# Queensferry The South Gippsland town that vanished Story Page 27



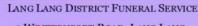
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#### The Waterline News - October

# FROM THE EDITOR'S DESK



Welcome to the October edition of the Waterline News and thanks to all the readers who took the time to thank and congratulate us on our first birthday edition last month.

With only two more editions before Christmas it is time to give a thought to any Christmas or holiday functions you hope to get included in The Waterline News.

Deadline for the November edition is Nov 1st with distribution planned around 16th, then December deadline again the 1st with distribution around the 17th.

We will also be having a January holiday edition again for the start of 2016, Deadline 2 Jan 2016.

There are a lot of events we see pop up, seemingly out of nowhere, often at short notice, and mostly on social media. Volunteer committees should remember that there are a lot of members of the community, especially those that are, shall we say, a bit more mature, that aren't into social media, so you need perhaps to plan a bit further ahead and look for other means of communicating with them. One of the best ways is through community magazines. Our most ardent readers haven't necessarily embraced social media. Plenty to read in this month's edition and once again apologies to anyone who submitted anything that we did not have the space to include.

We will have some contributions on the erosion issue in our November edition.

#### **Distribution Area:**

We distribute 1150 copies each month through Lang Lang, Nyora, Loch, Kernot, Grantville, Corinella, Coronet Bay, Bass, San Remo, Cowes and French Island. We also send out almost 200 copies by email and all editions are available on our website

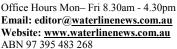
#### www.waterlinenews.com.au

If you would like a copy emailed to you each month, are interested in become a distributor, or would like to advertise contact us now.....

editor@waterlinenews.com.au

#### THE WATERLINE NEWS

Editor Roger Clark PO Box 184 Grantville 3984 Phone 0410 952 932

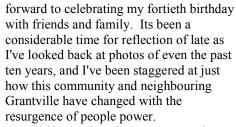




Advertising Deadline 1st each month

#### PIONEER BAY PROGRESS ASSOCIATION NEWS

During the course of the next month I look



It would be remiss of me not to mention a key catalyst of this period which would surely be the Community Benefits Initiative (CBI) Program which operated from 2007 for a period of three years . This program got the coastal villages and hinterland towns networking and training together to achieve individual community goals and further common goals.

This program benefited us greatly to upgrade to Pioneer Bay's Park; saw the birth of the Aussie Day Bash at Pioneer Bay & Christmas Carols at Grantville; helped push the Bendigo Bank, Medical Offices, nurse practitioner and pharmacy for the 'service town' of Grantville and sought to assist to open dialogue between Council and community before it became 'vogue'.

So as I'm raising a glass this month- it'll also be for those who have had the courage of their conviction to follow through for the greater benefit of the wider community-Cheers!

Zena Benbow



#### 2015 COMMITTEE.

**President.** Lyndell Parker. **Vice.President.** Peter Tait. **Secretary.** David Laing.

Assistant Secretary. Wayne Maschette.

Treasurer. Michael Kelzke.

**General Committee Members.** Brian Lloyd, Faye Paddon, Jackie Tait, Jenny Bartlett, and Mark Rutherford.

The new committee would like to thank all previous committee members over the years, for their tireless work for the community. You leave a legacy that we the new committee are excited to continue, with a vision and hope of furthering community spirit and friendships that form when a community works together. We thank you, the community, for the opportunity to work for you and with you, striving to help shape and protect our towns future for all to enjoy. We, your new

committee, are passionate about the importance of the people of Corinella having "a voice". We value the input and ideas, that you the community will bring to us, that will help to create successful strategies for community planning and future development.

A GENERAL MEETING will be held on Saturday 7th of November at 10am at the Corinella Community Centre. Please join us for a formal meeting, together as a community we can help make our town an even better place to live, the better the attendance and involvement, the better we can serve you the community. Please stay on after the meeting for a cuppa and a chat, we look forward to seeing you there.

Lyndell Parker, President

# LOCAL POLICE NETWORK

San Remo Police, Station Commander Bruce Kent.



#### LOCK YOUR CARS

It seems that the message to lock your cars and keep valuables well out of sight is not getting through.

Two recent Police media reports show. Thefts from Motor cars – Beach car parks

o1/10/15 between 10 am and 12 pm— a vehicle was parked and locked at Berry's Beach car park in Ventnor, door lock forced, IPad and camera stolen. o1/10/15 between midday and 3 pm— a locked vehicle parked at 1st car park of Woolamai Beach, rear passenger window smashed, handbag stolen from under seat.

#### **Shed burglaries**

Ritchie St, Leongatha

Between midnight on 15/08/2015 and midnight on 15/09/2015.

Remote Control hobby car stolen from shed.

Jeffrey St, Leongatha

Between midnight on 01-09-2015 and midnight on 31-09-2015.

Chainsaw and generator from shed stolen. And remember, take your keys out of your vehicle, even when you go to pay for petrol, and lock your cars, all the time, even in your own driveways, daytime or night.

Glenn BIRT | Acting Senior Sergeant 31580 | Wonthaggi Police Station

Emergency Dial 000
www.police.vic.gov.au
\*See details of our local area
crime figures in Bits & Pieces on
page 16.

# Community Diary & Notes



If any group you are associated with has an event coming up don't forget to let us know. Deadline for all notices is the <u>first of each month</u>. The Waterline News is distributed and available online approximately the 15th of each month. editor@waterlinenews.com.au

#### 'Out of the Blue' Documentary

There have been three 'Out of the Blue' theatre nights due to popular demand. The production that looked at the way men communicated about mental Health issues. It was received with much praise with in the community, particularly from its target audiences and as a result men have been discussing previously an uncomfortable subject such as suicide more openly to each other and to others. We need to keep raising the profile of depression and Suicide and give men the confidence to access relevant services. This informative and engaging evening for men and their partners has been about making mental health matter.

The story continues with the launch of the documentary looking at the process beyond the performance showing how the arts can deliver different ways on shining the light on issues such as depression and suicide.

Entry is by donation with a light supper, live Band 'Bi Polar Bears' and a Q&A with a panel of health professionals and mental health advocates.

Wonthaggi Workman's Club 23rd October 6.30pm - 9.30pm. Hosted by Bass Coast Health in partnership with the Men's Health &Wellbeing Network.

Contact - Gayle Mattsson 0499 373 643

Gayle.mattsson@basscoasthealth.org.au



#### Saturday, October 24

French Island field day and mainland tour: Diversity and benefits of native vegetation within an agricultural landscape. French Island Landcare Group. Ferry leaves from Cowes at 8.25am.

l.wangman@basscoast.vic.gov.au 5951 3329 or 0409 366 914

#### **Until October 30**

From The Fire: A selection of artworks made by people who experienced the Black Saturday bushfires in 2009. This exhibition captures the destruction by the fires and the emotional aftermath, with a focus on the impact of trauma. Artists include Wonthaggi's Werner and Ursula Theinert. Melbourne University's DaxCentre.



#### South Gippsland Arthritis Support Group

Coffee & Chat 1st Monday of Month 6-8pm, Leongatha RSL OR 1st Tuesday of Month 2-4pm, Korumburra Indoor Recreation Centre

Cost: Gold Coin Donation. For more information please contact:

Adam: 0408353785 / phomdin2@bigpond.com

Marg: 0417 154 057 Diane: 56581443

#### Open Studios Latrobe October 25

Around 20 artists from the Latrobe Valley will be opening their studios to the public and demonstrating their art skills. There is a range of art genres such as contemporary artists, wood artisans, mosaic artists, surrealist art, scratchboard, pastel, printmakers to name a few.

The Open Studio day is a self guided tour. Visitors can start at any of the studios, where they will pay a one off fee of \$5 (children free), and will receive a map with details of each artist on the tour. Open 10am to 5pm. Each artist will be happy to answer any questions and demonstrate their art. Any enquiries can be made to:

Carolyn Henry 0427 563 246

Sharon Anderson 0409 436 268.

#### Gardivalia

Festival of Gardens - Open Gardens
October 17 & 18 and
October 24 & 25
Gardens open from
10am – 4pm
Spectacular gardens,
large and small will be
open once again for the
annual Gardivalia
festival.



#### Garden & Nursery Open Days

October 24 - November 4
David & Merryle Johnson warmly invite
you to join the Annual Country Farm
Perennials Open Days. You can stroll
around 2.5 acres of manicured gardens with
special nursery displays, enjoy a tea or
coffee with homemade cakes and slices on
the weekends, or bring your own picnic any
day. Enjoy the full range of new, unusual &
dry hardy plants. All available to purchase
at the nursery. FREE ENTRY to Garden
and Nursery from 10am to 4pm Daily.

96 Laings Rd. Nayook.(03) 5628 4202

www.countryfarmperennials.com.au



DG Nurse Practitioner Grantville Transaction Centre Cnr Bass Hwy & Pier Rd Grantville, 3984

Hours

Mon-Fri 8:30-4:30

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or 0467 841 782 Same day appointments available

Some of the services available

Fluvax Immunisations
Men's Health Prescriptions
Referrals Skin Checks
Wound Care Women's health
Dressings\* Ear syringing\*
Lesion removal\* Suturing\*
Treatment minor illnesses / infections



Send us your Community Group Notices by 1st each month editor@waterlinenews.com.au

#### **Australian Red Cross**

Woodleigh Vale Branch Members meet in each other's homes on 2nd Thursday of Feb, Apr, Jun, Aug & Oct. Contact Sheila Campbell 5678 8210

**Bass Coast Community Baptist Church** 

Meets Sundays 4.30pm at the Op Shop. **OP SHOP** open Mon-Fri 10am-4pm, Saturday 10am-1pm

Contact for service details.

Pastor Ilse McDonald 0402 065 852

**Bass Coast L2P Learner Driver Mentor** 

Program Wonthaggi - Corinella The Bass Coast L2P Program now has a car at Corinella & District Community Centre. For further information contact:

Veronica Dowman 5672 3731 0467590679

**Bass Valley Community Centre** 

Mon-Thur 9am -3.30 pm Friday 9am-3pm

Op Shop open 6 days Monday - Saturday

Bass Valley Friends of the RSL

Secretary Janet Welch 0411 446 129

**Bass Valley Landcare** 

2-4 Bass School Rd, Bass 5678 2335

**Bass Valley Lions Club Op Shop** 

Situated at the Grantville Garden Supplies Open 5 days Monday-Saturday 5678 8357

Corinella & District Probus Club

1st Wednesday each month except January Bert Allison 0407 339 243

Corinella Bowling Club Inc.

Saturday Triples May until August Wednesday Coaching and roll up at 10am. BYO Lunch

Patti Scammell 5678 0191

**Corinella & District Elderly Citizens** Club

Monday & Thursdays at 1.00pm Corinella Hall

5678 0716 Margaret

# **Community Directory**

**Corinella & District Community Centre** 5678 0777 Mon - Fri 10am - 4pm www.corinellacommunitycentre.org.au

#### Corinella & District Men's Shed & **Woodies Group**

Located in Corinella Road between Bass Valley Primary School & JLM Pre School. Contact Secretary: Jim 5678 0930

Corinella Foreshore Committee

Contact Barbara Oates 0427 780 245

Corinella Playgroup Now at the Coronet Bay Hall

0-4 year olds Friday 10.00am -11.30am Free play, activity centres, story & song time, sensory & art activities. \$3 per family plus a piece of fruit to share. All children MUST be accompanied by their parent or carer.

