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### The Waterline News - July

# FROM THE EDITOR'S DESK



Welcome to the July edition of The Waterline News.

Mid winter, everyone's frozen and there seems to be a bit of a lull in community activities, particularly outdoors.

However it won't be long and we'll be looking to spring to brighten everyone up. Plenty of features in this month's Waterline News, including most of our regulars. Unfortunately still no Why I Live Where I Live? No-one brave enough to have a go at puting pen to paper, well maybe next month.

Again we couldn't get everything in this month but some of the things we received had already been well covered in the local papers anyway.

Don't forget if you are a member of a club or local community group, make sure we have all your details, including contact details for our community directories. Volunteers work very hard organising community events, so don't forget, as soon as you've set the date and have some details fixed in place, email us.....

editor@waterlinenew.com.au



LOCAL POLICE NETWORK San Remo Police, Station Commander Bruce Kent. Emergency Dial 000

www.police.vic.gov.au

#### THE WATERLINE NEWS

Editor Roger Clark PO Box 184 Grantville 3984 Phone 0410 952 932

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**Treasurer** 

# GRANTVILLE & DISTRICT RATEPAYERS & RESIDENTS ASSOCIATION

2015 Committee
President
Vice President
Secretary

Kylie Slink Kat Cox Kathleen Hopkins Sylvia Harris

**General Committee Members** 

Chris Cox, Ilse Smidt, and Julie Bartolo.

The Grantville & District Ratepayers & Residents Association are confident that the proposed fitness stations for



Grantville will soon become a reality.
GDRRA members met with Shire officers
Mark Lindsay and Josie Kent in May to
discuss the project.

A survey circulated in 2014 indicated strong support for fitness stations with the majority of respondent's choosing the Grantville Memorial Park as the preferred site.

Landscape Architect Paul Smith, who designed the Memorial Park Gardens, was commissioned by GDRRA to draw up a plan for the proposed fitness stations. The designated location in the park was chosen after consideration of privacy and safety issues

'People using the equipment should be out of site of highway traffic but have sufficient visibility from Pier Rd for safety reasons', Paul Smith said.

GDRRA is currently holding \$16,323 in trust for the now defunct Memorial Park Committee of Management. The money had accumulated over a period of time from past Shire funding to the Memorial Park

The committee have applied for a further \$5,000 from SUEZ Environment

Community Grant which if secured, would enable them to proceed with the installation of the fitness equipment.

The company 'Play Safe' have quoted the project at \$20,500 fully installed and a 'Play Safe' representative met with Council officers recently to discuss the project. Council were very impressed with the 25 year guarantee of the equipment which is designed to withstand the harsh coastal environmental conditions.

'We are feeling very positive about this project and optimistic that it will be installed before Christmas.' GDRRA representative Helen Zervopoulos.

Next GDRRA meeting will be held on 18th September 2015.

Kathy Hopkins, Secretary

#### **CONNECTOR BUS**

The small connector bus that runs between Grantville, Tenby Point, Corinella and Coronet Bay has suffered a



severe decrease in the number of services it is providing as of 1 July 2015.

Initial advice from the bus line indicated that there would only be morning and evening services that would assist those wishing to travel to the city for the day but for those wishing to do business in Grantville or travel to other towns such as Wonthaggi or Pakenham during the day, there would be nothing.

Public Transport Victoria (PTV) believes that the bus does not pay its way and needs to be subsidised, consequently a new approach is needed. A group of concerned residents (led by David Buckingham of the Coronet Bay Ratepayers' and Residents' Association who approached the Minister of Transport directly) met with officers of Public Transport Victoria and our Council to express the problem of this change for local people. The outcome was that in the short term, mid morning (10.30am from Coronet Bay) and lunch time (1.15pm from Grantville) services have been restored and usage will be reviewed over the next three months.

During this three months PTV and our local working party will continue to work on the problem to endeavour to come up with a solution that will enable Waterline residents to move around their region on public transport. This may mean a new model of transport.

We are grateful for the effort of these people in working with PTV to resolve the situation which puts everyone, but particularly the elderly, disabled and young people at a severe disadvantage. Included in this group are Faye and Des Burgess, who worked hard over a period of years to get the service in the first place and for whom this has been a great disappointment. They bring all of their knowledge they garnered to the table and they are supported by Joy Button of Coronet Bay and Jean Coffey from Tenby Point who are representing not just their own townships but also Grantville and Corinella.

So if we want transport services we must use them or we could finish up having none.

**Barry Hutton** 

A full timetable can be viewed at www.ptv.vic.gov.au/timetables



Send us your Community Group Notices by <u>1st each month</u> editor@waterlinenews.com.au

#### **Australian Red Cross**

Woodleigh Vale Branch Members meet in each other's homes on 2nd Thursday of Feb, Apr, Jun, Aug & Oct. Contact Marion Walker 5678 8320

**Bass Coast Community Baptist Church** 

1493 Bass Highway Grantville
Meets Sundays 4.30pm then dinner.

OP SHOP open Mon-Fri 10am-4pm,
Saturday 10am-1pm
Contact for service details and op shop
Pastor Isle McDonald

0402 065 852

Bass Coast L2P Learner Driver Mentor Program Wonthaggi - Corinella

The Bass Coast L2P Program now has a car at Corinella & District Community Centre. For further information contact:
Veronica Dowman 5672 3731 0467590679

#### **Bass Valley Community Centre**

Mon-Thur 9am -3.30 pm Friday 9am-3pm Op Shop open 6 days Monday - Saturday Check Hours 5678 2277

**Bass Coast Community Health Cancer Support Group** 

Corinella Community Centre 2nd Tuesday each month 10am-12noon \$2 Entry

Peter Bekers 5678 1150 -or- 0417 157 144

Bass Valley Friends of the RSL

Secretary Janet Welch 0411 446 129

**Bass Valley Landcare** 

2-4 Bass School Rd, Bass 5678 2335

**Bass Valley Lions Club Op Shop** 

Situated at the Grantville Garden Supplies Open 5 days Monday-Saturday 5678 8357

Corinella & District Probus Club

1st Wednesday each month except January Bert Allison 0407 339 243

Corinella Bowling Club Inc.

Saturday Triples May until August Wednesday Coaching and roll up at 10am. BYO Lunch

Patti Scammell 5678 0191

### **Community Notes**

Corinella & District Elderly Citizens Club

Monday & Thursdays at 1.00pm Corinella Hall

Margaret 5678 0716

Corinella Cancer and Chronic Illness Social Support Group. Meets every 2nd Tuesday of the month. 10am - 2pm. Corinella Community Centre. Cost \$2 Call Peter Berkers 5678 1150

Corinella & District Men's Shed & Woodies Group

Located in Corinella Road between Bass Valley Primary School & JLM Pre School. Contact Secretary: Jim 5678 0930

Corinella Playgroup

0-4 year olds Friday 10.00am –11.30am Free play, activity centres, story & song time, sensory & art activities.

\$3 per family plus a piece of fruit to share. All children MUST be accompanied by their parent or carer.

Christine Keeble 0413 837 597

**Coronet Bay Adult Social Club** 

Tuesday 7-10pm Coronet Bay Hall Ann 5678 0341

**Coronet Bay Playgroup** 

children 0 - preschool - Coronet Bay Hall Mondays 10am - 1pm \$2 per family Please bring a piece of fruit per child to share at morning tea, coffee & tea supplied for parents.

Craft Toys Playdough Sandpit Songs Friends

**Country Women's Association Coronet Bay** 

Meets at Corinella Community Centre 12noon Third Monday of each month Faye 5678 8366 -or- Rosemary 5997 5827

**Country Women's Association Grantville** 

Meets at the Grantville Hall 12-3pm Second Monday each month

Judy 5678 8553 -or- Annie 5678 8037

Grantville & District Ambulance Auxiliary

Contacts - Anthea Chester 0407 457 642 or Jane Hendtlass 0409 386 152

Grantville & District Business & Tourism Association

President Neroli Heffer 5678 8548

Grantville & District Ratepayers & Residents Association

Secretary Kathleen Hopkins 5678 8327

Grantville & District Foreshore Committee

Roger Hayhurst 0416 061 400

**Grantville Recreation Reserve Committee**Neville Goodwin 5657 7245

**Grantville Senior Citizens Group** 

Grantville Hall

1st and 3rd Mondays 12noon - 2.30pm Contact Doug Prescott 5997 6106

**Pioneer Bay Progress Association** 

Zena Benbow pbpa@bigpond.com

St Pauls Anglican Church Bass

12.30pm every Sunday Rev Greg Magee 5952 2608

St Georges Anglican Church Corinella

1st Sunday each month 11.00am
Other Sundays 9am
Free Community Lunch Corinella
Community Centre Second Friday
Op Shop open Mon, Thur, Fri 10am - 2pm
Saturday 9am- 12.30pm

The Probus Club of San Remo

Second Monday of the month (except January) 10am at the Newhaven Public Hall. Visitors Welcome.

Enquiries: 5656 6581

**U3A Bass Valley** 

Courses offered: Book Club, Bush Painting, Creative

Writing, Gardening, Get Creative, Histories of the World, Learn to Weld, Movie & Theatre Appreciation, Music & Imagination, Tai Chi for Arthritis and more.

www.u3abassvalley.com

Heather White 5997 6323 (PO Box 142 Grantville 3984)

U3A TAI CHI



Why not give the U3A Tai Chi for Arthritis a try? Coronet Bay Hall 9.30am Tuesday Gentle exercise, good company and a cuppa. Further information:

Laura 5678 0884 -or- Vicki 5678 8734



### Community notes, diary & markets



If any group you are associated with has an event coming up don't forget to let us know. Deadline for all notices is the <u>first of each month</u>. The Waterline News is distributed and available online approximately the 15th of each month. editor@waterlinenews.com.au

### SKATE RAMP & FRISBEE GOLF ROSTER

Location	Dates		Weeks	School Holidays
	In	Out		
Coronet Bay	06-jan-14	14-Feb-14	6	Yes - 6 Jan - 28 Jan
Harold Hughes Reserve	14-Feb-14	09-May-14	12	Yes - 5 Apr - 21 Apr
Newhaven	09-May-14	20-Jun-14	6	No
Grantville	20-Jun-14	01-Aug-14	6	Yes - 28 Jun - 13 Jul
Coronet Bay	US TO SERVICE THE	12-Sep-14	93	No
Newhaven		27-Oct-14		Yes - 20 Sep - 5 Oct
Maintenance	A STATE OF THE PARTY OF	21-Nov-14		No
Grantville		09-Jan-15		Yes - 19 Dec - 9 Jan
Harold Hughes Reserve		27-Feb-15	16	Yes - 9 Jan - 28 Jan
Coronet Bay		17-Apr-15		Yes - 27 Mar - 12 Apr
Newhaven	17-Apr-15	05-Jun-15		No
Grantville	05-Jun-15			Yes - 27 Jun - 12 Jul
Harold Hughes Reserve		11-Sep-15		No
Coronet Bay	11-Sep-15	30-Oct-15	7	Yes - 19 Sep - 4 Oct
Newhaven		15-jan-16		Yes - 19 Dec - Jan
Grantville	1 11 200 11	04-Mar-16		Yes - 15 Jan - 27 Jan
Harold Hughes Reserve	-	22-Apr-16		Yes - 26 Mar - 10 Apr
Coronet Bay		10-Jun-16		No
Newhaven		29-Jul-16		Yes - 25 Jun - 9 Jul
Grantville		23-Sep-16		Yes - 17 Sep - 2 Oct
Harold Hughes Reserve		28-Oct-16		Yes - 17 Sep - 2 Oct
MAINTENANCE		25-Nov-16		No
Coronet Bay	The same of	13-Jan-17	100	Yes - 21 Dec - 13 Jan
Newhaven		03-Mar-17	7	Yes - 13 Jan - 26 Jan
Grantville	03-Mar-17			
Harold Hughes Reserve				



DG Nurse Practitioner Grantville Transaction Centre Cnr Bass Hwy & Pier Rd Grantville, 3984 Hours

Mon-Fri 8:30-4:30

Bulk Billing

All consultations bulk billed
May have fees for some procedures\*

For appointments phone 5616 2222 or

0467 841 782 Same day appointments available

Some of the services available

Fluvax Immunisations
Men's Health Prescriptions
Referrals Skin Checks
Wound Care Women's health
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Dressings\* Ear syringing\*
Lesion removal\* Suturing\*



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### 58th Leongatha Daffodil & Floral Show and Festival

Set in the Leongatha Memorial Hall, McCartin Street, Leongatha, this year's event opens its doors on Thursday, August 28 and continues across Friday and Saturday.

