

FREE

The Waterline News

GRANTVILLE & DISTRICTS

Volume 2

1

September 2015

Lang Lang, Nyora, Loch, Kernot, Grantville, Corinella, Coronet Bay, Bass, San Remo, Phillip Island and French Island .

It's our Birthday

The Waterline News is also available online at www.waterlinenews.com.au

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The Waterline News is also available online at www.waterlinenews.com.au

BRIAN PAYNTER MP

STATE MEMBER FOR BASS



Please contact my office if I can assist you

talk to
BRIAN

@ brian.paynter@parliament.vic.gov.au
 ☎ 03 5672 4755
 📍 26 McBride Ave, Wonthaggi 3995 and 51 James St, Pakenham 3810

Authorised by Brian Paynter, 26 McBride Avenue Wonthaggi 3995

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The Waterline News - September

FROM THE EDITOR'S DESK



It's Our Birthday

Welcome to the first birthday edition of The Waterline News. Production of this magazine relies on the contributions of a large number of people.

I would like to take this opportunity to thank the following people for their regular contributions over the last 12 months. Betty Caldwell (Author). Chris Chandler (French Island) Antoinetta Gentile (Pets), Viv Hamilton (Earth Garden), Gill Heal (Author), Pam Marshall (Self Sufficiency), Terry Martin (French Island), Bob Middleton (Author), James Middleton (Gardening), Noelene Lyons (History), Amanda Penrose (Koala Hugs), Riahn Smith (The Weekly Times), Michael Sweet (The Gold River Company), Meryl Tobin (Poetry & writing), Catherine Watson (Bass Coast Post), Kelvin Wilson (Poetry & writing) and www.oversixty.com.au (Recipes).

I would also like to thank the proof reading team, and webmaster, who wish to remain anonymous, without them there would be no Waterline News.

Thanks also to our printers, Vibe Printing, from Cowes who do such a great job getting the magazine out on time every month, thanks Galatea.

Many thanks also to our regular advertisers, see Page 9.

Distribution Area:

We distribute 1150 copies each month through Lang Lang, Nyora, Loch, Kernot, Grantville, Corinella, Coronet Bay, Bass, San Remo, Cowes and French Island.

We also send out almost 200 copies by email and all editions are available on our website

www.waterlinenews.com.au

If you would like a copy emailed to you each month, are interested in become a distributor, or would like to advertise contact us now.....

editor@waterlinenews.com.au



GRANTVILLE & DISTRICT RATEPAYERS & RESIDENT ASSOCIATION

2015 Committee

President Kylie Slink
Vice President Kat Cox
Secretary Kathleen Hopkins
Treasurer Sylvia Harris

General Committee Members

Chris Cox, Ilse Smidt, and Julie Bartolo.

*****NEXT MEETING*****

Friday, September 18th

See Waterline News facebook page for updates

5.30 and 7.30pm Grantville Hall

PIONEER BAY PROGRESS ASSOCIATION NEWS

My inspiration for this month's column comes from a most unlikely ally.

"You're Australian. Stand up. Fight!- Bob Katter"

It comes from a 60 Minutes story regarding a farmer fighting to get their land back after the ANZ made it virtually impossible to maintain their former Landmark loans.

What probably many of you wouldn't realise is this is why I started on the Pioneer Bay Committees and others in the area. We're not an affluent household. We certainly don't earn 'top dollar' in our chosen professions. And yet we, like others, take the time out of our own schedules to FIGHT for our community. (When I say 'we' I mean my husband, and myself).

What many don't see, is us struggling with bureaucratic red tape.

What many don't see, is sleepless nights trying to finish grants or organising events for the community after the kids have gone to bed.

Sure- many are too quick to criticise. I've recently received a slap on the way through in another publication regarding comments I made 3 years ago; it didn't strengthen his argument, but rather served as a reminder to not tweet after a couple of reds! (OMG I am human and DO make mistakes on occasion) It doesn't matter what I've done since, nor prior to making that comment. What I've done for the community before or after. What I've done for the greater region period. Just the point scoring effort of an angry man with tunnel vision- I wish sometimes I had that luxury of tunnel vision!

So when our new playground hit the



Reserve in the last fortnight, I looked on with pride, because I knew- I argued we were up for renewal of this equipment; I was told they 'didn't have the budget', then they found it. I am more than happy for the community to vote for it- as it should be. And watching a group of children playing on it, revelling in it- it was worth it... warts and all... for daring to step into public life... it is WORTH it.

Zena Benbow

Pioneer Bay Reserve.



LOCAL POLICE NETWORK

San Remo Police, Station Commander Bruce Kent.



DISTURBING

Police from the Bass Coast Highway Patrol Unit intercepted a vehicle whilst patrolling the Korumburra area last Friday night.

A 55 year old male driver underwent a breath test and returned a B.A.C. reading of .191.

His licence was suspended on the spot and his vehicle was impounded under the new amendment to the Road Safety Act which was introduced on the 1st of August this year.

Wonthaggi Police attended a collision at Agars Road, Coronet Bay at 5.50am on Saturday morning after the 55 year old male driver lost control of his vehicle and collided with a house fence and into two parked cars. The driver was conveyed back to the Wonthaggi Police Station where he failed a breath test, returning a reading of .167.

He was also interviewed for possessing LSD.

The male's licence was immediately cancelled and he was charged and bailed to appear at the Korumburra Magistrates' Court in November with numerous driving and drug offences.

"The message is clearly not getting through to some members of the South Gippsland community as this was the 4th drink driver detected in the last week over .15."

31.8.15

Glenn BIRT | Acting Senior Sergeant 31580 | Wonthaggi Police Station

**Emergency Dial 000
www.police.vic.gov.au**

THE WATERLINE NEWS
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Email: editor@waterlinenews.com.au
Website: www.waterlinenews.com.au
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ADVERTISING RATES

Small	6cm x 6cm	\$ 17.50
Small 1.5 (Bus Card)	6cm x 9cm	\$ 26.00
Dbf Small	6cm x 12cm	\$ 35.00
1/4 Page	9cm x 14cm	\$ 50.00
1/2 Page	18cm x 14cm	\$ 80.00
Full Page	18cm x 28cm	\$ 120.00

Email: editor@waterlinenews.com
Advertising Deadline 1st each month

Community Diary & Notes



Community Diary

If any group you are associated with has an event coming up don't forget to let us know. Deadline for all notices is the **first of each month**. The Waterline News is distributed and available online approximately the 15th of each month. editor@waterlinenews.com.au

St Georges Cent Night

Corinella hall, Smythe St
Corinella.



Friday October 2nd, 5.30pm start,
\$20 per head, 3 course meal
lots of fun and prizes.

BYO drinks

Limited tickets. Book early
Tickets at Corinella OP shop
or phone 56780798

Seeking
customer
feedback on
water and
sewerage
services



Westernport Water residential customers will be contacted over a period of two weeks for a telephone survey on behalf of three Gippsland water corporations – Westernport Water, East Gippsland Water and Gippsland Water. The customer satisfaction survey is being carried out by AFS and Insync Surveys between 8 and 24 September. Designed to last no more than 10 minutes the survey is seeking information from 400 customers from each of the corporation's service areas. Westernport Water's Managing Director, Peter Quigley said "These surveys perform an essential role in helping us gauge how well we are performing and how we can better meet our customer and community needs. We value customer feedback and are seeking information on a variety of issues ranging from quality of service, affordability and future priorities. "This is the second year running that the three water corporations have come together for a joint survey, this will result in a significant saving for each business. "The Gippsland water corporations established a strategic alliance two years ago and this is another good example of how we can save time and money by working together, said Mr Quigley."

If you have any queries regarding this survey, or would like to be listed on the "Do Not Call" register, please contact Westernport Water on 1300 720 711.

Sat-Sun, Sep 19-20, 9am-5pm

Inside the Brick: LEGO model & construction play expo, Wonthaggi North Primary School. Discover the magic of building and join Inside the Brick for an exhibition of models made from thousands of LEGO Bricks, a large hands-on construction play zone and sets for sale. Staggered entry sessions to avoid over-crowding. Includes a special session at 9am on Sunday for families impacted by autism spectrum disorders with low volume music and announcements, and reduced visitor numbers. Tickets: \$10 adults, \$8 children 3-17 and concession. Proceeds to help children with autism & aspergers.

Tickets: <http://www.trybooking.com>

Saturday, October 24

French Island field day and mainland tour: Diversity and benefits of native vegetation within an agricultural landscape. French Island Landcare Group. Ferry leaves from Cowes at 8.25am. RSVP to Lisa by October 7. l.wangman@basscoast.vic.gov.au, 5951 3329 or 0409 366 914

Until October 30

From The Fire: A selection of artworks made by people who experienced the Black Saturday bushfires in 2009. This exhibition captures the destruction by the fires and the emotional aftermath, with a focus on the impact of trauma. Artists include Wonthaggi's Werner and Ursula Theinert. Melbourne University's DaxCentre.



South Gippsland Arthritis Support Group

Coffee & Chat 1st Monday of Month 6-8pm, Leongatha RSL OR
1st Tuesday of Month 2-4pm,
Korumburra Indoor Recreation Centre

Cost: Gold Coin Donation. For more information please contact:

Adam: 0408353785 /

phomdin2@bigpond.com

Marg: 0417 154 057

or Diane: 56581443

RMIT University/Western Port Seagrass Partnership (WPSP) Social Research

The purpose of our research is to identify the varying attitudes towards mangrove restoration projects within the community of Grantville, Victoria. It is well documented that communities maintain a range of differing opinions toward mangrove forests, but due to numerous on-going rehabilitation projects within the Western Port region, the need to obtain local data has become pertinent.

If you are from the community of Grantville, Victoria and are interested in voicing your opinions/concerns of mangrove rehabilitation sites, we would love to hear from you.

Please send us an email to s3401951@student.rmit.edu.au and we will be in contact with you soon.

BAPTIST CHURCH ON THE MOVE

The Baptist Church is no longer at the house at 1493 Bass Highway Grantville. The Church is meeting at the Op Shop on Sunday afternoons at 4.00pm until they both make the move to a factory in Grantville.

Final arrangements were being made as we went to print and we should be able to bring you all the details in the October edition.

Enquiries in the interim to Pastor Ilse McDonald **0402 065 852**



Nurse Practitioner

DG Nurse Practitioner

Grantville Transaction Centre

Cnr Bass Hwy & Pier Rd

Grantville, 3984

Hours

Mon-Fri 8:30-4:30

Bulk Billing

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For appointments phone

5616 2222

or

0467 841 782

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Skin Checks
Women's health
Ear syringing*
Suturing*

Community Directory



Send us your Community Group
Notices by 1st each month
editor@waterlinenews.com.au

Australian Red Cross

Woodleigh Vale Branch
Members meet in each other's homes on
2nd Thursday of Feb, Apr, Jun, Aug & Oct.
Contact Sheila Campbell 5678 9210

Bass Coast Community Baptist Church

Meets Sundays 4.30pm at the Op Shop.
OP SHOP open Mon-Fri 10am-4pm,
Saturday 10am-1pm
Contact for service details.
Pastor Ilse McDonald 0402 065 852

Bass Coast L2P Learner Driver Mentor Program

Wonthaggi - Corinella
The Bass Coast L2P Program now has a car
at Corinella & District Community Centre.
For further information contact:
Veronica Dowman 5672 3731 0467590679

Bass Valley Community Centre

Mon-Thur 9am -3.30 pm
Friday 9am-3pm
Op Shop open 6 days Monday - Saturday

Bass Valley Friends of the RSL

Secretary Janet Welch 0411 446 129

Bass Valley Landcare

2-4 Bass School Rd, Bass 5678 2335

Bass Valley Lions Club Op Shop

Situated at the Grantville Garden Supplies
Open 5 days Monday-Saturday 5678 8357

Corinella & District Probus Club

1st Wednesday each month except January
Bert Allison 0407 339 243

Corinella Bowling Club Inc.

