

The Waterline News

FREE

Distributed to outlets in Tooradin, Koo Wee Rup, Lang Lang, Nyora, Loch, Kernot, Grantville, Corinella, Coronet Bay, Bass, San Remo, Newhaven, Cowes, Phillip Island, Rhyll, French Island and Wonthaggi.

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Number 6

February 2018



Phillip Island 2018



RHYLL 2018
PHILLIP ISLAND
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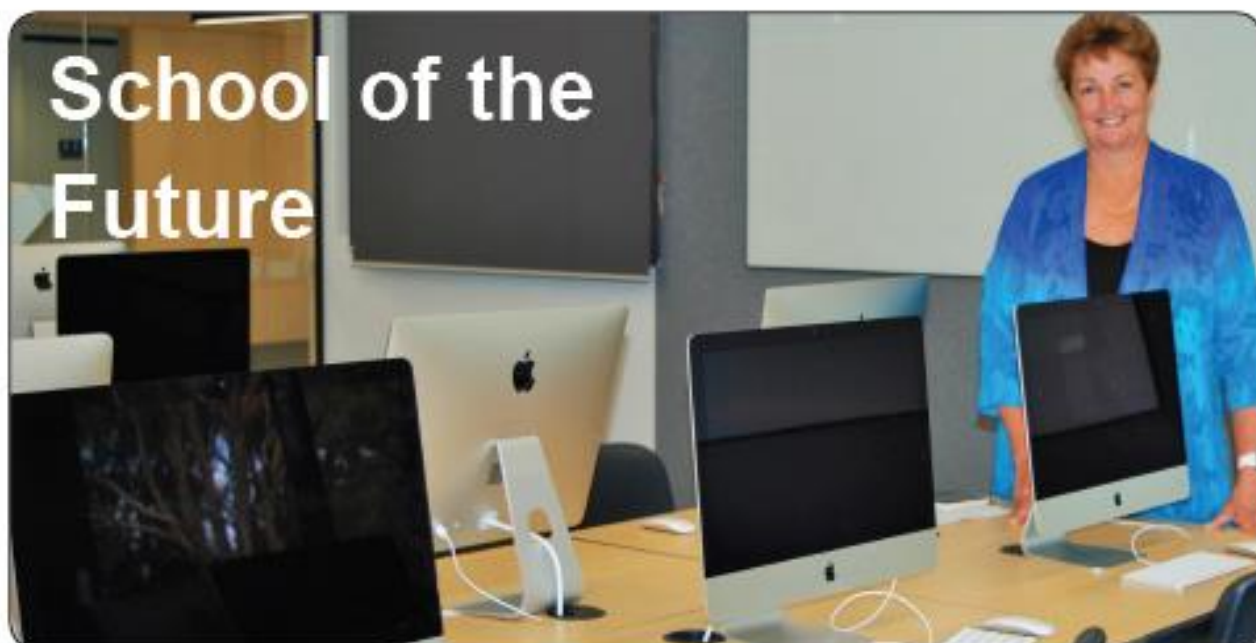
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215 - 235 Rossiter Road, Koo Wee Rup VIC 3981

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Email: reception@blackfishmedical.com.au



The future has arrived at Newhaven College. The opening of the new Senior Learning Centre and Specialist Art, Science & Technology facility provides the best possible environment to inspire creativity and learning.

One Choice from Prep to Year 12

2018 is a significant year for Newhaven with all students from Prep to Year 12 reunited on one campus. While enrolments are invited for every year level, the main points of entry to the College are Prep and Year 7.

A small school with a big heart

Our Junior School takes pride in nurturing our Prep to Year 4 children in their early years of learning, and our success lies in producing happy, considerate, empathetic and well-rounded young people.

With a strong academic focus in a caring and values-based environment, we help our students to develop confidence, resilience and a 'have a go' attitude. Every child is encouraged to strive to reach their individual potential.

Students enjoy small class sizes and a community atmosphere where friendships can flourish. The primary levels have two small classes at each year level which increases to four classes from Year 7 onwards.

Middle and Senior School are right next door, so a familiar environment and positive mentoring experiences from older students provides for a seamless transition into Years 5 to 12.

Places are available in Years 1, 2 and 3 in 2018 with a few places remaining at some other year levels.

For enrolment enquiries contact Belinda Manning on 5958 7505 or visit www.newhavencol.vic.edu.au

Year 1 - 3 Vacancies



Newhaven College Enrol Now

1770 Phillip Island Rd,
Phillip Island, 3923
5958 7606
www.newhavencol.vic.edu.au

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Here is your opportunity to enter the tightly held waterfront property market at Coronet Bay. With 30 metres of uninterrupted frontage to Council parkland and on the doorstep of Coronet Bay swimming beach!

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Kellie Morgan – 0414 625 730

The Waterline News - February



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**FROM THE
EDITOR'S DESK**
editor@waterlinenews.com.au



Welcome to the February edition of The Waterline News.

This month we have all the usual features, with apologies for a couple of feature stories we had to hold over until next month.

This included the book review segment, which will be back next month with a chance for you to win a popular new release by John Clarke.

In October we said "The NBN is coming – do not panic!"

Gordon Chase, from Chase Computers says "According to the NBN roll-out map, if you can get the Waterline News locally, you should be able to also get an NBN connection with only a few exceptions. All the good things about the NBN are still true and depending on your choices, free phone line rental, cheaper phone calls, faster internet and more of it are all available once you connect.

And there's the rub. We are increasingly hearing stories of people left without internet or phone during the transition, lost home phone numbers with new home numbers provided or worse still, no phone at all. For the unfortunate few experiencing these difficulties it is a major inconvenience requiring many phone calls to the provider so as to explain the problem and verify that a solution is on the way.

This is not a fault with the NBN even though everyone who knows anyone with issues loudly proclaims the NBN to be the problem, the real problem is your service provider, the company that bills you every month for your internet connection.

So how to avoid these inconveniences? Take your time – you have at least 9 months left (& we suspect the initial rush of connections and teething problems will be dealt with within a month or so)

Be patient, ask your friends and neighbours about their experience and with whom. Seriously consider changing providers if you suspect your provider is not coping, is overwhelmed by issues and complaints due to a reduced workforce and increased expectations".

Roger Clark, Editor



President: Les Ridge
Vice President: Neroli Heffer
Secretary: Sandy Ridge
Treasurer: Lester Harris
General Committee Members:
Margaret Boyer, Lucy Cirona,
Roger Clark, Darrell Egan, Greg Miller
and Betty Young.

The GBCA Committee were due to meet on 23 February.

Full details on the meeting next month.

**If you are interested in this Association,
please contact the Secretary on
5997 6127 for more details**

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San Remo phone: 5678 5500
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www.police.vic.gov.au



Disclaimer: All views expressed in The Waterline News are those of the author of each article, not the editor and publisher.

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Scots on the Swamp

Harewood House
Celebrating 150 years
Charity Open Day

Sunday 18th March, 2018 10am - 3pm
3310 Sth Gippsland Highway, Koo Wee Rup

100 years RSL Display, Victorian Police Pipe Band,
150 years Shetland Ponies, Highland Cattle,
Grand Parade, Contingent of the Great War Association,
Navy Cadet Drummers, Traditional Dancers,
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For more information please contact Ron Ingram 0409959821 or Joyce Mills 5997 1335

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have just ventured into working from home and am also
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quote you can call or message me on 0404883783*

Community Notes



**CORINELLA
RATEPAYERS AND
RESIDENTS
ASSOCIATION**

2018 Committee

President. Wayne Maschette.

Vice President. Peter Tait.

Secretary. David Laing.

Treasurer. Lyndell Parker

General Committee Member.

John Stewart.

Wow! already the year seems to be flying by! I am feeling so excited for all the possibilities this New Year will bring. The Bass Valley Children's Centre is up and running, how wonderful for families in the area to have this fabulous facility. Congratulations to all the amazing people in the community who, in so many different ways, from serving on the committee to donating prizes for the many raffles or just by buying raffle tickets, helped to make this mighty project come to life.

Supporting each other, looking at the big picture and seeing the possibilities in, helping each other in big.... or in small ways is what a good community is all about. To those caring people who had the vision and drive to start this epic project, you are amazing, your community thanks you wholeheartedly!

January 26th saw the CRRA hosting a wonderful family 'Australia Day Sausage Sizzle Celebration'. Approximately 250 people came and went during the event. What did they do? They munched on a sausage while listening to Trish Brooks perform Iconic Traditional Aussie poetry, what a memory that lady has!

The kids jumped in the jumping castle while waiting their turn to have a patriotic design painted on their arms, face or legs (or in some cases, the whole jolly lot!)

Thankyou so much for sharing your amazing talents with us so generously we loved you and you are all invited back next year!

Thank you to Bass Coast Shire Council for the sponsorship that enables us to put on this great day and a huge thank you to all committee members, partners and members who worked their tails off, beforehand and on the day. Without your dedication and hard work, it would not be possible. There was such a lovely vibe in the air, it was a very special day, coming together as a community, celebrating this very special country we call HOME!

**New members are always
welcome to join the CRRA
for information
phone me on 0422 247 490.**

Lyndell. Parker.



President: Jean Coffey 0419 500 593

Secretary: David Pearce 0401 514 339

We have made a good start with collecting data about NBN services from those who have connected so far, but we need more households to help.

The information we collect will help us lobby for an upgraded NBN service. Please call us if you have connected to the NBN recently or are considering doing so.

Membership of the Association is open to all Tenby Point residents and costs just \$10 per household per year. We meet quarterly on Saturday mornings and our next meeting will be in May 2018. We always welcome new members so call us for details.

**CORONET BAY
RATEPAYERS &
RESIDENTS
ASSOCIATION**



2018 Committee

President: David Buckingham

Vice President: Kevin Brown

Secretary: Stephanie Hartridge

Treasurer: Louise Gratton

General Committee Members:

Mel Gratton and Mark Hanrahan

**Secretary Combined Community Group,
Sue Quartermain on 0408 290923 or**

email susiequa@tpg.com.au.

The CBRRA would be pleased to welcome any new members to the association.

Please contact our secretary, Stephanie Hartridge on 0414 370 929 or email

shartrid@bigpond.net.au

The CBRRA meets four times a year and for just \$20 per family per annum you will receive minutes of our meetings, the latest news and regular updates on local issues.

Together we can make Coronet Bay even more beautiful and a wonderful, safe place to live and play. The next CBRRA meeting is scheduled for Saturday 17th March at the Coronet Bay Hall.

The Combined Community Group organises our markets and fairs. We have a double header at Easter, with a market at the Community Hall on Saturday 31 March and a family beach fair the following day at the Coronet Bay foreshore.

There is a need for more helpers on those days. These events are an integral part of the community but are at risk of not happening in the future without more regular volunteers.

**If you can assist please call the Secretary
Combined Community Group,
Sue Quartermain on 0408 290 923
or email susiequa@tpg.com.au**



CORONET BAY NEIGHBOURHOOD WATCH

Chairperson: Ivan Bradshaw

(P: 5678 0663)

Email: coronetbaynhw@gmail.com

Facebook:

Coronet Bay Neighbourhood Watch

Police Report Summary - January meeting

There was a theft of a hand bag containing 2 pairs of glasses while the owner was swimming, so let's remember to watch out for each other and if we see something, say something.

Security & Safety

Ross Langlois from RANEYE SYSTEMS Wonthaggi gave a great presentation on security in general.

*Security is about preventative measures. Make it as hard as possible for thieves by locking everything away: lock all doors, windows, vehicles, boats, etc; don't leave valuable items on display inside or outside the home or in vehicles; don't leave tools outside that can be used to force entry inside; leave timer lights on if you go away so it looks like someone is home; work together with neighbours and keep an eye out for each other; don't 'advertise' on social media that you will be away. Don't make it easy for thieves.

*Security equipment is generally cheaper now. CCTV can assist police in solving crimes but cameras are better when backed up by an alarm. Cameras are mainly useful after a break-in has occurred, whereas an alarm alerts others (neighbours, security company or otherwise) that something is going on. You can also receive notifications by phone call or text message. A back up battery system is a good idea in case of blackouts. There may also be discounts on insurance policies for alarm systems. Cost is variable depending on the level of technology used and ease of access for installation.

Next Meeting:

Monday 19th March

Meeting starts 7pm sharp

Coronet Bay Hall,

Fred Gratton Reserve.

All welcome.

**Thank You to our sponsors
CORONET BAY GENERAL STORE
and
ELLISTON'S MOBILE SERVICES.**

**Sue Linley
Secretary
coronetbaynhw@gmail.com**

Community Notes



Copies of The Waterline News are now available at the Rhyll General Store each month.

Rhyll Community Association wish you all a happy and prosperous New Year.

RHYLL YACHT CLUB:

Rhyll Yacht Club is known for its excellent facilities and easy-going atmosphere. We welcome new members and encourage you to contact any of our Committee Members or drop in during one of our sailing days. Racing and Social activities are held throughout the October to April season.

More information can be found on our webpage:
www.rhyllsailclub.org.au

RHYLL PHILLIP ISLAND ANGLING CLUB:

Friday night at the Club is a great social night where you can catch up with friends and may even win the 'Meat Raffle'. For more information you can

email rhyllpiac@gmail.com or why not pop in on a Friday night.

BASS COAST BRANCH OF THE NATIONAL TRUST:

April 2018 will see a special tour of the Island. We are still dotting the i's and crossing the t's, but you can jot down the date 28th April 2018.

The March issue will provide you with information on the tour and how you can book.

RHYLL COAST ACTION Inc.

Time to remove those seasonal weeds in your backyard. An Eco-friendly recipe for weed control is basically salted vinegar; a quarter cup of salt to one litre of white vinegar with a dash of detergent, shake well to dissolve the salt before use in a well labelled spray bottle.

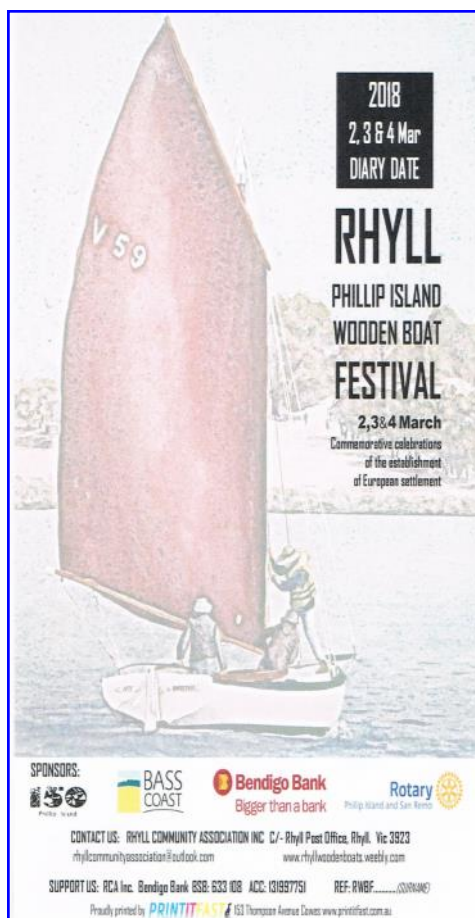
Thanks to John Shields for this recipe which shrivels up the leaves especially in dry sunny weather. Like us on Facebook!