Continuing a tradition that had its beginnings in 1949 (see the 'Early History' below), this pivotal horticultural event offers much more than daffodils.

You'll find other bulbs, Cut Shrubs and Trees, Camelias and Australian Plants along with Floral Art (introduced to the event in 1957), Pot Plants, Fruit and Vegetables, Plant Stalls, Photography and delicious refreshments.

Admission is \$5.00.

### BASS COAST COMMUNITY BAPTIST CHURCH OP SHOP



Bass Highway, Grantville

Phone 5678 8625

Contact for Church & service details Pastor Ilse McDonald

### Tooradin Sunday Community Market



The Tooradin Sunday Market operates on the third Sunday of every month. 9am—1pm Stallholders wanted \$20. Includes 1 sausage & bread b/fast Enquiries 0429 188 280



PAKENHAM REGIONAL TENNIS CENTRE, WEBSTER WAY, PAKENHAM.



Pakenham's 12th Annual Antique and Collectables Fair Cardinia Cultural Centre Saturday July 25 Enquiries 5941 1327



### Around the Community Centres & markets



**Every Sunday** Kongwak Market Retro stalls, food, vegetables, curries, Coffee.

**Enquiries Jane** 0417 142 478

1st Saturday

Sth Gippsland Farmer's Market Koonwarra 0408 619 182

1st Saturday

Archies Creek Indoor Market Community Hall Enquiries info@archiescreek.com

2nd Saturday

Coal Creek Farmer's Market coalcreekfm@hotmail.com Phone Contact 0459 629 000

3rd Saturday

Prom Country Farmer's Market
Foster Contact 0407 543 371

4th Saturday

Churchill Island Farmer's Market information contact: 5664 0096

1st Sunday

Jumbunna Bush Market

<u>Jumbunna Hall Enquiries</u> 5657 32533

1st Sunday

Koowee Community Market Indoor/outdoor 0418 289 847 Email: info@kooweemarket.com.au

2nd Sunday

Rotary Market Wonthaggi Apex Park 8am - 1pm Contact Neville Goodwin 5672 7245 or Garry Sherrick 5672 5812

3rd Sunday

Inverloch Farmers Market
The Glade, Inverloch 0417 370 488

4th Sunday

Grantville Market
(Weatherpermitting)
Contact for details 5007.6

Contact for details 5997 6221

BASS VALLEY COMMUNITY GROUP Inc.

Bass School Road Bass Centre Manager Roderick McIvor Phone 5678 2277



I think everyone is happy to have passed the point of the winter solstice. We can now expect it to be light a little sooner as we get up in the morning.

Possibly the days will start to get warmer rather than colder and we can get back into the garden as things start to grow again. At the Bass Valley Community Centre we can start to use the heaters a little less and the lights too can be switched off as it gets warmer and brighter.

This is all by way of saying that we are hoping to get some solar power for the Centre. While we won't benefit from feed-in tariffs of a few years ago (when the amount paid by the electricity companies for power fed back into the grid from your solar power could keep you ahead of your electricity bill) there are still definite benefits. Part of the benefit of current systems (pardon the pun) is the evolution of the technology and the accompanying fall in price of the cost to capture solar power.

As our buildings are all in an area that has been designated as having a heritage overlay we had to get planning permission from Council.

This raises interesting questions about the mix/intersection of heritage and environment. As part of our application for the planning permit we included overseas examples of solar panels on historic buildings. For the most part it seems that solar panels are not disguised on historic buildings. They sit like badges of the current environment perched on top of the old. It was a very effective process with Council. A Council officer supported us in putting together our application and the process returned us a permit in a very short time. This isn't our only success in getting planning permission.

We had to apply to the State Government department responsible for such things to replace our very worn and dilapidated shed at the Hadden House Opportunity Shop. Once again, the requirement for a permit was due to the heritage overlay on our site. While the process was considerably longer, we were nonetheless successful in the end and we will, with the support of a Council grant we received last year, now be able to purchase and erect a much better looking and significantly more functional shed for our furniture sales. And, with a bit of luck, we won't have snakes taking up residence in our shed as we have in the past.

Corinella & District Community Centre

Adult and Community Education
Neighbourhood House

- Computer Classes
- Art and Craft Classes
- Communication Classes
- Strength Training for Seniors
- · Support for Community Groups
- Public Internet Access
- Community Food Pantry
- Photocopying, faxing, scanning and laminating
- Health Services and Medical Room
- Workplace Accredited Training
- · Venue for Hire
- Waterline Community Bus for Hire

www.corinellacommunitycentre.org.au
T: 5678 0777 E: coord@cdcc.asn.au
Office Hours: 10am-4pm Mon-Fri

### LANG LANG COMMUNITY CENTRE

Public Internet Access to all members.

Ipad Tuition.

Lifestyle classes including: Yoga, Pilates, Cardio, Walking group and LineDancing.

Playgroup and Hey Dee Ho for the littlies.

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Medicare Claim Service
Please call us, we open @ 9.30am five days
a week.

7 Westernport Rd, Lang Lang 3984 Contact Coordinators Michelle or Marg

(03) 5997 5704 Ilcc@langlang.net

Phillip Island Community and Learning Centre 56-58 Church St, Cowes



Centre Manager - Linda Morrison 5952 1131 Email : manager@pical.org.au www.pical.org.au

### **Local Community News**

#### **KNOW YOUR COUNCILLORS**

This month we complete our profiles on the Bass Coast Shire Councillors and find out a bit more about Bass Coast Shire Council, Thompson Ward Councillor Andrew Phillips.



Cr Andrew Phillips endeavours to listen to the community he represents, deliver positive outcomes for the Bass Coast, and give back to the beautiful community he grew up in. Bass Coast is a wonderful and beautiful part of Victoria and we must work hard to ensure our unique environment is properly respected and looked after. Andrew has spent most of his life on Phillip Island, after completing his Pharmacy degree he now owns and operates a pharmacy in Cowes. He aims to utilise his knowledge on local issues and with business and management principles ensure that Bass Coast Shire is run efficiently and effectively to service the needs of the ratepayers and residents in the Bass Coast. He believes management that is focused on sensible decision making which puts the interests of our ratepayers and residents first will deliver six weeks after being diagnosed with a a nurturing, family lifestyle for the Bass Coast Shire.

### Cr Phillips is a representative on the following committee:

Bass Coast Community Road Safety Committee.

Thompson Ward is located on Phillip Island and includes the main centre, Cowes and its surrounds. Thompson Ward is 7.447 sq km in size with 5,850 registered voters.

#### You can contact Cr Phillips by:

- Landline: (03) 5952 3006
- Mobile: 0448 082 953
- Postal: c/o Bass Coast Shire Council, PO Box 118, Wonthaggi VIC 3995

andrew.phillips@basscoast.vic.gov.au

### **VALE CHARLES HAWKE**



Charles Edward Hawke, who passed away on June 8 after a short illness, was born on November 13th 1931 at Port Adelaide in South Australia.

After attending Le Fevere Primary School he started his working career with Grace Brothers in S.A before moving on to work for Rheem.

In 1947, Annie Murphy went to South Australia to stay with her brother and his family on holiday, which is where she met Charles, and they were married at Newport on June 18, 1949.

After moving to Melbourne, Charles went to work for R&R Anderson where he drove a petrol tanker for a time and was then promoted to supervisor.

He later went to Unigate in Dandenong as a transport supervisor where he stayed until his retirement in 1995.

Charles and Annie had a holiday house in Coronet Bay for many years, which they sold in 1990 after selling the family home in Noble Park, and moved to The Gurdies. They were in the process of moving into a new residential village in Pakenham when Charles was taken ill and passed away just terminal illness.

Unfortunately Charles passed away just nine days before what would have been their 66th wedding anniversary.

They had four children, Mary, Charles, Peter and Patrick, and have eight grandchildren and 8 great grandchildren. Charles and Annie shared an interest in football, cricket and the Liberal Party. Charles also loved his pigeons and raced them in partnership with son Peter. He also loved his garden, in particular his orchid collection, and was involved in the Lions Club and Rotary.

He was a Councillor with the Shire of Bass from 1993 to 1994 when that shire was amalgamated to become the Bass Coast Shire.

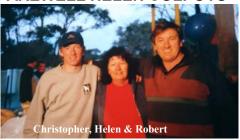
Current Bass Coast Shire mayor Kimberley Brown read the following condolence at the last council meeting.

"The passing of Mr Charles Hawke of The Gurdies, Charles was a Councillor with the Shire of Bass from 1993 to 1994 until the shire was dissolved for the amalgamation. Charles was a very modest and quiet man who took his role as Councillor very seriously. He was very active within his community and was a member of the Kernot Hall and Reserve Committee of Management for the current Council." After 24 years living in The Gurdies Charles and Annie had many friends, and he will be sadly missed by them all.

Annie asked The Waterline News to thank all of the people who have sent cards and flowers at this sad time.

Charles is survived by his wife Annie, brother Stanley, and his Children and partners, Mary & Rodney, Charles & Candy, Peter & Sandy and Patrick & Katie. Grandchildren, Elke, Bradley, Dwayne, Stacey, Lee, Gemma, Matthew and Casey, and great grandchildren, Deakin, Finn, Elspeth, Archer, Eamon, Evelyn, Spencer and Charlie-Rose.

### **FAREWELL HELEN COLPOYS**



Almost one hundred people, family, friends, locals and members of the greyhound fraternity gathered at a graveside service at the Springvale Botanical Cemetery on June 19 to farewell Bass resident, local identity and greyhound owner, trainer and breeder Helen Colpoys.

Helen died on June 11 at Banfields at Cowes after a short illness.

Well known and liked throughout the Bass district, Helen was a regular at greyhound meetings around the state, particularly her favourite track, Cranbourne, and Warrnambool where she and husband Robert spent regular Christmas-New Year holidays with the grandchildren over recent

Helen is survived by her husband Robert, children Dean, Cheryl and Christopher, grandchildren Lily, Mia and Isabella, and brother Bruce.