Saturday Triples May until August
Wednesday Coaching and roll up at 10am.
BYO Lunch
Patti Scammell 5678 0191

Corinella & District Elderly Citizens Club

Monday & Thursdays at 1.00pm
Corinella Hall
Margaret 5678 0716

Corinella & District Men's Shed & Woodies Group

Located in Corinella Road between Bass
Valley Primary School & JLM Pre School.
Contact Secretary: Jim 5678 0930

Corinella Foreshore Committee

Contact Barbara Oates 0427 780 245

Corinella Playgroup

Now at the Coronet Bay Hall
0-4 year olds Friday 10.00am -11.30am
Free play, activity centres, story & song
time, sensory & art activities.
\$3 per family plus a piece of fruit to share.
All children MUST be accompanied by their
parent or carer.
Christine Keeble 0413 837 597



Coronet Bay Playgroup

children 0 - preschool - Coronet Bay Hall
Mondays 10am - 1pm \$2 per family
Please bring a piece of fruit per child to
share at morning tea, coffee & tea supplied
for parents.
Craft Toys Playdough
Sandpit Songs Friends
Contact: Ann 5678 0341

Coronet Bay Adult Social Club

Tuesday 7-10pm Coronet Bay Hall
Ann 5678 0341

Country Women's Association of Vic inc. Bass Group.

Coronet Bay Margot 409 559 043
Cowes Lorraine 5952 2165
Glen Alvie Libby 5678 3280
Grantville Annie 5678 8037
Lang Lang Aleeta 0419 525 609
Loch Val 5659 4268
Woodleigh Vale Carol 5678 8041



Grantville & District Ambulance Auxiliary

Contacts - Anthea Chester 0407 457 642
or Jane Hendtlass 0409 386 152

Grantville & District Business & Tourism Association

President Neroli Heffer 5678 8548

Grantville & District Ratepayers & Residents Association

Secretary Kathleen Hopkins 5678 8327

Grantville & District Foreshore Committee

Roger Hayhurst 0416 061 400

Grantville Recreation Reserve Committee

Neville Goodwin 5657 7245

Grantville Tennis Club Inc.

Contact Pat Van 5997 6221

Pioneer Bay Progress Association

Zena Benbow pbpa@bigpond.com

St Pauls Anglican Church Bass

12.30pm every Sunday
Rev Greg Magee 5952 2608

St Georges Anglican Church Corinella

1st Sunday each month 11.00am
Other Sundays 9am
Free Community Lunch Corinella
Community Centre Second Friday
Op Shop open Mon, Thur, Fri 10am - 2pm
Saturday 9am- 12.30pm

The Probus Club of San Remo

Second Monday of the month (except
January) 10am at the Newhaven Public
Hall. Visitors Welcome.
Enquiries: 5656 6581

U3A Bass Valley

Courses offered:
Book Club, Bush Painting, Creative
Writing, Gardening, Get Creative,
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Imagination, Tai Chi for Arthritis and more.
www.u3abassvalley.com

Heather White 5997 6323
(PO Box 142 Grantville 3984)

U3A TAI CHI

Why not give the U3A Tai Chi for Arthritis
a try? Coronet Bay Hall 9.30am Tuesday
Gentle exercise, good company and a cuppa.
Further information:
Laura 5678 0884 -or- Vicki 5678 8734



Around the Markets & Op Shops

MARKETS



Every Sunday

Kongwak Market 10am - 3pm

Retro stalls, food, vegetables, coffee, curries
30+ stalls

Enquiries: Jane 0408 619 182

1st Saturday

Archies Creek Indoor Market

Community Hall

Enquiries: info@archiescreek.com

2nd Saturday

Coal Creek Farmers' Market

Coal Creek Community Park 8am - 12.30pm

50+ stalls

coalcreekfm@hotmail.com

Contact for information 0459 629 000

Cowes Island Craft Market

102 Thompson Avenue, 9am - 2pm

In the grounds of St Phillips Church

60+ stalls Make, bake and grown goods and produce.

Contact for further details 0412 710 276

4th Saturday

Churchill Island Farmers' Market

40+ stalls. 8am - 1pm

peter@rfm.net.au

Further Information 0439 364 760

Cowes Market on Chapel

Chapel Street. 8.30am - 2pm, 30+ stalls

Further information-contact 0428 603 043

1st Sunday

Jumbunna Bush Market

Jumbunna Hall

Further information, phone 5657 3253

Koowe Community Market

Cochrane Park, Rossiter Rd 8am - 1.30pm

Indoor/outdoor Phone 0418 289 847

Email: info@kooweemarket.com.au

2nd Sunday

Rotary Club Market Wonthaggi

Apex Park 8am - 1pm, 50+ stalls

Walk to nearby Make it - Bake it Market

Contact: Neville Goodwin 5672 7245

Or Garry Sherrick 5672 5812

2nd Sunday continued

Loch Lions Village Market

May - Sept Loch Public Hall

Oct - April Loch Railway Station Park

70 + stalls

Information from Noel Gregg 5627 5576

or Market day phone 0418 500 520

3rd Sunday

Inverloch Farmers' Market

The Glade, Esplanade, 8am - 1pm

50+ stalls

Information: peter@rfm.net.au

Or Phone 0439 364 760

Tooradin Sunday Market

9am - 1pm

Stallholders wanted, \$20 includes 1 sausage & bread breakfast per stall.

All Market Enquiries: 0429 188 280

4th Sunday

Grantville Variety Market

Grantville Recreation Reserve

Bass Highway, Ample parking.

Weather permitting, Third Sunday except

December which is the third Sunday.



8am - 2pm 100+ stalls

BBQ & Sausage sizzle, Coffee Cart, indoor and outdoor, cake stalls plus plenty of home made goodies.

Contact for further details 5997 6221

Last Sunday of each month

Inverloch Community Farmers' Market

The Glade, Esplanade, 50+ stalls

Fresh produce grown and made in Gippsland.

Email:

info@inverlochfarmersmarket.com.au

or Phone 0417 370 488

2nd Friday and Saturday each month

San Remo Cuppa and Chat Market

St. Augustine's Church

Marine Parade San Remo

Hosts a Cuppa and Chat

Market every month on a

Friday and Saturday.

Friday 9am - 1pm

Saturday 9am - 12noon

10+ stalls

Bric a brac, cakes, & jams Friday, plus a

sausage sizzle on Saturdays.

Further Information: 5678 5386



OP SHOPS

Bass

Bass Valley Community Group

Hadden House Op Shop

Next to Bass Hall, Bass School Road

Monday to Friday 9am - 3pm

Saturday 10am - 2pm

Phone Enquiries 5678 2277

Corinella

St George's Anglican Church Op Shop

Smythe Street Corinella, next to Church

Monday, Thursday, Friday 10am - 2.00pm

Saturday 9.30am - 12.30pm

Grantville

BASS COAST COMMUNITY BAPTIST CHURCH OP SHOP



Open:
Mon-Fri 10am-4pm
Saturday 10am-1pm

Bass Highway, Grantville

Phone

5678 8625

Contact for Church & service details

Pastor Ilse McDonald

0402 065 852

Lang Lang

Lang Lang Community Op Shop

12 Westernport Road

Monday - Friday 10am - 3pm

Saturday 10am - 1pm

San Remo

Bass Coast Community Health Op Shop

Back Beach Road.

Opening times and all enquiries to Bass

Coast Health on 5671 9200 or Email:

info@basscoasthealth.org.au

Community Halls for Hire

Archies Creek, Mez Oldham 0415 445 215

Bass Valley Community Hall 5678 2277

Corinella, Paula Clarke 0418 441 046

Coronet Bay, Des Burgess 5678 0154

Dalyston, Dorothy Slade 5678 7334

Grantville Hall, Pat Van 5997 6221

Kernot Hall, Barrie Stewart 5657 7336

Loch Public Hall, Grieg Barry 0419 358 628

Kilcunda Hall, Marion 0404 135 434

Newhaven Hall, Noel Street, 5956 6122

Rhyll Hall, Ring Gen Store, 5956 9205

Woodleigh, Marilyn Hayes, 5657 7293

More Community News

Kids Activity Zone Free kids craft activities
Sack races * 3 legged race * egg & spoon * Showbags
Heaps of Raffle Prizes drawn throughout the evening
---- 3 tickets for \$1 ----

Lang Lang Primary School Twilight Market

Scentsy Cold drinks
Over 25 Plus stalls Sausage Sizzle

Face Painting Friends of the Poowong Swimming Pool
Tarot card readings
Plaster Painting Plant Showbags
Sun Catchers Maquillo Show Animals
Handmade crafts
Chocolate & Lolly shop
Jamberry Nail wraps

Friday 27th Nov 5-8pm
Giant Slide
Come & have your photo taken with Santa
3 prints for \$10 The Purple Iris cafe
Photos can be collected the following week

Cnr Westport Rd & James St, Lang Lang
*held around the back of the school near the oval, follow the balloons!
For all enquiries Caroline 0407 596 425 carolinevandolderen@gmail.com

*****WEATHER PERMITTING*****

BASS VALLEY COMMUNITY GROUP Inc.

Bass School Road Bass
Centre Manager
Roderick McIvor
Phone 5678 2277



We have got the end of the financial year all sewed up and tidied away. We have had the independent review of our books from the accountants. All of which means it's time for our Annual General Meeting. At the Annual General Meeting, the AGM, we report back to our community on how we went over the past year, July through June. We have a report available for all those attending that tells what money we received over the year and what we spent. The document also includes reports from our President, Treasurer and me, the Centre Manager. The reports detail what has been achieved over the past year, what worked and what didn't. But more than all that, the AGM is a great opportunity to catch up with everyone who has any interest in the Bass Valley Community Group Inc. Everyone is welcome, whether you are a member or not. Thursday evening at 7:00 on 1 October, we'd love to see you then. And if you'd like to become a member, we will have application forms on the night. If you are already a member, we will be looking for new members of our Committee of Governance. Application forms for the Committee are available from our office. If you are interested, give us a ring on 5678 2277.

We still have places available in our Occasional Child Care. So if you are looking for child care for children between nine months and five years old on a Tuesday, Thursday and/or Friday, it would be great to see you. As Spring starts to finally happen down along the Waterline area, many will be doing their Spring cleaning. If that could be you, please give some thought to directing any of your no-longer-used bits and pieces to our Hadden House Opportunity Shop in Bass. We are very reliant on the shop to support the services we run. Any clothing, household bric-a-brac, furniture in good repair would be very welcome. The shop is open 9-3 week-days and 10-2 Saturday.

And finally for this month, don't forget that our shopping bus can be booked for shopping expeditions to Wonthaggi on Tuesdays and Fridays. There are a number of people who live in isolated circumstances or simply cannot afford to keep a car going who take advantage of the bus. It will pick you up from your home in the Waterline area and deliver you back home with your shopping or after your medical appointment. At \$15 for the round trip, it's cheaper than a taxi. Running door-to-door means it's more convenient than V Line. Just ring us, 5678 2277.



And as a final word: Congratulations to the Waterline News on its first anniversary.

Corinella & District Community Centre

Spread your wings and fly with us



Adult and Community Education
Neighbour House

- Computer Classes
- Art and Craft Classes
- Communication Classes
- Strength Training for Seniors
- Support for Community Groups
- Public Internet Access
- Community Food Pantry
- Photocopying, faxing, scanning and laminating
- Health Services and Medical Room
- Workplace Accredited Training
- Venue for Hire
- Waterline Community Bus for Hire

www.corinellacommunitycentre.org.au
Call: 5678 0777 E: coord@cdcc.asn.au
48 Smythe Street, Corinella
Office Hours: 10am - 4pm (Monday to Friday)

LANG LANG COMMUNITY CENTRE

Public Internet Access to all members.

Ipad Tuition.

Lifestyle classes including: Yoga, Pilates, Cardio, Walking group and Line Dancing.

Playgroup and Hey Dee Ho for the littlies.

A variety of Patchwork groups.

Men's Shed Group.

Secretarial Support Services including: Photocopying, typing and scanning.

Book Exchange

Small offices for hire

Centrelink Agent with dedicated computer.

Medicare Claim Service

Please call us, we open @ 9.30am five days a week.

7 Westport Rd, Lang Lang 3984
Contact Coordinators Michelle or Marg

(03) 5997 5704

llcc@langlang.net

WOODLEIGH VALE RED CROSS



The homely atmosphere of the Kernot Store was put to good use on 13 August by members of the Woodleigh Vale Red Cross Branch. The annual Branch conference had come round again all too quickly and it was time for a year's worth of Red Cross activity to be looked at, appreciated and perhaps learned from. It was also a time for hard questions and calls for commitment as various office bearers for the coming year were identified. The future of Red Cross in our neck of the woods is once more assured, as the following members take up their responsibilities and apply the power of humanity in our community:

Chairman	Sheila Campbell
Vice Chair	Yvonne McConvill
Treasurer	Cathy McLeod
Secretary	Helene Hayes
Assistant Sec	Noleen Combridge
Catering	Yvonne McConvill
Branch Delegate	Sandy Ridge
Publicity	Les Ridge

As always, sincere thanks go to every active member of the Woodleigh Vale branch for all of the time and effort that they have freely given. However, a special "thank you" goes to Val Blackmore, as she steps down from the position of branch treasurer after 17 consecutive years.