TO SEW OR NOT TO SEW - RHYLL BOOMERANG BAG CHAPTER

A few of our talented seamstresses have been gathering at the Rhyll Hall to make Boomerang Bags and are calling for donations of unwanted doona covers, table cloths, pillow cases, linen tea-towels and

fabric which can be made into useful bags to help our marine environment by reducing plastic bag use! Please leave a note with your contact details at the General Store or email:

rhyllcommunityassociation@outlook.com to arrange drop off or pick up.



Numbers down but record Bash Profit'

Numbers may have been down but that didn't stop those present raising a record profit for the event smashing the \$2,000 mark for the fundraiser towards the continued Reserve Upgrade. Presentation of the Community Space Concept design was to take place on February 14.

Zena Benbow



www.u3abassvalley.com
(PO Box 142 Grantville 3984)

The 2018 committee is:

Chairperson : Mark Dunbar
Deputy Chair : Geoff Guilfoyle
Secretary : Christine Holmes
Treasurer : Beverly Walsh
General Committee Members:
Vicki Clark and Sue Dunbar.

U3A BASS VALLEY - 2018 ENROLMENT

If you are interested in joining your local U3A community, Bass Valley is now offering the following activities for 2018:

Art for Pleasure

Book Club

Creative Writing

Gardening,

Get Creative

Local History (new)

Movie & Theatre Appreciation,

Tai Chi for Arthritis,

Travel & History

Welding

An Annual Subscription of \$30 per person will cover as many U3A Bass Valley classes as you may wish to attend, subject to availability.

Current members of other U3A groups may join U3A Bass Valley for \$15 per annum as an associate member, which will cover as many classes that you may wish to attend, subject to availability.



TAI CHI FOR ARTHRITIS

Hosted by Vicki Clark
Held at Coronet Bay Community Hall
Gellibrand Street
Every Tuesday 9:30 am - 10:30 am

Other U3A Groups in the Waterline

News area are at:

Cowes (Pical)

Phone 5952 1131

and

Wonthaggi

<http://www.u3awonthaggi.org.au>

Ph: 03 5672 3951



Community Directory



Send us your Community Group
Notices by 1st each month
editor@waterlinenews.com.au

Artists' Society of Phillip Island

56-58 Church Street Cowes

For more information <http://aspi-inc.org.au/>

Australian Red Cross

Woodleigh Vale Branch

Contact Sheila Campbell 5 678 8210

Bass Coast Community Baptist Church

Minister - Barry MacDonald 5995 3904

OP SHOP open Mon-Saturday

Bass Coast L2P Learner Driver Mentor

Program Wonthaggi

Leanne Tilley 5672 3731 or 0467 590 679

Bass Coast Strollers

Contact Liz Hart 5678 0346

Website: <http://basscoaststrollers.org/>

Bass Friends of the RSL

Secretary Trish Thick 5678 1071 or 0409851599

Bass Valley Community Group

Monday - Friday 5678 2277

Bass Valley Landcare

2-4 Bass School Rd, Bass 5678 2335

Corinella & District Probus Club

Heather Reid 0421 012 519

Corinella Bowling Club Inc.

Balcombe Street Corinella.

Jacquie Carter 5678 0596

Corinella & District Community Centre

48 Smythe St Corinella. 5678 0777

Mon - Fri 10am - 4pm Keep up to date:

www.corinellacomunitycentre.org.au

Corinella & District Men's Shed

& Woodies Group Corinella Road

Contact: Ken Thomas 0427 889 191

Corinella Foreshore Committee

Contact Barbara Oates 0427 780 245

Coronet Bay, & Surrounds Playgroup

(0-4yrs) Coronet Bay Hall

Mondays 10am—12noon

Contacts: Catherine 0416 112 629

Coronet Bay Adult Social Club

Tuesday 7-10pm Coronet Bay Hall

Ann 5678 0341

Country Women's Association of Vic inc.

Bass Group.

Coronet Bay Margot 0409 559 047

Cowes Lorraine 5952 2165

Glen Alvie Libby 5678 3280

Grantville Annie 5678 8037

Loch Val 5659 4268

Woodleigh Vale Carol 5678 8041

Cowes Table Tennis Group

Social play, coaching available.

Barbara Parrott 0425 885 834

Grantville & District Ambulance Auxiliary

Contact - Shelly 0417 593 497

Grantville & District Business & Tourism Association

President Neroli Heffer 5678 8548

Grantville & District Ratepayers & Residents Association

Email gdrasecretary@gmail.com

Grantville & District Foreshore Committee

Contact: Barbara Coles

bacoles@bigpond.net.au

Grantville Recreation Reserve Committee

Pat Van 5997 6221

Grantville Tennis Club Inc.

Contact Pat Van 5997 6221

Kernot Uniting Church

1040 Loch-Kernot Road, Kernot

Contact Secretary Judy Hogan 0422 094 903

Lang Lang Bowling Club

Ian Painter 5997 6554 M: 0419 646 040

Email: langlangbowling@bigpond.com

Lang Lang Community Centre

Coordinator Marg Hambleton 5997 5704

Email: llcc@langlang.net

Lang Lang Cricket Club

Secretary: Sharon May 0459 368 431

Lang Lang Playgroup

(0-Preschool) Thursdays 9.30am

Contact Bon 0439 886 843

Lions Club of Bass Valley

First Tuesday each month 6pm

Grantville Transaction Centre then third

Tuesday each month, Dinner at Bass Hotel.

Gayle Robertson 0408 509 259

Nyora Youth Group

Dawn King: Email: cps.58@bigpond.com

Phillip Island Bowls Club

Dunsmore Avenue, Cowes.

New members welcome, Free coaching

Contact George Mol 0407 851 065

Phillip Island Community Art & Craft Gallery Inc.

Cowes Cultural Centre Thompson Ave

All Enquiries Call Aleta 0419 525 609

Phillip Island Indoor Carpet Bowlers

Come and join the fun. Phillip Island Celebration Centre 6 Lions Court, Cowes

Contact Jack 0434 944 380

Phillip Island & District Railway Modellers Inc.

The Phillip Island & District Railway

Contact Peter 5956 9513

Phillip Island Community and Learning Centre (PICAL)

56-58 Church Street, Cowes 5952 1131

Linda Morrison manager@pical.org.au

Phillip Island Patchworkers

Meet on a Monday night from 7.30.

Contact - Lyn Duguid 0427 593 936

phillipislandpatchworkers@gmail.com

Phillip Island Senior Citizens Club

Phone bookings 5952 2973

Email piscc123@gmail.com

Phillip Island Squares

Square Dancing, Bass Valley Community Hall.

Bass School Rd,

Contact: Carol 5952 5875

Pioneer Bay Progress Association

Zena Benbow pbpa@bigpond.com

Probus Club of Corinella and District

First Wednesday of each month at the Bass Hotel.

Contact Heather Reid 0421 012 519

Rob Parsons 0402 852 300

Probus Club of San Remo

Second Monday of the month (except January)

10am at the Newhaven Public Hall. Visitors

Welcome.

Enquiries: Bob Andrews 0437 526 757

Rhyll Community Association.

Secretary Cheryl Overton 0427 680 483

South Gippsland Arthritis Support Group

Contact: Adam 0408 353 785

Marg: 0417 154 057

Diane: 5658 1443

South Gippsland Mental Illness Carer's Group

Maggie 5658 1781 Rosemary 5662 4352

South Gippsland Support after Suicide

Phone 9421 7640

Email southgippslandsas@gmail.com

Survivors of Suicide

Raising awareness to aid prevention

Jillian Drew 0413 056 165

St Pauls Anglican Church Bass

HC at 12.30pm every Sunday

Contact Sandy Ridge 5997 6127

St Georges Anglican Church Corinella

1st Sunday each month 11.00am

Other Sundays 9am

Free Community Lunch Corinella Community

Centre Second Friday at 12pm

Op Shop open Mon, Wed, Thurs, Fri 10am - 2pm

Saturday 9am - 12.30pm

Tenby Point Residents Association

President Jean Coffey 0419 500 593

Secretary David Pearce 0401 514 339

Your group or Association not here?

Email: editor@waterlinenews.com.au



Around the Markets & Op Shops

MARKETS



Every Sunday

Kongwak Market

10am - 3pm

Retro stalls, food, vegetables, coffee, curries
30+ stalls

Enquiries: Jane 0408 619 182



2nd Saturday

Coal Creek Farmers' Market

Coal Creek Community Park 8am - 12.30pm

50+ stalls

coalcreekfm@hotmail.com

Contact for information 0459 629 000

Cowes Island Craft Market

102 Thompson Avenue, 9am - 2pm

In the grounds of St Phillips Church

60+ stalls Make, bake and grown goods and produce.

Contact for further details 0412 710 276

Corinella Community Market

Contact details 0435 736 510

4th Saturday

Churchill Island Farmers' Market

40+ stalls. 8am - 1pm

peter@rfm.net.au

Further Information 0439 364 760

Cowes Market on Chapel

Chapel Street. 8.30am - 2pm, 30+ stalls

Further information-contact 0428 603 043

1st Sunday

Jumbunna Bush Market

Jumbunna Hall

Further information, phone 5657 3253

2nd Sunday

Koowe Community Market

Cochrane Park, Rossiter Rd 8am - 1.30pm

Indoor/outdoor Phone 0418 289 847

Email: info@kooweemarket.com.au

Rotary Club Market Wonthaggi

Apex Park 8am - 1pm, 50+ stalls

Walk to nearby Make it - Bake it Market

Contact: Neville Goodwin 5672 7245

Garry Sherrick 5672 5812

Loch Lions Village Market

May - Sept Loch Public Hall

Oct - April Loch Railway Station Park

70+ stalls

Information from Noel Gregg 5627 5576

Market day phone 0418 500 520

3rd Sunday

Inverloch Farmers Market

The Glade, Esplanade, 8am - 1pm

50+ stalls

Information: peter@rfm.net.au

Phone 0439 364 760

Tooradin Sunday Market

9am - 1pm

Stallholders wanted, \$20 includes 1 sausage & bread breakfast per stall.

All Market Enquiries: 0429 188 280

4th Sunday (Weather Permitting)

Grantville Variety Market

Except December which is the third Sunday Grantville Recreation Reserve

8am - 2pm 100+ stalls

BBQ & Sausage sizzle, Coffee Cart, indoor and outdoor, cake stalls plus plenty of home made goodies.

Contact for further details 5997 6221

Last Sunday of each month

Inverloch Community Farmers' Market

The Glade, Esplanade, 50+ stalls

Fresh produce grown and made in Gippsland.

Email:

info@inverlochfarmersmarket.com.au

Phone 0417 370 488

2nd Friday and Saturday each month

San Remo Cuppa and Chat Market

St. Augustine's Church

Marine Parade San Remo

Hosts a Cuppa and Chat Market every month on a Friday and Saturday.

Friday 9am - 1pm Saturday 9am - 12noon

10+ stalls

Bric a brac, cakes, & jams Friday, plus a sausage sizzle on Saturdays.

Further Information: 5678 5386

OP SHOPS



Bass

Bass Valley Community Group

Hadden House Op Shop

Next to Bass Hall, Bass School Road

Monday to Friday 9am - 3pm

Saturday 10am - 2pm

Phone Enquiries 5678 2277

Corinella

St George's Anglican Church Op Shop

Smythe Street Corinella, next to Church

Monday, Wednesday, Thursday, Friday

10am - 2.00pm

Saturday 9.30am - 12.30pm

Grantville

Bass Coast Community Baptist Church Op Shop

Bass Highway, Grantville

Open Monday - Friday 10am - 3pm

Saturday 9.30am - 2.00pm

Bass Valley Lions Club Op Shop

Situated at the Grantville Garden Supplies

Open Monday-Saturday 5678 8357

Korumburra

Korumburra Uniting Church Op Shop

Thur-Fri 10-4 Saturday 10-12

Contact for information 5658 1884

Lang Lang

Lang Lang Community Op Shop

12 Westernport Road

Monday - Friday 10am - 3pm

Saturday 10am - 1pm

Nyora

Nyora Op Shop at the Nyora Station

Open Monday - Saturday 9am - 1pm.

Enquiries to Sylvia, Phone 5659 0089

San Remo

San Remo Op Shop

Back Beach Road.

Enquiries 5671 9200

Email: info@basscoasthealth.org.au

Community Halls for Hire



Archies Creek Mez Oldham 0415 445 215

Bass Valley 5678 2277

Bena Maureen 5657 2276

Corinella Paula Clarke 0448 441 046

Coronet Bay Peter Thick 0429 851 004

Dalyston Dorothy Slade 5678 7334

Grantville Pat Van 5997 6221

Kernot Julie Johnston 5678 8555

Kongwak Betty Anderson 5657 4317

Loch Grieg Barry 0419 358 628

Kilcunda Nicola 0439 476 724

Nyora Robyn 5659 0098

Newhaven Noel Street, 5956 6122

Rhyll Ring General Store, 5956 9205

Woodleigh Evan Jones 5657 7275

Community Centres and other local news



NEWS FROM WONTHAGGI NEIGHBOURHOOD CENTRE

5672 3731

Welcome Back! Term 1 is off and running. Mitchell House's doors are open to all, to take part in our courses, activities and special events. Become a member of WNC and receive the benefits of discounts, a posted or emailed program and electronic updates via the 'Wonnies Grapevine'. It is also another way to support your Neighbourhood Centre. Please call WNC to book in for activities and classes.

Youth Self Defence Classes:

Thursday from 4pm to 5pm. Students (13 - 18 years) will learn how to identify potentially dangerous situations, how to avoid them and what to do if they are faced with a threat. They will learn basic self-defence techniques suitable for real life situations incorporating elements of Jiu-Jitsu and Aikido.

Self Defence for Women:

Thursday from 6.30pm to 7.30pm.

Increase your confidence by learning how to become more aware of potentially dangerous situations, understand what you can do to decrease your vulnerability and learn basic self-defence techniques suitable for real life situations. Some elements from Jiu-Jitsu and Aikido will be used in response techniques.

LGBTI Social / Support Group:

Is on Monday from 7pm to 8.30pm. Meet in an informal safe and relaxed space to share experiences, friendship, and good conversation.

Call Jan for more information.

Walk 'n' Chat:

Friday from 9am to 10am. This is a new social / gentle exercise group for anyone wanting to start moving again after all that holiday indulgence. Good for pleasure, social contact and body exercise. Meet at Mitchell House and enjoy exploring relaxing walks about town.

