ **CBC**.Westernport

Sports Notes

Saturday November 28.

There will be six meetings this year, all

Woolamai Picnic Races



Saturdays, with the

Woolamai Cup to be

Saturday February 6.

Saturday November 28

Saturday January 16

Saturday February 6

Saturday February 20 Saturday March 19

Saturday April 9

time honoured

conducted on

calendar now.

(Cup Day)

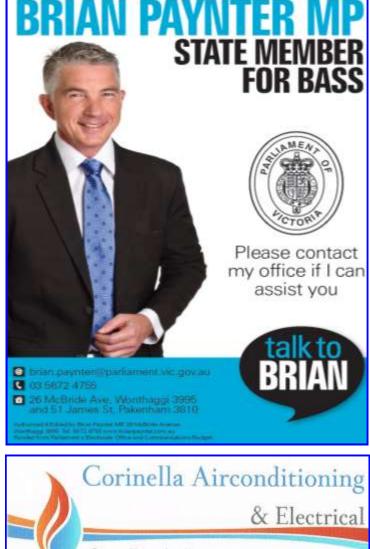
The 2015-16 Woolamai Picnic **Racing season** commences on

Group Bookings are available for all meetings. Contact Secretary Bev Carmichael 5678 7585 Email: woolamai@outlook.com





Email:flyawayscreens@gmail.com



Gary Burchell Sales, Service, & Maintenance PH: 0407 976291 REC: 8483 corinella.aircon@hotmail.com Plumbing: 48231

Art, Books &

THE WRITINGS OF E.E CALDWELL

BLESSINGS

We were promised an asteroid at the start of the month but the contrary article changed its mind - missed us by the merest whisker. Didn't even box New Zealand's ears, though it had declared its intentions.



Oh well, talking of blessings, recently I had an extra light switch installed in my passageway.

No big deal! But what an improvement in my day to day life. Similarly with the automatic garage door. Beneficial though not greatly in demand now that I no longer have a car.

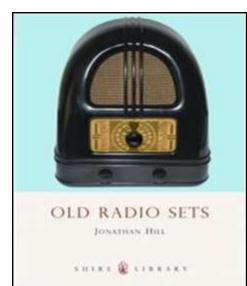
So many things are taken for granted, such as CDs, DVDs, mobile phones, internet, email. Portable entertainment now at our fingertips. These modern contraptions are unquestionably accepted by the junior brigade as their as-of-right inheritance. For me to consider my blessings, I must be thankful for a good, strong ancestry, parents who observed a fine moral code, a harmonious family atmosphere in which to develop freely. I am fortunate to have been untouched by war and to live in a country with a life-expectancy in the mid-eighties. Clean air, pure water and fresh produce make it a simple matter to adhere to a sensible diet. Good medical, optical and dental practices are widely available. Yes, certainly I am blessed.

Pity, though, my footy team didn't make the finals this year.

E.E Caldwell 2012

Next month we will have the last in this special series by Betty Caldwell (End).

BOOK REVIEW



This month's book review comes from one of my many lost hours trolling for treasure on the internet and e-bay.

The radio has been part of home entertainment for over 75 years and generations of listeners have enjoyed their favourite music or programmes, or sat enthralled as an historic event unfolded through the radio's loudspeakers. This book explores the development of the radio from the late Victorian era until the late 1960s, including photographs of rare and unusual styles. A surprising number of early radios have survived to this day, some of which were made before broadcasting was introduced in the early 1920s, and the author discusses these old sets as well as the different and improving models over the years. Before Broadcasting

The 1920s The 1930s The 1940s The 1950s The 1960s The 1970s Paperback; 48 pages; ISBN: 9780747806974



9780747806974 www.shirebooks.co.uk



Spring Report.

The swans and ibis are no longer in the pea paddocks. The grass is reaching out, swamping the remaining waters in Guy's creek though the billabongs are still full of water. The paddocks beyond are dotted with plastic wrapped bales of silage. The old farmers say that October is usually our wettest month but so far this October has been drier and warmer than usual. Nature has a way of utilising man's intrusions into its domain. In recent years those responsible for roads have decided to keep us safer (or was it to reduce insurance premiums) have put up roadside barriers. I noticed that some are made of cables, commonly known as "cheese cutters" However if you look especially earlier in the day when the sun is low in the sky and there is dew about, you will find that spiders have colonised these cheese cutters & have utilised them to gain the advantage of trapping insects higher than other grass dwellers.