Les Ridge

Phillip Island Community and Learning Centre



56-58 Church St, Cowes
Centre Manager - Linda Morrison
5952 1131

Email : manager@pical.org.au
www.pical.org.au

Health



WHAT IS FIRST AID

With
Peter Shearer
Paramedic Educator
Grantville
Ambulance Victoria

First Aid is the following :

- PRESERVE LIFE
- PROTECT the unconscious patient
- PREVENT the illness or injury from becoming worse
- PROMOTE RECOVERY

This month's topic is ANAPHYLAXIS

Most people within our community would know of, or have seen a person who has had an allergic reaction, this reaction may have started by eating some food types eg. nuts, being bitten by insects eg: bees, jumping jack ants, or some types of medication.

Allergic Reactions occur after a person is exposed to an antigen (chemical found in the food, insects etc), these symptoms are usually mild, they may include some swelling to the face, hives, localised rash. Anaphylaxis on the other hand occurs upon re-exposure to the same antigen, this exposure breaks down the cells causing a severe allergic reaction which can be life threatening.

Symptoms include Swelling of the face, eyes, tongue, throat (upper airway is compromised), difficulty to talk, Shortness of Breath, Vomiting, Hypotension (Low Blood Pressure) Dizziness, Rash, Collapse, Respiratory Arrest.

ACTION

Lay person down, if breathing is difficult allow them to sit upright.

If they have an personalised adrenaline autoinjector give this (instructions are with unit), and CALL AMBULANCE.

IF NOT, CALL AMBULANCE on 000 and follow the call taker's instructions.

TURN ON YOUR OUTSIDE LIGHT

HAVE SOMEONE MEET THE AMBULANCE OUTSIDE

Grantville Paramedics carry the drug Adrenaline and are available 24 hours a day 7 days a week.

NEXT MONTH SOFT TISSUE INJURIES

KITCHEN CUPBOARD CURES FOR COMMON AILMENTS.

Naomi Cotterill



If illness has struck and you haven't yet managed to get to the chemist, try taking a look in your kitchen. Traditional methods of treating a variety of conditions rely on food, herbs and spices to soothe, relieve and heal. Here are some of our favourites.

Sore throat

Try thyme. This herb contains a chemical compound called thymol, which is a powerful antiseptic. Steep one teaspoon of dried thyme in a cup of hot water for 10 minutes. Strain and add lemon or sugar to taste.

Colds and flu

Try a curry made using chilli and cayenne can help clear out mucous and phlegm from your nasal passages (and tastes delicious as well!)

Bloating

Try cloves. This traditional spice can be used to calm a bloated or irritable tummy due to the eugenol component of the spice. Try adding a pinch of cloves to your dessert or a hot drink.

Mouth ulcers

Try chamomile. A warm cup of chamomile tea is thought to contain inflammation-fighting properties. Make up a strong cup and allow to cool before swilling around your mouth.

Leg cramps

Try tonic water. If leg cramps are keeping you awake, try sipping a small glass of tonic water before bed. Tonic water contains a compound called Quinine, which can prevent muscles from going into spasm.

Bites and stings

Try onion. Rubbing a slice of freshly cut onion into a bee or wasp sting can help reduce swelling and pain while speeding up the healing process.

Urinary tract infection

Try cranberry. Drinking a glass of pure cranberry juice or taking cranberry tablets has been shown to be effective against the activity of E. coli, the bacteria responsible for cystitis.



Grantville Medical Centre
2/1524 Bass Highway,
Grantville

For Appointments Call
(03) 5678 8029

Hours

Mon - Fri 9.00am - 4.30pm
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Thank You

As part of first birthday edition, we would like to thank our regular advertisers, most of whom have been with us from our first edition.

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- Yogi Bear's Lawn Mowing Service

Without your continued support there would be no Waterline News.

Thank You.

HIGHLY RECOMMENDED

Vicki Villella has been running the Coal Mine Cafe for 2 1/2 years. In that time it has built up a great following of regular customers. Vicki told us "We have 4 casual staff and myself. The volunteers, known as friends of the mine operate the souvenir gift section. Both the cafe and the souvenir section are open **7 days a week**. Opening hours are **10 am to 4.30 pm** every day. The cafe offers very affordable meals, snacks and drinks. We offer Devonshire tea, mine burgers, fish and chips, bacon and eggs on toast and much more good old fashion cooking at its best. We also cater for vegetarians and gluten free. Home made cakes, biscuits and slices. Old fashioned milkshakes and spiders, pots of tea, cappuccino etc. We believe in value for money, great friendly service and generous portions. We cater for probus groups, senior citizens groups, schools and more. Need somewhere to hold your Christmas party or other special occasions? Why not give us a go. Happy to give you a quote on your requirements. Plenty of parking, easy access to the cafe (no steps) We are located at the Wonthaggi State Coal Mine. 19-34 Garden Street Wonthaggi.



Sit inside, or out.

Functions catered for.



Give Vicki a call

LETTERS

Tradies

I have a big lump on my forehead! It's caused by banging my head against the wall. It all started when the little knob on the shower which converts the bath tap to the shower, went all wobbly. I wondered if I should keep the 'shifter' handy in case I flooded the joint! Phoned a plumber I had previously used and told him of the problem. "Oh yes" was the reply "I'll be there next week". That came and went & I thought, perhaps he's sick! I've had 70+ years developing patience but last Friday I again rang the plumber. "Oh yes - you rang a while back - can't talk right now I'm driving - I'll ring you back" I asked if he was sure he would ring me back and did he have my number. "Oh yes" he replied. GUESS WHAT.....

I wonder if we should start a "Who has been ripped off this month" column - you better believe it!!

To said plumber - I'll tell anyone and everyone how unreliable you are.

Very Angry, Wonthaggi.

(Name & Address withheld)

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Entertainment

GIPPSLAND JAZZ

Sunday September 20
Phillip Island Jazz Club
Ramada Resort, Cowes



2pm - 5pm. Bass Room
The most asked question in regard to jazz is "where will it be in twenty years?". This question may well be answered on Sunday 20th September when the group Jazz Running Wild appears at the Phillip Island Jazz Club.

This group of talented young musicians under the direction of Marina Pollard and supported by the Australian Jazz Museum will provide a great afternoon's entertainment. They played to rave reviews at the Inverloch Festival earlier this year and leader of Shirazz, Matt Dixon (who went through a similar development phase) commented that the future of jazz rested with groups such as this.



Enquiries: Robin Blackman 0432 814 407

Sunday September 27 1.30pm Moe RSL



Moe-Latrobe Jazz Club presents:
The Alan Clark Swing Combo.
Great meals available at the RSL before the Jazz begins.

Enquiries: Bruce Lawn 5174 3516

Saturday October 3

Coronet Bay Hall 7 - 11pm
Coronet Bay UNPLUGGED continues to attract good audiences every 1st. Saturday of the month at 7pm. at the Coronet Bay Hall, Gellibrand street. No matter what style of music you like there will be something to your taste. You can bounce along to rock or shed a tear with heart rending folk, or just have the troubles of the day flow away with beautiful classical

music and poetry. Truly the best value entertainment around, it's just a gold coin to enter and supper is provided.

Sunday October 11
Inverloch RSL 2pm.



The South Gippsland Soc.
Inverloch Jazz Club presents The Streeton Court Big Band.

Meals available in the RSL before the Jazz. Enquiries:
Neville Drummond 5674 2166

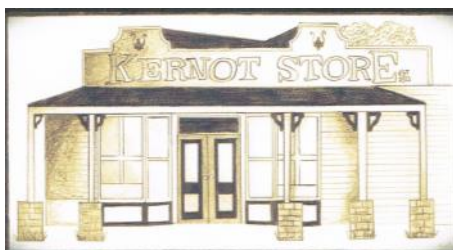
JAZZ ON 103.1 3BBR FM

Hear the All Star Jazz Festival from 7-8pm and Trad Jazz at Oak Street from 8-10pm.....

Thursday October 1
Thursday October 29
Thursday November 26



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For details on who is performing and to book a table:

Call Julie on 5678 8555

WIN A CD

For your chance to win a fabulous Australian Jazz CD featuring some of the best known Australian jazz musicians, simply send your name and address on the back of an envelope to PO Box 184 Grantville, 3984, or email: Win A CD to



editor@waterlinenews.com.au

Congratulations to Phil Capper from Coronet Bay who is our August CD winner. Your CD is in the mail



NEW RADIO STREAMING



Phillip Island App Radio



Phillip Island App Radio, a community based radio App that is now available to download in Google play and the App Store, or visit their webpage:

www.phillipislandappradio.com

How to get it:

1. Android phones download app through Google Play/

Apple available soon—you can still listen to our broadcasts through our Facebook page or website.

2. Top and bottom banners is radio, which consists of two channels - Business Interviews and Live Broadcasts (which include events, competitions and offers).

3. Centre banner consists of local businesses. Scroll through and tap individual banners to visit their Facebook or website page, enabling you to call business direct.

The company's main focus is a web based broadcasting app created for the community and for local business use, for awareness, advertising or live event broadcasting.

Through their innovative processes they have worldwide coverage and their aim is to deliver those benefits to support their clients and community groups through their broadcasts.

This new venture is supported, created and delivered by locals.

Phillip Island Jazz Club President, and Jazz Festival Director, Robin Blackman is presenting a Jazz program on the new Phillip Island App Radio, every Wednesday night from 6.30pm - 8.30pm. Why not give it a try and send us your feedback?

editor@waterlinenews.com.au

Are you having difficulty tuning in to 103.1 3BBR-FM?

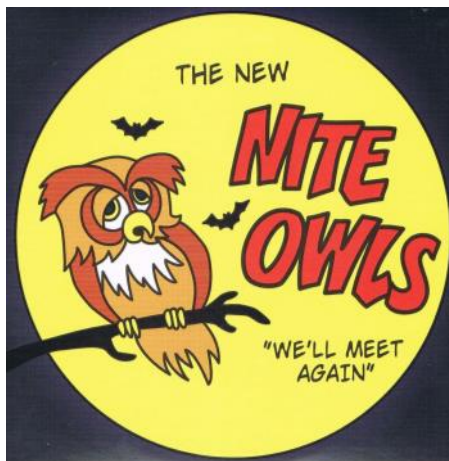


West Gippsland Community Radio Inc.

You can now hear your favourite programs through our streaming service. Find the link at:

www.3bbfm.org.au

THE NEW NITE OWLS CD



Most traditional jazz fans have a high regard for Hugh De Rosayro, trombonist, singer band leader, expert on music of New Orleans and all round nice guy. Many will also be aware that Hughie had a bout of illness recently but will be relieved to know he is recovering well and getting stronger every day. As part of the process he decided to stand down from the band he had led for 30 years.

Hughie originally started the band in the 1980s as the New Orleans Night Owls, best known for its front line of himself on trombone and the legendary Nick Polites on clarinet. The band had much success inspired by the recordings of Jim Robinson and George Lewis. After a 10 year recess the band reformed in 2005 with a new spelling and with Pat Miller on reeds. While honouring its New Orleans heritage, the band began to incorporate wider influences and became a favourite among the dancing public. Their 2006 CD Nite Owl Boogie, showcased the swinging playing of Hugh and Pat backed by a rhythm section of John Morrison on piano, Zac Barter on bass and Phil Dillon on drums.

In the latest version of the band, now known as the New Nite Owls, Hugh has passed the baton to the exciting Rob Moffatt. Rob has most recently deputised for Steve Waddell and his trombone playing has been a feature of Mike McQuaid's Red Hot Rhythm Makers. Isaac "Zac" Barter and John "Doc" Morrison have been with the band for many years and veteran drummer Rochard Opat joined more recently.

With this blend of younger and more experienced musicians, the New Nite Owls have produced a new CD entitled "We'll Meet Again", chock full of great dancing numbers.

Copies of the CD, just \$12.00 including postage are available from:

editor@waterlinenews.com.au

Anyone interested in booking the band can contact Richard Opat on (03) 9528 6841.

Roger Clark

PHILLIP ISLAND JAZZ FESTIVAL Notice Anything Different?