Many of those who attended the cemetery service joined Robert, family and friends at a wake for Helen at Trios at Cranbourne, adjacent to her favourite track. Rest in peace Helen, you will be sadly missed, and lovingly remembered by many.

Roger Clark

### Health

### **FIVE WAYS TO BURN MORE CALORIES WHILE WALKING**



There are a whole lot of reasons walking is such a popular workout for people of all ages and fitness levels. Not only can you do it wherever you are, whenever you like, it's also easily tailored to your needs and doesn't require any fancy equipment. You can incorporate walking into almost any fitness regime with little effort and fantastic results. In the interests of keeping things interesting and challenging your body a little more, we've got five suggestions for jazzing up your walking workout. Give one a go this week.

- **1. Switch up your route** If you walk the same route all the time, try switching things up and incorporating something new into the mix. A hill or set of steps is great for upping your heart rate, while a beachside track or visit to a local park offers a great change of scenery and likely a shift in terrain.
- 2. Invest in a pedometer While certainly not a necessity, a pedometer will count your steps, helping you keep track of how far you're walking. If you're the type that likes a challenge you can try and beat your number of steps every walk.
- 3. Invite a friend If you usually catch up for coffee with friends, why not try a "walking catch up"? Not only do you get the chance to stretch your legs and get a workout in, you also have someone to chat with along the way – which can push your heart rate up even further too. If you can't live without your coffee, try meeting up and walking to your favourite café for a quick fix then back again.
- **4.** Add music If you're more of a solo walker, an iPod or other portable music device can be a great companion. You also don't have to listen to tunes. You could download podcasts on your favourite topics or even install an app for meditation or relaxation tracks to play while you stroll. The music might even motivate you to walk Repeat 10 times. for longer.

Try intervals – If you're keen to get your heart pumping, try interval training. While commonly associated with running, it's easy to add intervals into your walking workout. Simply choose a distance or time period where you'll walk at maximum speed before dropping back to your usual pace and repeating. For example, aim to walk at maximum pace for 45 seconds then drop back to your normal speed for the next 45 seconds. Repeat for as long as you can.

## OVER60SIXTY

THREE GREAT MOVES FOR STRENGTH AND FLEXIBILITY THAT ALL OVER 60's SHOULD DO.



When time is precious, working out at home can be a quick and effective way to help develop your strength and flexibility. The best bit? You don't need any fancy equipment or gear to get started. These easy strength and flexibility exercises are suitable for all levels of fitness, super simple to learn and easy to incorporate into your daily fitness regime.

1. Gentle squat and press – Combining two exercises is a great way to work a larger range of muscles and engage your core. This exercise focuses on the muscles in your upper thighs and bottom and your upper arms and shoulders.

Stand with feet hip width apart, toes pointing out slightly.

Holding a can of baked beans/tinned tomatoes in each hand, raise your arms upwards so that your elbows form right angles and your hands are in line with the top of your head (otherwise known as a "press position").

Gently bend your knees into a gentle squat. As you return to your starting position, push cans upwards at the same time into a press before returning them to your starting position.

2. Bridge – The gentle bridge exercise activates the muscles in your core and bottom while helping stretch your lower

Lie down on the floor comfortably – back against the floor.

Bend knees and place feet flat on the floor. Place hands by your sides.

Turning on your stomach muscles, gently tuck in your bottom and lift it up off the ground so that your thighs and bottom are in a line.

Naomi Cotterill Hold for 20 seconds before gentle lowering to the floor.

Repeat five to 10 times.

**3. Brace and curl** – Holding a gentle squat position helps build strength in your core, bottom and thighs while adding in a bicep curl is great for your arms and balance. Stand with feet slightly wider than hip width apart, toes pointed slightly outwards. Hold a can of baked beans/tinned tomatoes in each hand.

Gently lower into a shallow squat. Roll arms upwards into a bicep curl. Repeat 10 curls before raising out of your squat.

Naomi Campbell



**Grantville Medical Centre** 2/1524 Bass Highway, Grantville

For Appointments Call (03) 5678 8029

#### Hours

Mon - Fri 9.00am - 4.30pm (Wed closes at 1.00pm) Closed over lunch period

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### **Local Business News**

### **ENGAGING ENGRAVING**



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> Commemorative Awards Wedding Compliments

### WHOLESOME WHOLEFOODS

Natural, the way it should be

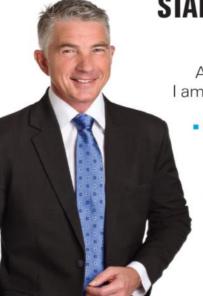
Customers looking for a good range of Wholefoods, and also a good range of gluten free products will be delighted with the opening of new Wholesome wholefoods retail store at 115-117 South Gippsland highway in Tooradin. Shop owner Sarah Birch says "We are open Monday, Tuesday, Thursday and Friday 9.30 til 4.30 ish and Saturday 10-3pm. Come in and say hello and check out all the wholesome goodies that we have available.

Hope to see you soon!" Some of the product range at Wholesome wholefoods....









As your local MP, I am advocating for:

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### brian.paynter@parliament.vic.gov.au

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### Entertainment

#### **GIPPSLAND JAZZ**

**Sunday July 19** 

Phillip Island Jazz Club Ramada Resort, Cowes 2pm - 5pm



Appearing at Phillip Island Jazz Club on Sunday 19th July will be The New Nite Owls. The group comprises a number of musicians who were part of the original Nite Owls. The group is led by reeds player Pat Miller, a long time member of the original group and includes John Morrison of Moonee Valley Jazz Band fame on keyboards, Rob Moffatt on trombone who is well known for being a member of the Red Hot Rhythmakers and the Andrew Nolte Orchestra, Zac Barter on bass and a member of the previous group and Richard Opat on drums who has played with every well known jazz group in Victoria.



Enquiries: Robin Blackman 0432 814 407

Sunday July 26 1.30pm Moe RSL Moe-Latrobe Valley Jazz Club presents Le Jazz Hot.

Great meals available at the RSL before the Jazz begins.



#### **Enquiries: Bruce Lawn 5174 3516**

#### Saturday August 1

Coronet Bay Hall 7 - 11pm
Coronet Bay UNPLUGGED continues to attract good audiences every 1st. Saturday of the month at 7pm. at the Coronet Bay Hall, Gellibrand street. No matter what style of music you like there will be something to your taste. You can bounce along to rock or shed a tear with heart rending folk, or just have the troubles of the day flow away with beautiful classical music and poetry. Truly the best value entertainment around, it's just a gold coin to enter and supper is provided.

### Sunday August 9

Inverloch RSL 2pm.
The South Gippsland Soc.
Inverloch Jazz Club presents Sarah
Maclaine with Todd Sidney

Meals available in the RSL before the Jazz. **Enquiries:** 

Neville Drummond 5674 2166



Friday & Saturday nights, and Sunday afternoons.

Live music at The Kernot Store. For details on who is performing and to book a table:

Call Julie on 5678 8555

### WIN A CD

For your chance to win a fabulous Australian Jazz CD featuring some of



the best known Australian jazz musicians, simply send your name and address on the back of an envelope to PO Box 184 Grantville, 3984, or email: Win A CD to

### editor@waterlinenews.com.au

Congratulations to Anna Van Caem from Cowes who is is our June DC winner.
Your CD is in the mail

#### JIMMY FONG ALBUM LAUNCH

Some musicians look how they sound, but Jimmy Fong is a surprising exception. Listening to his fusion of Latin, Chinese, blues and Islander beats, you'd be forgiven for looking a little confused when a 5'7" Asian man with a beaming smile walks onto the stage. But the mystery is all part of the performance when it comes to Jimmy Fong.

Growing up in Malaysia in the 1960s, Jimmy spent many a day learning the strings of his acoustic guitar. And that was before he hit the age of double digits. As a child he listened to local tunes with one ear, while tuning the other to Western influences like The Beatles, The Rolling Stones, Bob Dylan, John Denver and of course, the infamous Elvis.

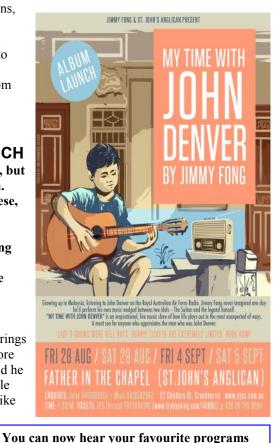
Years later and Jimmy Fong has made his influencers proud. In 2011, he graced Malaysian television performing his original song – December Skies – with a 50pc live orchestra, which also won him a finalist in the National Malaysian Songwriting competition.

Other originals – Balancing Act and Helang Langkawi – have also become favourites here and abroad, gaining semi finalist at the Australian Songwriter's Association and being honored with the opening song for the Langkawi international Maritime Airshow (L.I.M.A), respectively.

He's also a published songwriter of RTM (radio TV Malaysia), listed on iTunes international and has his debut album, Just when you thought.. with 10 tracks of his own originals.

His latest is a tribute album to John Denver titled "My time with John Denver" due out August 2015

Jimmy Fong will do much more than entertain. He'll take you on a nostalgic journey through song.



Are you having difficulty tuning in to 103.1 3BBR-FM?



www.3bbrfm.org.au

Find the link at:

through our streaming service.

West Gippsland Community Radio Inc.

### **Entertainment & Lifestyle**

### CONCERT TO LOOK FORWARD TO



### JOURNEY BOUND GET SUPPORT GIG

Talented multi genre musical group
Journey Bound have been chosen as the
support band for the Cranbourne Lions
Concert Band concert at the end of August.
A very excited Colin Smith who is an
extremely talented recorder player in
Journey Bound, as well as other orchestras,
emailed the news to us last week.
Journey Bound will be playing before the
main concert starts, and also at interval.
This should be an outstanding night of
musical entertainment, but I would suggest
you book your tickets early. Roger Clark

### Journey Bound



L-R Wendy Snook. Sharon Start, Jose Garcia and Colin Smith

"Able to leap tall genres in a single bound", **Journey Bound** is a versatile musical vehicle that likes to cover a lot of different musical styles, including Gospel. Folk, Pop, Rock, and Jazz. Many locals will remember them from their appearance at the Bass Valley Community Centre last year.

**Journey Band** are an ideal group for absolutely any occasion.

Contact them through their website www.journeyboundmusic.com

### BASS VALLEY CHILDREN'S CENTRE UPDATE

In May, Bass Coast Shire Council advertised for the services of an experienced architect / designer in integrated preschool educational facilities to undertake the design development, documentation, costing and provision of drawings that will enable Council to seek external grant funding for the bass Valley Children's Centre proposed for 60 Corinella Road, Corinella.



### Bass Valley Childrens Centre, Secretary Tanya Hughes discusses the building proposal with Federal MP Greg Hunt

A significant number of tenders were received and are currently being evaluated by a panel who will identify and appoint a preferred tenderer in late June.

The Bass Valley Children's Centre board provided a design brief for the project, which was a representation of the needs of their community. The design brief was then issued to interested architects and designers bidding. The brief included a range of needs, and objectives to be met, some of the principles included:

A conservative, functional, efficient building with low-operational costs. An eco-friendly hub, low in maintenance, high in practicality. Cost effective, welcoming and non-imposing. A facility which concentrates on the learning experience of each child. A safe and comfortable facility for children, staff and parents. The natural, yet modern building will provide excellence in service delivery and promote continuity in learning from birth through to school age and beyond.