This bright sunny morning. Two magpies carolling to the morning. Speaking of magpies, yesterday on my bike ride there were a couple of magpies who took umbrage to my presence in their patch, consequently they circled round behind me screaming abuse at the temerity of a mere human having the audacity to enter their sacred space.

I am reminded of a time when I was cutting firewood (a church fundraiser) on a farm near Poowong North. I had been beavering away steadily, but had stopped to stand and stretch my back, and wipe the sweat from my face when I noticed a couple bush flies hanging around. I thought "I know what you're looking for. You're looking for a drink." That thought set off a train of thought which ended up in a poem which I titled "Nature's Future."

Kelvin Wilson

(See the Poem in Poet's Corner on page 19.

White Ribbon White Ribbon Day 2015 Wednesday November 25 Take the oath I will stand up, speak out amd act to prevent men's violence against women.

Writing

POET'S CORNER

Contributions welcome Email: editor@waterlinenews.com.au Mail: PO Box 184, Grantville 3984

Moments of Communion

On wild windswept beach slim heron steps out of mangrove fringe. A lone walker stares at white-faced grey bird up close. Like a kite starting to rise but keeping three metres ahead the bird flies low. The two share space for half a dozen steps. Abruptly the bird rises, veers left lands on mud focuses on feeding. The walker walks on.

Meryl Brown Tobin

Nature's Future A bush fly hovering 'round my eye Seeking for a drink How can you say that nature is teetering on the brink For they were here before us Will survive us too I think When no man ever trod this sod And when we are extinct Will nature then survive us When we have done our worst? Through multiple pollutions Town infrastructure burst Like those twin towers sinking When metal turn to rust The insects will be feeding When we are eating dust 'Tis humans in the balance Yes we'll be weighed and tried For years of fiscal folly When politicians lied When sentence has been given And all our deeds decried Will the verdict be extinction The jury will decide So who will be the jury? Who will be our judge? And who are our accusers? Who bring the fatal charge? The insects we have vilified We kill them every day These insects will all rise up And feast on our decay Meditation while cutting firewood © Kelvin L. Wilson 2015

This poem is from Kelvin's book "If You Could See." For details on how to get a copy, email Kelvin: kelbarb2@gmail.com **NEW PAINTING**



Pictured here is Federal MP for Bass Brian Paynter unveiling artist Dr Tim Ealey's painting at the recent Coronet Bay Ratepayers and Residents Association meeting.

Tim says "I hate painting. It is such a worry"!!

"I have only painted one little one in the last 17 years, for Johnny Reeve when he retired from the boat ramp committee. Then my wife wanted one of the boat ramp so while I had my gear out I did one for the hall. When I used to exhibit I would have sold it for about \$2,000. Great to get to know Brian. He has smiling eyes! It is a causeway not a ramp and has worked well for 40 years for 300 boaties who maintained it. Especially easy for us oldies. Had a great safety record. We boaties could look after it again if we could access it. The lease should go to the Shire and maybe we could build a different access."

Well done Tim, such a great contribution to the community.

Editor



It's better to have your nose in a book, than in someone else's business.

WHAT'S ON

Briagolong & Surrounds Arts-Trail and Open Studios November 21 & 22 Fourteen artists will open their studios to the public. The artists work across a variety of mediums including painting, drawing, ceramics, glassblowing, printmaking, metalwork, sculpture and textiles. Free admission. Studios open 10am-3pm.

Wellington Regional Tourism 0405 387 906



West Gippsland Open Studios November 29

The West Gippsland group of artists will be once again opening their studios this spring. More than a dozen studios will be open to the public, allowing visitors to enjoy the wonderful scenery around the Baw Baw region and experience the work of these great artists. The artists will be on site to answer any of your questions and you will see plenty of demonstrations on your tour around the studios. There is a directory of the studios available online:

www.openstudioswestgippsland.com.au

Contributions to What's on in Art, Books & Leisure should be sent by the 1st of the month to: editor@waterlinenews.com.au

.....