Gentle Movement for Pain Relief:

Monday from 1.30pm to 2.15pm. If you suffer from the discomfort and pain of fibromyalgia, arthritis or other osteo related problems then this new gentle movement class may be of assistance. When done regularly it may enhance your muscle tone, strength and balance.

Youth 'Pop Up' Space:

Wednesday from 4.00 to 6.00pm. A fun space for young people to hang out, play a game or two, have something to eat and just relax. It's at the Harvest Centre Shed.

Primary aged children will need signed parental consent.

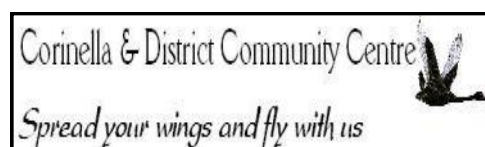
Optimal Health - Within Australia:

Tuesday, from 1.30pm to 3.30pm.

Understand the factors that have an impact on your mental health and develop the skills you need to achieve and maintain optimal health. This is a FREE program offered by 'Within Australia' a leading provider of mental health and wellbeing services.

If you would like to become involved at the WNC, or have ideas you would like to share, pop into the house between 9.30 and 3pm Mon - Thu and 9.30 to 1.00pm on Fri. Come along and have a cup of coffee and a chat.

Also keep up to date with all activities through our Facebook Page at Wonthaggi Neighbourhood Centre Inc Mitchell House



Happy New Year to all the readers.

Did you know that we have rooms for hire, our function room is great for events and celebrations. We also have a smaller meeting room, reasonable rates, call to discuss. What's happening at your local community centre in Term 1 2018? We have activities and groups running every day; our term program is completed and can be viewed on our webpage at:

www.corinellacomunitycentre.org.au.

Want to get back into the workforce or go onto further study? Brush up on your computer skills or further develop your skills, we have the Pre-Accredited Course for you. We will be running a basic computer course: Intel® Learn Easy Steps program. Call us for further information on 5678 0777.

Want to learn how to create beautiful mosaics? We have an enthusiastic group that meets every Monday afternoon at 4.00 PM where you can work on your own masterpieces amongst likeminded people. Also on Monday evenings our local Yoga guru, Nikki runs the very popular yoga classes. The Crafties meet every second and fourth Wednesday of the month, bring along your crafts that you are working on or have not had the time to finish and join a bunch of fellow Crafties for a fun morning out. Every Thursday, local artist Keith facilitates an art group where you can work on your paintings and get some tips from Keith. Introducing a

new service, our local Justice of the Peace, Libby will be available at the centre each Thursday 10.30—12.00 for witnessing docs, declarations etc. Call to make an appointment with Libby.

Every Thursday at 12.00 pm, we run the 'Summer Days Social Lunch.' Everybody's welcome to enjoy a light lunch whilst having a 'chinwag' with others, cost is by donation. Book club is a great group that runs on the second Thursday evening of every month. Join Libby and the group to discuss or debate the book of the month. The lovely women of the St Georges Church Auxiliary host a delicious three-course community lunch on the second Friday of the month. The food pantry is open every day to support people to put food on their table. This free service is designed to provide enough food in emergencies to get through a 24-hour period. We have a range of pantry goods, fresh fruit and vegetables. Fresh fruit and vegetables are generously donated every week by our friends, the Riccardi family at La Provincia in Corinella. Drop in to have a browse of our free book exchange, grab a book, swap a book or donate a book, up to you. We have a great range available for our selection.

CDCC run regular small bus trips to city markets, theatre shows, hot springs etc., call us to register your interest and enjoy a day out without the hassle of driving. We have created the 'West Wall Gallery' in the foyer of the centre and are hosting monthly exhibitions of local artists. All of the exhibiting artists are living in the district, support your locals by dropping by and maybe purchase their work. We have two hosted tours running this term (dates to be advised). First off is a tour and talk at the Corinella Historic Cemetery and the second tour is a Historic Tour of Corinella. Join our local historian superstar 'Libby' as she recounts the history of the area. Cost is \$15.00 per person, book a spot on 5678 0777.

Contact:

Iain Ritchie

Manager (Tues to Fri)

Corinella and District Community Centre

48 Smythe Street Corinella 3984

Ph: (03) 5678 0777

Mob: 0409 528 543

FB: @corinellaCommunityCentre

The Bass Valley Community Group Committee of Governance no longer wish to have their activities published in The Waterline News



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Community Centres and other local news

LANG LANG COMMUNITY CENTRE



- Public Internet Access to all members.
- iPad Tuition
- Lifestyle classes including:
- Yoga, Pilates, Cardio, Walking group and Line Dancing, Tai Chi.
- Playgroup for the littlies.
- A variety of Patchwork groups.
- Men's Shed Group.
- Secretarial Support Services including: Photocopying, typing and scanning.
- Book Exchange
- Small offices for hire
- Centrelink Agent with dedicated computer.
- Medicare Claim Service

ACCREDITED FIRST AID COURSE

We are offering Certificate II and CPR accredited course March 7, 14 & 21

For all workplace requirements.

Cost for full First Aid course \$180.00 or CPR only \$70 (Mar 7th only)

Eligible volunteers can receive a 50% subsidy from Cardinia Shire Council.

POTPOURRI & POMANDER WORKSHOPS

Come along and learn the old art of making Potpourri and assembling a Pomander.

Thursday March 1st and 15th at 1pm.

All materials provided

Cost \$5 per workshop

MYSTERY QUILT WORKSHOPS

Cost for both workshops \$30

List of requirements available from LLCC

Sue's Stitches will guide you through two workshops to make a lovely mystery quilt.

Wednesday March 21st & 28th from 1- 4 pm

We have vacancies in our Tai Chi and Cardio exercise classes if you are interested please give us a call

For further details on all events

Please call us, we open @ 9.30am five days a week.

7 Westernport Rd, Lang Lang 3984

**Contact (03) 5997 5704
llcc@langlang.net**

Phillip Island Community and Learning Centre



**56-58 Church St, Cowes
Centre Manager - Linda Morrison
5952 1131**

Email :

admin@pical.org.au

Website:

www.pical.org.au



Get involved in 2018 come and check out ...

- Art for Adults
- Afterschool program
- Community Garden
- Computer Lessons
- Infant Feeding Clinic
- L2P
- Mens Shed
- Pilates
- Tai Chi
- The Hub Youth Centre
- Walking Groups
- Volunteering

**for more information
phone Brian 5997 9687
or email
harlowb@krhs.net.au**

Get your "HELPERS HIGH" on!

Research is telling us that not only does volunteering provide great benefits to the community it also helps the volunteers experience powerful physical and emotional feelings- a "helpers high" when helping others. We have many and varied opportunities for volunteers at KRHS, for eg: Helping with BBQs and events, Reception help, early parenting, L2P, Ready2Go, Verily, My aged care, and social media, just to name a few.

Contact Maria 5997 9792

KRHS is a 72 bed Public Hospital.

We provide a range of community and centre based services:

Acute Care, Early Parenting, Transitional Care, Respite and Residential Aged Care, Community Health, District Nurses, Home Care Support, Pathology and Allied Health e.g. Physiotherapy, Social work and Occupational Therapy.

There is also Specialist Medical Services: Podiatry, Cardiology and a Diabetes Clinic.

KRHS is a member of the International Health Promoting Hospitals Network and Global Green and Healthy Hospitals.

235 Rossiter Road, Koo Wee Rup
ph: 03 5997 9679

email: gregorys@krhs.net.au

website: www.kooweeruphospital.net.au



Free community education session: get the facts

Family members of people who are addicted to methamphetamine (ice) are often left feeling isolated, alone and uniformed.

BreakThrough: Ice education for families is a free community education program for family members of people who are affected by ice. It covers key issues about ice, its effects on the brain and body and strategies for discussing drug use with loved ones, responding to challenging situations and accessing support for the whole family.

The program was developed by Turning Point, Self-help Addiction resource Centre (SHARC) and the Bouverie Centre, with funding from the Department of Health and Human Services, Victoria.

With support from Grantville Pharmacy and Bass Coast Health Drug and Alcohol Services, Turning Point will present:

**BreakThrough
Ice Education for Families session
Tuesday 27 February
Grantville Transaction Centre,
6:00-9:00pm.**

**You can register to attend here:
<https://www.breakthroughforfamilies.com/attend>**

If you or someone you know is concerned about an alcohol or drug problem please contact:

**1800 ICE ADVICE - 1800 423 238
Direct Line - 1800 888 236
Family Drug Help - 1300 660 068**

**If you or someone you know is experiencing a mental health crisis please contact:
LifeLine - 13 11 14**

**More information is available at:
www.breakthroughforfamilies.com**



More Community News



CFA NEWS With Michele Fulwell

The Waterline area of Bass Coast is protected by three CFA brigades and our neighbouring brigades.

The local brigades are Bass, Corinella and Kernot-Grantville. Kernot-Grantville have their main fire station in the population centre at Grantville and a satellite fire station at Kernot.

All three brigades, in fact all Bass Coast brigades, are volunteer CFA brigades. Volunteers are not paid in any way for their services or time spent training and put in significant hours to ensure they maintain high standards and their community is protected.

One of the significant aspects of providing that protection is training. Our brigades usually train on a Monday evening in summer and the trucks will be seen around the local areas undertaking various tasks to maintain their skills.

There is no local training ground and familiarisation with the local area is a vital part of training so you may see our teams in your street.

They will be undertaking activities that are vital to ensure the safety of residents in the event of a fire or other emergency and do appreciate the cooperation of residents. We find most residents, especially children, love seeing the fire trucks and the members practising in their street but understand that for some people our training sessions can be disruptive.

If that is the case, we would ask for your understanding as our volunteers train to protect your community.

Volunteers also undertake community education and fundraising activities in the area and this is always a fantastic opportunity for you to find out more about fire safety, our local brigades and how you can assist.

We are always interested in new members and roles range from firefighting to fundraising and community engagement. Kernot-Grantville's annual fundraiser will be held again this year as the Grantville Adventure Expo returns on Sunday 15th April!

<http://www.cfa.vic.gov.au/>



**Grantville Branch
Country Women's Association**
Meets at the Grantville Hall on
the second
Monday of each month at 12.30pm.
Followed by afternoon tea.
Contact Betty 0418 396 863



We welcome ladies interested in joining our branch, for FRIENDSHIP, SHARING, and CARING

Enjoy the company of ladies of all ages, who have similar interests.

Learn new craft skills, exchange recipes and cooking tips.

Social - Days out - Theatre, lunches, shopping trips etc.

Important Dates:

February 26 - Craft 10:00 am

March 12 - Meeting 12:30pm

March 26 - Craft 10:00 am

April 7 and 8 - Bass Group Annual
Exhibition at Loch Public Hall

We would like to fulfil the needs for ladies of all ages with Social Chatter and learning the services Country Women's Association has provided for the past 90 years

**Any info your welcome to call Betty on
0418 396 863 anytime**



CWA Bass Group 64th CREATIVE ARTS EXHIBITION



7th and 8th April 2018

Public Hall 11 Smith Street Loch

Member's exhibits plus craft demonstrations

Open Saturday and Sunday 10.00am to 4.00pm

Admission \$5 adults, children with adult free

Morning/Afternoon teas and light luncheons available

Contact Gwen Swan 0409 174 684

FORESHORES WILL LIGHT UP AGAIN!

Some local artists with ideas for night time fun have already begun creating sculptures to sit over permanent lighting in the Waterline towns of Pioneer Bay, Grantville, Corinella and Coronet Bay between April and August this year.

In Tenby Point, the fifth township involved in the Small Town Transformation Waterline project, The Edge Of Us, the locals are repeating the excitement of last year with a mid-winter light festival.

Similar to a constellation of stars, a scattering of small permanent ground lights with specially designed tie-down features will be installed in the foreshore public spaces of four towns. Sculptures will sit over the lights and glow at night in the towns.

The launch will take place in April with a special opening event involving performance at Corinella. Each artist or group will have their work over the lights for three weeks in a display that changes monthly. Tenby Point's midwinter solstice festival of lights promises a change of pace and scale under the guidance of local artist Lisa Burrell.

For more information:

Facebook: The Edge Of Us@theedgeofus

Website: www.theedgeofus.com.au

Phone: Jeannie : 0438 222 138

Bass Valley Computers



**All computer repairs to Apple
and PC including service repairs
to main boards and screen**

**No fix no charge
Now in South Dudley**

(03) 5678 8715

DEMENTIA

Five Tips for awesome outings

Dr Rachel Wonderlin



I spoke to a great family recently. They do a lot of fun things with their mom, who has dementia, and they take her on a lot of outings. Mom always has fun on their outings, but when they get back to the dementia care community to drop her off... everything falls apart. I gave them a few tips to help make their outings more successful:

Plan to be back before 2:00pm

In fact, the earlier the better. People with dementia are like Cinderella, but with 12-noon instead of 12-midnight. Many people with dementia sundown in the mid-afternoon, some people even starting at 2:00pm or 3:00pm.

Have a goal in mind.

Plan to go out for lunch, and then come back. Plan to have some ice cream out at the mall, and then come back. Don't linger, and instead plan the day and stick to that plan.

Do NOT go to your house.

Or your loved one's house. Basically, don't go to anyone's house. It's a reminder to your loved one that they no longer live at home, and that can be really painful.

Do not get back to the dementia community and say, "We're home," or "You live here now." If your loved one is like most people in moderate stages of dementia, this is going to start a fight. They often do not believe that they live there, and you're contradicting what they

know to be true.

Get your loved one settled in for lunch or with an activity, and then leave. Do not drop your loved one off at the door and make a break for it! On the other hand, you also don't want to hang out all day after an outing. Find a way to get them involved in something at the care community, and then leave.

<http://www.dementia-by-day.com/>

Pilates 2018

First Session Free

Pilates for good posture and core body strength. Suitable for all ages & abilities.

When: 6.00pm Mondays or 9.00am Saturdays during school terms

Where: Hewitt Eco House Community Room, 215 Rossiter Road, Koo Wee Rup.

Cost: \$10 casual, \$5 concession/student

Enquiries to: Marlene on 0429 814 410

Term 1. 2018 commences Monday 29th January

South Gippsland Support After Suicide

Have you been bereaved by suicide?

Come for morning tea and a chat

South Gippsland Support After Suicide is a new initiative offering peer support for those bereaved by suicide.

We meet monthly on the fourth Thursday at the Grantville Transaction Centre Corner Bass Highway and Pier Road, Grantville

from 10am-12pm

Dates for 2018

25 January	28 June
22 Feb	26 July
22 March	23 August
26 April	27 September
24 May	25 October
	22 November

These meetings are hosted by trained volunteers who have themselves been bereaved by the suicide of a loved one.