A building that is efficient to run, with solar panels, water tanks, double glazed windows, where heating and cooling costs will be minimised by its design, positioning, and the wide verandas. A good street appeal will welcome families, and through the front entrance a bright, light and airy facility awaits. Good airflow and breeze and a smart design, materials chosen for their functionality, minimal maintenance, and durability. It will be a natural extension of the neighbouring school's buildings but with an

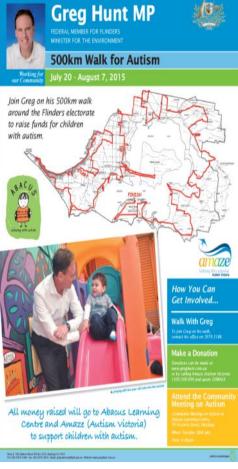
obvious point of difference as it will offer distinct services. It will be a dynamic, interactive people place that is a source of community pride and where groups can interact well and where positive outcomes will be achieved.

The entry way will be one for families and service providers to interact and a space the community can access. It will be a solid build, for decades of use. The vision and the flow of the building will come from a sense of connectedness and journeying around each and every child.

The philosophy of the centre is to be connected and in tune with nature. Minimising the children's centres footprint is vital to not only minimising the operational costs of the centre but to ensuring the longevity of the centre and environment around it.

The community can follow progress online, 'Like' Facebook/Bassvalleychildcare





www.greghunt.com.au

#### MEET THE AUTHOR



This month we are pleased to have the first in a series of short stories and articles by E.E (Betty) Caldwell.

After retiring from fulltime employment in 1983, Elsie Elizabeth (Betty) Caldwell took up voluntary occupation with the Adult Migrant Education as a tutor of English as a second language. From there, she went on to join the Stories on Aging group of writers, The Society of Women Writers Victoria and the U3A City, Melbourne, where she is currently a tutor of the Wednesday Writers Group. Her collection of fiction includes Home is the Teacher and its sequel Back to Coverdale, and Lily, and approximately 160 short stories, plus a similar number of articles covering a wide range of subjects. She appeared in the Inaugural State Edition of Who's Who in 2008 and every year since then in Who's Who of Australian Women.

Noble Monarch (A Story written in 2005)

A commanding view the tree held. Over the valley, down to the river, on to the town monarch held sway.

The small boy found the axe, discarded, not worth sharpening. "Just the thing," and rejoicing he scampered up the hillside. There he chopped at the base oblivious to the tree's lament. "Please stop little boy. I'm powerless against you. I'm older by far than you. Why can't we live in harmony?" Soon, the child tired of his task and dropping the axe to rust forever in the grass ran thoughtlessly back home.

The young lad needed fuel. The bonfire was richly ablaze but still he wanted more. Grimly he clambered up the ridge. Large branches he hewed as the tree cried "I need my limbs." But the young man heeded it not

• • • • •

### **Books & Writing**

Grieving o'er its scars, the tree spread foliage to mask its deformity.

The old man said, "That tree must go. It's blocking the view." So axe in hand, he trudged up the slope. The swinging blade caught fast in the trunk. And the tree moaned, "Please, old man, leave me to live out my life in peace."

Unable to free the axe, he crept disconsolately home.

The wind was sighing mournfully. The tree joined in its plaint. Below, the funeral procession wound away from the river, over the valley, beyond the tall tree's scope. In the tranquillity of evening, the birds nestled cosily and as their lullabies faded, the tree sang for the child, the youth, the old man who never once listened to its voice. And in the song was a hint of triumph. Every leaf, every twig, every branch added to the strains of the eulogy.

"Goodbye to you, old man. Listen carefully now. You'll hear my valediction. May your god and all his angels watch over you."

Deep within its core, the tree knew that the old man, the youth, the little boy had now passed into perfect understanding.

E.E.Caldwell



#### **SOME MORE HAIKU**

Regular contributor Meryl Brown Tobin writes haiku to capture moments special to her and for relaxation.



She says most of the inspiration for her haiku comes from birds, animals and flora she sees in her garden, in nearby bushland, on the coast near her home and on her trips around Australia.

#### Flora

Wildflowers wakening weave carpets of colour changing grey landscape

Scent wafting in breeze pink boronia blooming heralds in new spring

Tempting summer sun warming protea's tight bud opens up its heart

Bright Daintree sign reads: own botanical garden carved up rainforest

Meryl Brown Tobin

#### JUST NOTICING

Thoughts on the seasons by well known local author and poet, Kelvin Wilson.
Well cooler damper weather seems to have settled in. The millpond of Western Port bay has turned into an angry grey monster, hurling itself against the sea wall at Grantville flinging foam and spray into the air. The swans that were diving on tidal edge for a feed near Corinella have abandoned the rough waters of Westernport for the quiet billabongs of Guys creek which began to fill at the start of this week.

Beside these billabongs Crows, Currawongs and Egrets have joined the Swans in searching out the insects and frogs that have emerged as the waters have filled the cracks and crevices of the once dry ground. In one of the paddocks there was a line of Egrets working their way across, picking up the hapless insects. As an insect is disturbed by one it is picked up by him or his teammate.

The grey thrush that comes around my kitchen window of a morning cleaning up moths and spiders that have dared to linger has not been seen for a while. The other morning about half a dozen Currawongs went off flapping from the window as I arrived to put my morning coffee on. Sometimes magpies strut around the verandah picking off the odd insect.

The black cockatoos have showed up though a little earlier than usual. Usually it's June but then it seems to be an earlier onset of winter than usual. I noticed some of them about a week ago. I was walking to the tank to check my rain gauge, as I passed my shed I heard this dink, dink, dink, on the shed roof. It took a while to see them high in the Lemon Scented Gum. I thought they were chewing the seeds, but closer investigation showed they were in fact chewing the stems through and so the roof was littered with the sprays of leaf and seed pods to dry on my shed roof. (Just as well it's not the fire

Just thinking about the poor insects running the gauntlet of birds. There is a variety of Vegan who insist that humans should not eat animals or even animal products. If that is a reasonable position then should birds be allowed to dine on animals and insects? And for that matter should foxes be allowed to eat chicken and rabbit or why should Orcas be allowed to rapaciously and wantonly torment baby seals or penguins before they eat them and what about sharks? Should they be allowed to be meat eaters while we are not, and lions? But I think the point is clear. By what authority do these extreme vegans declare that I should not be permitted to enjoy some tasty BBQ chops? It seems that they are being a bit Species(ist).

Kelvin Wilson, Grantville

### French Island News



#### FRENCH ISLAND COMMUNITY ASSOCIATION

French Island Community Association Tankerton PO French Island Victoria 3921 secretaryfica@gmail.com

#### EMERGENCY SERVICES

There is no regular police presence or ambulance service on the island. French Island has a Country Fire Authority (CFA) and a State Emergency Service (SES) branch run by a group of hardworking volunteers. There is one fire engine stationed permanently on the island, next to the Community Hall on Tankerton Rd. CFA volunteers are able to respond to any kind of emergency.

Calling 000 is always the best option in an emergency.

#### NURSE ON CALL

For non urgent health issues islanders may utilise the Department of Health's Nurse on Call service:

Nurse On Call 1300 60 60 24

#### AMBULANCE SERVICES

Ambulance Membership

Membership Enquiries 1300 366 141 (Mon-Fri 8am-8pm, Sat 9am-5pm). Membership is advised as Air Ambulance is used from the island. If local support is required ask Ambulance to request CFA support on the island.

#### FIRE PLANS

All bushland residents should have a personal fire plan.

The French Island CFA hosts annual information sessions which give concrete advice on this topic.

The CFA is also happy to visit individual properties to further aid in the development of fire plans.

As for all of Victoria, fire bans and other instructions issued by the CFA should be followed.

**POISON INFORMATION HOTLINE 131126** 

### CFA Training

The first Sunday of each month 10am - 12 noon at the FI Fire Station

French Island General **Store and Post Office** From bread and milk to plumbing supplies, the store provides so many goods and services, we can't name them all here (though we plan to try at a future date). In the



meantime, whether its distilled water for batteries or a fuel filter for the car, ring to find out what's in stock. Newspapers can also be ordered from the store with at least 24 hours notice. 03 5980 1209

### French Island Community Association

**Notices for the French** Island section of The Waterline News should be sent to:

editor@waterlinenews.com.au

by the 1st of each month.



**FOFI Project Days** THIRD Saturday of every month Activity to be announced

10.00 ferry from Stony Point. Meet in Tankerton jetty carpark at 10.15am. On-Island transport provided. BYO binoculars, water, hat, sunscreen & mozzie repellent. No experience necessary! Please call Murray Bourchier at 9876 1410 at least one week prior to confirm participation.

#### Landcare Nursery

Woodlot trees available in late winter for planting

Last chance to order plants for this year. Any number, 10 to 100 plus

For more info, ring Terri on 0413 088 527 or email filandcarenursery@amail.com



### French Island Landcare **Community Planting Day**

Change the Date

Landcare, in conjunction with Friends of French Island, is having a Community Planting Day on Saturday, August 22 instead of July 11 as previously planned. The location is yet to be determined. All are welcome. For more information. email filandcare@gmail.com







### French Island Feature

#### FRENCH ISLAND NATIONAL PARK

(Based on an article by Daniel Catrice for Parks Victoria, ca2000. Edited by Chris Chandler)



Situated just 75 kilometres south west of Melbourne, French Island National Park is close to the metropolitan area but a world away in other respects. Access to the island is by ferry or barge. Cars are not permitted on the ferry, so the only vehicles on the island belong to residents or park rangers. (Cars can get on the island by Barge) The island has a permanent population of about 110. There is no reticulated electricity or water supply, and the only supplies are available from a general store at Tankerton on the island's west coast. Despite its proximity to Melbourne, French Island is remote and relatively undisturbed. French Island National Park comprises two thirds of the island. It is the only national park in Victoria wholly contained on an island. It has 6000 visitors a year, making it one of Victoria's least visited national parks. Yet it is a protected wetland of international significance. It has Victoria's largest and healthiest populations of Koalas and Long-nosed Potoroos. It has over 220 species of birds and 500 species of native plants, including 105 orchids.

Its history is no less remarkable. Aboriginal people, attracted by the island's abundant wildlife, gained access by canoe. The coastal wetlands were especially bountiful, yielding large quantities of oysters, mussels and other shellfish, as well as waterfowl and eggs. There is little available archaeological information and no recorded evidence of permanent occupation, but it is known that the island was visited by the Bunurong and was considered to be an important food source.

The first European to lay eyes on French Island was George Bass, who sailed into Western Port in an open whale boat on January 5, 1798. He watered and repaired his boat and made a chart, but did not land on French Island (he actually thought it part of the mainland). Unaware of the larger (and yet to be named) Port Phillip Bay, he named the bay Western Port "from its relative situation to every other known harbour on the coast".