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Jill Boyce (Secretary) 0417 416 300

Postal address:
Phillip Island Jazz,
P.O. Box 867, Cowes Vic 3922

Checking just before going to print, tickets selling like hot cakes so if you want a chance to see some of the outstanding bands that will be playing at this year's festival, ring Jill Boyce now on 0417 416 300



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www.journeyboundmusic.com

Merv was in a terrible accident at work. He fell through a floor tile and ripped off both of his ears. Since he was permanently disfigured, he settled with the company for a rather large sum of money and went on his way. One day, Merv decided to invest his money in a small, but growing telecom business called Plexus Communications. After weeks of negotiations, he bought the company outright. But, after signing on the dotted line, he realized that he knew nothing about running such a business and quickly set out to hire someone who could do that for him. The next day he had set up three interviews. The first guy was great. He knew everything he needed to and was very interesting. At the end of the interview, Merv asked him, "Do you notice anything different about me?" And the gentleman answered, "Why yes, I couldn't help but notice you have no ears." Merv got very angry and threw him out.

The second interview was with a woman, and she was even better than the first guy. He asked her the same question, "Do you notice anything different about me?" and she replied: "Well, you have no ears." Merv again was upset and tossed her out.

The third and last interview was the best of all three.

It was with a very young man who was fresh out of college. He was smart. He was handsome. And he seemed to be a better businessman than the first two put together. Merv was anxious, but went ahead and asked the young man the same question: "Do you notice anything different about me?" And to his surprise, the young man answered: "Yes. You wear contact lenses." Merv was shocked, and said, "What an incredibly observant young man. How in the world did you know that?" The young man fell off his chair laughing hysterically and replied, "Well, it's pretty hard to wear glasses with no ears."



New Engagement Ring

A very excited mother asked her daughter: Well, what happened when you showed the girls in the office your new engagement ring? Did they all admire it? Her daughter replied: Better than that, four of them recognized it.

Food

RECIPES



Michael Sweet from the Gold River Company has sent us a new recipe, created for him by Graeme Hennan from Beand Café in San Remo.

Vinaigrette

100ml Extra Virgin Olive Oil
2 teaspoons Seeded Mustard
1 teaspoon Honey
6 teaspoons Red Wine Vinegar
1 pinch Smoked Salt & Pepper
1 pinch Chilli Salt
Zest of 1 lemon [optional]



Method:

Place all ingredients in a jar and shake well before you serve.

Note: Apple Cider Vinegar can be used instead of Red Wine Vinegar.

*If you make it the night before all the flavours infuse and it is way nicer!

Zucchini, eggplant, tomato gratin

Irene Harrison



Wow dinner guests with this beautifully presented veggie dish that's easier than you think to make (but don't worry, we won't tell them that).

Serves: 6

Ingredients:

4 tablespoons olive oil
1 brown onion, sliced

1 cup of sliced red, yellow or orange capsicums

1 eggplant, sliced

1 zucchini, sliced

2 tomatoes, sliced

3 cloves of garlic, minced

50g breadcrumbs

2 tablespoons fresh parsley

Method:

1. Preheat oven to 175°C

2. Add two tablespoons of oil to a fry pan over medium heat. Sauté onions until lightly browned, around eight minutes. Add sliced capsicums and cook for five minutes or until softened.

3. Transfer onion and capsicums to gratin dish, spreading evenly at the bottom. Arrange sliced eggplants, zucchinis and tomatoes on top. Starting from the edges, alternate the veggies until you reach the middle.

4. Sprinkle with salt, parsley, minced garlic, breadcrumbs and remaining olive oil.

5. Cover with foil and bake for 40 minutes or until cooked through and browned.

Banana Zucchini Bread

www.startsatsixty.com.au

Love banana bread

but want a healthier option that doesn't sacrifice taste?

This banana zucchini bread is what you've been looking for!

Makes 8-10 servings

Ingredients

3 tbsps unsalted butter, melted (plus more to grease)

3 tbsps coconut oil, melted or olive oil

2 1/2 cups whole wheat pastry flour

1 cup whole cane sugar

1/2 tsp sea salt

1 tsp bi-carb soda

3 very ripe bananas, mashed

1/2 cup grated zucchini



1/4 cup buttermilk

2 large eggs, at room temp

1 tsp vanilla extract

Instructions

Preheat oven to 180 and butter a 23cm x 13cm (mine is slightly smaller) bread tin. Add mashed bananas, zucchini, buttermilk, eggs, melted oils and vanilla to the mixer bowl and mix until well blended.

Add flour, sugar, salt and bi-carb soda and mix until just blended.

Pour batter into the tin and bake for 50 to 60 minutes or until golden brown and a knife inserted into the centre comes out with moist crumbs attached.

Cool for 10 minutes in pan. Use a knife to loosen the edges of the bread from the tin, if necessary, and remove from tin.

Let cool on a rack before cutting into slices.



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French Island News



The French Island News

FRENCH ISLAND COMMUNITY ASSOCIATION

French Island Community Association
Tankerton PO
French Island
Victoria 3921
secretaryfica@gmail.com

EMERGENCY SERVICES

There is no regular police presence or ambulance service on the island. French Island has a Country Fire Authority (CFA). There is one fire engine stationed permanently on the island, next to the Community Hall on Tankerton Rd. CFA volunteers are able to respond to any kind of emergency. Calling 000 is always the best option in an emergency.

NURSE ON CALL

For non urgent health issues islanders may utilise the Department of Health's Nurse on Call service:
Nurse On Call 1300 60 60 24

AMBULANCE SERVICES

Ambulance Membership
Membership Enquiries 1300 366 141 (Mon-Fri 8am-8pm, Sat 9am-5pm). Membership is advised as Air Ambulance is used from the island. If local support is required ask Ambulance to request CFA support on the island.

FIRE PLANS

All bushland residents should have a personal fire plan. The French Island CFA hosts annual information sessions which give concrete advice on this topic. The CFA is also happy to visit individual properties to further aid in the development of fire plans. As for all of Victoria, fire bans and other instructions issued by the CFA should be followed.

POISON INFORMATION HOTLINE 131126

French Island General Store and Post Office

From bread and milk to plumbing supplies, the store provides so many goods and services, we can't name them all here (though we plan to try at a



future date). In the meantime, whether its distilled water for batteries or a fuel filter for the car, ring to find out what's in stock. Newspapers can also be ordered from the store with at least 24 hours notice. 03 5980 1209



Notices for the French Island section of The Waterline News should be sent to:

editor@waterlinenews.com.au by the 1st of each month.



CFA Training Winter schedule

The first Sunday of the month
10am - 12 noon at the FI Fire Station



Come and celebrate
Spring, meet your
neighbours and enjoy
the produce on offer
at

The French Island Spring Market

When: Saturday, September 26
from 10am to 2pm
Where: inside FI Community Hall

Stall holders: Please contact
Glenys at the FI General Store to
book your space.
Cost: \$5 per stall

SAVE THE DATE

French Island's New Year's
Eve Party is on again!



Great family fun at the picnic day races on
NYE afternoon, then 4-piece band "The
Medley Boys" will have you dancing all
night down at the Hall.

Put this in your diary and ask your family
and friends over for a unique Island
experience.

Brought to you by the Hall Committee,
with support from French Island
Community Association.

Related groups:

Friends of French Island

Contact:

Meredith Sherlock | Ph: 03 9770 5229

Address: 11 Raymond Ave, Frankston 3199

Email: heresproof1@gmail.com





FRIENDS OF FRENCH ISLAND NATIONAL PARK
President & editor: Geoff Lacey. Secretary:
Meredith Sherlock (3/11 Raymond Ave, Frankston
3199; ph. 9770 5229; heresproof1@gmail.com)

PROJECT DAYS

The ferry leaves Stony Point at 10.00am.
If you plan to come, please contact Murray
Bourchier on 9876 1410 at least 7 days before the
project day.

Oct 17: Wetland monitoring

Nov 28: Western Port wader survey



Cormorants

Wall Mitchell

Reports on recent Project Days

July 18: Western Port Wader Count

It was a beautiful and calm sunny day, perfect conditions for counting birds. One group went to Tortoise Head while our group went to Rams Island, Mini Inlet and Chilcott Rocks.

We were too early for the high tide at Rams Island, therefore the number of birds was low. A pair of Cape Barren Geese were sitting on a nest and a pair of Caspian Terns had established their breeding territory. A number of Pied Oystercatchers were also seen on the Island.

A pair of Black-shouldered Kites were seen flying over the paddocks at the back of the beach and two hundred White Ibis were feeding around the farm dam.

We had lunch at Mini Inlet and a mixed flock of waders flew in to the south of us. There were 40 Double-banded Plovers, 140 Red-necked Stints and 10 Red-capped Plovers in the flock.

The wader roost at Chilcott Rocks produced a good number of wintering waders. There were a number of Double-banded Plovers, of which several were in full breeding plumage, an indication that their departure for New Zealand is imminent. A good number of Red-necked Stints and a few Red-capped Plovers were counted within the flock.

We regrouped at the Tankerton Jetty and enjoyed comparing notes with the Tortoise Head group. Many thanks to Scott Coutts for his company and providing transport on the day. Bett Mitchell Martin reported that the Tortoise Head group findings included 4 Caspian Tern, 60 Eastern Curlew, 30 Pied and 2 Sooty Oystercatcher, and 3 Ruddy Turnstone. They observed 5 raptor species: 3 Little Eagle, 2 White-bellied Sea-Eagle, 2 Black-shouldered Kite, 2 Kestrel & 1 Swamp Harrier.

August 22: Planting with FI Landcare

Our annual combined activity with French Island Landcare was blessed with perfect weather. Seven FOFI members and a visitor from DELWP joined an enthusiastic and well-organised group of local residents to help restore the vegetation along Tankerton Road between Clump Road and Ten Chain Road. Young and old and in-between got to work to plant an impressive number of Prickly Tea-tree, Scrub Sheoak, Prickly Moses, Manna Gum, Coast Banksia and Tree Everlasting. All the tubestock was grown in Landcare's nursery.

The long row of stakes and (biodegradable) guards at the end of our morning's work inspired a healthy appetite for lunch—homemade soup and bread generously supplied by Alison Pitt at her home. There was a little more planting after lunch and then a leisurely walk back to the jetty. Crescent Honeyeaters were very vocal along the roadside. We now look forward to some soaking rains to give the plants a good start in life. **Meredith Sherlock**



Planting. Photo Richard Boon

The Bar-tailed Godwits. Richard Loyn comments:

From my records that's the first record from Fairhaven since December 1999, when there was a flock of 28 (with the exception of a single bird in December 2010). There was a period from 1984 to 1995 when flocks of Godwits were found at Fairhaven quite regularly, the largest count being of 286 in spring 1988. In summer Godwits are usually in the outer south part of the bay, but in several years they've moved in winter into the inner east parts.



White Ibis at farm

Wal Mitchell

WE NOW HAVE A WEBSITE!

FOFI has moved into the digital age with its own website: www.fofi.org.au. The site will notify members and visitors of our forthcoming activities, provide information about the island, serve as an archive for older issues of FOFI News, and enable us to showcase some of the wonderful photos taken by members. Importantly, the site also has links to other organisations on the island as well as to related groups on the mainland. The website is still being developed and we welcome your feedback.

Meredith Sherlock



French Island
Landcare

Landcare Nursery

Volunteers are always welcome at the nursery on Wednesdays from 10am to noon.

Contact: Terri on 0413 088 527 or
filandcarenursery@gmail.com

WHAT'S IN A NAME?

Usage of the name **Western Port** .

Anwyn Martin sent us this explanation of the often mis-spelt name, Western Port.

Roger Stanley Western Port Name/2008

Western Port is a circular area of water about 32 km across indenting the south coast of Victoria and accessed by an inlet from Bass Strait. It has an area of approximately 52325 ha and its general location is: 38°22'S – 145°17'E.

Mr. George Bass who left Botany Bay in the small whaler rowing boat on a survey trip and seeking shelter from the enormous seas in Bass Strait, entered the inlet in the year 1798.

For the most obvious reasons—it was the most Westerly inlet he had visited—he named it for the Crown as 'Western Port On the South Coast of NEW SOUTH WALES' and presented his drawing known as Bass's Eye Sketch to the British Admiralty.

The Eye Sketch has been reproduced in – The Victorian Year Book and The Victorian Historical Magazine (1917), and also features in two more recent books, 'Frontier French Island' by Ruth Gooch (2006) and 'Mr Bass's Western Port – Whaleboat Voyage', by Valda Cole (1998).