For further details or to RSVP email southgippslandsas@gmail.com OR phone 03 9421 7640

Jesuit Social Services Support After Suicide BASS COAST

Aids for daily living

AIDS FOR DAILY LIVING
Solutions for seniors & carers



Button Hook & Zip Puller

2-in-1 solution for pesky zips and buttons!

Item No: DA44

\$29.90



Bamboo Charcoal Soap Set Of 3

Helps soothe and nurture dry rough skin and more!

Item No: AG81

\$14.90

*All items plus postage

This is not a paid advertisement

It is compiled by the editor as a community service

Pay securely with



<http://www.aidsfordailyliving.com.au>

WONTHAGGI Medical Group
A Locally Owned Quality Practice

42 Murray St, Wonthaggi
25 A'Beckett St, Inverloch
Bass Coast Health, Grabham Wing

**2/1524 Bass Highway
Grantville**

Grantville Medical Centre
2/1524 Bass Highway Grantville
Appointments 5678 8029



(Procedures may be privately billed to recover associated medical supplies costs.)

Opening Hours

Monday - Friday

9am - 4.30pm

Closed over lunch period

Bulk Billing all consultations for Pensioners, health care card holders And children under the age of 16



**AGPAL Accredited
General Practice**

Lyn's Inspirational story



In 2006, at the age of 50, I was admitted to Wonthaggi Hospital with pneumonia. X-rays showed that my lungs were in a bad way. This is my story.

I had Chronic Obstructive Pulmonary Disease, already at quite an advanced stage with about a third of my lungs destroyed by this progressive, debilitating and ultimately fatal illness.

The best I could hope for was to slow its progress by adopting as healthy a lifestyle as possible, so, determined to stay alive and active as long as I could, out went the bad habits, especially smoking, and I learned to enjoy the pleasures of good diet and exercise.

I had a few years of relatively good health, but inevitably it was getting hard to breathe and my activities were becoming increasingly restricted.

Unable to continue working I did voluntary work in an op-shop, but as time passed even that became difficult.

Then in 2014, things took a dramatic turn for the worse. Another bout of pneumonia had me taken to Wonthaggi Hospital where I stopped breathing and went into cardiac arrest.

My husband was told to prepare for the worst as I was rushed to Monash Medical Centre and put on life support.

The doctors thought I was unlikely to survive, but after a week I woke up, weak and confused, but alive.

Life after respiratory failure proved to be extremely hard with weakened muscles and breathing much worse than before.

I needed help with everyday tasks like shopping and housework and could only walk a short distance with help of a stick.

In spite of my best efforts I was going downhill and it was no surprise when I wound up in hospital again the following winter with yet another bout of pneumonia. I felt that I was getting near the end of the road. Then fate stepped in.

A local doctor who happened to be on duty at the hospital read my notes, looked at me with a sad look on his face and said 'You're too young to be like this. I'm going to see if I can get you a lung transplant.'

And so began the incredible journey.

Going to the Alfred Hospital. Meeting the professors. Yes, I needed a transplant. I had two years left at best.

You have to be assessed for suitability.

Takes about a year. A year being poked,

prodded, weighed, measured, interviewed, x-rayed, scanned, blood-tested and photographed.

All this time my breathing was getting worse. The dreaded oxygen bottle became my companion and I needed a walking frame to get around.

The continual travelling to the Alfred was getting very difficult, so we felt quite relieved when finally we were told I'd passed all the tests and was on the waiting list for a lung transplant.

The wait isn't easy. Being available at a moment's notice every minute of every day, bag packed and ready to go, not being able to go too far away from home, or from each other, gets to be a drag as the weeks and months go by.

I got a false alarm. Where you get called in and prepared for surgery only to be sent home because the donor lungs can't be used. More waiting. And more. It went on so long we wondered if it was ever going to happen. Then one quiet Sunday afternoon, after 14 months of waiting, the phone rang. 'Alfred Hospital Lung Transplant Coordinator...'

This was it!

A month after surgery I left the hospital and moved into a nearby apartment for the three months of rehabilitation, three gruelling sessions a week in the hospital gym, pedalling the bike, pounding the treadmill, sit-ups, step-ups, weights, squats, each session more intense than the last, to exercise the new lungs and strengthen muscles wasted from years of under-use. Their motto - no pain, no gain. I found it incredibly hard.

At the end of every session I felt close to collapse.

My balance was so poor I often came close to falling over, exertion made me dizzy and I had a bad case of the 'Tacro tremors', a side-effect of anti-rejection drugs that causes uncontrollable shaking. Walking sticks and frames are not permitted, but I kept a folding walking-stick in my bag ready to take out and use as soon as I was out of sight of the gym.

Without it I would never have managed the walk back to the apartment.

Continued page 15



Nurse Practitioner

DG Nurse Practitioner
Grantville Transaction Centre
Cnr Bass Hwy & Pier Rd
Grantville, 3984

Hours
 Mon, Tues, Thur, Fri 8:30 am - close

Bulk Billing
 All consultations bulk billed
 May have fees for some procedures*

For appointments phone
5616 2222
 or
0467 841 782
Same day appointments available

Some of the services available

Fluvax	Immunisations
Men's Health	Prescriptions
Referrals	Skin Checks
Wound Care	Women's health
Dressings*	Ear syringing*
Lesion removal*	Suturing*
Treatment minor illnesses / infections	




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 5/39-41 Panorama Drive
 San Remo 3925
 nicit1968@hotmail.com
 Member of AAMT




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More choices naturally!

Community acupuncture takes place in a shared space where several patients are treated at the same time. It's a drop in service which means that after your initial consultation, you won't have to make an appointment. See our website for more information.

10 Bluebird Court, Newhaven Phone: 03 5956 7011
 reception@safflowerclinic.com.au
 www.safflowerclinic.com.au

& Lifestyle

Lyn Pendrie's story continues

I kept putting on a brave face and soldiered on until at last the torture was over and it was time to go home. Before you leave they give you a list of recommended activities to continue improving your fitness and to strengthen the bones as osteoporosis is a serious side-effect of anti-rejection drugs. I studied the list. Cycling appealed to me as I had happy memories of riding bikes in the past. But with my balance problems it sounded a bit dangerous. Walking was a good idea as I could regain my independence if I could walk to the bus stop or stroll around the shops by myself, but again the balance problems, shakiness and dizzy spells made it seem too daunting. Back to the list. Pilates. No. Swimming. No. Tennis. Definitely not! Tai-Chi.

TAI-CHI! YES!

I'd had a little bit of experience with Tai-Chi twenty years ago when out of curiosity, I'd watched a Tai-Chi program, after only twenty minutes of getting all the movements wrong, I had to admit I felt rather good! I began to exercise with the program everyday and was amazed to find that as I became more proficient I began to feel strong, flexible, balanced and in control of my body, along with feelings of calmness and a most delightful cheerfulness.

And it was fun! I kept up the practise until, sadly, the program was taken off. I found it hard to remember the movements without the instructors and eventually I stopped doing Tai-Chi.

Now I knew it was exactly the exercise I needed to regain my lost strength and balance. Then I'd be able to walk and cycle to my heart's content. I resolved to enrol in a class as soon as I went home. I arrived home on a Friday.

On Monday I went to Wonthaggi Neighbourhood Centre to ask about their Tai-Chi class, and on Thursday I went along to give it a go.

I turned up a bit early as I wanted to meet Vicki, the teacher and explain about my recent transplant and the difficulties I was having. I told her about the weak muscles, the poor balance and the shakiness and as I expected, she said it was okay to sit down

or lean on a chair if I needed to and that I'd feel some benefit even if I couldn't do very much.

Then I got a big surprise when she told me she has pulmonary fibrosis! I've met a few people with this serious lung disease and know how awful it can be. Her story, of how Tai-Chi has improved her health and helped her to stay out of hospital is quite mind-boggling. Apparently her doctor is now recommending Tai-Chi to all her lung patients. I felt as if I'd been guided to the right place where I could learn from someone who could understand what lung disease is like.

The other members of the class began to turn up and they seemed like a nice friendly lot, so, shaking like mad from nervousness as well as the Tacro Tremors, I took the plunge and did my first proper Tai-Chi class. The warm-up was the most difficult part as my wobbly legs didn't want to stay still, but I resisted the temptation to sit down and determinedly carried on. Once we got moving things got a bit easier, though I soon realised it was hopeless to try and get the arms and legs right both at the same time and decided to concentrate on the feet at first. You can't go too far wrong if you end up facing the same way as everyone else! By the end of the session I was starting to get the hang of some of the steps and was enjoying myself. I also enjoyed the cuppa with the ladies after class. I'd definitely be going every week.

The following week was pretty much the same. I shook and trembled and felt like falling over all through the warm-up and then bumbled through the steps trying to copy the others and got in a right old mess, but again I finished the session feeling better than at the start. I was enjoying the exercise and the good company and felt sure I'd improve if I kept trying. I wished I could practise at home but my memory isn't very good and I couldn't remember many of the movements yet. However, help soon arrived! I was at a garage sale on Saturday when I discovered two Tai-Chi DVDs for sale. I bought both of them, Dr. Paul Lam's Tai-Chi for Arthritis and Tai-Chi for Osteoporosis. What a coincidence!

Osteoporosis is exactly what I'm trying to

avoid. I watched some of it and recognised some of the movements from class. Great! Now I can do some practise at home! Well, three months have gone by since I wobbled my way through my first Tai-Chi class. With Vicki's excellent teaching, the 'good vibes' from the other ladies in the group and Dr. Lam's DVD I'm getting a bit more proficient and really noticing the benefits. The whole class have improved a lot and the feeling when we all get the movements right and move in harmony is amazing. My leg muscles, once pathetically weak, are getting strong again, and so are my arms. I can carry quite heavy weights now and recently surprised my husband (and myself) by opening a jam jar with a lid so tight he couldn't get it off. My balance is so much better I'm happily roaming around the shops by myself and had a lovely time doing my own Christmas shopping for the first time in years. I've plucked up the courage to get on a bike again and am having lots of fun going out for long rides with the Neighbourhood House's Bike Riding group. How's that for balance! I still get the shakes at times and probably will until the doctors cut down the dose of anti-rejection drugs, but I've improved enough to be able to drink a cup of tea without spilling it and can stand in a queue without getting jelly legs. All this happened amazingly quickly and without any huffing and puffing or aching legs. Even my bad eyesight seems to have improved. My breathing, which has caused the doctors a little concern at times, has been measured at 100% perfect. I feel calmer and happier than ever before and have found that if I get stressed a bit of Tai-Chi or just a few breathing exercises can really help. I've got lots of energy and have enjoyed giving the house a long-overdue spring clean. The doctors and physios at the Alfred are impressed with my progress and surprised to see me recovering so quickly. I think they wonder what my secret is. Well, I know what it is, and it isn't a secret - Tai-Chi does things for you that Western medicine doesn't yet understand.

Lynn Pendry.

Wonthaggi.



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Friday 23 March - Shirazz
Friday 27 April - Hot B Hines
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President Bruce Lawn - 5174 3516

SOUTH GIPPSLAND JAZZ SOCIETY



Inverloch Jazz Club
March - Inverloch Jazz Festival.
Contact Neville Drummond 5674 2166

Saturday 3 March
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UNPLUGGED



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Sunday 18th March 2pm-4.30pm
The New Orleans Swamp Dogs



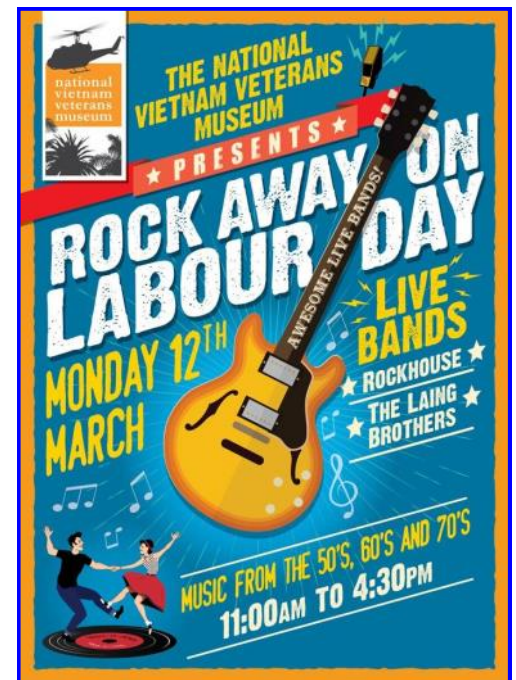
A Traditional/Dixieland Jazz Band. Originally a 'spin off' from the New Orleans Connection Jazz Band it has now established itself in its own right successfully playing at jazz clubs, festivals and venues across Melbourne and Regional Victoria.

This 'entertainment focused' group of musicians are attracting an ever increasing following wherever they perform, which has resulted in great reviews from both dedicated jazz fans and audiences who just want a great afternoon of happy jazz..

With a vibrant jazz line-up of: Ian Hellings - trumpet, Paul Ingle - trombone, Leonid Grigoryan clarinet/saxophone, Clint Smith - banjo, and Dale Finch - string bass, bass. Individually these experienced musicians are certainly no strangers to the jazz world but collectively they provide a new sound and 'great base for some mighty fine Dixieland and Traditional style jazz not unlike the famous Hot Five sessions lead by Louis Armstrong.

The band's recent successes have included being appointed as 'resident' band at Café Vita located at the Springvale Botanical Cemetery, where they regularly perform at their Sunday Jazz Sessions and other corporate and private functions.

For more information please contact
Robin Blackman on 0432 814 407



HEAR GIPPSLAND RADIO JAZZ WITH LOCAL PRESENTERS

Don't forget to tune into our local community radio stations, where you'll hear lots of great music. Joe Speer, presents "Jazz with Joe" on Gippsland FM 104.7 each Sunday afternoon between 5 and 6.30 pm and covers all forms of jazz and blues etc. On alternate Thursdays if you tune to 3BBR 103.1 you can hear Coralie Knight Gizycki with guests Robin Blackman and Marg Hendrie who co-present on an alternating basis once each fortnight, playing lots of Australian, British and Australian jazz. These programs are quite diverse in their content, but all genres of jazz are well covered. Thursdays 6pm - 10 pm.

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editor@waterlinenews.com.au
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The Jazz Club - 12-2pm Saturdays.



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The Inverloch Jazz Festival offers a long, lazy weekend of jazz, from Friday night through to Monday's free picnic in the park.

This year Dirty Three Wines are manning the bar so the choices are likely to be more adventurous. Then there are the bands, including Ron Anderson Quartet, ishs/Allen Project and many more.

Getting a ticket is just the start of a very memorable weekend.

**For information and ticketing see www.inverlochjazzfestival.com
Contact Clive on 0434 574 516**



It is a community event, sponsored by Bass Coast Council, Inverloch Community Bendigo Bank, RACV and Inverloch L.J Hooker.

