

FREE

The Waterline News

GRANTVILLE & DISTRICTS

Volume 1

9

May 2015

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Dianne: 0418 328 205 / 5997 5515

The Waterline News is also available online at www.waterlinenews.com.au

BRIAN PAYNTER MP

STATE MEMBER FOR BASS



As your local MP, I am advocating for:

- Health & Education
 - Local business & employment
- Public transport
- Better roads in our electorate



@ brian.paynter@parliament.vic.gov.au
 ☎ 03 5672 4755
 📍 26 McBride Ave, Wonthaggi and 51 James St, Pakenham

Authorised by Brian Paynter, 26 McBride Avenue Wonthaggi

Beat the price rise!

The Monarch GC440 scooter has now risen to \$2690, we have one only @ just \$2290 includes rear bag, pneu tyres, powerful motor & comfy seat.



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The Waterline News - May

FROM THE EDITOR'S DESK



Welcome to the May edition of The Waterline News, edition number nine. Much has changed since the first edition in September 2014 and we are delighted with the way the magazine has been accepted throughout our distribution area. We are now distributing 1100 hard copies, through Lang Lang, Nyora, Loch, Kernot, Grantville, Corinella, Coronet Bay, Bass, San Remo and French Island.

In addition we send out almost 200 copies by email each month and access to all of our editions is available on our website. Since the closure of the quarterly French Island magazine, The Pinnacle, we have included a regular monthly four page section devoted to news and stories from and about the Island.

We are a local, independent community magazine, and have made space available to all community groups and organisations to publicise details of their organisation's aims and activities including committee and contact details.

Deadline for each edition is the 1st of each month, however it should be remembered we can only print what we receive.

If you see something happening and you haven't seen it in The Waterline News it is more than likely because we have not heard about it in time to put it in, or in the majority of cases, at all.

Our aim is to be a community magazine for everyone.

This is an opportunity to also thank our advertisers who make production of the magazine possible.

We believe we offer great value for money to our advertisers through our distributed copies and features on our website.

Please contact us if you would like to become a part of The Waterline News, either as a contributor, or an advertiser.

Roger Clark (Editor)

GRANTVILLE & DISTRICT RATEPAYERS AND RESIDENTS ASSOCIATION

2015 Committee

President Kylie Slink
Vice President Kat Cox
Secretary Kathleen Hopkins
Treasurer Sylvia Harris
General Committee Members Chris Cox, Ilse Smidt, and Julie Bartolo.



At the Executive Meeting held on the 9th of April, Kylie Slink was elected as President of the G&DRRA.

Kylie's expertise is in Event Management and Administration so that will be very helpful to our Association in relation to Christmas in the Park, to make it bigger and better. With her vast administration skills this will help with funding applications. Kylie is enthusiastic and committed to working together with our Association and other bodies in bringing new ideas/projects to fruition.

At the moment the Association is endeavouring to get a sculpture for the Memorial Park with the assistance of the BCSC and fitness stations are on the agenda.

We have started organizing Christmas in the Park and this year we will be holding Christmas in the Park with a Twilight Craft Market. We will be having a number of craft stalls for last minute Christmas gifts. If you are interested in having a stall at this event on the 6th December 2015 between 5 and 8pm please contact Kathy Hopkins on 0439 000 148.

Next meeting Friday May 29 at 7.30pm. Grantville Hall. Membership is \$10 per annum and can be paid to Treasurer Sylvia Harris at the Grantville Post Office.

New members are always welcome and tea and coffee is served at the conclusion of meetings.

Kathy Hopkins, Secretary



NEWS FROM THE LOCAL POLICE NETWORK

San Remo Police, Station Commander Bruce Kent has sent us the following warning for all residents.



Members of the public are being targeted regarding the receiving of an email requesting payment for unpaid penalty notices.

If the receiver opens this email and/or clicks on the link, it will encrypt their computer and lock the computer down. An example of the email is included here. The advice is if you receive one of these emails, delete without opening. If it doesn't sound right, don't open it. Victoria Police do NOT send these types of emails. Victoria Police Reminder Notices are sent through the mail.



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Reason: **negligent driving**
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 Date of issue: 07/04/2011
 Amount due: \$150.00 AUD
 Due date: 10/05/2011

To see more information please [view your infringement notice](#).



Payment must be made within **14 days** from the date of service of the infringement notice or the reminder notice.

You may apply for an extension to pay the infringement notice penalty, or to dispute the liability, within 28 days from the date of service of either the infringement notice or the reminder notice.

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San Remo Police,
 Station Commander Bruce Kent.
Emergency Dial 000
www.police.vic.gov.au



This week is National Volunteer Week which gives us an opportunity to reflect on the job done by volunteers around the country every day of the year.

THE WATERLINE NEWS
 Editor Roger Clark
 PO Box 184 Grantville 3984
 Phone 0410 952 932
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ADVERTISING RATES

Small	6cm x 6cm	\$ 17.50
Small 1.5 (Bus Card)	6cm x 9cm	\$ 26.00
Db1 Small	6cm x 12cm	\$ 35.00
1/4 Page	9cm x 14cm	\$ 50.00
1/2 Page	18cm x 14cm	\$ 80.00
Full Page	18cm x 28cm	\$ 120.00

Email: editor@waterlinenews.com
Advertising Deadline 1st each month

Community Notes



Send us your Community Group Notices by 1st each month
editor@waterlinenews.com.au

Australian Red Cross

Woodleigh Vale Branch
Members meet in each other's homes on
2nd Thursday of Feb, Apr, Jun, Aug & Oct.
Contact Marion Walker 5678 8320

Bass Coast Community Baptist Church

1493 Bass Highway Grantville
Meets Sundays 4.30pm then dinner.
OP SHOP open Mon-Fri 10am-4pm,
Saturday 10am-1pm
Contact for service details and op shop
Pastor Isle McDonald 0402 065 852

Bass Coast L2P Learner Driver Mentor Program

Wonthaggi - Corinella
The Bass Coast L2P Program now has a car
at Corinella & District Community Centre.
For further information contact:
Veronica Dowman 5672 3731 0467590679

Bass Valley Community Centre

Mon-Thur 9am -3.30 pm
Friday 9am-3pm
Op Shop open 6 days Monday - Saturday
Check Hours 5678 2277

Bass Coast Community Health Cancer Support Group

Corinella Community Centre
2nd Tuesday each month 10am-12noon
\$2 Entry
Peter Bekers 5678 1150 -or- 0417 157 144

Bass Valley Friends of the RSL

Secretary Janet Welch 0411 446 129

Bass Valley Landcare

2-4 Bass School Rd, Bass 5678 2335

Bass Valley Lions Club Op Shop

Situated at the Grantville Garden Supplies
Open 5 days Monday-Saturday 5678 8357

Corinella & District Probus Club

1st Wednesday each month except January
Bert Allison 0407 339 243

Corinella Bowling Club Inc.

Saturday Triples May until August
Wednesday Coaching and roll up starts May
6 at 10am. BYO Lunch
Patti Scammell 5678 0191

Corinella & District Elderly Citizens Club

Monday & Thursdays at 1.00pm
Corinella Hall
Margaret 5678 0716

Corinella Cancer and Chronic Illness Social Support Group.

Meets every 2nd
Tuesday of the month. 10am - 2pm.
Corinella Community Centre. Cost \$2
Call Peter Berkers 5678 1150

Corinella & District Men's Shed & Woodies Group

Located in Corinella Road between Bass
Valley Primary School & JLM Pre School.
Contact Secretary: Jim 5678 0930

Corinella Playgroup

0-4 year olds Friday 10.00am -11.30am
Free play, activity centres, story & song
time, sensory & art activities.
\$3 per family plus a piece of fruit to share.
All children MUST be accompanied by their
parent or carer.
Christine Keeble 0413 837 597

Coronet Bay Adult Social Club

Tuesday 7-10pm Coronet Bay Hall
Ann 5678 0341

Coronet Bay Playgroup

children 0 - preschool - Coronet Bay Hall
Mondays 10am - 1pm \$2 per family
Please bring a piece of fruit per child to
share at morning tea, coffee & tea supplied
for parents.

Craft	Toys	Playdough
Sandpit	Songs	Friends

Country Women's Association Coronet Bay

Meets at Corinella Community Centre
12noon Third Monday of each month
Faye 5678 8366 -or- Rosemary 5997 5827

Country Women's Association Grantville

Meets at the Grantville Hall 12-3pm
Second Monday each month
Judy 5678 8553 -or- Annie 5678 8037

Grantville & District Ambulance Auxiliary

Contacts - Anthea Chester 0407 457 642
or Jane Hendtlass 0409 386 152

Grantville & District Business & Tourism Association

President Neroli Heffer 5678 8548

Grantville & District Ratepayers & Residents Association

Secretary Kathleen Hopkins 5678 8327

Grantville & District Foreshore Committee

Roger Hayhurst 0416 061 400

Grantville Recreation Reserve Committee

Neville Goodwin 5657 7245

Grantville Senior Citizens Group

Grantville Hall
1st and 3rd Mondays 12noon - 2.30pm
Contact Doug Prescott 5997 6106

Pioneer Bay Progress Association

Zena Benbow pbpa@bigpond.com

St Pauls Anglican Church Bass

12.30pm every Sunday
Rev Greg Magee 5952 2608

St Georges Anglican Church Corinella

1st Sunday each month 11.00am
Other Sundays 9am
Free Community Lunch Corinella
Community Centre Second Friday
Op Shop open Mon, Thur, Fri 10am - 2pm
Saturday 9am- 12.30pm

The Probus Club of San Remo

Second Monday of the month (except
January) 10am at the Newhaven Public
Hall. Visitors Welcome.
Enquiries: 5656 6581

U3A Bass Valley

Courses offered:
Book Club, Bush Painting, Creative
Writing, Gardening, Get Creative,
Histories of the World, Learn to Weld,
Movie & Theatre Appreciation, Music &
Imagination, Tai Chi for Arthritis and more.
www.u3abassvalley.com

Heather White 5997 6323
(PO Box 142 Grantville 3984)

U3A TAI CHI



Why not give the U3A Tai Chi for Arthritis
a try? Coronet Bay Hall 9.30am Tuesday
Gentle exercise, good company and a cuppa.
Further information:

Laura 5678 0884 -or- Vicki 5678 8734



Community Notes & Diary



Community Diary

Tuesday, May 19, 10am-noon

Healthy Women, Healthy Relationships:
Six-week information support group for women who have experienced family violence. Wonthaggi Neighbourhood Centre (Mitchell House), 6 Murray Street, Wonthaggi. Run by Windermere. No cost. Bookings and inquiries: Kerry Heenan on 5135 1500 or:
kerry.heenan@windermere.org.au.



Cancer Council

Australia's
Biggest
Morning
Tea

Wednesday May 20

Grantville Pharmacy Biggest Morning Tea, runs all day, pop in for a cuppa and make your donation to the Cancer Council.



Nurse Practitioner

DG Nurse Practitioner
Grantville Transaction Centre
Cnr Bass Hwy & Pier Rd
Grantville, 3984

Hours

Mon-Fri 8:30-4:30

Bulk Billing

All consultations bulk billed
May have fees for some procedures*

For appointments phone

5616 2222

or

0467 841 782

Same day appointments available

Some of the services available

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Referrals
Women's health
Men's health
Immunisations
Wound care
Treatment minor illnesses / infections
Skin checks
Suturing*
Dressings*
Lesion removal*
Ear syringing*

Friday May 29 - 10.00am

3513-3515 Bass Highway Kilcunda
Andrea, Frances and Shirlene invite everyone to their annual Biggest Morning Tea to raise funds for the Cancer Council.
Come and enjoy some home made morning tea goodies and join an important cause that touches so many in our lives.