In 1801 the "Lady Nelson" under the command of Lieutenant James Grant entered Western Port to carry out a further investigation. During Grant's visit the bay was surveyed by Francis Barallier who guessed that French Island was not part of the mainland as Bass had assumed. Barallier did not circumnavigate the island. Limited for time by Grant's desire to clear the bay while good weather held, he was not able to examine the island's northern shoreline. Nevertheless, when the charts from this voyage were published in 1803 the island was named 'Western Island'.

In 1802, two boats from the French ship "Le Naturaliste" spent eight days in Western Port correcting Bass' charts. The French crew named Western Island 'Isle des Français', or "Island of the French people". (They also named Phillip Island, 'Isle des Anglais', but this name did not survive). As the French had been the first Europeans to establish that 'Isle des Français' was in fact an island (Barallier had only guessed that it was) the name has remained, albeit in anglicised form.

Despite frequent visits to French Island and Western Port Bay by July 2015

scientists and explorers, no Europeans considered it a desirable place to stay. At the end of 1804 Lieutenant Robbins accompanied by the surveyor John Oxley sailed the cutter 'Integrity' into Western Port. Asked to investigate if permanent habitation of the area was possible, Robbins reported that the land possessed "no great advantages to render it an eligible place for a settlement".

Another person to record his impressions of French Island was G.H. Haydon, who spent about a year on the island between 1843-44 cutting mangroves and burning the wood to produce barilla ash (used in soap making). His venture was not a success and he described the island as "a useless mass of scrub, with scarcity of water and barren soil". He did note that the island had timber "good for the purpose of settlers who occasionally send men from the mainland to procure it".

The first legal settlers on the island were John and William Gairdner, who squatted on the island in 1847 before taking up a pastoral licence for 320 acres (130 ha.) on the south coast. When the Gairdners applied for a station licence they gave the area of the island as 30,720 acres (12,300 ha.) – it is actually 43,000 acres (17,400 ha.) – and estimated its grazing capacity as 8,000 sheep.

The first land subdivision was made in 1867. Surveyors pegged 14 allotments of just over 4,700 acres on the south coast, most of which were taken up under selection licences. The first land sales took place in 1873.

Settlers depended on ketches and coastal schooners for transport and supplies. Cattle were sometimes swum across from Stockyard Point on the south-east coast or taken by sailing vessel to Corinella on the mainland. A regular ferry service between Hastings and Phillip Island was introduced in 1868. This would occasionally stop at French Island. A regular ferry service to French Island was established after the completion of a railway to Stony Point in 1889. A jetty was built at Tankerton on French Island's west coast in 1890, and another further north at Fairhaven in 1909.



In the 1893 unemployed workers and their families were encouraged by the government to settle on the island. Six settlements were established: Energy Settlement, Star of Hope, Industrial, Perseverance, Callanan's and Kiernan's. Each family was allocated 20 acres and an allowance of 10 shillings a week. Many turned to growing chicory; Jack Ratford from the Star of Hope Settlement is credited with building the island's first chicory kiln. Nevertheless, the settlement scheme was a short-sighted reaction to the economic depression of the 1890s and reflected the government's misplaced confidence in its ability to create a class of yeoman farmer to subsist on the land. French Island's isolation, together with settlers' inexperience on the land and lack of equipment brought the ill-fated project to an end and on most of the settlements, only one or two families remained. At Perseverance Settlement, three families remained until WW1. Continued ...

### French Island Feature

Another failed venture was salt harvesting. In 1869 Richard Cheetham established the French Island Salt Company to harvest salt by evaporating sea water impounded in large shallow pans. This and similar enterprises in the north-east of the island in 1880s and 1890s failed mainly because summer rains were too heavy to allow the salt to dry in open pans. Attempts were made to dry the salt in cast iron vats over wood fires, and as a consequence large quantities of timber were cut down as firewood.

In 1916 a prison farm was established on the site of failed pine plantations on the eastern end of the island. The original 'prison farm' covered an area of 12,000 acres (4,860 ha.), 28% of the whole island. In 1921 the Penal and Gaols Department occupied 480 acres of this land for 'indeterminate sentenced prisoners'. The aim was to rehabilitate the inmates by teaching them rudimentary farm skills. Prisoners were originally accommodated in tents. More permanent buildings were erected in 1946, including the concrete cell blocks which remain today.

The prison closed in 1975. In 1977 the Department of Youth, Sport and Recreation took over about 147 acres (58 ha.) of the original camp and ran the place as a recreation



camp. It now operates as the McLeod Eco Farm and Historic Prison.

French Island also became an important place for the preservation of Koalas. After they were introduced from Corinella in the 1890s, they thrived in their new surroundings. They found several kinds of eucalypts suitable for them, including Blue Gum (Eucalyptus bicostata), Swamp Gum (Eucalyptus ovata) and Manna Gum (Eucalyptus pryoriana) which was then plentiful. By the 1920s, Koalas had almost been exterminated in Victoria, due to widespread bushfires and hunting for their fur. However on French Island, their numbers grew so rapidly that by 1923, they had eaten all their food trees and were starving. The Blue Gums were wiped out by Koalas, and are now extinct on the island. French Islanders wrote to the government in that year, requesting permission to cull Koalas. This was refused, but they began to be removed from the island to be translocated to other places. The first Koalas on Kangaroo Island were taken from French Island in 1923. Since then the Fisheries and Wildlife Department used French Island as a breeding area for Koalas from which surplus animals are taken to restock the mainland. Almost 9000 Koalas from the island were translocated by 2009.

By the mid-1960s French Island and Western Port were becoming the focus of a conservation campaign of a different kind. A succession of proposals to establish major industries prompted the Premier, Sir Henry Bolte to promote Western Port as the "Ruhr of Australia". The bay provided a deep water harbour, surrounded by flat land which could be purchased cheaply. In 1963 the Victorian government enacted the Westernport (Oil Refinery) Act to permit the establishment of the BP refinery at Crib Point on the bay's western shore. The Act also authorised the construction of State-owned port facilities and harbour facilities for use by the company. Also established as a result of this legislation was the Esso/BHP fractionation plant at Hastings.

In the late 1960s BHP purchased 2000 acres (800 ha.) of land on

the west coast of French Island on which they intended erecting a petrochemical plant and steel works. The State Electricity Commission (SEC) bought the south-east coast opposite Corinella in 1968 for a nuclear power station site. The land development company Hooker also bought 4000 acres (1600 ha.) of land on the island for the planned industrial park. These moves galvanised support for the protection of the island's remaining habitat. In 1971 the Fisheries and Wildlife Department produced recommendations for the creation of a Wildlife Reserve of 13,000 acres (5,265 ha). The proposal noted the French Island carried a unique fauna, and that the island could be described as an "ideal natural laboratory for future research".

In 1974, the Conservation Council of Victoria (CCV) backed these recommendations and called for the island to be given national park status. It claimed that the island had several characteristics that made it extremely valuable if maintained for nature conservation. It drew attention to the island's isolation which "can create genetic differences which are important in taxonomic and evolutionary studies"; its accessibility (or lack thereof) which enabled the mode and volume of traffic to be controlled and regulated: and its location, which was ideally situated as "an area of recreational escape and scientific study" because of its proximity to Melbourne.

The CCV claimed that the island contained the largest area of natural vegetation remaining in Western Port region. It conceded that the botany of the island had not been extensively investigated but that it was "most likely" that it has many associations which are now rare, absent or severely damaged. This is especially likely, it argued, as the island lay between the warm and cool temperate zones. [Interestingly, botanical surveys on French Island since the mid-1980s have proven these words to be prophetical! French Island has many rare trees, orchids and other plants, which are not found anywhere else in the Western Port, Mornington Peninsula or South Gippsland areas.]

The CCV called for a "massive campaign" to have French Island and its surrounds set aside as a national park. Interestingly, it argued that the national park should also include Phillip Island and all the eastern shoreline areas of Western Port. Rejecting the lesser status implied by the term 'wildlife reserve', the CCV expressed the concerns of a growing number of national parks campaigners:

Reserving an area as 'National Park' gives it more prestige than a 'Wildlife Reserve' and with the anticipated development of the National Parks concept it is likely that 'National Park' areas will be much better managed in the future than other forms of reserves.

French Island was classified by the National Trust in 1976. It cited industrial development and land subdivisions as the key threats to the island's landscape values.

The Land Conservation Council (LCC) considered these arguments before submitting its final recommendations for the Melbourne Study Area in 1977. It recommended that an area of 19,000 acres (7,700 ha.) be reserved as the French Island State Park. The park was permanently reserved under the Crown Land (Reserves) Act in June 1982. It was subsequently included under the schedules of the National Parks Act in 1988, and in 1994, following a review by the LCC, it was finally recommended as a national park. The enlarged French Island National Park was proclaimed on 4 June 1997. SEC-owned land at Red Bluff (261 ha.) was included in the park in 1997, and land at Heifer Swamp (175 ha.) was added to the park in 1999. Other properties which have been purchased for inclusion the park include Gartside's, Dore's and Skipper Aitken's.

#### **SOURCES**

Bognuda, Joan & Lyal, French Island: Preserving the Future (1983). Cole, Valda. Western Port Chronology, 1798-1839: Exploration to Settlement (1984).

Dineen, Christine, French Island

### French Island

#### French Island Ferry

The French Island Ferry is a ferry service which runs between Stony Point in Mornington Peninsula and Cowes on Phillip Island, via French Island.

The ferry departs from:

Stony Point Jetty on the Mornington Peninsula (Stony Point Station is a short walk from the jetty)

Tankerton Jetty on French Island

Cowes Jetty on Phillip Island

#### **Fares**

Tickets are available at the Stony Point kiosk, and also on board the ferry.

Please note: the French Island Ferry is not a myki ticketed service. The following fares apply:

Adult: one way - \$13.00, return \$26.00

Child\*: one way - \$6.00, return \$12.00

Pensioner/concession: one way - \$8.00, return - \$16.00 Bicycle (additional cost): one way - \$4.00, return - \$8.00

\*Children aged under 4 years travel free.

\*Child fares are available for children aged from 4 to 12 years old. For more information, see the French Island Ferries website

http://www.interislandferries.com.au/fi costs.php



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Depots: Leongatha Traralgon Sale

www.evanspetroleum.com.au

Related groups:

Friends of French Island

Contact:

Meredith Sherlock | Ph: 03 9770 5229 Address: 11 Raymond Ave, Frankston 3199

.....

Email: heresproof1@gmail.com





A Rabbit walks into the bar, goes up to the bartender and says, "I want a cup of coffee." The bartender says, "We don't serve coffee here"

So the Rabbit leaves, but when he leaves he sees two friends entering the bar so he joins them. His friends ask for a beer and sandwich but the rabbit says "I wanna cup of coffee" The bartender says, "We don't serve coffee here"

So the rabbit leaves again, but he sees two more friends so he joins them in the bar. His friends order a beer and a sandwich but the Rabbit still says, "I want a cup of coffee"

"Look," says the bartender "we don't serve coffee here. Now leave or I will nail your ears to the bar!"

So the rabbit leaves, but he yet again sees two more friends and enters the bar.

But this time the rabbit says, "Do you have a hammer?" "No" replies the bartender

Do you have any nails?"

"No"

"Then I want a cup of coffee"

9

Am I a polar bear?