Bush Dance

Kongwak Bush Dance will be held on Saturday 14th November.at the Kongwak Hall. The Briagolong Bush Band are the entertainment and doors open at 6.00 Pm and dancing starts at around 7.30 Pm for 3 full sets of Bush Dancing fun BVO drinks and snacks a



Dancing fun. BYO drinks and snacks and coffee, tea and cake provided. Checked shirts are the dress standard for the night.



Tickets \$25 each, Concession \$20, Age 14 to 18 \$15 and children under 14 free. Contact James 0417 552 451 captainc@type49racing.com.au

.....



Local Business News Fresh local fish direct to you

Seafood lovers are in for a treat following the opening of 'Bass Strait Direct' in San Remo on October 29.

Bass Strait Direct, is operated by Luke and Margie Hill, from San Remo, and Curt and Kylie Trewavis from Woolamai.

The new business offers local residents and visitors to the area, readily available, fresh, locally caught fish for the first time.

Their vacuum packaged freshly frozen local fish is already a well known and extremely popular brand, available at both the Cowes and San Remo IGA supermarkets.



Bass Strait Direct provides fresh seafood from local waters around Phillip Island, Lakes Entrance down to Tasmania.

Their fish hits the shop direct from the boat via the San Remo pier.

Their range includes flathead, gummy shark, whiting, duck fish, john dory, rockling, snapper, scallops, and squid.

BSD prides itself on providing the best quality produce.

Why not pay them a visit and see for yourself their fabulous range of seafood.

They are taking orders now for the festive season, special events, and celebrations.

You will find them at Factory 1, 24-26 Boys Home Rd, Newhaven.

> Trading Hours Thursday, Friday & Saturdays 8am - 5.30pm

Phone 5956 7980

Oz Catz Boarding Cattery



Nola of Oz Catz Cattery has bred the beautiful Burmese, then the magnificent Ocicat from her property in The Gurdies for the past 14 years. During this time Nola has often had her grown kittens back for boarding.

Having recently retired from breeding, the boarding cattery is now available to all cats wishing for a quiet country holiday. The cattery has recently been refurbished and provides very large spacious accommodation to guests - sorry cats only! Consequently, only limited numbers of guests can be accommodated at any time. Guest rooms have good natural light and of course fresh country air and there are sundecks for just lazing about. The atmosphere is quiet and relaxing and there is plenty to see - pleasant gardens with lots of bird life, local cow herds and visiting kangaroos not to mention every guest can see and chat with all other guests.

The room rates are very reasonable – just \$15 per cat per day – and if there is more than one cat in a family, subsequent guests pay just \$10 per day.

Fussy eaters are catered for and meals are of top quality including fresh meats as well as commercial cat foods.

And as an additional service, guests can be collected at the start of their holiday then returned back home for a small extra fee.

For more information or to book your cat's country holiday, contact Nola on 5997 6414.



Email: bassstraitdirect@outlook.com



Call Chris: 0400 789 700 or book online at www.paintandsipcb.com.au



See Nola's ad on Page 26



Fresh Seafood direct from the boat

PLACES TO GO Summer Series No.1 CHURCHILL ISLAND



Churchill Island is a 50.7 hectares island in Western Port, Victoria, Australia. It is connected by a bridge to Phillip Island. It is the site of the first European garden in Victoria.

Step back in time... meet the farm animals, relax in the cafe, enjoy the water views, stroll amongst heritage buildings and lovely gardens

• Daily farming activities - cow milking, blacksmithing, sheep shearing, working dog demonstrations

• Experience a traditional Aussie working farm

• Meet the clydesdale horses, highland

cattle, sheep, ducks, chickens and peacocks.Visit the adorable baby animals in our nursery

• Stoll amongst heritage buildings and lovely gardens

• Enjoy a meal in the licensed café (which uses organic produce from the farm) with spectacular bay views

• Walk or cycle around the island, soak up the views and enjoy the birdlife

Take home goodies from the farm shop Book tickets online

One of Victoria's hidden secrets

Churchill Island Heritage Farm covers 50.7 hectares and boasts a historic working farm with 'hands on' farming demonstrations reminiscent of a bygone era. Sheep shearing, cow milking, blacksmithing and working dog demonstrations run every day and are included in the entry fee. Churchill Island is easily accessible by an all-vehicle bridge from Phillip Island. First walked by Bunurong Aboriginal people, the island has

On the road

an important place in the history of European settlement in Victoria. There are also lovely gardens, ancient Moonah trees, wetlands, a visitor's centre and a licensed café.