If any group you are associated with has an event coming up don't forget to let us know.

Deadline for all notices is the first of each month.

The Waterline News is distributed and available online approximately the 15th of each month.

editor@waterlinenews.com.au

Entertainment notices are now found in a new section, this month on Page 10

**Send all submissions by 1st of month
Check for more Community notices, updated weekly at:**

**GRANTVILLE & DISTRICT
AMBULANCE AUXILIARY**

Annual General Meeting

Will be held

at

Grantville Hall

at

7.30pm on Thursday 11 June 2015

Everyone is welcome

BUT

Only current members have voting rights.

All Committee positions fall vacant.

Any questions please contact:

Acting Secretary Jane Hendtlass on

0409386152 or

**BASS COAST COMMUNITY
BAPTIST CHURCH OP SHOP**



Open:

Mon-Fri 10am-4pm

Saturday 10am-1pm

Bass Highway, Grantville

Phone

5678 8625

Contact for Church & service details

Pastor Ilse McDonald

0402 065 852

GRANTVILLE AMBULANCE AUXILIARY NEWS



The Grantville & District Ambulance Auxiliary Executive has confirmed the Annual General Meeting will be held on Thursday 11 June 2015 at the Grantville Hall.

Please put the date in your diaries now. Formal notices are now also published in local newspapers.

If you intend to come to the AGM, also note that only current members can stand for election to the Committee or vote. For enquiries about becoming a Grantville and District Ambulance Auxiliary member contact our President Anthea Chester at the Grantville Ambulance Station on **0407457642** or our Acting Secretary Jane Hendtlass on **0409386152**.

We are still waiting to hear from Ambulance Victoria about our proposal to purchase a stair chair to make it easier for paramedics to carry patients up and down stairs or other steep access situations.

However, the Kernot Hall & Reserve Committee and Wonthaggi Golf Club members have recently made very welcome contributions. They will be put to good use.

In particular, we hope to buy a lap top computer so that our paramedics can run independent personal training programs to maintain and extend their skills without competing for the one computer that Ambulance Victoria provides for paramedic use. I hope to bring good news on that front in the next report.

Further donations and your membership renewal applications can also be sent to our treasurer, Vicki Clark, Grantville Ambulance Auxiliary, PO Box 184 Grantville, 3984.

Join in and help us make your local Grantville Ambulance Station and our paramedics the best equipped and trained in Victoria.

Jane Hendtlass – Vice President and Acting secretary



**Donations or Membership applications (\$5 per year) can be made to the Grantville & District Ambulance Auxiliary by sending to Treasurer, Vicki Clark
PO Box 184
Grantville, Vic 3984**

Around the Community Centres & Markets

Corinella & District
Community Centre
Spread your wings and fly with us



Adult and Community Education
Neighbourhood House

- Computer Classes
- Art and Craft Classes
- Communication Classes
- Strength Training for Seniors
- Support for Community Groups
- Public Internet Access
- Community Food Pantry
- Photocopying, faxing, scanning and laminating
- Health Services and Medical Room
- Workplace Accredited Training
- Venue for Hire
- Waterline Community Bus for Hire

www.corinellacomunitycentre.org.au
T: 5678 0777 E: coord@cdcc.asn.au
Office Hours: 10am-4pm Mon-Fri

LANG LANG COMMUNITY CENTRE

Public Internet Access to all members.
Ipad Tuition.
Lifestyle classes including: Yoga, Pilates, Cardio, Walking group and LineDancing.
Playgroup and Hey Dee Ho for the littlies.
A variety of Patchwork groups.
Men's Shed Group.
Secretarial Support Services including: Photocopying, typing and scanning.
Book Exchange
Small offices for hire
Centrelink Agent with dedicated computer.
Medicare Claim Service
Please call us, we open @ 9.30am five days a week.
7 Westernport Rd, Lang Lang 3984
Contact Coordinators Michelle or Marg
(03) 5997 5704 llcc@langlang.net

BASS VALLEY COMMUNITY GROUP Inc.
Bass School Road Bass 3991
Centre Manager
Roderick McIvor
Phone 5678 2277



Once again The Waterline News has extended the Bass Valley Community Group Inc the courtesy of space to write about that is happening at the Bass Valley Community Centre in Bass. We very much appreciate it and are very encouraged by the wonderful development of the paper itself. We know it isn't easy, but in just a year The Waterline News has taken off, adding to the strength of the community. Is anyone looking for the 'Back to Bass' book? we published a "Back to Bass" history book. The book was compiled over the past couple of years by Tanya Hughes and 150 were printed. Last month we sold the last of them. However we still get calls from people who missed out. We are currently collecting contact details from anyone who would be interested in purchasing a copy (or more) should we have enough interest for another printing. If you are someone who is interested, please ring us on 5678 2277.

This year's commemoration of the 100th anniversary of the Gallipoli landing on ANZAC Day at the Bass Cenotaph was, like all other venues, very well attended. This year the Bass Friends of the RSL decided to have the 'Camp Breakfast' at the Bass Hotel, rather than the usual venue, the Bass Hall. A very thoughtful service in the pre-dawn darkness was led by Terry Salmon and finished with the planting of a commemorative pine outside the newly renovated pavilion. Colin McKenzie's rendition of the 'Last Post' was very evocative in the dark and the cold. The visual and sound highlight was John Luke, resplendent in a billowing white shirt, playing the bagpipes as he led the assembled crowd across the bridge to the ceremony and then to the hotel just as the dawn broke. A fitting remembrance.

MARKETS



Every Sunday Kongwak Market
Retro stalls, food, vegetables, curries, Coffee.
Enquiries Jane 0417 142 478

1st Saturday
Sth Gippsland Farmer's Market
Koonwarra 0408 619 182

1st Saturday
Archies Creek Indoor Market
Community Hall
Enquiries info@archiescreek.com

2nd Saturday
Coal Creek Farmer's Market
coalcreekfm@hotmail.com
Phone Contact 0459 629 000

3rd Saturday
Prom Country Farmer's Market
Foster **Contact** 0407 543 371

4th Saturday
Churchill Island Farmer's Market
information contact: 5664 0096

1st Sunday
Jumbunna Bush Market
Jumbunna Hall Enquiries 5657 32533

1st Sunday
Koowe Community Market
Indoor/outdoor 0418 289 847
Email: info@kooweemarket.com.au

2nd Sunday
Rotary Market Wonthaggi
Apex Park 8am - 1pm
Contact Neville Goodwin 5672 7245
or Garry Sherrick 5672 5812

3rd Sunday
Inverloch Farmers Market 5664 0096

4th Sunday
Grantville Market
(Weather permitting)
Contact for details 5997 6221

Your market not here?
Let us know changes by 1st of the month
waterlinenews@gmail.com.au

Greg Hunt



FEDERAL MEMBER
For FLINDERS

Phone: (03) 5979 3188

Email address:
greg.hunt.mp@environment.com.au

Website:
www.greghunt.com.au

Working hard for our community

Cr Clare Le Serve
Leadbeater Ward
Bass Coast Shire

M: 0448 083 286
T: 03 5678 0669

clare.leserve@basscoast.vic.gov.au
www.basscoast.vic.gov.au

Bass Coast Shire Council Office
76 McBride Avenue, Wonthaggi 3995



T: 1300 226 278



KNOW YOUR COUNCILLORS

This month we discover a bit more about Churchill Ward Councillor, Cr. Phil Wright.



Cr. Phil Wright is a 30 year resident of Smiths Beach and a Civil Engineer with an MBA. He has had professional postings to North West Australia, Mid-Murray, Fiji, Papua New Guinea and Mauritius. He is a keen surfer and staunch local football umpire, official and ex player (Best and Fairest for Phillip Island in 1975). He is a passionate coastal worker and manager who is determined to have Council acknowledge the role of the South Coast for local lifestyle and economy. He sees Wonthaggi as a growing regional centre serving Inverloch and Phillip Island, believing community planning is key to long term sustainable development of the Shire.

Cr. Wright is a representative on the Victorian Local Governance Association. Churchill Ward is located on Phillip Island and includes Cape Woolamai, Smiths Beach, Sunderland Bay and Surf Beach. Churchill Ward is 22 sq km in size with 5,295 registered voters.

You can contact Cr. Wright by:

- Landline (03) 5952 6651
- Mobile 0432 754 731
- Postal C/o Bass Coast Shire Council
PO Box 118, Wonthaggi Vic 3995
- Email:
philwright@basscoast.vic.gov.au



Dog off-leash areas on Waterline Beaches

Council is currently working with land managers, including Parks Victoria and recognised Committees of Management, to identify potential off-leash dog areas on beaches in the Waterline area.

Currently, there are no off-leash areas on beaches in this part of the Shire and dogs are allowed on-leash on the beach all year round.

Through a survey Council hopes to identify fair and equitable use of our beaches for all users while taking into account amenity, environmental issues and safety concerns.

Look out for the survey in your letter box or you can pick up a hard copy at Grantville Transaction Centre or online at basscoast.vic.gov.au.

For more information contact Council's Community Health and Wellbeing Team

**1300 BCOAST (226 278)
or (03) 5671 2211.**

Living Well with Diabetes

Living Well with Diabetes

Bass Coast Health is presenting a half day Community Seminar for people living with Type 2 Diabetes. The Seminar aims to provide information to assist people to manage their Diabetes, live well and increase awareness of services available within the community.

Seminar Topics:

- Exercise – is walking enough?
- Diabetes and your feet
- Reading the fine print – label reading and healthy eating
- A positive attitude - Diabetes and mental health
- Know yourself – nuts and bolts of managing Diabetes

WHERE AND WHEN:

Saturday 16th May 9.30am-2.30pm

George Bass Room – Bass Coast Health, 1 Backbeach Road San Remo

Morning Tea and Lunch will be provided

Cost: \$10.00 per person

RSVP: Josie Knocker – Telephone: 03 5671 9219

or email: josie.knocker@basscoasthealth.org.au



t 03 5671 3333 f 03 5671 3000
e info@basscoasthealth.org.au
w www.basscoasthealth.org.au

Hi, I'm **Shelley Applebee**, an **Avon Representative** servicing **all of Bass Coast**.

Check our fabulous products on

<https://shop.avon.com.au/store/shelleysstore/>,

call me on **0417 590 881**

or email me at

shelley@burtsbackyard.com for a brochure, to order products or ask any questions about Avon.

I **offer awesome service** and would love to hear from you.

Health

BUTTERFLY FOUNDATION

<http://thebutterflyfoundation.org.au>

The Butterfly Foundation represents all people affected by eating disorders and negative body image – a person with the illness, their family and their friends. As a leading national voice in supporting their needs, Butterfly highlights the realities of seeking treatment for recovery, and advocates for improved services from both government and independent sources.



As a national voice in supporting their needs, Butterfly highlights the realities of seeking treatment for recovery, and advocates for improved services from both government and independent sources. Butterfly operates a national support line, 1800 33 4673, which is staffed by counsellors and psychologists experienced in assisting with eating disorders. It also provides a wide range of services for service providers and recovery groups. The support line is available Monday to Friday 8am to 9pm, except public holidays. Because Butterfly recognises that eating disorders often arise from poor body image, it delivers a range of Positive Body Image workshops to schools and workplaces through its education program. It has a strong media presence to raise awareness of Butterfly's perspective in community debates about body image and eating disorders.