Christine Keeble 0413 837 597

**Coronet Bay Playgroup** 

children 0 - preschool - Coronet Bay Hall Mondays 10am - 1pm \$2 per family Please bring a piece of fruit per child to share at morning tea, coffee & tea supplied for parents.

Craft Playdough Toys Friends Sandpit Songs 5678 0341 Contact: Ann

**Coronet Bay Adult Social Club** 

Tuesday 7-10pm Coronet Bay Hall

5678 0341

Country Women's Association of Vic inc. Bass Group.

**Coronet Bay** Cowes Glen Alvie

Margot 0409 559 043 orraine 5952 2165 libby 5678 3280 Grantville 5678 8037 Annie Aleeta 0419 525 609 Lang Lang

Loch Val 5659 4268 Woodleigh Vale 5678 8041 Carol

**Grantville & District Ambulance** Auxiliary

Anthea Chester 0407 457 642 Contacts -Jane Hendtlass 0409 386 152 or

**Grantville & District Business & Tourism** Association

President Neroli Heffer 5678 8548

Grantville & District Ratepayers & **Residents Association** 

Secretary Kathleen Hopkins 5678 8327 **Grantville & District Foreshore** Committee

0416 061 400 Roger Hayhurst

**Grantville Recreation Reserve Committee** 

Neville Goodwin 5657 7245

Grantville Tennis Club Inc.

Contact Pat Van 5997 6221

**Pioneer Bay Progress Association** 

pbpa@bigpond.com Zena Benbow

St Pauls Anglican Church Bass

12.30pm every Sunday Rev Greg Magee 5952 2608

St Georges Anglican Church Corinella

1st Sunday each month 11.00am Other Sundays 9am Free Community Lunch Corinella Community Centre Second Friday Op Shop open Mon, Thur, Fri 10am - 2pm

Saturday 9am- 12.30pm

The Probus Club of San Remo

Second Monday of the month (except January) 10am at the Newhaven Public Hall. Visitors Welcome.

5656 6581 **Enquiries:** 

**U3A Bass Valley** 

Courses offered:

Book Club, Bush Painting, Creative Writing, Gardening, Get Creative, Histories of the World, Learn to Weld, Movie & Theatre Appreciation, Music & Imagination, Tai Chi for Arthritis and more.

www.u3abassvalley.com

Heather White 5997 6323 (PO Box 142 Grantville 3984)

**U3A TAI CHI** 

Why not give the U3A Tai Chi for Arthritis a try? Coronet Bay Hall 9.30am Tuesday Gentle exercise, good company and a cuppa. Further information:

Laura 5678 0884 -or-Vicki 5678 8734





## Around the Markets & Op Shops



#### **Every Sunday**

Kongwak Market 10am - 3pm

Retro stalls, food, vegetables, coffee, curries 30+ stalls

Enquiries: Jane 0408 619 182

#### 1st Saturday

#### **Archies Creek Indoor Market**

Community Hall

Enquiries: info@archiescreek.com

#### **2nd Saturday**

#### Coal Creek Farmers' Market

Coal Creek Community Park 8am –12.30pm 50+ stalls

coalcreekfm@hotmail.com

Contact for information 0459 629 000

#### **Cowes Island Craft Market**

102 Thompson Avenue, 9am - 2pm In the grounds of St Phillips Church 60+ stalls Make, bake and grown goods and produce.

Contact for further details 0412 710 276

#### 4th Saturday

#### **Churchill Island Farmers' Market**

40+ stalls. 8am - 1pm peter@rfm.net.au

Further Information 0439 364 760

#### **Cowes Market on Chapel**

Chapel Street. 8.30am - 2pm, 30+ stalls Further information-contact 0428 603 043

#### 1st Sunday

#### Jumbunna Bush Market

Jumbunna Hall

Further information, phone 5657 3253

#### **Koowee Community Market**

Cochrane Park, Rossiter Rd 8am -1.30pm Indoor/outdoor Phone 0418 289 847 Email: info@kooweemarket.com.au

#### 2nd Sunday

#### Rotary Club Market Wonthaggi

Apex Park 8am - 1pm, 50+ stalls Walk to nearby Make it -Bake it Market Contact: Neville Goodwin 5672 7245 Or Garry Sherrick 5672 5812

#### 2nd Sunday continued Loch Lions Village Market

May - Sept Loch Public Hall Oct - April Loch Railway Station Park 70 + stalls

Information from Noel Gregg 5627 5576 or Market day phone 0418 500 520

#### **3rd Sunday**

#### **Inverloch Farmers' Market**

The Glade, Esplanade, 8am - 1pm 50+ stalls

Information: peter@rfm.net.au

Or Phone 0439 364 760

#### **Tooradin Sunday Market**

9am - 1pm

Stallsholders wanted, \$20 includes 1 sausage & bread breakfast per stall.

All Market Enquiries: 0429 188 280

#### 4th Sunday

#### **Grantville Variety Market**

Grantville Recreation Reserve Bass Highway, Ample parking. Weather permitting, Third Sunday except December which is the third Sunday.



8am—2pm 100+ stalls

BBQ & Sausage sizzle, Coffee Cart, indoor and outdoor, cake stalls plus plenty of home made goodies.

Contact for further details 5997 6221

#### <u>Last Sunday of each month</u> Inverloch Community Farmers' Market

The Glade, Esplanade, 50+ stalls Fresh produce grown and made in Gippsland.

Email:

info@inverlochfarmersmarket.com.au or Phone 0417 370 488

#### 2nd Friday and Saturday each month

# San Remo Cuppa and Chat Market

St. Augustine's Church Marine Parade San Remo Hosts a Cuppa and Chat Market every month on a Friday and Saturday.

Friday 9am - 1pm Saturday 9am - 12noon

10+ stalls

5672 7245 Bric a brac , cakes, & jams Friday, plus a 5672 5812 sausage sizzle on Saturdays.

Further Information: 5678 5386

#### **OP SHOPS**

#### **Bass**

#### **Bass Valley Community Group**

Hadden House Op Shop Next to Bass Hall, Bass School Road Monday to Friday 9am - 3pm Saturday 10am - 2pm

Phone Enquiries 5678 2277

#### Corinella

St George's Anglican Church Op Shop Smythe Street Corinella, next to Church Monday, Thursday, Friday 10am - 2.00pm Saturday 9.30am - 12.30pm

#### Grantville

# BASS COAST COMMUNITY BAPTIST CHURCH OP SHOP



Phone 5678 8625

Contact for Church & service details Pastor Ilse McDonald 0402 065 852

#### **Lang Lang**

Lang Lang Community Op Shop 12 Westernport Road

Monday - Friday 10am - 3pm Saturday 10am - 1pm

#### San Remo

Bass Coast Community Health Op Shop Back Beach Road.

Opening times and all enquiries to Bass Coast Health on 5671 9200 or Email: info@basscoasthealth.org.au

#### **Community Halls for Hire**

Archies Creek, Mez Oldham	0415 445 215
Bass Valley Community Hall	5678 2277
Corinella, Paula Clarke	0418 441 046
Coronet Bay, Des Burgess	5678 0154
Dalyston, Dorothy Slade	5678 7334
Grantville Hall, Pat Van	5997 6221
Kernot Hall, Barrie Stewart	5657 7336
Loch Public Hall, Grieg Barry	0419 358 628
Kilcunda Hall, Marion	0404 135 434
Newhaven Hall, Noel Street,	5956 6122
Rhyll Hall, Ring Gen Store,	5956 9205
Woodleigh, Marilyn Hayes,	5657 7293

# **Community News**



#### **Christmas Luncheon** and **Great Gift ideas**



Hand made Christmas Cards Patchwork Christmas Table Runners, Angels, Christmas Baking

Vote for your favourite Christmas Table display. If entering a table bring your card table the night before.

> Table settings for 2 Table settings for 4 Children's tables Gold Coin per vote

Contact: Sheila Campbell 5678 8210

#### BASS VALLEY COMMUNITY GROUP Inc.

**Bass School Road Bass** Centre Manager Roderick McIvor Phone 5678 2277



The Bass Valley Community Centre is currently planning for a big fundraiser in the new year.

Last February we had a country music concert which both the performers and those attending thoroughly enjoyed.

Unfortunately, it was held on a very hot Saturday and the attendance was limited. However we have not been deterred. The basic idea seems good and we are now starting our preparations for another country music extravaganza. This time it will be a little later in the summer, in fact we are planning for it to be at the start of autumn, on the Labour Day weekend Saturday, 12th March 2016. There will be more about this over the coming months, but for now we would very much like you to mark it in your diary.

There is a lot of work that goes into making arrangements for a fundraiser. We have been very lucky in the past few weeks to have a number of our members getting together to form a fundraising committee. They are already feverishly working to contact the performers, establish the venue (ie do we need to expand out into the adjacent park), planning for the additional components of the event such as jumping castles and coffee wagons and a hundred other things. Possibly the most important aspect of planning the day is establishing what events will be included. There is a unique opportunity to give this event a special added character. The Bass Valley Community Centre buildings have as their core the old Woolamai/Bass State School building. The land for the school was first reserved in 1866. In 1966 the centenary of the school was held and a time capsule was placed in the gates then erected to celebrate the event. We are looking at including in our planning a ceremonial opening of the time capsule from fifty years ago. Planning for that includes establishing that the time capsule is still there. A couple of years ago an investigation was abandoned when a couple of very large spiders leaped out from where the capsule was suspected to be secreted. Possibly we also might plant a new time capsule for the bi-centennial in 2066.

If anyone would be interested in assisting us with the planning and organising of this event, please give us a ring on 5678 2277.



#### Corinella & District Community Centre

Spread your wings and fly with us



Adult and Community Education **Neighbour House** 

- **Computer Classes**
- **Art and Craft Classes**
- **Communication Classes**
- Strength Training for Seniors Support for Community Groups
- **Public Internet Access**
- Photocopying, faxing, scanning and laminating
- Health Services and Medical Room Workplace Accredited Training
- Venue for Hire
- Waterline Community Bus for Hire

www.corinellacommunitycentre.org.au Call: 5678 0777 E: coord@cdcc.asn.au 48 Smythe Street, Corinella Office Hours: 10am - 4pm (Monday to Friday)

#### LANG LANG COMMUNITY CENTRE

Public Internet Access to all members.

Ipad Tuition.

Lifestyle classes including: Yoga, Pilates, Cardio, Walking group and Line Dancing.

Playgroup and Hey Dee Ho for the littlies.

A variety of Patchwork groups. Men's Shed Group.

Secretarial Support Services including: Photocopying, typing and scanning.

Book Exchange Small offices for hire Centrelink Agent with dedicated computer.

Medicare Claim Service Please call us, we open @ 9.30am five days a week.