The Island forms part of the Churchill Island Marine National park and the waters and mudflats surrounding Churchill Island are listed under the Convention on Wetlands of International Importance. Two island circuit tracks offer magnificent views across Western Port Bay and provide excellent bird viewing (Royal Spoonbills, Pied Oyster Catchers, ibis, gulls, herons and cormorants). On a clear day, there are also views of Tortoise Head and French Island. Churchill Island's peaceful surrounds, picturesque views is the perfect location for functions and weddings.

How to get here

Drive 90 minutes from Melbourne, take public transport or visit Churchill Island as part of a tour from Melbourne.

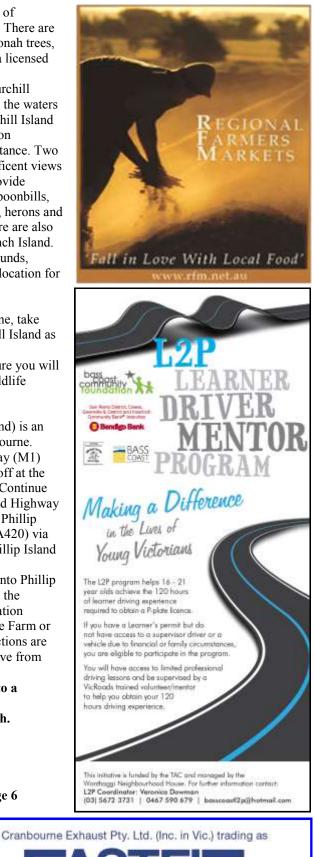
Whatever your choice, we are sure you will have an amazing time on our wildlife island.

By car

Churchill Island (off Phillip Island) is an easy 90 minute drive from Melbourne. Travel along the Monash Freeway (M1) away from Melbourne and turn off at the South Gippsland Highway exit. Continue travelling on the South Gippsland Highway (M420) and follow the signs for Phillip Island onto the Bass Highway (A420) via B420 just after Bass onto the Phillip Island Tourist Road.

At San Remo, cross the bridge onto Phillip Island. Follow the signs to reach the Penguin Parade, Koala Conservation Centre, Churchill Island Heritage Farm or the Nobbies Centre. These attractions are no more than a 10-15 minute drive from each other.

Churchill Island is also home to a fabulous Farmers' Market. Fourth Saturday of each month. 40+ stalls 8am - 1pm Email: peter@rfm.net.au Phone: 0439 364 760 See our Markets Guide on Page 6







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- 1 Which ship was named after the nickname of the witch Nannie Dee in 16. Robert Burns's 1971 poem 'Tam O'Shanter?
- 2. What is the first name of Hillary Clinton's daughter?
- Which Scottish castle was the 3. birthplace of Princess Margaret in 1930?
- 4. Who, in 1961 became the first American to travel in space?
- 5. If you have otalgia, what are you suffering from?
- 6. What was the first name of the Kray Twins' mother?
- 7. Agliophobia, is the fear of what?
- 8. What was Walt Disney's middle name?
- 9 Bacchus was the Roman god of what?
- 10. What word is the exact opposite of nocturnal?
- 11. As of 2015 what is the minimum age you have to be to open a facebook account?
- 12. Name the metabolic process that converts sugar to acids or alcohol?
- Who was the husband of actress 13. Valeria Hobson?



Trivia and Lifestyle

- 14. In English, what do the initials of the car manufacturer BMW stand for?
- 15. What is Harry Ramsden's famous for?
 - What colour is the Welsh word 'coch'?
- 17. Which weekly magazine of humour and satire was established in 1841 and ceased production in 2002?
- Who is by far the most famous 18. creation of Michael Bond?
- 19. In the popular children's nursery rhyme, what is Wednesday's child full of?
- 20. Who became Italian prime minister in 1922

ANSWERS

Bear. 19. Woe. 20. Mussolini. Fish and chips. 16. Red. 17. Punch. 18. Paddington 13. John Profumo. 14. Bavarian Motor Works. 15. 9. Wine. 10. Diurnal. 11. Thirteen. 12. Fermentation. Alan Shepard. 5. Earache. 6. Violet. 7. Pain. 8. Elias. 1. The Cutty Sark. 2. Chelsea. 3. Glamis Castle. 4.