Throughout its work Butterfly emphasises the critical importance of prevention and early intervention strategies in limiting the development of, and suffering from, negative body image and eating disorders. To expand knowledge in this field The Butterfly Research Institute commissions

academic research projects and funds PhD



research scholarships.

WAYS TO AGE PROOF YOUR BRAIN

While it is well documented that eating a balanced diet (think lots of fruits and veggies and not much sugar, saturated fat or alcohol), as well as getting enough exercise and sleeping about eight hours a night, is not only good for your body but also your brain, there's something else you need to know too. There is accumulating evidence that a whole host of other activities can help keep your brain young even as you age.

Again it's all about balance, so try a handful of the following.

Take dance lessons

According to a 2003 landmark study in the New England Journal of Medicine, seniors who danced three to four times a week – especially ballroom dancing – had a 75 per cent lower risk of dementia compared with people who did not dance at.

Play games

A 2013 French study found a 15 per cent lower risk of dementia among people who played board games versus those who did not. And the effects seemed to last over the study's 20-year follow-up. The idea is that this helps build cognitive reserve. A study also found benefits from playing board games like Monopoly.

Read more of less

While getting stuck into books is good for the brain in general, reading fewer books and articles so you can give them each more focused attention may be even better. Our brain doesn't do very well with too much information. The more you download, the more it shuts the brain down. It's better to read one or two good articles and think about them in a deeper sense rather than read 20.

Change your font

Next time you have to print something (or if you have the option under other circumstances) consider changing the typeface before you print. Chances are, the docs came to you in an easy-to-read font like Arial or Times New Roman, but switching it to something a little less legible like Comic Sans or Bodoni may improve your comprehension and the recall of

information. Likewise, another study revealed that students who received handouts with less-legible type performed better on tests than the students who were given more readable materials. It's a version of the no-pain-no-gain phenomenon: When you exert more effort, your brain rewards you by becoming stronger. But make sure you keep things new by changing fonts regularly.

Unitask

If you pride yourself on your ability to multitask, you might want to rethink your behaviours. "Multitasking hijacks your frontal lobe. The frontal lobe regulates decision-making, problem-solving and other aspects of learning that are critical to maintaining brain health. Research has shown that doing one thing at a time – not everything at once – strengthens higher-order reasoning, or the ability to learn, understand and apply new information:

OVER60SIXTY

www.oversixty.com.au



Grantville Medical Centre
2/1524 Bass Highway,
Grantville

For Appointments Call
(03) 5678 8029

Hours

Mon - Fri 9.00am - 4.30pm
(Wed closes at 1.00pm)
Closed over lunch period

Bulk Billing

All Pensioners, Health Care Card
Holders and children under 16 are
Bulk Billed.

www.wonthaggiemical.com.au



Local Businesses

ALL SEASONS EARTHWORKS NEW CAFFÉ ALFRESCO KIOSK



All Seasons Earthworks is a family owned and operated small earthmoving business with 15 years operating experience. They offer a mini posi track bobcat and tipper which is based in Tenby Point, Bass Coast.

We specialise in tight access jobs. Our Bobcat is only 1250 mm wide with rubber tracks, making the perfect machine for those narrow access sites. We can operate in wet or dry conditions and are fully licensed and insured.

Some of the work we carry out on a regular basis includes:

- Driveway, pad preparation
- Site clean-ups and levelling
- Landscaping, mulching, turf preps
- Rubbish & vegetation removal
- Post hole boring 200, 300, 400mm
- Stump Grinder
- Chainsawing

See their ad on Page 26



As you will have already seen on the front cover this month, the new **caffé alfresco kiosk is now open outside Mitre 10 on the Bass Highway at Grantville.**

The kiosk is operated by Geoff Hughes in partnership with Mitre 10 owners Gary Skinner and Bill Humphrey.

Caffé Alfresco has updated to a much larger unit with an extended menu to cater for the growing demand from customers. We are offering a full range of espresso coffee, hot chocolate and twining's tea.

Our famous Toasties will remain, New additions - Hot soup and toast plus a range of soft drinks and water, other products will follow in the coming weeks.

Customers can also view Mitre 10 specials on our new audio/visual display, take a seat and listen to some great music while you view the current catalogue at your leisure.

Advertising space is also available on the audio/visual display screen (Contact Geoff for details 0419 587 220)

The boys have also welcomed Wendy to the team so pop in and say hello, and make her feel welcome.

Winter Specials - Complimentary Hash Brown every Tuesday and Thursday with your Coffee.

- Devonshire Tea Saturday and Sunday – Receive \$1 off by just entering Mitre 10 store and pick-up a voucher.

Caffé alfresco is open:

7am - 2pm Monday to Friday

8am - 2pm Saturday and Sunday

0459 629 000
Saturday June 13

The Dog Whisperer

Pets minded in your own home can visit twice a day if required.



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Entertainment

GIPPSLAND JAZZ

Sunday May 17 - 2pm
 Ramada Resort- Cowes.
 Phillip Island Jazz Club



presents Chris G. Le Bon
 & the C'est Si Le Bon Band Paris to New
 York Concert. - Jazz - Soul -Blues -With
 the French Touch!

Described as highly entertaining, charming
 and engaging, Chris is an international
 crooner and entertainer direct from the UK,
 Paris and the French and Italian Riviera. He
 is an acclaimed bass guitar player and an
 original 'feel good' singer with exceptional
 charisma; a result of over 35 years of
 experience in some of the most prestigious
 places in the world
 His Show "PARIS TO NEW YORK" takes
 you on a swinging trip from those romantic
 French Ballads (Aznavour, Piaff,
 Trenet...etc..) to the irresistible toe tapping
 beats ranging from Cotton Club to
 Broadway. Come and share some JOIE de
 VIVRE with his fine bunch of talented
 Bons Amis!



Enquiries: Jill Boyce 0413 416 300

Sunday May 31 1.30pm Moe RSL
 Moe-Latrobe Valley Jazz Club presents
 Been Around A While.
 Great meals available at the RSL before the
 Jazz begins.

Enquiries: Bruce Lawn 5174 3516

Saturday June 6
 Coronet Bay Hall 7 - 11pm
 Coronet Bay UNPLUGGED continues to
 attract good audiences every 1st. Saturday
 of the month at 7pm. at the Coronet Bay
 Hall, Gellibrand street. No matter what
 style of music you like there will be
 something to your taste. You can bounce
 along to rock or shed a tear with heart
 rending folk, or just have the troubles of the
 day flow away with beautiful classical
 music and poetry. Truly the best value
 entertainment around, it's just a gold coin
 to enter and supper is provided.

Sunday June 14

Inverloch RSL 2pm.
 The South Gippsland Soc.
 Inverloch Jazz Club presents another locally
 well known band 'The Usual Suspects'.
 Then on July 12 they have Rory Clark with
 Samantha Morley.
 Meals available in the RSL before the Jazz
 begins.



Enquiries Neville Drummond 5674 2166

Sunday June 21

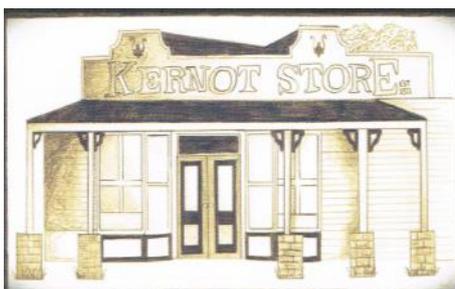
Phillip Island Jazz Club 2pm
 Ramada Resort Cowes
 The Phillip Island Jazz Club normally takes
 a winter break in June July although this
 year at the request of many members they
 have decided to have a June meeting and
 depending on numbers, then announce
 whether there will be a July date.

Enquiries: Jill Boyce 0413 416 300

Saturday, August 29, 7pm

Bluegrass with a twist: Wonthaggi Club.
 Bass Coast Pickers followed by the brilliant
 Coolgrass

Friday & Saturday nights, and Sunday
 afternoons .

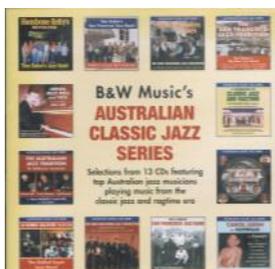


Live music at The Kernot Store.
 For details on who is performing and to
 book a table:

Call Julie on 5678 8555

WIN A CD

For your chance
 To win a fabulous
 Australian Jazz
 CD featuring
 some of the best
 known Australian
 jazz musicians,
 simply send your name and address on the
 back of an envelope to PO Box 184
 Grantville, 3984, or email: Win A CD to



editor@waterlinenews.com.au
 Congratulations to April winner Barb
 Burns from Cowes, Phillip Island, your
 CD is in the mail.

VALE ZIGGY de GISEVIUS



Coralie and Ziggy de Gisevius

Good friend of Phillip Island Jazz, Ziggy
 passed away peacefully at home a couple of
 weeks ago after a battle with terminal
 illness.
 Ziggy was a great supporter of the Phillip
 Island Jazz Club and the annual jazz
 festival, particularly in its infancy.
 He was responsible for the festival getting
 the great band 'Shirazz' which showed great
 foresight.

Our love and best wishes go to his wife
 Coralie.

Robin Blackman (Phillip Island Jazz Club)

3BBR FM STREAMING LIVE



3BBR FM which hosts
 regular jazz Programs
 from Drouin has been
 difficult to pick up in
 many parts of the Bass
 Coast shire, particularly Phillip Island.
 The station is now streaming live and you
 can tap into the All Star Jazz Festival
 Program 6-8pm once a month on a
 Thursday night, then Trad Jazz at Oak
 Street from 8-10pm.

The next program is Thursday June 11
 Ziggy de Gisevius was a regular contributor
 to the programs, along with wife Coralie,
 and Phillip Island Jazz Club President
 Robin Blackman.

**If you have any queries about the
 station's programs give them a call.
 Phone 56 254 995 or you can email them
 at: 3bbbrfm@desi.net.au**



Are you having difficulty tuning in to 103.1
 3BBR-FM?
 You can now hear your favourite programs
 through our streaming service.
 Find the link at: www.3bbbrfm.org.au

Places to go

LOCH FOOD & WINE FESTIVAL

For the eighth Queen's Birthday weekend running, picturesque Loch Village will come alive with smells, sights and sounds to showcase more than 60 local food and wine producers.

The diversity of local produce will guarantee something for all tastes. Grown up foodies will enjoy exploring the range of artisan olives and olive oils, award-winning cheeses, sauces, preserves and breads, not to mention the fantastic array of local wineries on hand while plenty of crowd-pleasing favourites like home-made ice-cream, mini-donuts, liquorice and Dutch pancakes will make sure the kids have something to get excited about too.

The Festival demonstration program will see new and exciting cooking tips from Gippsland experts. Loch Village Food and Wine Festival is a great family day out featuring live music all day, an animal nursery, jumping castle, food and wine tasting, food to go, rest areas and village market. A warm welcome awaits visitors to village eateries, galleries and other businesses participating in the Festival. Loch Village is dog friendly and car parking is free.



Sunday, June 7 Queen's Birthday
Food & Wine Festival

Sunday, June 7th, 2015
10.00 am to 3.00 pm
Railway Station Reserve, Loch
Entry \$10.00 per person
(18 years and over)

The 8th presentation of Loch Village Food & Wine Festival offers you the flavour and sensation of our region. Enjoy food and wine tastings, cooking demonstrations, children's entertainment and more before sampling the diverse, retail delights of our serene, welcoming village.