One afternoon in the Arctic, a father polar bear and his son

polar bear were sitting in the snow. The son polar bear turned to his father and asked, "Dad, am I 100% polar bear?" The father polar bear replied, "Of course, son, you're 100% polar bear." Why do you ask? I'm Freezing!! replied his son.



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### Lifestyle

#### **PAINT & SIP AT CORONET BAY**



It's fun, it's relaxing, it's inspirational – it's Paint & Sip. With no artistic experience needed, you can create your very own masterpiece at Paint & Sip in Coronet Bay.

The brainchild of artist and art teacher, Chris Petrie, Paint & Sip combines painting, music, socialising and lots of fun to encourage the inner artist.

Operating from his cozy home studio, Mr Petrie says "It's all about fun in a creative, supportive and non-judgmental atmosphere. Paint & Sip is ideal for those who think they can't paint and just want to have a go!"

Mr Petrie is keen to promote this experience to residents in the Bass Coast Shire and as such is keeping the price low for the 2.5 hour session. The price is fully inclusive of all art materials. Having a go and leaving with your very own masterpiece... priceless!

"You only need to bring the curiosity to discover your creative potential... and be prepared to have lots of fun' said Mr Petrie. "Paint & Sip is not just a step-bystep lesson in how to paint; it's about a shared creative experience".

During each Paint & Sip session Chris provides personal assistance to help step you through the creative process. Sessions run on Friday evenings and weekends. Group sizes of 8 to 12 are ideal to allow for individual attention. So why not join the next session, bring some friends or organise a private group.

Give Chris a call **0400 789 700** to find out more.

#### **NBN NOW COVERS BASS VALLEY**



### http://www.nbnco.com.au/connect-home-or-business/check-your-address.html

If you log on to above address you will be able to put in your home address and you will see this map if you zoom out enough. The dark shaded areas are already active, the light areas are coming online by July 29, 2015. We believe that customers are already being connected.

If you want NBN for FAST!, RELIABLE!, CHEAPER!!! internet access, contact your ISP now!

Not covered by the coloured area (but you are close)?

Ring your ISP anyway! Not all of the coverage maps are created equally, some show coverage that others do not, and your ISP has access to these maps, if necessary ask to speak to the person responsible for coordinating access through the NBN. Which ISP should you contact?

You should contact the ISP that offers the best deal. You can find a plan by price alone, or maybe you want access to netflix and iview (catch up tv) without the concern of using too much data? Perhaps you wish to get rid of your copper phone line but still have a home phone? The choice is yours, you do not need to stay with your existing service provider. But What if you are absolutely convinced

that you are in the coverage area and noone will connect you because you are not on the map?

Well this is when things get tricky.

The NBN do not condone you finding out if there is coverage at your house, but you can if you wish.

A technician can come to your property and check if there is a good Fixed Wireless Signal available, he will then pass that information on to NBNCO and hopefully you will then be able to connect. You should be aware that this is a service you must pay for and the technician cannot guarantee that you will be allowed to connect even if everything is in your favour, he will submit his report but NBNCO do not have to act on it and there may be many reasons including but not limited to "you have access to an acceptable alternative", "there are no slots available on the tower", "you will soon be serviced by NBN delivered by either copper or fibre", etc.

If you wish to have your house checked to see if it is a likely candidate for wireless NBN, contact the editor and he can provide details.

Hi, I'm Shelley Applebee, an Avon
Representative servicing all of Bass
Coast.
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https://shop.avon.com.au/store/
shelleysstore/,
call me on 0417 590 881
or email me at
shelley@burtsbackyard.com for a
brochure, to order products or ask
any questions about Avon.
I offer awesome service and would
love to hear from you.



Do you have minimal or no art experience, but would like to have a go at painting? Then this is for you..!

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- Friday evening and weekend sessions BTO drinks •
   Join in, bring a friend or organise a private group •
- Create your own painting in a 2.5hr session •
- Step-by-step process All materials supplied •

Call Chris now: 0400 789 700

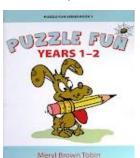


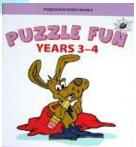
June 2015 Page 17

### **Books**

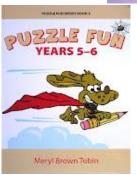
### PUZZLE FUN SERIES and PUZZLE AUSTRALIA

Meryl Brown Tobin's latest educational books are a series of three books for Primary school children, Puzzle Fun Years 1-2, Puzzle Fun Years 3-4 and Puzzle Fun Years 5-6. These might all be used as workbooks or as black line masters (BLMs) and a BLM, Puzzle Australia. All were published by Five Senses Education Pty Ltd, Seven Hills, NSW, Australia, the first two in 2012,-the second two in 2013.





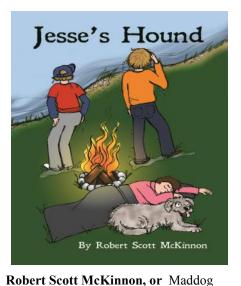
Meryl Brown To





See https://sites.google.com/site/merylbrowntobin/puzzles for more information.

All books are available from Meryl Tobin at h-mtobin@bigpond.com for \$21.95 (P&H free) or from www.fivesenseseducation.com.au for \$21.95 (plus P&H).



McDermutt as he is sometimes known, has either appeared in or actually written — the

world's greatest dog trainer retired to the pen — in well over two hundred and fifty publications, and even a radio play, stories from visits to Australia, New Zealand, Mexico, Canada, Wales, England, and Scotland, not to mention most of the tracks in the US.

Jesse's Hound was originally published in the US National Greyhound Review, March 1995 to November 1995. The story takes place at the Great Falls Montana Glacier Greyhound Park. The track, a gold mine of character, a place where some fifteen kennels of racing Greyhounds came to town broke and by the end of the season, left more broke. Jesse's Hound is a satire on aspects of Greyhound racing.

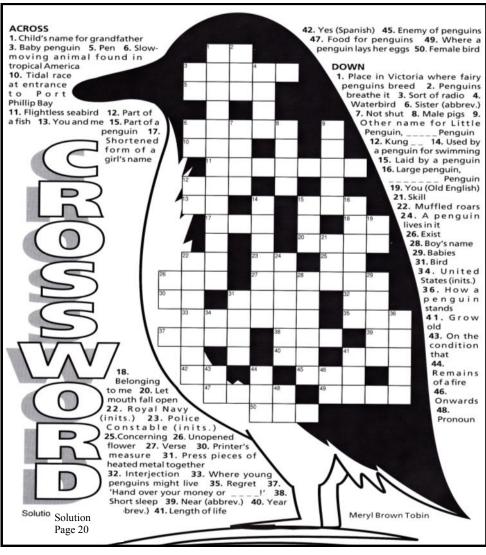
I personally know the author of Vintage Maddog. He is quite a character in himself and you will enjoy reading his selections in this book as he transforms the characters so entertaining you cannot stop reading each chapter. He has a unique way of writing that keeps your interest every minute.. you cannot put the book down. He has a fantastic sense of humor and is one of a kind.

A great read for teenagers to adults of any age. Editor

Format: Kindle Edition File Size: 707 KB Print Length: 106 pages Simultaneous Device Usage: Unlimited Publisher: Wee Creek Press LLC Feb. 2015) Sold by: Amazon Media http://

www.amazon.com.au/

Jesses-Hound-Robert-Scott-McKinnon-ebook/dp/B00U1MOB6Q



### Food

### RECIPES Pumpkin Soup

Alexandra O'Brien



As winter kicks in there's nothing more comforting than a warming bowl of yummy soup to feed the body and soul. And this recipe is quite scrumptious.

**Prep:** 14 minutes

Cooking time: 25 minutes

Serves: 4 to 6 Ingredients

1 tablespoon olive oil

1 brown onion, coarsely chopped

1 garlic clove, crushed

2 teaspoons of ground cumin

2 teaspoons of ground coriander

1 large-sized butternut pumpkin, skin and seeds removed and roughly chopped

1 tablespoon curry powder (mild or medium, depending on your preference)

1 cup of vegetable stock ½ cup of cream Salt and cracked black pepper Parsley, natural yoghurt, to serve Method

1. Heat oil in a large saucepan over medium-high heat. Add onion and garlic. Cook for a few minutes, stirring, or until soft and golden. Add cumin and coriander. Cook, stirring for 1 minute or until aromatic.

- 2. Add pumpkin and stir to coat. Add stock and curry powder. Bring to the boil, stirring occasionally. Simmer, partially covered, for 20 minutes or until the pumpkin is soft, stirring occasionally. Set aside to cool slightly.

  Method:

  1. Preheau a baking
  2. Sift flow butter, say occasionally. Set aside to cool mashed proceeded to needed to
- 3. Stir in cream and transfer to mixing bowl or blender. Blend until smooth or as desired. Season with salt and pepper.
- 4. Ladle soup among serving bowls. Top with a dollop of natural yoghurt. Sprinkle with coriander and serve.



#### Potato cakes

Alexandra O'Brien



No one ever says no to potatoes, so put a smile on the faces of your dinner guests with these easy-tomake (and oh so delicious) potato cakes.

Serves: 10 Ingredients:

1 cup self-raising flour

2 tablespoons butter, softened Salt, to taste

1 tablespoon finely chopped fresh dill

2 cups freshly mashed potatoes Up to ¼ cup milk, as required Method:

- 1. Preheat oven to 200°C and grease a baking tray.
- 2. Sift flour into a bowl and then add butter, salt and the dill. Mix in mashed potatoes and add milk as needed to blend ingredients into a soft dough.
- 3. Using your hand, make round cakes that are about seven centimetres in diameter and one-and-a-half centimetres thick. Place the cakes onto prepared baking tray and bake for 20 minutes or until golden, without turning. Serve warm.



Kernot Food & Wine Store Paul and Julie Johnston

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# BASSINE SPECIALTY CHEESES

Please note our farm shop will be closed for Annual Leave from July 31 until Friday September 4

During this time our Milk will be available from all regular stockists including Hot Chic Charcoal Chicken - Grantville, Corinella



uding Hot Chic Charcoal Chicken - Grantville, Corinello General Store and IGA Tooradin. (0466 183 513)

### **Bits & Pieces**

# INFORMATION NEEDED ON HISTORIC CEMETERIES Noe

**Noelene Lyons** 



THE Bass-Corinella Cemetery (currently known as Corinella Cemetery) was established in 1873 with the first burial (known) on March 2, 1877 of Rosetta Chinn.

I have been working with the trustees of Corinella Cemetery and over the years, together with the trust, we have gathered enough resources and information to actually say that the Bass-Corinella Pioneer Cemetery has a compiled and completed Pioneer Burial Register together with its lawn burials, from 1873 to the present. But I do need readers' help. I am looking for families who have very early burials in this cemetery to make sure that we have not missed these families from our sources. Would any of you readers have a family member buried in this cemetery in those early time periods?

I have sat and viewed the San Remo & Phillip Island and Bass Valley Advertisers to 1898 then we have a gap until the 1909 Powlett Express and Wonthaggi Sentinel papers at the Historical Society.

I have also tried Trove Newspapers online.



Corinella Cemetery's first burial, 1877



The Inverloch Cemetery was first established in 1888. With the first burial (known) being held 17th May 1891 of Mrs. Ellen Cuttriss.