Two islands are within the waters of Western Port, the smaller Phillip Island of almost 100 km² is at the entrance and is joined to the mainland by a road-bridge. The much larger French Island of 170 km² fills most of the remaining area and is not accessible by road.

Confusion

Many people refer to Western Port as: Westernport, which is incorrect.

Folk-lore offers an early explanation for the present confusion in that when the telegraph office opened in San Remo (c.1920) it cost one penny per word to transmit messages. A budget sensitive operator decided that they could reduce costs by 50% if they used Westernport instead of Western Port.

During the 1960's there was a sharp increase in the population of the area with development of heavy and also light industry along the Western coastline. Many small manufacturing industries moving into the locality and without any historical knowledge, but seeking locality identity, registered their company's as: 'Westernport' whatever trading.

To ensure conformity and the maintenance of the historically correct name, the Place Names Committee of Victoria issued the following ruling. 'That the historically correct name of the harbour in question is 'Western Port'. This was adopted by the Bolte Government in 1966.

An entry in the 'Encyclopædia Britannica' has been consistent in its definition of the locality as Western Port.

The current (2011) Australian National Place Names Survey (ANPS) has also recognised the locality as Western Port.

The Mornington Peninsula Shire—the Responsible Authority for the area—is now ensuring that all of their publications use the

historically correct, Western Port as is Tourism Victoria who until recently offered both versions in many of their brochures. It should also be noted that the most recent (2011) Ramsar List (page 6) listing of Ramsar Sites, ensures that the area (listed 15/12/1982) is known as Western Port.

FRENCH ISLAND POET'S CORNER

A second helping of Poet's Corner this month. I am sure nobody will mind another poem this month. As we introduce French Island poet Paula Seymour.



PROGRESS

There is wind on the hill -
Savage wild and triumphant
I reach the place where the trees were
Ugly furrows are the man-made scars
Over the up turned earth –
Yet the wind howls triumphantly
Over a victory that wasn't his.
Resilient branches can resist him no more.
He is the final conquerer!

I miss their shade in the Monday heat;
There is no companionship of swishing branches,
Or mysterious whisper of carpeting grass
There will be no leaves to fall and perform
their restless dance in the eddying wind,
No crushing of leaves underfoot,
Or the warm, damp smell of decay,
No stark forms to drip with winter dew
That sunlight enhances to silver.

The birds have flown
Familiar sounds are gone
The world cannot atone
And furiously whips my face,
Rain lashes my legs
Tangled branches huddle
On scarred earth
Left to die
To make room for man
In his entirety
Of houses and concrete
There is no-one but I
Left to mourn
The fate of the trees

Paula Seymour

Paula has given us a selection of her poems which we will be featuring in the coming months.



French Island

ABOUT KOALA HUGS

Koala Hugs follows the adventures of a flat, koala teddy bear and his family on a small island where there are hundreds of real koalas.

Cast

Flat-bear – A teddy bear

Saffy – A child, Flat-bear's best friend

Koo – A baby, Saffy's sister

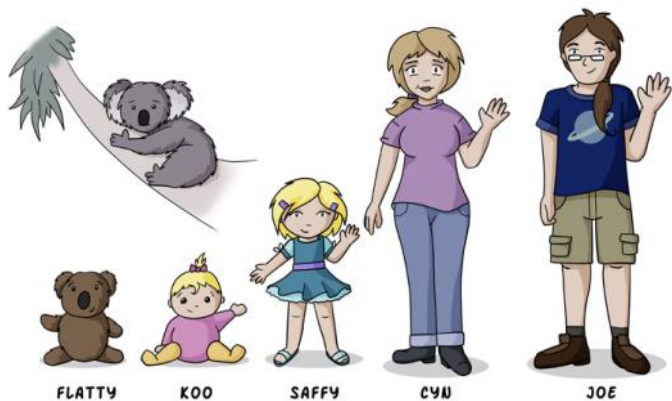
Cynthia (aka 'Cyn' aka 'Mum') – Saffy and Koo's mum

Joe (aka 'Dad') – Saffy and Koo's dad

Koala Hugs is written and illustrated by Amanda Penrose, an Australian artist, storyteller, and web designer.

Send her an email. She'd love to hear from you!

amanda@dd.com.au



FLATTY

KOO

SAFFY

CYN

JOE



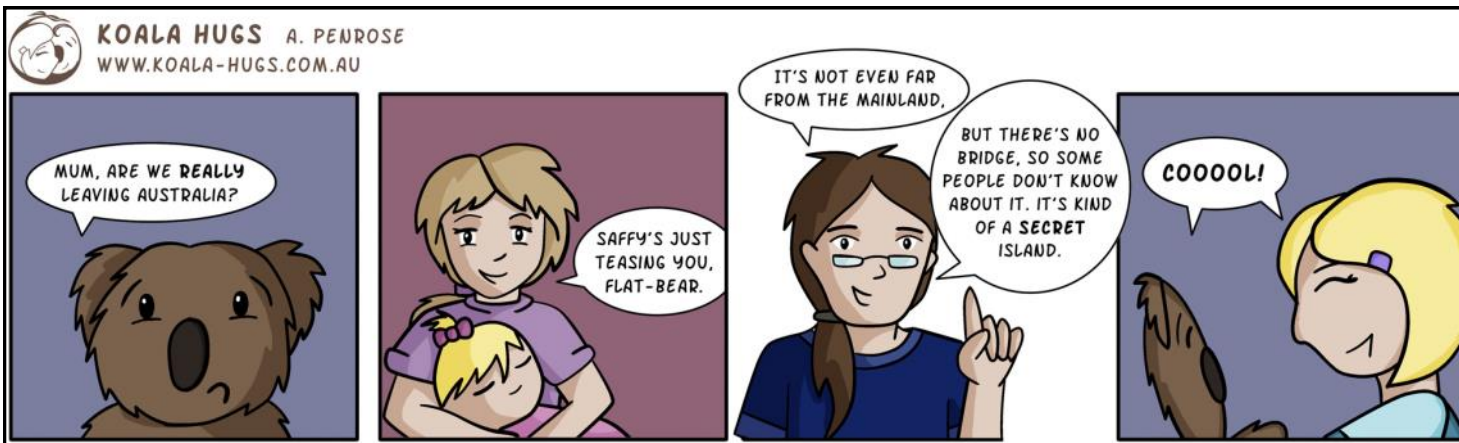
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The adventures of a teddy bear koala on French Island, by Amanda Penrose

#2



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People - Tributes

LAST ORDERS

Malcolm Bain was born to be a chef, and he remained a professional to the end, supervising his last orders from a wheelchair.



Malcolm (Centre) with the Carmelina crew at a Wonthaggi wedding.

Malcolm died on Monday, August 24, a day short of his 47th birthday. Four days earlier, he had been in a Wonthaggi kitchen cooking Indian curries for a function for 40 people. After the last curries and condiments had been dispatched, he went outside for a smoke and then took to his bed in exhaustion. The next day he was taken by air ambulance to The Alfred hospital where he died three days later of multiple organ failure. "The spirit was willing but his body was just worn out," his mother, Annie Bain, said. Malcolm was born with an auto-immune condition and battled ill health for much of his life. Having already survived many serious illnesses, he wasn't afraid of death. He died after a happy period of his life that included working at the Archies Creek pub.

"He loved it," Annie says. "He loved all his jobs. He never let his illness get him down. He was always an optimist. He was always planning the next thing."

His work took him to Sydney, Queensland, South Australia, Melbourne, but for the past few years he's been based back in Wonthaggi, where he grew up.

The owners of the Royal Mail pub in Archies Creek, Liane and Matt Arno, first learned of Malcolm through an article in the Post last July. Liane says it was "a marvellous serendipity" as Trevor, the publican, was looking for someone to take over cooking at the hotel.

She recalls introducing the two men and feeling some trepidation. "Trevor's a great big bear of a man, 6 foot 3. Malcolm was a diminutive fellow who thought of himself as a giant. I looked at them sizing each other up and thought it would never work. But they struck a happy relationship in the end."

Liane and Matt also developed a wonderfully easy-going relationship with Malcolm. What impressed Liane most was his determination. "He was in so much pain but he never admitted it. He just had

this tenacity." She laughs and adds: "By the same token he could be an absolute pain in the neck."

It's a sentiment with which his family and many of his workmates from 30 years of cooking concur. As news filters out, Annie has been receiving calls from around the country from chefs recalling his extreme messiness, his self-belief and his absolute dedication to his craft.

At the Royal Mail, Malcolm jazzed up the pub menu and introduced special events, including degustation dinners. When he had a bad fall and fractured his humerus and pelvis in March, the timing couldn't have been worse: the first degustation dinner was just weeks away and 50 guests had booked.

"Malcolm said I'd have to do it," Liane said. "He'd done a bit of a menu but Malcolm's idea of a menu is spidery writing on scraps of paper covered by orange marmalade and coffee rings. I was supposed to make sense of it. I tried to cobble it all together but I'm no chef. As soon as he was back in the land of the living he was telling me where to buy the ingredients and what to mix.

"All he wanted to do was get back in time for the dinner. That was Malcolm's motivation to get out of hospital. He arrived back in the kitchen in a wheelchair that morning and immediately started issuing orders."

Almost six months later, you can still hear the combined exhaustion and exhilaration in Liane's voice. "Anyway we managed it and I think everybody really appreciated the food." Malcolm's appearance at the dinner that night prompted a round of applause from the dinner guests.

But the fall took its toll. In June, Malcolm had a seizure and spent several weeks in hospital. When he got out, he wasn't well enough to continue cooking pub food but took up catering under the name Grimble's Creative Catering, named for one of his favourite childhood books, Clement Freud's Grimble, about a kid who becomes a chef.

He soon won a council catering contract and dispatched three successful orders, including that last Indian curry lunch.

"They just adored the food," Liane said. Grimble's Creative Catering will live on under the new owners of the Archies Creek pub, John Reid and Amy Wallace.

In a final delicious twist to the story of Malcolm Bain's life, he left both Annie's and Liane's freezers fully stocked, and his own cooking will cater for a celebration of his life later this month.

**Catherine Watson
The Bass Coast Post**

R.I.P ALYS CARSON

1919-2015

Alys Mary Carson was a member of the Bass Valley Community Centre's Friendship Club for the past ten years.



She will be very much missed at the Bass Valley Community Centre. In the past winter months she had found it too difficult to attend the Friendship Club. But kept contact with her many friends there. She was alert and happy to have a conversation right to the end. If NVCC staff had reason to go past her farm in Glen Forbes, they might well see her out on the road in her bright jacket and wide brimmed hat, off to check on her cows or the like.

Alys (pronounced Alice) Carson was born on the 7th March 1919 in Beaufort, near Ballarat and she had 4 younger brothers. Her father was a timber cutter and a champion axe-man. She always loved animals...cats, dogs, geese, ducks, horses and other typical farm animals. She said she was a tom-boy and she and her brothers made their own fun – rabbiting with dogs, walking on home-made stilts and swimming in the dam.

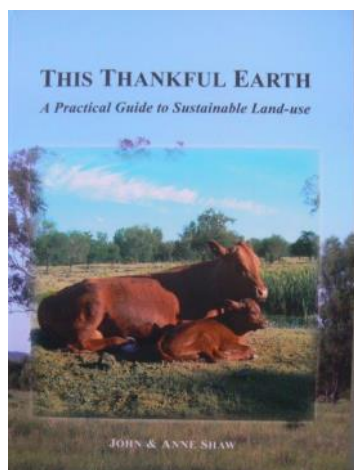
She recalled, as a child, going to the railway gates at Beaufort and waving to the late King George and Queen Elizabeth, then the Duke and Duchess of York, as their train passed by. She always managed to save 6d to buy 'columbines' as a real treat on Christmas Eve.

Alys left school at 14 after completing the Intermediate Certificate, which was a higher elementary school qualification in those days, and attended a business college in Ballarat for 12 months, leaving there to work at Burumbeet-Wyndamere Co-Op for farmers. She studied accountancy by correspondence during those years and left to work in an accountant's office in Melbourne, while living in Richmond with her father's sister. She played tennis during the evenings.

Her husband's family were Scottish immigrants in 1926 and she met her husband Norman, when in her late 20s. This came about when they struck up a friendship after corresponding with him after one of us wrote a letter to the Weekly Times, which had a pen pal page. He lived on a farm at Glen Forbes and that is where we lived after their marriage. They had 3 sons and she still lived on that original property until she died. Norman passed away in 1971.