Another event presented by
Loch Community Development Association Inc.
www.lochvillage.com



Kernot Food & Wine Store
Paul and Julie Johnston

Open

Thursday & Sunday 9.30am - 8.00pm

Friday-Saturday 9.00am - 10.00pm

Breakfast & Lunch Thursday to Sunday

Wood Fired Pizza Thursday to Sunday

Dinner Menu Friday & Saturday

[Winter opening times may differ]

Live Music Friday Night & Sunday Lunch



1075 Kernot-Loch Road

Kernot, Victoria 3979

03 56 788 555

kernotfoodandwinestore@gmail.com

facebook: Kernot Food and Wine Store

BASS COAST RAIL TRAIL



We are home to one of Victoria's coastal rail trails which offers panoramic views of Bass Strait from the Bourne Creek Trestle Bridge at Kilcunda. The Trail meanders through farmland, coastal bushland, historic coal mining reserves and rugged coastline. The Bass Coast Rail Trail links to the George Bass Coastal Walk at Kilcunda, so it is possible to walk from the Punch Bowl in San Remo all the way to the centre of Wonthaggi.

The Trail starts at the old Wonthaggi Railway Station in Murray Street or at the old Anderson railway station site on Bass Highway at the roundabout to Phillip Island.

The trail is available for cyclists and horse riders along its total length from Anderson to Wonthaggi. Horse riding is not permitted in the Wonthaggi town centre. An extension of the trail from Anderson to Woolamai is suitable for walkers and horse riders only.

It is illegal to ride any recreational vehicle on the trail and there are fines applicable to those caught. Motorised scooters for persons with mobility issues are permitted on the trail.

Due to the sensitive foreshore areas and adjoining farm land, dogs on leads are only permitted from Wonthaggi Railway Station to Lower Powlett Road Wonthaggi and Kilcunda to the Mouth of the Powlett Road.

The trail's gravel surface has been completed from Anderson to Wonthaggi with the assistance of a grant through the Victorian State Government's Small Towns Development Fund. The trail is now fully constructed and provides a safe off-road path between the two towns. The future development of the trail to Woolamai, Glen Forbes and Kernot will be subject to funds being sourced to assist with the cost of construction.

Council is currently working to extend the trail from Anderson to Woolamai.

Want to find out more?

More information and maps are available on the Rail Trail's Website, in our Bass Coast Rail Trail Brochure.

Or contact our Arts and Leisure team on **1300 BCOAST (226 278)**.

Loch Village

update

May 2015

Loch Market

Loch Public Hall

Smith Street, Loch

Sunday, June 7

lochpublichall@hotmail.com

Loch Village Food & Wine Festival

2015 Launch Dinner

Saturday May 23

\$100.00 per person

Loch Village

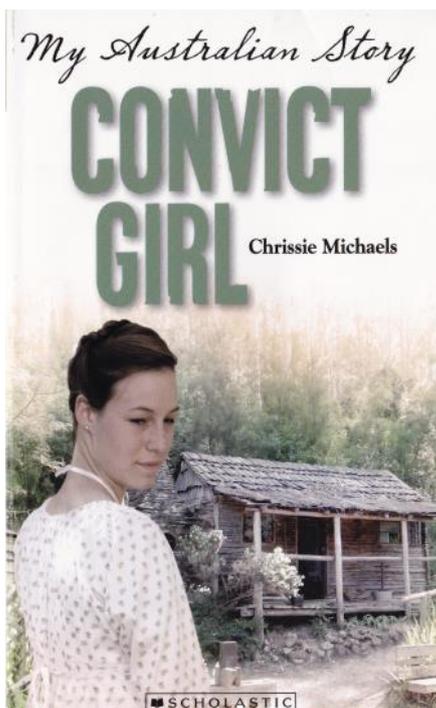
Sunday, June 7 Queen's Birthday

Food & Wine Festival

Books & Writing

BOOK REVIEW

By Meryl Brown Tobin



Local author and teacher at Wonthaggi Secondary College, Chris Edwards, who writes novels under the name Chrissie Michaels, has another book in print. Her latest book, *Convict Girl* is a welcome addition to the Scholastic series *My Australian Story*, a series of historical novels for children.

As each author does for this series of books, Chrissie Michaels adopts the voice of a young person who lived during an important time in Australian history and who writes a fictional journal. In *Convict Girl*, Chrissie Michaels assumes the persona of Mary Beckwith, a 14 year old real-life English girl transported with her mother, also named Mary, for theft. The first journal entry, dated only 13 years after the arrival of the First Fleet in 1788, reads:

On board The Nile 13 December 1801
Tomorrow we shall be landing at Port Jackson. No more rolling and pitching. No rough seas knocking us and our stinking pails head over heels. No sleeping crushed shoulder-to-shoulder until our bones are so stiff they could freely snap....*

So from the time a young convict girl is about to embark in Australia in the early days of European settlement, the reader is involved. Then the reader is drawn into participating in what happens when she arrives.

A strong-minded girl, Mary Beckwith wants to make decisions about her own life, and, within the confines of her life, she does so. Through her mother who is assigned as housekeeper to Judge Advocate Atkins, young Mary comes to meet Atkins and later work for him as nursemaid to his

two small girls. This leads to meetings with other important people of the day, including Governor King and Commander Nicolas Baudin, the French navigator who takes her with him as his maidservant on his voyage of discovery. As Matthew Flinders is also charting Australia at the time, Mary's path also crosses with his.

In her journal Mary describes the kangaroos, kangaroo rats and dwarf emus and other native animals Baudin collected to take back to France. When the Commander dies on 16 September 1803 on Ile de France (later called Mauritius), Mary's fate is in the hands of others, including Baudin's friend Madame Kerivel and Baudin's younger brother Augustin. With her well-researched knowledge and her keen ear for the speech of a poor English girl at that time, Chrissie Michaels fleshes out Mary and the exciting period in which she lived. Mary's emotional attachment to her probably terminally ill Dadda left back in England, her reservations about her mother, her fondness for her friends and her loyalty to them come through strongly. On 15 December 1801 she writes of her father: How could I stay in this colony forevermore when I did not how he was faring? Was he even alive? The truth hit me like a cannon shot: I may never know.

Though the book has an attractive cover, the girl featured on it looks older than a 14-, 15- or 16-year-old, a pity as the book is targeted at upper primary school-age children and secondary school-age children. Not only would it appeal to them, but also many adults as well. Recommended for those who like to immerse themselves in the history of Australia since early European settlement and feel a participant, this book is an entertaining read.

Convict Girl follows the success of Chrissie Michaels' outstanding book *On Board the Boussole*, 2002, reprinted as *Voyage to Botany Bay: The Diary of Julienne Fulbert*, 2012, both published by Scholastic Australia, and *In Lonnie's Shadow*, a young adult novel published by Ford St Publishing, 2010.

Convict Girl, RRP \$16.99, is available from Scholastic Australia:

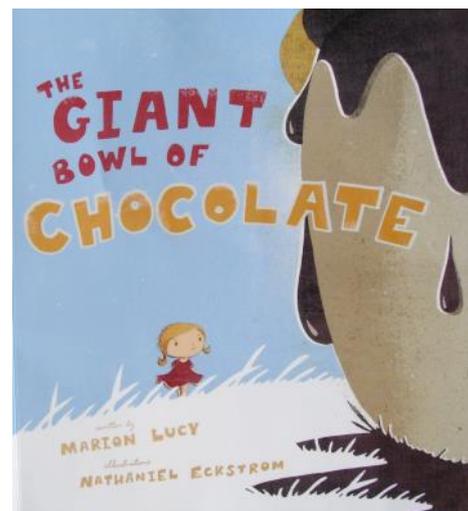
<<http://shop.scholastic.com.au/Product/8284116/My-Australian-Story-Convict-Girl>>.

Copies of *In Lonnie's Shadow* are available from the Victoria Street Gallery in both Inverloch and Loch.

*From the book *My Australian Story: Convict Girl: The Diary of Mary Beckwith 1801-1803* by Chrissie Michaels
Reproduced by permission of Scholastic Australia Pty Limited.

CHILDREN'S BOOK REVIEW

By Roger Clark



The Giant Bowl of Chocolate was written by Marion Lucy and illustrated by Nathaniel Eckstrom. It is the story of a girl called Belle who is determined to seek out her dream breakfast - a giant bowl of chocolate. This takes her on a journey to Giant Land where she has an adventure she would never have imagined possible.

Marion Lucy grew up on a flower farm in Southern Tasmania and didn't think much of flowers but did like breeding cockroaches and pretending she had seven tree houses (She spent a lot of time muttering to herself at the base of trees). Eventually she grew up and lived in a real tree house for a year. This was in the tropics and she loved it. She also lived in two school buses in Canada, the first one had an outside bath and lots of deer running about. The second one was surrounded by thimble berries and looked out over the sea. She has worked in all kinds of jobs from disability care to making hemp clothing but her favourite jobs are writing and hula hooping.

She now splits her time between writing, parenting, a literature degree and teaching hula hooping classes.

Her poetry and short fiction have been published in literary journals, broadcast on radio and included in anthologies. Her articles have appeared in magazines such as *G Magazine*, *Well Being* and *Grass Roots*.

The Giant Bowl of Chocolate can be purchased by contacting Marion at:
marionlucythomas@gmail.com



Children's Author Marion Lucy

French Island News



French Island News

FRENCH ISLAND COMMUNITY ASSOCIATION

French Island Community Association

Tankerton PO

French Island

Victoria 3921

secretaryfica@gmail.com

EMERGENCY SERVICES

There is no regular police presence or ambulance service on the island. French Island has a Country Fire Authority (CFA) and a State Emergency Service (SES) branch run by a group of hard-working volunteers. There is one fire engine stationed permanently on the island, next to the Community Hall on Tankerton Rd. CFA volunteers are able to respond to any kind of emergency.

Calling 000 is always the best option in an emergency.

NURSE ON CALL

For non urgent health issues islanders may utilise the Department of Health's Nurse on Call service:

Nurse On Call 1300 60 60 24

AMBULANCE SERVICES

Ambulance Membership

Membership Enquiries 1300 366 141 (Mon-Fri 8am-8pm, Sat 9am-5pm). Membership is advised as Air Ambulance is used from the island. If local support is required ask Ambulance to request CFA support on the island.

FIRE PLANS

All bushland residents should have a personal fire plan.

The French Island CFA hosts annual information sessions which give concrete advice on this topic.

The CFA is also happy to visit individual properties to further aid in the development of fire plans.

As for all of Victoria, fire bans and other instructions issued by the CFA should be followed.

POISON INFORMATION HOTLINE 131126



CFA Training

**The first Sunday of each month
10am - 12 noon at the FI Fire Station**

Landcare Nursery



Woodlot trees available in late winter for planting and last chance to order plants for this year. Any number, 10 to 100plus

For more info, ring Terri on 0413 088 527 or email filandcarenursery@gmail.com



FOFI Project Days

THIRD Saturday of every month

Activity to be announced

10.00 ferry from Stony Point. Meet in Tankerton jetty carpark at 10.15am. On-island transport provided. BYO binoculars, water, hat, sunscreen & mozzie repellent.

No experience necessary! Please call Murray Bourchier at 9876 1410 at least one week prior to confirm participation.

Notices for the French Island section of The

Waterline News should be sent to

editor@waterlinenews.com.au by the 1st of each month.