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Old Knee



An eighty-year-old man went to his doctor to complain about pain in one knee. The doctor examined it gently and said, "Well, you know that knee is eighty years old. You can't expect too much."

"That's true," the man agreed; "but Doc, so is the other one and it's not bothering me like this one!"

Menu

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The Crayfish are then monitored and cared for before being cooked to order. Priding ourselves on providing only the best in fresh Cravfish.

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Bass Highway Grantville



FROM WASTE TO WANT

Part 6 is the final of the Self Sufficiency series. 70 ways to recycle unwanted kitchen waste.

Decorative Glass Cutting



Discarded bottles (of various colours, shapes and sizes) can be transformed into interesting items such as ashtrays, vases, storage jars, plant holders and drinking vessels. (However care must be taken to ensure there are no rough edges or chips of glass if using cut glass for food and drink).

The Bottle or Jar

The shape of the bottle will no doubt dictate the size and shape of the end-product. Beer stubbies with tops removed make ideal storage bottles when sealed with a suitably sized cork. The bottoms of large bottles make interesting glass serving bowls. Small bottles make dip or sweets dishes. Some glass bottles are of very good sturdy quality more so than the type of glass used in cheaper-type modern day glassware! All bottles once collected should be cleaned thoroughly and labels removed. If just starting out in the art of bottle-cutting begin with a few old practice bottles first, saving the more interesting for when proficiency has developed. Square or oval bottles are a little more difficult to cut, so start with round bottles first. It is more difficult to produce a perfect horizontal cut with odd-shaped bottles - the outcome is of a more curved cut (which, in itself, can be quite attractive).

The Cutting Method

The quickest and most efficient way to cut glass is to use a 'bottle -cutter' specially manufactured for the purpose of cutting tops off bottles. Bottle -cutters may be



available from some retail outlets - such as craft shops. However they might be difficult to obtain - they were quite popular some years ago - but with the advent of kerb-side recycling glass cutting seems to have waned in popularity. There are different brands, each having a different method for cutting the bottle or jar. Make sure to follow the manufacturer's instructions in the kit. A bottle-cutter, like all glass cutters (such as that used by professional sheet-glass cutters), does not actually cut the glass, but marks a score line along the glass to weaken it. When pressure is applied (by bending, tapping or

Self Sufficiency

applying temperature change) the glass fractures along the stress line. Bottle-cutters for amateur use (of the type illustrated above) usually consist of a type of sharp steel wheel which requires occasional replacement when blunt. (Professional glasscutters use industrial diamonds which do not usually require replacement). You can buy simple glass-cutting devices from hardware stores and industrial supply shops but they work best on flat straight pieces of glass. It is quite possible (for the enterprising individual) to rig up a home-made bottlecutter by attaching a simple glass-cutting device secured to a base or stand. When cutting the glass, it is crucial that the glass be held securely in place (hence, the use of a special bottle-cutter) so that the cut is as smooth and as steady as possible. This will ensure a clean break when the glass is later separated. Don't press the cutter too hard just guide it gently around the bottle to thinly mark the glass with a very fine line. Movements should be as long and continuous as possible to, again, ensure an even line. Do not go over the score line more than once.

Separating the Glass

The glass is next pressured by gently tapping or applying hot and cold water (sudden temperature change). The tapping technique involves simply

inserting a small hammer or similar object into the bottle and gently tapping along the cutting line. Tapping is

continued around the bottle until the glass has broken in a complete circle. Special hammers for tapping are sold with bottlecutting kits. These hammers are positioned at the top of the bottle so that the hammer taps exactly along the score line - if it does not then irregular and uneven cracking may result and hence, a jagged edge will appear when the top is removed. The hot and cold water technique involves filling the bottle with hot, but not boiling, water. While

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Phone: (03) 5979 3188 Email address: greg.hunt.mp@aph.gov.au Website:

<u>www.greghunt.com.au</u> Working hard for our community holding the bottle at it's top and bottom ends rotate it under cold running water. The water will run along the score line. A crack should slowly form along this line. Add more hot water to the bottle and repeat the process until the bottle breaks entirely along the score line. After a few practise runs you will become familiar with the technique. The water method, although a little more difficult will produce a cleaner break and suits all types of bottle shapes. Whereas sometimes the tapping method is not particularly suited to large or oval bottle shapes.