Over the many years I have gathered much resource information to now actually say that Inverloch Pioneer Cemetery has a compiled /completed Pioneer Burial Register - 1888 - 1961.

But I do need readers help.

Inverloch Pioneer Cemetery....I have just completed the Burial Register of this Pioneer Cemetery. In the abstract of accounts that I hold on behalf of the Inverloch Cemetery Trust we have 2 burials but without names. These burials are confirmed via the Abstract of Accounts Register.

**Year 1927** - - 1 burial - This burial has NO DEATH CERT. according to Register of BDM so it must be of an infant child.....buried by the family in the cemetery.

**Year 1940** - - 1 burial - have checked all newspapers of the area....help needed.

Would any of your readers have a family member buried in this Cemetery in those time periods?

I have sat and viewed the Powlett Express & Sentinel Times papers at the Historical Society.

I have also tried Trove Newspapers online. I have compiled a list for 1927 & 1940, but the cost of purchase of Death Certificates is the last option.

#### Also:

does any reader know anything on R.A. Richmond Undertakers, Graham Street, Wonthaggi.

This business was recorded as the main undertakers for the period 1915 to the 1940's. They were before Knox's Undertakers. I would like to be able to view their funeral register for these burials and also to obtain information on Wonthaggi Cemetery Burials.

Hoping somebody might have information to help.

Phone Noelene 5672 4739 or email: noelene@dcsi.net.au

#### **WIN A TRAILER LOAD OF WOOD**

Raffle bringing out community spirit.

It has been enlightening to say the least to sit in the icy cold breeze outside Grantville Newsagency selling tickets for the June raffle.



On 27th June we drew the 'Wood-n-voulike-to-help-us-build' (June) raffle which was won by the O'Brien's from Corinella. Grantville Market committee also suggested we raffle off a load at their first June market in four years; we thank them for this opportunity (and it means one less month of our volunteers freezing!)We have been buoyed by the community spirit during the last month. People buying tickets for neighbours that could do with it. People giving us donations. The girls in the Bendigo Bank supplying hot cups of coffee for our volunteers, who, by midmorning, have long lost feeling of their extremities.

So into the cold we sit selling the July 'Wood-n-you-like-to-be-warmer' tickets, to be drawn on 25th July. Every ticket sold a step closer to a public toilet at long last for the park.

Zena Benbow





### SOME ROAD RULES YOU

Once we get our driver's licence most of us are never tested on the road rules for the rest of our lives.

MAY NOT KNOW

#### That will be FINE

Holding your phone away from your face on loud speaker, even while stationary in traffic is an offence, pressing a button to answer the phone or check a text is illegal if it's not in a fixed bracket and handling your phone while using it as a navigation device is also an offence, \$282 fine and three demerit points. If you're parked legally and safely off the road but the engine is still running – and you're in the driver's seat – that's still a ticket.

Driving through an orange light carries the same offence as running a red light: \$282 and three demerit if it was deemed you had time to stop!

A "stop" sign means "stop", not roll through. The car must come to a complete stop, the wheels must stop moving. Failing to do so is a \$282 ticket and three demerit points.

Stopping in a "no stopping" zone is also a \$141 fine.

Double parking in a school zone is \$85. Parking on a footpath \$85.

#### No Toot Off

A toot of the horn and a wave goodbye out the window as you drive down the street could cost you \$282. \$141 for illegal use of a warning device and a further \$141 fine for having a "limb protrude" from the car. The same "limb protrude" ticket applies to resting your elbow on the window ledge.

#### **Belt Up**

We all know seatbelts are compulsory – but many are unaware that the driver also cops a \$282 ticket and three demerit points if a passenger is unbelted. If the unbelted passenger is under 16 the fine to the driver increases to \$317 per offence. Unbelted passengers over the age of 16 also receive a fine of \$282. Ladies, do you tuck the seatbelt shoulder strap under your arm or chest? That's also a \$282 ticket and three demerit points, because the seatbelt is not properly fitted. Reclining the passenger seat

### On the road

on a long drive is also deemed to be not wearing a seatbelt.

Using an incorrectly fitted or non-approved child seat is \$317 and three demerit points. Driving at night with headlights off is a \$211 fine and 1 demerit point – and it's the same fine for having a tail-light or number-plate light out.

Do you drive with your fog lights on in clear conditions, or in daylight? It'll cost you \$141 to use a fog light "unless in fog or other hazardous weather reducing visibility".

#### Check the plates

Displaying "L" or "P" plates when not required (when the driver is fully licenced) is a \$141 ticket.

#### Forget the one for the road

Fully licenced drivers who supervise learner drivers must be under the 0.05 blood-alcohol limit (the learner driver must be 0.0) and if the learner exceeds the limit by 25km/h the fine is \$176. The supervising driver will be fined \$141 if the learner-driver's car is not displaying 'L' plates.

It is against the law for the driver to drink alcohol even if under the limit \$282 Reversing a vehicle "further than is reasonable" is a \$141 fine and reversing along a one-way street is also a ticket. In Victoria, drivers caught with a radar detector are charged to appear in court and the device is seized as evidence, where the maximum fine is \$2816.80 (20 penalty units at \$140.84 each).

### Who's driving your car? and is the registration paid

In Victoria, there is one fine for the driver of an unregistered vehicle (\$704). But the owner also gets a \$704 ticket for permitting the use of his or her unregistered vehicle.

Want to keep a number plate as a souvenir and hang on the garage wall? In Victoria failing to surrender a number plate is a \$141 fine.

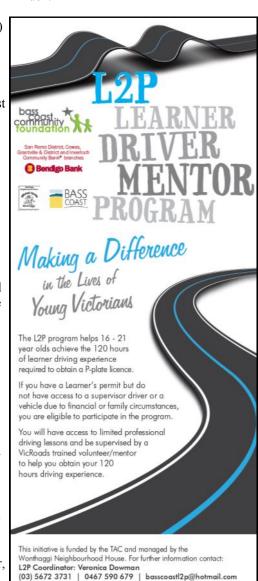
Altering or obscuring a car's number plate or making your own is a \$282 ticket. In Victoria: "leaving thing dropped from vehicle on road" (such as a piece of timber, or debris from a car crash) is a \$176 fine.

#### **Forget Something?**

Take your keys with you when go inside the service station to pay for fuel because it is illegal to leave your car unlocked, leave the key in the ignition or leave the windows open if you're more than three metres away from your vehicle, each fine is a \$141. Leaving the park brake off is also a \$141 fine.

### Last but probably the least known

Tempted to leave a bicycle rack on the car even if you're not carrying a bicycle at the time, then that will be \$141 thank you very much.





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- Who wrote 'The Red Badge of Courage'?
- 2. What is the longest river in Australia?
- 3. Who allegedly killed officer J.D. Tippit?
- 4. What does a Bibliophile enjoy?
- 5. What are the Benelux countries?
- 6. What character did Liza Minelli play in the movie 'Cabaret'?
- 7. Who was executed by firing squad in Utah in 1977?
- 8. What name did Pablo Picasso sign to his paintings?
- 9. What is the largest organ in the human body?
- 10. What two Japanese cities are spelled with the letters K.O.O.T and Y?
- Who did Frank Sinatra marry at the 11. Sands hotel in Las Vegas in 1996?
- 12 Where did 913 people die together in South America in 1978?
- 13. What is the nickname of artist Kevin Charles Hart?
- 14. What is the chemical formula for table salt?
- 15. Where does Alfred Hitchcock appear in 'Lifeboat'?

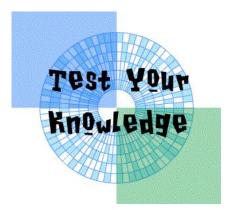
### Trivia and Lifestyle

- What Jewish holiday is the Day of Atonement?
- 17. What invasion was code named Operation Overlord?
- 18. What kind of animal is a Bunyip Bluegum?
- 19. Where is the line of life?
- 20. Who wrote and illustrated 'The Magic Pudding.

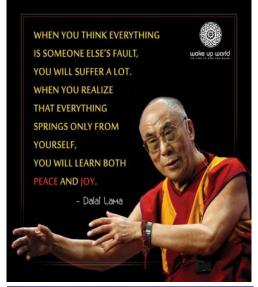
### **ANSWERS**

уогта причом

Normandy Invasion. 18. A Koala. 19. The Palm. 20. 15. In a newspaper ad. 16. Yom Kippur. 17. The Farrow. 12. Jonestown, Guyana. 13. Pro. 14. NaCl. Picasso. 9. The Liver. 10. Tokyo and Kyoto. 11. Mia Luxembourg. 6. Sally Bowes. 7. Gary Gilmore. 8. Oswald. 4. Books. 5. Belgium, The Netherlands and I. Stephen Crane. 2. The Darling. 3. Lee Harvey



# The Philosopher's Zone



IF YOU DON'T GO AFTER WHAT YOU WANT, YOU'LL NEVER HAVE IT. IF YOU DON'T ASK, THE ANSWER IS ALWAYS NO. IF YOU DON'T STEP FORWARD. YOU'RE ALWAYS IN THE SAME PLACE.



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2 Course Seniors Lunch \$17.00 Wednesday to Friday

www.wingsandfins.com.au

### FROM WASTE TO WANT



Part 2 of a new Self Sufficiency series. 70 ways to recycle unwanted kitchen waste.

### Plastic Bags & Wrapping



- 1.Recycle all types of plastic storage bags by washing them, stuffing with paper or a tea towel and hang in the sun to dry.
- 2. Coloured plastic bread bags, when cut into 2cm (width) strips can be crocheted into caps, coat hanger covers, place-mats., etc.
- 3. Recycle plastic wrap at least once by wiping clean and reusing.
- 4. Save on garbage bags by only replacing garbage bin liners when absolutely necessary.
- 5. Old garbage bags and large pieces of plastic (such as an old plastic table-cloth) may be used as ground cover around garden plants. This not only discourages weed growth, but also reserves soil moisture.
- 6. Old plastic tablecloths may be recycled as aprons or protective sheeting when painting.

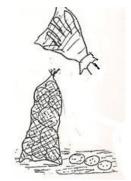


7. Plastic supermarket bags have a multitude of uses, they can be used as liners for small garbage bins, such as food scrap bins, can be hung on hooks in accessible places to hold knick-knacks, rags, shoes, socks, dirty underwear, etc. They also make handy refuse holders when working in the garden or shed.

# Self Sufficiency

- 8. Supermarket bags also serve well as cat litter tray liners.
- 9. Use old plastic bags to hold mothballs or flakes to protect woollens.
- 10. Use recycled plastic bags as displosable gloves for oiling, greasing or other particularly messy jobs.

11. Plastic netting bags commonly used to pack onions, oranges, etc. make ideal hanging storage bags in the kitchen,



or when rolled tightly into a ball and secured with sewing thread, they become kitchen pot scourers.

www.theshoppe.com.au

### PRODUCT OF THE MONTH

Introducing a new segment, featuring products you might find interesting and with winter well and truly with us a lot of people have problems with dampness.





These Interior Dehumidifiers are found in many outets and the price varies considerably.

We recently tracked some down at easy2save.com and placed our first order.