The event is also supported by local businesses with Inverloch Men's Shed organising Saturday's Community Grand Parade.

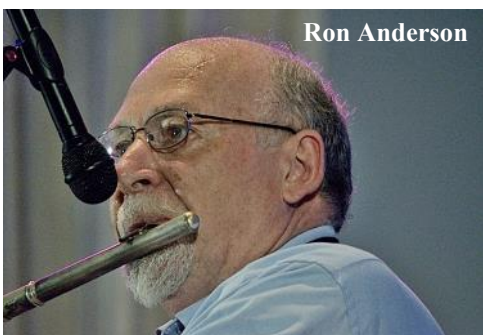
Friday night opens with the Festival band supporting our favourite festival singers and musicians.

Having our own festival band is a first. Saturday morning a Jazz for Beginners session looking at instruments, concepts and plenty of Jazz Wisdom from our Master Musicians will be fun prior to the main program. Another first.

The Inverloch Art Show now returns to the Stadium at the back of the community centre, so take a stroll among the artworks.

A new gourmet food menu from caterer Brent Sinclair will be available at the Hub, while delicious home baked goods can be found at Warrawee.

The Hub and the RSL are licenced and all venues are close to cafes, pubs and shops.



Ron Anderson

Veteran drummer and washboard player, Richard Opat, will feature at the Festival with the Ade Monsborough inspired "Sweet Ade" led by Marion Lustig.



Fantastic program of entertainment includes.....



Journey Bound - 7-8pm Friday 2 Mar



10am - 6pm Saturday 3 March at the music stand.

For the full Festival Program covering all events, check the website.

<http://www.rwbf.com.au/program-2/>

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Welcome®

Food

And now it is the finger lime



Spend a few days watching the food shows on television and you will know what the latest must have ingredient is. Not too long ago it was galangal but today, even the ordinary supermarket stock this aromatic rhizome, an essential in South East Asian cooking. And now it is the finger lime that is getting a lot of exposure, because it is such a photogenic product. The fruit itself is not that attractive but cut it open to reveal the caviar-like vesicles containing the mouth puckering juice and you will understand why chefs are using the sparkling 'caviar' of pink, red or lime green to garnish their salads and grilled fish.

I was given a finger lime plant, which, in the right condition would grow up to six metres or taller, but I am sure it will remain a manageable bush in the Melbourne suburb. I am quite excited about growing this native lime, *Citrus australasica*. It may take two to three years before the bush

would bear fruit but I am excited by the anticipation. To me gardening is about waiting and watching. I wait for the seeds to sprout and wait to see the flower buds open and for fruits to ripen.

The finger lime is native to the eastern region of Queensland and the north east of New South Wales. It is originally from the rainforest region and the arrival of white settlers and the clearing of land almost decimate this native citrus, which has been used by the first people of this nation for food and medicine. It is said to be rich in folate, potassium, vitamin E and vitamin C. The lime is now commercially grown in southern Queensland and northern New South Wales. The fruit is in great demand by restaurants and caterers locally and overseas.

As I have, growing in my garden, sub-tropical plants such as the curry tree (*murraya koenigii*), the kaffir lime, lemon grass and pandanus (*pandanus amarylifolius*), I am sure the finger lime will be able to survive the erratic Melbourne climate. The thorny finger lime can be grown in a position of part-shade to full sun but it will be wise to locate it where you will not be constantly fighting a battle with the sharp thorns. It prefers a well-drained soil and as the feeder roots grow close to the surface it is best to avoid undergrowth planting around the drip line. This I have to remind myself of as I am in the habit of filling up any bare space in my garden.

The cream flowers appear from late winter to spring and it takes up to five months from flowering to fruition. As I have a few citrus trees in my garden I am quite used to the long wait to the harvest. I appreciate the different stages, loving the scent of the flowers and then watching the tiny fruits grow, and willing them not to drop as they would do if my watering is erratic.

I garden for the pleasure of watching plants grow and prosper. I enjoy the harvest of my hard work, but, if for various reasons the fruits of my labour are not worth the time and money invested into their cultivation, I do not give up. There have been times when I have threatened to take my axe to a fruit tree slow to produce, but I am very forgiving and would wait, (and examine my gardening practise) before doing anything drastic. Once I pruned a peach tree to a few strong branches and it came back vigorous, as if to dare me to bring the pruning saw, which I will not do to a handsome specimen.

I will wait till the worst of the hot weather is gone before planting my finger lime. I will watch it grow and hope that it will not take more than three years to fruit. Some say that is a long time but it will be worth the wait when I pick my first finger lime to split it open to taste the vesicles of mouth puckering juice.

Razmi Wahab

Email: razmi13@yahoo.com.au

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Focus on our people

Introducing Lin Starke, new to Phillip Island a year ago.

Lin tells us her own story.



My childhood was spent on a farm in Montalto, in Mid Canterbury province of the South Island, New Zealand, at the edge of the Canterbury plains, where the plains became foothills, and behind them the Southern Alps. As with many rural people landscapes are a major part of my artwork and photography. Birds and flowers are in my collection too.

As an adult I have moved around in New Zealand and in Australia, slowly building my expertise in photography and paintings. My photography started when I bought a Kodak camera with my second pay, but it wasn't till I was living in the Far North of New Zealand and my 3 children had left home that I became an art student. In 1997 I participated in my first art exhibition as a water colour artist. My photography is self taught but draws on my artist training for composition. I completed a Diploma of Visual Arts at Riverina TAFE in NSW in 2013. The format was contemporary art, and it was there I learned to value that genre of painting. A poem I wrote was screened on the wall of the Hume Dam as part of the "One River project" that celebrated 100

years of Canberra.

My career in New Zealand was centred on education, as a pre-school teacher from 1972 - 1995. Every child was encouraged to draw and to paint as part of the curriculum. In 1999 I commenced work in a Maori Training Centre, "Te Aupouri Wananga O Muriwhenua" in Kaitia, and as a tutor there was strongly encouraged to commence studies for my Bachelor of Education, Adult Teaching, graduating in 2002, from Massey University's Albury Campus, although my studies were done through the Wellington campus. I had moved to Melbourne, Australia in Feb. 2001 completing my final year by correspondence, and flew to Auckland in order to graduate with my Maori colleagues there.

Once retired I became involved in voluntary work in Albury and Wodonga, at Art Space Wodonga, at the Albury Wodonga Community College – this included tutoring in Acrylic Art, and at the MAMA gallery where I digitised over 4,000 files scanning in every page from 20 filing cabinets of artist records. This was an opportunity to follow up my learning on art forms and genres that few people have. Most files had an artist biography and most had the images that were held in the MAMA collection. This collection also contains a lot of photos and that too included contemporary work. I was also a member of the Murray Valley Bushwalkers group while in Wodonga, which provided many opportunities for photography. I also took photos of all the memorabilia items in the Wodonga Vietnam Veterans Museum and created a digital record for the Museum. They still have the paperwork to scan and record but now have my system to work with.

As a writer of books on my family history I have a large collection of family photos and apart from a short course on Microsoft Publisher in Kaitia, I am self taught when it comes to cropping and editing. One of the key elements in doing a landscape is to have a focal point, an area of drama that holds the viewer's interest.

A knowledge of where to place the "drama" for visual impact helps. I can quickly walk into a new scene and assess where the best composition is for taking photos. I use my own photos in my books as much as possible, but do have photo's from other family members, portrait type photos, that I incorporate into my books, photos that are so old that copyright is not an issue. My photo collection has 1,000's of pictures, and every so often I have another go at selecting the best to keep. Since moving to Phillip Island I have joined the Family History group PIADGS in Cowes, have rejoined Rotary with all its opportunities to do Community Service, am a volunteer at NVVM in their Collections area and am a member of the Bass Coast Shire Council, Art and Cultural Advisory Committee.

Email: linda.starke@yahoo.com.au



Lin has a magnificent collection of photos taken on Phillip Island and we hope to be able to share more of them with you in the coming months.





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The French Island News



FRENCH ISLAND COMMUNITY ASSOCIATION

Tankerton PO
French Island, Victoria 3921
secretaryfica@gmail.com

EMERGENCY SERVICES

There is no regular police presence or ambulance service on the island. French Island has a Country Fire Authority (CFA).

There is one fire engine stationed permanently on the island, next to the Community Hall on Tankerton Rd. CFA volunteers are able to respond to any kind of emergency.

Calling 000 is always the best option in an emergency.

NURSE ON CALL

For non urgent health issues islanders may utilise the Department of Health's Nurse on Call service: 1300 60 60 24

AMBULANCE SERVICES

Ambulance Membership
Membership Enquiries 1300 366 141 (Mon-Fri 8am-8pm, Sat 9am-5pm). Membership is advised as Air Ambulance is used from the island. If local support is required ask Ambulance to request CFA support on the island.

POISON INFORMATION HOTLINE



131126

French Island General Store and Post Office

From bread and milk to plumbing supplies, the store provides so many goods and services, we can't

name them all here. In the meantime, whether it's distilled water for batteries or a fuel filter for the car, ring to find out what's in stock. Newspapers can also be ordered from the store with at least 24 hours notice.

Christine Dineen's New French Island Visitor's Guide also available.

289 Tankerton Road, French Island, 3921
(03) 5980 1209



FRIENDS OF FRENCH ISLAND NATIONAL PARK (FOFI)

Secretary: Meredith Sherlock.
Phone 0438 077 329 Email: secretary@fofi.org.au

FOFI Project Days

Third Saturday each month

More details on: www.fofi.org.au

French Island Landcare

For more information on all Landcare activities contact

filandcare@gmail.com.



Landcare Nursery

Volunteers are always welcome at the nursery on Wednesdays and Thursdays from 10am to noon.

Contact Terri:
0413 088 527



FRENCH ISLAND FERRY

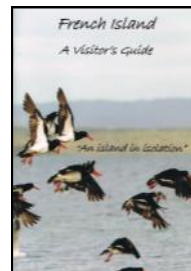


For more information see:

<http://westernportferries.com.au/>

French Island Visitor's Guide

Christine Dineen's French Island Visitor's Guide is a fantastic publication we visit all too infrequently. It's 52 pages, and fully detailed map included are a great reference, not only for visitors to the island, but anyone who has an interest in the local flora and fauna.



Copies of the booklet are available at the French Island General Store, or you can obtain a copy from the author:



Swamp Harrier

Christine Dineen
dineenc@optusnet.com.au

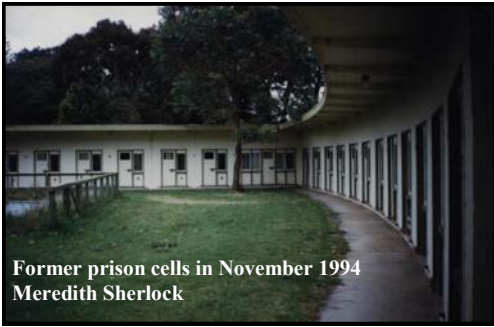


Notices for the French Island section of The Waterline News should be sent to: editor@waterlinenews.com.au - 1st of month.

The French Island News

SNIPPET OF HISTORY.

FOFI News



Former prison cells in November 1994
Meredith Sherlock

A long article on day-to-day life for the 40 to 50 prisoners at McLeod Prison Settlement was featured in the Frankston and Somerville Standard on 5 May 1922 (p. 5).

It included the following:

It might easily be supposed [that] the life of the men is one long picnic.

On the contrary, they have to work, and work very hard.

They are engaged for eight hours a day grubbing, burning off, fencing, ploughing, general nursery work and road making. Miles of fire breaks are cut annually, swamps are drained, land cultivated and trees planted. Since the inception of the settlement over one million pine trees have been planted, and some day the State will have a valuable asset in the pine forest. The afforestation work is carried out under the supervision of officers of the Forestry Department, which makes an allowance to the board for the prisoners' labour.

A dam has been constructed along the Brella Creek, about one mile from the camp, for the conservation of water, and a pipe line laid to bring water to the settlement.

The supply is sufficient for irrigation as well as for domestic purposes.

Many varieties of vegetables are grown, and in this respect the settlement is self-supporting.

Thousands of Pinus pinaster and other species continued to be planted up until 1937, when the "tree planting programme" was finally "admitted to be a failure" (Gooch, Frontier French Island, p. 193). One wonders if Parks staff and FOFI have since spent more time getting rid of pines than the prisoners spent planting them!

MELBOURNE WATER GRANT

FOFI has again been fortunate to receive a Community Group grant from Melbourne Water to support its work.

We have received \$660 this year, which will cover our administrative costs, newsletter and publicity, and also allow us to organise our first Frog Survey Day later this year with the help of an amphibian expert.

There is still a lot we do not know about frogs and reptiles on the island.

Haswell's Froglet was recorded at The Pinnacles Swamp in 2016. It is found at one other swamp on French Island but not on the Peninsula. Pobblebonks were also recorded at this swamp on the same day. A Spotted Marsh Frog was seen in November 2014 for the first time in more than 30 years.

The Growling Grass Frog was known from

three locations in the 1970s and 1980s but has not been seen or heard since the drought.

If you hear or see any frogs on French Island, we would be pleased to know about them as background data for our survey day.

FAIRY TERNS

Disappointingly, no Fairy Terns were seen at Rams Island or Tortoise Head on our Wader Count day, but we have at least received the good news from Faye Bedford of DELWP Bairnsdale that Pelican Island, a small, recently rehabilitated island in the Gippsland Lakes, has provided safe nesting habitat for Fairy Terns for a second year, with 45 chicks successfully reared this season. Pelican Island is now the largest successful breeding colony of threatened Fairy Terns in the State.

Meredith Sherlock
Fairy Tern



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Special Feature

How much does a funeral cost?

Last month we published a story by Ashley Porter titled “Life after death!”

This prompted some discussion on the cost of funerals, so we asked Lang Lang District Funeral Services, director, Dianne Comber for some advice.

Dianne says:

“Funerals are a time when we say goodbye to our loved ones and ‘Celebrate their Life’, recalling those happy memories for us to share. But funerals can also be expensive, causing financial stress for those left behind”.

General Funeral Costings:

Service Fee from \$1,995
Transfer/Mortuary Care from \$250
Coffin from \$695
Flowers from \$100
Death & Funeral Notices in Herald Sun from \$350
Minister from \$275
Celebrant from \$395
Order of Services (printed per 100) from \$100
Cemetery Fees (differs per cemetery) from \$1,500
Death Certificate Births, Deaths & Marriages from \$350
Cremation Fee from \$795
Ashes in Niche Wall (differs per cemetery) from \$440
These items can add up and will rise with inflation.

Which type of Funeral costs less?

The cost of a Funeral Service varies widely, depending on your choice of coffin, flowers, venue etc.

If you're planning your own funeral, have a budget in mind, and it pays to shop around.

How much does a Cremation cost?