Bushman's Method

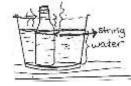
During more frugal times in the past it was common practice to acquire 'new glassware' from old bottles and jars:

Method 1. A piece of kerosene soaked string was wrapped around the bottle. The string was set alight and allowed to completely burn. The bottle was then submerged in a bucket of cold water making sure that the water comes to only just above the string line. The bottle is supposed to then neatly break along the string line. Method 2. Wrap a piece of cord two or three times around the outside of the bottle just below the chosen dividing line. Place drops of alcohol over the cord until it is saturated. Ignite with a match - when the flame has completely gone pour on a cold water over

the area. The two sections should immediately separate.

Finishing

The rough edge of the resulting glass container is smoothed by rubbing it with silicon sand paper



(available from hardware stores - also called silicon carbide paper). It's a very durable sand paper that can be used in both dry and wet form to smooth rough edges (particularly important if using the 'water method' for glass cutting). All grains of glass should be removed and carefully discarded.



November 20

Gardening

GROWING GREAT CARROTS



Bugs Bunny isn't the only person with aspirations to create his own personal supply of tasty carrots. Follow this simple guide to help you grow carrots and start creating delicious salads, soups and cakes with carrots you've grown in your own backyard.

1. Double digging

No matter what type of carrot you're cultivating this is an essential part of the process. What you're after here with carrots is loose, rock-free soil so make sure you double dig your planting area or if you've got the time build up to a raised bed. Be sure to add mature compost for heavy soil.

2. Seed sowing technique

Plant your carrot seeds in rows for easy weeding or simply broadcast the seeds, whatever best suits your garden space. Seeds will take up to three weeks to sprout, so it might be an idea to mix in some quickgrowing radish seeds to provide a visual indication as to where your carrots might pop up.

3. Potential problems

Australia is pretty lucky when it comes to pests that may scupper the growth of your carrot crop, but keep your eye out for forking roots, splitting roots, tough cores

and small carrots that aren't actually Ben Squires growing. Also keep your eye on seedlings that are sown too thick which is an easy mistake to make.

4. Happy harvesting

One of the great things about carrots is you can harvest them at different stages, depending on what you ultimately intend to use them for. Harvest your carrots early while they're smaller if you want to cook them with a roast or later if you're looking to slice your carrots and serve them in a salad.

5. Mulch and grass clippings

Another handy tip is to use a mulch or dry grass clipping spread where you've sown your carrots. Spread these over your garden as a handy way to keep the weeds down and prevent the soil from drying out. The seeds should also be able to push through this without too much difficulty.

6. Watering and fertiliser

It's a good idea to water your carrots and keep the garden bed damp, but don't go too far because you'll run the risk of your garden bed becoming water logged. Additional fertiliser is rarely required, but may be necessary, particularly if your carrots are taking a while to start growing. So there you have it, those are six tips to keep in mind as you're growing your delicious carrots. Prepare to enhance your roasts, salads, carrot cakes and more tantalising dishes with carrots you've raised 7. Weeders in your own backyard.

THE ONLY 8 TOOLS EVERY GARDENER NEEDS

With so many gardening tools out there it's hard to know which ones are essential and

the ones that are just going to be money wasted. Here are the eight tools you actually need.



1. Spade

For digging planting holes, removing sod, edging garden beds, and moving soil or amendments.

2. Hand trowel

For planting small annuals, veggies and herbs; digging out weeds; mixing potting soil and planting container gardens.

3. Digging fork

For lifting and dividing perennials, loosening soil and turning compost piles. 4. Hoe

For veggie gardeners a standard or stirrup hoe is a must to weed between rows. For flower gardeners, a thinner model will be required.

5. Rake

For raking leaves, mulching and cleaning out beds. Flip it over to move soil and compost.

6. Scissors

For deadheading flowers, snipping herbs, harvesting small veggies and opening bags and packets. There's no need to go fancy, plain old household scissor will do the trick.

For digging out weeds with ease. A much loved one is the "dandelion digger."

8. Pruning shears

For deadheading, pruning, shaping and and removing foliage.

Melody Teh



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& outdoors

DECEMBER GARDENING TIPS



December is here and this marks the start of summer in Australia.