French Island Community Association

French Island Ferry

The French Island Ferry is a ferry service which runs between Stony Point in Mornington Peninsula and Cowes on Phillip Island, via French Island.

The ferry departs from:

Stony Point Jetty on the Mornington Peninsula

(Stony Point Station is a short walk from the jetty)

Tankerton Jetty on French Island

Cowes Jetty on Phillip Island

Fares

Tickets are available at the Stony Point kiosk, and also on board the ferry.

Please note: the French Island Ferry is not a myki ticketed service.

The following fares apply:

Adult: one way - \$13.00, return \$26.00

Child*: one way - \$6.00, return \$12.00

Pensioner/concession: one way - \$8.00, return - \$16.00

Bicycle (additional cost): one way - \$4.00, return - \$8.00

*Children aged under 4 years travel free.

*Child fares are available for children aged from 4 to 12 years old.

For more information, see the French Island Ferries

http://www.interislandferries.com.au/fi_costs.php



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French Island Features

RETURN OF THE EAGLES

By Chris Chandler with photos by Chris Tzaros and Mick Douglas

Eagles Rising - White-bellied Sea-Eagles

Biologists say that one evidence that animals (wild or domestic) are contented is when they breed. However, "contentment" is a human emotion, so perhaps it is more correct to say that "conditions are satisfactory" for animals when they breed. From 1960s-1980s French Island was notable as the only place on the coast of Victoria where White-bellied Sea-Eagles nested west of Wilson's Promontory. From this single pair, the number of Sea-Eagles in Western Port has increased, until today we have at least six breeding pairs!!



The White-bellied Sea-Eagle is a majestic bird. (Photo by Chris Tzaros)

Like all eagles, Sea-Eagles require an undisturbed patch of trees (usually forest) to nest in. They live along the shores of lakes and rivers, as well as bays and sheltered parts of the coast. They live for about 30 years and mate for life. If one member of the pair dies, it is quickly replaced by a new mate. Sea-Eagles build a huge nest of sticks in a large tree, usually within sight of the sea (or lake, etc.) In spite of the size of the nest, they are often well hidden, and hard to find. Sea-Eagle pairs usually return to the same nest each year, adding another layer of fresh sticks. In this way, the nests grow to an enormous size, usually until the tree can no longer bear the weight of the nest and it breaks. They usually lay two eggs in June (sometimes three) and the female does most of the incubating. The eggs hatch after 6 weeks, and the chicks remain in the nest for 65-70 days after hatching. After leaving the nest, the young are fed by the adults for another 3 months. In the fourth month they are driven from the breeding territory by the parents. Immature birds are mostly brown, and take 3-4 years to acquire adult plumage. At 6 years of age they will find a mate and begin to breed.



This Sea-Eagle nest was found near Red Bluff during a long coastal walk that Des Quinn and I did in January 1974. It is probably the same nest which was found by two wildlife officers in 1967.

The Sea-Eagles continued to use this nest until 1981. In 1982, we found the Sea-Eagles had built a new nest in the forest over a kilometre to the north. It was also in 1982 that we found two dead Sea-Eagles on the beach in this area; both of them appeared to have been shot, one adult and one juvenile bird. Some fishermen used to think that Sea-Eagles "stole the fish" and that is why they shot them. Thankfully attitudes have mostly changed, and the eagles are safer today. It seems very likely that the shooting was the reason they abandoned the old nest, and moved to a much more secluded site. Nesting was successful at this new location, and slowly eagle numbers began to increase. In 1985, a second breeding pair was found with a nest near the north coast of the island at Dore's (north-west of Mt Wellington). The nest was used again in 1986, but soon after this pair stopped using the nest. This second French Island pair was often seen along the north coast of the island, but their new nest was not found, in spite of much searching.

In the 1990s, another pair of Sea-Eagles began to nest on Phillip

Island. The pair continues to nest there until today. Also in 1990s another pair began to nest in the forest at Devil Bend Reservoir, which is between Hastings and Mt Martha. These third and fourth breeding pairs are almost certainly from the offspring of French Island eagles as well.

In 1998 a search by helicopter along the north coast of French Island did not find the northern pair's nesting site, although the birds were often seen occupying their territory. Finally May 2009, a nest was found in a small patch of forest next to the saltmarsh on the north-west part of the coast.

The nest pictured here, is still being used.

In 2007 while on a helicopter flight along northern Western Port, ranger Aaron Leddon found a Sea-Eagle nest on Quail Island, with the birds in attendance.



Although only 5 km apart, these two nests appear to be from different pairs of eagles. If so, this is the fifth pair of Sea-Eagles nesting in Western Port. In June 2008 the southern pair's nest was 26 years old, and very large. The tree could no longer bear the weight, a branch broke and most of the nest fell down, killing one of the birds. The surviving eagle soon found a new mate, rebuilt the old nest and nested later that year. The following year, they abandoned the old nest and built a new nest deeper into the forest. This is the nest which is still being used today.

As long as the French Island coast remains remote, with few winter visitors, there is no reason why Sea-eagles won't establish more breeding territories in Western Port. Over the last two years I have often seen a pair of Sea-Eagles at 'The Slipway' on the south-west coast of the island, sometimes using the old slipway shed as a fishing perch. This pair are often seen on Tortoise Head, or flying past 'The Anchorage'. On 11 June 2013, one flew past 'The Anchorage' carrying a large stick in its talons. Its mate was perched in a pine tree further west. On 15 June, the pair was sitting on 'The Slipway' shed frame loudly honking to one another – they sound a bit like geese or ducks honking! From there they flew together in perfect formation low over the beach towards Peck Point, honking as they went. This display behaviour is used to form bonds by a breeding pair.



White-bellied Sea-Eagle flying over French Island (Photo by Mick Douglas)

Last winter, Friends of French Island National Park (FOFI) visited the nest of this pair, situated in a large pine tree overlooking the sea. This is now the sixth pair nesting on Western Port and one of three active nests on French Island last season. Long may they continue!

French Island Features

FRENCH ISLAND ECOLOGY – A wonderland of little known treasures. By Clive Gordes with photos by Fay Gordes

The French Island Ecology Facebook page was set up last year to inform anyone who is interested in the varied indigenous life forms and ecosystems on French Island. You will be able to receive up-to-date pictures of flowering plants from the many and varied habitats on the Island.

If you aren't on Facebook the page can be found by searching google "french island ecology" which will find:-

<https://www.facebook.com/pages/French-Island-Ecology/637043422989264>

We post pictures and information on native plants as they flower and any other information regarding the ecology of French Island be it birds, insects, spiders, landscape, etc. Since last July we have been posting photos of all of the Island's plants which we have found flowering, plus the insects and animals we encountered along the way.

The ecology of French Island is one of the richest in Victoria in terms of diversity and species numbers. The bushland shelters over 600 indigenous species of plants including more than 110 terrestrial orchids – possibly the highest number of species in Victoria for such a small area. The fungi, mosses, lichens and liverworts are diverse but have never been studied. A similar situation exists with our insects. The ants were touched on in a brief study but other insects have not been looked at. Many species of lizards, frogs, birds and mammals are diverse and widespread across the Island. We have animals in each of these groups, i.e. the Long-nosed Potoroo, Bush Rat, Swamp Skink, King Quail, etc., which are rare or extinct around Western Port, the Mornington Peninsula and in the Melbourne area. French Island shelters a large number of plants which are very rare or endangered across Victoria.

So far, only one species of plant is accepted as being endemic to French Island - the French Island Spider Orchid *Caladenia insularis*. We expect the number of endemic species will increase over the coming years, as we are examining the plants closely to see any differences from mainland plants. The Island has been cut off from the mainland for over 10,000 years and it is expected that plants and indeed insects will have evolved in different ways to the mainland.

Our bushland shelters many plant communities which are now rare on the mainland. The pristine heathland - both wet and dry - open swamps and sedge swamps are uncommon across Victoria. We should be proud of the ecology we live with on the Island. The Facebook page will allow all of us to experience a small but interesting slice of the natural side of French Island.

2014 was a very good year in the natural world, the swamps were full and the flowering of most plants was profuse. Working on the French Island Ecology Facebook page has been a return journey across the National Park for Fay and I. Over the last ten years we did not have much time to spend looking at the incredible diversity of life which exists all around us on the Island, but most particularly in our National Park. Last year was our first chance to fully experience Spring on the Island for many years. Our work



French Island Spider-Orchid, *Caladenia insularis*.

had been controlling weeds and naturally enough the weeds grow mainly during Spring, so very little time was left to admire wildflowers. We retired 18 months ago so now our time is our own to explore.

Anyone following the French Island Ecology Facebook page will have seen the results of our search across the Park for flowering plants. We have made many exciting discoveries and we have posted almost 1400 photos of Island plants, animals and insects since June 2014. Last spring we found another new orchid for the Island, *Caladenia clarkiae* which was not known to be growing West of Yarram.

We also found a new sedge, a small Mat Rush *Lomandra nana*, which has also extended its known range. One of our most exciting discoveries was a new hybrid Sun Orchid (*Thelymitra*). We revisited plants we had not seen for many years and we



Spider-Orchid, *Caladenia clarkiae*

discovered more about our Island home and its plant, animal, and insect life we did not know. Most surprising has been the length of time that some of our plants continue to flower. Plants of the Common Heath *Epacris impressa*, commence flowering in December and continue to flower right through to September. One of our forest plants 'Egg and bacon' - the Smooth Parrot-pea *Dillwynia glaberrima* - commenced flowering in July and in February it still continued to produce flowers.

In our journeys across the Park we found a new beetle for Victoria, *Chauliognathus imperialis*. This beetle has been recorded at one site in NSW and at Mt Tamborine in Queensland, but no records exist for Victoria. At the time of the proposed introduction of the Eastern Barred Bandicoot to French Island (2012) the proponents of the introduction including Melbourne University, Melbourne Zoo and The Department of Sustainability and Environment were quite adamant that the Bandicoot - which is an insect eater - would not be a problem "as there were no unusual insects or endemic insect species on French Island".

The response from followers of the Facebook page has been overwhelming. People are just not used to seeing the wealth of plant, insect and animal life we have been posting; even things we take for granted such as the Cape Barren Geese wandering the roads with their large families, Koalas walking along the roads and sitting at the end of our jetty, plus the immense wealth of our flora. Many of the plants which we encounter every day on the Island are never sighted by those living off the Island. The Facebook page has regular followers in all of the Australian states and many overseas countries.

Our journey is ongoing and we still have much of the Park to visit. You can follow our progress on the Facebook page, or send us an email :

frenchislandecology@gmail.com

Clive and Fay Gordes [Photos, C – Fay Gordes 2014]

French Island Features

FRENCH ISLAND FOLLIES

By Anne Paul

WE'D been saying for ages that we should visit French Island.

We'd never been, despite my brother-in-law's family being pioneers of French Island before they moved to Phillip Island. It was late August and my birthday and a beautiful, clear day. No second thoughts – just do it!

We check with Lois Aires to see if she is running her bus tour, then onto the ferry, anchor aweigh and out onto Western Port. Landing at Tankerton Jetty, we enter the land that time forgot, in all the best possible ways. With a welcoming Lois at the wheel, we get onto the bus with our fellow time travellers, and off we go for an afternoon spin around the island, some wonderful sights, loads of history and great commentary by our sprightly coach captain.

There's remarkable variety on French Island, from fragile orchids and koalas, an occasional snake, sweeping views and great wine, to seriously big mosquitoes. Fortunately Lois has repellent on board.