Roderick McIvor, BVCG

BOOK REVIEW



This Thankful Earth A Practical Guide to Sustainable Land Use. By John & Anne Shaw.

Many books have been written about the deplorable state of Australia's agricultural soils, the degradation of the environment and depleted water supplies. Most of those books have been written by academics, for academics. The few books on the subject by land use practitioners tend to reflect their lack of understanding of the underlying science of sustainable land use.

The writer of this *Practical Guide to Sustainable Land Use* absorbed a sustainable land use ethos at an early age. This was reinforced throughout his high school years and brought to maturity at Gwebi Agricultural College in Southern Rhodesia, where the curriculum was centred around the idea that the sustainable use of land is the only way in which farming can be profitable and satisfying in perpetuity. This has been the driving force of the writer's farming career. Many years of farming experience on four continents, as well as extensive reading and attendance at field days and courses have rounded out the writer's knowledge and passion for the sustainable use of land. This all culminated in the decision to purchase "Carlton", a badly degraded farm in southern Queensland with the stated intention of "restoring it to productivity without spending a lot of money".

The book outlines the strategies, and the reasons for them, which enabled the writer and his wife to bring about a remarkable change in a formerly hostile and arid environment, so that the land was restored to a greater fertility than it had in the virgin state. At the same time, the frequency and intensity of flooding were reduced and, because more water was absorbed into the soil, the effect of dryness was minimised. The book emphasises that there is no simple, universal strategy for the sustainable use of land, because each portion of land is unique, just as each land-user is unique. There is no 'one-size fits

all', but there are universal principles which need to be applied if our use of land is to be sustainable. This involves making the best use of rainfall by ensuring that the soil is capable of absorbing a great deal of water so that it does not run away in a flood, but is absorbed into the soil to provide a pool of moisture for the sustenance of plants, thus reducing dryness. This is best achieved by ensuring that the surface of the soil is always covered with a dense mat of plant material. That is the basic principle. Bringing it about on any particular portion of land will require the land-user to develop strategies for that purpose. The success of those strategies will be dependent on the degree of the land-user's knowledge and experience of sustainable land-use. Hence there is a need for land-users to have a broad education and experience. It would be helpful if governments brought about a scheme for the accreditation of land-users so that the nation's most precious asset is not destroyed.

There is good reason to suppose that, if sustainable land-use strategies are adopted on a national scale, the dreadful round of droughts and floods which affect so much of rural and urban Australia will be reduced, agricultural production will be increased and its costs decreased. Australian agriculture will be better able to withstand whatever extremes of climate are thrust upon it. The book makes a strong case for government, at all levels, to make determined efforts to bring about a restoration of Australia's soils and water, an increased biodiversity which is the key to enhanced soil fertility, and a reduction of floods and droughts. The explanation of how this can be done is based on the programs initiated and carried out by the Department of Conservation and Extension within the Southern Rhodesia Ministry of Agriculture in the 1950s and 1960s. If a small African country could lead the world in sustainable farming at that time, there is no good reason why Australia should not do it in the twenty-first century. The means of sustainable land use are available. The knowledge of how to go about it is available. All that is needed is the will to do it.

The book is available from John and Anne, \$38.50 including postage anywhere in Australia.

It will soon be available as an ebook on Amazon @USD 24.95.

johnandanne47@gmail.com



THE WRITINGS OF E.E (Betty) CALDWELL

PLATITUDE

Come on, old thing. Buck up. Things are never as bad as they seem. Remember that it's darkest just before the dawn.

There's always someone worse off than yourself.

Tomorrow's another day.

There'll be a rainbow around the corner. Now, let's turn over a new leaf. How about a cup of tea and a good lie down? You never know the moment when your ship comes in.

If you'd walked a mile in my shoes you'd know what suffering is!

There's been many a time when I – but enough of that. This isn't about me. It's your misfortune we're on about. And a friend in need is a friend indeed. Let me know any time you need a shoulder to cry on.

Every cloud has a silver lining.

And when you're down in the dumps, make sure your glass is half full – not half empty. Well, I'll be on my way now. Glad you're feeling better.

Keep your chin up – a stiff upper lip – and above all, keep on smiling. Bye bye, Dear. See you again next week. Oh my God! What a bundle of misery she is! Should keep her nose to the grindstone, shoulder to the wheel, best foot forward. But no. She's revelling in her depths of despair. No wonder he's walked out on her. She's not the only deserted wife with five kids. And who knows? Maybe he simply got lost on his way to the bakery. Might still turn up like the proverbial bad penny. But that loaf of bread will be remarkably stale after all this time. Even so, Half a loaf is better than nothing. And she'll manage all right without him. The bonus is no more kids. All in all, I've given old misery guts something fresh to think about so I hope she'll start looking at the world through rose coloured glasses. But right now, I can't wait to get home. My feet are killing me.

E.E.Caldwell. 2012

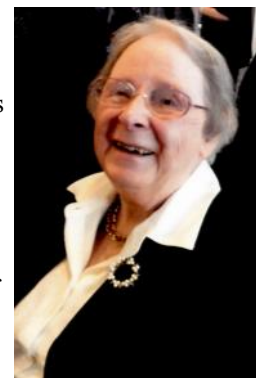
Still to come in Betty's series of writings are:

Humanity (2012).

Blessings (2014),

and

End (2015).



Writing

KELVIN WILSON'S MID WINTER REPORT



The flash of white drew my eyes across the paddocks. White wing tips of the black swans flashing in the bright winter sun as they launched themselves forward, long straight necks reaching gracefully skyward. They have returned to the headwaters of Guy's creek. During the summer it was just paddocks of peas. The late autumn rains have filled the meandering depressions flushing the hoards of insects out of the once dry cracks in the stream bed starting a feeding frenzy with all manner of birds in for their fill. Since then the billabongs lay quiet for a spell until the tadpoles matured and burst forth into a chorus, a cacophony, a timpanic, thundering of frog song.

The winter rains have saturated the paddocks, the morning sun glints in water lying between the tussocks of grass and is starting to runoff into the drains & rivulets. Guys creek is now running but it's usually September before it runs a banker and floods.

The pea paddock has turned into a wetland. The dying pea plants are turning brown while the cape weed is turning into luxurious green mounds of foliage, turning the mechanically neat rows of green peas into a hotchpotch of green and brown with the tyre tracks of the tractors becoming drains. The swans are back with a vengeance. The message has gotten round that there are frogs on the menu. New birds are circling in, lining up for a wet landing.

Today the Bass hills are shrouded in a grey curtain of rain. Here and there, a shaft of light pierces the grey, lighting up dappled patches of land.

We have had a couple of really cold snaps recently. So cold that the front window of the school bus was frozen opaque. You have heard of frosted glass and this really was. One of the other drivers got out his squeegee to wash it off. No joy was found. Went to the tap. It was frozen. The only water was in the dog's bowl. He broke the ice off that, poured into his bucket, dipped the squeegee in and applied another layer of ice to the windscreen. He threw the remaining water onto the windscreen hoping

that would wash it off. No, there was now another layer of ice on the windscreen.

It was 10 years ago, almost to the day that we had a cold snap. On the 10/08/2005 south Gippsland had snow falls on its Southern hills. Korrumburra was just like a Christmas card, kids at play, snowballs and snowmen started to appear.

So is it cold? Yes. Is it winter? Yes. There's an old Scandinavian saying. "There's no such thing as bad weather, just bad (inappropriate) clothing." Remember, this too shall pass. Cheers, Kelvin

Why I live

where I live.....



We moved to Grantville in March of 2014, myself, my partner Lawrie and my sister Shirley, the three of us had bought a property with plenty of room in the backyard as we wanted to erect a self contained unit so that Shirley could have her own space and Lawrie and I could have the house. Before long the unit was built and we had started to settle in. Our new neighbours all seemed friendly and we realised that we had made a good choice in buying at Grantville.

Prior to coming to Grantville we had lived at Upper Beaconsfield for many years but for various reasons we needed to sell up and move so we were looking for somewhere not too far from Berwick and Cranbourne that was reasonably priced and eventually settled on Grantville and it is a move we have had no regrets about.

Packing and moving from Upper Beaconsfield was a bit of a nightmare and quite emotional as the property had been in our family since 1930. Our mother had just passed away and our sister Genny was very ill and in and out of hospital so it was all pretty stressful but now that we have settled in here we couldn't be happier.

We have made some very good friends in our little community and now it feels as if we've known them for years and if we ever had to move we would miss them very much.

We live quite close to the beach and try to

walk there most days, I never get tired of the changing scene as the tide moves in or out or the weather is fine or blustery and stormy. I love to take photos of the beach and the sea in all its different moods.

Judith Green, Grantville.

POET'S CORNER

This month we are pleased to introduce the work of another new poet, Judy Bartosy.



We look forward to more of her work soon.

Judy Bartosy was born and educated in Budapest, Hungary. After the war she lived in Bavaria, Germany before immigrating with her parents to Australia in 1949. Judy began writing poetry in her early teens and co-authored her father's poetry book, written in Hungarian, and published in Melbourne in 1975. She is a member of the Australian Literary Translators' Association, The Australian Association of Multicultural Writers, the Fellowship of Australian Writers and The Society of Women Writers, Victoria. Her first book of bilingual poetry 'Pebbles' was published by the then Society of Women Writers Australia, Victorian Branch in 1990. She was awarded a medal for achievements in poetry, presented by the Australia Day Council in 1991. 'From Silver Pines to Blue Gums', an anthology of poems published in 1997, follows her journey from life in Europe to life to Australia.

FROM SILVER PINES TO BLUE GUMS

Turning back the hand of time,
I see silver pines upon the hill.
Snow covered branches so strong,
Where birds in the spring
Sang my song.

Crimson colour of blood
Lit up the sky around.
Thundering guns, exploding bombs
Killed my song.

Crossing borders,
Finding refuge in a foreign land
Where lilacs still bloomed
In the month of May, and
Cornflowers in the heat of June.

Stateless, still in transit,
When a ship came and carried me
To southern shores with blue gums
And Kookaburras laughing in the trees.

Sometimes I see a lonely pine,
I remember many things,
And I hold blue gum leaf
Lovingly in my palm.

Judy Bartosy

From Silver Pines to Blue Gums. Seaview Press, 1997

MAJOR CHILDREN'S CENTRE DONATION



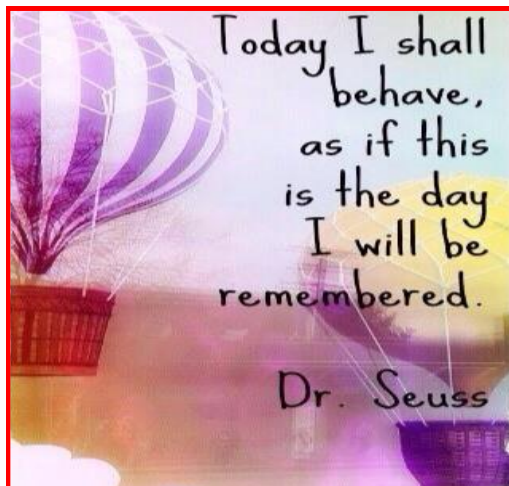
I would like to acknowledge a donation we recently received of \$5,000 from Clare Le Serve!! Clare has been an ambassador for the Bass Valley Children's Centre project and we thank her for this very generous donation and for her continued advocacy and support.

Clare stood as an independent in the last State Government election and her campaign involved a large amount of fundraising. After elections the Victorian Electoral Commission determines if candidates are eligible for reimbursement of some of the expense of standing, based on the number of votes received. Clare was reimbursed and continuing to demonstrate her commitment to local families in our area, she has generously decided to put her election returns back into the community. Clare says "The amount was community raised so I wanted to donate it back into the community. This project is close to my heart too, having parents who struggled when I was growing up and having raised children in the area myself, I know what it's like, and I believe every child should have the best opportunity for a positive outcome and the parents the support that they need. Helping families and children is one of the reasons I stood as a candidate, to wave the flag for our region for more funding for high schools, the children's centre, health services and on environmental issues. I know this money will go towards assisting parents to be able to work and study and have improved outcomes and it will be fantastic to see."