What the garden looks like this month really depends on how well you have prepared for summer. If you mulch your garden, fertilise it, and take the steps I recommended throughout spring, then summer shouldn't really be too bad. However, if your soil is bare, you haven't given it a dose of wetta soil or fertiliser then you still have a bit of work to do.

During summer you need to make sure that your plants are well watered. As I have said, mulch helps to hold moisture, so if your garden is well mulched, then you can, most likely, get away with watering once every day to three days.

Vegetable gardens need a little more frequent watering. I water mine once a day and twice if the temperature



hits 35°+. I personally like to water early in the morning (before 9 am), especially for garden beds that don't have the morning sun, however watering at night is also fine. Make sure you check if there are any water restrictions in your area. Many places limit or do not allow reticulation during summer and require hand watering. Some places, in extreme droughts, even limit the use of hand watering. Check with your local water authority to find out about your situation. Some of your plants may wilt a bit more in summer than they do other months. If you have garden beds that either receive full sun or the afternoon sun, perhaps consider adding some shade in the form of shade sails or shade cloth.

During summer it is very important that you look after your grass.

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Water restrictions are often tough, so it is important to make sure you can make the most use of every drop possible. It is imperative that you have applied wetta soil to your grass or have aerated it with a fork. It is also important that when you mow during summer, you raise the blades a little higher than normal. Longer grass helps protect the root system, keeping it cooler, which helps it to survive and stay as green as possible.

During summer it is a good idea to give your plants, at the very least, a monthly feed with a good fertiliser. All-purpose fertilisers are fine, but if there is a specialist fertiliser, like rose or native fertiliser, use that. It wouldn't hurt to do this fortnightly or even weekly, as long as the fertiliser you choose doesn't say otherwise. If this sounds like too much work, choose a good slow release fertiliser which will usually last a month or so. Again, the container you buy it in will have the correct dosage and frequency.

Keep an eye on your flowering plants. Summer is a regular flowering season for many plants. Once they have finished flowering, give them a light trim either early in the morning or very late in the afternoon or evening. Afternoon or evening is preferred because this gives your plants a night to get used to their new shape. If you have prepared your garden well, it should handle summer and provide you with a great backdrop for all the summer BBQ's you are going to host. Just keep an eye on everything when watering or walking through the garden. If you notice plants struggling, either increase watering, add mulch where it isn't sufficient, or add some form of shade. Established plants should cope quite well, but younger plants might need a little extra tender loving care.

James Middleton



Jim @ Aussie Green Thumb.com www.aussiegreenthumb.com



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VETS ALARMED BY SPATE OF **DEADLY SNAKE ATTACKS**



Lort Smith Animal Hospital has seen a record number of snake bite cases in October with more than 20 cat and dog victims in the first three weeks of the month

Dr Andrew Kapsis, Head Veterinarian, Inpatients at Lort Smith Animal Hospital said the unseasonably hot October had drawn venomous snakes out in suburbs across Melbourne, and urged pet owners to be vigilant.

"The unusually warm weather this month has stimulated a lot of snake activity," he said. "Lort Smith Animal Hospital has had more than 20 snake bite cases this month already, which is the highest I've ever seen in my two decades as a vet."

Lort Smith Animal Hospital is warning people to be alert when walking their dogs, with both tiger snakes and brown snakes out in force along the Yarra and Maribyrnong Rivers, Merri Creek, and beaches such as Williamstown. Two tiger snakes were removed from St Kilda beach this week.

Pets have also been bitten in backyards in several suburbs, including Altona, Melton, Point Cook, Wyndham Vale, Romsey, Werribee, Williamstown and Sunshine. "Snake bites can be fatal," said Dr Kapsis. "If you believe your pet has been bitten, it is critical that you seek veterinary advice as soon as possible."

Pets and Pet Care

"You need to be aware of the typical signs of a snake bite as you may not see your cat or dog get bitten- these include vomiting, salivation, dilated pupils and sudden weakness followed by collapse." Dr Kapsis warned pet owners against taking on the snake: "Under no circumstance should you attempt to kill or bring the snake into the clinic, as you may get bitten. We have tests to confirm snake bites."

Dr Kapsis said people could reduce the chance of their pet being bitten by: Tidying up the backyard and reducing the number of places where snakes may hide, such as in long grass or underneath metal and timber scraps

Controlling vermin such as rats or mice that startle them. may attract snakes

Keeping dogs on leads during walks, particularly near long grass or bushland or creeks.