7 Westernport Rd, Lang Lang 3984 Contact Coordinators Michelle or Marg

(03) 5997 5704 llcc@langlang.net

#### Phillip Island Community and Learning Centre



56-58 Church St, Cowes Centre Manager - Linda Morrison 5952 1131

Email: manager@pical.org.au www.pical.org.au

#### **GRANTVILLE MEDICAL CENTRE UPDATE**

#### **Disruption**

In the last few weeks due to circumstances beyond our control, our services at Grantville have been disrupted despite our best attempts to avoid it. We apologise for any inconvenience this may have caused and advise that we are working to ensure that this does not occur in the future. Some measures being taken include installation of CCTV and additional security at the premises and other staff in attendance at the clinic to make our female doctors feel more secure about attending at Grantville.

#### The Medical Centre and the Nurse **Practitioner**

Recently we have had a few queries from

patients that suggest there is some confusion in the local community about the role of the Nurse Practitioner service and its involvement with the Grantville Medical Centre. Hopefully I can clear up this confusion particularly for those patients that occasionally attend both services. Basically, a Nurse Practitioner is a service provider whose scope of practice and whose training is rather different to that of a General Practitioner. 'Scope of practice refers to what conditions they can treat, what they can prescribe, what advice they can give etc.. Each Nurse Practitioner will have their own scope of practice endorsed by the Nursing & Midwifery Board of Australia and will be registered for their scope of practice by the Australian Health Practitioners Regulation Agency (AHPRA). Many nurse practitioners choose to work in a general practice environment alongside GPs but all are essentially independent health practitioners. In 2010, the government introduced laws that enabled nurse practitioners to provide Medicare funded services to patients and to prescribe a range of medications listed on the Pharmaceutical Benefits Scheme (PBS). Importantly, the legislation makes it mandatory for Nurse Practitioners to have a collaboration arrangement with a doctor in order for them to provide Medicare funded services and access the PBS. This is a very important requirement intended to ensure patient safety is maintained; it ensures that the GP is not left out of the loop of patient care and that there is continuity of care. It is the Nurse Practitioner's responsibility to ensure that there is a collaboration arrangement in place.

What is a collaboration arrangement? A collaboration arrangement sets out the range of services to be provided by the nurse practitioner and who they will be provided to; how they will communicate with the GP; when they will consult with the GP; what medications they can prescribe and when; arrangements for referral and for initiating diagnostic and pathology tests. In effect, it is recognition that the GP is the person primarily responsible for the patient's medical care. The Australian Medical Association (AMA) and the Royal College of General Practice (RACGP) strongly recommend that these arrangements are formalised in a 'Collaborative Agreement' between the services rather than handled on a ad-hoc, patient by patient basis. The arrangement, by being well documented and clarified in advance ensures that every member of the team knows exactly what their role is and how they need to work with each other. This ensures high quality patient care and should minimise the potential health management risks from the fragmentation of patient care. It is also recommended for medical indemnity insurance purposes. The Nurse Practitioner service in Grantville is an independent service which is not part of the Grantville Medical Centre and does not as yet have a Collaboration Agreement with the doctors of the Grantville Medical Centre.

#### **Planning Permission Granted**

We have finally received planning permission for the refurbishment of the adjoining shop and this will begin shortly and will provide a regular pathology service **R** - REST - Rest the injured part and other services in due course.



**Grantville Medical Centre** 2/1524 Bass Highway, Grantville

For Appointments Call (03) 5678 8029

#### Hours

Mon - Fri 9.00am - 4.30pm (Wed closes at 1.00pm) Closed over lunch period

#### **Bulk Billing**

All Pensioners, Health Care Card Holders and children under 16 are Bulk Billed.

www.wonthaggimedical.com.au





#### SOFT TISSUE **INJURIES**

This month we look at SPRAINS and STRAINS During our everyday activities we occasionally

are subjected to Soft

Tissue Injuries (STI) whether it is home building a shed, playing sport or bush walking, these injuries are easily treated with everyday items you can find at home. What is a Soft Tissue Injury ?? STI is the damage of muscles, ligaments and tendons. Common soft tissue injuries usually occur from a sprain, strain, a one off blow resulting in bruising (bleeding under the skin) or over use of a particular body part.

#### **SPRAINS, STRAINS**

Sprains, Strains is a joint injury that involves tearing of ligaments around and within the joint capsule.

#### **CONTUSION (Bruising)**

Bruising is caused when blood vessels are damaged as a result of a blow to the skin, sometimes a pool of blood collects within damaged tissue causing bluish discoloration. The injured muscle may feel weak and stiff.

#### FIRST AID TREATMENT

The most common treatment for Soft Tissue Injuries is **RICE** 

I - ICE - Apply ice or any frozen food (wrapped in a tea towel) For a minimum of 20 minutes.

C - COMPRESSION - Apply a firm roller bandage ( NOT too tight to cause the limb to change colour)

E - ELEVATION - Elevate the limb

Use the rule of applying ice for 20 minutes then remove for 20 minutes then re-apply and so on.

If there is NO improvement seek medical

#### REMEMBER FOR EMERGENCY AMBULANCE CALL 000

Grantville Paramedics are available 24 hourd a day if you need assistance.

**Next Month - SNAKE BITE** 

Peter Shearer 39241| Paramedic Educator Grantville

Ambulance Victoria|Gippsland Region **Ph**: 5678 8671 | **Mobile** 0437 172 177 Fax: 5678 8987

Email:

peter.shearer@ambulance.vic.gov.au

October 2015

#### & Lifestyle

Forget coffee, this natural drink has everything you need to increase energy and feel great.



Wait! Don't have that coffee – this natural drink has been proven to drastically improve your brain function and make you feel much more energised than caffeine. According to researchers from University of Reading, drinking 500ml of this juice every day can improve brain function. So what is this magical juice? Well, it's just standard freshly squeezed orange juice. The study analysed a group of adults who drunk 500ml of juice per day. They saw an eight per cent improvement in their memory, reaction time and verbal fluency compared to a control drink given during a different eight week period.

One of the memory tests required participants to learn a list of words that are recalled immediately and after a 30 minute delay.

Dr Daniel Lamport, from the university's school of psychology and clinical language sciences and co-author of the study, said: "The population is ageing rapidly across the world.

"Estimates suggest the number of persons aged 60 or over could triple by 2100. It's therefore imperative we explore simple, cost-effective ways to improve cognitive function in old age."

And although the research was positive, the long term effects of drinking orange juice daily are not proven however with any citrus juice it should be part of a balance diet.

Orange juice is effective due to its flavonoids which may improve memory through the activation of signalling pathways in the hippocampus Dr Lamport added: "Small, easily administered changes to the daily diet, such as eating more flavonoid-rich fruits and vegetables, have the potential to substantially benefit brain health. We know that people find it difficult to sustain big changes to their diet but simple alterations are much easier to maintain permanently.

So, what do you reckon? Will you be drinking more orange juice?





www.startsatsixty.com.au

#### **TAI CHI**



# What is Tai Chi? What are the health benefits of Tai Chi?

Tai Chi is a type of martial art very well known for its defense techniques and health benefits.

The martial art has evolved over the years into an effective means of alleviating stress and anxiety. It has been considered to be a form of 'meditation in motion' which promotes serenity and inner peace.

Tai Chi is an ancient Chinese tradition, its beliefs are thought to have been created by the Taoist monk Zhang Sanfeng in the 12th century.

The phrase "t'ai chi ch'uan" translates to "supreme ultimate fist" or "boundless fist". Tai Chi has influences that go back to Taoist and Buddhist monasteries.

Tai Chi is considered to be safe for people of all ages as it does not put too much stress on the muscles and joints.

In addition to being safe, Tai Chi is also inexpensive as it does not require much equipment. It can be practiced either in a group or alone.

Modern research has found that Tai Chi has positive effects on balance control, fitness, and flexibility. In addition, the martial art has been claimed to reduce the risk of falls among elderly individuals who have suffered from severe heart conditions.

There are health benefits associated with Tai Chi for people suffering from:
Parkinson's disease - a study published in NEJM (New England Journal of Medicine) found that patients with Parkinson's disease who practiced Tai Chi experienced significantly improved walking ability, posture, and fewer falls.

Chronic heart failure - researchers at
Harvard Medical School and the Beth Israel
Deaconess Medical Centre revealed in the
journal Archives of Internal
Medicine that patients with chronic heart
failure experienced a better quality of life
and mood if they regularly practice Tai Chi.
Fibromyalgia - people living with
fibromyalgia responded well to Tai Chi,
according to a study published in
the NEJM. They reported relief from joint
pains as well as other symptoms.
Diabetes - Tai Chi can improve blood
glucose levels and immune system

according to two studies published in the British Journal of Sports Medicine. **Depression** - a weekly tai chi exercise class with a standard depression treatment for a group of depressed elderly adults could be very effective at treating symptoms of depression, according to a study published in the American Journal of Geriatric

response in patients with type 2 diabetes,

#### UŠA TAĽ CHI

Psychiatry.

Why not give the U3A Tai Chi for Arthritis a try? Coronet Bay Hall 9.30am Tuesday Gentle exercise, good company and a cuppa.

Further information:

Laura 5678 0884 or Vicki 5678 8734





#### Entertainment

#### **GIPPSLAND JAZZ**

Sunday October 25 2pm—5pm Bass Room Ramada Resort, Cowes.





Anita Harris, has appeared at many jazz festivals and other public and private gigs around Melbourne since those first jazz moments in Merimbula in 1993. Favourite "employers" include the South Coast Jazz Club, Victorian Jazz Club, Victoria's Grape Grazing festival, Jazz @ The Bowl and a number of wineries who felt Anita's smooth vocal styling was the perfect accompaniment to this year's shiraz. In the coming years, Anita has been invited to join the talented musicians and friendly audiences at the Blackheath "Jazz at the Pub" festival, will pop up at the Vesbar in Somerville and, as always, when the Australian Jazz Convention is within reach, Anita and Kim will join in the fun. Over the years her performances have been well received, with one Jazzline reviewer referring to her as "the goddess of the festival" (1996) while the UK Jazz Journal described her sound as "delightfully creamy" and noted "she swings ably and effortlessly". She is most often seen in a band setting, favoring four and five piece groups and trios in more intimate settings. Now with four albums, released on the Newmarket label, her repertoire of many hundreds of jazz songs continues to grow and evolve, and delights jazz audiences whenever Anita swings by.

Enquiries: Robin Blackman 0432 814 407

#### Friday October 30 7.30pm Moe RSL

Moe-Latrobe Jazz Club presents: Riviera Jazz Band

Great meals available at the RSL before the Jazz begins.

**Enquiries: Bruce Lawn 5174 3516** 

#### Saturday November 7

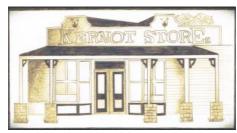
Coronet Bay Hall 7 - 11pm
Coronet Bay UNPLUGGED continues to attract good audiences every 1st. Saturday of the month at 7pm. at the Coronet Bay Hall, Gellibrand street. No matter what style of music you like there will be something to your taste. You can bounce along to rock or shed a tear with heart rending folk, or just have the troubles of the day flow away with beautiful classical music and poetry. Truly the best value entertainment around, it's just a gold coin to enter and supper is provided.