I'd brushed up on the history via a quick scan of Ruth Gooch's 2006 book *Frontier French Island*. Lois builds on this nicely, adding bits about Kylie Minogue, escaped prisoners and island life in 2014. We enjoy visiting her farm, including an old chicory kiln museum, and sharing a tasty afternoon tea, before heading back to the ferry and the bright lights of Cowes.

By August, the proposal to develop the Port of Hastings was increasingly topical. In response to queries, Lois did the astute thing and commented on past follies while suggesting further reading.

Once back in the mosquito-free environment of Ventnor, I did just that. *Frontier French Island* by Ruth Gooch is a solid read. It provides a comprehensive history of French Island, with insight into local life and the broader social and economic dynamics of the times. It would have been a tough life. I was particularly interested in the chapter on the homestead associations and village settlement schemes, as a means of solving unemployment in the 1890s depression.

Chapter 14, titled *Pelican Power*, provides a detailed account of plans in the 1960s-70s for the industrial development of French Island and Hastings. Many of the islanders saw this as an opportunity for prosperity and opportunity for their children. "Land prices boomed," Gooch writes. "The population dropped from about 150 to 50 in a few years."

She details how the State Government sought to "preserve the Mornington Peninsula against the onslaught of industry and urban development ... [while ensuring that] ... resources available for port and industrial development at Western Port be properly utilised in the interests of people of Victoria".

Initial environmental and social concerns and academic research advising industrial developments could be better located at Altona, rather than Western Port, were largely ignored.

Gooch goes on to discuss the 1970 report on French Island commissioned by the Western Port Regional Planning Authority. It recommended "an 100-square-mile industrial estate and handling complex, linking French Island to the mainland by three causeways, berths for large ships, a jetport and railway marshalling yards ... electricity generation stations, water, oil and gas pipelines... and long-term proposals for a network of barge



Photo by Allison Pitt

canals linking French Island with Melbourne and Geelong through Port Phillip and with the Latrobe Valley brown coalfields ... saying loss of much of the region's wildlife was inevitable". Not surprisingly, there was a strong conservation backlash, notably with the formation of the Westernport and Peninsula Protection Council and the Save Westernport Coalition. The authors of the report *The Shame of Western Port: Speculator's Dream, Environmental Nightmare* declared "We thought it was high time to reveal how the plans to destroy Western Port began, who will profit and how Australia will lose if it's not stopped". Gooch then introduces an element I was unaware of – the pelican rookeries of French Island. Their existence was known to some but promotion by conservationists and reporting by *The Age* in late 1971 coincided with Alan Hunt taking on the role of local government minister in the Liberal State Government.

Amid the outcry and changing dynamics, Mr Hunt announced a study of French Island by the newly created Land Conservation Council, and the political turnaround had started.

On the one hand international industrial interests were predicting "the entire Western Port would be an urban complex." On the other, Dr Geoff Mosely of the Australian Conservation Foundation criticised the proposals as "anachronistic dreams from the era of development at any cost," with calls for "investigation of the proposals for a nuclear power station on French Island."

Gooch states that while the Redbill Creek pelican rookery was probably only in existence for a few years, "the extent of its influence on the outcome of the development debate cannot be measured ... and it appears its existence played a part in turning the debate toward conservation".

In 1977, the Land Conservation Council recommended the creation of a 7700-hectare state park on French Island, which was enacted in 1982. The same year the Liberal Government lost the election.

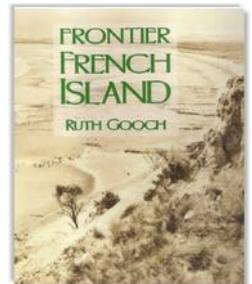
Further land has been added to the park, which now constitutes two-thirds of French Island, and three marine national parks were established in Western Port by the Bracks Labor Government in 2002.

Oscar Wilde said "Experience is the name we give our mistakes". In reflecting on the failure by the current Port of Hastings development proponents to learn from the mistakes of the past, we should honour the legacy of those who worked so hard to conserve the Western Port region and its precious environmental heritage, for current and future generations.

Unless stated, all references are to *Frontier French Island* by Ruth Gooch (PMI Press, Melbourne, 2006).

This story by Anne Paul was first published in the Bass Coast Post in November 2014

www.basscoastpost.com



Grantville Cemetery

UPGRADES AT GRANTVILLE CEMETERY



The Grantville Cemetery commenced interments in 1872 and has played an important role in the community ever since.

In 1939 bushfires destroyed the Cemetery shed and records were lost, but all were later rewritten.

Two years ago the Cemetery Trust identified the need for an Information Board to satisfy 24/7 Cemetery enquiries. The new information facility was made possible with a generous \$4,000 Community Grant from the Grantville and District Bendigo Bank and together with cemetery trust funds the project was recently completed at a total cost of \$11,500.

The new information board has been erected just inside the front gate and includes a fully detailed site map on the



west side, with information on all interments to date, in alphabetical order, complete with their year of death and location on the east side.

It is planned to update the display regularly with the interim interments displayed on a separate sheet under the header.

Anyone requiring further information on any interments in the cemetery can contact the secretary Allan George, by email at:

[**grantvillecemetery@gmail.com**](mailto:grantvillecemetery@gmail.com)



In this current financial year the Cemetery Trust has completed the car park and drainage with the greatly appreciated donation by Dandy Pre Mix of labour, machinery and crushed rock (at cost price) This work will ensure parking in all weather with no mud on your shoes. Concrete path repairs have been completed with the annual maintenance grant from the Bass Coast Shire Council of \$1262. Future projects will be done with successful grant applications.

Additional paths and memorial gardens are envisaged to increase the options for ashes to be interred at the Cemetery.

Currently ashes are interred in the Niche Wall, and in lawn graves.

All information on the information board will be available on a soon to be established Grantville Cemetery website. Details will be announced here when that task has been completed.

The Grantville Cemetery is managed by a group of volunteer trust members, appointed by the Health Department of the State Government.

The Current Trust members are: David Garry (Chairman), Allan George (Secretary/Treasurer), Bill Blackmore, Bruce Campbell, Roger Clark, Stephen Heffer, Merve Milnes, Lisa Huitson, Barb Stewart, Cam Walker, and Terrance Watson.

Allan George (Secretary/Treasurer)
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STINGLESS BEES



Urban Beekeeper - I quite liked the title. Yes, it sounded good to my ears. I could have that title as a soon-to-be keeper of bees, surely? I certainly live in an urban setting so that bit is sorted, and as for bees? Well - I don't quite have them yet, but I am making plans. Enthusiasm? Well - there is rather a lot of that. I decided I need a little jump-start on my native beekeeping knowledge. I enrol in Milkwood's

Stingless Beekeeping course with renowned CSIRO entomologist Tim Heard. He was travelling down from Queensland with good friend and long-term colleague Tony Goodrich. All of that beecraft wisdom in the one space sounded like just what I needed. Paper and pen in hand I get ready to get buzzy. First up, a little bit about these wonderful native bees. Stingless bees are different from their European honey bee cousins. They are far smaller, black in colour and look more like a small garden

insect to my untrained eye. There are just a few species that produce honey of the many native species. Their honey production is relatively small; about a kilo a year, though some of that is needed for the bees to survive over the cooler winter months. It's for this reason that stingless beehives are quite often kept for pollination of our surrounding areas, for biodiversity and, if you choose to, a small amount of honey can be harvested once a year or so. If not harvesting the honey, you can instead split the hive, creating a second one for your own keeping or to pass on to other bee enthusiasts. During the course we had the opportunity to see several splits, both from a natural log hive and from constructed ones - it was truly amazing to see the intricate detail of these wonderful hives.

While I was still working out how to get an active hive past my landlord in our small rented home, what I could do was pass on to my children's school the stingless bee knowledge I gained by doing the course. My initial nerves were replaced with enthusiasm and ambitious plans for multiple hives to be kept for all to learn from. I was beside myself with the possibilities! To read further subscribe to Earth Garden Magazine

www.earthgarden.com.au

Stingless Bee in Brydie's Bonnet.

It isn't just the European honey bee that produces delicious honey. There is another species: these bees are native to Australia and they don't sting, says Brydie Piaf, from Sydney.

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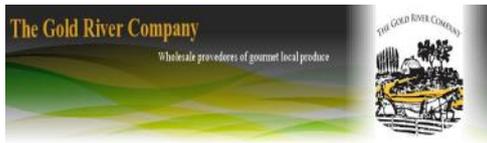
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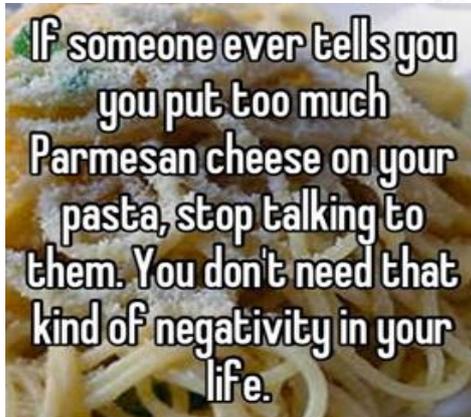
RECIPES



Smoked Salmon Pasta & Smoked Mustard Seed



Pan fry cooked (drained) pasta, spring onions, cherry tomatoes & smoked salmon until all ingredients are warm/hot. Drizzle with 'Pure Frantoio' Extra Virgin Olive Oil, sprinkle with 'Senor Smoky' mustard seed, toss and serve in a bowl.



WINTER WARMERS



Tomato soup
When it comes to soup, you cannot beat a bowl of the trust tomato stuff. Serve with crusty bread spread with butter and you have a delectable meal.

Ingredients:

- 1 teaspoon extra-virgin olive oil
- ½ small onion, diced small
- 1 small garlic clove, crushed
- Coarse salt and ground pepper
- 1 can whole peeled tomatoes
- 1 tablespoon thick cream
- Pesto, optional

Method:

1. Heat oil in a small pot, heat oil over medium-high. Add onion and cook until translucent, five minutes. Add garlic, season with salt and pepper, and cook until fragrant, 30 seconds. Add tomatoes with juice and bring to the boil. Reduce to a simmer; cook until onions are soft, 15 minutes.
2. Taking care as you're working with hot liquid, transfer to a blender with cream; puree until smooth. Season to taste. Serve with bread and topped with pesto if desired.

Emma James



Simple baked eggs in chunky tomato sauce

Melody Teh

This Spanish style vegetarian dish is hearty, healthy and perfect for breakfast or brunch on the weekends.

Serves: Two

Ingredients:

- ½ onion, diced
- 1 capsicum (any colour), stemmed, seeded, and diced small
- 2 clove garlic, minced
- 1 can crushed tomatoes
- 2 eggs
- Chilli flakes (optional)
- Salt and pepper to season
- Chopped fresh coriander to garnish



Methods:

- Preheat oven to 200°C.
- In a fry pan, heat oil over medium heat. Add capsicum and onion. Stir for eight to 10 minutes until softened.
- Add garlic and cook for two minutes, or until fragrant.
- Stir in tomatoes and simmer for 10 minutes.
- Add pinch of chilli flakes (optional)
- Season with salt and pepper.
- Divide sauce into two shallow baking dishes. Make a well in the sauce with a spoon and crack one egg into each.
- Place in oven and bake until whites are cooked through but yolks still soft and runny, about 10 minutes.
- Top with coriander and serve with a side of crusty bread.