With the help of donations like Clare's we are pleased to announce that the community's contribution amount is now 90% achieved! We will continue to fundraise with events like the junior disco and sausage sizzle on Friday, 18th September and with raffles, our donation tins, and with our crowdfunding campaign. We agree with Clare that there is not a more worthy cause than investing in the next generation. If you agree and can help make a donation towards building a brighter future for local children, we encourage you to watch our video and donate at www.bvcc.org.au/donate - or write a cheque to 'Bass Valley Children's Centre Inc.' and send it in C/O- Christina Keeble, Chairperson, 59 Smythe Street Corinella 3984. All amounts are gratefully received.

On behalf of the community thanks again Clare!!

Christina Keeble
Chairperson **B.V.C Inc.**



Redevelopment of JLM Pre-School site to include childcare options for families (long day care, casual care, before & after school/kindergarten care & school holiday care) for children aged 0 - 12 years.

KIDS ARE COOL

Every child deserves the best start

Bass Valley/Waterline families with children under 12 years
'Like' this page: [Facebook/BassValleyChildcare](https://www.facebook.com/BassValleyChildcare) to follow progress.

KILCUNDA BASS CRICKET CLUB NEWS

The local cricket community is applauding the completion of the safety fence at the Bass Recreation Reserve.

The area from the Cricket clubrooms through to the practice nets was always threatening disaster with the Bass river close by.

The training facility has grown since 2011 with several stages completed over the last 4 years. With community support and the assistance of several successful grant applications, funding was provided by San Remo District Financial Services (Bendigo Community Bank) and Bass Coast Shire Council.

The latest stage was completed with the financial assistance from Bass Coast Shire Council community grants program, Kilocunda Bass Football Club and Bass Recreation Reserve CoM

The newly fenced area also provided the cricket club with the option to complete another practice net expanding the facility to 4 nets.

Coach Andrew Donahue has commenced cricket training for season 15/16. A practice match against Pakenham Upper is scheduled for Sat. Sept. 26th. All info is available on the club facebook page or call President Ray Gardiner on 0409 259 348

Junior sign up day will be held on Friday Sept. 18th at the clubrooms commencing at 3pm. Depending on numbers the club is aiming for Under 12 - 14 - 16's this season. Junior fees \$60 will also comprise of membership for The Stars.

A bus trip to watch a The Stars match will be early in the new year.

Home and away matches start for the seniors on Sat. 10th October. Everyone is welcome for the season opening family night at the rooms.

Barbara Oates
Secretary
Kilocunda
Bass Cricket
Club



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On the road

GOING TO THE CITY?

Take care in car parks and near trams and buses

Pedestrians, especially children and people using motorised mobility scooters, can be difficult to see when you are reversing in a car park. Relying on what you can see in your mirrors is not enough. You need to do a head check to look over your left and right shoulders. If you have a passenger, ask them to look too.

Other road users can act unpredictably, e.g. when approaching a stopped bus or tram be aware that a child may run out from behind or in front of it. Be prepared to take evasive action if necessary.

Following Distance

Often the ability to judge distance and speed deteriorates with age and older people may take longer to react. So, keep a safe distance from the car in front. Under normal conditions, on most roads and highways, you should try to have a two second gap between your car and the car in front where possible. In wet weather and at night, leave a bigger gap.

The way to work this out is to pick a solid object beside the road, such as a post. When the back end of the car in front reaches the object start counting 'one thousand and one, one thousand and two' – two seconds. The front of your car should not have reached this point until you have counted two seconds. If it has, you are too close.

The two second gap should be extended to four seconds in the following situations:

- at night or in poor light
- bad weather conditions such as rain or fog
- when you are tired
- when your vehicle is heavily laden and can't stop as quickly
- when you are towing
- when you are unsure of the road.



EVERY DAY DRIVING TIPS

Keep left

Keep to the left at all times unless overtaking. The right hand lane is for overtaking, or turning right. Use it for driving straight through only if the left lane is obstructed by road works or parked vehicles, or if it is not useable for any reason.

Indicate early

Where practical, use your indicators for at least 30 metres before commencing to turn or change lanes, to tell other road users what you will do.

Drive with anticipation

Expect the unexpected and be aware that we all make mistakes sometimes. The other driver may forget to indicate, or to look to see if you are near by. If you have anticipated this may happen, it will not be a surprise.

We should be driving as a team, not as individuals, be prepared to let the other driver in, rather than blocking them out. Stop at lights or stop signs

When you stop at the lights or at a stop sign, your car should be behind the thick stop line. There are some intersections, where if you stop over the stop line and a truck or bus turns into the street that you are leaving; it will collide with your vehicle.

Plan ahead

Always plan well ahead. Your line of sight should travel parallel to the road, not down onto it. This makes it easier for you to prepare for anything that may happen long before you get there.

Overtaking

Overtaking is probably one of the most dangerous manoeuvres a driver can perform, especially on a two-way carriageway. Quite often the vehicle you overtake is only travelling slightly slower than you are. Make sure that you have enough room to go well past the overtaken vehicle before you move back to the left. Don't cut them off.

Anti-lock braking systems (ABS)

Anti-lock braking systems (ABS) prevent the wheels of a vehicle from locking under emergency braking. They enable steering control with the brakes fully operating,

enhancing the driver's chances of avoiding a hazard.

ABS does not necessarily stop a vehicle in a shorter distance than ordinary brakes. If you drive a vehicle with ABS, still keep the same two-second gap from the vehicle in front. ABS should only be relied upon in an emergency braking situation.

Drive smoothly

Drive smoothly and make decisions early so that you can accelerate, brake and change gears smoothly. It will make your vehicle last longer, cost you less, and it is far more comfortable for your passengers. Rough acceleration, braking, or steering, can easily cause your car to skid.

L2P
LEARNER DRIVER MENTOR PROGRAM

Making a Difference in the Lives of Young Victorians

The L2P program helps 16 - 21 year olds achieve the 120 hours of learner driving experience required to obtain a P-plate licence.

If you have a Learner's permit but do not have access to a supervisor driver or a vehicle due to financial or family circumstances, you are eligible to participate in the program.

You will have access to limited professional driving lessons and be supervised by a VicRoads trained volunteer/mentor to help you obtain your 120 hours driving experience.

This initiative is funded by the TAC and managed by the Wonthaggi Neighbourhood House. For further information contact:
L2P Coordinator: Veronica Dowman
(03) 5672 3731 | 0467 590 679 | basscoast2p@hotmail.com

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Trivia and Lifestyle

QUIZ?

- The Sukhoi 34 was the first fighter plane in the world to have what installed?
- Which city was the first in the world to surpass 1 million inhabitants?
- Which gemstone symbolises a 40th wedding anniversary?
- Which golfing trophy is contested between the USA and the rest of the World Team which excludes European players?
- How many different time zones are there around Planet Earth?
- In mythology, who was Sedna?
- Who wrote the book 'Moonstone'?
- Who was the first Prime Minister of Britain in the 20th Century?
- In which year did Captain Cook first land in Australia?
- Who designed the Italian Flag?
- Which country in the world has the oldest flag?
- Which country claims to have originated the game of Golf, long before it was first played in Scotland?
- Apart from Skiing, in which sport would you find a PISTE?
- As well as Tennis, the All-England Club at Wimbledon covers which sport?
- A dish described as Dubarry contains what?
- Which Greek dish is basically a cucumber yoghurt with garlic, olives and chives?
- What is Gnocchi?
- Poverty Bay, Nelson and Northland are all wine-growing areas in which country?
- Sorbitol (E420) is used in foods for what purpose?
- Who invented the potato crisp?

ANSWERS

1. A Toilet. 2. London. 3. Ruby. 4. President's Cup. 5. 24. 6. Goddess of marine life in the Inuit underworld. 7. Wilkie Collins. 8. Lord Salisbury. 9. 1770. 10. Napoleon Bonaparte. 11. Denmark. 12. Holland. 13. Fencing. 14. Croquet. 15. Cauliflower. 16. Tzatziki. 17. Italian Dumpings. 18. New Zealand. 19. Sweetener. 20. George Crumb.



The Philosopher's Zone



Maybe you have to stop waiting for someone to come along and fix what's wrong. Maybe you have to muster all the strength you have and find the courage to do this on your own. Maybe sometimes you just have to be your own hero and say: "I can do this!"



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Self Sufficiency



FROM WASTE TO WANT

Part 4 of a new Self Sufficiency series.
70 ways to recycle unwanted kitchen waste.

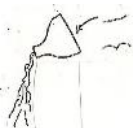
RUBBER GLOVES

1. Cut into strips to make rubber bands.
2. Rubber gloves that are no longer useful for washing dishes due to a small hole or slit, become ideal gardening gloves.
3. The fingertip cut from a rubber glove when placed over the end of a broom handle will prevent handle marks forming on the wall.
4. The index and thumb tips cut from a rubber glove may be used as finger tip covers to aid the sorting and counting of papers.



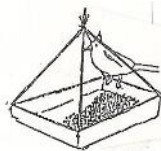
PLASTIC CONTAINERS

1. Plastic bottles not only make excellent storage bottles for drinks, kitchen or workshop fluids, but when cut in half the top makes a funnel. And when cut in half lengthwise they become useful storage trays, seedling containers or water dishes for animals or chickens.
2. Plastic food containers, such as take-away containers, butter and margarine tubs, etc. have numerous storage uses. They are ideal for storing frozen foods, food leftovers, or storing dried fruits, nuts, etc. In the shed or office they are ideal for holding loose smaller-type articles, such as nails, pencils, chalk, etc.
3. Plastic lids from margarine or take-away food containers make excellent bird deterrents when hung around the garden.
4. Don't discard plastic spray bottles (window cleaner type). When rinsed and cleaned they become a valuable asset for all types of jobs involving spraying - such as homemade window cleaner, furniture polish, garden sprayer, etc.
5. Plastic drink cask liners (wine, mineral water, apple juice, etc.) when empty, can be filled with air and used as cushions and supports. In fact when hung in the garden, the shiny movement detracts birds from fruit trees.



seedlings. All containers must have drainage holes inserted. When covered with plastic bags or sheets the generated warmth speeds germination.

7. Ice-cream buckets make excellent small rubbish bins. Decorate with adhesive contact or attractive magazine pictures and line the inside with a plastic shopping bag.
8. Containers of all types - plastic or otherwise - make ideal moulds for jellies, soap or candles.
9. The top section of plastic detergent bottles make an ideal funnel.
10. Leave a few dregs of margarine in the container and place near areas known to harbour cockroaches. The predators will crawl into the tub to savour the margarine, only to find the walls too slippery to escape. By morning you will have snared one or two cockroaches in the margarine container!
11. Plastic tubs and containers make good food and water dishes for pets.
12. Turn a large Styrofoam or plastic meat tray into a bird feeder by attaching string as shown:



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BACKYARD SELF SUFFICIENCY



Our planet is a most beautiful place. Gardens, the countryside, parks – with plants, flowers, trees, birds, insects and animals connect us with that beauty and all-important source of life.

As a culture we have disconnected from our core – the planet.

We've forgotten how to enjoy the pleasures of Mother Earth – to grow fruit, vegetables, flowers, herbs, trees and shrubs for aromatic, aesthetic, healing, flowers, beauty, relaxation and productivity (growing our own). It's an amazing process – a miracle – for which we should be thankful every day. Our very own piece of earth – whether it be a large acreage of farm land or outback station, a country retreat, a suburban backyard or a few plant pots on the balcony – is a precious gift of the Earth – it is, therefore, our responsibility to treat it with the respect it deserves and utilise its virtues to the fullest.

10 Tips for Getting Started

Start the process by just doing a few simple things that help you and your garden reconnect with Mother Nature:

- 1. Plant lots of easy-to-grow plants, trees and shrubs (preferably native)
- 2. Set up a vegetable and herb growing area
- 3. Aim to maintain: Nothing in – Nothing out. Everything from the garden is recycled back into the garden.
- 4. Set up a compost pile (homemade natural fertiliser)
- 5. No Chemicals – chemicals upset the natural balance in the garden. Use natural sprays and fertilisers.
- 6. Use recycled materials in the garden whenever possible
- 7. Manage your water supply
- 8. No burning – it adds to air pollution.
- 9. Keep hens or ducks
- 10. Hang a bird feeder from a tree and install a bird bath and watch the birds feed and play.
- Fill the feeder on a daily basis at about the same time – so that the birds become familiar with the routine.
- Sit and watch while enjoying a tea or coffee – you'll be amazed at the pleasure and fulfilment it brings you.