#### Sunday November 8 Inverloch RSL 2pm.



The South Gippsland Soc. Inverloch Jazz Club presents Bev Fraser and Friends.

Meals available in the RSL before the Jazz. Enquiries: Neville Drummond 5674 2166



Friday & Saturday nights, and Sunday afternoons.

Live music at The Kernot Store. For details on who is performing and to book a table:

**Call Julie on 5678 8555** 

#### WIN A CD



For your chance to win a fabulous Australian Jazz CD featuring some of

the best known Australian jazz musicians, simply send your name and address on the back of an envelope to PO Box 184 Grantville, 3984 Email: Win A CD to

editor@waterlinenews.com.au
Congratulations to Noel Johnson from
Mt. Eliza who is our September CD
winner. Your CD is in the mail



#### **VALE COLIN SMITH**



One of Melbourne's most talented and most loved musicians, Colin Smith, died suddenly in the early hours of October 1. Colin was a member of the multi talented group, Journey Bound, who are well known in the local area through their performance at the Bass Valley Community Centre 18 months ago, and regular appearances on Phillip Island. Well loved in their 'home town' areas around Cranbourne and Melbourne's eastern suburbs, they have played all around Victoria and interstate in the last couple of years.

Colin was a very talented recorder player, who also played other instruments.
Classically trained recorder player, and Sweet Ade Jazz Band leader Marion Lustig said last week, "I'm very sad to hear of the sudden passing yesterday of Colin Smith. Colin was an enthusiastic and generous supporter of my musical endeavours and of my band, Sweet Ade. He was an exceptionally kind person and was a natural, intuitive and joyful recorder player. He will be greatly missed."

Colin had such a positive impact on so many people in so many ways, some of them may only realise it now he is gone.

He was one of the most talented musicians, and nicest people I have ever had the pleasure to meet.

R.I.P Colin Smith.

Roger Clark



Journey Bound L-R, Colin Smith, Jose Garcia, Sharon Start and Wendy Snook. www.journeyboundmusic.com

You can now hear your favourite programs

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Are you having difficulty tuning in to 103.1 3BBR-FM?



Find the link at:

www.3bbrfm.org.au

West Gippsland Community Radio Inc.

# & Lifestyle

#### **CD REVIEW - Andrew Nolte**

One of the most exciting and anticipated bands at this year's Phillip Island Jazz Club will be Andrew Nolte's NOVELTY SIX



The Novelty Six is based on the smaller recording bands of the 1920s which appear on innumerable labels. These groups never performed publicly and were only assembled by the studios. We attempt to create the raw sound of the smaller record company groups which performed mainly hot novelty arrangements intended for wide public release. The instrumentation has been based on fine examples held in Andrew's collection and arrangements have been sourced from the U.S. Notable Melbourne jazz musicians Sean Nihill on cornet, Robert Moffatt on trombone and Russell Oxley on reeds form the front line. Whilst Campbell Shaw on tenor banio. Marc Nolte on drums and Andrew Nolte on bass saxophone move the ensemble along with much pep. The Novelty Six gives a different dimension to the dynamic of recorded music in the 1920s and performs within the stylistic bounds of its scope to the utmost accuracy. for the enjoyment of the listener. Andrew's only CD recording is with his star studded 8 piece Orchestra. Available from Andrew \$10 plus \$4.50

andrewnolte@hotmail.com

post:





2128 PHILLIP ISLAND RD. COWES VIC.

Festival Website www.phillipislandiazzfest.org.au Robin Blackman (Director) 0432 814 407 Jill Boyce (Secretary) 0417 416 300

> Postal address: Phillip Island Jazz, P.O. Box 867, Cowes Vic 3922

#### **NEW RADIO STREAMING**



Phillip Island App Radio



Phillip Island App Radio, a community based radio App that is now available to download in Google play and the App Store, or visit their webpage:

www.phillip is land appradio.com

#### How to get it:

Android phones download app through Google Play Top and bottom banners is radio.

The company's main focus is a web based broadcasting app created for the community and for local business use, for awareness, advertising or live event broadcasting. Through their innovative processes they have worldwide coverage and their aim is to deliver those benefits to support their clients and community groups through their broadcasts. This new venture is supported, created and delivered by locals.

Phillip Island Jazz Club President, and Jazz Festival Director, Robin Blackman is presenting a Jazz program on the new Phillip Island App Radio, every Wednesday night from 6.30pm - 8.30pm. Why not give it a try and send us your feedback?

editor@waterlinenews.com.au

The Jazz Club - 12-2pm Saturdays.



www.3mfm.com.au

Jazz Festival Tickets
Only 20 tickets remained when
I checked with P.I.J.C Secretary
Jill Boyce just before going to
print. Call Jill 0417 416 300



# **Music Lessons**

With Franki Bayzar (Victorian College of the Arts education)



Lessons can be taught at my studio in Pioneer Bay or I can come to you!

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#### Food

#### RECIPES Healthy potato salad



We love the classic potato salad but balk at the amount of mayo used sometimes. This healthier version swaps most of the mayo for yoghurt and crème fraiche making it an almost guilt-free meal.

#### **Ingredients:**

750g kipfler potatoes, peeled and halved

2 tablespoon mayonnaise

3 tablespoon natural yoghurt

2 tablespoon crème fraiche

1 teaspoon Dijon mustard

3 tablespoon, fresh chives, chopped

Salt and pepper to taste

#### Method:

- 1. Cook potatoes in saucepan of boiling, salted water for 10 minutes or until tender. Drain well in colander and transfer to bowl. Cool.
- 2. Add mayonnaise, yoghurt, crème fraiche and mustard to bowl. Mix well so potatoes are evenly coated.
- 3. Add chives and season with salt and pepper to taste.

#### Lemon meringue pie



Tangy, sweet, and flaky, this lemon meringue pie checks all of your dessert boxes.

#### **Ingredients:**

**Pastry** 

1 1/3 cups of all purpose flour 2 tablespoons of icing sugar

150g of butter

1 ½ tablespoons of ice water

#### **Filling**

½ cup of cornflour

<sup>3</sup>/<sub>4</sub> cup of caster sugar

Lemon zest of 3 lemons, fine

<sup>1</sup>/<sub>3</sub> cup of lemon juice

3/4 cup of water

3 egg yolks

Meringue

1/8 teaspoon of cream of tartar

3 egg whites

1/3 cup of caster sugar

#### Method:

To make the pastry, in a food processor, process flour, icing sugar and butter until

Add ice water and process until mixture forms a ball.

On a floured surface, knead and press to a circle of 15cm. Wrap in cling wrap and chill. Now to prepare the filling, in a saucepan over medium heat, stir caster sugar, cornflour, lemon zest, lemon juice and water until mixture comes to a boil.

Place egg volks in a bowl. Add filling slowly into bowl, whisking constantly. Cover and let cool for two hours.

Meanwhile to make the meringue, in a bowl, beat egg whites and cream of tartar until peaks form.

Add sugar gradually, beating until meringue is shiny.

Preheat oven to 180°C.

Roll pastry into a circle 32cm round and 5mm thick and place in 25cm pie dish. Let chill for 15 minutes.

Line pastry with baking paper, fill half way with rice and bake for 15 minutes. Remove insides and bake until golden Alexandra Houle (about 10 minutes). Let cool.

Pour filling into pastry and smooth. Top with meringue, being sure to cover the entirety of the filling, forming a seal. Bake for a final 10 minutes until meringue becomes golden on top. Let cool, serve.

# MARKET FOR THE FOODIES!!

Saturday, October 31

9am to 1pm

An expanded Coronet Bay Market will now have fresh gourmet foods including artisan bread, cheeses, wines, fresh fruit and vegetables and much more!

And while you shop, have a coffee and a culinary delight from the Bay Cafe



**Kernot Food & Wine Store** Paul and Julie Johnston

#### Open

Thursday & Sunday 9.30am - 8.00pm Friday-Saturday 9.00am - 10.00pm Breakfast & Lunch Thursday to Sunday Wood Fired Pizza Thursday to Sunday

Dinner Menu Friday & Saturday [Winter opening times may differ] Live Music Friday Night & Sunday Lunch



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kernotfoodandwinestore@gmail.com facebook: Kernot Food and Wine Store



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#### BASSINE SPECIALTY **CHEESES**

Bass River Dairies Whole Milk. 1 & 2lt. Plus an exciting range of gourmet soft cheeses, made on the premises.

12noon-6pm Friday - Sunday Bass Highway, Bass

(Opposite King Road)

Phone 0466 183 513

#### French Island News



#### FRENCH ISLAND COMMUNITY ASSOCIATION

French Island Community Association
Tankerton PO
French Island
Victoria 3921
secretaryfica@gmail.com

#### EMERGENCY SERVICES

There is no regular police presence or ambulance service on the island. French Island has a Country Fire Authority (CFA). There is one fire engine stationed permanently on the island, next to the Community Hall on Tankerton Rd. CFA volunteers are able to respond to any kind of emergency.

Calling 000 is always the best option in an emergency.

#### NURSE ON CALL

For non urgent health issues islanders may utilise the Department of Health's Nurse on Call service:

Nurse On Call 1300 60 60 24

#### AMBULANCE SERVICES

Ambulance Membership

Membership Enquiries 1300 366 141 (Mon-Fri 8am-8pm, Sat 9am-5pm). Membership is advised as Air Ambulance is used from the island. If local support is required ask Ambulance to request CFA support on the island.

#### **FIRE PLANS**

All bushland residents should have a personal fire plan.

The French Island CFA hosts annual information sessions which give concrete advice on this topic.

The CFA is also happy to visit individual properties to further aid in the development of fire plans.

As for all of Victoria, fire bans and other instructions issued by the CFA should be followed.

#### **POISON INFORMATION HOTLINE 131126**

#### French Island General Store and Post Office

From bread and milk to plumbing supplies, the store provides so many goods and services, we can't name them all here (though we plan to try at a future date). In the meantime, whether its distilled water for batteries or a fuel filter for the car, ring to find out what's in stock. Newspapers can also be



ordered from the store with at least 24 hours notice. 03 5980 1209

French Island Community Association

Notices for the French Island section of The Waterline News should be sent to:

editor@waterlinenews.com.au by the 1st of each month.



#### **CFA Training**

Summer schedule
First and third Sundays of the month
October 4 and 18
10am - 12 noon at the FI Fire Station

The official French Island CFA Station Opening is being planned for November.

More details to come.

#### **FOFI Project Days**

Third Saturday of every



10.00am ferry from Stony Point. Meet in Tankerton jetty carpark at 10.15am. Onisland transport provided. BYO binoculars, water, hat, sunscreen & mozzie repellent. No experience necessary!

Contact Murray Bourchier on 9876 1410 at least one week prior to confirm participation.

#### Introduction to Permaculture Design

with David Spicer from the Permaculture Research Institute For the full course outline go to: http:// permaculturenews.org/courses/introduction -to-permaculture-design/ Where: French Island Retreat When: Friday Oct 23 to Sunday Oct 25 Cost: \$495

Contact: Graeme on 0419 369252 to arrange a pre-course visit and more info.