The Price Is \$10.95 for four and Postage is free when you spend \$60. They usually have about 400 items in stock, all on special so it is not hard to make up a \$60 order. For further details go to their website

www.easy2save.com.au



Care

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Pure soap shampoo – in place of detergent based shampoos

**Egg** – a natural hair shampoo.

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Rainwater or Spring-water – natural conditioner that softens hair **Yoghurt** – scalp conditioner.

Cider Vinegar – hair conditioner.

Oil – replaces natural oils and helps prevent tangles.

More information in e-Booklet No. 14 – Natural Hair Care

### www.theshoppe.com.au

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<u>Bass Coast Shire Council Office</u> 76 McBride Avenue, Wonthaggi 3995



T: 1300 226 278

### Gardening and Outdoors

### REDUCE YOUR TIP FEE BY RECYCLING



Due to increases in EPA levies and the additional costs of landfilling, Bass Coast Shire Council transfer station increased as of 1 July 2015.

Council's

General Manager Sustainable Development and Growth, Allison Jones, said residents can significantly reduce what they pay at the transfer station by sorting out their general waste from their recyclables."

"Mixed loads are treated and charged as general waste due to the difficulty of sorting the material, but if your general waste and recyclables are sorted into separate loads, transfer station attendants can charge a smaller amount for general waste and your recycling disposed of for free," Ms Jones said.

"This is a great way of reducing costs, while also helping your community and the environment."

Ms Jones said residents can also reduce their costs at the transfer station by finding alternatives to disposal.

"You may wish to find out if friends or second hand stores may take things like furniture and sporting goods, while volunteer and community groups may find use for things you no longer need and are planning to throw away – as long as they are in good condition," Ms Jones said. "Paint, tools and building materials can often be used by groups doing small projects. As the saying goes, one man's trash is another man's treasure." For more information on transfer station and landfill prices, as well as information on what you can recycle, please visit:

basscoast.vic.gov.au/waste

or call 1300 BCOAST (226 278) or (03) 5671 2211.

### THE BEST FLOWERS FOR HANGING BASKETS

If you're looking for a way to get early colour in your garden, hanging baskets are a great option. The baskets



warm up faster than soil does and you can also place them over hot pavers or near a warm brick wall to help move things along. If you really want to cheat completely you could even plant flowers that are already in bloom.

Four great hanging baskets tips:

- 1. Keep your basket moist: if your basket dries out too often the potting mix ends up repelling the water instead of soaking it in.
- 2. Retain moisture with mulch: use pebbles or coconut fibre to keep as much moisture in as possible wallets and even vinyl. Kiwi Dave's products are very easy to use as there is no need to polish or buff (except for timber
- 3. Keep the plants in the basket well fed with a slow release fertilizer. As there isn't a huge amount of soil in a basket you should feed little and often.
- 4. Soak the basket in a bucket of water at least monthly.

Plants to avoid using in hanging baskets There's no point choosing plants that are nearing the end of their season, such as primulas in spring, or petunias in autumn. It's a good idea to get advice from your garden centre when you are choosing your

### Plants that will work well in a hanging basket

plants.

Start with some basics such as the many varieties of petunias, geraniums or succulents. Really though, any hardy plant that might look dull on its own will look good once they've started growing over the side of the basket. Keep your plants flowering by preventing them from going to seed. Just trim off any sad looking flowers at least once a week.

Some other good options are lobelias, verbena, nasturtiums, brachycome daisies, violas and non-climbing sweet peas. These will give you flowers for a long time and should flower out over the side of the basket.

If you want to extend the life of the flowers even more, hang your basket in full sun from late winter to early spring, then move basket to a cooler position.

Lee Price

# EARTH GARDEN TIP OF THE MONTH Viv Hamilton

Winter days mean it's time to care for your winter boots! This multi purpose wax protects, conditions and water proofs. Proudly made in



Victoria from all natural ingredients, these products do not contain any lanolin, silicon or vegetable oils. The timber Cream works well on furniture and rejuvenates all timber surfaces: the chairs seen here are from hard rubbish! The Leather Balsam is suitable for shoes, boots, lounge suites, handbags, wallets and even vinyl. Kiwi Dave's products are very easy to use as there is no need to polish or buff (except for timber items) as the wax gives a natural shine. Can also be used as a mould deterrent when applied to clean grout lines.



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### AUGUST GARDENING TIPS

From late July to August your plants and particular your roses will start to grow vigorously again, ready to absolutely take off once the weather starts to warm up so any late pruning must be done by early August.



There are two other key tasks to complete during August. One is to make sure that you apply a good fertiliser, preferably a slow release fertiliser, to all of your plants and to also make sure you apply a good lawn fertiliser over all your grassed areas. You want all of your garden to be able to take advantage of any late August rains and then the warmer weather which comes around mid-September.

Another task is to ensure that all your garden beds have a healthy layer of mulch. Though winter is usually quite dry in most parts of Australia, you still want to lock in as much of the moisture that has fallen as possible. Once again, the weather does generally warm up in September which means more moisture will evaporate. The evaporation can be limited by a good 10 cm thick layer of mulch.

At this time of year your winter vegetables will be coming to an end. August is a good month for you to start to decide what vegetables you are going to want to grow in Spring. Some good vegetables to consider for spring are carrots, lettuce, leeks, onions, spring onions, peas, Asian vegetables, and beans. You may also like to grow some of your own strawberries. If you are someone who likes to try their hand at growing your own vegetable seedlings, then you could buy some seedling trays, fill them with a good combination of potting mix and vegetable

### Gardening

soil mix, and sow some of the above mentioned vegetables, as seeds, into these trays. Preferably keep these inside because a warmer environment will help with germination. You might also like to sow some tomato seeds for mid to late

August is also the time to start thinking about what annuals you want to have and to start planting them. Plants like petunias, marigolds, vincas, and the like are good choices. Most nursery's will be stocking themselves to the hilt with a wide range of annuals for this spring season, so why not head on down to your local nursery and check out what stock they have in store for you to consider this spring!



Jim @ Aussie Green Thumb.com www.aussiegreenthumb.com

#### PLANT OF THE MONTH



Genus: Kunzea Species: capitata

Flower Colour: Pink Purple (White

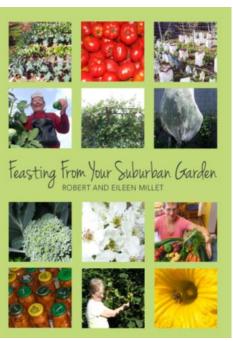
varieties also available) Foliage Colour: Green **Growth Habit:** Shrub to 1m

Flowering: Spring

This species of Kunzea is not widely cultivated even though it has been around for quite some time, first designated the name Metrosideos capitata in 1797 and moved into the Kunzea family in 1846. It is native to the east coast of Australia, particularly New South Wales. Generally it will grow to about 1 metre in height, with an erect growth pattern, but it is not that uncommon for it to push 2m. The best climate for this variety of Kunzea is a temperate zone with dry, sunny summers and wet winters. For best results make sure that your soil drains well. Grown in these conditions the Kunzea capitata will thrive and prove to be quite the hardy addition to your garden. This variety of Kunzea can also handle slight shade to full sun positions in your garden.

#### **GARDENING BOOK**

If you would like to be feasting from your suburban garden, Robert and Eileen Millet's



318 page book Feasting From Your Suburban Garden is for you. This fabulous book covers planting, composting, espalier, watering, structures, harvesting heat, food preservation, recipes and some surprises. \$20.00 plus postage. Contact Robert Millet

robertkmillet@gmail.com





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### Pets and Pet Care

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Little Mac and Avril are still looking for a forever home. Finished racing they are ready for a life of luxury and would settle in well at your place.



Please consider giving them another chance at life, they are too young to die.

#### Looking for a forever home.

Recapping, Little Mac is white and blue, 26kg and was born in November 2011. She has been retired from the track for six months now and has settled down nicely. She is ready for a life of luxury and will make a wonderful pet.

This is Avril, who is also now looking for a forever home.

Avril is white and fawn and she was born in March



2011. She only went to the races six times for one placing, but she has a lovely disposition and has already spent a lot of time with two small dogs. Both girls come with a new leather collar & lead, muzzle and rug. They need to be de-sexed, which we can help to arrange, and also offer back up advice with information on feeding, socializing etc.

If you are interested in a retired greyhound but would prefer to have a male, please let us know, we have owners looking for good homes for retired greyhounds all the time. If you would like to know more about adopting a retired greyhound then please email us and we will send you all the editor@waterlinenews.com.au details. If you don't have access to a computer you can always write to us at P.O Box 184 Grantville, 3984 and we will send you all the details.

### **CHOOSE ME**



FLUFFY - Female Domestic Long Hair Located in Victoria

Meet Fluffy our beautiful senior girl looking for a forever home to call her own. Fluffy came into our care after her owner became unwell and could no longer care for 28.

Fluffy is very timid to begin with and will take some time to settle into her new home... once she feels safe though she is a lovely companion to any loving owner. Fluffy is looking for a quiet home where she can live indoors and be very warm and

She is such an amazing feline and needs lots of love from her new owners. Can you give this lovely older lady the loving home she truly deserves? Age:13 years 1 month Adoption Fee \$150 Coat: Long Desexed - Yes Vaccinated-Yes Wormed-Yes Microchip Number:968 000 001 943 138 PetRescue ID: 365783 https://www.petrescue.com.au/

listings/365783 **Second Chance Animal Rescue Inc** Contact:

marisa@secondchanceanimalrescue.com.au Phone 03 9357 0834



### **GO CASPA**

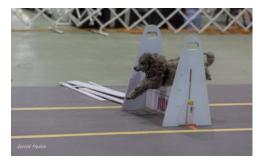


Coronet Bay dog groomer Sandra Jerger's toy poodle 'Caspa' is seen here in Gerald Meakin's great action shots, competing in the Kong Challenge Indoor Flyball competition at KCC Park on Sunday, June

Flyball is drag racing for dogs and is a relay race between two teams of four dogs. Each dog must jump over four hurdles, retrieve a ball by triggering a flyball box pedal, then returning over the hurdles with the ball, to the start/finish line. Caspa has been training for about three years now and competing for two years. Caspa has competed at Euroa, Seymour, Ballarat, Hastings, Frankston, Dandenong, Sydney and Canberra.

More than 150 dogs usually compete in each competition.

Caspa is a member of the Wonthaggi Flyball team and trains with the Wonthaggi Dog Obedience Group. (Wondog.com.au). For more information on Flyball visit the website: www.flyball.org.au Casper certainly enjoys competing in Flyball and also enjoys visits from other dogs when they come to his proud 'mum' Sandra for a hair cut and play date.



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All Seasons Earthworks & Property Maintenance . (Tony Elbling) All lawns and gardening will now be done by Tony. Please contact Tony for all future lawn mowing services on:

### 0417 741 764

or via email:

#### tonyelbling@hotmail.com

I would like to thank you for giving me the opportunity to service your properties over the last few years and leave you knowing that Tony will offer an excellent service to you.

Thanks & kind regards Graeme Tucker.

PS: I will still be doing Fencing and Block slashing

0404 264 822

All Seasons Earthworks is a privately owned and operated earthmoving, property maintenance, lawn mowing and gardening business, with 15 years experience in the earthmoving industry.

We service the Bass Coast area in wet and dry working conditions. We are fully licensed and insured and are available to do:

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- Stump Grinding
- Site clean ups and levelling
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