Lort Smith always has anti-venom on hand, Remember the rules and although it is an expensive remedy, it is Snakes are protected in Victoria under the most effective if administered soon after the bite occurs. With early detection of a snake bite, intense treatment and monitoring there is a good chance that your pet will survive a snake bite. However treatment is intensive and there is a high cost associated with the antivenom.

TIPS TO AVOID SNAKES

The Department of Environment, Land, Water and Planning encourages residents to clean up their properties and be careful walking off track in parks to reduce the chance of unexpected encounters with

snakes. In Victoria, south of the Great Dividing Range, nearly all snakes longer than about 40cm are likely to be dangerous to humans and most cases of snakebite occur when people try to catch or kill snakes.



1. Keep grass very short, remove rubbish, piles of wood and other cover, such as sheets of iron. Snakes are sneaky. 2. If you intend creating habitat for frogs, make



sure this is away from buildings to minimise the chance of unexpected encounters with snakes. Snakes like frogs a lot

3. Get a dog or geese to warn of the presence of snakes (among other things). 4. Be alert during warm weather when snakes are likely to be active. They are scared of you but might lash out if you

5. If you do see a snake near your house, keep an eye on it to see where it goes, then call a licensed snake catcher, if necessary.

Wildlife Act 1975.

There are several licensed wildlife controllers who specialise in snake removal and who may be able to assist with the capture and removal of snakes.

Found a snake?

Call the Department of Environment, Land, Water and Planning Customer Service Centre on 136 186. They can supply the names of the nearest licensed snake handlers.



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HISTORY with Noelene Lyon



Did you have a family member who worked in the Office at the Wonthaggi State Coal Mines c 1920's?

This photo is of the Staff at the State Coal Mines Office – Wonthaggi

The only named photo is of back row no. 6 – Nicholas John Darcy

all other staff are un-named. But I did receive names last year of John Horricks, Beau Sleeman, Maurice McMahon & Archie Opie, but we

need to place these names on this photo, otherwise all are UN-NAMED. The Wonthaggi State Coal Mine's Family

History Resource Centre has a treasure trove of miners' photos and memorabilia, some named and many unnamed, many in a very delicate condition. These photos could relate to your Grandfather, Father or Uncle, so if you could please have a look when you can and help us name our miners it would be most appreciated.

Recognition of your family miner or others who worked at the mines means so much to Wonthaggi's Mining History, so that they can be recorded for future generations. Please Contact Noelene 5672 4739 Email noelene@dcsi.net.au or call at the Wonthaggi State Coal Mines Research Centre, Garden Street, Wonthaggi between 11am - 3pm 7 days per week and a duty member will be only too please to assist you.

If you need a larger copy of the photo emailed:

editor@waterlinenews.com.au

Local History

WHAT HAPPENED TO SHERWOOD?

Following last month's feature story on Queensferry - The South Gippsland town that vanished.

Regular reader and former Bass Coast resident, Beryl Craig, contacted us regarding another South Gippsland Town that also disappeared, the town, or settlement, or Sherwood.

We've already started digging and have found out a little, but hope to have more for you in oue December edition, and even, maybe, a photo of the Sherwood Hotel. Where was Sherwood?, if you don't know you'll have to wait until next month. If you do know, and/or have any information you could pass on to us we would be most grateful.

WEBSITE LAUNCH

The Grantville Cemetery Trust are pleased to announce the launch of their official website.

www.grantvillecemetery.org.au



Trust Secretary Allan George advised last week that the cemetery's new information shelter is now complete. The shelter has a fully detailed map of the cemetery on one side, with the names and locations of all persons interred there on the other side.

Contact the Secretary on 5678 8223 Email:

secretary@grantvillecemetery.org.au or use the website feedback form.





LEADBEATER'S POSSUM



NEW POSSUM POPULATIONS VICTOBIAN forest

surveyors have found more than 100 new colonies of the endangered Leadbeater's possum.

Seventy-one colonies have been found in state forests, where they are subject to buffer zones and other controls on logging, and 45 in National Parks since February. The Leadbeater is Victoria's faunal emblem.

This snippet on the Leadbeater's possum appeared in the Herald Sun a couple of weeks ago.

We hope to have an update on the story in our December edition.

Editor





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