#### **Thursday December 31**

The Hall committee with support from FICA presents



French Island New Year's Eve Community Celebrations.

Afternoon and evening festivities for all, with a great 4-piece live band. Raffle with high quality prizes from local businesses. Invite your mainland family and friends to experience a truly unique Island tradition. More details to come.



#### French Island Landcare

#### **Landcare Nursery**

Volunteers are always welcome at the nursery on Wednesdays from 10am to noon.

Contact: Terri on 0413 088 527 or filandcarenursery@gmail.com



FRIENDS OF FRENCH ISLAND NATIONAL PARK President & editor: Geoff Lacey. Secretary: Meredith Sherlock (3/11 Raymond Ave, Frankston 3199; ph. 9770 5229; heresproof1@qmail.com)



#### French Island Feature

# FRENCH ISLAND KOALAS - NOT SO "CUTE AND CUDDLY" Chris Chandler

William Peters and family were pioneers at Corinella in 1860s. William was a taxidermist, who worked for Leadbeater & Son, natural history dealers and taxidermists from London. The most famous of all the animals the Peters collected was a little possum which they found in the Bass Valley forest. It was a new species to science and was given the name Leadbeater's Possum, after their boss. Sadly, Leadbeater's Possum was exterminated from the Bass Valley over 120 years ago, when local forests were all cut down and it is now an endangered species.

#### KOALAS INTRODUCED TO FRENCH ISLAND



In the late 1890s, William's son Jim Peters is said to have given two young Koalas to the Kiernan family in the north-east of French island - the area now known as Gartside's. Roger Martin and Katherine Handasyde have this to say about Jim Peters' introduction of Koalas to the island; "In 1898, the fires in Gippsland were the most severe for 50 years and razed almost all of Gippsland, including the forests of the Bass Hills. They would have undoubtedly devastated the area's Koala population. A

bushman with a naturalist's bent would have recognised the north -east corner of French Island as a safe refuge from fire as well as a place where Manna Gums were prolific."

Ed Butler lived at Stockyard Point on the south-east of the island from 1897-1900, but never saw a Koala. Charlie O'Brien was a woodcutter in the south-west corner of the island from the late 1800s, he died in 1914. One day when Charlie was an old man, he told the post mistress (Mrs Wood) that somebody had been outside his hut at night making strange noises. Mrs Wood called in her son Ted and asked him to make the noise of a Koala. Charlie responded, "That's it! That's it!" Charlie was not familiar with Koalas.

#### 1923 - THE FIRST POPULATION EXPLOSION

By 1923, the Koala population on the island had increased to such an extent, that it was greater than the island could support. Trees were being killed and Koalas were dying of starvation. The only known stand of Blue Gums on the island - along the creek between French Island Vineyard and 'Blue Gums' - was wiped out by Koalas and never recovered. Manna Gum woodlands were destroyed, and probably some Swamp Gum areas also.

The following quotes are from Martin and Handasyde; "John McNally [Government Wildlife Officer] recorded that a local farmer counted 2300 Koalas in an 8 kilometre stretch along the west coast in the early 1920s."

"Local farmers were alarmed and even requested permission from the State Government to shoot the animals in order to save the trees. Their request was denied. Instead the government authorised a translocation program and offered the locals two shillings and sixpence per koala, to catch, bag and deliver them to Tankerton jetty to be shipped to the mainland."

Records exist of 56 Koalas being removed from French Island to other places, including to Phillip Island and the first Koalas on Kangaroo Island in SA.

#### WHY DO THEY MULTIPLY SO FAST?

Koalas on French Island have none of their natural predators. On the ground, they are quite defenceless and were easy prey for dingoes; similarly, they are frequently attacked by domestic dogs in modern times. Aboriginal people hunted Koalas and the rapid increase in Koalas in Victoria from about 1870s has been attributed to the dramatic decline in Aboriginal populations, and the breakdown of their traditional hunting patterns. (Menkhorst,

2007). Dingoes were widely poisoned and Koalas increased to such an extent that a major industry was established hunting Koalas for their fur. The hunting increased to the point that in 1889, 300,000 Koala skins were exported from Australia. Bushfires also claim the lives of many Koalas. On French Island, in spite of many bushfires in 1920s and 1930s, Koalas numbers continued to rise. There is another reason for this... wild Koala populations have a sexually-transmitted disease called Chlamydia. The disease causes infertility in a proportion of the population, but they continue to slowly increase in number. Koalas on French Island do not have Chlamydia, most probably the animals which were introduced in 1898 were young and not yet sexually active. The Chlamydia-free Koala population on French Island has an average annual population growth rate of 28%!! This means the population doubles in less than three years. Clearly it is impossible to plant or grow trees fast enough to keep up with the galloping population.

#### EXPORTED ALL OVER VICTORIA

Apart from culling, the only solution for Koala control on French Island has been to remove animals to other parts of Victoria. From 1923 to 2006, 8551 Koalas were removed from the island and taken to places where they were once found all over Victoria, from Portland to Mallacoota and from Mildura to Corryong... as well as Tidbinbilla Reserve near Canberra.

The annual removal of Koalas from the island was not enough to save the woodlands, however. Apart from the extinction of Blue Gums mentioned above, Manna Gum woodlands have disappeared one after the other. The first Koala population explosion on the island in 1923 was just 25 years after they were introduced. In 1954, just over thirty years after that, Koala numbers were again out-of-control and tall Manna Gums along Coast Road were mostly killed. An effort was made to remove "most of the Koalas" on the island, with 2235 being taken by 1957. It was too late to save the Manna Gums south of Fairhaven, which have never returned.

I used to wonder why there are magnificent Manna Gums, tall and straight, at the Stony Point Caravan Park and all the way through Crib Point and Bittern... but not on French Island. The answer is simple, there once were such trees but they have been destroyed by Koalas. In spite of 2235 Koalas being removed from the island in the years 1954-57, just three years later, in 1960, it was considered necessary to remove another 268. The pattern has been repeated right through 20th century until today, "too little, too late" has been done to save French Island trees. 20 years after this, in spite of Koalas being removed every year, mature trees were still being killed... From 1980-82, with increased effort, 943 were taken off the island. However, it was too late to save the magnificent old Manna Gums that shaded Coast Road at Linley's corner, and another remnant on Redbill Road. These trees died and disappeared and today there is no sign at all that trees once grew there. In 1988, the last Manna Gums in the north-east of the

island were destroyed, in spite of repeated efforts by National Park staff to catch all the Koalas in the area.

Beginning in 1980s, the French Island Landcare Group has grown thousands of indigenous trees for replanting on the island - about 25,000 per year. Many landowners have planted 'Koala trees', only to be disappointed to see the young trees stripped and smashed by Koalas.

A two year old Manna Gum with all the leaves stripped off it.



Continued Page 15

#### French Island

#### Koala feature continued......

The trees that survive almost always have the central branches broken, which causes the tree to grow outward in a low, spreading form. French Island has a 'Koala-pruned landscape', nothing like the tall straight trunks of Manna and Swamp Gums just across the water in Crib Point and Bittern!

In many places around Victoria where Koalas were taken, the highly fertile animals from French Island multiplied to repeat the same problems in their new location; destruction of habitat and starvation. With no suitable places

left that did not have Koalas, other methods of control were investigated. Trials were conducted on the sterilization of both males and females, and finally a fertility control implant for females was perfected in 2004. Since 2007, between 160-180 females per year on French Island have been given the implants but it is not enough. Damage to trees is increasing and thousands of young trees planted over the last three years have been smashed and stripped bare by hungry Koalas.

#### **REFERENCES:**

Martin, R. & Handasyde, K. 1999. 'The Koala: Natural History, Conservation and Management'

Menkhorst, P. 2007 'Hunted, marooned, re-introduced, contracepted: a history of Koala management in Victoria'

Manna Gum stripped Except for mistletoe.

# POETS CORNER

#### **DANDELIONS**



Today, when I looked outside the back door,
I looked, and looked till my eyes were dazzled
And I felt I could look no more For on the back lawn was a carpet of yellow which had not been there before.

Like miniature daisies full blown
Of the most cheerful yellow,
Dented green leaves so green and so mellow,
Long tap root, seeds a ball of swans down
That a puff of wind dispersed with one blow
A common weed that will rapidly grow.
Knowing this fellow is a gardener's curse
Could make me feel no worse
Because this patch of tallow
I love to feast my eyes on
Is known as the common dandelion.

**Paula Seymour** 



#### ABOUT KOALA HUGS

Koala Hugs follows the adventures of a flat, koala teddy bear and his family on a small island where there are hundreds of real koalas. Koala Hugs is written and illustrated by Amanda Penrose, an Australian artist, storyteller, and web designer. Send her an email. She'd love to hear from you! amanda@dd.com.au

The adventures of a teddy bear koala on French Island, by Amanda Penrose



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#### **Bits & Pieces**

#### CRIME STATISTICS

Here is a summary of the number of crimes, by catergory during the year ended June 30, 2015 by municipality.

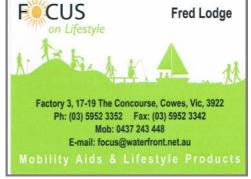
#### **Bass Coast**

- Sexual Offences 124;
- Dangerous and negligent acts endangering people 52;
- Burglary/Break and enter 181;
- Weapons and explosive offences 66;
- Disorderly and offensive conduct
   119:
- Abduction and related offences 7;
- Robbery 7;
- Blackmail and extortion 1;
- Arson 32;
- Deception 72;
- Cultivate or manufacture drugs 21;

#### South Gippsland

- Sexual offences 112;
- Dangerous and negligent acts endangering people 32;
- Burglary/Break and enter 43;
- Weapons and explosive offences 43;
- Disorderly and offensive conduct 41;
- Robbery 3;





# GRANTVILLE PUBLIC HALL & RECREATION RESERVE



#### COMMITTEE

Following the recent committee appointments by the Department of Environment, Land, Water & Planning the new committee members met last month and elected their office bearers For 2015-16.

President:
Vice President:
Secretary/Treasurer:
Maintenance:
Promotions:
Neville Goodwin
Gwenda Swan
Pat Van
Anthony Cook
Roger Clark

**General Committee Members -**

Zena Benbow, Leslie Margrie, Christopher Kellett, John Hulley, Don Wheatley and Irene Wheatley.

All enquiries to the secretary: Pat Van 5997 6221

# OP SHOP ON THE MOVE.



The Bass Coast Community Baptist Church and the Op Shop are moving to new combined premises on the weekend of October 24/25 and hope to have the Op Shop trading by Monday October 26. Their new premises will be at Factory 5, 6-10 Grantville Drive Grantville, behind Bass Coast Stockfeeds.

All enquiries regarding the Church and Op Shop to Pastor Ilse McDonald.

0402 065 852

#### PRODUCT OF THE MONTH



With summer almost with us, what better choice as our product of the month.

The Australian made AQUA-YAK Snapper Pro Kayaks are available from Grantville Mitre 10 in a range of colours. They come fully equipped with all fittings, ready to put in the water, and are reasonably priced at just \$599.