Pam Marshall

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Gardening and Outdoors



EARTH GARDEN TIP OF THE MONTH

With **Viv Hamilton**

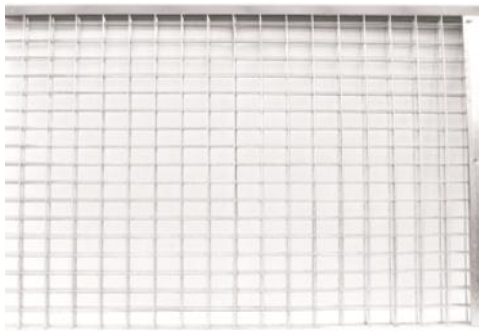
Spring has sprung and it's time to get into some hot

composting. Did you know that almost 60% of landfill could have been composted? Viv Hamilton of Earth Garden has come up with a novel approach with a collapsible, convertible compost bin. This steel mesh compost bin makes it easier for you to compost as the bin can be easily moved to any useful space in the garden instead of relying on the 3 bin system that stays in place. So you can place it over a garden bed which will gain nutrients and important microbes while the compost is working its magic, then move it to another for the next batch. It is sturdy enough to stand on its own without pegs but light enough for one person to carry and can be packed flat and hung on a peg when not in use. It has hinges at each corner and a gate at the front for easy access with your wheelbarrow. At 1m x 1m x 1m it is ideal for hot composting as it can hold up to a cubic meter of future fertilizer. It can also be used as a temporary chicken or guinea pig pen or as protection around young plants and trees. Made locally in Bannockburn by the same reliable steel fabricators as the metal chicken feeder this wire compost bin is built to last. Hot composting is active composting. The difference being that more effort and assistance is required, though you get

compost much faster – as quick as three weeks by some methods, or between one to four months by others. Using a cubic metre of the same or similar mix of organic matter, the pile of compost is turned frequently, giving the microbes oxygen and making it more active. The pile becomes hot (up to 65°C at its peak) due to the activity of the microorganisms, leading to quicker decomposition.

Try this hot compost recipe from Earth Garden's Jackie French.

3 parts weeds, 3 parts leaves, 1 part paper, 1 part chicken litter, 1 part diluted seaweed solution



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Gardening



caterpillars. The scent of marigold flowers puts off caterpillars, so they leave your vegetables that are close by alone. There are a plethora of resources on companion planting online and most nurseries can help you learn what goes best with what. Another organic approach is a trap. Bury a small tin or container at ground level, leaving the top open. Fill the trap ¾ full with beer. The snails will be attracted to the beer and will fall in and drown.

If you have lots of potted plants, especially ones that have been indoors during winter, you may like to seriously consider re-potting them. They will be trying to grow just like all the other plants in your garden. If they have been sitting in the same pot for over a year, there is a strong chance that their roots will have grown as much as is possible. Pull them out, untangle the roots very gently (you don't really want to break any of the roots off) and place them in slightly different, preferably bigger, pots. Basically, the bigger the pot, the bigger the plant can grow, at least until it reaches the normal size range for that plant. Include some slow release fertiliser and fresh, good potting mix to improve the health of your repotted favourite.

Finally, make sure that you stay on top of weeds, especially those that might be trying to pop up in your grass. Hopefully you have followed my advice and mulched your garden, so weeding should be easier. Don't let any weeds that have made it through your mulch take hold, they'll be harder to remove.

Flower Colour: Yellow
Foliage Colour: Green
Growth Habit: Shrub 3m+
Flowering: Spring



The Eucalyptus preissiana is a wonderful smaller variety of Eucalyptus. It doesn't generally grow much taller than 3m in height or width and is often smaller which makes it just the right size if you are looking for a small tree.

Like most of the Eucalyptus plants the preissiana grows best in temperate regions, with limited success in the tropics. The preissiana is also a great choice because it can handle a heavy prune which means you really can trim and shape it to keep it at a size that you are happy with, a real benefit in a suburban garden.

The preissiana will grow well in sand, gravel or clay soils and is best suited to a full sun position. The flowers generally cover the tree at spring time which can look rather marvelous if planted with the right plants around it, lighting up your garden with wondrous colour.

OCTOBER GARDENING TIPS

October is all about getting the most out of your garden in a season where growth is the norm. Hopefully your spring flowers are well into their blooming phase now and will therefore be requiring some food. Another great idea for the month of October is to plant some new plants. With the weather generally warming up around Australia, the soil temperatures will have increased and the night time temperatures generally are not getting as low. This makes October an opportune month to put some more plants in to take advantage of the many months of great weather ahead. Make sure you check your young vegetable seedlings for pests; snails in particular.



I have found snails to be very active in October. If you are finding snails to be a hassle, either try using snail baits or, if you want to grow an organic vegetable garden, try companion planting which means finding plants you can place together where something about the one plant will stop bugs attacking the other. An example of this is planting marigolds around your vegetables to limit



Jim @ Aussie Green Thumb.com
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PLANT OF THE MONTH

Genus: Eucalyptus
Species: preissiana
Common Name: Bell fruited mallee

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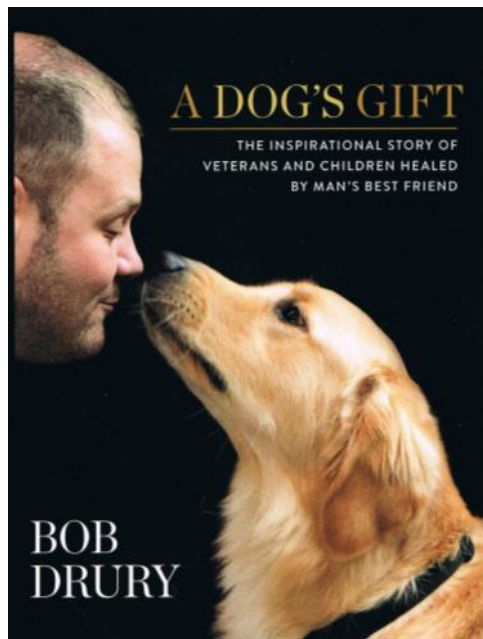
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Pets and Pet Care

BOOK REVIEW



This is a book about Miracles.

Fourteen years ago, Terry Henry set out with his precocious young daughter, Kyria, and their Golden Retriever, Riley, to visit a nursing home and offer the patients a bout of puppy love. Expecting a few smiles and laughs, Terry was astounded by the powerful emotional transformations that unfolded before his eyes, including one elderly woman who spoke for the first time in more than three years. Witnessing those seniors feel joy in such a deep and profound way Terry quickly realised the healing, therapeutic power of man's best friend.

Soon after, Terry and Kyria started paws4people, a Service Dog organisation that aims to pair good dogs with good people, including the elderly, people with physical and intellectual disabilities, and war veterans. Since its inception, Terry and Kyria have placed their dogs with more than 400 children and veterans in need. This is their incredible story. Bob Drury is the author, co-author, or editor of multiple best selling non-fiction books. He has been nominated for three National Magazine Awards and the Pulitzer Prize. He has reported from Iraq,

Afghanistan, Liberia, Bosnia, Northern Ireland, Darfur, Cuba and Haiti among other sites. He's also the recipient of the Marine Corps Heritage Foundation's 2010 General Wallace M. Green Jr, award for non-fiction. He lives in New Jersey, USA. Learn more about paws4people at their website paws4people.org or on facebook @paws3people.

A Dog's Gift is published by rodalebooks.com



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Antonietta Gentile

LING LING

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Ling, with
her emerald



green eyes and little squashed face, she is definitely a stunner! This beautiful girl is looking for a new loving home to call her own. Miss Ling Ling will take a little time to feel safe in her new home but once she knows she is in a safe place she really comes out of her shell and shows her affectionate nature, especially to humans. She is gentle and responsive, and extremely brave and curious wanting to discover every nook cranny and creature in the house. She is very loving and loves to cuddle, she will hog your bed at night time

too if she is allowed otherwise she is happy sleeping in the lounge room on her kitty bed. She loves getting human attention with her leg rub greetings and she knows her name and can come to you on command. This beautiful girl is not afraid to smooch up to gentle calm and cat savvy dogs but would be best rehomed in a home without other cats. Ling Ling will need to be an indoor cat for life due to her pale nose and ears being susceptible to sun damage. She is house trained and knows how to use the litter tray indoors. Can you offer this beautiful girl a loving forever home?

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Nature

THE FINAL FLIGHT



Dead bird study: pen and ink drawing by Kristen D'Aquila

THERE is an unwritten law in our house that the evening dishes remain in the sink until the next morning. For me the benefits are twofold. The night time meal signals the close of day and is not to be invaded by additional toil and the following morning wash up becomes my bird watching time.

Our kitchen window looks out onto a large and largely unkempt garden that at this time of year is left to have its rambling way. Over the years this part of the garden has become a popular playground for many bird species and has been made even more attractive to them by having bird baths placed in predator safe open areas. By the time the dishes are done I would have usually listed at least six different breeds.

Several mornings back, as my attention was drawn from the garden back to the suds, a bird thudded into the window with frightening force. I am sure the window was still quivering as I raised my gaze but to my amazement it was still intact. Years earlier I had sat in the lounge room of a Riverina farm house when a racing pigeon smashed through the window and landed dead at our feet. Our house is mid fifties by birth and as such the glass is much thinner than that allowed by today's building regulations. I think there is little doubt that our victim, like the pigeon, was being pursued. They were flying into a never-ending landscape. How were they to know it was merely a reflection.

Outside a crimson rosella, its soft breast

feathers drifting down in a cloud of pinks and greys. Eyes still open and still breathing its head lolling at an awkward angle. You could tell it had only a short time left. I went to the wood heap for the axe.

My mind pictured the development stages this dying creature had passed through. The pure white egg nestling in the deep hollow of a tree. The hatching, the growth, the everyday battle to survive. That first flight, and now this, the last flight, the fatal headlong collision into an illusion.

The next day the gentlest of thuds at the glass door and there lay this beautifully feathered red-browed firetail, wide eyed but with that vacant stunned stare. Still such a tiny and delicate wee thing one would wonder at its chance of survival. I cupped it in my hands to offer warmth then placed it in a shoe box lined with one of my partners possum fur socks and moved it around to the sunny and protected side of the house.

Charlie Bones, our pint-sized guard dog, came over and had a gentle sniff until the possum sock owner yelled at him. The firetail was still there 20 minutes later and although it was sort of sitting up now we were not holding out much hope. Even a broken wing would mean the end. Suddenly it was up and away taking to the air with an impressive burst of speed, flying low and true through the orchard without so much as a by your leave. A miracle bundle of red and olive as it disappeared behind the citrus trees.

I figure that we get up to a dozen similar accidents a year though rarely fatal. Last month a thornbill hit hard and was dead on impact. We buried him at the base of a large stone bird bath. Not sure I would have done that for a magpie or a raven. The smaller they are the more our hearts bleed.

So now we have hung up a loopy banner of Tibetan prayer flags hoping that may protect by breaking up the reflection of what must appear to them a garden yet to be explored or a flight path to safety.

Bob Middleton
Courtesy of The Bass Coast Post



MYSTERY FISH ON GRANTVILLE BEACH

By Meryl Brown Tobin, photo by Hartley Tobin.



A large mystery fish washed up on the beach between Grantville and Pioneer Bay surprised early morning walkers Hartley and Meryl Tobin on August 18.

The body was intact except for a few bites taken out of it by a dog, presumably by the dog that had left prints around the site. When subsequently measured, the fish was 1.5 metres (approx 5 feet) in length. Unfortunately, by the time Hartley and Meryl returned with a camera, dogs had ripped out more flesh. On further visits to the site, the Tobins saw more and more dog prints and more flesh taken from the carcass. Birds, presumably crows, had also pecked out the eyes. By August 22, the body was stripped clean, and, by September 1 the skeleton broken up and strewn about and only three bits left.

From Hartley's photos, angler Ric Fallu of Cape Paterson identified the fish as 'very likely a mulloway'.

According to https://en.wikipedia.org/wiki/Argyrosomus_japonicus, the Mulloway (*Argyrosomus japonicus*) is also known as Jewfish in Australia and Dusky Kob in South Africa. A large slender silvery to bronze-green colored fish, it can grow up to 2 m (6 ft 7 in) in length. It has a copper-colored head and is silvery with a bronze-green back and paler belly. Along its sides run a series of rows of distinctive pearly white spots. The tail fin is sharp-cornered in juveniles but more rounded in larger fish.





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