Generally, cremation is the cheaper option. But you need to consider if a cremation is the right service for your family. There is no grave site your family can visit, but they can scatter your ashes in a place that means something special to you or your loved ones.

You can also choose to have your ashes kept at the cemetery in a memorial wall or interred into the grave of a family member.

How much does a Burial cost?

Burials are more expensive due to the cost of the burial plot. Depending on the cemetery, a single grave (for two interments) can cost from \$1,800 upwards.

You may prefer to choose a burial service for religious or family traditions. The benefit

is having a designated site your family can visit to be with you. Your loved ones can tend the burial site, bring flowers and all this can be comforting.

How can I save on Funeral costs?

If you would prefer a more basic service, there are ways you can reduce the costs of your funeral, including:

- Choosing for a Cremation rather than a Burial.
- Compare prices, especially the Funeral Directors ‘Service Fee’.
- Choosing a basic coffin if being cremated as it will be cremated along with your remains.
- Consider a different venue for the funeral, if you envisage a small gathering, have a grave side service, or in the local hall, or the beautiful garden of a loved one or friend.
- Save on newspaper notices, instead share the details of the funeral online for free through social media.

Who can afford to pay for Funeral Expenses at short notice?

Funerals are not something anyone likes to think or talk about, but it does make sense to prepare for your funeral now.

Remember, your funeral will be a very difficult and emotional time for your family, but you can help make this difficult time easier for them by pre-arranging and paying for your funeral now. Not only to help cover the cost, easing any financial strain but also easing the emotional strain of not having to make those decisions needed. Preparing your funeral and plan it according to your wishes, is one of the most loving things you can do for those you leave behind.

Benefits of a Pre-Paid Funeral:

- Your funeral will be arranged and conducted the way you have chosen. (In some cases this can settle any differences of opinions between siblings with opposing ideas)
- The funeral fee will not increase, as it is ‘contracted at that fee on that day’.
- You can choose to have an amount deducted from your bank account weekly, fortnightly or even monthly to suit your finances.
- Our funeral investments are with Foresters Friendly Society and are government backed.

Letter to the Editor

Dear Roger,

Loved this month's edition of The Waterline News, in particular Jane Mellings' article. “Life after death!”

It blew me away, I felt as if I was reading my own thoughts!

My condolences to Jane and also my congratulations on her spirit and candour. I could relate so much, even to the point of her new occupation. Working in an office for my father who is a Funeral Director, my youngest brother, who I was extremely close to, passed away aged 44 years in June 2012, then 7 months later in January 2013, my 16 year old grand-daughter passed from a brain tumour. I was numb for some time, and didn't want to get up in the morning. I questioned life and of course my own life. I left working for my father as I wanted to do more than sit behind a desk doing paperwork etc.

I decided to start my own funeral business, it was a gamble, but the rewards are many. I have met some beautiful people going through so much heartache and emotional stress trying to make decisions about their ‘loved ones’ funeral, being able to help them through that process and their gratitude at the end of the day, is ‘my reward’.

Because I have felt the grief, heartache and anger of the different mourning stages, I can truly sympathise and feel for them.

People grieve in so many different ways, and for different lengths of time, I can still tear up quite easily when I think of my two beautiful loved ones, and I think of them every single day.

Unfortunately, because of my losses, and because I have a different perspective on life, I have found that I get annoyed with people who take life for granted. My brother and grand-daughter had plans for their future and when I see ignorant, stupid drivers speeding on our roads, and some of them have their own children in the car – I think ‘how dare they risk the chance of cutting their children's life short!’. And if not theirs' the life of some other innocent family.

We hear figures on the road toll, what we don't hear about is the amount of injured, crippled, brain dead people following an accident, or the amount of family members whose lives have been ruined or changed forever!

Waking up in the morning is a privilege, a privilege many are denied!

Cheers,

Dianne Comber



Dianne Comber

Lang Lang District Funeral Service
Director
0418 328 205 Work
(03) 5997-5515 Home
dianne@lldfs.com
PO Box 94,
Lang Lang, 3984
Victoria, 3984

QUIZ?

Philosophy, Trivia & Quiz,

1. What animal did Bart Simpson take to Australia?
2. Based on total tonnes per year, which three countries produce the most milk?
3. For which two films did David Lean win the Oscar for Best Director?
4. The names of three of the four busiest international airports in the world start with the letter 'H'. Can you name them?
5. The first UN peace keeping mission in 1948 was sent to keep the peace between which two countries?
6. A founding member of The United Nations, which island country lost its UN membership in 1971?
7. Which North American Indian word for a string of white beads, starting with the letter 'W', was used in many a Hollywood western?
8. If you're on a boat called "Maid of the Mist" you're looking at which of natural spectacle?
9. The flags of which three countries consist of a solid background with a single circle on it?
10. Which two Germans have been voted Footballer of the year in England?
11. What was the most lucrative export, quite literally an end product, for many west coast South American countries in the 19th century?
12. George Mallory, who some claim may have been the first man to conquer Mt Everest, is credited with which famous three word reply?
13. Who was the first woman to hit the charts with the song 'Bang Bang (My Baby Shot Me Down)'?
14. Which island country is the most westerly part of Africa?
15. Which epic movie, based on a real historical character, was the only film to have won the Oscar for Best Picture without a single female speaking role?
16. The registration plate for which famous vehicle reads "SCV 1"?

17. Nicknamed the "Eighth Wonder of the World", what was the name of the famous room or chamber in the Catherine Palace near Saint Petersburg which mysteriously disappeared during World War Two?
18. What were the names of the Titanic's two sister ships which ended with the letters 'ic'?
19. Liberty 1 was the name of the ill-fated space ship in which popular 1968 science fiction film?
20. Ukrainian Sergey Bubka is best-known for record setting in which sporting discipline?



Quotes About Philosophy Of Life

"It's no use going back to yesterday, because I was a different person then."

Lewis Carroll

"A bird is safe in its nest - but that is not what its wings are made for."

Amit Ray

"Hardship often prepares an ordinary person for an extraordinary destiny."

Christopher Markus

"Don't bite off more than you can chew because nobody looks attractive spitting it back out."

Carroll Bryant

"Freedom of mind is the real freedom. A person whose mind is not free though he may not be in chains, is a slave, not a free man.

One whose mind is not free, though he may not be in prison, is a prisoner and not a free man.

One whose mind is not free though alive, is no better than dead.

Freedom of mind is the proof of one's existence."

B.R. Ambedkar

"How long are you going to wait before you demand the best for yourself and in no instance bypass the discriminations of reason? You have been given the principles that you ought to endorse, and you have endorsed them. What kind of teacher, then, are you still waiting for in order to refer your self-improvement to him? You are no longer a boy, but a full-grown man. If you are careless and lazy now and keep putting things off and always deferring the day after which you will attend to yourself, you will not notice that you are making no progress, but you will live and die as someone quite ordinary.

From now on, then, resolve to live as a grown-up who is making progress, and make whatever you think best a law that you never set aside. And whenever you encounter anything that is difficult or pleasurable, or highly or lowly regarded, remember that the contest is now: you are at the Olympic Games, you cannot wait any longer, and that your progress is wrecked or preserved by a single day and a single event. That is how Socrates fulfilled himself by attending to nothing except reason in everything he encountered. And you, although you are not yet a Socrates, should live as someone who at least wants to be a Socrates."

Epictetus

The only thing standing between you and your dreams is ... reluctance."

Carroll Bryant



QUIZ ANSWERS

1. Bullfrog. 2. India, USA, China. 3. The Bridge on the River Kwai (1957) and Lawrence of Arabia (1962). 4. Harisfield (Arizona), Heathrow (London) and Handed (Tokyo). 5. Israel and Palestine. 6. Taiwan (Formosa or Republic of China). 7. Wampun. 8. Niagara Falls. 9. Bangladesh, Japan and Palau. 10. Bert Trautmann and Jürgen Klinsmann. 11. Guana or bird droppings. 12. Because it is there. "In reply to the question "Why do you want to climb Mt. Everest?" 13. Cher. 14. Cape Verde. 15. Lawrence of Arabia. 16. The 'Popemobile'. 17. The Amber Room (or Amber Chamber). 18. Britannic and Olympic. 19. Planet of the Apes. 20. Pole Vault.

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The Bass Coast Post in Print



History is written by the victors, who also get the naming rights. Geoff Ellis argues that we have a chance to redress the balance when it comes to Angus McMillan.

Geoff Ellis

BASS Coast is split. Flinders in the west; McMillan to the east. The dividing line is about to be redrawn as The Australian Electoral Commission conducts the latest redistribution of the federal electorates of Victoria.

The shape of Flinders will change but that name will remain. It's been with us since Federation and the AEC guidelines decree that original names from 1901 shall not be changed. McMillan, named after another explorer, is a different story.

In the 1948 federal redistribution, 17 seats were added to the 20 that comprised Victoria. A three-man commission travelled the state drawing lines on maps and talking to locals about names for the new divisions. They presented a list of suggestions to Parliament.

Harold Holt, Ben Chifley and Arthur Calwell, among others, debated the final selection. During this process Chisholm usurped Lonsdale and became our first federal electorate named after a woman. Hansard records that Calwell supported naming an electorate after Burke as he was "... an Irishman and a great explorer". Like his nominee, Calwell led his party into the wilderness.

Some of those names remain; others, like Burke, have disappeared and re-appeared amid the change of boundaries.

The AEC guidelines to the naming of electorates states: "In the main, divisions should be named after deceased Australians who have rendered outstanding service to their country".

In 1948, Angus McMillan was revered. I hesitate to say he is now reviled but for at least the past 15 years people have been

asking the AEC to remove that name from our electorate.

For the 2002 redistribution, Ann Jones, convenor of the West Gippsland Reconciliation Group, submitted the following to the AEC:

The name Angus McMillan has been written into the history of Gippsland and many places are named after him. The true story of this Victorian explorer and landowner has been re-examined and become the subject of considerable debate. According to recent historians, Peter Gardiner and Don Watson and film-maker Andrew Hyde, he was an unscrupulous opportunist who does not deserve the recognition of an illustrious founding father as our earlier history books record.

His behaviour, according to those who have researched his life, may be seen as reflecting the morality of the times, but this cannot be used as an excuse for the atrocities in which McMillan was a participant. We have attached to this letter a summary of the massacres of indigenous people in East Gippsland in which Angus McMillan was involved.

There are no eyewitness accounts to which we can refer that bind McMillan to any single murder but he was the leader of the ruthless Highland Brigade that violently took land for cattle and farming. Coded journal and newspaper entries refer darkly to groups of Aborigines who were dispossessed and "did not return to the area". Place names like Skull Creek are enduring clues to their final resting place.

Across the continent "clearing" started on the ever-expanding edge of Sydney in the 18th Century. The last recorded massacres of Aboriginal people took place in the Northern Territory in the 1920s. Spithoods in the NT and youth suicide in the Kimberley are its latest manifestation. Income quarantining in Ceduna continues the tradition of special treatment.

Rifles will always overcome sticks and stones and names do more than hurt. Words indicate whether a society is anchored to the past or is maturing into the future.

Every seven years the AEC invites submissions on the redistribution of Victorian federal electorates. There is growing support for a name change for McMillan and other electorates. A timetable for submissions, comments and objections, are on the Australian Electoral Commission website. The closing date for suggestions is November 17.

If the name is removed a replacement is required. This won't rip McMillan from the history books and does not impose a sentence. Once a strong reason for change is accepted by the AEC, they will consult with the broad community to find a replacement and suggestions will be considered through the redistribution process.

This shouldn't become a debate; debates have winners and losers. Let's have a respectful, informed discussion. The 2016 Victorian Electoral Commission review of Bass Coast Shire resulted in wards named Bunurong, Island and Western Port. People like Thompson are still remembered, just in different ways.

The names of several federal electorates have changed during this decade. Fraser became Fenner in the ACT and in Tasmania Clarke has replaced Denison. The Fraser name will probably re-appear on an electorate in western Victoria this time round. Despatching McMillan is a possibility.

GUIDELINES FOR NAMING FEDERAL ELECTORAL DIVISIONS

Naming after persons

In the main, divisions should be named after deceased Australians who have rendered outstanding service to their country.

When new divisions are created the names of former Prime Ministers should be considered.

Federation Divisional names

Every effort should be made to retain the names of original federation divisions.

Geographical names

Locality or place names should generally be avoided, but in certain areas the use of geographical features may be appropriate (e.g. Perth).

Aboriginal names

Aboriginal names should be used where appropriate and as far as possible existing Aboriginal divisional names should be retained.

AEC Website

<https://www.basscoastpost.com/>

Greg Hunt MP



**Federal
Member for
Flinders**

**Minister for
Health.
Minister for
Sport.**

With the New Year now in full swing, I have had the opportunity to speak to many citizens around the electorate on a wide range of topics.

One of these was with Woolamai Beach SLSC President Rob Murphy. Woolamai unfortunately saw two tragic drownings over the Christmas-New Year's period. Rob and the team are continuously looking for ways to improve water safety not just at Woolamai, but on Phillip Island as a whole. These include multilingual warning signs and the use of drone technology for rapid rescue attempts.

Initiatives such as this are why the Turnbull Government will provide an additional \$3 million to life saving clubs and other water safety organisations around Australia to help reduce drowning deaths and near-deaths.

The funding will in large part go to the Government's beach equipment program, to assist Woolamai Beach and the approximately 310 surf lifesaving clubs around Australia.

While the Christmas break provides us all with time to relax and recharge, a big part of my summer and the summers of many in the electorate was watching Australia regain the Ashes with a 4-1 Test series win against England.

While my cricketing skills won't see me opening the bowling for Australia any time soon, I was thankful for the Tyabb Cricket Club inviting me down to open the bowling against Victoria Police as part of the Luke Batty Memorial Shield.

The Luke Batty Foundation, founded after the senseless loss of 11-year-old Luke to family violence, works to stop men's violence against women and children before it occurs.

The Shield game, now entering its third year, is a good opportunity for the Cricket Club and Victoria Police to come together to raise funds for a cause close to all our hearts.

It was great to roll the arm over and pick up very respectable figures of 2/10, including

the prized wicket of Chief Commissioner Graham Ashton.

All proceeds from the food and bar at the game went to the Luke Batty Foundation and I want to thank everyone involved for supporting such a great cause.

If you would like to donate or learn more, please visit lukebattyfoundation.org.au

Greg Hunt

**4/184 Salmon Street (PO Box 274)
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T: 1300 226 278**



BRIAN PAYNTER MP
STATE MEMBER FOR BASS

Please contact my
office if I can assist
you with any State
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**talk to
BRIAN**

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www.brianpaynter.com.au. Funded from Parliament's Electorate Office and Communications Budget.