Bill and Gary also have a good range of plants and seedlings, perfect for spring planting.







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# **Woolamai Picnic Races**



The 2015-16 Woolamai Picnic Racing season commences on Saturday November 28.

There will be six meetings this year, all Saturdays, with the time honoured Woolamai Cup to be conducted on Saturday February 6.

Put the dates on your calendar now so you don't miss out.

- Saturday November 28
- Saturday January 16
- Saturday February 6 (Cup Day)
- Saturday February 20
- Saturday March 19
- Saturday April 9

Group Bookings are available for all meetings.

Contact Secretary Bev Carmichael 5678 7585

Email:

woolamai@outlook.com





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#### THE WRITINGS OF E.E CALDWELL

#### HUMANITY

The pen, you've heard it said frequently - is mightier than the sword. Thomas Hood's poems The Bridge of Sighs and the Song of the Shirt resulted in greater social reforms than was believed possible.



Think, too, for a moment of Dickens voluntarily cooped up in an English prison spending other men's last nights with them. Why? Because he could then write with authenticity for the world to read - not of man's humanity - but rather the reverse. He alone wrought wonders in reformation in the so-called justice system. But social conscience was then and always will be well ahead of political conscience.

Consider Wilberforce struggling for years to halt Britain's slave trade. Shaftesbury, too, the laughing stock of the Parliament as he stammered his proposals for improved labor conditions of women and children in factories and mines. Against the odds they succeeded.

Prolific writer though he was, Browning would have traded his entire output to have written Robbie Burns' memorable lines: "Man's inhumanity to man makes countless thousands mourn."

In the late 1800's whilst America was viciously ripping itself apart, one persistent doctor busied himself with the task of finding the causes of childbed fever. His triumph saved more lives that the entire Civil War had managed to destroy. Florence Nightingale nursing: Lister antiseptics; Pasteur chemistry and microbiology; Sir Humphrey Davy safety lamp and anaesthetics,; Sir Edwin Chadwick sanitation resulting in the Public Health Act; Luis and Marie Curie, numerous honors for their services to science; Emmeline Pankhurst, women's suffrage; and so the list goes on.

The subject is vast. But for all man's inhumanity to man, there are so many beacons that shine brilliantly throughout the centuries. Equally, there must have been myriads who lived their lives in quiet dedication to the betterment of others only to pass into obscurity, their names lost to history.

Of those whose feats are recognised, revered, recorded in the world's calendar of events, there is no need for elaborate detail here. Many were British of the 19th century when slavery, prison conditions, medical procedures, sanitation, mines and factories all clamoured for reform.

But closer to and in our own times and country, from a meagre population have sprung the eminent scientists Sir Marcus Oliphant and Lord Howard Florey; Nobel Prize recipient Sir Macfarlane Burnet; the reverend John Flynn, whose Flying Doctor Service is legendary.

In addition to these well known humanitarians, add the name of arguably Australia's greatest sportsman. Despite the rules of the game being altered in an effort to curb his superiority, not one of the world's champions could match him so with no challenges forthcoming he was forced to accept early retirement.

During the second war he emerged to stage many exhibitions raising more than a million dollars for charity. Visitors seeking his final resting place in the Melbourne General Cemetery may be delighted to see there as a lasting tribute to his many triumphs a magnificently carved billiards table.

The incomparable Walter Lindrum.

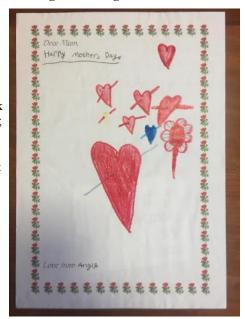
Still to come in Betty's series of writings

Blessings (2014), and End (2015).

#### RIPPLE EFFECT

When St Patrick's Primary School Pakenham pupil, seven-year-old Angie Scandizzo drew a Mother's Day card, as did others in her Year 2 class, she had no idea of the ripple effect it would create. Now aged 12 and in Year 6, she has learned of the pleasure it has given many people over the last four years.

Message from Angie



Like a benevolent Father Christmas Father Benny looks over his glasses from the pulpit.

"Year 2 children from St Patrick's School made one for every mother here. Enjoy them."

From the sheaf of greetings in his hand an altar boy hands Carmel a sheet of paper. Crayoned words read, "Dear Mum, Happy Mother's Day." Hearts fill the centre of the page. Below them is written "Love from Angie."

Face as white as the chrysanthemum on her collar, Carmel studies the drawing. What is Angie trying to tell her?

The blood red heart in the middle must be her, the smaller hearts their children

Are the four closest red and one yellow the ones who live nearby and the one in blue the one who lives a distance away vet visits often? Is the red one standing well away the daughter who lives interstate? E.E Caldwell 2012 To the right a large red flower dominates the page. "Angie?" she whispersthe gentle patriarch of their large family.

> Now more than three years since she last held her husband of sixty one years her hand shakes as she rereads Angelo's message from the grave.

> > Mervl Brown Tobin



St Patrick's Primary School Pakenham pupil, 12 -year-old Angie Scandizzo who painted a Mother's Day card when she was seven and which took on a life of its own she never would have imagined. With her are poet Meryl Brown Tobin who wrote up the true story in the poem 'Message from Angie' and her school Principal, Mick O'Brien.



October 2015

#### Writing



I Leave the City of Tears (farewell to Budapest 1944)

How strange you are how different you are still you are my everything.

My tearful, beautiful heartstealing mysterious city.

Distant horizons, moors bathing in an ocean of light, waiting for me.

I walk with stumbling steps my head is heavy, grieving, sadness covers me.

Glistening waves of old Danube, they are waiting for me there.

The West is calling and I walk away.

**Judy Bartosy** 

Published in From Silver Pines to Blue Gums, Seaview Press, Adelaide, 1997

# The difference between Dogs and Cats.



#### The Dog's Diary:

8am – Dog food! My favourite thing! 9.30am – A car ride! My favourite thing! 9.40am – A walk in the park! My favourite thing!

10.30am – Got rubbed and patted! My favourite thing!

12pm – Milk bones! My favourite thing! 1pm – Played in the yard! My favourite thing!

3pm – Wagged my tail! My favourite thing! 5pm – Dinner! My favourite thing!

7pm – Got to play ball! My favourite thing! 8pm – Wow! Watched with the people! My favourite thing!

11pm – Sleeping on the bed! My favourite thing!

#### The Cat's Diary:

Day 983 of my captivity. My captors continue to taunt me with bizarre little dangling objects.

They dine lavishly on fresh meat, While the other inmates and I are fed some sort of dry nuggets. Although I make contempt for the rations quite clear, I never- the -less must eat something in order to keep up my strength.

The only thing that keeps me going is my dream of escape. In an attempt to disgust them, I once again vomit on the carpet. Today I decapitated a mouse and dropped the headless body at their feet. I had hoped this would strike fear into their hearts, since it clearly demonstrates my capabilities. However, they merely made condescending comments about what a "good little hunter" I am. Jerks

There was some sort of assembly of their accomplices tonight. I was placed in solitary confinement for the duration of the event. However, I could hear the noises and smell the food.

I overheard that my confinement was due to the power of my "allergies", I must learn what this means, and how to use it to my advantage.

Today I was almost successful in an attempt to assassinate one of my tormentors by weaving around his feet as he was walking. I must try this again tomorrow, but at the top of the stairs.

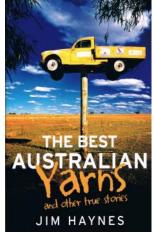
I am convinced that the other prisoners here are flunkies and snitches.

The dog receives special privileges. He is regularly released, and seems to be more than willing to return. He is obviously suffering from some form of mental illness. The bird must be an informant. I observe him communicate with the guards regularly. I am certain that he reports my every move. My captors have arranged protective custody for him in an elevated cell so he is safe. For now.

By an unknown author

#### BOOK REVIEW

The Best
Australian
Yarns is a
substantial and
definitive
collection of
factual and
fanciful Aussie
stories, humour
and anecdotes the result of Jim
Haynes'
decades of
researching



popular Australian culture and history and yarning to mates and other colourful

characters from all parts of Australia and all walks of life. This collection includes tall stories from the

bush, reminiscences from the racetrack and the shearing shed, railway yarns, stories from the world of show business, Aboriginal legends and humour, digger yarns from both world wars, stories of ghosts, monsters, bunyips and yowies... and many things you never knew about our amazing history and the characters who made it - the pioneers, heroes, convicts, bushrangers, eccentrics and brave and forgotten men and women whose fascinating lives and achievements created the Aussie spirit that we all love.

While the stories range from poignant to hilarious, many simply describe unusual coincidences, strange occurrences or simple everyday humorous events with a refreshing understatement

that vividly
evokes a
vanishing
Australia where
looking for a
good laugh was a
key component of

a cheekier national character and a simpler lifestyle.

Roger Clark

The Best Australian Yarns and other true stories, by Jim Haynes is published by Allen & Unwin and is available at all good book stores and retail outlets.

www.allenandunwin.com





# More Local Community News



#### CORONET BAY CONTINUES FOOD TRADITION OF MARKETS

Coronet Bay is to continue the age old traditions of offering

fresh food at the next market on Saturday October 31. Yes this is indeed an ancient tradition throughout the world, harking back centuries to the Middle East in Biblical times, the Forum in ancient Rome and the many old markets in the UK. The Doomsday Book of 1085 refers to a market in Canterbury which is still held there. The small town of Bedale in Yorkshire that I know very well, was given its market charter in 1252 by Henry III who stated that 'Bedale will hold a market every Tuesday' – it still does.

Australia is no exception with Melbourne opening its first market in 1841, only a few years after the settlement of Port Phillip. This was the Western Market bounded by Market, Collins and William Streets and Flinders Lane. In 1847 population increase created the need for the Eastern Market which was on the corner of Bourke and Elizabeth Streets. Later these two markets came together to form the Queen Victoria Market that is now not only an important fresh food outlet but also a tourist attraction. Coronet Bay is similar in that the market started not long after the township was formed. It started in the 1970's with Fred Gration selling used furniture from a shed with the proceeds going to the community. That shed is now the Ratepayers' Shed selling second hand goods at the market under the guidance of Mel Gration, Fred's son. So the market has grown and we now think it is time for the addition of fresh food. Three issues with markets come to mind economic, entrepreneurial and societal. **Economic** 

From an economic aspect the original need for markets was to exchange goods and services, to people who needed them. As mentioned above in the case of Bedale, market towns in England were given a Royal Charter that was not simply a gift from the Monarch, but a requirement that the town

hold a market as directed. The reason was strategic given a town's location between certain towns and villages. It made economic sense to establish a market in a place where people could obtain the goods they needed with the least travel time and cost. It was an old supply chain and logistics decision from the central government.

Entrepreneurial

Many businesses have grown from traders running market stalls. In the UK for instance the Morrisons' Supermarket chain grew from a stall run by its owner in the Yorkshire town of Bradford. It is ironic that a supermarket chain grew from a market stall because the small business people in markets today are offering the public goods and services that supermarkets cannot offer. They are offering something different and of high quality while markets are giving traders an opportunity to grow their business in the wider community.