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Personality of the month

RITU DHAR

Loch

She quickly learned a lot about what foods to cook from the chef because she had never been to an Aussie café. The first time she saw chicken in white wine she had no idea what it was, but soon learned to make lasagne, meat pies, scones and egg and bacon tarts which now form part of her healthy and delicious menu.



May Personality of the month is popular Loch Café owner Ritu Dhar.

Ritu runs the Hard Loch Café which is situated in Smith street Loch, just off the main street, near the old Post Office corner and next to the now closed, Royal Mail Hotel.

The Hard Loch Café is an important part of the Gippsland community town and by popular demand Ritu runs Indian nights once a month.

She also has regular catering orders from local businesses and enjoys regular custom from returning customers and tourists passing through town.

Ritu's journey to the Hard Loch Café started after her marriage ended more than eleven years ago. With the assistance and support of a women's refuge, local council, and AMES, she managed to get a flat of her own for her and young son Amal, build her confidence, and start a new independent life. Her flair for cooking saw her get a job at a school canteen as part of a social enterprise set up by AMES.

She completed food handling and hospitality courses and ended up managing the canteen for three years.

Little did she know then that this valuable experience would lead to her running her own café.

She later worked at a mortgage broker and as a bank teller. Through careful financial planning and saving she was able to buy her own home about an hour outside of Melbourne in 2009.

She was forced to leave the bank after she injured her back in a car accident in 2011, but always looking ahead, Ritu knew another opportunity would come along and it did when a friend asked her to manage the Hard Loch Café.

Nervous at first she knew she had conquered tougher situations in her life, so she was soon helping in the kitchen, chatting to customers, waitressing and doing the books at the end of each day.

Ritu's warm personality and charm were an instant hit with customers and she thrived on the challenge of the café being a success. When the owners of the business asked her if she would like to buy it in March 2013 she had no hesitation.

However, the hard times didn't end there as just a few weeks later she was diagnosed with breast cancer.

Taking on the challenge as she does everything, she had the surgery, was back at work in ten days and after a year of chemotherapy is now clear of the disease. Much of Ritu's inspiration comes from 12 year old son Amal, seen here with proud mum at the café recently on a cold wintery Sunday afternoon.



Ritu's story is certainly one of inspiration and triumph over adversity.

The locals and tourists alike have warmed to the idea of this lovely Indian women running an Aussie café in a small country town. Why not pop in and say hello when you are next in the area, after the popular Loch market, or at the forthcoming Loch Food and Wine Festival.

Roger Clark.

THE HARD LOCH CAFÉ IN LOCH



Why I live

where I live.....



Unfortunately we have no Why I Live Where I Live this month.

This is one of the most popular segments with readers, but also one of the most difficult to encourage readers to participate in.

Everyone has a story, so why not tell us yours.

Send your story to:

editor@waterlinenews.com.au

SMILE!

"I've never flown before," said the nervous old lady to the pilot. "You will bring me down safely, won't you?"

"All I can say ma'am," said the pilot, "is that I've never left anyone up there yet!"



A married couple, both 60 years old, were celebrating their 35th anniversary.

During their party, a fairy appeared to congratulate them and grant them each one wish.

The wife wanted to travel around the world. The fairy waved her wand and *poof* -- the wife had tickets in her hand for a world cruise.

Next, the fairy asked the husband what he wanted. He said, "I wish my wife was 30 years younger than me."

So the fairy picked up her wand and *poof* -- the husband was 90.

On the road



SAFE-DRIVING TIPS WHEN IT IS RAINING!

Wear sunglasses when driving in a downpour is bad advice.

You may have been advised or received an email from a friend advising that sunglasses worn day or night during a downpour or in heavy fog will aid your vision. This is not quite true.

If you are unfortunate enough to be caught in a downpour day or night, then the best advice is to forget about driving, get off the road and wait out the storm. This same advice is true when driving in thick fog, get off the road!

However, during light or moderate rainfalls and in light to moderate fogs and mists in daylight hours, polarised sunglasses will help the driver see more clearly.

Please note that this advice relates ONLY to POLARISED sunglasses. Tinted lenses will have NO beneficial effect.

Please also be aware that sunglasses should NEVER be worn at night whilst driving, they reduce the amount of light and reduce contrast making it more difficult for the driver to accurately judge distances due to reduced depth perception.

If you receive such emails, please always remember to take the advice with "a pinch of salt"

You can read more at www.snopes.com/autos/techno/sunglasses.asp

Another good tip:

Do NOT engage your vehicle's cruise control on slippery or wet roads. Rain can cause wheel-spin and loss of

control, situations to which drivers must react quickly. Cruise control can generally be cut off by the driver simply tapping the brake pedal, however, the extra reaction time required for a motorist using cruise control to recognise the danger of the situation when the wheels begin to spin or slide on a slippery surface, bring the foot up off the floor to the brake pedal and disengage the cruise control can be crucial (especially for drivers lured into a hazardous level of inattentiveness on long, flat stretches of road like we have along the Bass Highway).

Imagine driving in heavy rain or just after a rain event with the cruise control set at the highway speed limit when one of your drive wheels goes across a sheet of water on the road perhaps only a couple of millimetres deep. That wheel will hydroplane while the other wheel may maintain or suddenly get traction. The result could be horrific if you spin or swerve into either oncoming traffic or off the road.

The best advice is:-

If your windscreen wipers are on any faster than intermittent, or you see water lying across the road, turn off cruise control and slow down.

You will find further details on the web, but a good starting point is www.snopes.com/autos/techno/wetroad.asp



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You will have access to limited professional driving lessons and be supervised by a VicRoads trained volunteer/mentor to help you obtain your 120 hours driving experience.

This initiative is funded by the TAC and managed by the Wonthaggi Neighbourhood House. For further information contact:
L2P Coordinator: Veronica Dowman
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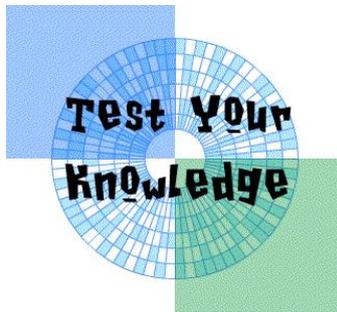
QUIZ?

1. Which singing group was once known as 'The Quarrymen'?
2. Which religious movement did Joseph Smith found?
3. Which Australian animal was once dubbed 'paradoxus' by astonished scientists?
4. What is comic strip photographer Peter Parker's secret identity?
5. What is another name for the Aurora Australis?
6. What Russian novel embracing more than 500 characters is set in the Napoleonic wars?
7. How many degrees are there in each house of the zodiac?
8. What does the bell ringing in the 1500 metre footrace mean?
9. What was 'The City of Gold' sought by Spanish explorers?
10. Which pianist married Joan Sutherland?
11. What was first dug at Artios, France?
12. How many playing pieces does each Backgammon player start with?
13. Which nationality was Pablo Picasso?

14. What is the belt of low pressure around the equator called?
15. Which film featured the search for the perfect wave?
16. What drug did Sherlock Holmes take at the start of his career?
17. What is 400 in roman numerals?
18. What do residents of the Northern Territory consume more than any other people in the world?
19. What is the 'Leather' anniversary?
20. How many coloured squares are there on a Rubik's Cube?

ANSWERS

1. The Beatles. 2. Mormonism. 3. The Platypus. 4. Spider-Man. 5. The Southern Lights. 6. War and Peace. 7. Thirty. 8. One lap to go. 9. El Dorado. 10. Richard Bonyng. 11. An arrestion well. 12. Fifteen. 13. Spanish. 14. The Doldrums. 15. The Endless Summer. 16. Cocaine. 17. CD. 18. Beer. 19. Third. 20. 54.



An 80's kids life!

1. No meant NO
2. Swearing was rude and unacceptable
3. Smacking was a common punishment
4. Saturday morning was 'TV Time'
5. A virus was an illness
6. A telephone wasn't portable or mobile
7. The internet wasn't around

But we all had a great time!

When you talk you are only repeating what you already know; But when you listen you may learn something new.

Dalai Lama

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We are still looking for forever homes for these two beautiful retired greyhounds.

Little Mac is still looking for a forever home.

Recapping, Little Mac is white and blue, 26kg and was born in November 2011. She has been retired from the track for six months now and has settled down nicely. She is ready for a life of luxury and will make a wonderful pet.



This is **Avril**, who is also now looking for a forever home.



Avril is white and fawn and she was born in March 2011. She only went to the races six times for one placing,

but she has a lovely disposition and has already spent a lot of time with two small dogs.

Both girls come with a new leather collar & lead, muzzle and rug. They need to be desexed, which we can help to arrange, and also offer back up advice with information on feeding, socializing etc.

Email from David Pye who adopted Tilly from this segment a couple of months back.

Two months on, Tilly has learnt to go up and down steps and loves the wide open spaces of the beach at low tide. The chooks are no problem now, and the cat has sorted her out. One altercation with the old whippet over space in front of the fire one night. She knows her name now and comes when called. Has been on the bed a few times and I think she's got the hint now that beds are off limits. Thanks everyone. David.



BIGGLES AND BRAVEHEART



Bass Coast Lost & Found Pets volunteer coordinator Antonietta Gent has asked for our help in finding a home for Biggles and Braveheart.

Biggles & Braveheart
Breed: Domestic Medium Hair
Gender: Male
Age: 2 years 7 months

Strictly indoor only Biggles and Braveheart are the best of friends and would love to be adopted to a loving family together. Their bond is just too special to break!

Biggles (white) LOVES his food and will do anything for you if you give him a good feed! He loves to play with you for hours on end whether it be tummy tickles, a shoe lace or bottle top he'll have you smiling with his funny kitten antics.

Braveheart, whose name was chosen because of he is so shy at the beginning but overcomes his fear to become a confident and loving kitty, also loves a good tummy rub purring in your ears with thanks. Bravey is still a little uncertain of many things but once his trusts kicks in he will be the best little companion (and it doesn't take long).

These two boys have come a long way with their confidence growing every day.

They are both still very shy and will need

that little bit of extra love to make their personalities shine through.

We really want to keep these two brothers together as they are the best of friends and make a really great team... can you open your heart and home to these sweethearts? Their adoption fee is \$300 for the pair to cover the medical work they have had done while in our care.

Both Biggles and Braveheart come desexed, microchipped, vaccinated, wormed and flea treated.

Biggles and Braveheart's details

Adoption Fee - \$300 both.

Coat: Medium Desexed - Yes

Vaccinated - Yes Wormed - Yes

Microchip Numbers: 900 006 000 178 527 - 900 006 000 179 608

Further details available from:

Editor@waterlinenews.com.au

MICROCHIPPING

All cats and dogs being registered with a Victorian Council for the first time must be microchipped. This applies to pets aged 3 months and over.

Microchipping involves inserting a small computer chip under a pet's skin that can be 'read' by a scanner, in order to retrieve the contact details of the pet's owner. This can be done by a vet or at a Council microchipping day. The most important aspect of microchipping is that it could literally save your pet's life. Each year tens of thousands of impounded pets in Victoria cannot be identified. This means that many animal shelters are forced to euthanise lost pets because they can't be reunited with their owners.

Microchipping gives owners confidence that their pets will be identified if they are lost and go to the Pound or injured and taken to a Vet clinic. Any animals that not microchipped are impounded in Council's Pound are not able to be released until they have received a microchip implant. This could delay them from being reunited with their owners.

There are a range of other benefits with compulsory microchip identification, eg problem pets, such as vicious dogs that attack people, can be easily identified.