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History

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eskidmore@dcsl.net.au

Cranbourne Shire Historical Society
Contact - Polly Freeman - (03) 5998 3643
pauline.freeman2@bigpond.com

The Koo-Wee-Rup Swamp Historical Society
Heather Arnold 0407 521 637
harnold@dcsl.net.au

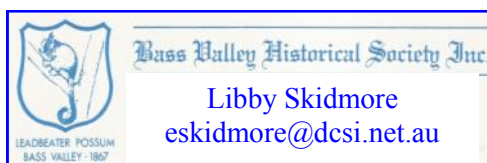
Lang Lang & District Historical Society
Secretary Peter Hayden 5997 5114
ralph6@dcsl.net.au

Phillip Island & District Historical Society
Contact 5956 8501,
history@waterfront.net.au

Railway Station Museum
Murray Street, Wonthaggi
Phone:
Irene 03 5672 1830
wonthaggihistosoc@dcsl.net.au

Secretary: Opening hours:
Tues & Thurs 10am-3pm
Saturday 10am-2pm

The society meets at 7.30pm on the 3rd
Thursday of the month at the museum.



Libby Skidmore
eskidmore@dcsl.net.au

MATTHEW LOVES ANN from the book "Letters to Ann" by Retter and Sinclair published 2001

As February has St. Valentine's Day, I wanted to share excerpts from Matthew Flinders letters to his wife Ann. Matthew Flinders married Ann Chappelle on April 17th 1801 just 3 months before he set sail on his remarkable journey of discovery to Terra Australis.

He wrote with this advice to his prospective bride "learn music, learn the French language, enlarge the subjects of thy pencil, study geography and astronomy and even metaphysics, sooner than leave thy mind unoccupied. Soar my Annette, aspire to the heights of science. Write a great deal, work with thy needle a great deal and read every book that comes in thy way, save trifling novels"

Matthew's father Dr Flinders had very strict ideas about the role of young women and also the speed with which Matthew and Ann married. "I wish that he might not repent his hasty step." "The idea that young girls are at liberty to marry when they please without consulting any of their friends, may do much harm in society and should be opposed..... When I spoke to my father of my affection to thee, he acknowledged that thou wert a most worthy young lady from all he knew."

Matthew Flinders had planned to take Ann with him aboard the "Investigator" on the journey to Australia but the Admiralty forbade it. No wives allowed! Matthew wrote almost daily to Ann. "I trust that in a very short period will now see me absent from England and each passing day will then bring nearer the period of my return. Rest confident, my dear, of thy ardent and unalterable affection of thy own MF; he does love thee beyond everything. I go, beloved to gather riches and laurels with which to adorn thee; rejoice at the opportunity which fortune and circumstances give me to do. Rest assured of the unalterable affection of thy own wanderer. MF

"I am just as awkward without thee as one half of a pair of scissors without its fellow....The idea of how happy we might be will sometimes intrude itself and take away the little spirits that the melancholy situation leaves me....thou dearest, kindest, best of women."

"Write to me constantly; write me pages and volumes. Tell me the dress thou wearest, tell me thy dreams, anything so do but talk to me and of thyself. When thou art sitting at thy needle and alone, then think of me my love and write me the uppermost of thy thoughts. Fill me half a dozen sheets and send them when thou canst.

Think only my dearest girl upon the gratification which the perusal and reperusal fifty times repeated will afford me and thou will write me something or other every day. Adieu my dearest best love.

Matthew Flinders was imprisoned by the French on Mauritius from 1803 to 1810 and very few letters were exchanged. There was a period of over three years with no news from Ann at all. They were finally reunited in October 1810 and Ann wrote to a friend, "I am well persuaded that very few men know how to value the regard and tender attentions of a wife who loves them. To make the married life as happy as this world will allow it to be there are a thousand little shades of comfort to be attended to. Our domestic life is an unvaried line of peace and comfort. And may heaven continue it such so long as it shall permit us to dwell together on this earth."

Sadly this was not to be. Matthew Flinders died in July 1814 aged 40. Ann lived on, never remarrying and died in February 1852 aged 79 years. She once wrote "His loss was one of incalculable magnitude to me whose greatest earthly happiness centred on him."

Libby Skidmore
Bass Valley Historical Society



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History

WATER FOUNTAIN BEQUEATH TO WONTHAGGI CEMETERY IN 1911

Noelene Lyons



Last year I received a request from Mr. John Morgan, from Corinella that when his Grandmother, Lillian Holland, died, on 4th June 1911 she left in her will some money bequeathed to Wonthaggi Cemetery to install a water fountain for those hot days of funerals.

Mr. Morgan advised me that his mother was unable to have this request completed, so he decided to organise this Council / Trust to approve this request, and Mr. Morgan said all expenses would be met by himself on behalf of his Grandmother.

After many years – 106 years, the wishes of Mrs. Lillian Holland have now been fulfilled and the fountain has now been installed at the Wonthaggi Cemetery for patrons use.

Mrs. Lillian Holland was buried before the Burial Register Book started but is recorded in our “Early Burials” Section.

1st driveway on RHS.....

The Wonthaggi Cemetery Trust & Friends Group are very pleased to be able to help Mr. John Morgan fulfil his Grandmother’s request.

John will soon be organising a plaque to be attached to the Water Fountain.

The Ripple replica undergoes a re-birth!



Bass Coast Shire Council is undertaking a major renovation of Inverloch’s much-loved replica of “The Ripple” as part of the Council’s 2017/18 Renewal Program.

The replica of The Ripple was originally

built by Inverloch’s Clock Tower Committee and Historical Society as a reminder of Inverloch’s connection to the coast.

Bass Coast Mayor, Cr Pamela Rothfield, says “The Ripple is a significant monument for the Inverloch community.

The project acknowledges the historical significance of The Ripple, launched from Inverloch over 100 years ago,” she said. The Ripple will undergo a full rebirth, with major framing, ventilation, cladding and decking works being done.

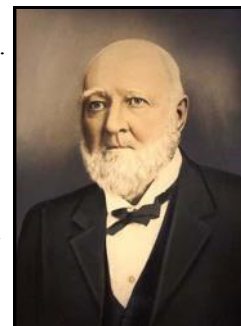
The project is due for completion in March this year.

Phillip Island 150th Celebration

The Phillip Island 150th Celebration Planning Committee, together with Bass Coast Shire Council, recently launched the year-long celebrations.

Bass Coast Shire Council Mayor, Cr Pamela Rothfield, chairs the Phillip Island 150th Celebration Planning Committee and is particularly excited about the upcoming events.

“This celebration is very close to my heart. My great grandfather, John Cleeland, built his home at Cape Woolamai in 1869, and my other great grandparents, William and Annie McFee, built theirs in Rhyll in 1883,” Cr Rothfield said.



John Cleeland

“This is a wonderful opportunity to pay tribute to all the early settlers for their foresight and their courage, as well as acknowledge the challenges they faced in what was a very remote and isolated community in those days. Phillip Island is a place of rich history and achievements and we’re looking forward to celebrating and showcasing this.”

The 150 year celebrations are known as the sesquicentenary. The sesquicentenary marks 150 years since farmland and town lot sales first occurred on Phillip Island.

The celebrations will respectfully acknowledge the traditional custodians of the land, the Bunurong people, by launching the celebrations with a Welcome to Country.

Throughout the year local clubs and organisations will stage their own events to mark the 150 year celebrations.

“The launch will be a great opportunity to have a chat with community groups and find out what events are planned and how you can be involved”, said Cr Rothfield.

A few of the larger events throughout the year will be the Rhyll Wooden Boat Festival, Bendigo Bank Community Day and a special celebratory dinner towards the end of the sesquicentenary.



BASS VALLEY HISTORICAL SOCIETY

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TALES OF YESTERYEAR

Do you know the answers to these frequently asked questions?

1. Why is it called Western Port when we are east of Melbourne?
2. What did George do for 13 days in Bass?
3. Why did Pierre take off his clothes to climb the point?
4. Why did James and Marmaduke cut their boat in half?
5. What did JG do with the wattlebark he collected?
6. Why did John Boulbee set Cape Woolamai on fire?
7. Why did Sam leave the VDL in Tasmania?
8. How did Robert send salt to Launceston?
9. What is a tree bear and what did Charlie do with it?
10. What happened to Queensferry?

If you answered ‘no’ to a few of the questions above, then maybe you need to join the group and learn about the **EXPLORERS, SETTLERS AND PIONEERS, TEMPORARY VISITORS, THE SMALL TOWNS OF CORINELLA, CORONET BAY, GRANTVILLE, BASS, AND THE GURDIES.**

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If you are interested in joining your local U3A community, Bass Valley is now offering the following activities for 2018:

- Art for Pleasure
- Book Club
- Creative Writing
- Gardening,
- Get Creative
- Local History (new)
- Movie & Theatre Appreciation,
- Tai Chi for Arthritis,
- Travel & History
- Welding

There are a couple of spots left in the new Local History Group.

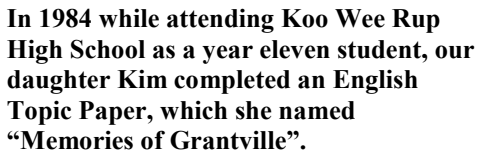
If you are interested, go to the website and register your interest.

Or call Christine 5678 0033

Email:

bassvalleyu3aoffice@gmail.com

Grantville History



He recalled the flowering gums in the town, with bronze plaques in front of them. They are the Avenue of Honour for the World War One Veterans and up to thirty of these trees lined the roadside from the Almurta Road to the old Mechanics Hall Site.

“A first class presentation and one that I hope you will keep” - “I am no longer an ignoramus and I’m sure the town would easily become known through this publication of your paper”.

This collection was to be about our
 “Memories and Lifetime in Grantville”.
 Hopefully it will continue!!!



I hope that one day we find a way to publish the document in it's entirety. It is a comprehensive collection of the History of Grantville, however it forms just a small part of Jan Walker's collection and much of it is also worthy of publication.

Jan has asked me to thank The Waterline News and our History segment for stimulating her interest and encouraging her to write.

The shelves have been opened and we have a lot to look forward to in the coming months, or years!

It is us that should be thanking you Jan.
Roger Clark



This History segment is supported by the

South Gippsland
SENTINEL-TIMES



**Good men, supporting each other,
Their families and the community**

Powlett Lodge no 611 Meets at the Wonthaggi Masonic Centre 11 Edgar Street Wonthaggi
1st Wednesday each month at 7.30pm.

Woolamai Daylight Lodge no 277 Meets at the Wonthaggi Masonic Centre
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Membership & visitor enquiries - Glen Richards 0419518351

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Bass Coast News

Western Port Ward Update Crs Geoff Ellis, Clare Le Serve and Bruce Kent



Where to Find Us:
Coffee with Constituents:
Grantville Pantry
Monday, February 26th 2 -5pm.
Book a timeslot: wpwbcge@gmail.com
Council Meeting:
Inverloch Hub Feb 21st.

Cinema:

The Wonthaggi Union Community Arts Centre is set to reopen in May 2018. We will continue to provide a program that accommodates as many community needs as possible within Council's resources and budget.

We acknowledge that residents of Western Port Ward highly value the ability to enjoy a movie while shopping or socializing in Wonthaggi.

Under its current management by Council, film screenings are promoted via online, newspaper and email with hard copies available at various Council offices, including the Grantville Transaction Centre. We will also include information about screen times in the update when the movies return later this year.

Focus On:
Bass Valley Children's Centre



The Bass Valley Children's Centre is the result of enormous fundraising and planning by the local community in partnership with the Bass Coast Council. The efforts of everyone involved were recently celebrated at the Open Day. Many of the people who have spent the past few years working on the project were able to see the results of their effort. Parents, children and guests from the Bass Coast community eagerly explored the spacious facilities and met with the centres' educators. With 'kitchen facilities' for aspiring chefs and enough art supplies to satisfy the most prolific young artists, the Centre met resounding approval from its' future charges. Kevin Feeney, CEO of the centre's operator, bestchance, stated, "we are thrilled to be working with the Bass Coast Shire Council, the dedicated community members and the Bass Valley Children's Centre Committee. They have all put so much into the creation of the Centre; bestchance is looking forward to collaborating with educators and parents to create and sustain a high quality child care service."

Enrolment and further information:
email bassvalleycc@bestchance.org.au
or call the bestchance office on
(03) 8562 5100 If anyone wishes to
Volunteer at the Bass Valley Children's
Centre, please contact Alison via
anormanton@bestchance.org.au

Saving Space

The simplest way to describe landfill is to think of a huge hole in the ground that is gradually filled with our rubbish. The rubbish is all the left overs once you have reduced, reused, recycled and composted everything you can.

The hole is separated into smaller cells. Landfill cells are carefully designed structures that are lined to protect the environment. Landfill cells prevent contamination of surrounding environment. Once a cell is full it is sealed. Bass Coast Shire Council is currently operating in Cell 6 at the Grantville Landfill which opened in April 2013.

In the past, approximately 23,000 tonnes of waste went into the landfill each year, however with the introduction of our

kerbside organics collection, this is expected to reduce to 18,000-19,000 tonnes per year, greatly increasing the lifespan of our landfill.

2018 Bass Coast Citizen of the Year announced

Bass Coast Shire Council announced Wonthaggi's Brendan Smith as the 2018 Bass Coast Citizen of the Year at the Australia Day Awards last month.



(l-r) Mayor, Cr Pamela Rothfield, John Curran, Brian Paynter MP, Sam De Pasquale, Roger Clark, Marj Powell, Cr Brett Tessari, Brendan Smith, Melina Bath MLC, Wendy McBurnie

Mr Smith was recognised for his energy, enthusiasm and commitment to driving change. He has played a key leadership role in community initiatives, developed various support programs, and set up many successful community events.

Bass Coast Mayor, Cr Pamela Rothfield, congratulated Mr Smith on his Award, and thanked him for his dedication to the Bass Coast community.

"Your commitment and support of our community is invaluable; not only in leadership and mentorship but also the time you commit to going above and beyond to help others," Cr Rothfield said.

The Mayor also acknowledged and congratulated all the finalists for the Award; Roger Clark from Grantville, John Curran from Surf Beach, Sam De Pasquale from Cowes, Wendy McBurnie from Inverloch and Marj Powell from Newhaven.

"Each and every one of our finalists is an outstanding contributor to our community. The time they put in and the difference they make in a range of different areas is just so significant that it makes it difficult to pick just one."

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POET'S CORNER

The False Friend

So gently, so softly he arrived
A welcome guest bearing
Gifts of arrogant youth, energy and life,
And the promise of so much more.

What false friend would steal back
Gifts bestowed so lavishly?
That Indian giver taking back everything
Irretrievably gone forever.

That merciless soft-footed thief
Sneaking past smug assumptions
Breaking the locks to my most
Cherished and hidden treasures.

Those acquisitive hands always
Tainting, caressing, tasting with relish
Stealing back gifts one by one,
Leaving me bereft and bewildered.