Societal

Although the original reason for markets was the need to get produce efficiently and effectively to people there is also a social benefit in that people meet each other at the market. Contact between people is an important societal and mental health need and markets are helping with this. Just think, when you go to the local markets at Coronet Bay and Grantville you spend half the time talking to people. In addition you are also in personal contact with the stall holders, who you may just want to have a chat with or to have an interesting discussion on the products they are offering. Further to this, by dealing directly with the stall holder you get important information on the goods that you are buying, such as why it is different to other offerings, quality, reliability etc. It is not easy to get that sort information in a supermarket or large store. One thing that annoys me is that when I ask about a product in a big store I often get the answer 'oh yes, this one is very popular'. Does that mean we are all stupid in buying

So Coronet Bay is continuing an age old tradition of offering fresh food at their market, there will be such things as artisan bread, olives, olive oil, cheese, honey, wine, fruit and veggies and more. Do come along and meet these small business people offering something different to the big stores; find out who they are and talk about their products. We are bringing the traders to you but we are also helping them become known in the local market place and to hopefully develop their business. Meet up with friends with a coffee or maybe indulge in a cake or scone at the Bay Cafe!

Next Coronet Bay Market is Saturday
October 31 from 9 am. to 1pm.













Grantville's very own Deli

Located at Shop 6-1524 Bass Highway, Grantville Phone: 03} 5678-8288

# Getting Your Vehicle Ready For Summer

Summer's heat, dust, and stop-and-go traffic, will take their toll on your vehicle. Add the effects of last winter, and you could be poised for a



breakdown. You can lessen the odds of mechanical failure through periodic maintenance...Your vehicle should last longer and command a higher resale price, too!

Some of the following tips are easy to do; others require a skilled auto technician.

#### **Air Conditioning**

A marginally operating system will fail in hot weather. Have the system examined by a qualified technician. Newer models have cabin air filters that clean the air entering the heating and air conditioning system. Check your owner's manual for location and replacement interval

#### **Cooling System**

The greatest cause of summer breakdowns is overheating. The cooling system should be completely flushed and refilled about every 24 months. The level, condition, and concentration of the coolant should be checked periodically. (A 50/50 mix of antifreeze and water is usually recommended.) DIYers, never remove the radiator cap until the engine has thoroughly cooled! The tightness and condition of drive belts, clamps, and hoses should be checked by a pro.

#### Oil

Change your oil and oil filter as specified in your manual more often (every 3,000 miles) if you make frequent short jaunts, extended trips with lots of luggage, or tow a trailer.

#### **Engine Performance**

Replace other filters (air, fuel, PCV, etc.) as recommended more often in dusty conditions. Get engine drive-ability problems (hard starts, rough idling, stalling, diminished power, etc.) corrected at a good shop.

#### Windshield Wipers

A dirty windshield causes eye fatigue and can pose a safety hazard. Replace worn

blades and top up washer solvent.

#### Lights

Inspect all lights and bulbs; replace burned out bulbs; periodically clean dirt and insects from all lenses. To prevent scratching, never use a dry rag.

On the road

#### **Tyres**

Have your tyres rotated about every 10,000 kms. Check tyre pressures once a month; check them while they're cold before driving for any distance. Don't forget to check your spare as well and be sure the jack is in good condition. Examine tyres for tread life, uneven wearing, and cupping; check the sidewalls for cuts and nicks. An alignment is warranted if there's uneven tread wear or if your vehicle pulls to one side.

#### **Brakes**

Brakes should be inspected as recommended in your manual, or sooner if you notice pulsations, grabbing, noises, or longer stopping distance. Minor brake problems should be corrected promptly.

#### **Battery**

Batteries can fail any time of year. The only accurate way to detect a weak battery is with professional equipment. Routine care: Scrape away corrosion from posts and cable connections; clean all surfaces; re-tighten all connections. If battery caps are removable, check the fluid level monthly. Avoid contact with corrosive deposits and battery acid. Wear eye protection and rubber gloves.

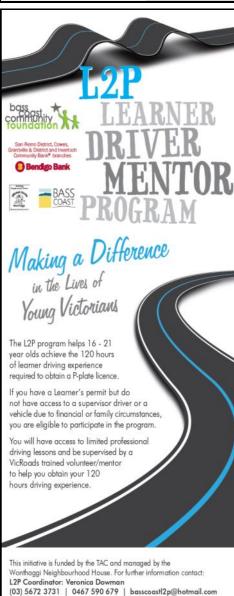
#### **Emergencies**

Carry some basic tools — ask a technician for suggestions. Also include a first aid kit, flares, and a flashlight.



A husband, the owner of a new car, was somewhat reluctant to allow his wife to drive his prize possession...even to the Supermarket which was a few blocks from the house. After she insisted, he finally relented, cautioning her as she departed, "Remember, if you have an accident, the newspaper will print your age!"







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- What kind of animal is the largest living creature on earth?
- 2. Give another name for the study of fossils?
- 3. What do dragonflies prefer to eat?
- What is the food of penguins? 4.
- 5. In which European city can you find the home of Anne Frank?
- 6. How long is the Great Wall of China?
- According to the Bible, who was the 7. first murderer?
- 8. In what year did Princess Diana die?
- 9. Which famous British murderer of the 19th century was never arrested?
- 10. What is the most fractured human bone?
- 11. What is the name of the Indian Holy
- 12. How many stars feature on the flag of New Zealand?
- 13. What colour do you get when you mix red and white?
- 14. What colour is the French wine Beaujolais?
- 15. Which nuts are used in Marzipan?
- 16. From which cactus is tequila made?
- 17. From which country does pitta bread originate?
- 18. Which cheese is traditionally used in making pizzas?

# Trivia and Lifestyle

- From which country is the famous Emmental cheese?
- 20. Which French town is known for its mustard?



#### **ANSWERS**

. 19. Switzerland. 20. Dijon. 16. Agave. 17. Greece. 18. Marzipan. Ganges. 12. Four. 13. Pink. 14. Red. 15. Almonds. 8. 1997. 9. Jack The Ripper. 10. Clavicle. 11. The 4. Plamkton. 5. Amsterdam. 6. 4000 miles. 7. Cain. I. Whale. 2. Palaeontology. 3. Mosquitos.

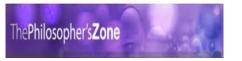
#### **Quiz Funnies**

Q: How many birthdays does the average man have?

A: One a year

Q: Some months have 31 days. How many have 28?

A: All 12





I want to live simply. I want to sit by the window when it rains and read books I'll never be tested on.

I want to paint because I want to, not because I've got something to prove. I want to listen to my body, fall asleep when the moon is high and wake up slowly, with no place to rush off to.

I want not to be governed by money or clocks or any of the artificial restraints that humanity imposes on itself. I just want to be, boundless and infinite.



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# Self Sufficiency



# FROM WASTE TO WANT

Part 5 of a new Self Sufficiency series. 70 ways to recycle unwanted kitchen waste.

#### Glass, bottles & jars

1. Glass jars and bottles when clean and dry, make ideal storage containers or canisters for food and drink.



2. Glass bottles serve as decorative edging or walls for the garden.

Bottles can be geometrically stacked and cemented together to form a retaining wall in the garden, shade-house or verandah. Bottles can also be pushed singularly, top first, into the soil to create a decorative edge along paths and driveways.

3. Glass flagons (cut in half) or large glass jars become protective 'glass-houses' for young seedlings.



4. Empty jars with perforated tops make useful sprinklers for sugarcinnamon mixture, salt, pepper, flour, 100's & 1000's, cocoa powder (for cappuccino's), etc. They will also suffice as toothpick holders - simply shake the container and one



toothpick holders - simply shake the container and one or two toothpicks will tumble out!

- 5. Glass jars, when filled with layers of coloured sand make useful bookends or door -stops.
- 6. Create a decorative rice vase by coating a suitably shaped jar with white craft glue and rolling the jar in rice (sprinkled onto a sheet of paper). Keep rolling, and applying more glue (if necessary) until the entire surface of the jar is coated in rice.
- 7. Construct a useful jar storage system by obtaining a number of small screw top jars (baby-food jars are ideal). Remove the lids. Evenly space the lids (with top-side down) along a suitable piece of wood, and nail into place. Attach the bases and secure the wood to the underside of a shelf, workbench or similar. The jars become handy storage containers in the kitchen, office or work shed
- 8. Transform glass bottles and jars into versatile drink-ware by slicing off the top at the required depth (you will need to purchase a specially designed kit for this procedure -

there is an old-timers method involving warming the glass and attaching a length of string - but is only for the brave-hearted!) and smoothing the rough edge with sandpaper. The remaining top section will suffice as a funnel.

#### Miscellaneous

9. Don't throw away cracked plastic items, they can easily be repaired by heating a small screwdriver to medium heat and

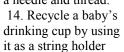


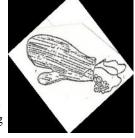
running it over the crack. The heat will melt the plastic and seal the crack sufficiently to give the item new life!

- 10. Recycle corks by replacing broken knobs on saucepans and kettle lids. Remove the broken knob and replace with a cork secured into place with a screw.
- 11. Discarded matchboxes filled with dead matches and dipped into flammable liquid make excellent firelighters.
- 12. Pieces of tin foil hung in the garden will deter birds. Tin foil strips make ideal long-lasting plant marker tags in the garden or shade house.



13. Turn a disused oven mitten into a children's toy beanbag by filling it with dried beans and sealing the end using a needle and thread.





- 15. Cracked plates and dishes will suffice as pot plant bases.
- 16. A disused dish-rack will make a handy file or magazine holder.
- 17. Discarded cutlery (particularly forks and

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desert spoons) may be twisted and shaped to form innovative bracelets and bangles.

18. Disused roasting dishes make ideal cat litter trays.

19. Recycle old tablecloths into rags, handkerchiefs and aprons.

20. Rusty and/or disused kitchen utensils (such as scoops, spoons, egg slice,

etc.) will suffice as garden utensils and children's playutensils in the sandpit



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25 November is White Ribbon Day.

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Australia's campaign to stop violence against wome White Ribbon >

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# Gardening and Outdoors

# 5 ways to use bleach in the garden Melody Teh



You know it's a great cleaning product but did you know there are plenty of uses for bleach in the garden, too? Here are just five reasons to keep a bottle of bleach in the garden tool shed.

#### Kill moss and weeds

There are many times we welcome moss but when it's on your brick, concrete or stone walkways, it can be slippery and unsightly. Scrub unwanted moss with a solution of ¾ cup bleach in three litres of water. If there are weeds poking out of the cracks and crevices of your walkways, pour a bit of undiluted bleach over them. Pull out after a day or two.

Sanitise gardening tools

Although gardening tools are tough and durable, it's a good idea to give them a clean now and again as dirt will slowly corrode the metal and moving parts. Plus, if you've been handling a diseased plant, you don't want your tools to spread the disease around. Wash tools with ½ cup bleach to one litre of water. Air-dry in sun and rub a bit of oil to prevent rust.