If you move house or your contact details change, you can update your information on the microchip registry on the Central Animal Records website or by calling (03) 9706 3187.

For more information, contact our Community Safety Team: on:

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Self Sufficiency

Green Cleaning

Ways to use Bicarb Soda:

Clean sinks and kitchen surfaces (including stove) - apply with a damp cloth or sponge then wipe off.

Clean tiles and tile grout - apply to a scrubbing brush or coarse sponge. Use toothbrush for small areas.

Clean laminate bench or table tops by rubbing with bicarb soda applied to a damp cloth.

Fridge deodoriser - Place small dish containing bi-carb soda permanently in the fridge.

Clear blocked drains - Pour 1/4 cup of bicarb soda into drain followed by 1/2 cup vinegar then approx. 1 litre of boiling water. Use a plunger if necessary.

Remove stains from tea and coffee cups by rubbing with bicarb soda.

Deodorise and clean plastic (bowls, utensils, etc.) by rubbing with a damp sponge or cloth dipped in bicarb soda.

Remove stale vacuum or thermos odours by filling with warm water. Add 2 to 3 teaspoons of bicarb soda, replace lid and shake well. Leave overnight if odour is particularly difficult to remove

Clean the top of the stove by covering with a paste of bicarb soda and water. Leave for about 30 minutes. Wipe off. Clean the oven using the same technique.

Clean burnt saucepans by covering the burnt remains with water then sprinkling with bicarb soda. Leaving to stand 30 minutes. Then rinse out and remove the food. For particularly difficult stains place bicarb soda and water in saucepan and bring slowly to the boil.

Clean painted walls by first wiping with soapy water. Then wipe lightly (so as not to scratch the wall) with bicarb soda applied to a soft cloth.



Why make your own skin care products?

SAFER/BETTER

For you and your family in terms of sensitivities, chemicals, long term reactions.

ENVIRONMENTAL RESPONSIBILITY

Better for the environment because -

- less containers for disposal
- less waste & residue from making commercial products
- less likely to exploit the planet's resources for raw materials required for mass-production of commercial products

CHEAPER

Using natural ingredients (from home and garden) is much cheaper than expensive commercial products.

REASSURING

To know about alternatives – so that you have control over what you use and what's in it – and not totally dependant on consumer products.

NOTE:

Homemade products will be different from the commercial counterpart. Consumer-orientated products have been commercially created to feel, look, behave and smell in a way that is appealing to the customer. Natural homemade products and alternatives will not be the same. It may take time to adjust to using natural alternatives.

Note: Skin reactions may occur – although very unlikely. Discontinue use immediately. If not sure about a certain product 'test' on the inside of your forearm first.

For more details and handy Self Sufficiency tips visit:

www.theshoppe.com.au



AROMATHERAPY

Aromatherapy is a great way to infuse your home with a sense of calm and relaxation. But there's no need to fork out your hard earned cash for a plug in diffuser or expensive scented candle. You can make your own oil diffuser for the home in next to no time (and it's as cheap as chips to do so).

When it comes to which essential oil to use, the choice is yours. Lavender is great in the bathroom to aid relaxation; rose in the lounge room gives off a homely scent; mint can work wonders in an office to stimulate the mind; vanilla smells great in a kitchen.

You will need:

A glass bottle with a narrow mouth

Lukewarm water

Essential oil

Dried long, thin twigs of similar size

Note: For the twigs, look no further than your garden or a nearby park for this project. They work in the same way as the special reeds that you see on the diffusers in the shops, in that they naturally draw liquid upwards.

How to:

1. Peel the bark off your dried twigs.
2. Fill your bottle three-quarters full with warm water.
3. Add 25 drops of your favourite essential oil (you can even mix different oils together to create a unique scent) and give the liquid a gentle stir.
4. Place the twigs inside, and in minutes you will be enjoying the scent of your chosen oil.
5. Top up the water as needed.

Reader Contributions to our Self Sufficiency section are most welcome
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Gardening

JUNE GARDENING TIPS



June marks the start of winter for most Australians. For some people this is cause for celebration. For others it is cause for commiseration. For your garden it is just another season which will either see it go from strength to strength or see it fall over, depending on how well you care for it. There are many plants which slow down their growth substantially throughout winter and so June is a good time to start giving them a trim. Roses can be pruned from June through till August. Other flowers like hydrangeas would benefit greatly from trimming off the old flowers and growth to allow it to jump into spring with a burst of energy and healthy new shoots. Remember, pruning promotes growth.

If you have decided that you actually want to plant a new rose garden, then June is the month for you. By planting new roses now, you give them a good chance to get established throughout winter and ready for solid growth and flowering in the spring. Pick a mix of colours and aromatic roses and place them in a well prepared garden bed. Feed them a good rose fertiliser and make sure you mulch them well. Don't mulch too close to the stem, leave about a 15-30 cm gap all the way around. This will help keep moisture close to the young plants, but will also help to fight off frost in cold areas.

Make sure you keep your winter vegetables well fertilised. Generally it is best to apply fertiliser every two weeks. This will help your veggies to grow quickly and give you a solid yield.

Also during winter, it is very important that you get on top of your garden weed situation. If you don't get on top of weeds in winter, they will spread because the extra water available will allow them to really thrive. This can cause them to move into new areas of your garden that may have previously been free from the serial pests.

June is another good month to split up shrubs like daisies and lavender and plant them in other parts of your garden. Make sure you choose big sections to transplant. The extra water (in cold and temperate climates) will help the plant to establish well, but the lack of sun can still be an issue. Also make sure that you cut off any flowers, both alive and dead, to ensure that all of the plants energy can be directed toward growing new roots.

PLANT OF THE MONTH



Genus: Pimelea
Species: ferruginea
Common Name: Pink Rice Flower
Flower Colour: Pink
Foliage Colour: Dark Green
Growth Habit: Shrub to 1m
Flowering: Spring
Pimelea ferruginea prefers a coastal climate but they have been known to succeed inland. What gives this Pimelea its beauty is the way the flowers cluster together at the end of the stem. The individual flowers

themselves are quite small but because they cluster together (like the Hydrangea) they make a much larger statement and really stand out against the dark green foliage.

Pimelea ferruginea is only a small shrub growing about 1m high and between 1 and 2 metre's wide. Pimelea ferruginea prefers a well draining soil and a sunny to part shade position. The best way to reproduce Pimelea ferruginea is from cuttings with the best and most successful cuttings being taken from new growth.



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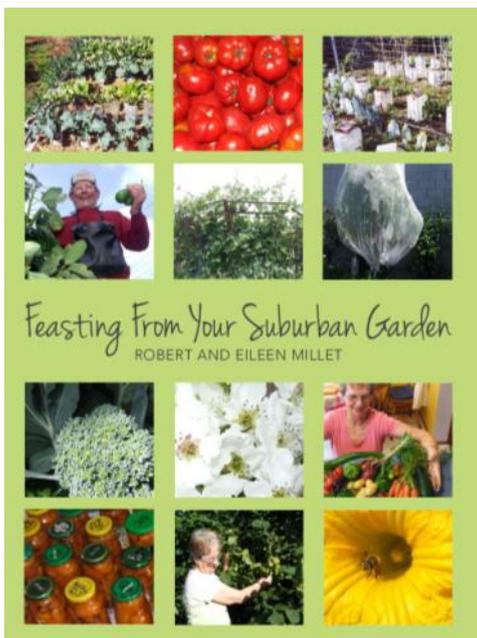
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Gardening

BOOK REVIEW



ABOUT THE AUTHORS

Eileen grew up in Bairnsdale, Victoria on her grandparent's property. Will, her Pop, tended a very large fruit and vegetable garden, and by helping him in the garden, Eileen learned early in life how to grow food to feed a family. Eileen's Nana, Sarah, taught her how to cook and prepare all the delicious foods that her Pop grew. After leaving school, Eileen worked at many jobs, among them an apple packing shed, a woollen mill, nursing and, after starting a family, made the time to run a cake shop and later a restaurant. Additionally, Eileen has always grown a garden to help feed her lively children, first in Victoria and for over 40 years, in Tasmania. However, it is from her early childhood days of gardening and cooking that Eileen developed her love for flowering plants, especially succulents and Liliums, and her passion to collect cooking books. She loves to cook, continually experimenting with breads, cakes and biscuits that her children, grandchildren, and great grandchildren continue to enjoy. **Robert** helped his mother in the garden during his early school days and often during summer vacations helped by picking blueberries, loganberries, cutting apricots and picking prunes in the Santa Cruz and San Jose areas of California. Following his apprenticeship and university, Robert worked in the electrical industry, wrote technical documents, taught electrical apprentices, and regards his three years at CERN in Geneva, Switzerland working as a computer customer engineer his most interesting employment. Following his immigration to Australia in 1971, Robert has gardened in Albany and Kalgoorlie in WA, Coffs Harbour in NSW, and currently in Devonport, Tasmania where he and Eileen tend a very compact but prolific garden of

mostly fruits and veggies. Working as a team, each year they bottle, dry, freeze or pickle hundreds of containers of food. While Eileen might be busy in her kitchen making scones or cupcakes, rolls or pasties, soup or desserts, Robert often can be found writing another gardening article for Grass Roots magazine. And the occasional book.

"This book is a pumping artery of life-long 10 great fast-growing veggies Monday, Apr 6 2015

Melody Tey experiences, observations, and practical experimentation in the garden. There is a corner of inspiration for everyone to uncover."

Costa Georgiadis, presenter of ABC TV's Gardening Australia program.

"Prepare for an adventure to a more satisfying life. The Millet's are experts on backyard food growing, recycling, preserving and storage. You won't need the supermarket if you read this book."

Megg Miller, Editor, Grass Roots magazine.

"Robert and Eileen have utilized their wonderful gardening knowledge to pass it on to others, and I thoroughly commend this book to anyone liking a good read and helpful information on many aspects of gardening."

Marjorie Bligh, Tasmania's own Superstar Housewife, and author of lifestyle and gardening books.

The book cost is \$20 plus postage, further information contact Robert



robertkmillet@gmail.com



10 GREAT FAST GROWING VEGETABLES

Once planted, these veggies are ready to eat in weeks – say hello to fast food that's good for you.

Radish – Great in salads as well as in soups, stews and roasts, most varieties of radishes will be ready for harvest just four weeks after planting.

Spinach – Popeye's food of choice is ready in as little as four weeks after planting.

Lettuce – Leaf lettuces such as Romaine can be eaten about a month after planting. Harvest the outer leaves and let the centre of the plant continue growing.

Baby carrots – These crunchy bite-sized orange bits of goodness are quick to mature. They can be harvested after 30 days whereas other varieties can take between 50 and 80 days.

Kale – This superfood is a super-fast grower too. Ready to eat in five weeks, however, the baby leaves can be picked as early as 25 days.

Rocket – Grow these from seed and start harvesting in a month. The best-tasting leaves are the young ones so sow more seeds every four weeks for a constant supply of delicious salad leaves.

Turnip – The roots, which are great for stews or roasting, are ready to harvest in eight weeks. However, the edible leaves can be eaten in only 40 days.

Dwarf or French beans – These non-climbing bean varieties are easy to grow and picking the young beans regularly encourages the plant to produce more. Expect crops in eight to 10 weeks.

Sprouts – You don't even need a garden for these! Sprout seeds of alfalfa in a jar and they'll crop in just five to seven days.

Peas – Snow peas in particular are a fast crop. They take 10 days to germinate and are crop in eight to 10 weeks.



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