Mourning my emptied treasure chest
Left with the ageing gold of memories
Darkened by regrets and desolate grief
Stolen by time, that duplicitous thief.

© Margaret Pearce.



HAIKU

Thoughts in miniature A haiku is untitled and unrhymed. A seasonal word or reference associated with nature should appear in the haiku, and contrasting images may be used. Usually the first line stands alone while the second and third connect to give an aspect of that image.



in full bloom
a pink flowering gum
colours the coastal village

© Meryl Brown Tobin Grantville Vic

*Inspired by one of the beautiful flowering gums outside the Grantville Transaction Centre.

*Meryl Tobin's photo.

The Writings of E.E. (Betty) Caldwell with special thanks to Maree Silver who has done all Betty's typing for her.



KNIGHT ERRANT

Had he been born in the Middle Ages, doubtless he would have buckled his armour, brandished his sword and spurred his way headlong into battle. If his sovereign lord was not engaged in warfare, he would have become a Knight Errant, a freelance, ready to sell his skills abroad – anywhere that adventure beckoned.

Six hundred years later in a vastly different world, chain mail had given way to an aviator's suit and the horse had sprouted wings. The young man's aspirations were fast becoming reality. He first served with the AIF at Gallipoli but wounded, with a Military Cross to his credit, was promptly discharged from active service and relegated to the role of flying instructor in England.

From there to Hollywood for two dare devil years as a stunt pilot followed by his magnificent exploits in setting records for flights across the Pacific, Atlantic, Tasman and Australia. His triumphant struggle with structural crudity, limited instrumentation and violent weather resulted in the legendary crossing of the Pacific Ocean in May 1928, the very month that the Reverend John Flynn realised his dream of a mantle of safety for inland Australia with the birth of the Flying Doctor Service. In those days of untried machines, it was a precarious way of making a living but in the early 1930s our hero indulged in a program of barnstorming around the Australian countryside. He arrived at Echuca where the locals gathered to marvel at his plane's fragility. Short jaunts were priced at one pound each, a lot of money in those days of unemployment.

David Irvine walked slowly around the plane, prodding it gently with his walking stick before inviting his son-in-law to accompany him on a momentous flight. The offer was declined due to a poisoned hand with an ominous red streak rising swiftly to the armpit. Mrs Wills, a one-time neighbour, stepped forward saying, "if you're game, Mr Irvine, I'll come with you."

In later years, my grandfather would tell me of his fleeting trip across the Murray River with its mighty railway bridge in miniature and the people no larger than ants. In 1938 he died, aged seventy-nine. Two years before, Smithy had disappeared off the coast of Burma. He had lived for thirty-eight adventure-packed years.

Hail and farewell, Sir Charles Kingsford Smith. Truly a Knight Errant for the 20th century.

© E E CALDWELL

SHORT STORY

RUNNING WILD



The advances of modern medicine have taken a lot of the fun out of being not quite well.

Nervy and hyperactive children are sedated, thin ones popped full of vitamins, and coughs and other ailments are treated with antibiotics.

Once upon a time a child who had outgrown their strength, or one that hadn't grown at all, was prescribed the same cure.

To run wild.

Preferably on a farm, or with some country relative where the milk and cream were plentiful and no one had heard of the dangers of high cholesterol, and the nearest school still too far away to worry about attendance.

'Three months doing nothing,' the old family doctor always ordered. 'He's outgrown his strength. Could damage his heart.'

So the long skinny youth was packed off to the land of milk and honey to do glorious nothing in respectability until his energy returned.

'Plenty of fresh air, that's what he/she needs,' the same doctor prescribed about some stunted pale faced child. 'No study mind you, just let him or her run wild for a few months.'

So the pale stunted creature was let loose like an uncaged animal, to run through overgrown paddocks, climb trees, and scramble around exploring every hole and creek and nook and cranny in the district. Nowadays, a child running wild is suspect. 'Prowling around the streets. Should be home doing homework or watching television,' the neighbours grumble.

'Kids at a loose end,' and the grey beards wag their heads, not finishing their ominous prophesy.

'Just lazy,' is often the parental diagnosis of the skinny teenager without the energy to push a motor mower.

His father seemed to have forgotten that when he was a skinny teenager he didn't have to shudder on the end of a combustion engine, fouling up the atmosphere with smoke and racket.

In the old days, he wheeled the mower out and started pushing, gently, in time with the bees. When he got tired halfway through, someone came out with a cool drink and the reminder he had all day and not to knock himself out.

So he sat and thought, the smell of fresh mown grass around him, and maybe his mates came along and sat and thought with him, as the golden day gently drifted on.

Continued page 31

Writing

Running Wild, continued



Of course children still grow, force-fed on appetite pills and sedated on tranquilizers and other necessary pharmaceuticals.

I suppose in the long run there isn't that much difference. Iron tablets can leave just as pink a glow in cheeks as fresh air.

And they still play after a fashion, but the old-fashioned childhood games are well gone. There are computer games and arcades, ipads, mobile phones and amusement parks, expensive but satisfactory. There are spectator sports where they can wear matching colours to show their loyalty, also expensive but satisfactory.

Still, in the once upon a time of the days before school was taken too seriously, and no one had money to spare for anything except basic survival, when milk and cream were either fresh or off, without the long twilight period of preservatives, life was more fun.

Everybody ran wild.

The first day of school holidays saw the release of the wild spirits. They swarmed down to the creeks and rivers to fish, hammered at rafts to float on dams, begged wheels off mothers with unwanted prams to build their billy-carts, and left paste and brown paper all over the back steps making kites.

They chased the horses, scared the cows, teased their dogs and they ate.

I don't believe it was a matter of economics, women staying in the home in those days. What woman found time to go out to work when she had to cater for the appetites of children who ran wild.

Not that they were critical, mind you. They ate porridge for breakfast and bread and plum jam until lunchtime. Then they stuffed into sausages and mash, and ate more bread and golden syrup until it was time for dinner. Then they ate huge helpings of stew and dumplings and steamed suet puddings.

Then of course, in those days, there was the mending. Children who run wild wear their pants out in different places from children who spend their days indoors. Backsides were always being ripped out of pants by barbed wire fences and knees wore through

shinning up trees. Sleeves and backs were torn from shirts with the friendly wrestling. Wrestling done on the carpeted floor of a lounge room isn't half as hard on clothes. Not to mention the washing. This was always an all day chore with wood coppers, hand wringers and heavy concrete troughs. Children who ran wild fell into creeks or had accidents exploring stormwater drains. The sap of pine trees smeared over clothes during birdnesting season, and the juices of blackberries and mulberries stained pockets over summer.

There was no call for sleeping tablets or the soothing noise of the late late show for insomniacs. There weren't any.

After dinner, the wild ones had the top layer of mud removed and were tucked into bed. There they lay in a stupor until morning, drunk on fresh air and running wild.

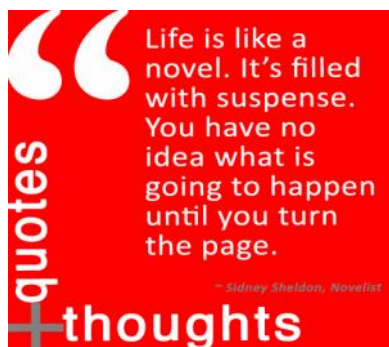
I keep feeling sorry for the modern child being swindled out of his only childhood; his environment cramped by land speculators, imagination suffocated by too heavy a diet of computer games and television, pocket money bled from them by hyped up gotta-have fads and all initiative restricted by the conforming voices of educationalists.

Their whole development is artificially manipulated. This is known as progress, and the quality of life is said to be improved.

So why do I get this feeling that the wrong sort of people are running wild?

©Margaret Pearce

Email: mpearceau@gmail.com



Art Exhibition

Wooden Boats in various dimensions

The Really Rhyll Art Exhibition being held at the Rhyll Mechanics Hall in Lock Rd in conjunction with the Rhyll Wooden Boat Festival (RWBF) the first weekend in March has inspired local artists and creative souls to collaborate and bring together history, culture and colour to Rhyll and beyond.



Ian Pascoe's "The Couta Boat Vagabond". This 44.5x30.5 cm Drawing using Reed Pen, Indian Ink and Watercolour.

Ian Pascoe and Joy Brentwood will judge the Children's Art Competition to be displayed at the Rhyll Yacht Club rooms. As judges, they will have quite a task to consider more than 1200 entries which have been received from local primary schools. Local Historian, John Jansson has collaborated with a local Rhyll photographer to create an Historic Maritime poster filled with facts and historic images; copies will be on sale at the festival Mar 2- 4. Other collaborations will take place in the Youth Boatbuilding Workshops held over the entire weekend. Teams of young people will work together to build a canoe (one per team) which will be launched before the Festival closes. Model Boat makers will display their craft and race in a specially designed course. And there is so much more to see and do over the whole weekend; warning road closures will be enforced for Saturday and Sunday including the boat ramp, to keep everyone safe.

See more on the website: www.rwbf.com.au

Book Reviews

We have three Book Reviews held over until next month, included is the new release, Tinkering, the complete book of John Clarke, with a copy for someone to win.

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In the past 12 months Biome has become Australia's first certified B Corporation retailer, helped customers save 6.7 million single use plastic items from waste, launched Australia's first zero waste beauty bar, and become the world's first Palm Oil Investigations (POI) approved retailer. The business employs 50 people across its online store and four Brisbane stores.

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The website fully details their extensive product range, which appears to be very reasonably priced.

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Our Environment

What Bee is that?

Ian Burns, Rhyll

When in the garden the other day, weeding, I heard a rather loud buzzing.

Upon inspection of my nearby French Lavender, I noticed 3-4 unusual bees collecting pollen. They appeared to have a white band around a black abdomen. However, this band had a distinct blue tinge to it. According to "Aussie Bees", this bee is the "Blue Banded Bee", common to Victoria and fairly widely distributed across Australia, as it is a native bee.

The sting is a little more potent than our common Honeybee.

Blue Banded bees do not build hives. They are solitary animals, the queen builds a nest in mud or clay. Sometimes in the soft mortar of bricks. You can attract these bees to your garden by making these materials available close to your Lavenders or similar plants.

Close cousins to the Blue Band are the White Banded Leaf Cutter and the Teddy Bear Bee. The latter is a heavy set bee, covered in a thick hairy fur.

These are also solitary, non-hive builders.

Blue Band Bee



Teddy Bear Bee



All photos taken from "Aussie Bee"

Letter to the Editor

All Quiet on the Erosion Front – "Peace for our time"

Since the 'erosion questions' were first raised in the September 2017 edition of The Waterline News, some answers were published in the December 2017 edition and recently, the Department of Environment, Land, Water & Planning (DELWP) replied to a request to answer the other questions – this is their response:

"The Department of Environment, Land, Water and Planning (DELWP) is guided by the Victorian Coastal Strategy 2014 in its decision-making process for erosion mitigation works along the Victorian coastline.

This policy ensures all erosion mitigation structures must avoid detrimental impacts on coastal processes and have net community benefit."

"DELWP recognises that the existing seawall near Malcom Drive, Grantville, does not serve the purpose of protecting the foreshore against the impacts of erosion, and will continue to monitor the site to ensure the collapsed wall does not contribute to negative impacts on the natural coastal process of the foreshore."

"DELWP does not have any current plans to build a new sea wall as part of its erosion mitigation strategy at Grantville, although at the erosion workshop possible options for erosion mitigation works were discussed with the community, which included combining rock structures and mangrove planting."

Just ask George... apologises for not being able to coax DELWP to answer the questions as yet, but hopes you find some solace in their reply.

From George's perspective, it would appear that DELWP (and ultimately the State Government) is quite happy to wave round the Victorian Coastal Strategy 2014 – somewhat reminiscent of Prime Minister Neville Chamberlain's "Peace for our time" gesture in 1938. However as Neville Chamberlain soon learned, a 'piece of paper' could not stop World War II. Likewise, DELWP's reliance on the


Victorian Coastal Strategy 2014 will probably not stop erosion, but rest assured, as Neville Chamberlain could have said: "DELWP officers will continue to work closely with the community to ensure the best outcomes will be achieved to manage the erosion along the foreshore."

So a new question arises: is this a real initiative or just another example of "Peace for our time"?

Just ask George... hopes to report what DELWP means by working "closely with the community" and somehow find the answers to the remaining original questions.

Just ask George ...





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Gardening & Outdoors

March Gardening Tips



Though the weather can still be very warm, March is the month where the temperature generally does start to cool down, especially overnight.

This makes the garden a cooler place to be in the morning which makes many gardeners much happier people to be around.

Just as you needed to in February, keep an eye out throughout March for bugs trying to take over your plants that have fought hard to survive all summer.

Treat quickly when found.

With March also marking the beginning of autumn, it is a good time to start thinking about what you want in your garden in spring and what needs to happen for that over the next few months.

Yes, winter comes and goes first, but an ideal spring showing requires forethought. From about mid-March to May you'll want to get any winter/spring flowering bulbs in the ground, so perhaps start preparing your bulb garden beds now so that they are ready to go when the time is right. March is a good month to check how the mulch is going in your garden.

Over the summer your mulch will break down and so you may need to top it up during either March or April.

You should only need a top up now given that most of the hot weather is behind you and you'll want good drainage in winter.

The upside to laying a good layer of mulch now is that it will minimise how much you need to add when it comes time for the following spring and summer.

Late March is a really good time to try your hand at growing your own garlic.

Winter lettuces will also thrive throughout autumn and winter.

Planting some spring onions now would also be a good idea.

A trick with spring onions; if your supermarket sells them with the roots still attached you can just buy those, plant them and you'll have immediately mature spring onion plants.

March is also a good month for sowing carrots, spinach, broad beans, and peas.

If you have perennials that have taken over your garden in spots over the summer, and are coming to the end of their flowering season, give them a good trim.

Some perennials do this better than others, the best way I've found to learn is by trial and error so give it a go.

Just remember, try and leave one section of the plant as undisturbed as you can while removing and transplanting the other section.

This tends to help both plants survive the separation process. However, not all plants should be pruned yet.

Some people make the mistake of pruning their roses too early.

Autumn is still too early for roses because, if you prune them now, they'll start growing back too soon and won't perform as well. Save your roses for June -August pruning. Continuing to dead-head roses is still important, though.



General Year Round Gardening Tips

Pruning

This is the removal of part of the plant to either restrict its size, shape the plant, or promote flowers or fruit to grow.

It may seem strange, but for many plants, the loss of some of the plant, via cutting, encourages it to grow, or produce

fruit, more vigorously. This is especially the case when the pruning involves the removal of dead or dying limbs.

IMPORTANT NOTE:

Do not go out and prune a plant without first doing a little bit of research into the best times for that particular plant.

Some require mid-flower pruning, others require after-flower pruning.



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