Extend life of cut flowers

While bleach is great for killing things, it also helps to extend the life of cut flowers. Add 1/4 teaspoon of bleach to one litre of

water. Its disinfectant properties will help keep water clean and inhibit growth of bacteria.

Removes mildew

If those outdoors chairs and benches are looking a tad "mildewy", a simple bleach solution can help you remove those mildew stains. Add two to three tablespoons of bleach to a standard spray bottle of water. Spray on spots and rinse well.

Clean flower pots

To keep pots looking new, as well as killing any plant diseases that may linger from previous flowers, give pots a thorough scrubbing with a diluted bleach solution. Combined one part bleach to four parts of water to disinfect pots.

#### **HOME MADE MOSQUITO TRAP**





Have you noticed the Mosquitos are already out! Here is a homemade trap to help keep you and the kiddos from being a blood donor!!!

#### **HOMEMADE MOSQUITO TRAP:**

#### Items needed:

1 cup of water 1/4 cup of brown sugar 1 gram of yeast

#### 1 2-litre bottle **HOW**:

- 1. Cut the plastic bottle in half.
- 2. Mix brown sugar with hot water. Let cool. When cold, pour in the bottom half of the bottle.
- 3. Add the yeast. No need to mix. It creates carbon dioxide, which attracts mosquitoes.
- 4. Place the funnel part, upside down, into the other half of the bottle, taping them together if desired.
- 5. Wrap the bottle with something black, leaving the top uncovered, and place it outside in an area away from your normal gathering area. (Mosquitoes are also drawn to the color black.)

Change the solution every 2 weeks for continuous control.





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#### NOVEMBER GARDENING TIPS



If you live in a tropical climate, you may have already started to receive the summer rains and this will only continue. If you have large grassed areas, make sure you either manually aerate them with a garden fork, or apply a good soil wetting agent during November. Even your gardens could do with a bit of soil wetting agent to make sure they can absorb and dissipate the large quantities of water about to come their way. You'll also want to apply a good lawn fertiliser and a good garden fertiliser to the various areas of your garden.

If you live in the more temperate or cold climates of Australia, your story is very different. Far from expecting drenching summer rains, temperate and cold climates can usually expect a very dry next few months. Like the tropical climates, an application of soil wetting agent, if you haven't done so already, would be beneficial. Rather than preparing for lots of water, this is to ensure that any water that does fall makes it to where it needs to be—the roots—and doesn't sit on top of the soil surface for the sun to evaporate. It may also be time to remove your spring annuals if they are no longer looking healthy. Don't prune annuals, they don't

## Gardening

need pruning. If they are looking unhappy it Sea Spray Grevillea is probably best just to remove them. Annuals should be fine since they should last a season but this is not always the case. Local nurseries are stocked full of summer annuals and November is a great month to get some more growing. In most temperate and cool parts of Australia, November is still relatively mild, compared to December-February, so planting summer annuals now will give them a month to prepare for the summer sun

If you have spring perennial plants that are starting to finish their flowering you might like to consider giving them a prune now. If you have plants that flower from spring through summer, continue to make sure you remove the spent flowers because this will encourage most plants to at least try and flower again. Spring and summer flowering bottlebrushes are a prime example. Cut off the dead flowers and you will likely get another display sometime during summer. It may be a smaller showing, but that is better than nothing.

Keep an eye on your vegetables and make sure you are watering them regularly. The hot sun will absolutely devastate vegetable plants that are low on water. Good water and the right amounts of shade will significantly help in achieving a healthy vegetable garden this summer.



Jim @ Aussie Green Thumb.com www.aussiegreenthumb.com

#### PLANT OF THE MONTH



Genus: Grevillea Species: preissii

Common Name: Sea Spray Flower Colour: Red Foliage Colour: Grey Growth Habit: Shrub to 1m Flowering: Autumn to Spring

The first thing that captured my attention with this variety of Grevillea is the raspberry looking flowers. Most variety of Grevillea have very open looking flowers but this kind is more tightly bunched and often clustered together. The flowers are deep red in colour and appear from Autumn through to Spring.

The Grevillea preissii prefers sandy or limestone based soils and will cope best in full sun to part shade locations. This variety is slightly smaller than some of the more common types, growing to be between 0.5m and 1m high. It is very much a bird attracting variety, honey eaters absolutely love the nectar from this Grevillea.

The grey foliage helps it stand out when planted with the more common green leafed varieties.

Jim Middleton





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#### Pets and Pet Care

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Peaches - Large Female Australian Cattle Dog x Bull Arab Come and say hello to Peaches! If you are a active person looking for a walking/running buddy then Peaches is vour girl.

Peaches is good with other dog friendly dogs and loves to play and tumble with them, she is an active girl so needs regular exercise.

Peaches loves a cuddle and is very affectionate. She is best in a home without cats. Peaches needs to be busy and active if she gets bored she will become a chewer, so needs lots of toys and ideally a doggy companion to keep her company throughout the day and stop destructive behaviour.

Peaches will need an active home lifestyle, can she come and live with you? Peaches' details

Age: 1 year Adoption Fee: \$425 De sexed: Yes Vaccinated: Yes Wormed: Yes Heart Worm Treated: Yes Microchip Number: 982000363295644



Motsey - Female Domestic Short Hair



Meet Ms Motsey.

Motsey is looking for a quiet and loving home where she can spend her life in comfort.

This beautiful senior girl was surrendered to us after her elderly owner could no longer give her the care she needed. Motsey will take some time to get used to her new home but once she feels safe she really comes out of her shell and is quite affectionate. She will also head butt you with gusto once she feels safe and relaxed. Like many older cats, Motsey likes her quiet time on the couch next to you and enjoys a good belly rub! She has a really lovely nature and will be a loyal companion to the right loving owner.

Motsey would suit a home without young children or noisy/excitable animals. She is used to living indoors and knows how to use her litter tray. She is also happy to share her home with other easy going/quiet

Motsey comes de sexed, vaccinated and microchipped.

Medical Notes

Motsey has the start of kidney disease so needs to be on a special renal diet that can be purchased from any vet clinic as a preventative. She will need 6 monthly senior vet checks to ensure she stays nice and healthy also. But apart from that she is a very healthy senior girl.

Motsey's details

Age: 8 years 9 months Adoption Fee: \$75 Coat: Short Desexed:

Yes Vaccinated: Yes Wormed: Yes Microchip Number: 956 000 001 012 176

All of Second Chance Animal Rescue animals have been vet-checked, de sexed, microchipped, and vaccinated and all cats adopted in the Bass Coast area will have strict adoption criteria of being indoor only.

Second Chance Animal Rescue Inc.

Contact: Marisa

Email:

marisa@secondchanceanimalrescue.com.au Phone 03 9357 0834

secondchanceanimalrescue.com.au





If you are interested in adopting a greyhound contact: editor@waterlinenews.com.au



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#### History

#### HISTORY **Noelene Lyons** Queensferry -

The South Gippsland Town that vanished



Oueensferry was one of our Pioneer towns that grew, flourished and then disappeared. As you drive up the Bass Highway towards Cranbourne, just a few kilometres before you come to Maru Park on the LHS you might see the 101 km post which once had a hotel on each corner...this is now called Queensferry Jetty Road.

In 1881 Lyson Howell Williams built the large Victorian Hotel on the western corner and the district took the name of the hotel. If you travel along Queensferry Jetty Road to the shore, the remains of a sizable jetty will help you imagine the thriving town which once stood here. The town developed around the jetty which was another shipping port linking Western Gippsland with Melbourne. Small ships carried either passengers or cargo to and from ports such as Queensferry and Grantville to the western side of Westernport or Melbourne. Road travel in the late 1880s was very difficult and often impassable, particularly around the Koo Wee Rup swamp areas. It was proven much cheaper and easier to travel via the sea.

So if you go for a visit to see the Queensferry Town that disappeared. Look for the sign "Queensferry Jetty Road" Stand at the beach with your back to the water and imagine a settlement by the sea with hotels, Colonial Wine Saloon, 3 Public Halls, a General Store and small and large houses that would have been there a century ago. Paddocks of hearth stones and weather beaten pear trees which marks the spot of Mr. George McGowan's large two storey residence on the road called Esplanade. Large extravagant parties were held at his residence and were very well attended. At one of his parties his house caught fire and was totally destroyed. Mr McGowan built a small cottage and lived there for the remainder of his days.

The decline of the Queensferry settlement began when the railway line was built across the Koo Wee Rup Swamp and along the Bass Valley. The port ceased to be the centre of commerce and people moved away. The town continued but at a much reduced population, then in the late 1920's the final episode in the demise of Queensferry drove out the last six residents.



It was the rise of the abnormal height tide, which flooded into houses and inundated most of Queensferry. The flood was not serious but it saturated the land with salt water rendering it useless for many years. Today white mangrove can be seen growing in the soft black mud along the shores. Insect eating birds together with Spoonbills and Herons feed on the mud flats. Returning from Queensferry Jetty Road you will pass an artesian bore. The artesian water was discovered while drilling for coal. It was reported that when it was struck, the force of the water blew the machinery off the top of the bore. Coal has never been mined there, but the water flowed for many years. The water was used by Cobb & Co Coaches on their trips.



These are photos of the remains of an old cellar which the landowner has fenced off to try and protect it a bit and some old tools etc that he has found there.

#### Photos by Judy Green (Grantville)



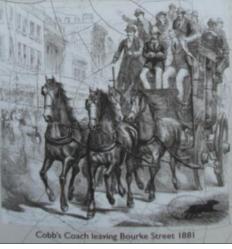
#### THE WESTERN PORT COBB & CO

#### DESPERATELY SEEKING

Alan McNish is seeking war diaries of his grandfather, John William McCulloch.

They were lent out by his daughters, Grace Morris and Joan McNish. John served in the Boer and World War 1 and lived in Outtrim and Wonthaggi. Contact: Alan McNish, 0427 248 778

Agitation for a good road to Dandenong



began in the early 1850's. The route was surveyed but very little was done to make the road passable in all weathers. Many tales were told about the mud and the boggy state of the Western Port Road. The blacksmith at Grantville, Charlie Williams, was often busy repairing coaches and harness so that the timetables could be maintained.

Cobb & Co ran a coach service on Tuesdays, Thursdays and Saturdays from Noelene Lyons Dandenong to Grantville and returned on Mondays, Wednesdays and Fridays at the cost of 5/-. In 1913 the Country Roads Board was formed and the road was repaired and renamed the Bass Highway.

#### THE TIMBER CUTTERS

For about 20 years, timber was king in



Grantville. Mills were established in the hills, owners ran tram lines to the coast and cut logs were transported to Melbourne. Two sawmills were established in Grantville in 1874. It has been said that the tallest trees were clean sticks 250ft high. Brazier's tramway came to Grantville, Stewarts tramway came to Queensferry and a third went through Woodleigh to Bass Landing. In 1876 nine thousand super feet of timber per week was milled in the Grantville mills. By the late 1890s there was not enough timber left in the Bass hills to make the mills profitable.

The mills closed and the workers left. Grantville's heyday was over. Additional information from Grantville & District Memorial Park history board walk.



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